

全国1001所高校学子的明智选择

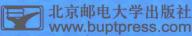
全国大学英语四级考试 历年真题必练(笔试+听力)

全国大学英语编

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实战真题是考试过关的捷径 (含关键考点点评)





全国大学英语四级考试历年真题必练

(笔试+听力)

全国大学英语等级考试命题研究组 编写

北京邮电大学出版社

内容简介

本书严格按照《大学英语四级考试大纲》编写,本书包括9套最新的大学英语四级考试真题,再现考试场景,给考生提供9次实战演练机会。特别需要指出的是,本书每套试卷后均配有应试捷径,方便考生快速重温重点难点,迅即提高应试能力!

本书配有光盘,配书光盘中提供12套真题的听力原文。

本书可供参加大学英语四级考试的考生复习使用,特别适合考前冲刺使用,同时也非常适合相关考试培训 班用作培训教材。

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前 言

大学英语四级考试是全国范围内应试考生人数最多、规模最大、最具有影响力的权威性国家级英语类教学考试,很多企事业单位都把获得大学英语四级考试证书作为人事考核、人才招聘、职称晋升的评定条件之一。大学英语四级考试的历年真题具有极强的规律性和重复性,通过研究我们发现一个惊人的事实:几乎每年都有2~3题是以前考过的真题,约有72%是雷同的考点,有变化的新考题仅仅有约9%!也就是说,只要把考过的真题都会做,就能轻松获过关!

本书由考卷和配套 MP3 光盘组成,其中考卷部分包括 12 套最新笔试真题+试题详细解析+应试捷径。配套 MP3 光盘部分包括 12 真题听力部分的原文。

本书有如下特色:

- (1) 真题套数多。本书有9套最新真题,供考题全面复习与突破过关。
- (2) 答案解析,详略得当:试卷不仅给出了参考答案,且一一予以解题分析,突出重点、难点,详略得当,力求通过解析的学习,强化理解、记忆。
- (3) 每套试题解析最后附有应试捷径。同类图书一般是"试卷十解析"的风格,我们根据培训老师的实际培训经验,在每套试卷解析最后加了"应试捷径",对本套试卷中难点、重点进行剖析,使考生能达到举一反三功效;对重点考点进行链接,使考生重温了相关知识点,备考更有信心。
- (4) 装帧特独,便于使用。每套试题按"试卷+解析+应试捷径"装成一份,非常适合考生每份试题按"练、学、查"方式实战,而且充分考虑到培训班的特点,方便教学使用。
- (5)作者实力强。作者团队系从事大学英语四级考试近 10 年的辅导、培训、命题、阅卷及编写之经验,有较高的权威性,图书质量有保障。

本书由刘梦莹、丁婷、石华贞主编,参与编写与考试研究、光盘制作的人员有:江梅、陈海燕、杜兰、薛英、屠强、张石磊、李为健、赵明明、吴远、刘英英、吴涛涛、赵梨花、王珊珊、何光明、陈智、赵传申。

本书可供参加大学英语四级考试的考生复习使用,特别适合考前冲刺使用,同时也非常适合相关考试培训班用作培训教材。如遇到疑难问题,可通过以下方式与我们联系: bjbaba@263. net。

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2010年12月全国大学英语四级考试真题

Part I Writing (30 minutes)

Directions: For this part, you are allowed 30 minutes to write a short essay entitled *How Should Parents Help Children to Be Independent?* You should write at least 150 words following the outline given below.

- 1. 目前不少父母为孩子包办一切
- 2. 为了让孩子独立,父母应该……

How Should Parents Help Children to Be Independent?

Part II Reading Comprehension (Skimming and Scanning) (15 minutes)

Directions: In this part, you will have 15 minutes to go over the passage quickly and answer the questions on Answer Sheet 1. For questions 1-7, choose the best answer from the four choices marked [A], [B], [C] and [D]. For questions 8-10, complete the sentences with the information given in the passage.

