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*Steven C. Kazmierczak,  
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# DIAGNOSTIC ENZYMOLOGY



# **Diagnostic Enzymology**

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Edited by

Steven C. Kazmierczak, Hassan M. E. Azzazy

2nd fully revised and extended edition



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ISBN 978-3-11-020724-8  
e-ISBN 978-3-11-022780-2

**Library of Congress Cataloging-in-Publication data**

A CIP catalog record for this book has been applied for at the Library of Congress.

**Bibliographic information published by the Deutsche Nationalbibliothek**

The Deutsche Nationalbibliothek lists this publication in the Deutsche Nationalbibliografie; detailed bibliographic data are available in the Internet at <http://dnb.dnb.de>.

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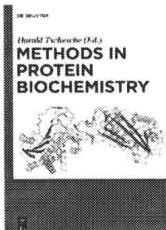
Typesetting: Compuscript Ltd, Shannon, Ireland  
Printing and binding: CPI buch bücher.de GmbH, Birkach  
Cover image: Ovidiu Iordachi, Getty Images/Hemera  
⇒ Printed on acid-free paper  
Printed in Germany

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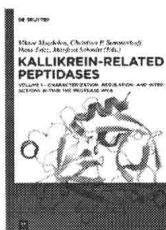
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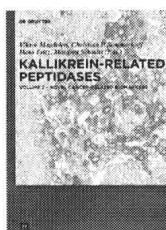
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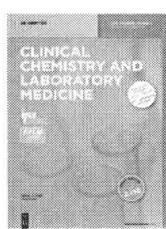


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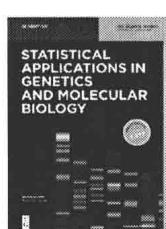
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## Preface

The field of clinical diagnostic enzymology has undergone some significant changes since the first edition of the textbook, *Clinical Enzymology: A Case Oriented Approach*, was published by Lott and Wolf in 1986. Better standardization of methods used to measure enzymes and a greater understanding of *in vivo* and *in vitro* factors that affect the interpretation of changes in measured enzyme values necessitated an update to the original version of the text. A new chapter on natriuretic peptides, which have significant clinical utility for diagnosis of heart failure, has been included.

Our goal for this textbook was to update and expand upon the original text in order to provide a world class resource for students in clinical pathology as well as to help educators teach students the nuances of interpretation of changes in enzyme values.

Each chapter begins with a series of case studies that highlight some of the complexities of diagnostic enzymology. Following the case studies in each chapter are detailed discussions of the biochemistry and physiology of each enzyme and the role that each enzyme plays in health and disease. Reference intervals for each enzyme are also supplied. However, due to the fact that reference values for many enzymes are method dependent, the reference values that are supplied may not be applicable to all methods and analytical instruments.

Each chapter ends with a number of multiple choice questions which readers can use to assess their knowledge of clinical enzymology. These questions should also help readers preparing for board-type examinations. The question and solution manual can be accessed online at [http://dx.doi.org/10.1515/9783110227802\\_Exercise](http://dx.doi.org/10.1515/9783110227802_Exercise).

We would like to thank the many authors who provided the excellent source material for the chapters. We would also like to thank Ms. Diana Abou El-Hassan and Ms. Heba Othman for their editorial assistance. Finally, we are in debt to our families for their forbearance and support throughout this project.

