

研究生英语系列教程

主编 / 张尚莲

研究生英语 综合阅读教程

第二版

**ENGLISH INTENSIVE
READING FOR
POSTGRADUATE
STUDENTS**

南开大学出版社

研究生英语系列教程

研究生英语综合阅读教程

(第二版)

English Intensive Reading for Postgraduate Students

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由于编者水平有限, 书中难免还有疏漏与不足之处, 敬请各位同仁与读者在使用中批评指正。

《研究生英语综合阅读教程》(第二版)编写组

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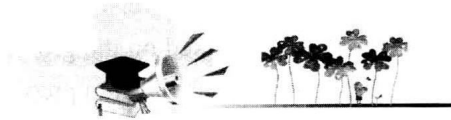
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Lesson One



Two Truths to Live by

Hold fast, and let go: Understand this paradox, and you
stand at the very gate of wisdom

Alexander M. Schindler

➤ Lead-in

A man is not rightly conditioned until he is a happy, healthy, and prosperous being; and happiness, health, and prosperity are the result of a harmonious adjustment of the inner with the outer of the man with his surroundings.

— *James Allen*

【1】 The art of living is to know when to hold fast and when to let go. For life is a paradox: it enjoins us to cling to its many gifts even while it ordains their eventual relinquishment. The rabbis of old put it this way: “A man comes to this world with his fist clenched, but when he dies, his hand is open.”

【2】 Surely we ought to hold fast to life, for it is wondrous, and full of a beauty that breaks through every pore of God’s own earth. We know that this is so, but all too often we recognize this truth only in our backward glance when we remember what it was and then suddenly realize that it is no more.

【3】 We remember a beauty that faded, a love that waned. But we remember with far greater pain that we did not see that beauty when it flowered, that we failed to respond with love when it was tendered.

【4】 A recent experience re-taught me this truth. I was hospitalized following a severe heart attack and had been in intensive care for several days. It was not a pleasant place.

【5】 One morning, I had to have some additional tests. The required machines were located in a building at the opposite end of the hospital, so I had to be wheeled across the courtyard on a

【17】 Add love to a house and you have a home. Add righteousness to a city and you have a community. Add truth to a pile of red brick and you have a school. Add religion to the humblest of edifices and you have a sanctuary. Add justice to the far-flung round of human endeavor and you have civilization. Put them all together, exalt them above their present imperfections, add to them the vision of humankind redeemed, forever free of need and strife and you have a future lighted with the radiant colors of hope.

NEW WORDS AND EXPRESSIONS



1. **paradox** *n.* statement that seems to say something opposite to common sense or the truth, but which may contain a truth 似非而是可能的隽语, 反论
2. **enjoin** *v.* give an order for; urge; command 命令; 催促; 吩咐
3. **ordain** *v.* (of God, law, authority) decide; destine (指上帝, 法律, 当局作的) 决定; 注定
4. **relinquish** *v.* give up (hope, a habit, belief, plan, etc.); let go (one's hold of sth.) 放弃 (希望, 习惯, 信仰, 计划等); 松手放开
relinquishment *n.*
5. **rabbi** *n.* teacher of the Jewish law 犹太法学家, 犹太学者
6. **clench** *v.* press firmly together 紧握, 捏紧
7. **wondrous** *a.* (=wonderful)
8. **pore** *n.* tiny opening (esp. in the skin of an animal body) through which fluids (e.g. sweat) may pass 小孔, (尤指动物身上的) 毛孔
9. **wane** *v.* become less or weaker 减少, 减弱, 衰弱
10. **hospitalize** *v.* send to, admit into hospital 送入医院; 允许住院
11. **gurney** *n.* a wheeled cot or stretcher 有轮子的小床或躺椅
12. **sparkle** *v.* send out flashes of light 闪闪发光; 闪耀, 闪烁
sparkling *a.*
13. **relish** *v.* enjoy; get pleasure out of 享受; 爱好; 喜好
14. **grandeur** *n.* greatness; magnificence 大; 壮丽; 华丽
15. **preoccupy** *v.* take all the attention of (sb. , his mind) so that attention is not given to other matters 使全神贯注; 盘踞 (心头); 迷住
16. **petty** *a.* small; unimportant 细小的; 次要的
17. **splendor** *n.* magnificence; brightness 华丽, 壮丽, 光亮
18. **insight** *n.* understanding power of seeing into something with the mind 洞察力; 见解
19. **glean** *v.* pick up (grain) left in a (harvest) field by the workers; (fig) gather (news, facts) in small quantities 拾 (遗穗); (喻) 一点点地收集 (消息, 事实)
20. **commonplace** *a.* ordinary or usual 平常的; 平庸的; 平常话; 平凡的事

