

SONG
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高等艺术院校流行音乐专业

贝司实用教程

Tutorial For Bass Music Major

提高篇

梁智 主编

Bass

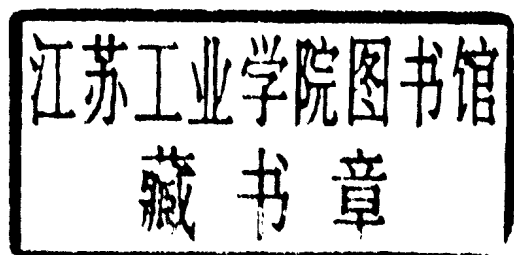
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前言

改革开放以来，流行音乐进入我国文化舞台的脚步日益迅捷，电贝司就是在此背景下兴起并发展起来的西洋乐器种类。尽管步入国门的时间并不长，但其发展态势之快、普及程度之广。实为业界瞩目。

进入二十一世纪，电贝司作为一门专业科目悄然走进我国高等音乐教育殿堂，这一专业的设立，也是我国电声乐器朝着现代化、专业化程度大步迈进的标志之一。编者相信，不久的将来，一大批具备有专业水准、音乐底蕴雄厚的现代音乐乐手将成为我国音乐界的骄傲。

现今形势下，国内电贝司教程种类繁多，但适用于本科阶段系统教学的教本材料仍然奇货可居。为此编者结合国内学习者普遍平均的水平，专门编写了这套适用于高等艺术院校流行音乐电贝司专业的综合教程，以期弥补该专业教程在国内的空白。

该套教材积累编者多年以来的电贝司教学实践经验，并借鉴国外和传统乐器教育理念编写而成，共分三册，其中基础篇详细讲解了电贝司的调整和正规的指弹与 SLAP 两种弹奏技法，提高篇主要讲解泛音奏法和 TAPPING（点弦）奏法，演奏篇的选曲综合了布鲁斯、乡村、拉丁、爵士等多种音乐风格，为读者深入学习融合音乐做出基础性铺垫。教程同时适用于流行音乐初学者和深度学习者。编者期望，教程可以为期待成为知识全面、富有创造力的职业电贝司手的读者，提供系统、有效的借鉴与帮助。

由于水平有限，加之仓促之中成书，教程中有错误和不足之处在所难免，还恳请广大读者与业界友人批评指正。

特别感谢刘柱喜老师、康健老师以及邢克民老师、陈毓博、任冬、阎国威、马智明等老师和同学的热情协助与支持。

梁 智

公元二零零七年十月二十九日于天津

作者简介



梁智

1977年 跟随著名古典吉他演奏家、教育家李质伟老师（我舅舅），学习古典吉他与音乐理论。

1979年 开始学习电贝司，李庚阳是我的主讲教师（我外公），贝司是他老人家做的。

1980——1986年 在河西文化馆、群众艺术馆、南开文化宫等群众文化单位教授古典吉他。

1981年 在北京陶然亭剧场进行了首场演出。

1986——1987年 天津市群众艺术馆首批全国第一个民间个体歌醍醐乐队，全国巡回演出。在此期间曾经被本市和国内多家专业团体录用，均因原工作单位不放人，为能如愿。

1987——1995年 组建穿山甲乐队担任写谱、配器和排练指导工作，以及音响调适。在此期间参加了天津广播电台和电视台组织的重大文艺演出活动及录音录像工作。

1986——2002年 兼任天津志伟吉他学校教师，教授吉他和电贝司。

2002年 被天津市音乐学院聘请为电贝司专业教师。

至今从事教学工作。

2007年11月20日

目 录

CONTENTS

第一章 提高你的双手能力	1
1. 左右手强化练习	1
2. Jazz 哈农练习	28
3. 双音练习	63
4. 和弦练习	65
5. 泛音	73
第二章 双手点弦	82
1. 右手点弦	82
2. 左手点弦	82
3. 左右手点弦	84
第三章 综合练习	102
1. C 大调音阶练习曲	102
2. JOHN MYUNG 练习曲	107

第一章 提高你的双手能力

如果你想能以轻松快捷的速度来表达你内心中的音乐，那么你的手指就必须练习的即灵巧又有力。作为贝司手最好的音乐是通过你的双手手指完成的纯粹的技术能力练习是非常重要的。

左手强化练习

下面的练习如果从第一把位开始练习有困难的话，可先从第五把位开始练习，以后在慢慢的降到第一把位练习。

练习1

Moderate ♩ = 120

Exercise 1 musical notation: Bass clef, 4/4 time, moderate tempo (♩ = 120). The notation consists of a single staff with a melodic line and a fretboard diagram below it. The fretboard diagram shows fingerings for the left hand across the strings.

练习2

Moderate ♩ = 120

Exercise 2 musical notation: Bass clef, 4/4 time, moderate tempo (♩ = 120). The notation consists of a single staff with a melodic line and a fretboard diagram below it. The fretboard diagram shows fingerings for the left hand across the strings.

