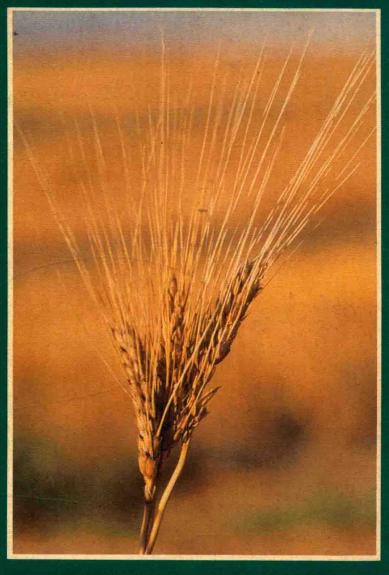
# DURUM

Chemistry and Technology



Giuseppe Fabriani and Claudia Lintas, editors

## Durum Wheat:

## Chemistry and Technology

Edited by Giuseppe Fabriani Claudia Lintas

Published by the American Association of Cereal Chemists, Inc. St. Paul, Minnesota, USA Cover photograph courtesy of the Department of Cereal Science and Food Technology, North Dakota State University, Fargo, ND

Library of Congress Catalog Card Number: 87-073311 International Standard Book Number: 0-913250-50-3

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Printed in the United States of America

American Association of Cereal Chemists, Inc. 3340 Pilot Knob Road St. Paul, Minnesota 55121, USA

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#### PREFACE

Alimentary pasta, the main product of durum wheat technology, is the staple food in many areas. Its consumption is prompted by dietary goals in several different countries and is continuously rising around the world. In spite of that, research on durum wheat chemistry and technology has lagged behind that on other types of wheat, and the available information has remained scattered.

The main aim of this book has been to collect and present in a single work a series of reviews on the chemistry and technology of durum wheat and derived products and also to provide an extensive and updated bibliography.

The present volume is a multiauthored work, with the advantage that each subject is dealt with by an expert in the field but also with some disadvantages inherent in this type of book. In keeping with the different realities in the main areas of durum wheat development, the genetics and breeding and the evaluation of the quality of durum wheat and its products are presented in separate chapters by authors representing major producing and utilizing areas.

In the first part of the book, the origin, distribution, genetics, breeding, and diseases of durum wheat are presented. The chemistry of its components, as well as technological processes such as milling and pasta manufacturing are then discussed. Attention is also given to other durum wheat products and to the nutritional characteristics of pasta, concluding with chapters on marketing and on perspectives in the utilization of durum wheat and its products.

We wish to express our particular thanks and appreciation to the American Association of Cereal Chemists, sponsor of this monograph; to Bert L. D'Appolonia for his suggestions, as well as his invaluable help, both in the selection of some authors and in being the link with them; and to the AACC editorial staff for their technical assistance and their handling of the multitude of details in the preparation of the book for publication.

The Editors Rome, Italy

## Durum Wheat:

Chemistry and Technology

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### ORIGIN, DISTRIBUTION, AND PRODUCTION OF DURUM WHEAT IN THE WORLD

#### ALESSANDRO BOZZINI

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#### I. INTRODUCTION

#### A. Origin of Wheats

Wheats evolved from wild grasses found growing in the Eastern Mediterranean and the Near East and Middle East areas and in places where other similar cereal crops such as barley and rye possibly developed. These grasses were adapted to the steppes or semiarid areas, characterized by winter rains and dry summers, developing with available fall-winter moisture and depending on the elevation of these areas—reaching maturity in late spring or summer. Wheat was probably domesticated around 10,000-15,000 B.C. in the Near East area known as the Fertile Crescent, a mountainous-hilly region in the upper reaches of the Tigris-Euphrates drainage basin. Domestication of wheat and barley, as well as that of other local wild grain legumes, resulted in the settling of local people, thus determining the evolution of humans from the "shepherd-hunter-gatherer" phase to the "farmer" phase. The potential of having a cereal, a food of high energy and quality, all year around made possible the first human settlements. Consequently, higher levels of social life evolved, including specialized activities and the establishment of new types of artisans and tradesmen. Starch and plant proteins represented a source of food easy to store without continuous care and eliminated the need to search for the forage required by domesticated animals, thus making available food that was relatively easy to prepare and of high nutritional value. The first basic step toward development of cereals was made when humans started sowing seeds that had been gathered the previous season, adopting the first measures for soil preparation and tillage, and discovering the best time for seeding.

