【安徽省高等学校“十一五”省级规划教材】

主编 何苏宁 马海波

新目标
大学英语
快速阅读

New Target College English Fast Reading

第2版

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第3册

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前言

教育部制定的《大学英语课程教学要求》(以下简称《课程要求》)对于英语快速阅读能力的一般要求是:"在快速阅读篇幅较长、难度略低的材料时,阅读速度达到每分钟100词,能基本读懂国内英文报刊,掌握中心意思,理解主要事实和有关细节。能读懂工作、生活中常见的应用文体的材料。能在阅读中使用有效的阅读方法。"较高要求是:"阅读速度达到每分钟120词,能就阅读材料进行略读或寻读。"正是根据《课程要求》的具体要求,我们编写了这套《新目标大学英语快速阅读》教材,以期通过规范的选篇和练习设计循序渐进地提高学生的英语快速阅读水平,从而进一步增强他们的英语综合应用能力。

英语快速阅读与精读、泛读共同构筑起英语阅读技法的链状体系。快速阅读侧重于阅读的"时间观念"和"效率意识",体现出信息化时代高速度、高效率的理念,是外语阅读技法中的新概念。对于广大非英语专业的大学生而言,英语阅读效率低是制约他们获取更多知识和信息的最大障碍。因此,培养快速阅读、准确捕捉信息的能力,是大学英语教学的一项重要任务。我们在编写本教材时,注重将语言的课堂教学与实际应用能力的提高相结合,做了一些尝试。

(1) 本教材共4册,分为1~4级,达到《课程要求》对快速阅读一般要求层次的具体要求。

(2) 本教材遵循理论与实践相结合的原则,讲练结合,每册分为两大部分:第一部分讲授快速阅读常用技能,采用中文讲解,清晰明了;第二部分为快速阅读综合技能训练,注重训练的渐进性和系统性。每册分10个单元,每个单元包含3~4篇阅读文章,每篇文章后配有练习。第1、2篇文章后的练习与四级考试新题型的形式一样,第3、4篇文章后的练习则侧重于训练某一项快速阅读技能,以达到通过训练熟练掌握快速

阅读技能的目的。

(3) 本教材所选篇目均是根据实际教学需要筛选而来，在保证科学性、知识性、趣味性和新颖性的同时，又尊重学生的兴趣爱好，内容涉及语言、文化、习俗、伦理、科学、社会焦点等方面。文章均从近期的国内外书籍和报刊中选编，难度适中。

(4) 1～4级阅读文章的长度和阅读速度分别为：1级600～800词，建议阅读速度为每分钟90词；2级800～1000词，建议阅读速度为每分钟100词；3级1000～1100词，建议阅读速度为每分钟110词；4级1100～1200词，建议阅读速度为每分钟120词。生词不超过短文词汇总量的3%。在每篇短文之前都明确标出了完成短文阅读及练习的建议用时，学生可以记录完成时间和答题的正确率，以便对自己的阅读速度和阅读水平进行自我评估。

(5) 在练习的编排方式上注重形式多样。在注重寻读、略读、猜词悟义、写摘要等快速阅读基本技能训练的同时，在题型和阅读速度等方面结合四、六级考试的要求进行设定，旨在帮助学生熟悉新题型，提高应试能力。练习题的形式主要为判断题、信息填充题和综合题。

本教材的编写由解放军电子工程学院和解放军炮兵学院合作完成，所有编写人员均为在教学一线执教多年的教师，具有丰富的教学经验。全书由何苏宁、马海波主编，各分册主编分别为：第1册马海波、许良才；第2册方怡、王玫；第3册赵天红、潘云燕；第4册何苏宁、黄频频、王芳。

编　者

2011年5月

目　录

快速阅读的基本方法与技巧

1. 略读(skimming)

