

基于高职高专英语教学改革教材



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新编新时代

# 大学英语综合教程 1

*College English Integrated Course*

主编 苏春

航空工业出版社

基于高职高专英语教学改革教材

# 新编新时代大学英语

综合教程 1

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航空工业出版社

北 京

## 内 容 提 要

本系列教材依据《高等职业教育英语课程教学要求（试行）》，贯彻实用为主、够用为度、与时俱进的编写理念。结合一线教学实践进行编写。为充分调动学生学习英语的积极性，全面提升听、说、读、写、译等能力，本系列教材融入了视、听、说、演、练等多种教学方式，内容丰富、题材多样、定位准确、重点突出。

新编新时代大学英语综合教程每册分为10个单元，每单元围绕一个主题进行选材。第一册主题包括大学生生活新起点、时间管理、学习、朋友、节日、校园爱情、兴趣爱好、偶像魅力、旅游、健康，内容包括听说、阅读、语法、写作、练习及轻松一刻等。

本书可以作为高职高专院校公共英语课程的教学用书，也可以供广大英语爱好者自学参考。

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# 前 言

当今高等职业教育的改革非常重视学生创新能力和实际工作能力的培养，而制约高职高专英语教学质量和学生英语水平提高的一个至关重要的因素就是教学方法改革滞后，可以说，如果不能从根本上改进教学方法，提高高职高专英语教学质量和学生英语水平就很难有指望。把知识、能力、素质协调发展、综合培养作为高职高专英语教学目的，必然要求相应的教学方法与之相适应，因此优化教学方法是日前高职高专英语教学改革的重点之一。高职高专英语教学重在对学生的品格、思维、语言能力、健全人格、文化意识等全面的培养，以利于学生的终身学习和发展。所以除语言知识、语言技能外，应该把情感态度、学习策略、文化意识列为教学目的，以学生的发展为本，尊重学生的个性差异。这正是高职高专英语教学改革的新意和价值所在。

《新编新时代大学英语》系列教材依照教育部《高等职业教育英语课程教学要求（试行）》，本着以就业为导向、实用为主、够用为度、全面提升英语应用能力的原则进行设计、编写，根据高职教学的实际需要，突出语言运用训练、职场交际与沟通能力。

该系列教材打破传统教材编写模式，结合一线教学实践，融入全新的教育理念和科学的教学方法，尤其在实用性、适度性、趣味性和时代性等几个方面体现出鲜明的特色。一是突出实用性。教材内容贴近实际，以学生的日常生活和职场交际为着眼点，使学生在循序渐进的听、说、读、写、译等训练中提升语言的应用能力，真正做到学以致用。二是突出适度性。教材打破传统的单一结构性的束缚，依据学生的接受能力和实际需求选取学习内容，层次分明，难易适度，能够满足不同基础学生的学习需要。三是突出趣味性。教材板块设计灵活、多样；情景设置易于操作，有助于学习兴趣的提高，使学生主动参与到课堂的学习当中，建立互动的教学模式。四是突出时代性。教材所选文章内容紧扣时代脉搏，涵盖当前社会热点、重大事件和流行话题等诸多方面，能够使学生在熟悉的背景之下进行英语学习，激发学习热情，提升学习效果。

因此，我建议教师在使用该系列教材中，强调学生个体差异性，因材施教；突出实践性，培养学生的口语及听说能力；重视开发性，挖掘学生的内在潜力，不断地提高学生的英语水平。作为教师，要加强自身素质及修养，充分挖掘和发挥学生的潜能，调动学生的学习积极性，使学生在英语教学中的主体作用得到淋漓尽致的发挥。这样才能使学生完成从语言学习到语言应用这一质的飞跃，才能造就出真正为社会所认可所需求的实用型人才。

Let life be beautiful like summer flowers and death like autumn leaves. 生如夏花之灿烂，死如秋叶之静美！我愿以这句话与广大英语教育工作者共勉，希望该系列教材能够得到专家、学者、同行的批评指正。

苏 春

（知名翻译家、作家、教授）

2011年4月于广州

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UNIT

1

# Beginning of College Life

## *Brainstorming*

- Search the library or the Internet for information about top universities in the world.
- Tell your first impression of your college to your friends.
- Write down your confusions about your college and college life.
- Make a plan for your college life and list the ten most important things you should do in college.
- Learn Unit 1 and revise your list.