The availability of special types of grasses, able to grow in large swards, with spikes characterized by relatively large kernels, started the expansion and growth of the western Asian civilization, resulting in the Egyptian and later the European and Western civilizations.

The two basic steps for domestication of these wild grasses were 1) the selection of plants showing a lower degree of spike brittleness (in wild types, spikes disarticulate at maturity into smaller portions, the spikelets, which represent the basic unit of species dissemination, each containing one to two seeds) and 2) the selection of plants showing a larger size of kernel, thus providing a higher quantity of starch and proteins. In addition to these two basic steps of domestication, a third one eventually evolved. In the wild and semidomesticated species, the grain (caryopsis) is closely and tightly covered by the glumes. When the spike is threshed, the kernel is still covered by the glumes. The further step was the selection of plants in which the kernel could be easily separated from the glumes and appear free or "naked," as the seed of durum or bread wheats appears now.

Most likely, wheat straw was collected from the start, representing a precious feed for domestic animals (particularly ruminants) and a component for building dwellings; thus, settlements and agricultural activity became more profitable through cereal cultivation. The successful culture of wheat then spread in every direction from the Middle Eastern part of the world, reaching all continents, and now represents the most important staple food for humans (Percival, 1921).

#### B. Classification and Evolution of Wheats

All wheats belong to the genus *Triticum*, a member of the grass (Gramineae [Poaceae]) family and the Hordeae tribe, in which one or more flowered spikelets are sessile and alternate on opposite sides of a rachis (the main axis of the inflorescence), forming a true spike.

In 1753, Linneus proposed a first classification of wheats, based on morphological and physiological differences. After Linneus, several botanists proposed a series of classifications of the genus *Triticum*. As a result of the cytogenetic work of Sakamura in 1918, an objective key for classification of wheats came under consideration, based on the number of chromosomes present in each morphologically recognized type. Cytologic and cytogenetic work showed that wheats fall into three basic natural groups, each one characterized by having 14 chromosomes (seven pairs) or a multiple of 14 chromosomes in each somatic cell; diploid wheats have 14, tetraploid wheats 28, and hexaploid wheats 42

After this basic discovery, a number of botanists and geneticists proposed a series of classifications (Peterson, 1965). I prefer to retain the classification of Mac Key (1954, 1966, 1975) since it seems to be the one respecting most of the rules of botanical nomenclature and the one giving equal importance to morphological, physiological, cytologic, genetic, biochemical, and evolutionary components, all of which must be carefully considered in a modern classification.

The classification of wheat (Table I), however, does not explain the development of the *Triticum* polyploid series (diploid, tetraploid, and hexaploid species). More detailed cytologic, cytogenetic, and genetic analyses have given the key to understanding the evolution of several basic *Triticum* taxonomic entities. The studies have included both the wild and the domesticated species or subspecies of *Triticum*, as well as some species belonging to the genus *Aegilops*,

wild grasses that actively contributed to the evolution and speciation of wheat.

Two species are recognized at the diploid level: T. monococcum, with both wild and cultivated types, and T. urartu, a wild species different from T. monococcum on genetic, morphological, and biochemical bases but having in common a basic genome, the A genome. At the tetraploid level, again two main species have been recognized: T. timopheevi and T. turgidum. Both have in common the A genome, which surely comes from the T. monococcum complex. but the second genome is different in the two species. It has been given the letter G (or Bt by some authors) in T. timopheevi and the letter B in T. turgidum (Giorgi and Bozzini, 1969). The origin of both the G and B genomes is still debated, but most likely they derive from ancestor species belonging to a section of the genus Aegilops (Sitopsis) or from a modified genome A. At the hexaploid level, again two basic species are recognized. The first is T. zhukovskyi, in which genome A is represented twice and genome G once. Apparently, it derives from a cross, followed by the doubling of chromosomes, between T. timopheevi and a diploid T. monococcum. The second species is represented by T. aestivum, derived from a cross between a T. turgidum (genome AB) and an Ae. speltoides (genome D).

