

新托福考试高分突破系列

Powerful tools to help you navigate TOEFL iBT!

# 新托福考试 高分突破

贾斯廷·吴（韩） 著

TOEFL<sup>®</sup> iBT  
**NAVIGATOR**

## 写作

Writing

学习指导

外语教学与研究出版社

FOREIGN LANGUAGE TEACHING AND RESEARCH PRESS

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尚明明 译

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北京 BEIJING

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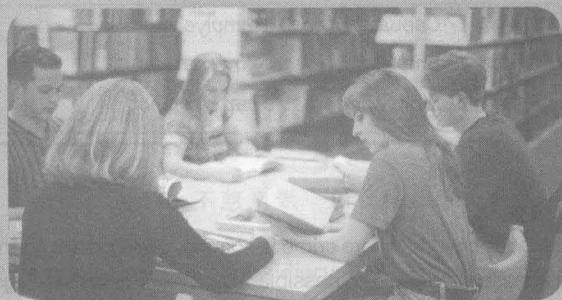
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# 综合作文

## 第二节

### Skill Building

见《写作》▶ PP.46-49

1. Dressing casually at least once a week boosts employee morale. Employees can break away from their routine by changing their style. In addition, it is more comfortable to work in casual outfits especially when the temperature is high. Relaxing the dress code is a way to make workers more productive.

核心内容 Casual 衣 1/week ↑ emplys' morale

细节内容 1 Emplys break away fm routine

细节内容 2 More comfortable esp when hot

2. In today's world where crime is soaring, government agencies must be allowed to tap people's phone lines when necessary. To prevent possible attack from terrorists, legal authorities must be able to trace and tap into phone lines. Besides fighting terrorism, phone tapping needs to be legalized to acquire hard evidence against criminals.

核心内容 Gov't can tap phones

细节内容 1 2 prevent terrorism

细节内容 2 Get evidence fm criminals

- 词汇 1. once a week 每周一次 boost morale 鼓舞士气 break away from 从……脱离出去 routine 常规, 日常工作 in addition 并且 casual outfit 休闲装 dress code 着装规定 productive 富有成效的  
2. soar 猛增, 骤升 syn. skyrocket (非正式) 急升, 猛升 tap 偷听, 窃听 trace 追查 legalize 使合法化 acquire 获得 criminal 罪犯

3. People should be granted the right to leave replies and comments on the Internet anonymously. If anonymity is not respected, many people will be reluctant to leave their personal views on websites in fear of endangering themselves. More importantly, people should have the right to express their opinions freely without disclosing their identity.

核心内容 人 can have anonymity

细节内容 1 人 will fear leaving views

细节内容 2 Right 2 express freely w/o disclosing identity

4. In today's business world, holding companies share the following characteristics: Subsidiaries work in parallel under the guidance of an umbrella entity. This umbrella entity, or parent company, also transfers management skills to the subsidiaries for efficiency. Thus, when companies merge, they prefer to adopt a holding company structure.

核心内容 Characteristics of holding comps

细节内容 1 Subsidiaries work in parallel

细节内容 2 Mgmt skills go fm 母公司 2 subsidiaries

- 词汇 3. grant 给予 anonymously 匿名地 be reluctant to 不愿意做 in fear (of sth.) 担心 (某事) endanger 使……陷入危险 disclose 说出, 表明
4. holding company 控股公司 syn. parent company 母公司 subsidiary 子公司 in parallel 并行 umbrella (有众多附属团体的) 伞状组织 entity 实体 transfer 转移 merge 合并

5. In preparation for aging society, the government must prioritize the following measures: Foremost, the government has to reinforce the social safety nets to assure security for the elderly. In addition, young people must be educated to become competitive because they must be able to support the old. Without careful planning, everyone will suffer regardless of age.

核心内容 Gov't measures 4 aging society

细节内容 1 Reinforce social safety nets

细节内容 2 Young must be educated 2 support old

6. Everyone has their own personal rhythms, but generally people biologically share the same rhythms of productivity. According to research, people tend to be the most productive from about 10 a.m. to noon when the important organs are most active. On the other hand, the body is the least active an hour or two after lunch since most of the energy is used for digestion. Knowing this natural rhythm can help people work more efficiently.