April 2014

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# **Contents**

**Preface — v**

**List of contributing authors — vii**

**1 Angiotensin converting enzyme — 1**

Joe M. El-Khoury, Edmunds Reineks and Sihe Wang

1.1 Case studies — 1

1.1.1 Patient A — 1

1.1.2 Patient B — 1

1.1.3 Patient C — 2

1.2 Biochemistry and physiology — 3

1.2.1 Physiological function — 3

1.2.2 Biochemistry and molecular forms — 3

1.2.3 Tissue sources — 5

1.2.4 Reference ranges — 5

1.3 Chemical pathology — 7

1.3.1 ACE in sarcoidosis — 7

1.4 Analysis — 9

1.4.1 Specimen — 9

1.4.2 Spectrophotometric methods — 10

1.4.3 High-performance liquid chromatography — 10

1.4.4 Fluorometric methods — 11

1.4.5 Radioassays — 11

1.4.6 Other methods — 11

1.4.7 Inhibitors of ACE — 12

1.5 Questions and answers — 12

References — 13

**2 Acetylcholinesterase and butyrylcholinesterase — 19**

Peter L. Platteborze

2.1 Case studies — 19

2.1.1 Patient A — 19

2.1.2 Patient B — 20

2.1.3 Patient C — 21

2.1.4 Patient D — 22

2.1.5 Patient E — 22

2.2 Biochemistry and physiology of the cholinesterases — 23

2.2.1 Molecular forms — 23

2.2.2 Inheritance of BChE variants — 26

2.3 Chemical pathology — 29

2.3.1	Pesticide and nerve agent poisoning — 29
2.4	Analytical measurements of AChE and BChE — 36
2.4.1	Desired specimens — 36
2.5	Questions and answers — 38
	References — 40
<b>3</b>	<b>Aldolase — 41</b>
	Edmunds Reineks, Joe M. El-Khoury and Sihe Wang
3.1	Case studies — 41
3.1.1	Patient A — 41
3.1.2	Patient B — 42
3.1.3	Patient C — 43
3.2	Biochemistry and physiology — 43
3.2.1	Physiological function — 43
3.2.2	Biochemistry and molecular structure — 44
3.2.3	Tissue source(s) and expression of ALD — 45
3.2.4	Clearance and metabolism of ALD — 45
3.2.5	Reference ranges — 46
3.3	Chemical pathology — 47
3.3.1	Polymyositis/dermatomyositis — 47
3.3.2	Duchenne muscular dystrophy — 48
3.3.3	Drug-induced myopathy — 48
3.3.4	Pathologies in which CK does not reflect the extent of muscle damage — 49
3.4	Analysis — 50
3.4.1	Specimen — 50
3.4.2	Analyte stability — 51
3.4.3	Interferences — 51
3.4.4	Reference methods — 51
3.5	Questions and answers — 52
	References — 53
<b>4</b>	<b>Alkaline phosphatase — 57</b>
	Amy E. Schmidt
4.1	Case studies — 57
4.1.1	Patient A — 57
4.1.2	Patient B — 58
4.1.3	Patient C — 59
4.1.4	Patient D — 60
4.1.5	Patient E — 60
4.1.6	Patient F — 61

4.2	Biochemistry and physiology — 63
4.2.1	Structure — 63
4.2.2	Physiological function of ALP in tissue/blood/other fluids — 66
4.2.3	Tissue sources of ALP — 66
4.2.4	Clearance/metabolism of enzyme — 67
4.2.5	Reference ranges — 67
4.3	Chemical pathology — 68
4.3.1	Liver disease — 68
4.3.2	Bone disease — 69
4.3.3	Metastatic cancer — 69
4.3.4	Miscellaneous pancreatic disorders — 69
4.3.5	Cystic fibrosis — 70
4.3.6	Chronic renal failure — 70
4.3.7	Drug therapy — 70
4.3.8	Miscellaneous — 71
4.4	Analysis — 71
4.4.1	Technical problems — 71
4.4.2	Reference method — 72
4.4.3	Isoenzyme analysis — 72
4.5	Questions and answers — 75
	Acknowledgements — 75
	References — 76
<b>5</b>	<b>Aspartate aminotransferase and alanine aminotransferase — 81</b>
	Joe M. El-Khoury and Sihe Wang
5.1	Case studies — 81
5.1.1	Patient A — 81
5.1.2	Patient B — 82
5.1.3	Patient C — 82
5.1.4	Patient D — 83
5.1.5	Patient E — 84
5.2	Biochemistry and physiology — 84
5.2.1	Molecular forms — 84
5.2.2	Biochemical function — 86
5.2.3	Normal physiology — 86
5.2.4	Reference ranges — 88
5.3	Chemical pathology — 89
5.3.1	Liver disease — 89
5.3.2	Hemochromatosis — 92
5.3.3	Skeletal muscle disease — 93
5.3.4	Heart disease — 94
5.3.5	Other causes of AST increase — 95

5.4	Analysis — 95
5.4.1	Specimens — 95
5.4.2	Reaction used — 95
5.4.3	Interferences — 96
5.4.4	Methods for AST isoenzymes — 97
5.5	Questions and answers — 97
	References — 98

**6 Creatine kinase, isoenzymes, and isoforms — 105**

Alan H.B. Wu

6.1	Case studies — 105
6.1.1	Patient A — 105
6.1.2	Patient B — 106
6.1.3	Patient C — 107
6.1.4	Patient D — 108
6.1.5	Patient E — 109
6.2	Biochemistry and physiology — 110
6.2.1	Molecular forms — 110
6.2.2	CK isoenzymes, atypical forms, and isoforms — 111
6.2.3	Reference range — 114
6.3	Chemical pathology — 114
6.3.1	Heart disease — 114
6.3.2	Skeletal muscle disease — 116
6.3.3	Trauma — 116
6.4	Analytical measurement of total CK and CK-MB — 117
6.5	Questions and answers — 118
	References — 119