# SECTION I

## Try Your Ears and Mouth

### Part One: Listen and Practice



**Task I: Listen to the dialogue twice and fill in the blanks with the missing words. After finishing the dialogue, practice it with your partner.**

#### New Words and Expressions

chemistry *n.* 化学

Logistics and Shipping Management 物流和运输管理

freshman/sophomore/junior/senior 大一/大二/大三/毕业班学生

campus *n.* 校园

show sb around 带领某人参观

M: It is a fine day, isn't it?

W: Yes, I like the weather in the city. By the way, I am from \_\_\_\_\_ Province. My name is \_\_\_\_\_. Nice to meet you.

M: Me too. I am Steven from \_\_\_\_\_ Province. I major in \_\_\_\_\_. Which department are you in?

W: I am in the Department of \_\_\_\_\_ and I am a freshman on the campus. How about you?

M: I have been studying here for two years.

W: Really? Could you do me a small favor? I want to take a tour of the campus.

M: No problem. Let me show you around.





**Task II: Listen to the dialogue twice and decide whether the following statements are True (T) or False (F).**

### New Words and Expressions

lecture <i>n.</i> 演讲; 讲课	comprehensive <i>adj.</i> 综合的; 全面的
serious <i>adj.</i> 严肃的; 认真的	attendance <i>n.</i> 出席 人数; 出席; 参加
punctuality <i>n.</i> 准时	landmark <i>n.</i> 陆标; 里程碑

- ( ) 1. Carter was asking Michelle how to get to the library.
- ( ) 2. It's 7 minutes' walk to the destination.
- ( ) 3. Carter was going to have communication class at 10:00 a.m.
- ( ) 4. The library is the landmark building on campus.
- ( ) 5. The No. 1 Building is red.



**Task III: Listen to the passage twice and fill in the blanks with the missing words.**

### New Words and Expressions

attend <i>v.</i> 出席	awkward <i>adj.</i> 棘手的; 难操控的
challenging <i>adj.</i> 有挑战性的	in no time 立即; 马上
compliment <i>n.</i> 赞美; 恭维	praise <i>v.</i> 表扬
genuine <i>adj.</i> 真诚的	rugby <i>n.</i> 橄榄球
rock 'n' roll 摇滚音乐	pursue <i>v.</i> 追逐; 追求
desire <i>n.</i> 渴望; 欲望	attractive <i>adj.</i> 有吸引力的

Whether you're attending \_\_\_\_\_ or looking for a date, meeting people and making friends can be awkward and challenging. However, it doesn't have to be so hard. Try a few of these simple tips, and you'll be \_\_\_\_\_ in no time. (1) Give a Compliment. Everyone loves to be praised. Remember, when giving a compliment, be honest and genuine. (2) Join a Club or

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Team. No matter if that interest is reading, rugby or rock 'n' roll, pursuing it with other people is fun and gives you \_\_\_\_\_ meaning and belonging. (3) Volunteer. A strong desire to help others is attractive to most people, whether they're \_\_\_\_\_ a friend or a date. (4) Laugh. Letting others know that you're interested in \_\_\_\_\_. It also shows you have a good sense of humor.



## Part Two: Listen and Repeat

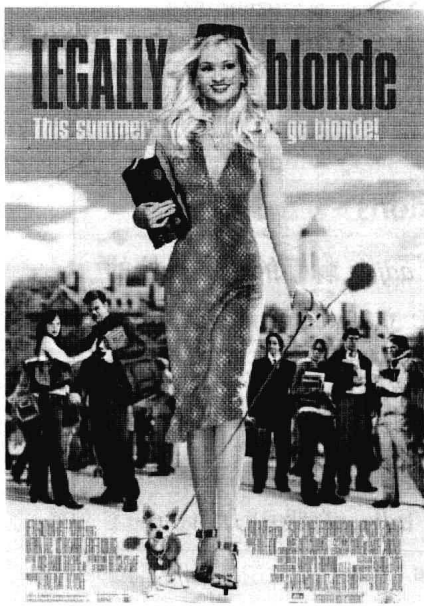


### Task I: Watch the movie clip from *Legally Blonde*.

#### Movie Overview

#### *Legally Blonde*

Director: Robert Luketic



Awards: 2 Golden Globe Nominations (提名)

Plot: Elle Woods (Reese Witherspoon) has it all. She's the president of her sorority (女生联谊会), a Hawaiian Tropic girl, Miss June in her campus calendar, and, above all, a natural blonde (金发女郎). She dates the cutest fraternity (男大学生联谊会) boy on campus and wants nothing more than to be Mrs. Warner Huntington III. However, there's just one thing stopping Warner (Matthew Davis) from popping the question: Elle is too blonde. Growing up across the street from Aaron Spelling might mean something in LA (洛杉矶), but nothing to Warner's East-Coast blue blood family. So, when Warner packs up for Harvard Law and reunites with an old sweetheart from preparatory school, Elle rallies (召集) all her resources and gets into Harvard, determined to win him back. But Law School is a far cry from the comforts of her poolside (游泳池边) and the mall. Elle must wage the battle of her life, for her guy, for herself and for all the blondes who suffer endless indignities (侮辱) everyday.

