BECOMING A PROFESSION

ANITA WOOLFOLK



EDUCATIONAL PSYCHOLOGY

NINTH EDITION

Educational Psychology

Ninth Edition

Anita Woolfolk

The Ohio State University



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Electronic Composition: OMEGATYPE TYPOGRAPHY, INC.

Text Design: John Walker

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Library of Congress Cataloging-in-Publication Data

Hoy, Anita Woolfolk

Educational psychology / Anita E. Woolfolk. — 9th ed.

p. cm.

Includes bibliographical references and index.

ISBN: 0-205-36692-9

1. Educational psychology. I. Title

LB1051.W74 2004 370.15—dc21

2002043764

Credits appear on page 669, which constitutes an extension of the copyright page.

Printed in the United States of America

10 9 8 7 6 5 4 3 2 07 06 05 04 03

Educational Psychology

In memory of my grandmother

Anita Marie Wieckert

1902–2002

She gave us all a century of wisdom.

Many of you reading this book will be enrolled in an educational psychology course as part of your professional preparation for teaching, counseling, speech therapy, or psychology. The material in this text should be of interest to everyone who is concerned about education and learning, from the nursery school volunteer to the instructor in a community program for adults with disabilities. No background in psychology or education is necessary to understand this material. It is as free of jargon and technical language as possible, and many people have worked to make this edition clear, relevant, and interesting.

Since the first edition of *Educational Psychology* appeared, there have been many exciting developments in the field. The ninth edition continues to emphasize the educational implications and applications of research on child development, cognitive science, learning, and teaching. Theory and practice are not separated, but are considered together; the text shows how information and ideas drawn from research in educational psychology can be applied to solve the everyday problems of teaching. To explore the connections between knowledge and practice, there are many examples, lesson segments, case studies, guidelines, and practical tips from experienced teachers. Throughout the text you will be challenged to think about the value and use of the ideas in each chapter, and you will see principles of educational psychology in action. Professors and students who used the first eight editions found these features very helpful. But what about the new developments?

New in the Ninth Edition

New Chapter: In this edition there is a new chapter on "Teaching for Self-Regulation, Creativity, and Tolerance." Educators are recognizing what parents have known for years—there is more to schooling than academics, and educational psychologists have quite a bit to say about these important nonacademic outcomes. This chapter looks at research on self-regulation and learning to learn, creativity and how to foster it, social—emotional learning and the development of life-coping skills, and finally, teaching for tolerance. The chapter examines cooperative learning, conflict resolution, and classroom communities. The next decade promises to challenge our ability to keep our schools both safe and compassionate. I hope this chapter will help new teachers meet these challenges.

New Topics: Over 430 new citations have been added to this edition to bring prospective teachers the most current information. Topics include the following:

- the brain and learning
- bullying and relational aggression
- working memory and implicit memory
- Section 504 accommodations
- diversity and giftedness
- culture and classroom management
- self-regulation

- goal theory
- culturally relevant pedagogy
- learning strategies
- social cognitive theory and self-efficacy
- problem-based learning and cooperative learning
- interest and emotions in learning

- self-schemas and motivation
- dealing with conflict and violence
- authentic assessment
- high-stakes testing

The Plan of the Book

The introductory chapter begins with you, the prospective teacher, and the questions you may be asking yourself about a teaching career. What is good teaching, and what does it take to become an excellent teacher? How can educational psychology help you to become such a teacher?

Part One, "Students" focuses on the learners. How do they develop mentally, physically, emotionally, and socially, and how do all these aspects fit together? Where do individual differences come from, and what do they mean for teachers? What does it mean to create a culturally compatible classroom, one that makes learning accessible to all students?

Part Two, "Learning and Motivation" looks at learning and motivation from three major perspectives—behavioral, cognitive, and constructivist—with an emphasis on the last two. Learning theories have important implications for instruction at every level. Cognitive research is particularly vital right now and promises to be a wellspring of ideas for teaching in the immediate future.

Part Three, "Teaching" examines how to create learning environments and, then, how to teach, both for academic learning and for self-regulation, creativity, and tolerance. The material in these chapters is based on the most recent research in *real* classrooms.



Part Four, "Assessing" examines many types of testing and grading, providing a sound basis for determining how well students have learned.