A Grassroots Remedy

Most of us spend our lives seeking the natural world. To this end, we walk the dog, play golf, go fishing, sit in the garden, drink outside rather than inside the pub, have a picnic, live in the suburbs, go to the seaside, buy a weekend place in the country. The most popular leisure activity in Britain is going for a walk. And when joggers (慢跑者) jog, they don't run the streets. Every one of them instinctively heads to the park or the river. It is my profound belief that not only do we all need nature, but we all seek nature, whether we know we are doing so or not.

But despite this, our children are growing up nature-deprived (丧失). I spent my boyhood climbing trees on Streatham Common, South London. These days, children are robbed of these ancient freedoms, due to problems like crime, traffic, the loss of the open spaces and odd new perceptions about what is best for children, that is to say, things that can be bought, rather than things that can be found.

The truth is to be found elsewhere. A study in the US: families had moved to better housing and the children were assessed for ADHD — attention deficit hyperactivity disorder (多动症). Those whose accommodation had more natural views showed an improvement of 19%; those who had the same improvement in material surroundings but no nice view improved just 4%.

A study in Sweden indicated that kindergarten children who could play in a natural environment had less illness and greater physical ability than children used only to a normal playground. A US study suggested that when a school gave children access to a natural environment, academic levels were raised across the entire school.

Another study found that children play differently in a natural environment. In playgrounds, children create a hierarchy (等级) based on physical abilities, with the tough ones taking the lead. But when a grassy area was

planted with bushes, the children got much more into fantasy play, and the social hierarchy was now based on imagination and creativity.

Most bullying (恃强凌弱) is found in schools where there is a tarmac (柏油碎石) playground; the least bullying is in a natural area that the children are encouraged to explore. This reminds me unpleasantly of Sunnyhill School in Streatham, with its harsh tarmac, where I used to hang about in corners fantasising about wildlife.

But children are frequently discouraged from involvement with natural spaces, for health and safety reasons, for fear that they might get dirty or that they might cause damage. So, instead, the damage is done to the children themselves; not to their bodies but to their souls.

One of the great problems of modern childhood is ADHD, now increasingly and expensively treated with drugs. Yet one study after another indicates that contact with nature gives huge benefits to ADHD children. However, we spend money on drugs rather than on green places.

The life of old people is measurably better when they have access to nature. The increasing emphasis for the growing population of old people is in quality rather than quantity of years. And study after study finds that a garden is the single most important thing in finding that quality.

In wider and more difficult areas of life, there is evidence to indicate that natural surroundings improve all kinds of things. Even problems with crime and aggressive behaviour are reduced when there is contact with the natural world.

Dr William Bird, researcher from the Royal Society for the Protection of Birds, states in his study, "A natural environment can reduce violent behaviour because its restorative process helps reduce anger and impulsive behaviour." Wild places need encouraging for this reason, no matter how small their contribution.

We tend to look on nature conservation as some kind of favour that human beings are granting to the natural world. The error here is far too deep; not only do humans need nature for themselves, but the very idea that humanity and the natural world are separable things is profoundly damaging.

Human beings are a species of mammals (哺乳动物). For seven million years they lived on the planet as part of nature. Our ancestral selves miss the natural world and long for contact with non-human life. Anyone who has patted a dog, stroked a cat, sat under a tree with a pint of beer, given or received a bunch of flowers or chosen to walk through the park on a nice day, understands that,

We need the wild world. It is essential to our well-being, our health, our happiness. Without the wild world we are not more but less civilised. Without other living things around us we are less than human.

Five ways to find harmony with the natural world.

Walk: Break the rhythm of permanently being under a roof. Get off a stop earlier, make a circuit of the park at lunchtime, walk the child to and from school, get a dog, feel yourself moving in moving air, look, listen, absorb.

Sit: Take a moment, every now and then, to be still in an open space. In the garden, anywhere that's not in the office, anywhere out of the house, away from the routine. Sit under a tree, look at water, feel refreshed, ever so slightly renewed.

Drink: The best way to enjoy the natural world is by yourself; the second best way is in company. Take a drink outside with a good person, a good gathering; talk with the sun and the wind with birdsong for background.

Learn: Expand your boundaries. Learn five species of bird, five butterflies, five trees, five bird songs. That way, you see and hear more: and your mind responds gratefully to the greater amount of wildness in your life.