略读,或称为跳读,就是粗略地、快速地阅读全文,包括文题、作者、写作时间、注释说明等,要求读者有选择性地忽略阅读材料中的部分内容,其目的是明确背景,抓住线索,了解梗概,把握主旨。略读虽不免"粗疏",但绝不是粗枝大叶地、一般地浏览,而是有目的地把握"全局",对全文做一鸟瞰式的俯视,这就要求在阅读时精神高度集中,能提纲挈领地抓住全文关键的问题。其特点是:(1) 以极快的速度阅读大量材料,寻找字面上或事实上的主要信息和少量的阐述信息;(2) 有选择性地跳过某个部分或某些部分阅读内容;(3) 适当地降低阅读理解的准确率;(4) 事先读者对阅读材料往往是一无所知。

略读可以运用下列技巧:

(1) 利用印刷细节(typegraphical details)。如利用书或文章的标题、副标题、小标题、斜体词、黑体词、脚注、标点符号等,对书或文章进行预测略读(preview skimming)。预测略读要了解作者的思路、文章方式(模式),以便把握文章大意、有关的细节及其相互关系。标题性的信息是作者提供的重要阅读线索,一般而言,通过标题可以知道文章的主题。对文章的首段和末段要多加注意,以便发现作者的观点。忽视了标题、引言、总结、说明及图解等信息,会限制读者的阅读思考,影响阅读效率。

(2) 弄清文章体裁,快速理解文章。以一般阅读速度(每分钟200~250词)阅读文章开头的一两段,力求抓住文章大意、背景情况、作者的文章风格、口吻或语气等。对不同体裁的文章,就要根据其体裁的特点,运用不同的方法快速阅读,正确

理解。

记叙文往往一开始就交待人物（who）、时间（when）、地点（where）及事件（what），然后再详细叙述事件发生的原因（why）。

议论文中，作者先提出一个论点，再对此进行分析，或举例加以论证，得出结论。

说明文中，作者首先提出说明对象，然后从时间、空间、用途、方法、步骤等各个不同侧面加以说明。

（3）抓住关键词句（key words and topic sentences）。为了提高阅读速度，首先应抓住关键词句，因为它们是联接上下文的纽带。快速阅读时只要注意瞬时关键词，其他都可迎刃而解。抓住关键句子也就是找出主题句，主题句是文章中用来概括大意的句子，主题句往往是每个段落的第一个句子，有时可能是最后一个句子，在特殊情况下也可能出现在段落中间。通过识别主题句，可以快速、准确地抓住文章中各个段落的主要意思。如果把每一个段落的大意抓住了，那么全篇文章的中心思想也就把握住了。在阅读中识别主题句，并准确理解其意思，可帮助读者了解作者的行文思路，分析文章的内容结构，搞清楚各个段落之间的逻辑关系，有利于提高阅读的速度和理解的准确性。

（4）读首、尾句，预测文中细节。一般情况下，英语文章多是按"总—分—总"的思路写的。因此，研读首、尾句，对快速阅读理解文意具有重要的意义。读者不但由此可以抓住文章的内容，还可以揣测作者的态度、意图，从而进一步猜出作者所要写的细节。

（5）注意连接词，揣测作者意图。英语文章中，作者往往先叙述或介绍常人的观点、他人的态度和看法，然后再提出自己的想法或与之不同的观点，即作者本人的意图或事实真相及本文的主旨。两者之间常用 but，however，yet，in spite of，though，although，moreover 等连词或短语，或 but in fact，on the contrary，in addition，even though，even if 等短语连接。掌握了文章的阅读方法，就大大加快了阅读速度，同时理解的正确性也就大大提高了。

（6）若无需要，不必阅读细节。

2. 寻读（scanning）

寻读又称查读，就是从阅读材料中快速准确地找出某些具体信息。读者往往

是有目的地去阅读，并从阅读材料中查找自己所需要的资料。如查找电话号码簿，翻词典查生词，了解飞机、车、船时刻表，在工具书或报纸杂志中查考一个人名、地名、典故、数据及有关资料等。其特点是：(1) 既要求速度，又要求寻读的准确性；(2) 带有明确的目的性，有针对性地选择所需信息；(3) 事先读者对阅读材料有所了解。

