

# 标准英语听说突破

## Standard Spoken English And Listening Comprehension Breakthrough

- 动口练耳，双向突破
- 轻松学习，轻松掌握
- 五步式循环训练，步步为营

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# 关于《标准英语听说突破》

《标准英语听说突破》是一套独特的学习教材。它专为中国学生设计，中英文对照，并配有两盒磁带。内容包括常用词语、句子、场景故事、理解练习、辨音练习和有趣的英文歌曲。

《标准英语听说突破》共分十课，每一课分五个步骤。首先学习本课将出现的单词和短语，然后听学按照功能分类的口语句式。第三步结合刚才所学的句式听场景故事。这部分的选材独具匠心，能够拓展和巩固所学的句式。练习部分有理解练习和辨音练习，目的是掌握课文内容，牢记所学单词，辨音练耳。最后，结合所学内容，挑选趣味性强的流行歌曲，以便提高学习的积极性。课文内容前的学习指导能给学习者一些提示和启发。

《标准英语听说突破》的文字与磁带录音严格对照，读者可以采取适合自己的方式来使用。如果在听的过程中遇到困难，可以查看学习指导，以获取帮助。你也可以边听边看书，然后合上书本再听。或者，先把课文内容读一遍，然后听磁带，最后再看书，在阅读文字的过程中加强记忆。

多元化的体例，科学的功能设计使本书适用于各种学习方式。相信它一定能对你的英语学习有所帮助。

编者

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# Greetings

## 问候



### Step One

#### 第一步

## Commonly Used Words

### 常用词语

come in	v.	进来
look	v.	显得 看起来
arrange	v.	安排
as much as possible		多多益善
position	n.	状况
over	prep.	关于, 至于
unfortunately	adv.	不幸地
silly	adj.	愚蠢的
impossible	adj.	不可能的
organization	n.	机构, 组织
maybe	adv.	也许
it's better not to do...		不要做某事为好
real estate	n.	房地产
agent	n.	代理人
it's best if...		如果能……就最好
appointment	n.	约会
hold on		别着急
rush	n.	匆忙



## Step Two

### 第二步

## Daily Expressions: Greeting People

### 日常用语：打招呼

❖ **学习指导：**在生活工作中，早晨，人们碰面有不同的招呼形式。以下就是其中最常用的几种。)

**Woman:** Morning.

**Man:** Good morning.

**Pause**

**Woman:** Good morning.

**Man:** Morning.

**Pause**

**Woman:** Hello.

**Man:** Hello.

**Pause**

**Woman:** Hi.

**Man:** Hi.

**Pause**

**Man:** Yes, that's easy. Anything more I wonder?

**Woman:** How are you?

**Man:** Fine, thanks. And you?

**Pause**

**Woman:** Fine, thanks.

女人：早上好。

男人：早上好。

暂停

女人：早上好。

男人：早上好。

暂停

女人：你好。

男人：你好。

暂停

女人：嗨。

男人：嗨。

暂停

男人：对，那很容易。还有什么事呢？

女人：你好吗？

男人：谢谢，我很好。你呢？

暂停

女人：我也很好，谢谢。



## Step Three

### 第三步

## Talking Event: A New Comer

### 场景会话：新来的人

❖ **学习指导：**这段对话发生在两位熟人之间，几乎包括了最常用的问候语，如：How nice to see



you; How are you; How do you like... 英语中用 How 引导的句子常有询问的意味。

### ❖ 句型剖析:

1. **How + be + 名词**, 问某人怎么样了。如: How is your family? How is your father? How 's the company?
2. **It's better for sb. not to do sth.** 重要的是要记住结构, 对于初学者来说有些复杂, 用得多了就简单了。
3. **I don't see why.** 我不知道原因。很多场合可用, 属于五星级句型。
4. **It's best if...** 最好能……。委婉表达说话者对某人的希望。  
如: It's best if he can do it alone. 他能独立完成最好。

Lee: Good morning.

Isoli: Good morning.

Lee: Can I come in, Mr. Isoli?

Isoli: Lee. How nice to see you.  
How are you?

Lee: Fine, thanks, Tony. Yourself?

Isoli: Very well. How do you like  
New York?

Lee: It looks nice.

