FOOD ADDITIVES AND CONTAMINANTS

Fifty-seventh report of the Joint FAO/WHO Expert Committee on Food Additives







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Rome, 5-14 June 2001

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Monographs containing summaries of relevant data and toxicological evaluations are available from WHO under the title:

Safety evaluation of certain food additives and contaminants. WHO Food Additives Series, No. 48, 2002.

Specifications are issued separately by FAO under the title:

Compendium of food additive specifications, addendum 9. FAO Food and Nutrition Paper, No. 52, Add. 9, 2001.

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The preparatory work for toxicological evaluations of food additives and contaminants by the Joint FAO/WHO Expert Committee on Food Additives (JECFA) is actively supported by certain of the Member States that contribute to the work of the International Programme on Chemical Safety (IPCS).

The International Programme on Chemical Safety (IPCS) is a joint venture of the United Nations Environment Programme, the International Labour Organization and the World Health Organization. One of the main objectives of the IPCS is to carry out and disseminate evaluations of the effects of chemicals on human health and the quality of the environment

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1 Introduction

The Joint FAO/WHO Expert Committee on Food Additives met in Rome from 5 to 14 June 2001. The meeting was opened by Mr W. Clay, Chief, Nutrition Programmes Service, Food and Nutrition Division, FAO, on behalf of the Directors-General of the Food and Agriculture Organization of the United Nations and the World Health Organization. Mr Clay reminded the Committee that one of its tasks was to provide scientific advice to Member States of the two organizations with respect to food regulations and control. He noted that dioxins and some related compounds were to be discussed by the Committee for the first time, almost 25 years after the accident in Seveso, Italy, in which large quantities of dioxins had been released into the environment. That event had raised awareness and concern both in the general population and among regulators, leading to a greater demand for global assessment, management and communication of risks relating to environmental contamination and food. The Committee's deliberations on the topic would therefore be important and should help to improve communication between those responsible for risk assessment and risk management. Mr Clay informed the Committee that its activities would be part of a wider effort by FAO and WHO to improve food safety. The two organizations were planning to establish a Global Forum for Food Safety Regulators, in order to promote the exchange of information about ways of dealing with issues of potential importance to public health and international food trade among those responsible for regulating food safety.

2. General considerations

As a result of the recommendations of the first Joint FAO/WHO Conference on Food Additives, held in September 1955 (1), there have been fifty-six previous meetings of the Committee (Annex 1). The present meeting was convened on the basis of a recommendation made at the fifty-fifth meeting (Annex 1, reference 149).

The tasks before the Committee were:

- to elaborate further principles for evaluating the safety of food additives and contaminants (section 2);
- to undertake toxicological evaluations of certain food additives, flavouring agents and contaminants (sections 3–5 and Annex 2);
- to review and prepare specifications for selected food additives and flavouring agents (sections 3 and 4 and Annex 2).

2.1 Modification of the agenda

Annatto extracts were scheduled for evaluation at a future meeting, when the results of toxicological studies that were being performed would become available to the Committee for consideration. Amyloglucosidase from *Aspergillus oryzae*, var. had been included in the call for data erroneously.

Sodium ethyl p-hydroxybenzoate, sodium propyl p-hydroxybenzoate, sodium methyl p-hydroxybenzoate, calcium sulfite, sodium formate, calcium formate, synthetic γ -tocopherol, synthetic δ -tocopherol, calcium tartrate, sorbitan trioleate, dipotassium diphosphate and dimagnesium diphosphate have been removed from the draft Codex General Standard for Food Additives and were referred to the Committee for evaluation. There was no indication, however, that any of these substances are used as food additives, and consequently little information was provided that would permit the establishment of Acceptable Daily Intakes (ADIs) or the preparation of specifications.

Phenyl salicylate was removed from the agenda because no data were available.

