



普通高等教育“十一五”国家级规划教材  
大学英语自主系列教材

总主编 余建中

主 编 余建中 黄 莺

# 大学英语 自主听力

*An Autonomous  
Learning Edition*

3



高等教育出版社  
Higher Education Press



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# 前言

随着我国改革开放日益深化及加入世界贸易组织,社会各领域参与国际交流的机会越来越多,新的社会需求对大学生的英语能力提出了更高的要求,教育部制定的《大学英语课程教学要求》也提出了新的大学英语课程教学目标,即在培养学生英语综合运用能力的同时,增加其自主学习能力,提高综合文化素养,以适应我国社会发展和国际交流的需要。

鉴于现有的教学内容和教学学时不足以满足人才培养的需要,要切实保证大学英语课程教学目标的实现,我们需要充分利用学生的课余时间,激发学生课后的自主学习兴趣,提高他们的自主学习能力,不断扩大大学生广泛接触英语的天地,使得他们的课堂学习内容在课后能得到进一步延伸。课后广泛的听说训练,不仅能使学生巩固课堂上掌握的学习方法和学习策略,更能增加人文和科学知识,提高综合素养。

本套教材为现有大学英语教材的补充和延伸,与现有课堂教学内容交相辉映。我们期待本教材能够引导学生最终成为快乐的英语学习者、终身的英语学习者、集技能与策略于一身的英语学习者,从而使《教学要求》的目标最终得以实现。

本套教材的编者充分研究了国内外各种英语听力教材的编写特点,从思想性、知识性、科学性、人文性、时代性、实用性及趣味性等多角度入手,以注重打好语言基础为出发点,同时注重培养学生的实际应用能力。

本套教材的特点是:

1. 强调自主学习特征。作为对现有大学英语教材的延伸和补充,本套教材强调发挥学生在学习过程中的自主作用,每单元都以学习任务为出发点,反复操练,逐步深入,旨在有步骤、有目的地引导学生开发各种学习潜能。

2. 突出语料的真实性和语境的实用性。大量语料选自英、美人的日常生活会话,真实自然,便于学生今后对外交流时直接应用。

3. 注重文化信息。在注重英语语言基础知识和基本技能训练的同时,注意将文化内容与语言材料相融合,话题覆盖英美文化生活的方方面面。

4. 融教学与考查为一体。除了课文训练之外,本教材还有期中、期末自测题,供学生自我检查学习效果。

5. 辅助课堂教学。本套教材既可以用于学生自主学习,又可以作为普通听力教程。本教材配套指南包含了详细的学习目标与学习计划,对文化信息、语言信息也有相应的补充和解释。

《大学英语自主听力》由复旦大学余建中教授担任总主编,本册主编是余建中、黄莺,参加编撰的还有景蓉、俞蓓迪。

本教材是适应教育部《大学英语课程教学要求》全新理念的尝试和探索,由于编者水平所限,敬请广大师生在使用过程中多提宝贵意见和建议。

编者

2008年3月

# 使用说明

本套教材共分4册,每册共16个单元,并配有两套水平自测题。每单元按照不同的学习任务展开,题材广泛,涉及生活的各个领域。本册的各个单元由以下5个部分组成:

## Part A Language Focus

该部分是本单元的准备阶段,提供本单元基本词汇和部分句型。为方便学习者使用,句子或词组中较难的词汇用斜体表示,并加以中文注释。

## Part B Authentic Conversations

该部分基本由6段短会话、2段长对话组成,语料具有真实性和实用性,能够帮助学习者在真实语言情景中锻炼英语听力。

## Part C Talks from Radio/TV Programs

该部分取材于英语国家的电台或电视节目,有人物介绍、新闻、故事、评论、访谈等内容,主要培养学习者听懂英语电台广播、看懂英语电视节目的能力。

## Part D Dictation

该部分主要训练学习者的听写能力。

## Part E Fun Time

该部分一般包含幽默故事、诗歌、英语成语等,是轻松的英语娱乐时间,其目的是培养学习者对英语语言学习的兴趣,并缓解听力训练给他们带来的紧张情绪。

本册中所含的水平自测题完全按照大学英语四级考试的框架编写,但是内容跟试卷前面的各单元相关。

本套教材拟定两个学年完成,建议一学期完成一册的学习任务,每周安排一个单元。

编者

2008年3月

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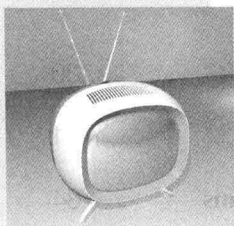
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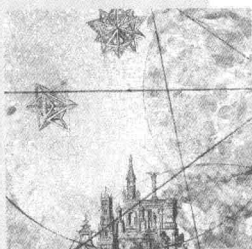
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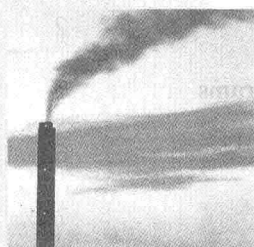


