

THE TEACHERS & WRITERS

HANDBOOK

of

POETIC FORMS

Edited by Ron Padgett



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Handbook
of
Poetic Forms

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Teachers & Writers Collaborative
New York

The Teachers & Writers Handbook of Poetic Forms

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The editor regrets that he was unable to locate Mr. Firman Houghton to request permission to use his poem "Mr. Frost Goes South to Boston."

Preface

We began to compile *The Handbook of Poetic Forms* for secondary school students and their teachers, but as we went along we realized it could be useful for anyone interested in learning about poetic forms.

The *Handbook* entries were prepared by creative writers who have taught poetry writing to young people, mostly in the Teachers & Writers Collaborative program. These writers know how important it is to present their material in a clear, friendly, and straightforward manner, without getting mired in the technicalities that interest specialists more than young people. Part of the very reason for this book — essentially a poetics reference book for young people and novice writers — is that nothing like it exists.

The *Handbook* contains seventy-four entries by nineteen writers. There was much discussion as to which forms to include and which not. We don't claim to have made the perfect selection; we doubt that there is such a thing. Our ultimate criterion was whether or not a young person might enjoy learning about a form by using it. And so, we include some forms rarely (if ever) listed in poetics handbooks, such as the lune, and we omit some traditional forms, such as the aubade. We've thrown in a couple of old forms that have fallen into disuse, with the hope that they might be re-explored. Our intention was not to compile an encyclopedia, but rather a handbook that people would enjoy using both as a reference book and as a guide for writing.

We have also been flexible in our notion of what "form" is. In fact, we include entries that are not forms at all. In some cases they are *genres* (types) of writing, such as satire; in others they are *methods* of writing, such as collaboration (two or more people writing together). We include these other entries because we feel they help create a better sense of what it is like to use the various forms. And, as you will see, some of the forms don't have strict rules.

We're reminded of the poet who once received a letter congratulating him on his mastery of particular form, as described in a poetics handbook. The poet had neither heard of the form nor could he find other examples of poems in that form. He concluded that the handbook editor had read his poem, "seen" a form in it, given the form a name, and then used the poem as an *example* of that form! It's nice to learn that not only do you fit into a literary tradition, you *are* the tradition.

The entries in this handbook are arranged in alphabetical order. Each entry defines the form, summarizes its origins and history, provides examples (where practical), and gives advice on how to write in that form.

Directly below each entry heading is a phonetic spelling of the heading. For instance,

Pantoum

("pan-TOOM")

The syllable in capital letters is the one that gets accented. Keep in mind that although the phonetic spelling is fairly accurate, it is highly simplified and in some cases not so precise as it would be in a good dictionary.



Many entries are cross-referenced whenever they have enough in common to make it worthwhile to think about them in relation to each other. And so, for instance, at the end of the entry for Couplet, it says, "See also: FOOT, LINE, EPIGRAM, and SONNET."

Some forms and techniques are discussed under other headings. For a list of these, see Appendix A. For further reading on the various forms, consult the Bibliography.

Also included (Appendix B) is a list of authors mentioned in the *Handbook*, giving their dates and a brief identification.

There are several good reference books on poetics (see Bibliography). The best is the *Princeton Encyclopedia of Poetry and Poetics*, edited by Alex Preminger. It is an outstanding piece of work, but its detail and high level of scholarship make it unsuitable for the average young person or novice writer.