## UNIT 1 Beginning of College Life



### Task II: Listen and repeat the following lines.



(1) Welcome to Law School. This is the part where we go around in a circle and everyone says a little bit about themselves.

(2) My name is David Kidney. I have a Master's in Russian Literature... a Ph.D. in Biochemistry.

Notes:

a Master's = a Master's degree 硕士学位

Russian Literature 俄罗斯文学

Ph.D. 博士学位

Biochemistry 生物化学



(3) Hey. How you doing? I'm Enid Wexler. I got a Ph.D. from Berkeley in women's studies... and emphasis in the history of combat.

Notes:

How you doing? = How are you doing?

Berkeley 加利福尼亚大学伯克利分校



(4) I graduated first in my class from Princeton. I have an I.Q. of 187.

Notes:

Princeton 普林斯顿大学

I.Q. = intelligence quotient 智商



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(5) Hi. I'm Elle Woods and this is Bruiser Woods... and we're both Gemini vegetarians. I have a Bachelor's degree in Fashion Merchandising from CULA.

Notes:

Gemini 双子座

vegetarian 吃素的人; 素食者

Fashion Merchandising 时装销售

CULA = City University Los Angeles

洛杉矶城市大学

## Part Three: Role Play

Watch the movie clip again. Imitate an actor/actress and make your own self-introduction. The following sentence patterns are for your reference.

* I come from...	* My name is...
* I am in the department of ...	* I graduated first in my class from...
* I am an easy-going person.	* I have an I.Q. of...
* I am a vegetarian.	* I am ...years old.
* I have two younger sisters and one elder brother.	* I am a boy of wide interests. In my spare time I like playing basketball.



## Relax Yourself

### A New Day Has Come

Celine Dion

*A new day...*

*A new day...*

*I was waiting for so long*

*For a miracle to come*

*Everyone told me to be strong*

*Hold on and don't shed a tear*

*Through the darkness and good times*

*I knew I'd make it through*

*And the world thought I had it all*

*But I was waiting for you*

*Hush now*

*I see a light in the sky*

*Oh it's almost blinding me*

## UNIT 1 Beginning of College Life

*I can't believe I've been touched by an  
angel with love*

*Let the rain come down and wash away  
my tears*

*Let it fill my soul and drown my fears*

*Let it shatter the wall for a new sun*

*A new day has come*

*Where it was dark now there's light*

*Where there was pain now there's joy*

*Where there was weakness I've found  
my strength*

*All in the eyes of a boy*

*Hush, now*

*I see a light in the sky*

*Oh it's almost blinding me*

*I can't believe I've been touched by an  
angel with love*

*Let the rain come down and wash away  
my tears*

*Let it fill my soul and drown my fears*

*Let it shatter the walls for a new sun*

*A new day has come*

*(Repeat...)*

*Hush, now*

*I see a light in your eyes*

*All in the eyes of the boy*

*I can't believe*

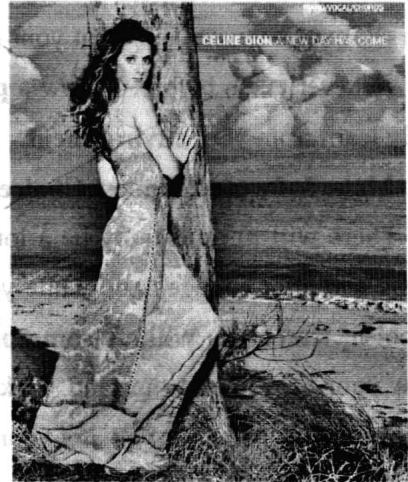
*I've been touched by an angel with love*

*I can't believe*

*I've been touched by an angel with love*

*Hush, now*

*A new day*



## SECTION II

### Try Your Brain

#### Text A



#### Before Reading

#### Question:

What's your ideal college life?