Travel: The places you always wanted to visit: by the seaside, in the country, in the hills. Take a weekend break, a day-trip, get out there and do it: for the scenery, for the way through the woods, for the birds, for the bees. Go somewhere special and bring specialness home. It lasts forever, after all.

注	意:此部分试题请在答题卡1上作答。
1.	What is the author's profound belief?
	[A] People instinctively seek nature in different ways.
	[B] People should spend most of their lives in the wild.
	[C] People have quite different perceptions of nature.
	[D] People must make more efforts to study nature.
2.	What does the author say people prefer for their children nowadays?
	[A] Personal freedom.
	[B] Things that are natural.
	[C] Urban surroundings.
	[D] Things that are purchased.
3.	What does a study in Sweden show?
	[A] The natural environment can help children learn better.
	[B] More access to nature makes children less likely to fall ill.
	[C] A good playground helps kids develop their physical abilities.
	[D] Natural views can prevent children from developing ADHD.
4.	Children who have chances to explore natural areas
	[A] tend to develop a strong love for science
	[B] are more likely to fantasise about wildlife
	[C] tend to be physically tougher in adulthood
	[D] are less likely to be involved in bullying
5.	What does the author suggest we do to help children with ADHD?
	[A] Find more effective drugs for them.
	[B] Provide more green spaces for them.
	[C] Place them under more personal care.
	[D] Engage them in more meaningful activities.
6.	In what way do elderly people benefit from their contact with nature?
	[A] They look on life optimistically.
	[B] They enjoy a life of better quality.
	[C] They are able to live longer.
	[D] They become good-humoured.
7.	Dr William Bird suggests in his study that
	[A] humanity and nature are complementary to each other
	[B] wild places may induce impulsive behaviour in people
	[C] access to nature contributes to the reduction of violence
	[D] it takes a long time to restore nature once damaged
	It is extremely harmful to think that humanity and the natural world can be
	The author believes that we would not be so civilised without
10). The five suggestions the author gives at the end of the passage are meant to encourage people to see
	with the natural world.

Part II Listening Comprehension (35 minutes)

Section A

Directions: In this section, you will hear 8 short conversations and 2 long conversations. At the end of each

conversation, one or more questions will be asked about what was said. Both the conversation and the questions will be spoken only once. After each question there will be a pause. During the pause, you must read the four choices marked [A], [B], [C] and [D], and decide which is the best answer. Then mark the corresponding letter on Answer Sheet 2 with a single line through the centre.

注意:此部分试题请在答题卡2上作答。

- 11. [A] The man should visit the museums.
 - [B] She can't stand the hot weather.
 - [C] The beach resort is a good choice.
 - [D] She enjoys staying in Washington.
- 12. [A] Her new responsibilities in the company.
 - [B] What her job prospects are.
 - [C] What the customers' feedback is.
 - [D] The director's opinion of her work.
- 13. [A] Combine her training with dieting.
 - [B] Repeat the training every three days.
 - [C] Avoid excessive physical training.
 - [D] Include weightlifting in the program.
- 14. [A] When she will return home.
 - [B] Whether she can go by herself.
 - [C] Whether she can travel by air.
 - [D] When she will completely recover.
- 15. [A] The woman knows how to deal with the police.
 - [B] The woman had been fined many times before.
 - [C] The woman had violated traffic regulations.
 - [D] The woman is good at finding excuses.
- 16. [A] Switch off the refrigerator for a while.
 - [B] Have someone repair the refrigerator.
 - [C] Ask the man to fix the refrigerator.
 - [D] Buy a refrigerator of better quality.
- 17. [A] He owns a piece of land in the downtown area.
 - [B] He has got enough money to buy a house.
 - [C] He can finally do what he has dreamed of.
 - [D] He is moving into a bigger apartment.
- 18. [A] She is black and blue all over.
 - [B] She has to go to see a doctor.
 - [C] She stayed away from work for a few days.
 - [D] She got hurt in an accident yesterday.

Questions 19 to 21 are based on the conversation you have just heard.

