

# TOP WAY

## 大学英语

上海交通大学 钦寅 审订  
伍乐其 主编

# 四级考试词汇

## 背多分



学习时间积零为整，记忆过程化繁为简

分频选词 拒绝大海捞针

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背词典：2年？ → 背多分：2周！

OPWAY

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主编:伍乐其

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# 前言

面对厚重枯燥的词汇书,你在想什么?

我不想再茫然失措!站在出题者的角度,词汇题是怎样设计的?四个选项必然是形近词或者近义词,才能迷惑考生;同时,它们在词义、用法或搭配上又要有某些区别,因此只有一个是正确答案。能不能把可能出现在同一真题下的四个选项放在一起,通过例句的形式清清楚楚地体现它们的联系与区别?这样面对词汇选择题时就不会再晕头转向!

我不想再边学边忘!真希望词汇书层次更分明、重点更突出、内容更简单!如果它内容完整而且又小又薄、便于携带的话就更好了!这样除了平时的复习之外,还可以利用各种日常时间空隙,如课间、排队等候、开会前等时间,随时随地温故知新。

我不想再大海捞针!哪些是常考词汇,哪些是反复考过的词汇,哪些是一般词汇?可否分别用例句、底色、列表的形式加以区分?词汇的重要程度一目了然,复习过程才能有的放矢!

袖珍的《大学英语考试词汇4级背多分》不仅将你这三个愿望变成现实,还根据四级考试涉及的词汇较多这一特点,将词汇分成“过级必备”和“高分进阶”两部分。前14课的“过级必备”部分收录的是4级考试高频率词汇,而剩余的“高分进阶”部分则是考试中出现频率较低的偶考词汇,让你有选择地复习。帮助你把词汇学习时间积零为整,把记忆过程化繁为简,让你从烦琐枯燥的词汇复习中解脱出来。根据试验,学生约2周的时间便可以学完《背多分》。

2周?! 是的,你可以。

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# UNIT 1

## 例句加油站

- ① The exercises **fatigued** her.  
操练使她感到很疲乏。
- ② The storm did serious **damage** to the crops. / The storm seriously **damaged** the crops.  
暴风雨使庄稼受损严重。
- ③ **Splitting** an atom will cause a **release** of energy.  
分裂一个原子会释放出能量。
- ④ To the teacher's **relief**, all the students passed the exam.  
使老师感到宽慰的是,所有学生都通过了考试。
- ⑤ I have been **transferred** from Beijing to Shanghai.  
我已从北京被调到上海。
- ⑥ Will you **deliver**, or do I have to come to the shop to collect my purchases?  
你们送货还是我得自己到店里取货?
- ⑦ His music **conveys** a sense of optimism.  
他的音乐表达了一种乐观的情绪。
- ⑧ After the exam, the students waited with **anxiety** for their marks.  
考试之后,学生们焦急地等待着分数。
- ⑨ I'd like a room with a good **view**, please.  
请给我一间窗外景色好的房间。
- ⑩ You shall use your own **judgment** as to whether you should start work or study for a master's degree.  
你应当运用自己的判断力,决定是开始工作还是攻读硕士学位。
- ⑪ I'd like to **exchange** my stamps for your postcards.  
我愿意拿我的邮票换你的明信片。

- 
- 12 Animals can transmit disease to men.  
动物可把疾病传给人。
- 13 Tattoo is a drawing that is burned into a person's skin so that it can hardly be removed.  
纹身是一种纹在人的皮肤上很难消除的图画。
- 14 The old woman had a vision in which God seemed to appear before her.  
老妇人在幻觉中似乎看到上帝出现在她面前。
- 15 The committee have received the complaint, and they are looking into the problem.  
委员会已收到投诉并正对此问题进行调查。
- 16 The park is a picture itself.  
这个公园美景如画。
- 17 Not every organ transplant operation can be successful, because the new organ may be rejected by the surrounding tissues.  
并不是每一个器官移植手术都能成功,因为移植的器官可能会受周围组织的排斥。
- 18 Getting married / His marriage has completely transformed his character.  
婚姻彻底改变了他的性格。
- 19 The transport of goods by air is very expensive.  
货物空运是很昂贵的。
- 20 In the west, women by tradition wear white dress while they get married.  
在西方,女子在结婚时按传统穿的是白色的衣裙。
- 21 I'd like to go to the concert, but I have no transportation.  
我想去听音乐会,可我没有交通工具。
- 22 We interrupt our normal transmissions to bring you a special news flash.
-

---

我们现中断正常节目,播送一条特别新闻。

- 23 The mother had an easy delivery.