Aids to Understanding

At the beginning of each chapter you will find an **Outline** of the key topics with page numbers for quick reference. Then you are confronted with the question "What would you do?" about a real-life classroom situation related to the information in the chapter. By the time you reach the end of the chapter, you should have even more ideas about how to solve the problem raised, so be alert as you read. The chapter then begins with a quick **Overview** along with a list of **Questions** to focus your thinking about the upcoming pages.

Within the chapter, headings point out themes, questions, and problems as they arise, so you can look up information easily. These can also serve as a quick review of important points. When a new term or concept is introduced, it appears in boldface type along with a brief margin definition. These **Key Terms** are also defined in a newly designed **Summary Table** at the end of each chapter. After every major section of the chapter, **Check Yourself** questions ask you to review and apply your knowledge. Can you answer these questions? If not, you might reexamine the material. Throughout the book, graphs, tables, photos, and cartoons have been chosen to clarify and extend the text material—and to add to your enjoyment.

Each chapter ends with a *Summary* of the main ideas and terms keyed to the *Check Yourself* questions in each main heading. This *Summary* is an excellent resource for study and review.

Text Features

As in the previous editions, chapters in the ninth edition include **Guidelines**, the **Teachers' Casebook**, and **Point/Counterpoints**.

Guidelines

An important reason for studying educational psychology is to gain skills in solving classroom problems. Often, texts give pages of theory and research findings but little assistance in translating theory into practice. This text is different. Included in every chapter after the first one are several sets of *Guidelines*. These are teaching tips and practical suggestions based on the theory and research discussed in the chapter. Each suggestion is clarified by two or three specific examples. Although the *Guidelines* cannot cover every possible situation, they do provide a needed bridge between knowledge and practice and should help you transfer the text's information to new situations. In addition, every chapter after the first has one set of *Guidelines* that focuses on *Family and Community Partnerships*—an area of growing importance today.

Teachers' Casebook: What Would You Do? What Would They Do?

This highly acclaimed and popular feature from the first eight editions is back. At the end of each chapter, master teachers from all over the country, including many Teacher of the Year award winners, as well as teachers from around the world, offer their own solutions to the problem you encountered at the beginning of each chapter. *Teachers' Casebook: What Would They Do?* gives you insights into the thinking of expert teachers and allows you to compare their solutions to the ones you came up with. Their ideas truly show educational psychology at work in a range of everyday situations. The *Teachers' Casebook* brings to life the topics and principles discussed in each chapter.

Point/Counterpoint

In every chapter, a debate called *Point/ Counterpoint* examines two contrasting perspectives on an important question or controversy related to research or practice in educational psychology; issues such as inclusion, tracking, "paying" kids to learn, zero-tolerance, and character education are examples. Many of the topics considered in these *Point/Counterpoints* have "made the news" recently and are central to the discussions of educational reformers. NEW to this edition are video connections between Point/Counterpoint topics and the *ABC News/Allyn & Bacon Video: Point/Counterpoint*, which provide news clips from ABC's premier news shows.

Chapter 1 What Is Good Teaching? Chapter 2 Brain-Based Education

Chapter 3 What Should Schools Do to Encourage Students'

Self-Esteem?



Chapter 4 Is Tracking an Effective Strategy? Do Boys and Girls Learn Differently? Chapter 5 Should Students Be Rewarded for Learning? Chapter 6 What's Wrong with Memorizing? Chapter 7 Should Students Be Allowed to Use Calculators and Spell-Checkers? Chapter 8 Should Schools Teach Critical Thinking and Problem Solving? Chapter 9 Does Making Learning Fun Make for Good Learning? Chapter 10 Is Zero Tolerance a Good Idea? Chapter 11 Is Homework a Valuable Use of Time? Chapter 12 Should Schools Teach Character and Compassion? Chapter 13 Should Tests Be Used to Hold Teachers Accountable? Chapter 14 Which is Better-Traditional or Authentic Tests? Chapter 15

CONNECT & EXTEND

CONNECT & EXTEND

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Raw Score/Number Correct: Unde number Ken got right. If there got 5 of them right, his raw sco

Connect and Extend

Connect and Extend features appear in the margins several times throughout each chapter, linking content to teaching, research, professional journals, students' thinking and prior knowledge, students' teaching philosophy, and to other chapters in the book.