核心内容 人 have same rhythms of productivity

细节内容 1 Most productive 10-12 b/c organs most active

细节内容 2 Least active 1 or 2 hrs after lunch b/c digestion

- 词汇 5. aging society 老龄化社会 prioritize 给……优先权 measure 措施, 手段 reinforce 加强, 加固 assure 确保, 提供保证 regardless of 不管, 不顾
6. rhythm 节奏 biologically 在生物学上 productivity 生产率 digestion 消化



7. Over the years, the Internet has contributed greatly to children's education. Thanks to the Internet, many children who have trouble moving can take lessons at home in front of the computer. The Internet is also awash with information that children can utilize. As long as it is not abused, the Internet can be an effective educational tool.

核心内容 Int contributes 2 children's education

细节内容 1 Children w/ 残疾 study at home

细节内容 2 Int awash w/ info

8. People in modern society suffer from noise pollution whose harmful effects can be divided into two types. The first type of negative impact that noise pollution has is "acute effect" which occurs with very sharp and loud noise. The second type of impact is called "chronic effect" which results from exposure to loud noise over a long period of time. The impact of noise pollution is reported to be much greater in the city than the suburbs.

核心内容 2 harmful effects of noise pollution

细节内容 1 Acute effect fm sharp & loud noise

细节内容 2 Chronic effect fm loud noise over long time

- 
- 词汇 7. contribute to sth. 对某事起促进作用 have trouble doing sth. 做某事有困难 awash 充斥的, 泛滥的 utilize 利用 abuse 滥用
8. negative 负面的, 消极的 opp. positive 正面的, 积极的 acute 严重的 occur 发生; 存在 chronic 慢性的 the suburbs 市郊

## MP3 02

1. Guaranteeing employees their jobs until retirement is not a wise business practice. If job security is guaranteed, there is a high tendency for workers to become lax. As for the employees, it will be difficult to get a promotion since senior employees will hold on to their posts until retirement. With these inefficiencies, a company will be kept from growing healthily.

核心内容 Jobs 终身 = not wise biz practice

细节内容 1 Workers become lax

细节内容 2 升职 difficult b/c 老员工 hold on to posts

## MP3 03

2. Despite the low mileage, hybrid cars are not a good buy. Many hybrid car owners still complain about the frequent repairs that are expensive. Then, there is also the problem of strength. If you are looking for a powerful engine, hybrid cars are not the right choice.

核心内容 Hybrid cars = bad buy

细节内容 1 Frequent & expensv 修理

细节内容 2 Weak engine

- 词汇 1. retirement 退休 practice 习惯做法 job security 工作保障, 职业安全感 tendency 趋势, 倾向  
lax 松懈的, 疏忽的 as for 至于 hold on to 守住, 保住 post 职位 keep sb. from doing sth. 阻止某人做某事
2. mileage 行驶里程 hybrid car 混合动力汽车 be a good buy 买得合算 frequent 经常发生的, 频繁的

## MP3 04

3. Middle schools should increase the number of mandatory classes for students. It is important for students to take many different subjects to find out what they truly like. Having general knowledge in various fields helps them become a well-rounded person. After all, broad minds come from broad knowledge.

核心内容 中学必修课 1

细节内容 1 Students find out what they like

细节内容 2 Helps them become well-rounded

4. Euthanasia has to be legalized to relieve the burden on patients and their families. Patients are entitled to die peacefully and painlessly in their death beds. What's worse, patients also suffer from the thought that they are a financial burden to their family, and in many cases they are. Barring euthanasia on moral grounds, therefore, ought to be reconsidered.

核心内容 Legalize euthanasia 4 patients & families

细节内容 1 Patients entitled 2 die peacefully & painlessly

细节内容 2 Less financial burden 4 families

词汇 3. mandatory 强制的 truly 真实地, 确实地 field 领域 well-rounded 全面的, 多方面的  
4. euthanasia 安乐死 relieve 减轻 (痛苦) be entitled to do sth. 有权做某事 what's worse 更糟糕的是  
bar 禁止 grounds 理由, 根据 cf. groundless 无根据的

5. Legalizing gambling does not bring any social benefits; instead, it undermines the foundation of society. Because gambling addicts lack rational thinking, they are prone to wreck their homes which are the fundamental foundation of society. For the same reason, the crime rate rises parallel to the number of gambling addicts. To deter such problems from taking place, gambling should be prohibited.

核心内容 Gambling undermines 社会基础

细节内容 1 Gambling addicts wreck homes b/c no rationality

细节内容 2 Crime rate ↑ w/ # of addicts

6. In the 1990s governments made many efforts to deregulate the financial sector. As part of such efforts, the antitrust laws were relaxed to help facilitate company mergers. To ease transactions between companies, all-stock deals were legalized for the first time. Subsequently, economic activities were revitalized.

