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AND

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SEVENTH EDITION



LEON SHARGEL ANDREW B.C. YU

Applied Biopharmaceutics & Pharmacokinetics

Seventh Edition

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Applied Biopharmaceutics & Pharmacokinetics, Seventh Edition

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Preface

The publication of this seventh edition of Applied Biopharmaceutics and Pharmacokinetics represents over three decades in print. Since the introduction of classic pharmacokinetics in the first edition, the discipline has expanded and evolved greatly. The basic pharmacokinetic principles and biopharmaceutics now include pharmacogenetics, drug receptor theories, advances in membrane transports, and functional physiology. These advances are applied to the design of new active drug moieties, manufacture of novel drug products, and drug delivery systems. Biopharmaceutics and pharmacokinetics play a key role in the development of safer drug therapy in patients, allowing individualizing dosage regimens and improving therapeutic outcomes.

In planning for the seventh edition, we realized that we needed expertise for these areas. This seventh edition is our first edited textbook in which an expert with intimate knowledge and experience in the topic was selected as a contributor. We would like to acknowledge these experts for their precious time and effort. We are also grateful to our readers and colleagues for their helpful feedback and support throughout the years.

As editors of this edition, we kept the original objectives, starting with fundamentals followed by a holistic integrated approach that can be applied to practice (see scope and objectives in Preface to the first edition). This textbook provides the reader with a basic and practical understanding of the principles of biopharmaceutics and pharmacokinetics that can be applied to drug product development and drug therapy. Practice problems, clinical examples, frequently asked questions and learning questions are included in each chapter to demonstrate how these concepts relate to practical situations. This textbook remains unique

in teaching basic concepts that may be applied to understanding complex issues associated with *in vivo* drug delivery that are essential for safe and efficacious drug therapy.

The primary audience is pharmacy students enrolled in pharmaceutical science courses in pharmacokinetics and biopharmaceutics. This text fulfills course work offered in separate or combined courses in these subjects. Secondary audiences for this text-book are research, technological and development scientists in pharmaceutics, biopharmaceutics, and pharmacokinetics.

This edition represents many significant changes from previous editions.

- The book is an edited textbook with the collaboration of many experts well known in biopharmaceutics, drug disposition, drug delivery systems, manufacturing, clinical pharmacology, clinical trials, and regulatory science.
- Many chapters have been expanded and updated to reflect current knowledge and application of biopharmaceutics and pharmacokinetics. Many new topics and updates are listed in Chapter 1.
- Practical examples and questions are included to encourage students to apply the principles in patient care and drug consultation situations.
- Learning questions and answers appear at the end of each chapter.
- Three new chapters have been added to this edition including, Biostatistics which provides introduction for popular topics such as risk concept, non-inferiority, and superiority concept in new drug evaluation, and Application of Pharmacokinetics in Specific Populations which discusses issues such as drug and patient related pharmacy

topics in during therapy in various patient populations, and Biopharmaceutic Aspects of the Active Pharmaceutical Ingredient and Pharmaceutical Equivalence which explains the synthesis, quality and physical/chemical properties of the active pharmaceutical ingredients affect the bioavailability of the drug from the drug product and clinical efficacy.

> Leon Shargel Andrew B.C. Yu

Preface to First Edition

The publication of the twelfth edition of this book is a testament to the vision and ideals of the original authors, Alfred Gilman and Louis Goodman, who, in 1941set forth the principles that have guided the book through eleven editions: to correlate pharmacology with related medical sciences, to reinterpret the actions and uses of drugs in light of advances in medicine and the basic biomedical sciences, to emphasize the applications of pharmacodynamics to therapeutics, and to create a book that will be useful to students of pharmacology and to physicians. These precepts continue to guide the current edition.

As with editions since the second, expert scholars have contributed individual chapters. A multiauthored book of this sort grows by accretion, posing challenges editors but also offering memorable pearls to the reader. Thus, portions of prior editions persist in the current edition, and I hasten to acknowledge the contributions of previous editors and authors, many of whom will see text that looks familiar. However, this edition differs noticeably from its immediate predecessors. Fifty new scientists, including a number from out-side. the U.S., have joined as contributors, and all chapters have been extensively updated. The focus on basic principles continues, with new chapters on drug invention, molecular mechanisms of drug action, drug toxicity and poisoning, principles of antimicrobial therapy and pharmacotherapy of obstetrical and gynecological disorders. Figures are in full color. The editors have continued to standardize the organization of chapters: thus, students should easily find the basic physiology, biochemistry, and pharmacology set forth in regular type; bullet points highlight important lists within the text; the clinician and expert will find details in extract type under clear headings.

Online features now supplement the printed edition. The entire text, updates, reviews of newly approved drugs, animations of drug action, and hyper links to relevant text in the prior edition are available on the Goodman & Gilman section of McGraw-Hill's websites, *AccessMedicine.com* and *AccessPharmacy.com*. An Image Bank CD accompanies the book and makes all tables and figures available for use in presentations.

The process of editing brings into view many remarkable facts, theories, and realizations. Three stand out: the invention of new classes of drugs has slowed to a trickle; therapeutics has barely begun to capitalize on the information from the human genome project; and, the development of resistance to antimicrobial agents, mainly through their overuse in medicine and agriculture, threatens to return us to the pre-antibiotic era. We have the capacity and ingenuity to correct these shortcomings.

Many, in addition to the contributors, deserve thanks for their work on this edition; they are acknowledged on an accompanying page. In addition, I am grateful to Professors Bruce Chabner (Harvard Medical School/Massachusetts General Hospital) and Björn Knollmann (Vanderbilt University Medical School) for agreeing to be associate editors of this edition at a late date, necessitated by the death of my colleague and friend Keith Parker in late 2008. Keith and I worked together on the eleventh edition and on planning this edition. In anticipation of the editorial work ahead, Keith submitted his chapters before anyone else and just a few weeks before his death; thus, he is well represented in this volume, which we dedicate to his memory.

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Dr. Leon Shargel is a consultant for the pharmaceutical industry in biopharmaceutics and pharmacokinetics. Dr. Shargel has over 35 years experience in both academia and the pharmaceutical industry. He has been a member or chair of numerous national committees involved in state formulary issues, biopharmaceutics and bioequivalence issues, institutional review boards, and a member of the USP Biopharmaceutics Expert Committee. Dr. Shargel received a BS in pharmacy from the University of Maryland and a PhD in pharmacology from the George Washington University Medical Center. He is a registered pharmacist and has over 150 publications including several leading textbooks in pharmacy. He is a member of various professional societies, including the American

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Dr. Andrew Yu has over 30 years of experience in academia, government, and the pharmaceutical industry. Dr. Yu received a BS in pharmacy from Albany College of Pharmacy and a PhD in pharmacokinetics from the University of Connecticut. He is a registered pharmacist and has over 30 publications and a patent in novel drug delivery. He had lectured internationally on pharmaceutics, drug disposition, and drug delivery.

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