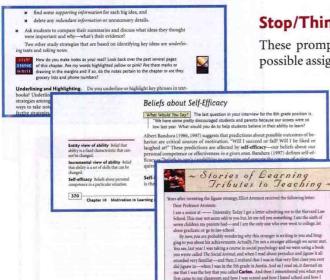
NEW to this edition are Connect and Extend to Your Teaching Portfolio, and Connect and Extend to PRAXIS™.

New Text Features

nd and how I hated school and how

inst came to our classroom and how I was scared and how I was a strong and diffi know anything. And you came inwhen I read your book—you were very tall—about 16 sfeets
sent and you were fromy and made us all laugh.
And, most important, when we started to do work in jugan
that I want I really that stupid, and the kind i thought were criterials and the teachest act of friendly and note to me and I as and I began to love to learn things and now I'm about to go to
Soo must get a low of letters like the but I decided to with

In addition to these popular features from previous editions, I have added several new elements to every chapter: These features will help you really connect with the knowledge in educational psychology—understanding the information now and also recognizing its value for your future.



Stop/Think/Write

These prompts provide "minds-on" experiences. They are connected to possible assignments such as interactive journals. The Companion Website

> allows students to jot down their responses to these prompts and email them to their instructor.

What Would You Say?

Two or three times in every chapter, you are asked how you would answer possible job interview questions based on the text material. These questions were suggested by practicing principals and superintendents around the country.

Stories of Learning/Tributes to Teaching

Every chapter contains a brief story about how a real teacher made a difference in the life of a student. My daughter, a 3rd grade teacher, recently got a phone call from the parents of a former student. The young girl was not expected to live and had asked for Kelly—one of only two people she wanted to see.

The good news is that the girl received a heart transplant and is doing well. The other good news is that her teacher was and is a central part of her life. Each chapter in this book has a story of learning that demonstrates the importance of teachers like Kelly.

Reaching Every Student

Chapter 12

Chapter 13

Chapter 14

In every chapter, this feature provides ideas for assessing, teaching, and motivating all of the students in today's classroom. Some describe teaching strategies to reach students with learning problems. Some explain ways of using technology to reach every student. Others present creative ways to teach complex concepts.

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Chapter I	Creativity in an Urban School
Chapter 2	Scaffolding Learning
Chapter 3	Safety on the Internet
Chapter 4	Higher-Order Comprehension and Severe Learning
	Disabilities
Chapter 5	Recognizing Giftedness in Bilingual Students
Chapter 6	Students with Learning and Behavior Problems
Chapter 7	A Picture and a Few Hundred Words
Chapter 8	Teaching Them How to Learn
Chapter 9	Lunch Learning
Chapter 10	Bounded Choice
Chapter 11	Culturally Relevant Management

Resource Rooms, Collaborative Consultation,

Chapter 15 Using Technology to Recognize Improvement

and Cooperative Teaching

Accommodations in Testing

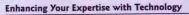
Learning to Listen

Enhancing Your Expertise with Technology: Professional Development

One section in every chapter describes how to use the World Wide Web to continue learning after you have completed the course and throughout your teaching career; it includes carefully chosen websites and guidance for using them. As a teacher, your education never ends, and with the resources of the Web, you can stay current. This text gives you an excellent library of professional development resources.

Chapter I	Professional Development
Chapter 2	Language and Literacy Development
Chapter 3	Emotional and Social Development
Chapter 4	Learning about Learning Disabilities
Chapter 5	Teaching Every Student
Chapter 6	Self-Regulation
Chapter 7	Memory Techniques
Chapter 8	Problem Solving
Chapter 9	Thinking Skills
Chapter 10	Motivation to Learn





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es that underst face as a result of the nation's demotish changes. Five-vox old furnal, who qualified for the binch program, told his teacher that he could cat on other to me of ferring in the chopol cateria that days usuage panches or deli un's sandwich—because of religious man. The teacher contracted the afterias manager. The sager said that no accommodations could be made besure means that the accommodations could be made bekers remarked that "they" should dearn to eat what "we' "The internest teacher finally reacher the school district icians, who resolved the dispute by pointing out that the in" in the disit shouldness has study morely have that also considered that "they are the study have that also considered that "they are the study have that the could be considered that the study have that they considered that they are the study have that they considered that they are the study have that they considered that they are the study have that they considered the study have the study have that they considered the study have the study have that they are the study have the study have the study have the study that they are the study have the study have the study have the study that the study have the study have the study have the study that the study have the study have the study have the study that the study have the study have the study have the study that the study have the study have the study have the study that the study have the study have the study have the study that the study have the study have the study have the study that the study have the study have the study have the study have the study that the study have the study have the study have the study have the study that the study have the study have the study have the study have the study that the study have the study have the study have the study have the study that the study have the study have the study have the study have the study that the study have the study that the study have