寻读可以运用下列技巧：

(1) 利用材料的编排形式。资料多半是按字母顺序排列的，如词典、索引、邮政编码簿、电话号码簿以及其他参考资料簿等。当然，并非所有资料都是按字母顺序排列的，例如，电视节目是按日期和时间排列的，历史资料是按年代排列的，报纸上的体育版面是按比赛类别(足球、排球、网球等)排列的，等等。不管资料来源怎样，它们都是按照某种逻辑顺序排列的。例如，要知道某事是何时发生的，要查日期；要知道某事是谁做的，要查人名等。

(2) 利用章节标题和说明。寻读时，首先看看文章标题或章节标题，确定文章是否包含自己所需要的材料，或者哪一部分包含哪些材料，这样可以直接翻到那个部分，进行寻找。

(3) 利用提示词。读者找到包含所需信息的章节，准备寻读时，要留心与那个具体信息有关的提示词。例如，在报纸体育运动版上寻找某田径运动员的某项运动成绩，他的国名是提示词；在百科全书上寻找纽约市的人名，翻到 New York City那一章后，population，census，inhabitants 等词就是提示词。找到提示词，就可以采用一般阅读速度，获得所需要的信息。

(4) 利用上下文猜出词义。充分利用上下文给出的线索，有些生词的意思是可以猜出来的。基本方法有：

① 利用定义的线索。在生词出现的上文或下文，有时能找到对它所下的定义或解释，由此可判断其词义。

② 利用同义的线索。一个生词出现的上下文中有时会出现与之同义或近义的词，它往往揭示或解释了生词的词义。

③ 利用反义的线索。在某一生词的前面或后面有时会出现它的反义词或常用来对比的词语，由它可以推测生词的词义。

④ 利用常识猜测词义。有时一句话中尽管有生词，但我们可以利用已有的知识去判断生词的词义。

⑤ 利用等式或符号猜测生词。一段话后面有时会给出一些等式或符号，如前

面的话中有生词，由后面的等式或符号可以猜出生词的词义。

3. 需克服的不良阅读习惯

在阅读过程中，某些不良的阅读习惯不仅影响阅读速度，而且影响阅读理解的有效性，因此需要加以克服。常见的不良习惯有：

（1）音读。音读就是在阅读过程中读出声音来。因为眼睛的移动速度比舌头动作快，音读的最大弊端是使阅读速度等同于说话的速度，从而拖慢阅读速度。出声读不但影响速度，而且会分散一部分精力去注意自己的发音。

（2）逐字读。许多常见词，如功能词等，不需停顿下来去单独理解。逐字阅读并不能增加对文章的理解程度，把意思完整的句子割裂成字、词，注意力被单个文字所分散，只会妨碍、减慢对全句或全段的理解，就好似只看每一棵树而不见森林。

（3）默读。虽然没有大声读出来，但在脑中一字字地读，也会影响速度，分散注意力。

（4）指读。用手指指着字句阅读，因为手指不及眼睛敏捷，所以会降低阅读速度，并影响理解。

（5）回读。眼睛回向移动，寻找先前读过的信息，而不是继续读下去以获取完整的概念。回读是快速阅读最大的障碍，一方面是因为精力不集中，另一方面是担心看得快就会看不清、记不住，结果，新的内容得不到充分理解，只好又回头重读。回读严重影响阅读速度，更重要的是造成信息的混乱、流失，影响记忆。

（6）纠缠生词。在阅读过程中，遇到生词、难句在所难免。如果一碰到生词、难句就追根刨底，孤立地去思考，甚至还想把它译成汉语才罢休，其结果不但会打乱阅读节奏，减慢阅读速度，而且会打断阅读思路，妨碍完整地理解所读信息。

Unit 1

Passage 1

Directions: *Go over the passage quickly and answer the questions. For questions 1—7, mark Y (for YES) if the statement agrees with the information given in the passage; N (for NO) if the statement contradicts the information given in the passage; NG (for NOT GIVEN) if the information is not given in the passage. For questions 8—10, complete the sentences with information given in the passage.*