练习3

Moderate ♩ = 120

Exercise 3 musical notation: Bass clef, 4/4 time, moderate tempo (♩ = 120). The notation consists of a single staff with a melodic line and a fretboard diagram below it. The fretboard diagram shows fingerings for the left hand across the strings.

练习4

Moderate ♩ = 120

Exercise 4 musical notation: Bass clef, 4/4 time, moderate tempo (♩ = 120). The notation consists of a single staff with a melodic line and a fretboard diagram below it. The fretboard diagram shows fingerings for the left hand across the strings.

练习10

Moderate ♩ = 120

Exercise 10 musical score (bass clef, 4/4 time, moderate tempo). The score consists of a melodic line and a bass line with fret numbers. The melodic line is in the bass clef and the bass line is in the bass clef. The tempo is marked 'Moderate' with a quarter note equal to 120 beats per minute.

练习11

Moderate ♩ = 120

Exercise 11 musical score (bass clef, 4/4 time, moderate tempo). The score consists of a melodic line and a bass line with fret numbers. The melodic line is in the bass clef and the bass line is in the bass clef. The tempo is marked 'Moderate' with a quarter note equal to 120 beats per minute.

练习12

Moderate ♩ = 120

Exercise 12 musical score (bass clef, 4/4 time, moderate tempo). The score consists of a melodic line and a bass line with fret numbers. The melodic line is in the bass clef and the bass line is in the bass clef. The tempo is marked 'Moderate' with a quarter note equal to 120 beats per minute.

练习13

Moderate ♩ = 120

Exercise 13 musical score (bass clef, 4/4 time, moderate tempo). The score consists of a melodic line and a bass line with fret numbers. The melodic line is in the bass clef and the bass line is in the bass clef. The tempo is marked 'Moderate' with a quarter note equal to 120 beats per minute.

练习14

Moderate ♩ = 120

Exercise 14 musical score (bass clef, 4/4 time, moderate tempo). The score consists of a melodic line and a bass line with fret numbers. The melodic line is in the bass clef and the bass line is in the bass clef. The tempo is marked 'Moderate' with a quarter note equal to 120 beats per minute.

练习15

Moderate ♩ = 120

Exercise 15 musical notation and fretboard diagram. The bass staff shows a sequence of notes in 4/4 time. The fretboard diagram below it shows fingerings: 3 4 1 2 3 4 | 1 2 | 1 2 | 3 4 1 2 3 4 | 1 2 | 3 4 | 3 4.

练习16

Moderate ♩ = 120

Exercise 16 musical notation and fretboard diagram. The bass staff shows a sequence of notes in 4/4 time. The fretboard diagram below it shows fingerings: 4 1 2 3 4 1 | 2 3 | 2 3 | 4 1 2 3 4 1 | 2 3 | 4 1 | 4 1 | 2 3 | 2 3.

练习17

Moderate ♩ = 120

Exercise 17 musical notation and fretboard diagram. The bass staff shows a sequence of notes in 4/4 time. The fretboard diagram below it shows fingerings: 1 4 3 2 1 4 | 3 2 | 3 2 | 1 4 3 2 1 4 | 3 2 | 1 4 | 1 4 | 3 2 | 3 2.

练习18

Moderate ♩ = 120

Exercise 18 musical notation and fretboard diagram. The bass staff shows a sequence of notes in 4/4 time. The fretboard diagram below it shows fingerings: 2 1 4 3 2 1 | 4 3 | 4 3 | 4 3 2 1 4 3 2 1 | 4 3 | 2 1 | 2 1 | 4 3 | 4 3.

练习19

Moderate ♩ = 120

Exercise 19 musical notation and fretboard diagram. The bass staff shows a sequence of notes in 4/4 time. The fretboard diagram below it shows fingerings: 3 2 1 4 3 2 | 1 4 | 1 4 | 3 2 1 4 3 2 | 1 4 | 3 2 | 3 2 | 1 4 | 1 4.

练习20

Moderate $\bullet = 120$

Exercise 20 is a bass line in 4/4 time, moderate tempo (120 bpm). The key signature has one sharp (F#). The notation consists of a single bass staff with a fretboard diagram below it. The fretboard diagram shows fingerings for both hands (T and B) across four measures. The first measure has a whole note chord with fingerings 4 3 2 1 4 3 2 1. The second measure has a whole note chord with fingerings 4 3 2 1 4 3. The third measure has a whole note chord with fingerings 2 1 4 3 2 1 4 3. The fourth measure has a whole note chord with fingerings 4 3 2 1 4 3.

练习21

Moderate $\bullet = 120$

Exercise 21 is a bass line in 4/4 time, moderate tempo (120 bpm). The key signature has one sharp (F#). The notation consists of a single bass staff with a fretboard diagram below it. The fretboard diagram shows fingerings for both hands (T and B) across four measures. The first measure has a whole note chord with fingerings 1 4 2 3 1 4 2 3. The second measure has a whole note chord with fingerings 1 4 2 3 1 4. The third measure has a whole note chord with fingerings 2 3 1 4 2 3 1 4. The fourth measure has a whole note chord with fingerings 1 4 2 3 1 4.