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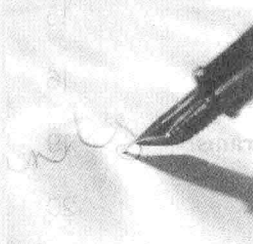
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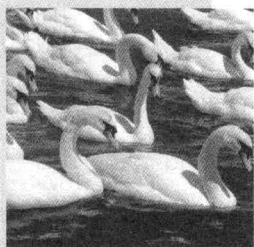
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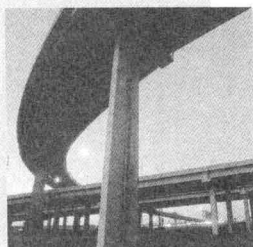
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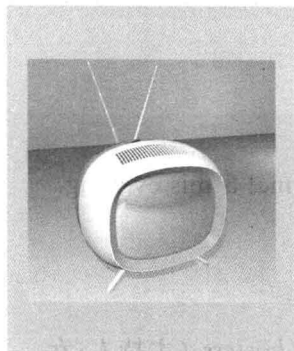
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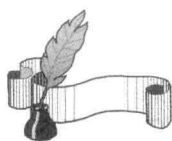
## Unit 1



# TV Programs

## Preview

This unit integrates various useful expressions and authentic talks about TV programs.



## Part A Language Focus

### 1. Television

television set, TV, (*BrE, infml*) telly, (*BrE, infml*) the box  
color television/TV; black and white television/TV  
*cable television* /TV (有线电视)  
satellite television/TV  
*television camera* (电视摄像机)  
*television studio* (演播室)  
transmitter

### 2. TV broadcasting or watching

broadcast, *televis*e (电视播送), receive, watch  
see a program, miss a program  
Did you see the talk show last night? I missed it.  
turn up/down (*or* adjust) the volume/the brightness  
Tom, your sister is sleeping. Please turn down the TV.  
Though the opening ceremony of the Olympic Games will be televised all over the world, we won't be able to receive the program in this *mountainous area* (山区).

He is a TV *addict* /'ædɪkt/ (上瘾的人) and spends far too much time watching television every day.

The Oprah Winfrey's show comes on at ten o'clock every Sunday.

The Olympics will be broadcast *live* (实况转播的) by satellite.

### 3. Other words or expressions related to TV broadcasting

channel, (*esp. AmE*) station, national TV stations, local TV stations

Which channel do you usually watch? There's an interesting program on Channel 5 this evening.

turn/switch a television on/off

switch (a channel) over (to another channel); switch channels/stations

Do you mind if I switch over to Channel 9?

announcer, presenter, producer, *commentator* (评论员), broadcaster, *host/hostess* (主持人/女主持人), *anchor* (新闻节目主持人)

weatherman, weathergirl, weather forecaster

news, weather forecast, interview, chat show, (*esp. AmE*) talk show, documentary, *series* (*pl. series*) (电视系列节目), *serial* (连续剧), *soap opera* (肥皂剧), *situation comedy* (or sitcom 情景喜剧), *game show* (游戏或益智问答节目), *season* [(电视连续剧的)季], *episode* (集)

advertisement, (*infml*) ad

(*BrE infml*) advert, *commercial* (电视或电台广播中的广告)



## Part B Authentic Conversations

### Short Conversations

#### Word Bank

astronomer /ə'strɒnəmə(r)/ <i>n.</i>	a scientist who studies the stars and planets 天文学家
stadium /'steɪdiəm/ <i>n.</i>	a playing area surrounded by seats, where people watch sports events 体育场
Super Bowl	a yearly football game in the US that decides the winner of the National Football League 超级足球杯
cartoon /kɑ:'tu:n/ <i>n.</i>	a short film made from a series of drawings 动画片
patient /'peɪʃənt/ <i>adj.</i>	able to wait for a long time or deal with a difficult situation without becoming angry or upset 耐心的
comedian /kə'mi:diən/ <i>n.</i>	an actor who makes people laugh in a film or drama 喜剧演员

tape /teɪp/ vt.

to record on tape 录制

fast forward

to wind a tape or video forward rapidly without playing it 快进

**Directions:** You will hear 6 conversations about TV programs. Listen to them and answer the following questions by choosing the right options.