- 19. [A] She was a bank manager.
 - [B] She was a victim of the robbery.
 - [C] She was a defence lawyer.
 - [D] She was a witness to the crime.
- 20. [A] A tall man with dark hair and a moustache.
 - [B] A youth with a distinguishing mark on his face.
 - [C] A thirty-year-old guy wearing a light sweater.
 - [D] A medium-sized young man carrying a gun.

- 21. [A] Identify the suspect from pictures.
 - [B] Go upstairs to sign some document.
 - [C] Have her photo taken for their files.
 - [D] Verify the record of what she had said.

Questions 22 to 25 are based on the conversation you have just heard.

- 22. [A] By reading a newspaper ad.
 - [B] By seeing a commercial on TV.
 - [C] By listening to the morning news.
 - [D] By calling an employment service.
- 23. [A] She could improve her foreign languages.
 - [B] She could work close to her family.
 - [C] She could travel overseas frequently.
 - [D] She could use her previous experiences.
- 24. [A] Taking management courses.
 - [B] Teaching English at a university.
 - [C] Working as a secretary.
 - [D] Studying for a degree in French.
- 25. [A] Prepare for an interview in a couple of days.
 - [B] Read the advertisement again for more details.
 - [C] Send in a written application as soon as possible.
 - [D] Get to know the candidates on the short list.

Section B

Directions: In this section, you will hear 3 short passages. At the end of each passage, you will hear some questions. Both the passage and the questions will be spoken only once. After you hear a question, you must choose the best answer from the four choices marked [A], [B], [C] and [D]. Then mark the corresponding letter on Answer Sheet 2 with a single line through the centre.

注意:此部分试题请在答题卡2上作答。

Passage One

Questions 26 to 29 are based on the passage you have just heard.

- 26. [A] They cannot see the firefighters because of the smoke.
 - [B] They do not realize the danger they are in.
 - [C] They cannot hear the firefighters for the noise.
 - [D] They mistake the firefighters for monsters.
- 27. [A] He travels all over America to help put out fires.
 - [B] He often teaches children what to do during a fire.
 - [C] He teaches Spanish in a San Francisco community.
 - [D] He provides oxygen masks to children free of charge.
- 28. [A] He saved the life of his brother choking on food.
 - [B] He rescued a student from a big fire.
 - [C] He is very good at public speaking.
 - [D] He gives informative talks to young children.
- 29. [A] Firefighters play an important role in America.
 - [B] Kids should learn not to be afraid of monsters.
 - [C] Carelessness can result in tragedies.

31. [A] They may have to continue to work in old age. [B] They may regret the time they wasted. [C] They may have nobody to depend on in the future. [D] They may have fewer job opportunities. 32. [A] Making wise use of your time. [B] Enjoying yourself while you can. [C] Saving as much as you can. [D] Working hard and playing hard. Passage Three Questions 33 to 35 are based on the passage you have just heard. 33. [A] Hardworking students being accused of cheating. [B] Boy students being often treated as law-breakers. [C] Innocent people being suspected groundlessly. [D] Junior employees being made to work overtime. 34. [A] Forbidding students to take food out of the restaurant. [B] Requesting customers to pay before taking the food. [C] Asking customers to leave their bags on the counters. [D] Allowing only two students to enter at a time. 35. [A] He was taken to the manager. [B] He was closely watched. [C] He was asked to leave. [D] He was overcharged. Section C Directions: In this section, you will hear a passage three times. When the passage is read for the first time, you should listen carefully for its general idea. When the passage is read for the second time, you are required to fill in the blanks numbered from 36 to 43 with the exact words you have just heard. For blanks numbered from 44 to 46 you are required to fill in the missing information. For these blanks, you can either use the exact words you have just heard or write down the main points in your own words. Finally, when the passage is read for the third time, you should check what you have written. 注意:此部分试题请在答题卡2上作答。 Writing keeps us in touch with other people. We write to communicate with relatives and friends. We write to 36 our family histories so our children and grandchildren can learn and 37 their heritage (传统). With computers and Internet connections in so many 38, colleges, business, people e-mailing friends and relatives all the time --- or talking to them in writing in online 39 rooms. It is cheaper than calling long

distance, and a lot more 40 than waiting until Sunday for the telephone 41 to drop. Students are emailing their professors to 42 and discuss their classroom assignments and to 43 them. They are e-

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[D] Informative speeches can save lives.