Figure 1 could be called a simplified "genealogical tree" of the genus Triticum, as it is accepted today by most scientists.

Domestication and cultivation in large areas, often very different from the agroecological point of view, have induced great variability through thousands and thousands of generations. This variability has been increased in tetraploid and hexaploid wheats by their ploidy level and by the survival possibility of mutations, which could permit progress in human utilization of these cereals. Tetraploid wheats are certainly allopolyploid in nature (in other words, they do not have four sets of seven basically similar chromosomes, as autotetraploid organisms do, but two sets each of chromosomes only remotely related to each other by having an ancient, common ancestor). This allopolyploid nature allows a disomic type of chromosome pairing at meiosis. In tetraploid wheats, 14 pairs of chromosomes are then identified.

Genetic and cytogenetic analyses conducted mainly at the hexaploid level have demonstrated that the chromosomes of the three basic genomes in hexaploids (ABD) or two basic genomes in tetraploids (AB) can be grouped into seven basic types. One pair of chromosomes of genome A is at least partially able to substitute for a specific pair of the genomes B (in tetraploids) or B and D in hexaploids. Therefore, in wheat, the corresponding chromosomes in all three genomes have been identified and a so-called homoeologous series established as follows:

Very often, similar mutations (or variations) can be found in all of the three types of genomes, in corresponding (homoeologous) chromosomes. This phenomenon is easily explained by the fact that the three genomes (A, B, and D) had a common ancestor in the past.

|     | (L.)a          |
|-----|----------------|
|     | Triticum       |
| LEI | Genus          |
| TAB | of the         |
|     | Classification |