**7 Gamma-glutamyl transferase — 121**

Sarah M. Brown

7.1	Case studies — 121
7.1.1	Patient A — 121
7.1.2	Patient B — 121
7.1.3	Patient C — 122
7.1.4	Patient D — 123
7.1.5	Patient E — 124
7.2	Biochemistry and physiology — 124
7.2.1	Molecular forms and post-translational modification — 124
7.2.2	Biochemical function — 125
7.2.3	Tissue activities and concentrations — 125
7.2.4	Metabolic clearance — 126
7.2.5	Reference intervals — 126

7.3	Chemical pathology — 126
7.3.1	Causes of increased or decreased concentrations or activities — 126
7.3.2	Diagnostic utility of GGT — 127
7.4	Analysis — 131
7.4.1	Specimen and stability — 131
7.4.2	Preferred method for GGT activity — 131
7.5	Questions and answers — 132
	References 132

**8 Lactate dehydrogenase — 135**

Olajumoke Oladipo and Dennis J. Dietzen

9.1	Case studies — 135
8.1.1	Patient A — 135
8.1.2	Patient B — 136
8.1.3	Patient C — 137
8.1.4	Patient D — 138
8.1.5	Patient E — 139
8.2	Biochemistry and physiology — 140
8.2.1	Physiological function — 140
8.2.2	Tissue sources — 140
8.2.3	Reference ranges — 141
8.3	Chemical pathology — 141
8.3.1	Cardiology — 142
8.3.2	Hepatology — 142
8.3.3	Hematology — 142
8.3.4	Oncology — 143
8.3.5	Neurology — 143
8.3.6	Macro-LD — 144
8.3.7	Genetic deficiencies — 144
8.4	Analysis — 144
8.4.1	LD isoenzyme determination — 145
8.4.2	IFCC reference method — 145
8.4.3	Specimen — 146
8.5	Questions and answers — 146
	References — 147

**9 Pancreatic lipase — 153**

Wan-Ming Zhang, Edmunds Reineks, Joe M. El-Khoury and Sihe Wang

9.1	Case studies — 153
9.1.1	Patient A — 153
9.1.2	Patient B — 154

9.1.3	Patient C — 155
9.1.4	Patient D — 156
9.2	Biochemistry and physiology — 157
9.2.1	Molecular forms — 157
9.2.2	Molecular structure and tissue expression — 158
9.2.3	Mechanism of catalysis — 159
9.2.4	Functional regulation — 159
9.2.5	Lipase in serum — 161
9.2.6	Other lipases — 162
9.2.7	Reference range and standardization — 164
9.3	Chemical pathology — 164
9.3.1	Acute pancreatitis — 164
9.3.2	Pancreatic cancer — 165
9.3.3	Cystic fibrosis — 166
9.3.4	Diabetic ketoacidosis — 166
9.3.5	Chronic renal failure — 167
9.3.6	Iatrogenic effects — 167
9.3.7	Drug effects — 167
9.4	Analysis — 168
9.4.1	Specimen — 168
9.4.2	Methods and instrumentation — 168
9.5	Questions and answers — 171
	References — 172
<b>10</b>	<b>Natriuretic peptides — 181</b>
	Robert H. Christenson and Hassan M.E. Azzazy
10.1	Case studies — 181
10.1.1	Patient A — 181
10.1.2	Patient B — 182
10.1.3	Patient C — 182
10.1.4	Patient D — 183
10.1.5	Patient E — 184
10.1.6	Patient F — 185
10.2	Biochemistry and physiology of cardiac natriuretic peptides — 185
10.3	Chemical pathology of natriuretic peptides — 186
10.3.1	BNP in diagnosis of symptomatic HF patients — 187
10.3.2	Prognosis and risk stratification of HF patients — 187
10.3.3	BNP and NT-proBNP as prognostic risk markers in acute coronary syndrome patients — 188
10.3.4	Recommendations for use of Biochemical markers in heart failure — 188

10.4	Analytical measurements of BNP and NT-proBNP — 188
10.4.1	Desired specimens — 188
10.4.2	Considerations for measurements of BNP and NT-proBNP — 189
10.4.3	Methods for measurements — 190
10.5	Questions and answers — 191
	References — 192

**Index — 195**