练习22

Moderate $\bullet = 120$

Exercise 22 is a bass line in 4/4 time, moderate tempo (120 bpm). The key signature has one sharp (F#). The notation consists of a single bass staff with a fretboard diagram below it. The fretboard diagram shows fingerings for both hands (T and B) across four measures. The first measure has a whole note chord with fingerings 2 3 1 4 2 3 1 4. The second measure has a whole note chord with fingerings 2 3 1 4 2 3. The third measure has a whole note chord with fingerings 1 4 2 3 1 4 2 3. The fourth measure has a whole note chord with fingerings 2 3 1 4 2 3.

练习23

Moderate $\bullet = 120$

Exercise 23 is a bass line in 4/4 time, moderate tempo (120 bpm). The key signature has one sharp (F#). The notation consists of a single bass staff with a fretboard diagram below it. The fretboard diagram shows fingerings for both hands (T and B) across four measures. The first measure has a whole note chord with fingerings 3 2 4 1 3 2 4 1. The second measure has a whole note chord with fingerings 3 2 4 1 3 2. The third measure has a whole note chord with fingerings 4 1 3 2 4 1 3 2. The fourth measure has a whole note chord with fingerings 3 2 4 1 3 2.

练习24

Moderate $\bullet = 120$

Exercise 24 is a bass line in 4/4 time, moderate tempo (120 bpm). The key signature has one sharp (F#). The notation consists of a single bass staff with a fretboard diagram below it. The fretboard diagram shows fingerings for both hands (T and B) across four measures. The first measure has a whole note chord with fingerings 4 1 3 2 4 1 3 2. The second measure has a whole note chord with fingerings 4 1 3 2 4 1. The third measure has a whole note chord with fingerings 3 2 4 1 3 2 4 1. The fourth measure has a whole note chord with fingerings 4 1 3 2 4 1.

练习25

Moderate ♩ = 120

练习26

Moderate ♩ = 120

练习27

Moderate ♩ = 120

练习28

Moderate ♩ = 120

练习29

Moderate ♩ = 120

练习30

Moderate $\bullet = 120$

Exercise 30 musical score (bass clef, 4/4 time). The tempo is Moderate with a quarter note equal to 120 beats per minute. The score includes a melodic line and a bass line with fret numbers and fingerings.

练习31

Moderate $\bullet = 120$

Exercise 31 musical score (bass clef, 4/4 time). The tempo is Moderate with a quarter note equal to 120 beats per minute. The score includes a melodic line and a bass line with fret numbers and fingerings.

练习32

Moderate $\bullet = 120$

Exercise 32 musical score (bass clef, 4/4 time). The tempo is Moderate with a quarter note equal to 120 beats per minute. The score includes a melodic line and a bass line with fret numbers and fingerings.

练习33

Moderate $\bullet = 120$

Exercise 33 musical score (bass clef, 4/4 time). The tempo is Moderate with a quarter note equal to 120 beats per minute. The score includes a melodic line and a bass line with fret numbers and fingerings.

练习34

Moderate $\bullet = 120$

Exercise 34 musical score (bass clef, 4/4 time). The tempo is Moderate with a quarter note equal to 120 beats per minute. The score includes a melodic line and a bass line with fret numbers and fingerings.

练习35

Moderate ♩ = 120

Musical notation for Exercise 35, featuring a bass line and a guitar fretboard diagram with fingering numbers.

练习36

Moderate ♩ = 120

Musical notation for Exercise 36, featuring a bass line and a guitar fretboard diagram with fingering numbers.

练习37

Moderate ♩ = 120

Musical notation for Exercise 37, featuring a bass line and a guitar fretboard diagram with fingering numbers.

练习38

Moderate ♩ = 120

Musical notation for Exercise 38, featuring a bass line and a guitar fretboard diagram with fingering numbers.

练习39

Moderate ♩ = 120

Musical notation for Exercise 39, featuring a bass line and a guitar fretboard diagram with fingering numbers.

练习50

Moderate $\bullet = 120$

2 1 3 4 2 1 3 4 2 1 3 4 2 1 3 4 2 1 3 4

练习51

Moderate $\bullet = 120$

3 4 2 1 3 4 2 1 3 4 2 1 3 4 2 1 3 4 2 1

练习52

Moderate $\bullet = 120$

4 3 1 2 4 3 1 2 4 3 1 2 4 3 1 2 4 3 1 2

练习53

Moderate $\bullet = 120$

1 2 4 3 1 2 4 3 1 2 4 3 1 2 4 3 1 2 4 3 1

练习54

Moderate $\bullet = 120$

2 1 3 4 2 1 3 4 2 1 3 4 2 1 3 4 2 1 3 4

练习55

Moderate $\bullet = 120$

3 4 2 1 3 4 2 1 3 4 2 1 3 4 2 1 3 4 2 1