| Monococa Flaksb.     Dicoccoidea Flaksb.     Spettoidea Flaksb.       2n = 14     2n = 28     2n = 42       T. monococcum (L.) Mk.     T. timopheevi (Zhuk.) Mk.     T. zhukovskyi Men. & Er.       einkorn wheat     sp. anduri wheat     timon wheat       var. aegilopoides (Bal. ex     sp. timopheevi     T. aevivum (L.) Thell.       var. aegilopoides (Bal. ex     sp. timopheevi     spel wheat       var. tagilopoides (Bal. ex     sp. timopheevi     spel wheat       var. tagilopoides (Bal. ex     sp. timopheevi     spel wheat       var. thaoudar (Reut.) Perc.     T. turgidum (L.) Thell.     spel wheat       ssp. monococum     ssp. macha (Dek. & Men.) Mk.       einkorn wheat     ssp. adeococides (Köm.) Thell.     spel wheat       ssp. dicoccum (Schrank) Thell.     ssp. vulgare (Vill.) Mk.       xwelkorn     (true) emmer wheat     ssp. compactum (Perc.) Ml.       kolotis wheat     ssp. glecocleditium (Men.) Mk.     ssp. sphaerococcum (Perc.) Ml.       macaroni wheat     conv. durum (Desf.) Mk.     macaroni wheat       conv. durum (Desf.) Mk.     polis wheat     conv. durum (L.) Mk.       Polis wheat     ssp. carrier (New (New) Mk.)     ssp. carrier (New (New) Mk.)       Polis wheat     ssp. carrier (New (New) Mk.)     ssp. carrier (New (New) Mk.)  |                             | Classification of the Genus Lincum (L.) |                                |
|--|-----------------------------|---|--------------------------------|
| teat  n (L.) Mk.  zanduri wheat  m (Zoiss.) Mk.  ssp. araraticum (Jakubz.) Mk.  korn wheat  ssp. imopheevi  dar (Reut.) Perc.  reat  ssp. dicoccoides (Körn.) Thell.  emmer wheat  ssp. dicoccoides (Körn.) Thell.  wild emmer wheat  ssp. dicoccoides (Körn.) Thell.  wild emmer wheat  ssp. dicoccoides (Körn.) Thell.  wild emmer wheat  ssp. dicoccoides (Körn.) Mk.  kolchis wheat  conv. turgidum (L.)  rivet wheat  ssp. turgidum (L.) Mk.  Rolish wheat  ssp. carthlicum (Nevski) Mk.  Persian wheat   | Monococca Flaksb.           | Dicoccoidea Flaksb.                     | Speltoidea Flaksb.             |
| reat  m (Zoiss.) Mk.  zanduri wheat  m (Zoiss.) Mk.  ssp. araraticum (Jakubz.) Mk.  wild zanduri wheat  ssp. timopheevi  Ak.  anduri wheat  ssp. timopheevi  aranduri wheat  ssp. dicoccoides (Körn.) Thell.  wild emmer wheat  ssp. dicoccum (Schrank) Thell.  wild emmer wheat  ssp. dicoccum (Schrank) Thell.  wild emmer wheat  ssp. paleocolchicum (Men.) Mk.  kolchis wheat  conv. turgidum (L.)  rivet wheat  ssp. turgidum (L.)  Rhorosan wheat  conv. polonicum (L.) Mk.  Polish wheat  ssp. carthlicum (Nevski) Mk.  Persian wheat   | 2n=14                       | 2n = 28                                 | 2n=42                          |
| sep. araraticum (Jakubz.) Mk.  m (Zoiss.) Mk. sep. araraticum (Jakubz.) Mk. wild zanduri wheat sep. timopheevi zanduri wheat anduri wheat emmer wheat sep. dicoccoides (Körn.) Thell. wild emmer wheat sep. dicoccoin (Schrank) Thell. wild emmer wheat sep. paleocolchicum (Men.) Mk. kolchis wheat conv. turgidum conv. turgidu | T. monococcum (L.) Mk.      | T. timopheevi (Zhuk.) Mk.               | T. zhukovskyi Men. & Er.       |
| korn wheat ssp. araraticum (Jakubz.) Mk.  korn wheat ssp. timopheevi zanduri wheat ssp. timopheevi zanduri wheat dar (Reut.) Perc.  trugidum (L.) Thell. emmer wheat ssp. dicoccoides (Körn.) Thell. wild emmer wheat ssp. dicoccoides (Körn.) Thell. wild emmer wheat ssp. paleocolchicum (Men.) Mk. kolchis wheat ssp. turgidum (L.) rivet wheat conv. turgidum (L.) Rhorosan wheat conv. turgidum (L.) Rhorosan wheat ssp. turgidum (Jakub.) Mk. khorosan wheat ssp. carthlicum (Nevski) Mk. Polish wheat ssp. carthlicum (Nevski) Mk.  | einkorn wheat               | zanduri wheat                           | timon wheat                    |
