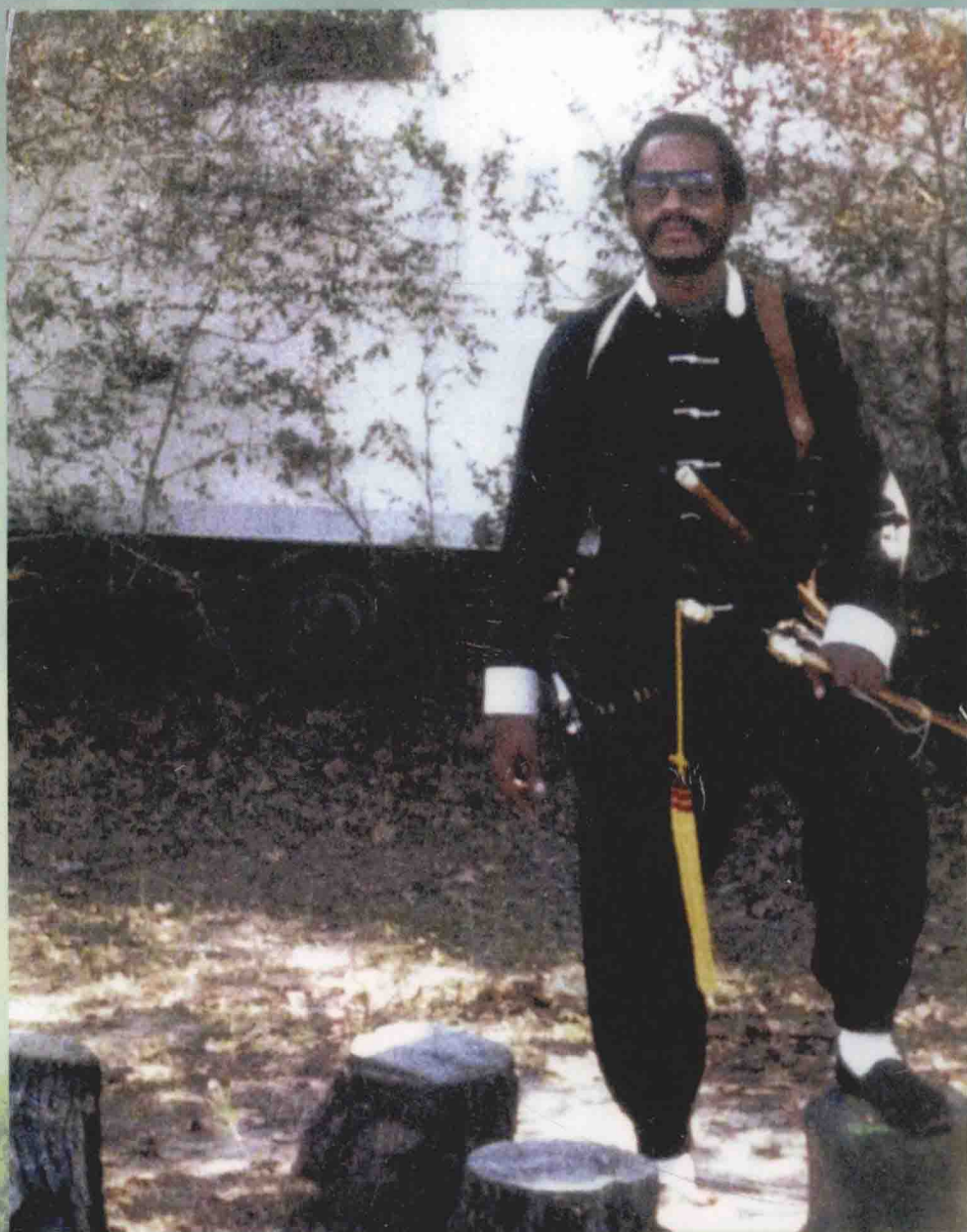


LEOPARD'S FIST - EAGLE'S CLAW



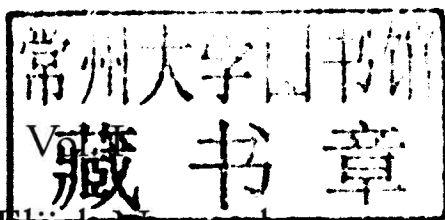
THE GOSPEL OF THE MARTIAL ARTS

MOSES ELIJAH NAZARETH

LEOPARD'S FIST - EAGLE'S CLAW



The Gospel of the Martial Arts



Moses Elijah Nazareth



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The solitary leopard is extremely difficult to spot in the wild. It is renowned for its sharp vision and keen sense of hearing, and for its unique ability to avoid detection.



The leopard is known for its sharp vision (six times better than human's); keen sense of hearing (two times better than human's); and their ability to observe prey without being detected. Panthers are leopards with black coloring, and can be found in the same litters as other leopards. Some only become black later in life as they mature.

The leopard usually hunts at dawn or dusk. After waiting silently among the brush or in a tree, the leopard ambushes its prey. The leopard kills by biting its prey on the throat or the back of the neck. It will then take its kill which may be as heavy as itself up into a tall tree, lodging it into the branches where it is safely stored beyond the reach of scavengers such as hyenas or jackals. After eating the leopard usually visits a waterhole to drink. The leopard eats a wide range of animals from baboons, warthogs, and medium-sized antelopes to small mammals and birds. Individual leopards will sometimes develop a preference for particular types of food. It is thought that man-eating leopards, which are rare, developed a liking for human flesh after they have tasted it once. Leopards have a highly developed homing instinct. They have been known to travel as much as 200 miles to return home.

LIGHT

ISAIAH 11:6

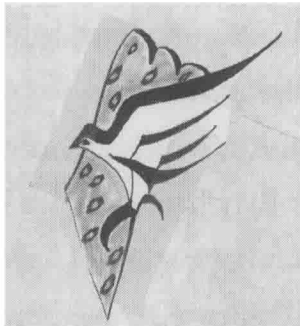
The wolf also shall dwell with the lamb;
the leopard shall lie down with the kid;
the calf and the young lion and the fatling together;
and a little child shall lead them.

JEREMIAH 13:23

Can the Ethiopian change his skin,
or the leopard his spots?
Then may you also do good,
that are accustomed to do evil.

HOSEA 13:7

Therefore I will be unto them as a lion;
As a leopard by the way
will I observe them.



INTRODUCTION