核心内容 In 90s gov't deregulated financial sector

细节内容 1 Antitrust laws relaxed 2 facilitate mergers

细节内容 2 All-stock deals legalized 4 easy transactions

词汇 5. gambling 赌博 undermine 破坏 rational 理性的, 合理的 be prone to do sth. 很可能做某事  
wreck 破坏 fundamental 根本的; 基本的 parallel 与……相当 deter 制止 take place 发生  
6. make an effort to do sth. 尽力做某事 deregulate 撤销政府对……的管制 financial sector 财政部  
门 antitrust law 反垄断法 facilitate 有助于; 使容易 merger (公司的) 合并 ease 使顺利, 使  
容易 subsequently 后来; 随后 revitalize 给……注入新的活力

## MP3 08

7. Establishing a legal drinking age leads to more problems than it solves. According to experts, children are more tempted by what is forbidden; therefore, it is better to teach kids how to drink responsibly from an early age. Moreover, many young adults drink excessively once they reach the legal age, forming bad drinking habits.

核心内容 Legal drinking age → probs

细节内容 1 Children lured by sth. forbidden ∴ teach kids 2 drink properly early

细节内容 2 Children drink 2 much @ legal age & form bad habits

## MP3 09

8. Despite what the proponents of capital punishment say, taking away a person's life cannot be an effective deterrence to a future crime. Although many crimes are premeditated, there are more crimes that happen impulsively at the moment. And criminals who commit atrocious crimes are not afraid of the severe consequences of their actions. An "eye-for-an-eye" approach to discourage criminals simply does not work.

核心内容 死刑 = not effective

细节内容 1 More crimes happen impulsively

细节内容 2 Atrocious criminals = not afraid of consequences

词汇 7. lead to 导致 (某种结果) forbid 禁止 excessively 过分地, 过度地 once 一……便, 一旦  
8. proponent 支持者, 倡导者 capital punishment 死刑 deterrence 制止因素, 威慑因素  
premeditate 预先策划的 impulsively 冲动地 at the moment 此刻, 眼下 commit a crime 犯罪  
atrocious 恶劣的 eye-for-an-eye 以眼还眼的 discourage 阻止



### 第三节

#### Practice

见《写作》► pp. 60-67

1. Airline companies are famous for enforcing strict grooming regulations on their flight attendants. Although the degree of rigidity may differ according to each company, the majority of flight attendants file complaints about the regulations with the union for various reasons.

One such complaint is that grooming policies are too irrational. There is no point in enforcing a regulation that only interferes with work while bringing no satisfaction to the customer. To take an example, certain airlines forbid their stewardesses to wear red lipstick in the cabin, and it is difficult to see how the color of lipstick can hinder them from carrying out their task.

Another problem with rigid grooming regulations is that they are subjective without clear standards. For example, when a flight attendant is penalized for braiding her hair, the grounds for punishment are actually unfounded. In other words, claiming that braids are prohibited because they do not look “neat” does not make a case without defining what “neat” means.

观点 Flight attendants 抱怨 about grooming policy

核心内容 1 2 irrational

核心内容 2 Subjective w/o clear grounds

词汇 enforce 实行; 把……强加于 groom 修饰, 打扮 regulation 规定 flight attendant 空中服务员 rigidity 严格 file a complaint 正式(向某人)提出投诉 irrational 不合理的 interfere with 妨碍 stewardess (飞机上的)女乘务员 lipstick 口红 cabin (飞机上的)客舱 hinder 妨碍 subjective 主观的 opp. objective 客观的 penalize 处罚 braid 编辫子 unfounded 没有事实根据的 neat 整洁的

2. Job sharing refers to a practice of dividing the responsibilities of a full-time work between two workers. Although it is not a popular business practice, job sharing is experimented with by some major companies for its benefits.

For the employers, job sharing removes the burden of having to lay off employees when the company is experiencing trouble. Instead of firing hundreds of employees, everyone can reduce their working hours and put in extra effort until the company turns around. In fact, this has proven to be successful with many mining companies where workers were highly supportive of each other.

Sharing jobs can help employees just as well. Many companies are reluctant to grant professional jobs to part-timers, but there are many part-timers looking for professional jobs. The most representative group of this case is professional moms. With kids to take care of, today's mothers, especially single mothers, need to juggle their professions and their kids. Allowing them to work reduced hours by sharing work can definitely allow them the break they need.