21. heedless *a.* not attending to 不注意的, 掉以轻心的 *be heedless of* pay no attention to 不留心; 不注意; 不顾
22. awe *n.* respect combined with fear and reverence 敬畏
23. reverent *a.* feeling or showing reverence (deep respect; feeling of wonder and awe) 尊敬的, 虔诚的, 谦恭的
24. passionate *a.* easily moves by passion; filled with, showing passion 易动情的; 热情的
25. confront *v.* confront ... with ... become or bring face to face with 面对; 面临
26. womb *n.* organ in a female mammal in which offspring is carried and nourished while developing before birth 子宫
27. progression *n.* progress; moving forward 进步; 前进; 进行
28. spouse *n.* husband or wife 配偶
29. parable *n.* story designed to teach a moral lesson 寓言; 比喻
30. demise *n.* death (法律) 死亡
31. reconcile *v.* be reconciled to: overcome one's objections to; resign oneself to 克服, (对……的) 反对; 顺从(于); 听从(于)
32. contradictory *a.* contradicting 互相矛盾的
33. evanescent *a.* quickly fading; soon going from the memory 迅速凋落的; 不久被遗忘的
34. eternity *n.* time without end; the future life 永恒; 来世
35. relentless *a.* without pity 无慈悲的; 不怜悯的
36. perish *v.* be destroyed; come to an end; the future life 死亡, 消亡
37. wither *v.* (cause to) become dry; faded; or dead (使)枯萎; 凋谢
38. righteous *a.* doing what is morally right; obeying the law 正当的, 正直的, 守法的
righteousness *n.*
39. edifice *n.* building (esp. a large one) 大厦
40. sanctuary *n.* holy or sacred place, esp. a church or temple 圣堂; 神殿; 教会; 寺院
41. far-flung *a.* widely extended 广泛的, 漫长的, 辽阔的
42. endeavor *n. & v.* effort; attempt 努力, 尽力, 力图
43. exalt *v.* make high(er) in rank; great(er) in power or dignity 高举; 抬高(地位等); 提高(权力等)
44. redeem *v.* set free by payment; rescue 赎救, 拯救
45. strife *n.* quarrelling; state of conflict 争吵; 冲突; 敌对
46. radiant *a.* sending out rays of light; shining 放射光线的; 闪烁明亮的
47. cling to (sth.) hold tight to; together 抓住, 粘住, 坚持
48. break through make a way through 突破, 透过
49. be indifferent to (sth.) having no interest in; neither for nor against 对……不感兴趣的; 漠不关心的
50. dawn on/ upon (sb.) begin to appear; grow clear (to the mind) 开始现出; 变得(为所)明白

- A. contradictory to B. contradicted by C. agreed with D. consistent with
3. They called for “immediate, absolute, _____ separation from the North” and elected their own president, Jefferson Davis.
- A. friendly B. lifelong C. eternal D. lasting
4. Charles _____ to the rope his would-be rescuers had thrown to him.
- A. held B. grasped C. gripped D. clung
5. This revived all my _____ love of science.
- A. wondrous B. passionate C. intensive D. enthusiastic
6. He is doing an _____ course in physics.
- A. intense B. internal C. instant D. intensive
7. I don't care what you do about your job; it's no _____ of mine.
- A. importance B. matter C. concern D. subject
8. He was disappointed by his result, but he is now _____ to having to retake the exam.
- A. composed B. submitted C. reconciled D. supposed
9. Americans _____ with but one primitive bathroom on each floor revolted in horror.
- A. facing B. confronted C. threatened D. confused
10. Giving presents at Christmas is _____ in the West.
- A. an institution B. a habit C. a rule D. a law

III. Cloze

Read the passage through and choose one suitable word or phrase marked A, B, C or D for each blank in the passage.

Psychologists have been studying the factors that contribute to happiness. It is not 1 nor is a person in an apparent ideal situation 2 happy. The ideal situation may have little to do with his 3 feelings.

