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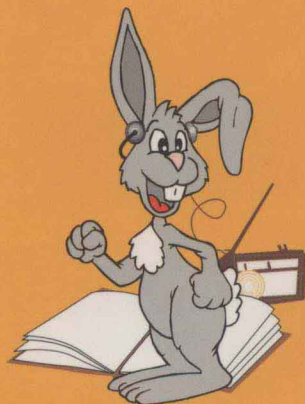


全国通用纯正英语听力教材  
唯一VOA正版授权教学节目

# 美国之音

## 2005 上半年合集

### Voice Of America



MP3

标准英语  
Standard English

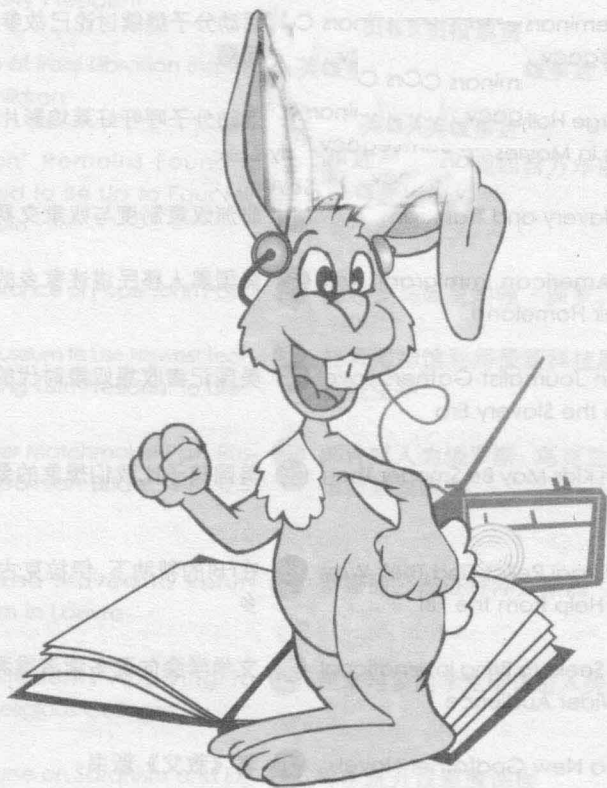
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# 学习手册

## 第二册

# VOA 标准英语

2005 上半年合集 MP3 版



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美国之音·上半年合集·2005



Cultural  
and  
Education

文化  
教育动态





# January 21: National Hugging Day in US

Tomorrow is National Hugging Day in the United States. It's one of those special occasions that Americans **dream up**, like National Eggplant Day and Stay Out of the Sun Day.

Often a business enterprise **lurks** behind these celebrations, just as candy-makers and **florists** dreamed up Sweetest Day in October as another excuse to buy flowers and chocolates.

But a hug doesn't cost a penny. It's said to be **therapeutic**, stress-reducing, mutually satisfying. It isn't **taxable**. It doesn't pollute. And it's not the least bit fattening. One hugging authority insists hugs help the **immune system**, presumably by happily spreading germs. Another fellow on the Internet offers VIRTUAL hugs to anyone who writes him.

You also get hug poems, like Jill Wolf's:

"Hugs don't need new equipment.

Special batteries or parts.

Just open up your arms

And open up your hearts."

Naturally, there's a book called *The Art of Hugging*. It addresses

## 注释

**dream up** 构思, 创造

**lurk** [lə:k] n. 潜藏, 隐藏

**florist** ['flɒrɪst] n. 种花人

**therapeutic** [θərə'pi:ʊtɪk] adj. 治病的

**taxable** ['tæksəbl] adj. 应征税的

**immune system** 免疫系统

hugging's "how to's" -- how long should you hug... how close?

Besides the familiar bear hug, there's the group hug, the cheek-to-cheek hug, and something called the A-frame hug. That's the **ginger embrace** from a polite distance — you know, the one where you lean way forward to minimize contact. It's perfect for distant relatives.

Now it's true, a few people, like loggers and hunters, don't like a good hug. They're always complaining about "tree huggers." But we know what these **grouches** need, don't we?

And the 21st is the day for it: a big, warm hug...and a hearty "Happy National Hugging Day."

I'm Ted Landphair.

**注释**

**ginger** ['dʒɪndʒə] n. 活力, 活泼

**embrace** [im'breɪs] n. 拥抱

**grouch** [graʊtʃ] n. 不高兴的人, 心怀不满的人

## A Book of Real Life Love Poems Takes a Down to Earth Look at Affection

To celebrate Valentine's Day (February 14), millions of Americans gave or received traditional gifts of the season ... chocolate, flowers, jewelry. But Mary Esselman and Elizabeth Ash Velez favor a more literate approach to romance. The writers share a love for poetry. They always enjoyed reading, exchanging and collecting poems... especially love poems. Ms. Velez, an English Professor at Georgetown University,



says most collections feature **verses** about unbelievably **idealized** love. So, when she and her friend compiled their collection, they chose love poems for real life, and called it *You Drive Me Crazy*.

Elizabeth Velez: The *You Drive Me Crazy* part can be seen in two ways. You drive me crazy because I'm so madly in love with you. You drive me crazy because you leave your dirty clothes all over the floor all the time. We wanted poems through people that don't believe love is a **fairy tale**. We want to take readers through all of those **phases** of love.