那位母亲顺利分娩。

- 24 Let's switch the conversation to a lighter subject.

我们把谈话转移到一个更轻松的话题吧。

- 25 Chinese commodities have enjoyed growing favor among buyers abroad.

中国出口商品越来越受到国外顾客们的欢迎。

- 26 Committing suicide is not a good way to solve a problem.

自杀不是解决问题的好方法。

- 27 I always faint at the sight of blood.

我一见到血就会晕倒。

- 28 Ice, snow, steam are different forms of water.

冰、雪、蒸汽是水的不同形态。

- 29 Coal can be converted to gas.

煤可以转化为煤气。

- 30 More workers shift from manufacturing towards services industries.

更多的工人从制造业转向服务业。

- 31 I want to alter the shirt; it's too large.

我想把这件衬衫改一改;它太大了。

- 32 Opinions vary from person to person.

观点因人而异。

- 33 Afforestation is to everyone's benefit. (Afforestation benefits everyone.)

植树造林对人人都有好处。

- 34 I derived a lot of pleasure from meeting new people in college.

在大学里,我从结识新交那里得到许多乐趣。

- 35 We must work hard to acquire a good knowledge of English.

我们必须努力学习才能精通英语。



- 
- 36 How can I reward your kindness?  
我怎样才能报答你的好意呢?
- 37 The couple couldn't have children of their own so they adopted a couple of kids.  
这对夫妇不能生育孩子,所以就收养了两个小孩。
- 38 Dust and dirt soon accumulate if a house is not cleaned regularly.  
房屋不经常打扫,尘土很快就越积越多。
- 39 The whole school (was) assembled in the hall.  
全校在礼堂集合。
- 40 He travels around the world to gather little-known facts about the disease.  
他走遍世界,收集鲜为人知的有关这种疾病的资料。
- 41 We are collecting money for the flood victims.  
我们在为遭受水灾的灾民募款。
- 42 His debts are piling up and he has no money to pay them.  
他债台高筑,已无力偿还。
- 43 I can soon adapt myself to the new environment; I'm always very adaptable.  
我可以很快适应新环境,我一向适应力非常强。
- 44 The doctor said an injection will bring your fever down in no time.  
医生说注射一针会使你的热度立刻降下来。
- 45 I like to receive presents on my birthday.  
过生日时我喜欢收礼物。
- 46 I don't know what profession would suit me.  
我不知道什么职业适合我。
- 47 Please regulate the air conditioner in this room so that we don't freeze and boil alternately.  
请把这屋的空调调节好,免得我们一会儿冷,一会儿热的。
-

- 38 The dancer's movements are perfectly coordinated.  
这位舞蹈家的动作非常协调。
- 39 The secretary will inquire about the flights.  
秘书会打听有关航班的情况。
- 50 We requested (of him) that he (should) leave at once.  
我们要求他立即离开。
- 51 I will do all that is required of me./I will do what you require of me.  
我会做所有要求我做的事。/ 我会做你要求我做的事。
- 52 A lot of publicity was used to generate interest in the new film.  
媒体对这部新影片做了大量宣传以引起公众的兴趣。
- 53 They are not the kind of people to yield to difficulties.  
他们不是那种向困难低头的人。

fatigue [fə'ti:g] *n.* 疲劳, 劳累  
*v.* (使)疲劳

damage ['dæmɪdʒ] *n.* 毁坏, 损害; [*pl.*] 损害赔偿(金) *vt.* 毁坏, 损害

release [ri'li:s] *vt./n.* 释放, 排  
放; 解除, 解脱; 放开, 松开; 发  
布, 发行

relief [ri'li:f] *n.* 轻松, 宽慰;  
(痛苦等)缓解, 减轻, 解除; 使  
得到调剂; 接替, 替下

transfer [træns'fə:] *vt.* 搬, 转  
移; 调动, 转学; 转让, 过户 *vi.*  
迁移, 转移; 调动, 转学; 转车,  
换乘 [*'trænsfə:*] *n.* 转移, 调动;  
转车, 换乘

