

DEVELOPMENT

Third Edition



F. PHILIP RICE

THIRD • EDITION

HUMAN DEVELOPMENT

A Life-Span Approach



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University of Maine



Prentice Hall, Upper Saddle River, New Jersey 07458

Library of Congress Cataloging-in-Publication Data

Rice, F. Philip.

Human development : a life-span approach / F. Philip Rice.—3rd ed.

p. cm.

Includes bibliographical references and index.

ISBN 0-13-805276-X

1. Developmental psychology. 2. Life cycle, Human.
3. Developmental psychobiology. I. Title.

BF713.R52 1998

305.2—dc21

97-17210

CIP

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ILLUSTRATOR: Accurate Art, Inc.

This book was set in 10/11 Palatino by Pine Tree Composition, Inc.
and was printed and bound by Von Hoffman Press, Inc. The cover
was printed by Von Hoffman Press, Inc. Film supplied by Von Hoffman
Press, Inc. Color separations by Von Hoffman Press, Inc.

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Simon & Schuster / A Viacom Company
Upper Saddle River, New Jersey 07458

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Printed in the United States of America

10 9 8 7 6 5 4 3 2 1

ISBN 0-13-805276-X

Prentice-Hall International (UK) Limited, *London*
Prentice-Hall of Australia Pty. Limited, *Sydney*
Prentice-Hall Canada Inc., *Toronto*
Prentice-Hall Hispanoamericana, S.A., *Mexico*
Prentice-Hall of India Private Limited, *New Delhi*
Prentice-Hall of Japan, Inc., *Tokyo*
Simon & Schuster Asia Pte. Ltd., *Singapore*
Editora Prentice-Hall do Brasil, Ltda., *Rio de Janeiro*

To
Irma Ann Rice
with Deepest Love
~

Preface

The story of human development is an exciting portrayal of life in the process of becoming. From conception to death, the drama unfolds, revealing an ever more complex being in the making. This story is about you and me as well as about others: how we began, how we grew and changed before we were born, our infancy, childhood, adolescence, and our adult years. As you read this story, you will be asked to examine your own life, to learn as much as possible about the various influences that fashioned you into the person you are today. You may be encouraged not only to think about who you are and how you became you, but to set new sights for the future, to adjust your life course, so your development proceeds in the new directions that you chart for yourself.

Divisions

This life-span development text is divided into five major parts as follows:

Part I introduces a life-span development perspective, the periods of development, research methods in the study of life-span development, and theories of development.

Part II discusses hereditary and environmental influences on development, prenatal development, childbirth, and the characteristics of the neonate.

Part III examines child development and includes perspectives on child development, and physical, cognitive, emotional, and social development from infancy to puberty.

Part IV covers adolescent development and includes perspectives on adolescent development, and physical, cognitive, emotional, and social development from puberty through age 19.

Part V covers adult development and includes perspectives on adult development, and physical, cognitive, emotional, and social development from age 20 to death.

Organization

There are two basic ways to write about and to teach the subject of human development. One way is the *chronological approach*: to present all aspects of development during each separate stage of life. The other is the *topical approach*: to discuss each aspect of development through the entire life span. This text combines the best features of both approaches. The life span is divided into broad chronological age divisions: childhood, adolescence, and

adulthood. Under each major age division, five topics are discussed: perspectives, and physical, cognitive, emotional, and social development. The topical presentation within each age division allows the text to be used in courses emphasizing either a topical or a chronological format.

Balanced Presentation

Following the two introductory parts, five chapters are devoted to child development, five to adolescent development, and six to adult development. This allocation of space among the three age groups reflects the emphasis on development throughout the life span. The expanded focus on the whole life avoids emphasizing the child at the expense of the adolescent and the adult.

Solid Research Base

The text uses the findings of over 3,000 references, which are incorporated into the body of the narrative and provide a solid factual basis for the discussion. Of these, approximately 386 are new research references from the years 1993 to 1996 that have been incorporated into this edition.

Comprehensiveness

This book encompasses a very broad range of subject matter, as much as is feasible within the confines of one text. The approach enables the student to be exposed to a wide range of topics, emphases, and issues.

Emotional Development

A special feature of this text is the inclusion under each age division of a separate chapter on emotional development.

The Family and Socialization

This edition emphasizes the family's changing role in the socialization of children, and it highlights such topics as the father's role, effects of maternal employment on children, the grandparents' role, sibling relationships and rivalry, spouse abuse, and stable but unhappy marriages.

Women's Issues

A number of important women's issues are discussed: feminist methodology in research, female empowerment, women and identity, self-esteem in adolescent girls, and women and careers.

Cross-Cultural Emphasis

Individual differences and cultural influences in physical, cognitive, emotional, and social development are emphasized.

Contemporary Issues During Adolescence

Sex education of adolescents, including a new emphasis on education for abstinence is discussed, along with the increasing problem of the use of handguns by teens who kill.

Handicapped Children

Important sections are included on the development of both physically handicapped children and those with learning disabilities.

Human Sexuality

Sexual relationships, dysfunctions, and sexual behavior of both adults and adolescents are discussed, with an emphasis on sexually responsible and responsive behavior.

Infants and Toddlers

Included are sections on perceptual development and social development of young children.

NEW TO THIS EDITION

Postpartum Health Issues

Returning from the hospital, going back to work, and resuming sex relations after childbirth.

The Neonate

Learning before birth, motor activity, and stress reactions.

Health and Children

Otitis media, rearing a handicapped child, and sex education of children.

Cognitive Development

Learning to read and functional illiteracy.

Emotional Development

Children's worries, emotional expression and control, cross-cultural differences and temperament.

Social Development

Working mothers, adolescent mothers, children's concepts of the real, factual, living things, and magic. Conscience development.

Health and Adolescents

Exercise, families of bulimics, smoking and pregnant adolescents.

Cognition During Adolescence

Middle schools, cross-cultural achievement, and full-service schools.

Adolescent Emotions

Emotions during adolescence, profiles of youthful offenders.

Adolescent Social Development

Parental bonding, sibling violence, adolescent peer networks.

Transition to Young Adulthood

Adult Health

Robust aging, environmental standards and the sense of smell.

Adult Sexuality

Hypoactive sexual desire, homosexuality.

Cognition

Flashbulb memory.

Marriage Rates Among Blacks

Theories of Suicide

OTHER FEATURES

Relationships

Since development is so influence by relationships, they are emphasized throughout the discussion. Parent-child, sibling, peer, family, and other social relationships are highlighted.

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