I began writing this book in September of 1978 in West Germany. It was prompted by the rash of killings that went on in Atlanta of children, mostly African American. It was reported that there were no signs of struggle.

This book is written in a journal/diary type style. All who use this book to train are encouraged to keep a training journal to monitor your advancements.

This book is not meant for beginners. This book assumes the person studying this book is well versed in the martial arts.

Also, this book carries much karma with it. Eagle's claw was band in China for around 333 years, give or take a few years. Of all the wars that China had, Eagle's Claw always played an important role. So, as it is, karma follows this system when practiced diligently.

The Leopard's fist represents the inclusion of God's will in all conflict and wars. For it is written:

Judges 3:1 Now these are the nations which the Lord left, to prove Israel by them, even as many of Israel as had now known all the wars of Canaan; 2) Only that the generations of the children of Israel might know, to teach them war, at the least such as before knew nothing thereof;

And also, that being the case, the enemy of God almighty is against the publication of this book. This is because this book glorifies God even in war and martial arts, for it is written:

Colossians 1:17 And he is before all things, and by him all things consist. 18) And he is the head of the body, the church: who is the beginning, the firstborn from the dead; that in *all things* he might have *the preeminence*.

And by having preeminence in all things, naturally this includes marital arts.

As a result of this the enemy worked against this book from the summer of 1982 until now to prevent its publication. This book has been on hold so to speak since August of 1982. It has been separated from the author for years at a time and up to a distance of 262 miles and some. All the students whom

I've taught from this book ran into many confrontations on the streets, in gyms, on the job and even their spouses turned on them because of the hatred of the enemy against this book. Therefore I say this book is not for beginners. Of course this book is not to advocate violence, but God has ordained self-defense against humans who would destroy for no reason and against wild beast.