deliver [di'livə] *vt.* 投递, 送  
交; 发表, 宣布, 讲; 给(产妇)接  
生, 帮助产下(婴儿); 给予(打  
击等); 解救, 拯救

convey [kən'vei] *vt.* 表达, 传  
达, 传递; 运送, 输送

anxiety [æŋg'zaiəti] *n.* 焦虑,  
挂虑; 渴望, 热望

view [vju:] *n.* 看法, 见解, 观

点; 观察, 视域, 眼界; 景色, 风  
景 *vt.* 看待, 考虑, 估量; 观察,  
看

in view of 鉴于, 考虑到 with  
a view to 为了, 为的是

judgment ['dʒʌdʒmənt] *n.* 看  
法, 意见, 评价; 判断, 判断力;  
审判, 判决

exchange [iks'tʃeɪndʒ] *n.* 交  
换, 互换, 调换; 汇兑, 兑换, 兑  
换率 *vt.* 调换, 交换, 互换; 交  
流

transmit [trænz'mɪt] *vt.* 播送,  
发射; 传送, 传递, 传染

remove [ri'mu:v] *vt.* 移开, 挪  
走; 脱下, 摘下; 去掉, 除去, 消  
除; 把...免职, 开除

vision ['viʒən] *n.* 想像(力),  
幻想, 幻觉; 视力, 视觉

look [lʊk] *vi.* 看, 瞧; 显得, 看  
上去; 朝着, 面向 *vt.* 看, 瞧, 打  
量 *n.* 看, (一)瞥; 脸色, 神色,  
表情; [*常 pl.*] 容貌, 外表

look after 照料; 注意, 关心

look ahead 向前看, 考虑未来

look at 朝...看; 看待; 考虑, 研

究 **look back** 回头看; (on) 回顾  
**look down on/upon** 看不起 **look for** 寻找; 惹来 **look forward to** 盼望, 期待 **look in** 顺便访问或看望 **look into** 调查, 观察 **look on** 观看, 旁观 **look out (for)** 注意 **look over** 把…看一遍; 察看, 参观 **look through** (从头至尾) 浏览; 详尽核查 **look to** 照管, 留心; 指望, 依靠 **look up** 好转; (在词典等中) 查找; 看望, 拜访; (to) 尊敬

**picture** ['pɪktʃə] *n.* 画, 图片, 照片; (生动的) 描绘, 写照; 影片, 电影, 画面; 美景, 景色; 情况, 事态, 局面 *vt.* (生动地) 描绘, 描述; 构想, 想像

**transplant** [træns'plænt, træns'plɑ:nt] *vt.* 移栽, 移种 (植物等); 移植 (器官); 使迁移, 使移居 *n.* (器官) 移植

**transform** [træns'fɔ:m] *vt.* 使改观, 改革; 变换, 把…转换成

**transport** [træns'pɔ:t] *vt.* 运输, 运送 [træns'pɔ:t] *n.* 运输, 运输系统, 运输工具

**tradition** [trə'dɪʃən] *n.* 传统, 惯例

**transportation** [ˌtræns'pɔ:teɪʃən] *n.* 运输, 运输

**transmission** [trænz'mɪʃən] *n.* 播送, 发射; 传送, 传递, 传染

**delivery** [dɪ'livəri] *n.* 投递, 送交; 投递的邮件, 发送的货物; 分娩; 讲话方式, 演讲风格

**switch** [swɪtʃ] *v.* 转变, 改变, 转换 *n.* 开关, 电闸; 转变, 改变

❑ **switch off** (把开关) 关掉

**switch on** (把开关) 开启

**favor** ['feɪvə] *n.* 好感, 喜爱, 宠爱; 赞同, 支持; 恩惠, 善意的行为, 好事 *vt.* 赞同, 喜爱, 偏爱; 有利于, 有助于

❑ **in favor of** 支持, 赞同

**commit** [kə'mɪt] *vt.* 犯 (错误、罪行等), 干 (蠢事、坏事等); (oneself) 使承担义务, 使承诺; (to) 把…托付给, 把…置于; 调拨…供使用, 拨出

**sight** [saɪt] *n.* 视力, 视觉; 看见, 瞥见; 视域, 眼界; 情景, 景

象; [pl.] 风景, 名胜 *vt.* 看见, 看到

■ *at first sight* 乍一看, 初看起来 *at/on sight* 一见(就) *catch sight of* 发现, 突然看见 *in sight* 看得见, 被见到; 在望, 在即 *lose sight of* 忘记, 忽略 *out of sight* 看不见, 在视野之外