建议用时：12′26″
实际用时：

U. S. Shoots for the Moon

Say this for the U. S. space program: we may have spent the past 40 years mostly ignoring the moon, but when we go back, we go back with a bang. Later today — if weather conditions and hardware permit — NASA will launch its much anticipated and deeply imaginative Lunar Reconnaissance Orbiter (LRO，月球勘测轨道飞行器), the first American spacecraft of any kind to make a lunar trip since 1999. Not only will the LRO help us study the moon in greater detail than ever before, it should also give us our first look at the six Apollo① landing sites since we abandoned the historic campgrounds two generations ago.

In the past few years, the moon has once again become the hot place to go. Three countries with little spacefaring (与航天有关的) history — Japan, China and India — have all sent probes moonward since 2007, and China in particular has made it clear that it plans to return, first with more robot ships, then with astronauts.

In 2004, the U. S. restarted its own lunar program when President George W. Bush announced a new commitment to have astronauts back on the moon by 2020 and on Mars in the years after. There was surely some political motivation in Bush's election-year proposal, but it was followed up by hardheaded planning and real NASA action. With the shuttles scheduled to be mothballed by 2010, the space agency has committed itself to building and flying a lunar-capable manned ship by 2015, and though the Obama Administration is reconsidering the entire lunar program, so far it's still on track. The goal is to station astronauts on the moon for months, not days, to conduct lunar studies and as training for later attempts to live on Mars. As NASA knew in the 1950s, however, before you can send humans to the moon, you need to send robotic scouts. And that's where the LRO gets involved.

The 13-feet long, 2-ton spacecraft is not designed for a landing, but rather will settle into a low lunar orbit just 30 miles (48 km) above the surface, or about half the altitude at which the Apollos flew. The ship will be fairly stuffed with scientific instruments, one of the most important of which will be its laser altimeter（激光测高仪）. The altimeter will bounce laser beams off the lunar surface and, by measuring the speed at which they reflect back up, calculate the moon's topography（地形；地势）to within inches. That's critical since long-term lunar stays require finding not only hospitable places to land, but also hospitable places to establish a home.

"We're going to measure the topography with the level of detail civil engineers need when they're building a building," says Jim Garvin, one of the lead developers of the LRO and the chief scientist at NASA's Goddard Space Flight Center, which will run the mission.

Just as important for choosing where to homestead is knowing the local weather — or at least the local temperature. Nobody pretends that the moon will be a thermally comfortable place to live, but few people realize just how punishing its climate extremes are — a torch-like 250 degrees Fahrenheit (120 Celsius) during the day and a paralyzing — 382 Fahrenheit (1230 Celsius) at night. What's more, says Garvin, "the moon goes through this dance every 28 days". Those kinds of cycling extremes can be murder on hardware, and until we know more about the hot-cold rhythm, we can't build properly to withstand it.

Easily the most exciting piece of hardware aboard the ship, however, will be the camera. Even the best reconnaissance photography before the Apollo visits missed things, which is why Apollo 11's landing almost came to grief when Neil Armstrong and Edwin Aldrin found themselves piloting their lander over an unexpected boulder field just seconds before touchdown（着陆）. That's less likely to happen this time, thanks to a camera that can visualize objects as small as a few feet across. What's more, since the LRO will be in a polar orbit instead of an equatorial one — or, vertical rather than horizontal — the moon's 28-day rotation will eventually carry virtually every spot on the surface beneath the camera's lens.

"The moon will essentially walk around underneath the orbiter", says Garvin. "With the detail we get in the photographs, every picture will be like a mini-landing". That includes photos of the Apollo sites, all half-dozen of which should have their portraits snapped. If NASA gets lucky, Garvin believes the first such images could be in hand by the 40th anniversary of Apollo 11, on July 20.