| wild zanduri wheat  ssp. timopheevi  Ak.  dar (Reut.) Perc.  T. turgidum (L.) Thell.  emmer wheat  ssp. dicoccoides (Körn.) Thell.  wild emmer wheat  ssp. dicoccum (Schrank) Thell.  (true) emmer wheat  ssp. paleocolchicum (Men.) Mk.  kolchis wheat  ssp. turgidum  conv.  | ssp. boeoticum (Zoiss.) Mk. | ssp. araraticum (Jakubz.) Mk.           |                                |
| Ak.  Zanduri wheat  Zanduri wheat  dar (Reut.) Perc.  T. turgidum (L.) Thell.  emmer wheat  ssp. dicoccoides (Körn.) Thell.  wild emmer wheat  ssp. dicoccum (Schrank) Thell.  (true) emmer wheat  ssp. paleocolchicum (Men.) Mk.  kolchis wheat  ssp. turgidum  conv. turgidum  privet wheat  conv. turanicum (Jakub.) Mk.  khorosan wheat  conv. polonicum (L.) Mk.  Polish wheat  ssp. carthlicum (Nevski) Mk.  Persian wheat   | wild einkorn wheat          | wild zanduri wheat                      | T. aestivum (L.) Thell.        |
| dk.  zanduri wheat  dar (Reut.) Perc.  T. turgidum (L.) Thell. emmer wheat  ssp. dicoccoides (Körn.) Thell. wild emmer wheat  ssp. dicoccum (Schrank) Thell. (true) emmer wheat  ssp. paleocolchicum (Men.) Mk. kolchis wheat  ssp. turgidum  conv. turgidum  conv. turgidum  conv. turgidum (L.)  rivet wheat  conv. turgidum (L.)  rivet wheat  conv. turanicum (Jakub.) Mk.  khorosan wheat  conv. polonicum (L.) Mk.  Polish wheat  ssp. carthlicum (Nevski) Mk.  Persian wheat  | var. aegilopoides (Bal. ex  | ssp. timopheevi                         | dinkel wheat                   |
| ear (Reut.) Perc.  T. turgidum (L.) Thell. emmer wheat ssp. dicoccoides (Körn.) Thell. wild emmer wheat ssp. dicoccum (Schrank) Thell. (true) emmer wheat ssp. paleocolchicum (Men.) Mk. kolchis wheat ssp. turgidum conv. turgidum conv. turgidum (L.) rivet wheat conv. turanicum (Jakub.) Mk. khorosan wheat conv. polonicum (L.) Rhorosan wheat ssp. carthlicum (L.) Rhorosan wheat ssp. carthlicum (L.) Polish wheat ssp. carthlicum (Nevski) Mk.   | Körn.) Mk.                  | zanduri wheat                           | ssp. spelta (L.) Thell.        |
| emmer wheat sep. dicoccoides (Körn.) Thell. wild emmer wheat ssp. dicoccoides (Körn.) Thell. wild emmer wheat ssp. dicoccum (Schrank) Thell. (true) emmer wheat ssp. paleocolchicum (Men.) Mk. kolchis wheat ssp. turgidum conv. turgidum conv. turgidum (L.) rivet wheat conv. turanicum (Jakub.) Mk. khorosan wheat conv. polonicum (L.) Mk. Polish wheat ssp. carthlicum (L.) Mk. Polish wheat  | var. thaoudar (Reut.) Perc. |   | spelt wheat                    |
| ssp. dicoccoides (Körn.) Thell. wild emmer wheat ssp. dicoccum (Schrank) Thell. (true) emmer wheat ssp. paleocolchicum (Men.) Mk. kolchis wheat ssp. turgidum conv. turgidum conv. turgidum (L.) rivet wheat conv. durum (Desf.) Mk. macaroni wheat conv. durum (Jakub.) Mk. khorosan wheat conv. polonicum (L.) Mk. Polish wheat ssp. carthlicum (Nevski) Mk. Persian wheat   | ssp. monococcum             | T. turgidum (L.) Thell.                 | ssp. macha (Dek. & Men.) Mk.   |
| ssp. dicoccoides (Körn.) Thell. wild emmer wheat ssp. dicoccum (Schrank) Thell. (true) emmer wheat ssp. paleocolchicum (Men.) Mk. kolchis wheat ssp. turgidum conv. turgidum (L.) rivet wheat conv. durum (Desf.) Mk. macaroni wheat conv. turanicum (Jakub.) Mk. khorosan wheat conv. polonicum (L.) Rolish wheat ssp. carthlicum (Nevski) Mk. Persian wheat  | einkorn wheat               | emmer wheat                             | macha wheat                    |