Give some words and phrases that describe your ideal college life.



## Reading

### How to Succeed in College

**Academic** success comes in **many forms**. For most students, it's a **transcript** that opens doors into great jobs or great graduate schools. For others, academic success also **includes** what happens **outside of** the classroom. With so much going on in college, though, how can you **make sure** you're headed down a path **toward** true academic success and toward a truly **rewarding** college **experience**?

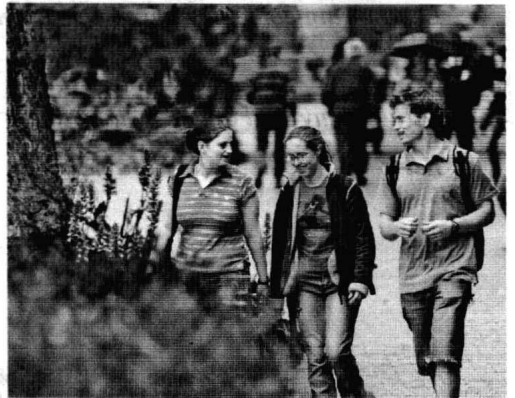
#### Let Yourself Explore

You may **arrive at** college knowing that you are destined to become a teacher, a **lawyer**, a doctor, and an engineer. Or you may arrive not having the slightest idea about what you want to **major in**. **No matter** which end of the spectrum (范围) you're on, however, you should let yourself explore everything that your school has to offer academically. Take classes in a **subject** you've never taken before. Follow a **passion** that doesn't **relate to** your major. Just let yourself really learn from your **environment**.

#### Make Informed, Honest Choices and Enjoy the Consequences

There will **undoubtedly** be a lot of people giving you advice about what you should do during and after college. And while you may be in school to learn, you will, **at some point**, have to **draw your own line in the sand**. Pick a career and course of study that suits you, not your parents.

**Pay attention to** the fire in your belly and learn what you're truly passionate about. Make sure you're happy at your school. And once you've made a choice, feel **confident** in your **decision** and do all you can to learn from the **resources** around you.



#### Remember to Learn Outside of the Classroom

True, you spend a **significant** amount of time in class (and possibly in labs) learning new **material**. But what are you doing during the other hours of your week? How you spend your time outside of the classroom is a critical part of your college experience and, **in a sense**, of the education you receive while in school. Make the most of it! **Join** a club or organization that explores your interests and passions. Branch out and try something you've never done before. **No matter** what you do, make sure you do something that you can look back and **be proud of**.

(370 words)



## UNIT 1 Beginning of College Life

### New Words

**college** /'kɒlɪdʒ/ *n.* 学院; 大学

**academic** /æke'demɪk/ *adj.* 学业的; 教学的; 学术的

**transcript** /'trænskɪpt/ *n.* 抄本; 文字记录

★ **include** /ɪn'klu:d/ *v.* 包括; 包含

★ **toward(s)** /tə'wɔ:d(z)/ *prep.* 向; 朝

**rewarding** /rɪ'wɔ:dɪŋ/ *adj.* 值得做的

**experience** /ɪk'spɪəriəns/ *n.* 经验; 体验

★ **explore** /ɪk'splɔ:/ *v.* 探索; 探究

★ **arrive** /ə'rɪv/ *v.* 到达; 抵达

**lawyer** /'lɔ:jə/ *n.* 律师

★ **major** /'meɪdʒə/ *v.* 主修

*n.* 主修科目; 专业

★ **subject** /sʌbdʒɪkt/ *n.* 学科, 科目; 主题, 话题

★ **passion** /'pæʃn/ *n.* 强烈的情感; 热爱

**environment** /ɪn'vaɪərənmənt/ *n.* 情况; 环境

★ **honest** /'ɒnɪst/ *adj.* 诚实的; 老实的

**undoubtedly** /ʌn'daʊtɪdli/ *adv.* 毋庸置疑地; 的确地

**draw** /drɔ:/ *v.* 画

★ **attention** /ə'tenʃn/ *n.* 注意; 留心

★ **confident** /'kɒnfɪdənt/ *adj.* 自信的; 有把握的

**decision** /drɪ'sɪʒn/ *n.* 决定; 抉择

**resource** /rɪ'sɔ:s/ *n.* 资源

**significant** /sɪg'nɪfɪkənt/ *adj.* 有意义的

**material** /mə'tɪəriəl/ *n.* 材料; 原料