A good education and 4 are usually considered necessary for happiness. 5 Both may contribute, they are only chief factors 6 the person is seriously under-educated or actually suffering from 7 physical needs.

The rich are not 8 to be happier than the middle income group or 9 those with very low incomes. People with college educations are 10 than those who did not graduate from high school and it is believed that this is 11 Because they have more opportunity to control their lives.

Poor health does not rule out happiness 12 the severely weak or those in pain. Learning to cope with a health problem can 13 to happiness.

It should be noted that people quickly get 14 to what they have, and they are happiest when they feel they are increasing their 15 no matter where it stands at a given time.

1. A. practical B. potential C. preferable D. predictable
2. A. certainly B. plainly C. inevitably D. necessarily
3. A. pleasant B. unpleasant C. actual D. virtual
4. A. job B. background C. income D. environment

▶▶ V. Writing: ▲▲

Title: What I have Learned from the Lesson

Writing Tips: Life is full of wonder and beauty. We must enjoy ourselves with abandon. And we should never be too busy for it. The author's "Two truths to live by" is something that he has gleaned from his life experience. What have you learned from the lesson?

Supplementary Reading

Five Secrets of Living Life to the Fullest

Barbara Hatcher

【1】 Several years ago I received a postcard from a friend in Jackson Hole, Wyoming, who wrote, "I am skiing with abandon!" I wondered what he meant, for when I ski it is always with trepidation. I believe he meant he was skiing skillfully, joyfully, peacefully and confidently. Although I have no hopes of ever skiing that way, I do dream of living with abandon. I believe that men and women through the ages who have led successful lives have captured these five secrets of living life to the fullest.

【2】 **1. Have a self you respect.** This means having a deep sense of responsibility for your thoughts and actions. It means keeping your word, and being faithful to self, family and work. It means believing in what you do and working hard. It means setting your own internal standards, and not comparing yourself to others. It's not a question of being better than someone else; respect and integrity demand that you be better than you thought you could be.

【3】 Winston Churchill exemplified integrity and respect in the face of opposition. During his last year in office, he attended an official ceremony. Several rows behind him two gentlemen began whispering, "That's Winston Churchill." "They say he is getting senile." "They say he should step aside and leave the running of the nation to more dynamic and capable men." When the ceremony was over, Churchill turned to the men and said, "Gentlemen, they also say he is deaf!"

【4】 Churchill knew that one secret to a self you can respect is to choose a course of action based on what is right, not expedient, and not waver from it when criticized.

【5】 **2. Commit yourself to others.** Believe in others, and take time to nurture their dreams. A wise man said, "If you want one year's prosperity, grow grain. But if you want ten years' prosperity, grow men and women."

【6】 You can build into the lives of your family, friends and colleagues by providing nutrients of gratitude and encouragement, and by investing your time and energy in their aspirations. If a tree is given minimal nourishment, it will live, but it will not grow. But if nourishment is given over and beyond what is needed for life, the tree will live and grow upward, producing fruit.

【7】 **3. Turn disappointments into strengths.** Individuals who live with abandon have discovered that personal trials make them more sensitive and loving, while building endurance and character. They have learned that achievements worth remembering are stained with blood of

diligence and etched with the scars of disappointment.

【8】 The pages of history are filled with the historic stories of undaunted men and women who triumphed over disabilities and adversities to demonstrate victorious spirits.

【9】 **4. Enjoy life's process, not just life's rewards.** We live in a goal-oriented society that wants problems resolved now. We want three-minute oatmeal, one hour dry cleaning, and instant success. But to live with abandon, we must live one day at a time, savoring the little victories, realizing that life is an endless journey in self-discovery and personal fulfillment. It means taking time to hug your kids, kiss your spouse, and let the other fellow ahead of you on the freeway.

【10】 “I was one of those people who never go anywhere without thermometer, hot-water bottle, raincoat and parachute”, wrote author Don Herold. “If I had my life to live over, I would go barefoot earlier in the spring. I would ride more merry-go-rounds. I would take more chances, and I would eat more ice-cream.”

【11】 **5. Become involved in something bigger than yourself.** I do not believe you will live happily if you set out to live life for yourself alone. Choose a cause bigger than you are and work at it in a spirit of excellence. It will become a part of you as you see your goals through to the end. Measure success not by what you've done, but what you could do.