[A] To satisfy the needs of their family.[B] To fully realize their potential.[C] To make money for early retirement.[D] To gain a sense of their personal worth.

Questions 30 to 32 are based on the passage you have just heard.

Passage Two

mailing classmates to discuss and collaborate (合作) on homework. 44 .

Despite the growing importance of computers, however, there will always be a place and need for the personal letter. 45. No matter what the content of the message, its real point is, "I want you to know that I care about you." 46., but only in the success of human relationships.

Part IV Reading Comprehension (Reading in Depth) (25 minutes)

Section A

Directions: In this section, there is a passage with ten blanks. You are required to select one word for each blank from a list of choices given in a word bank following the passage. Read the passage through carefully before making your choices. Each choice in the bank is identified by a letter. Please mark the corresponding letter for each item on Answer Sheet 2 with a single line through the centre. You may not use any of the words in the bank more than once.

Questions 47 to 56 are based on the following passage.

What determines the kind of person you are? What factors make you more or less bold, intelligent, or able to read a map? All of these are influenced by the interaction of your genes and the environment in which you were 47. The study of how genes and environment interact to influence 48. activity is known as behavioral genetics. Behavioral genetics has made important 49. to the biological revolution, providing information about the extent to which biology influences mind, brain and behavior.

注意:此部分试题请在答题卡2上作答。

[A] abilities	[B] achieve	[C] appeal	[D] complaints
[E] contributions	[F] displayed	[G] essentially	[H] eventually
[I] extent	[J] indicates	[K] proceeds	[L] psychological
[M] raised	[N] smart	[O] standard	

Section B

Directions: There are 2 passages in this section. Each passage is followed by some questions or unfinished statements. For each of them there are four choices marked [A], [B], [C] and [D]. You should decide on the best choice and mark the corresponding letter on Answer Sheet 2 with a single line through the centre.

Passage One

Questions 57 to 61 are based on the following passage.

It is pretty much a one-way street. While it may be common for university researchers to try their luck in the commercial world, there is very little traffic in the opposite direction. Pay has always been the biggest deterrent, as people with families often feel they cannot afford the drop in salary when moving to a university job. For some industrial scientists, however, the attractions of academia (学术界) outweigh any financial considerations.

Helen Lee took a 70% cut in salary when she moved from a senior post in Abbott Laboratories to a medical department at the University of Cambridge. Her main reason for returning to academia mid-career was to take advantage of the greater freedom to choose research questions. Some areas of inquiry have few prospects of a commercial return, and Lee's is one of them.

The impact of a salary cut is probably less severe for a scientist in the early stages of a career. Guy Grant, now a research associate at the Unilever Centre for Molecular Informatics at the University of Cambridge, spent two years working for a *pharmaceutical* (制药的) company before returning to university as a post-doctoral researcher. He took a 30% salary cut but felt it worthwhile for the greater intellectual opportunities.

Higher up the ladder, where a pay cut is usually more significant, the demand for scientists with a wealth of experience in industry is forcing universities to make the transition (转换) to academia more attractive, according to Lee. Industrial scientists tend to receive training that academics do not, such as how to build a multidisciplinary team, manage budgets and negotiate contracts. They are also well placed to bring something extra to the teaching side of an academic role that will help students get a job when they graduate, says Lee, perhaps experience in manufacturing practice or product development. "Only a small number of undergraduates will continue in an academic career. So someone leaving university who already has the skills needed to work in an industrial lab has far more potential in the job market than someone who has spent all their time on a narrow research project."

