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# ROBERT LACOSTE'S THE DARKER SIDE

Practical Applications for  
Electronic Design Concepts

- Step into the light! Tips, tricks, and know-how that enhance design performance
- Learn from the very best of Lacoste's *Circuit Cellar* columns
- Helps you understand the tougher engineering topics, from digital modulation to electromagnetic interference

Robert Lacoste

**CIRCUIT  
CELLAR**

*Robert Lacoste's the Darker Side*  
*Practical Applications for Electronic*  
*Design Concepts*

Robert Lacoste



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## Foreword

While I would like to tell a story about how *Circuit Cellar* magazine made Robert Lacoste into the respected authority on electronic engineering that he is today, I do not pride myself a thief. His success has been his own doing. I have never seen a man so skilled at his craft, yet so willing to work diligently to demystify what is often referred to as black magic electronics engineering. *Circuit Cellar* owes Robert its sincere gratitude for allowing its pages to be his venue of choice over the last several years.

Having acknowledged this, I must note that this book represents one of the finest examples of *Circuit Cellar*'s evolutionary success. I first became aware of Robert's work through his project submissions to *Circuit Cellar*'s embedded design contests. His résumé of contest success was so impressive, covering a wide range of expertise and knowledge of microcontrollers, that after nine contest entries and seven top-four placements (including one Grand Prize and multiple First Prizes), Robert became a third-party judge for future contests. The work of a design contest judge is grueling. Each project must be studied in tremendous detail and evaluated against a host of abstract and concrete design criteria. It's a job someone who cherishes the spirit of innovation in the design community. I know that Robert wears the title "*Circuit Cellar* Contest Judge" as badge of honor.

Robert quickly became a recurring feature contributor to *Circuit Cellar*'s magazine. Even his earliest contributions from over a decade ago reveal a drive for going above and beyond the requirements of the job. Robert was the teacher who cared about the student. His articles were the tools that would inspire everyone, from seasoned pros to design students.

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Robert's willingness to tackle the most difficult-to-understand topics in electronics engineering and his ability to demystify them through his writing and project examples, made it very easy for him to go even further in his *Circuit Cellar* evolution. He was welcomed aboard as a bi-monthly columnist in August 2007 and has since presented much-acclaimed pieces under the heading "The Darker Side." The feedback from readers has been extremely positive. It's a joy to hear from those with decades of experience in embedded development and discover how much they're learning. In "The Darker Side" column, *Circuit Cellar* readers have a resource for thought-provoking design concepts. In *Robert Lacoste's the Darker Side*, the book you now hold in your hands, the embedded design community has a collection that is truly worthy of any developer's library.

Thanks, Robert, for being a part of the *Circuit Cellar* evolution success story.

Steve Ciarcia  
*Founder/Editorial Director*  
*Circuit Cellar Magazine*

# *Preface*

An engineer always has the same difficult choice when placed in front of a new project. Is it better to rely on his knowledge and experience and to use solutions that he has already used somewhere else, or should he extend his knowledge and take a more risky route, meaning to learn and to try new and innovative techniques?

I call the first approach the “comfort zone” solution. It is of course a very reasonable one, and I hope it is the preferred method for most safety-critical systems designers. It is also the preferred method of project managers who know that the schedule will be less at risk. Staying in your comfort zone means that you probably will have no bad surprises. However, the downside is ... that you will never have good surprises. Your product will not become significantly better than your competitor's, its price will not go down drastically, and your sales will not double.

On the contrary, the innovative approach has downsides too, and nobody should deny or ignore them. You may find more difficulties than anticipated, or even the solution you have tried may appear purely inadequate for the specific project. More frequently, your schedule may be in jeopardy and you may have some difficulties with your management. However, if you are clever (or lucky), then impressive achievements are possible. You could end up with a really disruptive solution, providing either better performances, more flexibility, more features, or lower cost than existing solutions. This means that you will please your customers or boss. And even if you are not designing something that will change our lives completely, this also means that you will leave your small contribution to humanity.