2.2 Principles governing the toxicological evaluation of compounds on the agenda

In making recommendations on the safety of food additives and contaminants, the Committee took into consideration the principles established and contained in Environmental Health Criteria, No. 70, *Principles for the safety assessment of food additives and contaminants in food* (Annex 1, reference 76), as well as the principles elaborated subsequently at a number of its meetings (Annex 1, references 77, 83, 88, 94, 101, 107, 116, 122, 131, 137, 143 and 149), including the present one. Environmental Health Criteria, No. 70 (Annex 1, reference 76) contains the most important observations, comments and recommendations made, up to the time of its publication, by the Committee and associated bodies in their reports on the safety assessment of food additives and contaminants. At its present meeting, the Committee noted that the publication included recommendations that are still appropriate and indicated potential problems associated with those that are no longer valid in the light of technological changes.

2.3 Principles for the safety assessment of chemicals in food

The Committee was informed that FAO and WHO are intending to update and consolidate principles and methods for the safety assessment of chemicals in food, including food additives, contaminants, and residues of veterinary drugs and pesticides. The project was

initiated on the basis of a recommendation of the Conference on International Food Trade Beyond 2000 that was held in Melbourne, Australia, in October 1999 (2), and in view of the scientific advances, changes in procedures and the increasing complexity of assessments of chemicals in food that have occurred since the publication of Environmental Health Criteria, No. 70 (Annex 1, reference 76) and Environmental Health Criteria, No. 104, *Principles for the toxicological assessment of pesticide residues in food* (3). The project would include consideration of all those aspects of the assessment of chemicals in food that are addressed by the Committee and by the Joint FAO/WHO Meeting on Pesticide Residues.

The Committee recognized the importance of this initiative and recommended that it be undertaken as soon as possible.

2.4 Flavouring agents evaluated by the Procedure for the Safety Evaluation of Flavouring Agents

The Committee questioned whether some of the substances included in the lists of flavouring agents that it had been asked to evaluate at its present meeting were in fact used as flavouring agents. The Committee noted that some of the substances were used extensively in food processing as solvents, emulsifiers or preservatives.

The Committee stressed that the Procedure for the Safety Evaluation of Flavouring Agents is intended for application to flavouring agents used to impart flavour to foods and not to other uses of these substances or to other chemicals that may be used in flavouring formulations. Consequently, the Committee was unable to finalize the evaluations of certain substances listed on the agenda, pending confirmation of their use and intake as flavouring agents.

A clear definition of "flavouring agent" has not been elaborated by the Committee. Although Environmental Health Criteria, No. 70 (Annex 1, reference 76) provides some guidance, the Committee recommended that this issue be addressed at a future meeting.

2.5 α,β-Unsaturated carbonyl compounds and aldehydes

The α,β -unsaturated carbonyl group is a reactive moiety that represents a potential structural alert for toxicity. Five flavouring agents containing such a group were considered by the Committee at its forty-ninth meeting (Annex 1, reference 131), but their evaluation was postponed, pending consideration of other α,β -unsaturated carbonyl compounds. The safety of these five agents was reconsidered by

¹ See sections 4.1.3-4.1.5.

the Committee at its fifty-fifth meeting (Annex 1, reference 149), when it also evaluated furfural, cinnamaldehyde, structural analogues of cinnamaldehyde, pulegone and esters of the corresponding alcohols, which are predicted to be metabolized by formation of α,βunsaturated carbonyls. The available data on the toxicity of these compounds in experimental animals showed a number of adverse effects at high doses, and no-observed-effect-levels (NOELs) for these effects were identified. The presence of protective processes in cells, such as conjugation with glutathione, provides adequate capacity for detoxification at the low doses associated with the use of such compounds as flavouring agents. In consequence, the Committee concluded that the presence of an α,β -unsaturated carbonyl group in a flavouring agent, or its formation during metabolism, would not preclude assessment of that substance by the Procedure for the Safety Evaluation of Flavouring Agents. This conclusion was supported by data on the toxicokinetics of 4-phenyl-3-buten-2-one (No. 820), which was considered by the Committee at its present meeting. This α,βunsaturated carbonyl compound undergoes complete first-pass metabolism in rats and mice after oral administration and is rapidly eliminated (with a half-life of 20min in rats and 10min in mice) after intravenous administration. A number of other α,β-unsaturated carbonyl compounds were also evaluated by the Committee at its present meeting (Nos 821, 826 and 829), as were several compounds predicted to be metabolized to an α,β-unsaturated carbonyl compound (Nos 819, 944, 946 and 948).