注意:此部分试题请在答题卡2上作答。

	7 7 4 N 7 1 1 1 1			
57.	. By "a one-way street" (Line 1, Para. 1), the author means			
	[A] university researchers know little about the commercial world			
	[B] there is little exchange between industry and academia			
	[C] few industrial scientists would quit to work in a university			
	[D] few university professors are willing to do industrial research			
58.	3. The word "deterrent" (Line 2, Para. 1) most probably refers to something that			
	[A] keeps someone from taking action	[B] helps to move the traffic		
	[C] attracts people's attention	[D] brings someone a financial burden		
59.	9. What was Helen Lee's major consideration when she changed her job in the middle of her career?			
	[A] Flexible work hours.	[B] Her research interests.		
	[C] Her preference for the lifestyle on campus. [D] Prospects of academic accomplishments.			
60.	0. Guy Grant chose to work as a researcher at Cambridge in order to			
	[A] do financially more rewarding work	[B] raise his status in the academic world		
	[C] enrich his experience in medical research	[D] exploit better intellectual opportunities		
61.	1. What contribution can industrial scientists make when they come to teach in a university?			
	[A] Increase its graduates' competitiveness in the job market.			
	[B] Develop its students' potential in research.			
	[C] Help it to obtain financial support from industry.			
	[D] Gear its research towards practical applications.			
n	Process Two			

Passage Two

Questions 62 to 66 are based on the following passage.

Being sociable looks like a good way to add years to your life. Relationships with family, friends, neighbours, even pets, will all do the trick, but the biggest longevity (长寿) boost seems to come from marriage or an equivalent relationship. The effect was first noted in 1858 by William Farr, who wrote that widows and widowers (鳏夫) were at a much higher risk of dying than their married peers. Studies since then suggest that marriage could add as much as seven years to a man's life and two to a woman's. The effect holds

for all causes of death, whether illness, accident or self-harm.

Even if the odds are stacked against you, marriage can more than compensate. Linda Waite of the University of Chicago has found that a married older man with heart disease can expect to live nearly four years longer than an unmarried man with a healthy heart. Likewise, a married man who smokes more than a pack a day is likely to live as long as a divorced man who doesn't smoke. There's a flip side, however, as partners are more likely to become ill or die in the couple of years following their spouse's death, and caring for a spouse with mental disorder can leave you with some of the same severe problems. Even so, the odds favour marriage. In a 30-year study of more than 10,000 people, Nicholas Christakis of Harvard Medical School describes how all kinds of social networks have similar effects.

So how does it work? The effects are complex, affected by socio-economic factors, health-service provision, emotional support and other more *physiological* (生理的) mechanisms. For example, social contact can boost development of the brain and immune system, leading to better health and less chance of depression later in life. People in supportive relationships may handle stress better. Then there are the psychological benefits of a supportive partner.

A life partner, children and good friends are all recommended if you aim to live to 100. The ultimate social network is still being mapped out, but Christakis says: "People are interconnected, so their health is interconnected."

注意	急: 此部分试题请在答题卡 2 上作答。
62.	William Farr's study and other studies show that
	[A] social life provides an effective cure for illness
	[B] being sociable helps improve one's quality of life
	[C] women benefit more than men from marriage
	[D] marriage contributes a great deal to longevity
63.	Linda Waite's studies support the idea that
	[A] older men should quit smoking to stay healthy
	[B] marriage can help make up for ill health
	[C] the married are happier than the unmarried
	[D] unmarried people are likely to suffer in later life
64.	It can be inferred from the context that the "flip side" (Line 4, Para. 2) refers to
	[A] the disadvantages of being married
	[B] the emotional problems arising from marriage
	[C] the responsibility of taking care of one's family
	[D] the consequence of a broken marriage
65.	What does the author say about social networks?
	[A] They have effects similar to those of a marriage.
	[B] They help develop people's community spirit.
	[C] They provide timely support for those in need.
	[D] They help relieve people of their life's burdens.
66.	What can be inferred from the last paragraph?
	[A] It's important that we develop a social network when young.
	[B] To stay healthy, one should have a proper social network.
	[C] Getting a divorce means risking a reduced life span.

Part V Cloze (15 minutes)

[D] We should share our social networks with each other.

Directions: There are 20 blanks in the following passage. For each blank there are four choices marked [A],

[B], [C] and [D] on the right side of the paper. You should choose the ONE that best fits into the passage. Then mark the corresponding letter on Answer Sheet 2 with a single line through the centre.