| wild emmer wheat  ssp. dicoccum (Schrank) Thell. (true) emmer wheat ssp. palecoclothicum (Men.) Mk. kolchis wheat ssp. turgidum conv. turgidum (L.) rivet wheat conv. turanicum (Desf.) Mk. macaroni wheat conv. turanicum (Jakub.) Mk. khorosan wheat conv. polonicum (L.) Rolsh wheat ssp. carthlicum (Nevski) Mk. Persian wheat   |                             | ssp. dicoccoides (Körn.) Thell.         | ssp. vulgare (Vill.) Mk.       |
| ssp. dicoccum (Schrank) Thell. (true) emmer wheat ssp. paleocolchicum (Men.) Mk. kolchis wheat ssp. turgidum conv. turgidum (L.) rivet wheat conv. durum (Desf.) Mk. macaroni wheat conv. turanicum (Jakub.) Mk. khorosan wheat conv. polonicum (L.) Mk. Polish wheat ssp. carthlicum (Nevski) Mk.   | T. urartu Tum.              | wild emmer wheat                        | bread wheat                    |
| Mk.  | zwelkorn                    | ssp. dicoccum (Schrank) Thell.          | ssp. compactum (Host) Mk.      |
| Mk.  |                             | (true) emmer wheat                      | club wheat                     |
| W.   |                             | ssp. paleocolchicum (Men.) Mk.          | ssp. sphaerococcum (Perc.) Mk. |
| ssp. turgidum conv. turgidum (L.) rivet wheat conv. durum (Desf.) Mk. macaroni wheat conv. turanicum (Jakub.) Mk. khorosan wheat conv. polonicum (L.) Mk. Polish wheat ssp. carthlicum (Nevski) Mk. Persian wheat  |                             | kolchis wheat                           | Indian dwarf wheat             |
| conv. turgidum (L.) rivet wheat conv. durum (Desf.) Mk. macaroni wheat conv. turanicum (Jakub.) Mk. khorosan wheat conv. polonicum (L.) Mk. Polish wheat ssp. carthlicum (Nevski) Mk. Persian wheat  |                             | ssp. turgidum                           |                                |
| rivet wheat conv. durum (Desf.) Mk. macaroni wheat conv. turanicum (Jakub.) Mk. khorosan wheat conv. polonicum (L.) Mk. Polish wheat ssp. carthlicum (Nevski) Mk. Persian wheat  |                             | conv. turgidum (L.)                     |                                |
| conv. durum (Desf.) Mk. macaroni wheat conv. turanicum (Jakub.) Mk. khorosan wheat conv. polonicum (L.) Mk. Polish wheat ssp. carthlicum (Nevski) Mk. Persian wheat  |                             | rivet wheat                             |                                |
| macaroni wheat conv. turanicum (Jakub.) Mk. khorosan wheat conv. polonicum (L.) Mk. Polish wheat ssp. carthlicum (Nevski) Mk. Persian wheat  |                             | conv. durum (Desf.) Mk.                 |                                |
| conv. turanicum (Jakub.) Mk.<br>khorosan wheat<br>conv. polonicum (L.) Mk.<br>Polish wheat<br>ssp. carthlicum (Nevski) Mk.   |                             | macaroni wheat                          |                                |
| khorosan wheat conv. polonicum (L.) Mk. Polish wheat ssp. carthlicum (Nevski) Mk. Persian wheat  |                             | conv. turanicum (Jakub.) Mk.            |                                |
| conv. polonicum (L.) Mk. Polish wheat ssp. carthlicum (Nevski) Mk. Persian wheat   |                             | khorosan wheat                          |                                |
| Polish wheat<br>ssp. <i>carthlicum</i> (Nevski) Mk.<br>Persian wheat   |                             | conv. polonicum (L.) Mk.                |                                |
| ssp. <i>carthlicum</i> (Nevski) Mk.<br>Persian wheat   |                             | Polish wheat                            |                                |
| Persian wheat  |                             | ssp. carthlicum (Nevski) Mk.            |                                |
|  |                             | Persian wheat                           |                                |

<sup>a</sup> Data from Mac Key (1975).