Personally I think life is too short to stop learning. Of course risks must be mitigated, but I always ended up with a frustrating feeling when I was only staying in my comfort

zone. Honestly I spent the first fifteen years of my professional life in a quite schizophrenic mode. During working hours I managed huge technological projects in information technologies and telecommunications, meaning of course that I became farer and farer to technology and more and more reluctant to risks. To compensate I spent my nights developing innovative electronic devices as a hobbyist, using new techniques each time and especially focusing on things that I had never learned or tried. The design contests organized by *Circuit Cellar* were very helpful motivators to develop as impressive as possible solutions periodically!

Back in 2003 I decided that this life was not as optimal as possible, so I quit my last employer to launch my own consulting and design small company, ALCIOM. My goal was simply to bring the happiest part of my activities, meaning innovative design work, back into my daily time. It was a very fortunate decision. We are now working 70 percent for start-up companies who clearly ask us to use as innovative solutions as possible and 30 percent for large companies who are asking us to help them to go back to a start-up like approach. With my colleagues we are doing our best to keep the same spirit over the years, meaning we try to use new and innovative solutions in every project, even if it is only a small subpart of a project. This definitely increases our own comfort zone over time, makes us more proud of our lives, and we hope makes customers happier.

When Steve Ciarcia asked me to write a new bi-monthly column for *Circuit Cellar*, I immediately thought that the best idea would be to help readers go out of their own comfort zones. This means to present some of the lesser-known, more obscure aspects of electronic design, to highlight concepts too often perceived as expert-only subjects (if you read “analog” between these words, you will probably be right 90 percent of the time). I also wanted to explain what was really going on and to focus on application-oriented explanations and pragmatic tips rather than painful theory and math (although some equations may show up from time to time). The Darker Side column was born. As I got very positive feedback from readers, I continued with articles covering subjects from electromagnetic interferences to antennas, from digital filters to phase-locked loops, or from digital modulations to control systems.

This book is a collection of Darker Side columns. Because space constraints are easier in a book than in a magazine, I added plenty of additional examples and explanations, as well as a couple of exclusive chapters. Each chapter is nearly fully independent from

the others, so don't hesitate to jump directly to a specific section if you are in a hurry and have a short-term problem with the project on your desk. Two chapters deal with notions used in other sections, namely Chapter 1 on impedance matching and Chapter 6 on Fourier transform, so you'd better start with these two if you are not already fluent with these notions. You also will find some additional informations in the appendixes, in particular, appendix A gives you a tutorial on a tool that I used extensively throughout this book, namely SciLab.

Anyway even if the chapters are independent of each other, I still suggest that you take your time and read the book from start to finish, maybe jumping over chapters where you are already in your comfort zone. This would help you discover that some techniques could be useful for your next project, either if you don't already know what it is. Plus, this will help you reduce your own darker side. That's my target!

Finally, don't hesitate to contact me by email. The topic I'm presenting in this book was indeed out of my comfort zone no long ago, so I may be wrong or imprecise from time to time. Moreover you may also be able to reduce my remaining darker side!

## Acknowledgments

I would like to dedicate this book to all the people who helped me do what I love to do. They are really numerous, but here is a short list. To my father, who taught me how to solder my first transistor. To my mother, who supported my father and myself when we brought trashed TVs back home to dismount them in the living room. To Steve Ciarcia who didn't know at the time that I was reading every word of his articles from *Byte* magazine to *Circuit Cellar*, and especially as my first microcontroller-based project was built following one of his papers. To all the great *Circuit Cellar* team, who continuously encouraged me and helped me step by step to correct my Frenchy English. To the *Circuit Cellar* contest sponsors, who pushed me, as well as thousands of other engineers, to find new ideas and to make them work. To Elsevier, who pushed me to transform these materials into a book. To my colleagues at Alciom, who took the risk to join me in my consulting adventure. To our customers, who trusted us and gave us fantastic innovative projects to work on. And, of course, to my dear wife Isabelle and to our daughters Pauline and Adele, who patiently forgive my long nights spent with a soldering iron in hand or in front of my PC writing this book, rather than repairing the garage door.

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# **Part 1**

## *Impedance Concerns*