注意:此部分试题请在答题卡2上作答。

Over half the world's people now live in cities. The latest "Global Report on Human Settlements" says a significant change took place last year. The report 67 this week from U. N. Habitat, a United Nations agency.

A century ago, 68 than five percent of all people lived in cities. 69 the middle of this century it could be seventy percent, or 70 six and a half billion people.

Already three-fourths of people in __71__ countries live in cities. Now most urban population __72__ is in the developing world.

Urbanization can 73 to social and economic progress, but also put 74 on cities to provide housing and 75. The new report says almost two hundred thousand people move 76 cities and towns each day. It says worsening inequalities, 77 by social divisions and differences in 78, could result in violence and crime 79 cities plan better.

Another issue is *urban sprawl* (无序扩展的城区). This is where cities <u>80</u> quickly into rural areas, sometimes 81 a much faster rate than urban population growth.

Sprawl is 82 in the United States. Americans move a lot. In a recent study, Art Hall at the University of Kansas found that people are moving away from the 83 cities to smaller ones. He sees a 84 toward "de-urbanization" across the nation.

85 urban economies still provide many 86 that rural areas do not.			
67. [A] came on	[B] came off	[C] came over	[D] came out
68. [A] more	[B] other	[C] less	[D] rather
69. [A] By	[B] Through	[C] Along	[D] To
70. [A] really	[B] barely	[C] ever	[D] almost
71. [A] flourishing	[B] developed	[C] thriving	[D] fertile
72. [A] extension	[B] addition	[C] raise	[D] growth
73. [A] k eep	[B] turn	[C] lead	[D] refer
74. [A] pressure	[B] load	[C] restraint	[D] weight
75. [A] surroundings	[B] communities	[C] concerns	[D] services
76. [A] onto	[B] into	[C] around	[D] upon
77. [A] pulled	[B] driven	[C] drawn	[D] pressed
78. [A] situation	[B] wealth	[C] treasure	[D] category
79. [A] when	[B] if	[C] unless	[D] whereas
80. [A] expand	[B] split	[C] invade	[D] enlarge
81. [A] in	[B] beyond	[C] with	[D] at
82. [A] common	[B] conventional	[C] ordinary	[D] frequent
83. [A] essential	[B] prior	[C] primitive	[D] major
84. [A] trend	[B] style	[C] direction	[D] path
85. [A] Then	[B] But	[C] For	[D] While
86. [A] abilities	[B] qualities	[C] possibilities	[D] realities

Part VI Translation (5 minutes)

Directions: Complete the sentences by translating into English the Chinese given in brackets. Please write your translation on Answer Sheet 2.

87	(为了确保他参加会议),
I called him up in advance.	
88. The magnificent museum	(据说建成于)
about a hundred years ago.	
89. There would be no life on earth	
(没有地球独特的环境).	
90.	(给游客印象最深的)
was the friendliness and warmth of the local people.	
91. They requested that	(我借的书还回图书馆)
by next Friday.	



注意,此部分试题请在答题卡2上作答,只需写出译文部分。

2010年12月全国大学英语四级考试真题解析

Part I Writing

How Should Parent Help Children to Be Independent

There is no question that many parents do not hesitate to help their children; they take care of almost every single details in their children's lives. But what does love mean? Too much care and help do nothing but harm to children. It is important for parents to realize that they should help their children to be independent.

To make the children independent, parents can follow these advices. First, have faith in the children. Everyone lives through experiences. So don't worry too much about your children. Second, encourage children to handle problems on their own. Some children have already formed the bad habit of relying on their parents, so try to get their independence back. Last but not least, putting forward some construction opinions is advisable if the children themselves are not certained. This may help improve their future performance and decisions as well.

In a word, independence is essential to the children's growth. Parent should spare efforts to help them achieve their independence.