I watched her stride forward to collect her diploma and then descend to the cheers of family and friends. The wish expressed so many years ago had finally come to fruition: She had succeeded in devoting herself to both family and art, and the sense of that accomplishment radiated from her contented face.

【11】 In that instant I understand what those around me must be feeling, what it meant to have helped mentor another in the realization of a distant dream. And I felt a sudden sense of gratitude toward the institution on her behalf and on my own.

This was a place of fulfillments—the day was saturated with them—a place of mind and spirit committed to raising up successive generations of creative thinkers. Here time had an odd habit of circling back upon itself year after academic year, the faces changing but not the commitment, not the hope, not the achievement.

【12】 I had failed to appreciate all that 30 years ago. This moment wasn't about the next step, it wasn't about tomorrow's job prospects; it was about celebrating all that had come before, about the enormous effort and dedication that had gone into reaching this high place. It was about taking a moment to express one's thankfulness and delight in the journey, and holding fast to a fleeting joy. How few such opportunities life affords.

【13】 I watched my former student disappear back into the sea of caps and gowns, my heart enlarged by her presence. And when the last of the undergraduates had been called forward, and the president had declared "These exercises are now concluded", I went looking to congratulate her.

【14】 I found her posing for photos flanked by her three towering sons, speaking with well-wishers, beaming with pride. I hung back a moment, enjoying her exhilaration until she spotted me and shouted, "I did it!" and threw her arms around my neck. "It took me 11 years," she said, "but I finally did it."

"Yes, you did," I replied, hoping that feeling of accomplishment would sustain her not for just this one memorable day but for a lifetime.

NOTES

1. **commencement ceremony:** (American English) a graduation ceremony 毕业典礼
2. **au revoir (French):** goodbye 再见
3. **Pomp and circumstance:** 在美国流行的一首歌曲，常用于喜庆的时刻演奏

II. Vocabulary

► **A. Choose the best word from the four choices to complete each of the following sentences.**

- We're supposed to feel _____ on Thanksgiving Day, and not merely for being stuffed with delicious fowl, wine, and pies.
A. obligation B. appreciation C. compliment D. gratitude
- We've _____ the system since it was first launched.
A. confined B. refined C. polished D. defined
- Even though I was angry, something _____ me to smile.
A. propelled B. impelled C. compelled D. expelled
- This is an anniversary that has great _____ for the survivors of the train crash.
A. vibration B. assonance C. resonance D. fluctuation
- Our common goal is to maximize our _____ for economic growth.
A. potential B. feasibility C. essential D. practicality
- Recently released figures show that the decade-long _____ of the Japanese economy shows no signs of abating, and could even be worsening.
A. flourish B. concession C. withdrawal D. stagnation
- Unfortunately, it can be hard at first glance to tell if a message is _____, for many phony e-mail messages link to real company logos.
A. fraudulent B. affected C. pretending D. affluent
- I am delighted with the level of _____ you have shown.
A. commission B. correspondence C. commitment D. communication
- Throughout the trial he was _____ by the support of his family.
A. defended B. sustained C. fostered D. endured
- Spending a week at his cousin's farm was an exciting _____.
A. possibility B. foresight C. hindsight D. prospect

► **B. Choose the best word or expression from the list given for each blank. Use each word or expression only once and make proper changes where necessary.**

beam with pride	matriculation	self esteem	likelihood	come to fruition
be saturated with	get on with	linger upon	sort out	bewildered

- Nobody was sure whether the deal would _____.
- This matter could be _____ if they would just sit down and talk.
- There is a strong _____ that he will run for president next year.
- The sooner we finish the speeches, the sooner we can _____ the celebration.
- To help students pursue their educational goals and dreams, the College has a planned educational process called _____.
- I would let my spirit _____ the solemn memories which are interwoven with its history.

7. They lay on the beach and _____ sunshine, enjoying their two-week holiday.
 8. As his Scouting leaders, we also _____, because we know he's learning and growing up inside.
 9. Mrs. Smith was _____ when she saw her four kids were riding on one bicycle.
 10. Building _____ and self confidence is the key to happiness and success.