1. A. Shows like *Friends*, *Growing Pains*.  
B. Anything except *Friends* and *Growing Pains*.  
C. Shows that his friends like best.  
D. *Growing Pains* that has been shown since Monday.
2. A. Because he wants to read the TV Guide.  
B. Because he is going to meet some astronomers.  
C. Because he wants to see the first episode of a TV series.  
D. Because he is going to catch his train.
3. A. She likes to go to the stadium to watch sports games.  
B. She likes to watch sports games on TV.  
C. She would do everything possible for the team that she likes.  
D. She often sits up all night watching TV.
4. A. Because he doesn't have a regular schedule now.  
B. Because his interest has changed.  
C. Because he doesn't have a TV set at home.  
D. Because he has to study hard at college.
5. A. They are absolutely good.  
B. They are very different from the shows of old days.  
C. They may do harm to children's eyes.  
D. They may cause mental problems.
6. A. Because the shows had his favorite comedian in them.  
B. Because he liked the shows very much.  
C. Because he wanted to skip the commercials.  
D. Because he had little spare time to watch TV in the evening.



## Longer Conversations

### Conversation One

#### Word Bank

buff /bʌf/ n.	someone who is interested in something and knows a lot about it 狂热爱好者, 迷
junk /dʒʌŋk/ n.	poorly made, cheap items 廉价的或没有价值的东西

**Directions:** You will hear a conversation between two speakers. Listen to the conversation twice and answer the questions by choosing the right options.

- A. She enjoys going to the cinema.

B. She does a lot of exercise at home.

C. She is very busy both at home and at her job.

D. She loves watching TV every day.
- A. The *News Channel* and the *Discovery Channel*.

B. The *News Channel* and *Channel Thirteen*.

C. The *Discovery Channel* and *Channel Thirteen*.

D. *Channel Thirteen* and the *Movie Channel*.
- A. He often goes to a movie.

B. He often continues his work in his office.

C. He often takes a walk on the street with his wife.

D. He often watches a junk movie together with his wife.

### Conversation Two

#### Word Bank

promote /prəʊ'məʊt/ vt.	to encourage the growth and development of something 发扬; 促进
mode /məʊd/ n.	a manner, way or condition of doing something 状态

**Directions:** You will hear a conversation between two speakers. Listen to the conversation twice and write your answers to the questions in the space provided below.

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_



## Part C Talks from Radio/TV Programs

### Excerpt One

#### Word Bank

all but	almost 几乎
hit /hɪt/ n.	a movie or performance, etc. that is popular or successful 成功或热门的电影、演出等
sitcom /'sɪtkɒm/ n.	situation comedy 情景喜剧
debut /'deɪbjʊ:/ vi.	the first time a performer or something new appears in public 首演
prime time	the time in the evening when many people are watching television (广播与电视的)黄金时段, 黄金时间
cast /kɑːst/ n.	the group of actors and actresses in a play or movie (全体)演员
release /rɪ'liːs/ n.	the act of making a movie, etc. available to the public 发行(影片)
idol /'aɪdəl/ n.	somebody or something greatly admired or loved 偶像

**Directions:** You will hear a short talk from a TV program. Listen to it twice and decide whether the following statements are true (T) or false (F) according to the short talk.

- ( ) 1. The sitcom *Growing Pains* first appeared on ABC 20 years ago.
- ( ) 2. The sitcom has 160 episodes.

- ( ) 3. The cast of *Growing Pains* comes together tonight to celebrate the release of the show's first season on DVD.
- ( ) 4. The actors and actresses look the same as they did when they were making the sitcom.
- ( ) 5. Kirk Cameron played the prime-time teen idol Mike Seaver, Maggie Seaver.
- ( ) 6. Joanna Kerns played Carol's working mom.

## Excerpt Two

### Word Bank

psychologist /psaɪˈkɒlədʒɪst/ <i>n.</i>	someone who is specialized in the science of mind and behavior 心理学家
top-rated /'tɒp'reɪtɪd/ <i>adj.</i>	highest in quality or rank 排列居前的
analyze /'ænəlaɪz/ <i>vt.</i>	to examine or study so as to understand 分析
aggressive /ə'ɡresɪv/ <i>adj.</i>	showing a readiness or having a tendency to fight, attack, or argue with someone 好斗的;有攻击性的
track down	to find somebody or something by searching in different places 追踪到, 查找到
reinterview /ri:'ɪntəvjʊ:/ <i>vt.</i>	interview again 重新访谈

**Directions:** You will hear a short talk from a radio program. Listen to it twice and complete the following summary by filling in the blanks.

Psychologist Rowell Huesmann made a study on violent \_\_\_\_\_ and their influence on children. The study began in \_\_\_\_\_ and 557 children were included. The children were aged between \_\_\_\_\_. After 15 years, Huesmann talked to \_\_\_\_\_ of the boys and girls in his study and learned about their behavior as young adults, he found that those children who had been watching more violence on TV had become \_\_\_\_\_ than others.



## Part D Dictation

### Word Bank

contribute to	to help to make something happen 促成
harmful /'hɑ:mfʊl/ <i>adj.</i>	causing damage or harm 有害的