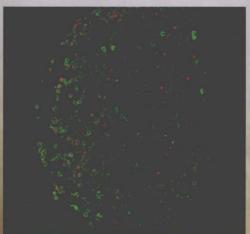
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Diseases of the Breast





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To the many thousands of women with breast cancer or at risk for the disease who participated in randomized clinical trials, without whom the improvements in care and a decrease in breast cancer mortality would not have been achieved.

Preface

The previous three editions of Diseases of the Breast were intended as up-to-date, single-source multidisciplinary compilations of important knowledge on breast diseases, with a focus on breast cancer, presented in a form accessible to practicing clinicians. We have been gratified by the success of this effort, and for the fourth edition, we have similarly invited a diverse and distinguished group of experts to summarize the current knowledge about benign and malignant breast diseases, including their biology and epidemiology, clinical features, and management. The underlying premise for this book has been that multidisplinary care of the breast cancer patient is critical to achieve the best outcomes; furthermore, effective communication between pathologists, breast imagers, medical geneticists, nurses, psychologists, social services, and rehabilitation specialists as well as surgical, medical, and radiation oncologists is essential.

This fourth edition comes at a time when considerable progress has been made in the treatment of breast cancer. In the United States and in Western Europe, there has been a substantial decrease in the death rate from the disease, attributable to early detection with screening mammography and increasingly effective systemic treatment. It is now established that effective local treatment is also essential to decrease breast cancer mortality in addition to optimal local control. A key contributor to this decrease in breast cancer mortality has been the willingness of many thousands of women with breast

cancer to participate in clinical trials and this edition is dedicated to them. Efforts have also been made to understand and improve the quality of life of breast cancer patients. The widespread use of sentinel node biopsy as an alternative to axillary lymph node dissection is a prominent example. Systemic therapy is increasingly targeted and less toxic, and advances in the molecular characterization of breast cancers have begun to explain the heterogeneity of the disease and allow for individualization of treatments. Radiation treatment has advanced by better incorporation of imaging modalities and more sophisticated irradiation techniques. While there has been progress in the treatment of breast cancer, many patients still die of the disease. Continued research into the biology, genetics, prevention, early diagnosis, and treatment of the disease is mandatory.

We hope that the Fourth Edition of *Diseases of the Breast* will be a useful resource for both clinicians and translational investigators. We highlight the rapid and substantial progress that has been made since the last edition that has reduced breast cancer mortality and provides optimism for additional advances in the near future.

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Preface to the First Edition

Interest in and knowledge about breast diseases, especially breast cancer, have increased greatly in recent years. A number of factors have contributed to this, the foremost of which are the high occurrence of breast cancer in westernized countries and the dramatic upswing in this incidence during the past few decades. Clinical investigators have also helped define various benign diseases of the breast and have described their management and relation to subsequent breast cancer development. Moreover, clinical trials performed throughout the world have contributed considerable information about the early detection and management of breast cancer using surgery, radiation therapy, and systemic therapies, including chemotherapy and hormonal interventions. Finally, rapid advances in the understanding of the molecular biology and genetics of both normal tissues and cancers have raised optimism that new, more specific methods can be developed to identify a woman's risk for breast cancer, to prevent or at least detect the disease at an earlier stage, and, failing this, to cure it with minimal toxicity. Ultimately a source of hope, these factors have nevertheless caused considerable anxiety in the population, as well as provided a proliferation of information important for clinicians dealing with diseases that strike the breast.

Diseases of the Breast is intended as a single-source compilation of the new knowledge on breast diseases presented in a form accessible to practicing clinicians. Although it is widely recognized that multidisciplinary interaction and information sharing are essential to effective clinical management of diseases of the breast, new developments are rapidly demonstrating that clinicians also need to be knowledgeable about

advances in basic science. A prominent example of how advances in basic science can rapidly enter the clinical arena is the discovery of the first genetic mutations at specific loci shown to be associated with a high risk of breast cancer. Clinicians are now faced with patient questions about the nature and meaning of such testing as well as its risks and benefits. We believe that other advances in basic science will quickly be reflected in clinical practice.

For Diseases of the Breast, we invited a large, diverse, and distinguished group of experts to summarize the current knowledge about breast diseases, including clinical features, management, and underlying biologic and epidemiologic factors. In assembling these contributions, we have tried to make the book comprehensive and timely, as well as accessible to practicing clinicians. We believe that this book will also be an aid to basic and translational scientists concerned about a breast cancer problem by providing clinical information that can help focus their energies and talents. We hope that Diseases of the Breast will be a useful resource for both clinicians and scientists and will foster the understanding and communication necessary to provide optimal patient care and to rapidly achieve advances in managing diseases of the breast, especially breast cancer.

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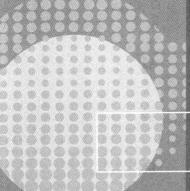
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