III. Cloze ▲

There are fifteen blanks in the following passage. Read the passage carefully and choose the right word or phrase from the list given below for each of the blanks. Change the form if necessary.

prescribe	prepares	parcel	imitate	emotional
molding	earned	reconcile	appointed	routes
intuitive	improvise	profitably	directives	mapping

I would want each one of you to experience in the years ahead, and experience not only in your professional life, whatever that may be, but in your 1 and spiritual lives as well—because unless that underground level of the self is preserved as a verified and verifying element in your make-up, you are going to be in danger of settling into whatever profile the world 2 for you and accepting whatever profile the world provides for you. You'll be in danger of 3 yourselves in accordance with laws of growth other than those of your own 4 being.

The world, for example, expects a commencement speaker to arrive with a set of 5, a complete do-it-yourself success kit, which he or she then issues to the graduating class; the commencement speaker's 6 role is to provide a clear-cut map of the future and a key to navigating it as elegantly and 7 as possible. To be a mixture of Polonius and Tiresias, of bore and of bard. But while that is what the world 8, the inner laws of this particular speaker's being make him extremely anxious about laying down laws or 9 the future for anybody. In fact, this speaker believes that all those laws and directions have to be personal discoveries rather than prescribed 10; they must be part and 11 of each individual's sense of the world. They are to be 12 rather than copied, they are to be invented rather than 13, and they are to be risked and 14 rather than brought into. Indeed, I have to say that for me, this very commencement address has been a matter of risk and improvisation from the moment I said I would do it, because I kept asking myself how I could 15 my long-standing aversion to the know-all with a desire to say something worthwhile to you.

IV. Translation ▲

> A. Put the following parts into Chinese.

1. I go out in the early morning and there is such silence that even breath is a profanation. The

Supplementary Reading

While They're Little

Jennifer Singer

Make every second with your kids count? Oh please!

【1】 It happens everyday, everywhere I go. At the supermarket, the deli¹ and the post office, people keep telling me to enjoy my kids while they are little. “You mean, it doesn’t get any better than this?” I ask, while my 4-year-old Nicholas lobbs animal crackers at his little brother, Chris, who’s busy burying his Sippy cup in a store display.

【2】 But these people, usually veteran moms, just smile and go home to their Pop-Tart-free² sofas and restful nights. Maybe, if they find melted M&M’s³ or donkey-shaped cookies in their purses tonight, they’ll remember what it was really like when their kids were little. I’ll never forget.

【3】 Perhaps these well-meaning empty-nesters have forgotten the less-than-pleasant parts of their children’s early years—the parts that have been making my days seem so long. Either that, or they’re hazing⁴ their kid’s generation—the generation that kept them from eating a full meal or getting a full night’s sleep 30 years ago. Let me assure you, ladies, my kids are settling the score⁵ for you.

【4】 I spend my days wiping toothpaste murals off the walls and fielding relentless questions about everything from why we have two eyes but one nose to whether there are potties in the heaven. I go to the supermarket to get the heck out of the house. Unless you know why cats have tails, leave me alone.

【5】 Don’t these seasoned moms remember being trapped in the house with a toddler who puts the phone in the refrigerator and a four-year-old who won’t eat without a promise to remove the raisins from his cinnamon-raisin bagel or the bananas from his banana bread?

【6】 I do. It happened last Monday—and Tuesday and Wednesday, too.

【7】 Yet, the other day, when I took my kids to a children’s museum, I caught a glimpse of what people were trying to tell me. It was the first time we went there without a diaper bag, baby bottle or stroller.

【8】 As I watched my sons paint a picture in the art exhibit, I was suddenly hit by a wave of sadness. I thought about how both will be in preschool this fall, where they’ll paint without me, explore without me, learn without me, sing without me and laugh without me, but they’ll be without me, and I’ll miss them, my babies, I realized, weren’t babies anymore. For the first time, that made me a little teary-eyed.

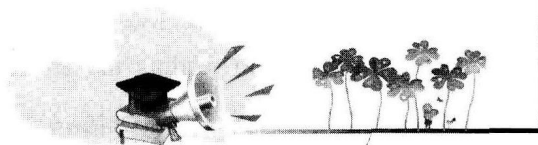
【9】 Suddenly, my thoughts were interrupted by two 7-year-olds wearing firefighter boots from one exhibit and plastic knights’ helmets from another, who were barreling⁶ through the museum halls with a giant rubber snake. They plowed past my two little boys like Mack⁷ trucks through a small town on a Sunday morning.