At the nation's senior population continues to duracyincidents like this one (and others far less easily resolved) will certainly arise more and more often. Teachers with expertise about and respect for cultural differences will be able to face these challenges in ways that help students experience genuine acceptance by the school community, leading to increased ethnic prife and motivation to succeed in school.

creased ethnic pride and motivation to succeed in school
The Southern Powerty Law Center sponsors the Teach
Tolerance education project (www.tolerance.org) that he
"teachers foster equity, respect and understanding in
classroom and beyond." Its major concern is fair treatm

of all people regardless of religious affiliation, gender, racc age, ethnicity, sexual orientation, or physical status. Teachin Tolerance takes a comprehensive approach to achievement of that goal. Here you will find information and resource including:

- classroom lesson p
- activities to foster teacher self-refl tolerance.
- a teacher's forum to share ideas about fosterin
- tolerance in the classroom.

 audelines and tips for responding to intolera
- incidents inside the school, and
- Perhaps Traching Tolerance's most interesting—as well as unsettling—feature is its set of Implicit Association Tests (IAT) that measure unconacious bias. Then tests might referyou some insight tony our own possible indiched bases about race, homosexuality, ags, gender, and body image. Teschersiance, of course, cannot create an atmosphere of equity and respect. The aponessor of Teaching Tolerance also provide renreconsus resources to range purerses and undensi in effects to foster tolerance and equity. See what you think of this stee. You may very well find in the most disturbing, but useful aims.

Chapter 11 Classroom Management
Chapter 12 Questioning Techniques
Chapter 13 Cooperative Learning
Chapter 14 Standardized Testing
Chapter 15 Assessment



Becoming a Professional

At the end of every chapter, beginning with Chapter 2, is a section called "Becoming a Professional" that gives you guidance for developing a personal study guide for *Passing the PRAXIS* $,^{\text{TM}}$ or other professional *Licensure Tests* you may be required to take. Marginal notes also direct your attention to material that will be very important in passing licensure examinations. In addition, in *Becoming a Professional*, you will see tips for organizing a professional *Teaching Portfolio* and developing a *Resource File* for your future classrooms.

Standards and Licensure Appendix: Praxis II™ and INTASC

You can refer to this Appendix at the end of the book for detailed correlations to PRAXIS II exam topics addressed in the 9th edition of the text.

Student Supplements

Study Guide Designed to help students master the material in the text, the Study Guide includes concept maps, case study applications, lists of key points, exercises with key terms and concepts, practice tests, and explanations of why answers are correct.

Companion Website Students who visit the Companion Website that accompanies the text (ablongman.com/woolfolk) will find many features and activities to help them in their studies: web links and journaling activities; practice tests; an interactive glossary; and vocabulary flash cards. The website features an extended "Teacher's Casebook" with additional audio, video, and text-based cases and activities. The site also contains examples of classroom work created by children in many content areas. Students will be able to assess these artifacts by linking to the discussion and ideas from the main text.

CD Connection to the "Becoming a Professional" Website A new CD-ROM at the back of the text acts as a launcher to the "Becoming a Professional" website. Connected to the text feature of the same name, the website is a tool to help students succeed in the classroom and beyond. The website will help students prepare for teacher certification exams, get their first job, and perform that job well from the first day forward. In addition, the CD-ROM builds on the Appendix in the text by featuring an invaluable set of weblinks correlated to each part of the PRAXIS II™ PLT licensure exam.

VideoWorkshop for Educational Psychology: A Course-Tailored Video Learning System www.ablongman.com/videoworkshop is a new way to bring video into

your course for maximized learning! This total teaching and learning system includes quality video footage on an easy-to-use CD-ROM plus a Student Learning Guide and an Instructor's Teaching Guide—both with textbook-specific Correlation Grids. The result? A program that brings textbook concepts to life with ease and that helps your students understand, analyze, and apply the objectives of the course. VideoWorkshop is available for your students as a value-pack option with this textbook.

PRAXIS™ Guide Provides information about the PRAXIS II™ tests, which many states require for student certification. The Guide features ten case histories with a series of multiple-choice and short-answer questions echoing those in the actual PRAXIS™ exams.