So don't be surprised if when you start to learn this method that many distractions arise. The telephone rings like never before, the spouse decides to interrupt more than normal, the children began to act out, relations on the job grow worse, etc. etc. As the time grew near for me to present this book to the publisher, attacks from every conceivable angle came, even on the job.

But, God almighty has spoken to me to print this book, so no matter what the world does, God's will shall be done. For it is written;

1 Peter 4:11 "If any man speak, let him speak as the oracles of God; if any man minister, let him do it as the ability which God giveth: *that God in all things may be glorified through Jesus Christ, to whom be praise and dominion for ever and ever. Amen.*

So it is evident, that through Jesus, the Son of Almighty God, we have the right to be more than conquerors in all things he have given us. So now we understand King David when he said:

“PS 144:1 Blessed be the Lord my strength, which teacheth my hands to war, and my fingers to fight:”

Now the difference is this. All styles are finite, limited. But that which is from Almighty God is unlimited. Every Kata, every form in all the martial arts of the earth have an end. But God’s form is unlimited, there is no end. The student is admonish to practice exactly like it is written in the book. And when you learn the form, learn what God gives me. And when you are ready for the next technique, God will reveal it you himself.

The eagle is a very extra-ordinary creature. Its claw(s) strength beyond measure. It can carry more than it weigh, and like the leopard its prey, even though it may weigh more than itself, it keeps it secure in a tree or a mountain in a place where no other hunters can go. In combat, for a unskilled fighter in the eagle system, it is a bad mistake to grab an eagle. Basically its suicide to grab an eagle for he is full of locks, pins, and blocking energy paths. Although in this book we are not studying pressure points, every martial artist should

understand all roles of pressure points. In between the eagle and the leopard, the martial artist should have a warehouse of knowledge of different styles. Remember, this is not for beginners. One should have a base of knowledge and experience of the arts already. Basically, this is the chord of Almighty God in practicing martial arts. Because he has the preeminence in all things, this system is not to bully or hurt people just because you can. My Korean teachers were so good they played tag with their kick pinching my jaw in practice without breaks and bruises. In my training sessions, I would spar first with one student, then every three minutes add another student to the sparring until I was sparring the whole class, after a two or four hour class workout. In these sessions all punches and kicks were placed pushes; and all locks and pressure holds were only used to move students from one place to another. No one was ever hurt.

Learn to form, the leopard's walk, which is in this book. Practice it in a straight line form. After each training session, since the leopard goes to drink, then you should find a pool to work out again and swims until you are completely exhausted. Then at a certain time, in a dream your next move will be shown to you.

This book is dedicated to Mohammad Ali who signed the manuscript in April 1988 in Galveston, Texas. Let Malcolm

X be remembered for the defense of the children. Let God be praised for this book, for the time is short until he visits us.

One note further: if the football league used this approach, there would be such a thing as the third quarter press. An eleven man team who trained for such a purpose. They only come in at the third quarter of a football game, play the whole quarter with no huddles or time outs. This team would clench the victory.

TO THOSE WHO ARE READY TO ENTER THE LEOPARD, THE FOLLOWING ITEMS ARE NEEDED TO BEGIN:

- 1. HAND GRIPS**
- 2. FIGHTING STAFF/POLE PREFERABLY
YOUR OWN INDIVIDUAL HEIGHT**
- 3. ANKLE AND WRIST WEIGHTS (2 1/2
POUNDS TO START)**
- 4. ONE JUMP ROPE**
- 5. ONE CHEST EXPANSION DEVICE**
- 6. ONE CHEST CONTRACTION DEVICE**

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"ON THE LAWS OF DIALECTICS AND MARTIAL ARTS" 16 SEPT 78

This is just a brief outline of how I would apply the three laws of dialectics in the martial arts for perfection. The three laws of dialectics are: "The law of the transformation of quantity into quality and vice versa; The law of the interpenetration of opposites; And the law of the negation of the negation."