观点 Bfts of job sharing

核心内容 1 No lay-off when comp in trouble

核心内容 2 Prof jobs 4 part-timers

词汇 refer to 提到, 谈到 experiment with 用……做实验 lay off 解雇 reduce 减小, 降低 extra 额外的  
turn around (业务) 好转 mining 采矿(业) supportive 支持的, 给予帮助的 as well 也,  
还 representative 有代表性的 juggle 试图应付(两件或更多的工作、活动等)

3. Thanks to amazing scientific leaps in genetic engineering, food crops can be grown against many adversities for efficient production. Genetically modified foods are foods produced from genetically modified organisms in which the genomes are genetically altered, and many scientists claim they provide the solutions to many agricultural problems.

One such adversity overcome by genetically modified foods is food decay. One of the first genetically modified foods to be marketed to the public was tomatoes. When they were first sold in 1994, consumers were willing to pay four or five times more than the average price of tomatoes because they were more long-lasting. For the same effect, tomatoes could be preserved for a long time and transported for long distances.

Many foods now can be altered to withstand strong pesticides that could not be used before because they damaged many crops. Now through genetic modification, insect-free foods can grow to be harvested after being sprayed with stronger pesticides which kill harmful pests such as maggots and beetles.

观点 GMFs solve agricultural probs

核心内容 1 Fights food decay

核心内容 2 Withstand stro. pesticides → no damage from pests

词汇 thanks to 由于, 因为 leap 飞跃 genetic engineering 遗传工程学 adversity 不幸, 逆境  
genetically modified food 转基因食品 organism 生物, 有机体 genome 基因组, 染色体组  
alter 使变化, 改变 decay 腐烂, 腐败 market 出售 preserve 保存(食物) transport 运输, 运送  
withstand 耐得起, 承受住 pesticide 杀虫剂, 农药 harvest 收获, 收割 spray 喷 pest 害虫  
maggot 蛆 beetle 甲虫

4. There is a growing concern about the rising gap between the economic classes in the country. However, there is a greater concern of the rich getting healthier while the poor are getting sicker. Something must be done to address this issue, and the way to deal with it is through national health insurance.

Just as the government has the duty to educate the public, the government has just as much duty to insure

the public. In America alone, over 45 million people are not covered by health insurance. Proposed tax cuts and mandating people to have private insurance are not the answer. By nationalizing health insurance, the government must take on the role of protecting the public's health, especially for those who cannot afford it.

With the absence of national health insurance, medical costs in the country are reaching the ceiling, and the households with low income are not able to meet the cost. If the government appropriates enough funds for national health coverage, any expansion in medical costs can be subsidized by the government. Also, because the money comes out from the government's pockets, appreciation in medical costs will be kept in proper check.

观点 Nat health insrnce = necessary  
核心内容 1 Gov't's job 2 protect public health  
核心内容 2 Gov't ↓ medical costs

词汇 growing 扩大的；增强的 concern about 对……的关注 address 探讨（如何处理问题） issue 问题 health insurance 健康保险 insure 给……上保险 proposed 被（正式）提议的 tax cuts 减税 mandate 命令，指示 nationalize 使成为全国性的 take on 承担（责任等） reach the ceiling 达到上限 appropriate 拨出（款项） coverage 保险范围 expansion 扩大，增加 subsidize 补助，资助 appreciation（价格）上涨 keep sth. in check 控制某物

5. For many small businesses, handing out flyers in the street has been a popular method of advertising. However, the local authorities should ban this practice because it is not only ineffective but also destructive to the local environment.

Small business owners need to understand that street flyers do not help promote their business. In the city, it is common to find people walking around with paper advertisements in their hands. But do they actually read what is on them? The answer is no. According to a survey, more than 70 percent of people accepting the flyers answered that they did not take the time to read the contents of the flyers, and over 80 percent of the people rejecting flyers responded that they would rather not take the flyers because they end up as garbage.

What's worse, flyers distributed in the streets pollute the environment and become a real eyesore. On average, a small business hands out from 400 to 700 flyers at a time. If this is multiplied by the number of businesses that decide to spread these advertisements on the same day, the number adds up to more than a million flyers covering city streets. In addition, all these flyers come at the expense of valuable life-saving trees in forests.