【10】 Right then, I swore I’d stop snorting sarcastically whenever people tell me to enjoy

- 将普通金属转变成黄金的方法)
46. **vile** *a.* extremely disgusting 非常讨厌的; 可憎的, despicable on moral grounds; corrupt 卑鄙的可耻的
47. **versatile** *a.* (approv.) turning easily or readily from one subject, skill or occupation to another 有多种学问, 技能或职业的; 多才多艺的
48. **Celluloid** *n.* plastic made from cellulose nitrate and camphor, used for making many things, eg. toys, toilet articles and (formerly) photographic film 赛璐璐; (dated) cinema films (美俗) 电影
49. **mimic** *a.* imitated or pretended 模仿的
50. **knockoff** *n.* (售价低廉的) 盗版服装; 名牌仿制品
51. **phonograph** *n.* (dated) record player 留声机; 电唱机
52. **logo** *n.* printed symbol designed for and used by a business, company, etc. as its emblem (企业公司等) 专用标识, 标记, 商标 (如用于广告中的)
53. **merger** *n.* (act of) joining together (esp. two commercial companies) 合并, 归并 (尤指两公司)
54. **helm** *n.* handle or wheel for moving the rudder of a ship or boat 舵柄, 舵轮
55. **veritable** *a.* (fml. or joc.) rightly named or called (做定语) (文或谚) 名副其实的; 真正的
56. **rosary** *n.* string of beads for keeping count of these prayers (念玫瑰经时用的) 数珠, 念珠
57. **bead** *n.* small piece of (usu. hard) material with a hole through it, for threading with others on a string, or for sewing onto material (有孔可穿连成串或缝在衣物上的) 小珠子
58. **silicon** *n.* 硅
59. **scroll** *n.* roll of parchment or paper for writing on (供书写用的) 羊皮纸卷, 纸卷; anything curved like a scroll, esp. an ornamental design cut in stone or a flourish in writing 卷形物; (尤指) 卷形石雕饰物或字体
60. **heyday** *n.* time of greatest success, prosperity, power, etc 最成功, 最繁荣, 最强盛等的时期
61. **harbinger** *n.* (rhet.) person or thing that announces or shows that sb. /sth. is coming (修辞) 预告者, 先驱, 先兆
62. **polymethylmetliacrylate** 聚甲基丙烯酸甲酯
63. **plexiglas** 有机玻璃
64. **polyesters** 聚酯
65. **polyethylene** 聚乙烯
66. **polyvinyl chloride** 聚氯乙烯
67. **vinyl** 乙烯基
68. **polyhexamethylene adipamide** 聚亚乙基乙二酸胺
69. **nylon polymer** 尼龙聚合物
70. **polytetnifluoroethylene** 聚四氟乙烯



Lesson Four



Commencement of Public Subscription Library

Benjamin Franklin

► Lead-in

Studies serve for delight, for ornament, and for ability. Their chief use for delight, is in privateness and retiring; for ornament, is in discourse; and for ability, is in the judgment and disposition of business. For expert and execute, and perhaps judge of particulars, one by one; but the general counsels, and the plots and marshalling of affairs, come best from those that are learned.

—Francis Bacon

【1】 From a child I was fond of reading, and all the little money that came into my hands was ever laid out in books. Pleased with *the Pilgrim's Progress*¹, my first collection was of John Bunyan's works in separate little volumes. I afterward sold them to enable me to buy R. Burton's *Historical Collections*; they were small chapmen's books, and cheap, 40 or 50 in all. My father's little library consisted chiefly of books in polemic divinity, most of which I read, and have since often regretted that, at a time when I had such a thirst for knowledge, more proper books had not fallen in my way since it was now resolved I should not be a clergyman. Plutarch's *Lives*² there was in which I read abundantly, and I still think that time spent to great advantage. There was also a book of Defoe's, called *An Essay on Projects*³, and another of Dr. Mather's, called *Essays to Do Good*⁴, which perhaps gave me a turn of thinking that had an influence on some of the principal future events of my life.

【2】 This bookish inclination at length determined my father to make me a printer, though he had already one son (James) of that profession. In 1717 my brother James returned from England with a press and letters to set up his business in Boston. I liked it much better than that of my father, but still had a hankering for the sea. To prevent the apprehended effect of such an inclination, my father was impatient to have me bound to my brother. I stood out some time, but at last was persuaded, and signed the indentures when I was yet but twelve years old. I was to serve