Isoli: How was the flight?

Lee: Fine.

Isoli: And is the hotel OK?

Lee: Yes. It's very good.

Isoli: You have come first to  
arrange everything.

Lee: Well, to arrange as much as  
possible. Tell me, what is the  
position over an office?

Isoli: Unfortunately we just don't  
have room here.

Lee: Yes, I know. I know that.

李: 早上好。

艾瑟利: 早上好。

李: 艾瑟利先生, 我可以  
进来吗?

艾瑟利: 李。见到你太高兴  
了。你好吗?

李: 很好, 谢谢, 托尼。  
你呢?

艾瑟利: 我也很好。你觉得  
纽约怎么样?

李: 看起来不错。

艾瑟利: 飞行旅途怎么样?

李: 很好。

艾瑟利: 旅馆还好吗?

李: 非常好。

艾瑟利: 你先来安排一切。

李: 对, 尽可能安排周到  
些。告诉我, 这里的  
办公室条件怎么样?

艾瑟利: 很不幸, 我们没有  
房间了。

李: 我知道, 这我知道。

**Isoli:** It's silly. There are only four of you, and this place is so big. Another four people is nothing, you would think. But it's really impossible.

**Lee:** Yes, I understand. Anyway, it's a different organization. Maybe it's better for us not to be in this building.

**Isoli:** I don't see why, really. Anyway, I phoned a real estate agent, and arranged for you to meet him. It's best if you talk to him directly.

**Lee:** Good. When is that?

**Isoli:** Now.

**Lee:** Now?

**Isoli:** Yes. The appointment was for nine thirty.

**Lee:** Oh! It's nine thirty now.

**Isoli:** I know.

**Lee:** Well, let's go.

**Isoli:** Hold on. Let's finish our coffee first. There is no rush. Also, I want to talk to you about er... about something.

**Lee:** About what?

**Isoli:** About dinner tonight. You and I have dinner tonight.

**Lee:** Oh! Tony, you haven't changed.

**艾瑟利:**可笑吧。你们只有四个人，这地方也够大。你们也许会想，再来四个人也不是件难事。但真的不可能。

**李:** 我能理解。怎么说，这是个完全不同的机构。也许我们最好不要在这栋大楼里。

**艾瑟利:**我也不知为什么，真的。算了，我给一个房地产代理人打了电话，安排你和他见一面。最好你能直接和他谈。

**李:** 好。什么时候?

**艾瑟利:**现在。

**李:** 现在?

**艾瑟利:**是。见面时间九点半。

**李:** 噢! 现在都九点半了。

**艾瑟利:**我知道。

**李:** 那我们走吧。

**艾瑟利:**别急。喝完咖啡再说。别着急。另外，我想和你谈谈……谈件事。

**李:** 什么事?

**艾瑟利:**今晚的晚餐。你和我今晚共进晚餐。

**李:** 噢! 托尼，你还是老样子。





**Step Four**  
第四步

**Exercise 1**

**Comprehension Test 理解测试**

- ☞ Check your comprehension by answering the following questions.  
对下列问题做出回答，检测自己的理解程度。

1. Where does this dialogue take place?  
A. At home with a friend.  
B. In an office building.  
C. In a cafe.
2. Scene 1, A New Comer contains this statement : How nice to see you.  
Which statement below has the same meaning?  
A. I'm very glad to see you.  
B. You look very nice.  
C. It's a surprise to see you here.
3. At the beginning of the conversation, Lee says : Thanks, Tony. Yourself?  
What is the meaning of the word "Yourself" here?  
A. You alone, nobody else.  
B. How about yourself?  
C. Are you OK?
4. In the sentence "What is the position over an office?", which word could be used instead of "over"?  
A. on  
B. of  
C. about
5. According to the dialogue, what is the relationship between Lee and Isoli?  
A. They are workmates.  
B. They are friends.  
C. Both A and B.

## Exercise 2

## Listening Contrast 听力辨音

As you read each pair of the words or expressions, choose the correct one from the following.