观点 Flyers = ineffective & bad for envt  
核心内容 1 Not promote biz b/c 人 not interested  
细节内容 - 人 don't rd ad.  
核心内容 2 Pollute envt  
细节内容 - Eyesore  
- Destroy trees

词汇 hand out 分发, 散发 flyer (广告) 传单 ineffective 没有效果的 destructive 有破坏性的 promote 推销, 推广 reject 拒绝 (接受) respond 答复 would rather 宁愿, 宁可 end up as 最终成为 distribute 散布 eyesore 不顺眼的事物, 难看的东西 on average 平均来看 multiply sth. by sth. 将某数与某数相乘 add up to 合计达 at the expense of 以 (损害) ……为代价

6. Using marijuana on patients for medical purposes has long been controversial. However, this is a controversy that has unnecessarily dragged on, for the benefits gained by patients are definite whereas the harms are only speculative.

The evidence is overwhelming that marijuana helps alleviate extreme symptoms suffered by patients. The types of symptoms are pain, vomiting, and depression endured by patients suffering from cancer, AIDS, and multiple sclerosis. For patients who are terminally ill, marijuana as medicine will remove a lot of painful burdens.

For those who argue that marijuana will get patients hooked, they are only worrying about a negligible portion. According to research, only about 9 percent of marijuana users become dependent on it. Contrarily, 15 percent of drinkers develop dependence upon alcohol and the figure is over 30 percent for smokers.

观点 Marijuana bft patients

核心内容 1 Alleviate symptoms

细节内容 - 4 人: terminally ill

核心内容 2 Less addictive than alcohol & cigarette

细节内容 - 9% of Mvari. users

- 15% of drinkers & more 4 smokers

词汇 marijuana 大麻 controversial 引起争论的, 有争议的 *n.* controversy 争论 drag on 拖延 definite 明确的 speculative 猜测的 overwhelming 压倒性的 alleviate 减轻, 缓和 extreme 极端的 vomit 呕吐 depression 沮丧, 消沉 endure 忍耐; 坚持 sclerosis 硬化 terminally ill 患不治之症的, 病入膏肓的 hooked 成瘾的 negligible 可以忽略的, 微不足道的 dependent 有瘾的 contrarily 相反地



7. FDI, or foreign direct investment, is a type of investment where a company transfers its production and/or research overseas, thereby directly investing in the host country. Although this is a global practice among multinational businesses, it is met with strong opposition from many groups for several reasons.

Perhaps the strongest opposition comes from the fear that the entrance of multinational companies will threaten local companies. The multinational companies with the capacity to transfer production overseas are organizations with enormous capital and management know-how. Such companies will be no match for many local firms, especially in emerging economies.

The second reason stems from the idea that multinational companies only invest in the host country to exploit its cheap labor and natural resources. There is a growing presence of factories constructed by multinational conglomerates in emerging economies such as Vietnam and India; however, the workers employed by these companies receive wages that are far below those received in other countries. For example, an hourly wage received by a factory employee with a 12-hour shift is a miniscule US\$1.50.

观点	FDI opposed for reasons
核心内容 1	Threaten local comps
细节内容	- w/ capital - Know-how
核心内容 2	Invest 2 exploit local labor & natur. resources
细节内容	- Factories ↑, wages ↓

---

词汇 overseas 向国外；在海外 thereby 借此，由此 multinational 跨国的，在多国经营的 opposition 反对 v. oppose 反对 capacity 能力，才能 know-how 技能；知识 be no match for 根本不是……的对手 emerging 新兴的 stem from 源于，来自 exploit 剥削（劳动力）conglomerate（多种行业的）大型联合企业 shift（轮值的）当班时间 miniscule 极小的（= minuscule）

8. Owing to the falling price of handheld sets and rates, cellular phones are becoming prevalent not only on the streets but also in high school classrooms. However, due to disruptions reported by teachers, schools have banned leaving cellphones on in class.

Disallowing cellular phones in class has become necessary due to increasing cases of cheating using handheld devices. Students have been reported to use text messages as the main means of cheating on tests. Through these messages, students can send each other answers, especially for standardized tests for which the questions are mostly multiple-choice.

Another reason to keep cellular phones out of the classrooms comes from the fact that they interrupt the students from concentrating on the lessons. For example, a phone that accidentally goes off in the middle of a lecture because of a careless student will disrupt the class for every classmate. Even if the phone is set to vibrate, the student will be kept from focusing on the lesson as the phone vibrates in his or her pocket.