Research Navigator™ Allyn & Bacon's new Research Navigator™ is the easiest way for students to start a research assignment or research paper. Complete with extensive help on the research process and three exclusive databases of credible and reliable source material including EBSCO's ContentSelect Academic Journal Database, *New York Times* Search by Subject Archive, and "Best of the Web" Link Library, Research Navigator™ helps students quickly and efficiently make the most of their research time.

iSearch: Education This free reference guide includes tips, resources, activities, and URLs to help students use the Internet for their research projects. The first part introduces students to the basics of the Internet and the World Wide Web. The second part includes over thirty Net activities that tie into the content of the text. The third part lists hundreds of education-specific Internet resources. The guide also includes information on how to correctly cite research, and a guide to building an online glossary.

Instructor Supplements

Instructor's Resource Manual The Instructor's Resource Manual includes many ideas and activities to help instructors teach the course. For each chapter it provides: teaching outline, learning objectives, learning activities and handouts (including technology activities and activities for field experiences), discussion questions, and video/Internet resources.

Assessment Package Contains hundreds of challenging questions in multiple-choice, fill-in-the-blank, true/false, short-answer, and case study formats, along with a detailed answer key.

Computerized Test Bank The printed Test Bank is also available electronically through our computerized testing system: TestGen EQ. Instructors can use TestGen EQ to create exams in just minutes by selecting from the existing database of questions, editing questions, or writing original questions.

PowerPoint[™] **Presentation** Ideal for lecture presentations or student handouts, the PowerPoint presentation created for this text provides dozens of ready-to-use graphic and text images (available on the Web at ablongman.com/ppt).

ABC News/Allyn & Bacon Video: Point/Counterpoint Containing fifty minutes of ABC News clips from ABC's premier news shows, the video provides a starting point to discuss the issues raised in the *Point/Counterpoint* feature of the main text. An accompanying instructor's guide outlines teaching strategies and provides discussion questions to use with the clips.

Classroom Insights IV Video This two-hour video contains classroom footage illustrating key concepts from *Educational Psychology*.

Allyn & Bacon Transparencies for Educational Psychology IV This updated package includes over 150 full-color acetates.

Digital Media Archive for Education This CD-ROM contains a variety of media elements that instructors can use to create electronic presentations in the classroom. It includes hundreds of original images, as well as selected art from Allyn & Bacon educational psychology texts, providing instructors with a broad selection of graphs, charts, and tables. For classrooms with full multimedia capability, it also contains video segments and Web links.

Student and Instructor Responses You are invited to respond to any aspect of this text. We welcome your feedback. You may wish to criticize the solutions in the *Teachers' Casebook*, for example, or suggest topics or materials you think should be added to future editions. We would also like to know what you think of the text features and student supplements. Please send letters to:

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Acknowledgments

During the years I have worked on this book, from initial draft to this most recent revision, many people have supported the project. Without their help, this text simply could not have been written.

Many educators contributed to this project. Carol Weinstein wrote the section in Chapter 11 on spaces for learning. Gypsy Denzine (Northern Arizona University) is responsible for the *Assessment Package* and the answer feedback material that accompanies each item. The *Instructor's Resource Manual* and *PowerPoint™ Presentation* were created by Angela O'Donnell (Rutgers University) and the *Study Guide*, by Emilie Johnson (Lindenwood University). The *Companion Website* was created by Richard Giaquinto (St. Francis College) and the *Becoming a Professional* website was created by Mitchell Klett (University of Idaho). The features in every chapter, *Enhancing Your Expertise with Technology*, the *Passing the PRAXIS*, the marginal notes, and the *Appendix on PRAXIS* all were developed by James O'Kelly (Rutgers University). Chapter 7 benefited from the comments of Philip Winne, Nancy Perry, and Angela O'Donnell. Several of the *What Would You Say?* questions were suggested by Dr. Michael DiPaola, former Superintendent of Schools, Pitman, New Jersey (College of William and Mary), Dr. Harry Galinsky, former Superintendent of Schools, Paramus, New Jersey, and Andrea Wong, Principal, Hillside Elementary School, Needham, Massachusetts.