在以下的单词或词组中找出你听到的正确答案。

- |                      |                     |
|----------------------|---------------------|
| A. flight ✓          | fright              |
| B. arrange           | orange ✓            |
| C. possible ✓        | portable            |
| D. estate            | state               |
| E. unfortunately ✓   | information         |
| 10-20-11<br>F. agent | 6-20-11<br>urgent ✓ |
| G. organization ✓    | agonizing           |
| H. rush              | Russia ✓            |

### Answer Key

### 练习答案

- Exercise 1
1. B
  2. A
  3. B
  4. C
  5. C
- Exercise 2
- A. flight
  - B. orange
  - C. possible
  - D. state
  - E. unfortunately
  - F. agent
  - G. organization
  - H. Russia

# Good Day, Sun

你好太阳

Good day, Sun.  
And I'm sure you'll be shining all day.  
Good day, Sun.  
You'll be driving the clouds away.  
Good day, Sun.  
And the summer is here to stay.  
Good day, Sun. Good day, Sun

Seemed so long, the winter winds  
were high.  
Seemed so long before the storm  
passed by.  
Yesterday the rain began to die,  
and today the earth is warm and dry.  
And I know why:  
Just look in the sky.

Good day, Sun. Good day, Sun.  
And I'm sure you'll be shining all day.  
Good day, Sun. Good day, Sun.  
You'll be driving the clouds away.  
Good day, Sun. Good day, Sun.  
And the summer is here to stay.  
Good day, Sun. Good day, Sun.

你好太阳。  
确信你会整天明亮。  
你好太阳。  
你驱散云朵。  
你好太阳。  
夏日不会远去。  
你好太阳，你好太阳。  
  
仿佛太久太久，冬风那么肆意。  
仿佛太久太久，风暴徘徊不去。  
昨天雨开始停，  
今天大地温暖干爽。  
我知道原因。  
看看天空吧。

你好太阳。你好太阳。  
确信你会整天明亮。  
你好太阳。你好太阳。  
你驱散云朵。  
你好太阳。你好太阳。  
夏日不会远去。  
你好太阳，你好太阳。



And I know why:

Just look in the sky.

Good day, Sun. Good day, Sun.

And I'm sure you'll be shining all day.

Good day, Sun. Good day, Sun.

You'll be driving the clouds away.

Good day, Sun. Good day, Sun.

And the summer is here to stay.

Good day, Sun. Good day, Sun.

我知道原因。

看看天空吧。

你好太阳。你好太阳。

确信你会整天明亮。

你好太阳。你好太阳。

你驱散云朵。

你好太阳。你好太阳。

夏日不会远去。

你好太阳，你好太阳。

# Time and Number

## 时间和数字



### Step One

#### 第一步

### Commonly Used Words

#### 常用词语

agent	n.	代理人, 中介人
Washington	n.	华盛顿 (美国首都)
airline	n.	航空公司
tourist class		经济舱
united	adj.	联合的
book	v.	预定
initial	n.	姓名的开头字母
Eurocheque	n.	欧洲货币
Belgian	adj.	比利时的
franc	n.	法郎
hold on		等一等, 请慢
leave behind		遗留下……, 将…放下
painted	adj.	油漆过的
trail	v.	穿过
metal	n.	金属
yearn	v.	渴望