*form* [fɔ:m] *n.* 形式, 种类; 形状, 外形; 表格; 精神(或身体)状态, 竞技状态 *vt.* 形成, 构成, 组成 *vi.* 形成, 产生

*convert* [kən'vɔ:t] *v.* (使)转变, (使)转化; (使)改变信仰(或态度等)

*shift* [ʃɪft] *v.* 移动, 转移; 改变, 转变 *n.* 转换, 转变; (轮或换)班

*alter* ['ɔ:lteɪ] *v.* 改变, 改动, 变更

*vary* ['vɛəri] *vi.* 变化, 有不同, 呈差异 *vt.* 改变, 使不同

*benefit* ['benɪfɪt] *n.* 益处, 好处; 救济金, 保险金 *vt.* 有益于 *vi.* 得益

■ *benefit sth./sb.* 有益于某人

或某事; *benefit by/from sth.* 得益于某事物

*derive* [dɪ'reɪv] *vt.* 取得, 得到; 追溯...的起源(或来由) *vi.* (from)起源, 衍生

*acquire* [ə'kwɪə] *vt.* 取得, 获得; 学到

*reward* [rɪ'wɔ:d] *n.* 报答, 奖赏; 报酬, 酬金 *vt.* 报答, 酬谢, 奖励

*adopt* [ə'dɒpt] *vt.* 收养; 采取, 采纳, 采用; 正式通过, 批准

*accumulate* [ə'kju:mjuleɪt] *vt.* 堆积, 积累, 积聚 *vi.* 累积, 聚积

*assemble* [ə'sembl] *vi.* 集合, 聚集 *vt.* 集合, 聚集, 召集; 装配

*gather* ['gæðə] *vi.* 聚集, 集合 *vt.* 收集, 采集; 逐渐增加; 猜想, 推测

*collect* [kə'lekt] *vt.* 收集, 采集; (去)取, 接; 收(账、税等), 领取 *vi.* 聚合, 积聚 *a./ad.* (打

电话)由对方付费(的)

pile [pail] *n.* 一堆,一叠 *v.* 堆积

adapt [ə'dæpt] *vt.* 使适应,使适合;修改,改编 *vi.* (to) 适应

bring [brɪŋ] *vt.* 带来,拿来;把…引来;促使,说服,劝使;使发生,使处于某种状态

■ *bring about* 导致 *bring around / round* 说服,使信服;使恢复知觉 (或健康) *bring down* 使落下,打倒;降低 *bring forth* 产生,提出 *bring forward* 提前;提出 *bring off* 使实现,做成 *bring on* 引起,助长,促进 *bring out* 出版,推出;使显出;激起 *bring through* 使(病人)脱险,使安全度过 *bring to* 使恢复知觉 *bring up* 教养;提出