In depicting those different phases of love, English teacher and writer Mary Esselman says they arranged the more than five dozen poems into chapters... starting with "When Love Rocks", moving on to "When Love Keeps You Guessing" and ending with "When Love Shines."

Mary Esselman: When you feel that you've been through some ups and downs in your relationship, but you at last found acceptance and peace there and you made it through. It's not necessarily about a mature love, but it's less flowers, roses and diamond and chocolates and that kind of **superficial** look of love. It's more in depth look at how you go through lots of different things when you are in love with someone over a long period of time.

For example, Elizabeth Velez says, American poet William Carlos Williams finds deep emotions in the very simple acts of every day life, as in this poem, 'This is Just to Say.'

Elizabeth Velez: I have eaten / The plums / that were in / the icebox and which / you were probably / saving / for breakfast/ Forgive me / they were delicious / so sweet / and so cold

### 注释

**verse** [və:s] n. 韵文, 诗

**idealize** [ai'diəlaiz] v. 理想化

**fairy tale** 童话

**phase** [feiz] n. 阶段, 状态

**superficial** [sju:pə'fiʃəl] adj. 表面的, 肤浅的

*You Drive Me Crazy* also includes works by William Shakespeare, Emily Dickinson and Nobel Prize-winning Chilean poet Pablo Neruda. It gets a modern touch from poets like Chinese American Li-Yong Lee and Sharon Olds, who is often described as a **confessional** poet.

Ms. Velez turns to one of her favorite poems in the collection, by 1st century **Hindu** Philosopher Bhartrhari.

Elizabeth Velez: It gets at one of the first things that happens to us when we think we are ecstatically in love and we think we are one person. And the fact that a poet 2000 years ago recognized this I think is just extraordinary. The poem is called 'In former days we would both agree' and translated by John Brough: In former days we'd both agree / That you were me, and I was you. / What has now happened to us two, / That you are you, and I am me?

Ms. Velez says a poem by the 13th century Persian poet Rumi is one of most **intriguing** in the collection.

Elizabeth Velez: The thing about Rumi is that he is looked at as a great sage in terms of wisdom. And people even have expectations about that and this poem we just think is extraordinary. It's called 'Last Night You Left Me and Slept:' Last night you left me and slept / your down deep sleep. Tonight you turn / and turn. I say / 'You and I will be together / till the universe dissolves.' / You mumble back things you thought of / When you were drunk. That's Rumi! What we like about that is there they are, they're together. One of them is thinking we are going to be together forever. The other one is mumbling things he thought when he was drunk.

Elizabeth Ash Velez and Mary Esselman say these poems will live forever and never lose their appeal because they are speaking to our

### 注释

**confessional** [kən'feʃən(ə)l] adj. 自白的, 忏悔的

**Hindu** ['hindu:] adj. 印度的

**intriguing** [in'tri:ɡɪŋ] adj. 迷人的

deepest emotions. A collection of real life love poems, they say, could be the best gift for the happily-in-love ... and the **heartbroken**, on Valentine's Day and every day.

Faiza Elmasry, VOA news, Washington, D.C.

**heartbroken** ['hɑ:tbrəuk(ə)n] adj. 悲伤的

## A City Divided by War, United in Peace

*For about 50 years, during the Cold War after World War Two, the eastern German border city of Gorlitz was cut off from the neighboring Polish town. But after the fall of communism in East Germany and Poland in 1989, the people in both towns began reaching out to one other. VOA's Deborah Block looks at how their cooperation has affected Gorlitz.*

Gorlitz, Germany is only a stone's throw from its Polish neighbor, **Zgorzelec** — separated by a narrow river. Zgorzelec was part of Gorlitz before World War Two, but when the border changed after the war, the city was divided in half, one side became part of Poland, while the other remained in Germany.

For years, the people in the two cities had no contact with each other. But then six years ago, the newly-elected mayors of both the German and Polish towns began working together.

Zgorzelec's mayor, Miroslav Fiedorowitz, says the results were remarkable.

【注释】

**Zgorzelec** 兹格热莱茨（波兰城镇）

**Miroslav Fiedorowicz:** We have a common bus line. We have pre-school programs where children learn German and Polish, and other schools where older students, including those in **vocational schools**, can study both German and Polish.

One of the latest symbols of this cooperation is a new bridge joining the center of the two towns.

Gorlitz Mayor Rof Karbaum says even though some of the older German and Poles **harbor** bad feelings about each other, going back to World War Two, most young people don't carry that baggage.

**Rof Karbaum:** I believe that the conditions are such that these young people want to live as a family, because every year two to three dozen Polish-German couples get married."

However, many young people in Gorlitz say they rarely go to Zgorzelec.

Anna Heinze, a **stylist** at a hair salon in Gorlitz, says although she would welcome her Polish neighbors into the shop, all the customers are German.

**Anna Heinze:** I wouldn't mind, but I don't know what they want because I don't understand them. Communication is the problem.

Twenty-year-old Enrico Loyschler says another problem is some people in Gorlitz have negative ideas about their neighbors.

**Enrico Loyschler:** People on the street are a little afraid of living together because there are clichés of the Poles being thieves, stealing, and about crime in general.

Yet, Gorlitz and Zgorzelec rely on each other to survive because their economy is poor. Although there are several small factories around Gorlitz, German tourists help keep the charming, old city alive. Unemployment is high in both towns.

#### 注释

**vocational school** 职业学校

**harbor** ['hɑ:bə] n. 海港

**stylist** ['stailist] n. 发型设计师