Aldehyde groups are also chemically reactive and can bind to soluble proteins and protein components of membranes. Several aldehydes were evaluated previously by the Committee, and the potential genotoxicity of furfural was considered in detail at the fifty-first meeting (Annex 1, reference 137). Furfural was reported to be genotoxic in three of 16 assays for reverse mutation in Salmonella typhimurium and in one of three assays for rec gene mutation in Bacillus subtilis. A few chromosomal aberrations were seen in Chinese hamster ovary cells in culture when furfural was added at relatively high concentrations (Annex 1, reference 138). Sister chromatid exchanges and forward mutations were induced in mouse lymphoma cells. The Committee concluded that the weak activity seen in vitro in some tests for genotoxicity might be explained by the reactivity of the aldehyde group. Various metabolic processes (i.e. oxidation, conjugation and condensation) effectively eliminate the reactive aldehyde functional group, when the metabolic pathways are not saturated by high, non-physiological doses. The flavouring agents evaluated at the present meeting included a number of aldehydes (Nos 22, 865, 866,

868, 869, 877–879, 889–893, 896–898 and 937) and compounds that are predicted to be metabolized to aldehydes, such as acetals (Nos 837-840, 867, 940-949 and 954). Metabolism of these flavouring agents is predicted to result in gradual formation of aldehydes, which undergo extensive biotransformation, resulting in only low concentrations of the aldehydes per se. The results of tests for reverse mutation in bacteria were positive for pyruvaldehyde (No. 937), but consistently negative for Nos 22, 80, 95, 98, 867, 868, 877-879, 889, 893, 896, 897 and 953; the results of assays for rec gene mutation in B. subtilis were negative (Nos 878, 889 and 893) or equivocal (Nos 22 and 896). Chromosomal aberrations were reported in vitro in some studies with Nos 22, 878, 889, 893, 896 and 937, but not with No. 80. Similarly, sister chromatid exchanges were reported in some studies with Nos 22, 80, 878, 889 and 937, but not with Nos 868, 893 and 897. Mutations were reported in mouse lymphoma cells exposed to some aldehydes (Nos 80, 877, 878 and 893), but not other aldehydes or acetate (Nos 867, 889 and 896). The results of studies in vivo did not indicate genotoxicity after oral administration in a variety of test systems: in Drosophila melanogaster (with Nos 22, 80, 879 and 893), in assays for micronucleus formation in mice (with Nos 879, 889 and 893) and in assays for dominant lethal mutations in mice (No. 896). Sister chromatid exchange was induced in mice and hamsters by intraperitoneal injection of acetaldehyde (No. 80), and weakly positive results were obtained in several tests in vivo with pyruvaldehyde (No. 937) at very high doses (>200 mg/kg of body weight). Pyruvaldehyde is a natural component of some foods, and the amount ingested due to its use as a flavouring agent would be much less than the estimated intake from natural sources. The Committee concluded that metabolic processes such as oxidation and conjugation effectively eliminate reactive aldehyde functional groups from such substances when they are consumed in the amounts that would arise from their use as flavouring agents.

2.6 Minimum assay values for flavouring agents

At its fifty-third meeting, the Committee developed criteria for establishing specifications for flavouring agents (Annex 1, reference 143). The Committee noted that these criteria — chemical formula and relative molecular mass, identity test and the minimum amount that can be determined (minimum assay value) — constitute the core information required to establish acceptable specifications. At its present meeting, the Committee considered that a minimum assay value of 95% for an individual flavouring agent would apply to both the flavouring agent itself and to the agent plus its known secondary components. The minimum assay values of about 90% of the flavouring agents evaluated to date meet or exceed 95%, and the Committee received