For all of the LRO's versatility, one thing it can't do with much precision is to look for water. That's a problem, since astronauts living on the surface will need plenty of the stuff, and bringing it all with them is out of the question. (A single pint of water weighs about a pound, and every pound you fly to the moon costs about $50,000.) The LRO, however, will not be traveling alone. Launched on the same booster will be another entire spacecraft known as the Lunar Crater Observation and Sensing Satellite（LCROSS,月球陨坑观测与遥感卫星）.

Shortly after the paired ships enter space, the LCROSS will separate from the LRO and embark on its own trajectory（轨道;轨迹）towards the moon. The rocket stage will then speed ahead, aiming for a deliberate crash in one of several craters in the south lunar pole in which the LRO's sensors will have detected signs of water ice. The collision will send a debris plume as high as 6.2 miles (10 km) into space and the LCROSS itself, trailing four minutes behind, will fly through it. As it does, its instruments will analyze the chemistry of the plume, looking particularly for water ice, hydrocarbons and other organics. Shortly after that, the LCROSS, too, will complete its suicide plunge, smashing into the ground just miles from the first impact site.

It will take about a year before the surviving LRO completes its more leisurely mission, and then another decade at least before humans are once again treading lunar soil. The LRO and LCROSS should play a big part in bringing that eventual return a little closer — and making it a lot safer. (1,057 words)

Notes:

① 美国于20世纪60年代至70年代除组织实施的载人登月工程，或称“阿波罗”计划。它是世界航天史上具有划时代意义的一项成就，工程包括：确定登月方案、为登月飞行作准备的4项辅助计划、研制“土星”号运载火箭、进行实验飞行、研制“阿波罗”号飞船、实现载人登月飞行。

1. The launch of LRO and LCROSS shows that the U. S. has shifted their attention back to the moon once again. ______
2. Though China has a long spacefaring history, it sent probes moonward just recently. ______
3. The Obama administration shares the same lunar program with that of President Bush. ______
4. LRO is designed for a landing as well as settling into a low lunar orbit. ______
5. The moon's 28-day rotation will carry virtually every sport on the surface beneath the camera's lens because LRO will be in an equatorial orbit. ______
6. The instruments on board LRO can withstand the cycling climate extremes of the moon. ______
7. LRO can't look for water precisely in that water problem can be solved in other ways easily. ______
8. The calculation of the moon's topography is critical in that long-term lunar stays require finding ______ to land and to establish a home.
9. The most exciting piece of hardware aboard LRO is ______.
10. Even if LRO and LCROSS can fulfill their missions successfully, humans are not able to land on the moon for another ______.

Passage 2

Directions: *Go over the passage quickly and answer the questions. For questions 1—7, select the most appropriate answer for each of the questions. For questions 8—10, complete the sentences with information given in the passage.*

建议用时：12′15″
实际用时：

Nanotechnique-armed Spacesuit

Astronomy and space exploration will be revolutionized under nanotechnology's influence. More humans will move onto "floating" worlds in earth orbit, or onto colonies built in the Mars or the Moon. Launches into space will become as commonplace as flying an airplane when molecular manufacturing makes launch vehicles that are light and strong, and developments in "smart" materials will lead to a rocket that can change its aerodynamic(空气动力学的) shape upon launch and reentry(重返地球) for maximum efficiency. As people from the Earth begin to fan out to the stars, many may well wonder how many people lived for so long without the benefits of nanotechnology.

Since nanotechnology lends itself to making small things, consider the smallest person-carrying spacecraft: the spacesuit. Forced to use weak, heavy materials, engineers now make bulky(庞大的), clumsy spacesuits. A look at an advanced spacesuit will illustrate some of the capabilities of nanotechnology.

Imagine that you are aboard a space station, spun(使……快速旋转) to simulate the Earth's normal gravity. After instruction, you have been given a suit with a transparent helmet. You take it down, heft(举起测试……重量,举起) its substantial weight, and step in through the open seam(边缝) on the front.