Even though these laws are somewhat unconsciously used in the martial arts, they are not expound as dialectical laws and therefore the proper attention is not paid to them.

This outline is to denote and express special attention to these laws and incorporate them into the martial arts.

Starting with the first law, the transformation of quantity into quality and vice versa, this can easily be expounded in the repetition of a technique to acquire form and endurance. When a student first learns the techniques or a technique, the form of that technique is of low quality despite the overall quantity the technique can be performed. Through repetition,

the quantity the technique is practiced, should improve the quality. The quality out weighs the quantity of the technique. That is, there is good form of the technique but no endurance of it. Up to now the quantity has been transformed into quality but quality not into quantity. The repetition, again, is used to increase the quantity, endurance, by using the perfected quality. There we have now completed the first law of dialectics.

The second law of dialectics, the interpenetration of opposites, also known as the unity and conflict of opposites, can be seen in the Wing Chun fighting systems of Kung-Fu. The Wing Chun system is a basically and structually a fast (or quick) style. The Wing Chun style is made up of mathematics: (+ and —. Differential and integral.); of mechanics: (action and reaction); and of certain aspects of physics: (positive and negative electricity are expounded in physics but we are not concerned with electricity in the martial arts. We are concerned with nectors and the multiplication of forces (of course using a form of mathematics) to control and defeat the opponent). Also in the unity and conflict of opposites there is chemistry: (the combination and dissociation of atoms), but instead of dealing with chemistry, we're concerned with biology: (the combination of cells: blood clots, and the dissociation of cells: the destruction of internal organs). We are not concerned primarily here with the social science: (the class struggle). In mathematics we emphasize, or it is in the law, the factor of

timing (chiefly between individual techniques). In mechanics the law is simultaneous defense and attack. In physics the law is the use of all momentum, the attacker's and the defenders, against the attacker. The chief technique of momentum are found in momentum kicks. The hip is also used to create momentum to transfer and multiply power and speed to hand technique and kicks. The aggression of the attacker is positive and the regression of the attacked is negative. In biology the law is to know where the endocrine glands are, where the major blood pressure points are, where the main nerves are and what technique to use on them and how much force is needed to inflict the required damage.

The third law, the negative of the negation, is very tricky. The negation of the negation is when something (or someone) has created the material condition its annihilation.

To provide further understanding of the law of the negation of the negation, let me give some examples. When a board is broken, it is negated, but that's the end of it. When a person or bug etc. is killed, that's the negation of them, that's the end of the negation. There is no way to further negate them. That is, in that sense the second negation is impossible. And also in these cases, they did not create the material conditions for their own annihilation. Now let's take a married couple to provide an example of the negation of the negation before they got married, they were happy with each other's presence (that is,

they had no irreconcilable contradictions between them, and of course, no mutual antagonism. And that meant that their relationship was not doomed). After marriage and after living together for some time, differences came up. They find that they disagree on many subjects and are gradually developing an antagonism due to the irreconcilable contradictions that are prevalent. The marriage is doomed. This is the first negation. The second negation is the actual parting of the couple, (or) the divorce. That marriage itself, these two people, created the material conditions for the eventual annihilation of the marriage. That is the negation of the negation. So, in the martial arts when an individual create his own conditions for annihilation (defeat), it is also the negation of the negation. A drunk martial artist looking for a fight is the negation of the negation. When a martial artist, consciously or unconsciously, over rates his ability—mainly because he is not honest with himself—creates his conditions of being defeated and that is the negation of the negation. Needless, but also the most important thing, to say, is the key to avoid the negation of the negation is for one to be honest with himself. And being honest to oneself in the martial arts, among other things is not using people, enemy or friend, to raise self-confidence, but to perfect oneself of ability in the martial arts. That is, not unnecessarily hurting you friend in practice and using what is required only in actual combat. The martial arts, although