My writing was guided by extensive and thoughtful reviews from the following individuals:

REBECCA P. COLE, Northern Arizona University

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As I made decisions about how to revise this edition, I benefited from the ideas of professors around the country who took the time to complete surveys and answer my questions. Thanks to:

J. Olin Campbell, Brigham Young University
Gypsy M. Denzine, Northern Arizona University
M. Arthur Garmon, Western Michigan University
Tom Kubiszyn, University of Texas—Austin
Pamela Manners, Troy State University
Elizabeth Reynolds, University of Idaho
Catherine Rivoira, East Carolina University
Susan Rogers, Columbus State Community College
Charles Jeffrey "Jeff" Sandoz, University of Louisiana—Lafayette
Marvin Seperson, Nova Southeastern University
Anuradhaa Shastri, SUNY Oneonta
Gaby van der Giessen, Fairmont State College
Bettie Willingham, Barton College

Many classroom teachers across the country and around the world contributed their experience, creativity, and expertise to the *Teachers' Casebook*. I have thoroughly enjoyed my association with these master teachers, and I am grateful for the perspective they brought to the book.

William Rodney Allen Louisiana School for Math, Science,

and the Arts

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Spring, Texas

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Jasper, Georgia

Keith J. Boyle

Dunellen High School

Dunellen, NJ

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Needham, Massachusetts

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Lake Forest, California

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Meadowbrook Elementary School

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York Beach, ME Aimee Fredette

Fisher Elementary School Walpole, Massachusetts

Pam Gaskill

Riverside Elementary School

Dublin, Ohio Sandra Gill

Hudson Middle School Hudson, New York

Linda Glisson

St. James Episcopal Day School Baton Rouge, Louisiana

Carol Grosberg Bates School

Wellesley, Massachusetts

Jolita Harper

Weinland Park Elementary

School Columbus, Ohio Jeff D. Horton Colton School Colton, Washington

Kelly L. Hoy

Faber Elementary School Dunellen, New Jersey

Sue Middleton

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Ponam Primary School

Manus Island, Papua New Guinea

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Quincy, Massachusetts

Carey Perkson Brown School Natick, Massachusetts

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West Park School Moscow, Idaho Denise Ready

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Treasure Mountain Middle School

Park City, Utah Suzi E. Young York Middle School York, Maine

In a project of this size so many people make essential contributions. Robert Tonner, Permissions Coordinator, worked diligently to obtain permissions for the material reproduced in this text and the supplements. The text designer, John Walker, and cover coordinator, Linda Knowles, made the look of this book the best yet. They make it seem easy to produce a beautiful book—it isn't. Kathy Smith, Project Manager, routinely performed minor miracles and held all aspects of the project in her wonderfully ordered and intelligent mind. Beth Houston, Production Administrator,

and Elaine Ober, Production Manager, coordinated all aspects of the project, with amazing skill and grace. Somehow they brought sanity to what could have been chaos and fun to what might have been drudgery. Now the book is in the able hands of Tara Whorf, Marketing Manager, Amy Cronin Jordan, Executive Marketing Manager, Kate Conway, Director of Advertising, and their staff. I can't wait to see what they are planning for me now! What a talented and creative group—I am honored to work with them all.

On this edition, I was privileged to work with an outstanding editorial group, Nancy Forsyth, President of Allyn and Bacon, and Paul A. Smith, Vice President, Editor-in-Chief. Their intelligence, creativity, sound judgment, style, and enduring commitment to quality can be seen on every page of this text. They will always have my deepest respect and enduring friendship. I would keep writing forever just to work with them. Audrey Beth Stein, Editorial Assistant, kept everything running smoothly and kept my fax machine and e-mail humming. On this edition I was fortunate again to have the help of Alicia Reilly, an outstanding developmental editor with the perfect combination of knowledge and organizational ability. Once again, she guided this revision in all its many aspects, always staying just ahead of whatever had to happen next, communicating with people around the world—remarkable! The excellent pedagogical supports would not exist without her tireless efforts. The extensive supplements package that accompanies this book was coordinated, with seeming effortlessness, by Tom Jefferies, Associate Editor.

Finally, I want to thank my family and friends for their kindness and support during the long days and nights that I worked on this book. To my family, Marion, Bob, Eric, Suzie, Elsie, Liz, Wayne K., Kelly, Tom, and Mike—you are the greatest.

And finally, to Wayne Hoy, my friend, colleague, inspiration, passion, husband—you are simply the best.

Anita Woolfolk Hoy

1

Teacher's Casebook: What Would You Do? I

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What Is Good Teaching? 4

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and Improve Teaching

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