范文解析: 这是一篇对于家长应该如何帮助孩 子独立的"问题解决型"议论文。在采用三段文体 中,第一段先引出家长总是无时无刻准备帮助孩子 这一事实,然后转折说明独立对孩子成长的重要性; 第二段分点写家长能如何帮助孩子;第三段再次强 调独立的重要性并呼吁家长为此做出努力。注意文 章段与段、句与句的衔接和过渡,多变化句式,多运 用闪光词汇。

- 1. do not hesitate to help their children 毫不犹 豫地帮助他们的孩子
 - 2. take care of 美心……
 - 3. do nothing but harm to 对……有害无利
 - 4. have faith in the children 相信孩子
 - 5. handle problems on their own 自己处理问题
 - 6. form the bad habit of 形成……的坏习惯
 - 7. put forward 提出(意见,建议)
 - 8. be essential to 对 ······ 至关重要

Part II Reading Comprehension (Skimming and Scanning)

1. A

₩ 解析:根据第一段最后一句: It is my profound belief that not only do we all need nature, but we all seek nature, whether we know we are doing so or not. 即作者坚信:我们不仅都需要自然, 还追求自然。A 项中 in different ways 是对第一段 中人们追求自然的各种方式的概括。

2. D

★解析:根据第二段最后一句: These days, children are robbed of these ancient freedoms, due to problems like crime, traffic, the loss of the open spaces and odd new perceptions about what is best for children, that is to say, things that can be bought, rather than things that can be found. 即现代 人认为孩子更好的东西是需要购买的,而不是光寻 找就能得到的。what is best 对应题目中的 prefer,

that is to say 作为暗示直接引出之后的 things that can be bought,故选择 D。

3. B

★解析:根据第四段第一句:A study in Sweden indicated that kindergarten children who could play in a natural environment had less illness and greater physical ability than children used only to a normal playground. 即调查显示在自然环境里玩耍的幼儿园儿童得病的几率更小,故选择 B 项。

4. D

★解析:根据第六段第一句: Most bullying is found in schools where there is a tarmac playground; the least bullying is in a natural area that the children are encouraged to explore. 即鼓励孩子们探索自然环境中会使恃强凌弱的事件减少发生,故选择 D 项。A 选项具有干扰性,第三段结尾暗示自然熏陶能够提高学生学科水平,即根据全文主要观点,这不是排除选项 A 的原因,得出答案 D。

5. B

₩ 解析:根据第八段第二句和第三句: Yet one study after another indicates that contact with nature gives huge benefits to ADHD children. However, we spend money on drugs rather than on green places. 即作者通过调查结果来表明多跟自然接触对患儿益处多,结合全文的主旨:自然环境的重要性,故选择B项。

6. B

★解析:根据第九段第二句说老龄人口增长的侧重点是在高质量的生活水平上,再根据第九段末句:And study after study finds that a garden is the single most important thing in finding that quality.即与自然接触能使老年人享受更高质量的生活,故选择B项。

7. C

₩解析:根据第十一段第一句: Dr William Bird, researcher from the Royal Society for the Protection of Birds, states in his study, "A natural environment can reduce violent behaviour because its restorative process helps reduce anger and impulsive behaviour." 即自然能减少暴力行为。故选择 C 项。 C 项中的 contribute to 与文中的 help 意思相同。

8. separated

₩解析:根据第十二段第二句;... but the very idea that humanity and the natural world are separable things is profoundly damaging. 即认为人与自然世界可分离这种想法是具有深度危害性的。

9. the wild world

₩解析:根据最后一段第二句:Without the

wild world we are not more but less civilised. 即没有了自然世界,我们只会更加的远离文明。

10. harmony

₩解析:根据文中最后的小标题: Five ways to find harmony with the natural world,即下文是五条帮助人们寻找与自然和谐相处方法。

Part III Listening Comprehension

11. D

12. D

13. C

14. C

15. C

16. B

17. C

18. D

19. D

20. A

21. A

22. A

23. B 24. C

25. C

26. D

27. B

28. A

29. D

30. C

31. A

32. A

33. C

34. D

35. B

36. preserve

37. appreciate

38. households

39. chat

40. convenient

41. rates

42. receive

43. submit

44. They are also sharing information about concerts and sports events as well as jokes and their philosophies of life

45. A handwritten note to a friend or a family member is the best way to communicate important thoughts

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