receive [ri'si:v] *vt.* 收到,接到;受到,遭受;接待,接见,欢迎

suit [su:t, sju:t] *n.* 一套衣服

(或西服);起诉,诉讼 *vt.* 合适,适合;中…的意

regulate ['regjuleit] *vt.* 管理,控制;调整,调节

coordinate [kəu'ɔ:dineit] *vt.* 调节,协调 [kəu'ɔ:dinit] *n.* 坐标 *a.* 同等的,并列的

inquire [in'kwaiə] *v.* 打听,询问

■ *inquire after* 问起 (某人情况),问候 *inquire into* 调查

request [ri'kwest] *vt./n.* 请求,要求

require [ri'kwaiə] *vt.* 需要;要求,规定

generate ['dʒenəreit] *vt.* 生成,产生(光、热、电等);引起,导致

yield [ji:ld] *vi.* (to) 屈服,顺从;倒塌,垮掉 *vt.* 产生,出产;让出,放弃 *n.* 产量,收益

# 全真考题

1. I suffered from mental \_\_\_\_\_ because of stress from my job. [03,6]  
A. damage      B. release      C. relief      D. fatigue
2. The energy \_\_\_\_\_ by the chain reaction is transformed into heat. [02,6]  
A. transferred      B. released      C. delivered      D. conveyed
3. To our \_\_\_\_\_, Geoffrey's illness proved not to be as serious as we had feared. [02,6]  
A. anxiety      B. relief      C. view      D. judgment
4. He hoped the firm would \_\_\_\_\_ him to the Paris branch. [98,1]  
A. exchange      B. transmit      C. transfer      D. remove
5. Although I like the appearance of the house, what really made me decide to buy it was the beautiful \_\_\_\_\_ through the window. [96,1]  
A. vision      B. look      C. picture      D. view
6. We gave out a cheer when the red roof of the cottage came \_\_\_\_\_ view. [96,1]  
A. from      B. in      C. before      D. into
7. Some diseases are \_\_\_\_\_ by certain water animals. [00,1]  
A. transplanted      B. transformed  
C. transported      D. transmitted
8. The twentieth century has witnessed an enormous worldwide political, economic and cultural \_\_\_\_\_. [02,1]  
A. tradition      B. transportation  
C. transmission      D. transformation
9. The coming of the railways in the 1830s \_\_\_\_\_ our society

and economic life.

[95,1]

A. transformed

B. transported

C. transferred

D. transmitted

10. American football and baseball are becoming known to the British public through televised \_\_\_\_\_ from the United States.

[01,1]

A. deliveries

B. transmissions

C. transfer

D. transportation

11. At first, the speaker was referring to the problem of pollution in the country, but halfway in her speech, she suddenly \_\_\_\_\_ to another subject.

[96,1]

A. committed

B. switched

C. favored

D. transmitted

12. The \_\_\_\_\_ of blood always makes him feel sick.

[95,6]

A. sight

B. view

C. look

D. form

13. Features such as height, weight, and skin color \_\_\_\_\_ from individual to individual and from face to face.

[96,6]

A. change

B. vary

C. alter

D. convert

14. The hopes, goals, fears and desires widely \_\_\_\_\_ between men and women, between the rich and the poor.

[00,1]

A. alter

B. shift

C. transfer

D. vary

15. Not only the professionals but also the amateurs will \_\_\_\_\_ from the new training facilities.

[03,6]

A. derive

B. acquire

C. benefit

D. reward

16. If people feel hopeless, they don't bother to \_\_\_\_\_ the skills they need to succeed.

[03,1]

A. adopt

B. acquire

C. accumulate

D. assemble

17. \_\_\_\_\_ energy under the earth must be released in one form or another, for example, an earthquake.

[02,1]

A. Accumulated

B. Gathered

C. Assembled

D. Collected

18. Everybody \_\_\_\_\_ in the hall where they were welcomed by



the secretary.

[00,6]

A. assembled B. accumulated C. piled D. joined

19. The old couple decided to \_\_\_\_\_ a boy and a girl though they had three children of their own. [97,6]

A. adapt B. bring C. receive D. adopt

20. The newcomers found it impossible to \_\_\_\_\_ themselves to the climate sufficiently to make permanent homes in the new country. [98,1]

A. suit B. adapt C. regulate D. coordinate

21. I suggested he should \_\_\_\_\_ himself to his new conditions. [01,1]

A. adopt B. regulate C. suit D. adapt

22. If you want to know the train schedule, please \_\_\_\_\_ at the booking office. [95,1]

A. acquire B. inquire C. request D. require

23. Extensive reporting on television has helped to \_\_\_\_\_ interest in a wide variety of sports and activities. [01,6]

A. assemble B. generate C. yield D. gather

## 答案与译文



1. [D] 因为工作有压力,我精神疲惫不堪。
2. [B] 连锁反应所释放出的能量被转换成热能。
3. [B] 让我们感到宽慰的是,杰夫雷的病经证实不像我们担心的那么严重。
4. [C] 他希望公司能将他调到巴黎的分公司。
5. [D] 虽然我喜欢这房子的外观,但真正让我决定买下它的是窗外美丽的风景。
6. [D] 当农舍的红房顶映入眼帘时,我们发出了欢呼声。
7. [D] 一些疾病是通过某些水生动物传播的。
8. [D] 20世纪经历了一场巨大的世界性的政治、经济和文化变革。