The suit feels softer than the softest rubber, but has a slick(平滑的) inner surface. It slips on easily and the seam seals at a touch. It provides a skintight(紧身的) covering like a thin leather glove around your fingers. Behind your shoulders, scarcely noticeable, is a small backpack. Around your head, almost invisible, is the helmet. Below your neck the suit's inner surface hugs your skin with a light, uniform touch that soon becomes almost imperceptible(觉察不到

的）.

You stand up and walk around，experimenting. You bounce on your toes and feel no extra weight from the suit. You bend and stretch and feel no restraint（约束），no wrinkling，no pressure points. When you rub your fingers together they feel sensitive，as if bare — but somehow slightly thicker. As you breathe，the air tastes clean and fresh. In fact，you feel that you could forget that you are wearing a suit at all. What's more，you feel just as comfortable when you step into the vacuum of space.

The suit manages to do all this and more by means of complex activity within a structure having a texture almost as intricate（复杂难懂的）as that of living tissue. A glove finger a millimeter（毫米）thick has room for a thousand micro-thick layers of active nano-machinery and nano-electronics. A fingertip-sized patch has room for a billion mechanical nano-computers，with 99. 9 percent of the volume left over for other components.

In particular，this leaves room for an active structure. The middle layer of the suit material holds a three-dimensional weave of diamond-based fibers acting much like artificial muscle，but is able to push as well as pull. These fibers take up much of the volume and make the suit material as strong as steel. Powered by microscopic electric motors and controlled by nanocomputers，they give the suit material its supple（容易弯曲的）strength，making it stretch，contract，and bend as needed. The suit has no difficulty holding its shape in a vacuum; it has strength enough to avoid blowing up like a balloon. Likewise，it has no difficulty supporting its own weight resistance. This is one reason why it almost seems not to be there at all.

Your fingers feel almost bare because you feel the texture of what you touch. This happens because pressure sensors cover the suit's surface and active structure covers its linings（衬里）: the glove feels the shape of whatever you touch — and the detailed pattern of pressure it exerts — and transmits the same texture pattern to your skin. It also reverses the process，transmitting to the outside the detailed pattern of forces exerted by your skin on the inside of the glove. Thus the glove pretends that it isn't there，and your skin feels almost bare.

The suit has the strength of steel and the flexibility of your own body. If you rest the suit's controls，the suit continues to match your motions，but with a difference. Instead of simply transmitting the forces you exert, it amplifies them by a factor of ten. Likewise, when something brushes against you, the suit now transmits only a tenth of the force to the inside. You are now ready for a wrestling match with a gorilla.

The fresh air you breathe may not seem surprising; the backpack includes a supply of air and other consumables(消费品). Yet after a few days outside in the sunlight, your suit will not run out: like a plant, the suit absorbs sunlight and the carbon dioxide you exhale(呼出气、烟等), producing fresh oxygen. Also like a plant (or a whole ecosystem), it breaks down other wastes into simple molecules and reassembles them into the molecular patterns of fresh, wholesome food. In fact, the suit will keep you comfortable, breathing, and well fed almost anywhere in the inner solar system.

What is more, the suit is durable. It can tolerate the failure of numerous nanomachines because it also has so many others to take over the load. The space between the active fibers leaves room enough for assemblers and disassemblers(做拆卸工作的机器) to move about and repair damaged devices. The suit repairs itself as fast as it wears out. (980 words)

1. Wearing the spacesuit, __________.
   A. one can jump, walk and bend freely
   B. one feels that he is wearing nothing
   C. one will feel a little uncomfortable while stepping into the vacuum of space
   D. one's breath is a little difficult but the air is clean and fresh
2. Which of the following statements about the advanced spacesuit is NOT true? __________
   A. It is light and supple compared to the traditional one.
   B. It can repair itself.
   C. Stepping into it is all you need to do to put it on.
   D. It contains lots of nanomachines in it.
3. The middle layer of the advanced spacesuit __________.
   A. functions like artificial muscle
   B. is powered by microscopic electronic motors and controlled by many computers
   C. makes the suit not only soft, but also very strong and supple