The editor would like to thank the writers who helped prepare the *Handbook*: Reed Bye (ballad, Skeltonic verse, tercet), Jack Collom (lune, parody), Harry Greenberg (abstract poem, alphabet poem), Penny Harter (renga), Geof Hewitt (alliteration, assonance, found poem, limerick, rhyme, rhythm, spoonerism, syllabic verse, word play), William J. Higginson (cinquain, haiku, tanka, renga, senryu), Roland Legiardi-Laura (rap, satire), Gary Lenhart (epistle, line, lyric poem, stanza), Geri Lipschultz (ode), Mary Logue (elegy, ghazal, villanelle), Bernadette Mayer (allegory, canzone, collaboration, epic, epigram, macaronic verse, pastoral poem, quatrain, sonnet, terza rima), Suzie Mee (event poem, ritual poem), Susan Mernit (chant, insult poem), Richard Perry (blues poem), Mark Statman (ballade, canto, concrete poem, eclogue, madrigal, projective verse), Anne Waldman (rondeau, sestina, performance poem, triolet, villanelle), Jeff Wright (couplet, list poem), Bill Zavatsky (blank verse, foot, free verse, metaphor), and Alan Ziegler (prose poem, occasional poem). The editor prepared the entries for the acrostic, bouts-rimés, cento, calligram, epitaph, epithalamium, imitation, light verse, nonsense verse, ottava rima, and pantoum. All poems quoted without an author's or translator's name under them are by the entry's author.

If you have any suggestions for future editions of the *Handbook*, please feel free to send them to Teachers & Writers Collaborative.

Hail Muse! et cetera.

—*Byron*

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Some of Gertrude Stein's writings have the feel of abstract prose poems:

A little lunch is a break in skate a little lunch so slimy, a west end of a board line is that which shows a little beneath so that necessity is a silk under wear. That is best wet. It is so natural, and why is there flake, there is flake to explain exhaust.

— *From Tender Buttons*

So does the prose of James Joyce's *Finnegans Wake*.

The hailstorm of imagery common to much surrealist poetry tends to make that poetry abstract, as in these lines from Bill Knott's *Nights of Naomi*:

Prefrontal lightning bolt too lazy to chew the sphinx's
loudest eyelash
Not even if it shushes you with a mast of sneers
Down which grateful bankvault-doors scamper
Because of a doublejointedness that glows in the dark
Like a soliloquy of walnuts
Numbed by beaks of headless measuringtape
So the lubriciousness can tower in peace
Like a buzzsaw trapped in a perfumery of shrugs
Lemon
Or lime
Only a maze can remember your hair of buttered blowguns

These lines are abstract because of their dense and bizarre images, not because of their sound.

Here are other examples of abstract poems.

Clothing, sing-worms, and fail! my joyous gasoline
And caney stars, O spillwort!" Ape. Ate. Ben-
Seeds was late, oop! he went to high school
In a, ork! yes a blimp, oh married to the knees
Of not having, Indian as sharks, the reefed money
To order O doughtnut coconuts there, weird
As mated, alcohol, the "ginger," a synco-
Pation, "Anagrams! fish! pools! babe! hospital
Of the careful linguist-itch-hand-fields-youthful-
Kentucky!" Evenings, places, a, it is a . . .

— *From When the Sun Tries to Go On by Kenneth Koch*

Notice in the following two poems by Clark Coolidge that the further that words are removed from sentences and meaning, the more we focus on their sound:

ounce code orange

a

the

ohm

trilobite trilobite

*

of

about

since

dot

There are any number of ways to learn about writing abstract poems. One is to pick a word and say it aloud over and over until it loses its meaning. That'll get your mind focused on sound. Then just write, as quickly as you can, whatever words come to you because of their sounds.

Another method involves taking a poem by you or someone else and changing most of the words. Count the number of nouns in the poem, the number of adjectives, and the number of verbs. Then make a list of an equal number of new nouns, adjectives, and verbs — all of which you choose just because you like their sounds (not their meanings. Also, don't worry about their not making sense as a group.) Then use your lists to replace the corresponding words in the poem. You'll find that some will work better than others, and you'll probably want to adjust the verbs a little.

A third way to make abstract poems is to take a poem and remove (perhaps with white-out) enough of its words so that the remaining words make no sense, but sound good together.

“Sound poetry” is abstract poetry written specifically to be read aloud. It uses language closer to Clark Coolidge’s than Edith Sitwell’s; that is, the language is “broken up.” Sound poetry, which came in part from the Dada poetry created around 1920, has enjoyed a certain popularity in Europe since the 1940s.

See also: NONSENSE VERSE.