## Daily Expressions: Numerals

日常用语: 数字

❖ **学习指导:** 生活中无时无刻都能见到数字。学习时一听二看三背, 把它们记得滚瓜烂熟才是唯一的方法。

**Man:** One, two, three, four, five.

**Pause**

**Woman:** Six, seven, eight, nine, ten.

**Pause**

**Man:** Eleven, twelve, thirteen, fourteen, fifteen.

**Pause**

**Woman:** Sixteen, seventeen, eighteen, nineteen, twenty.

**Pause**

**Man:** Twenty-one, twenty-two, twenty-three, twenty-four, twenty-five.

**Pause**

**Woman:** Thirty, forty, fifty, sixty.

**Pause**

**Man:** Seventy, eighty, ninety, a hundred.

**Pause**

**Woman:** A hundred and one, a hundred and two, a hundred and three, a hundred and four.

**Pause**

**Man:** A hundred and five, a hundred and six, a hundred and seven, a hundred and eight.

**男人:** 一, 二, 三, 四, 五。

**暂停**

**女人:** 六, 七, 八, 九, 十。

**暂停**

**男人:** 十一, 十二, 十三, 十四, 十五。

**暂停**

**女人:** 十六, 十七, 十八, 十九, 二十。

**暂停**

**男人:** 二十一, 二十二, 二十三, 二十四, 二十五。

**暂停**

**女人:** 三十, 四十, 五十, 六十。

**暂停**

**男人:** 七十, 八十, 九十, 一百。

**暂停**

**女人:** 一百零一, 一百零二, 一百零三, 一百零四。

**暂停**

**男人:** 一百零五, 一百零六, 一百零七, 一百零八。

**Pause**

**Woman:** Two hundred, three hundred, four hundred.

**Pause**

**Man:** Nine hundred and ninety nine, a thousand.

**Pause**

**Woman:** This is room two one five?

**Man:** That's right. Two fifteen.

**Pause**

**Woman:** Two one five, or two fifteen. OK. Or two hundred and fifteen.

**Pause**

Mine is four hundred and sixty.

**Man:** Four hundred and sixteen?

**Woman:** No. Sixty. Six o. Four six o.

**Pause**

**Man:** Four sixty.

**Pause**

Mine is fourteen seventy.

**Pause**

**Woman:** One four seven o.

**Man:** That's right. One thousand four hundred and seventy.

**暂停**

**女人:**二百, 三百, 四百。

**暂停**

**男人:**九百九十九, 一千。

**暂停**

**女人:** 这是二一五号房间?

**男人:** 没错。二后加十五。

**暂停**

**女人:** 二一五, 或是二后面加十五。好嘞。或者是二百一十五。

**暂停**

我的房间号码是四百六十号。

**男人:** 四百一十六?

**女人:** 不。六十。六零。四六零。

**暂停**

**男人:** 四后面加六十。

**暂停**

我的是十四后加七十。

**暂停**

**女人:** 一四七零。

**男人:** 对。一千四百七十。



### Step Three 第三步

## Talking Event: At a Travel Agent's

场景会话: 在旅行社

❖ **学习指导:** 下面的对话发生在旅行社的机票预定处。其中有几处的数字以时间形式和票额面值形式出现。听的时候请注意, 并用笔加以记录。



❖ 句型剖析:

1. **How do you want to...?** 很常用的句型。在餐厅就餐时,你往往可以听到有人问: How do you want to eat your steak?
2. **Say....** 这个句子里, say 并没有实际意义,只是代表一种假定的语义。比如: Anyone, say yourself, might have done so.
3. **I'll just see if ...** 这个句子里 see 是“确定”的意思,确定一下某事是否……。如: I'll see if they have finished the lessons.

**Martin:** Excuse me.

**Agent:** Just a minute. Yes, can I help?

**Martin:** I want to get to Washington on Sunday.

**Agent:** How do you want to fly?

**Martin:** By airplane.

**Agent:** Which airline?

**Martin:** Airline? It doesn't matter. Any.

**Agent:** First class? Tourist class?

**Martin:** Tourist class.

**Agent:** Morning or afternoon?

**Martin:** Afternoon. Say about three or four o'clock.

**Agent:** Ah! Fifteen thirty. There is a fifteen thirty, United Airline, which arrives in Washington at sixteen forty-five.

**Martin:** Sixteen forty-five.  
That's four forty-five.

**Agent:** That's right. Quarter to five.

**Martin:** That's fine.

**Agent:** Which day?

**Martin:** Sunday. That's this Sunday.

马丁: 对不起。

工作人员: 等等。有什么需要帮忙的吗?

马丁: 星期天我要去华盛顿。

工作人员: 你想怎么走?

马丁: 坐飞机。

工作人员: 哪家航空公司?

马丁: 航空公司? 无所谓。都可以。

工作人员: 一等舱还是经济舱?

马丁: 经济舱。

工作人员: 早上还是下午?

马丁: 下午。大概三、四点钟左右。

工作人员: 啊! 1530。联合航空的1530航班,十六点四十五分到达华盛顿。

马丁: 十六点四十五。也就是四点四十五。

工作人员: 对。五点差一刻。

马丁: 好的。

工作人员: 哪一天?

马丁: 星期天。这个星期



The, er, tenth.

**Agent:** The tenth. I'll just see if I can book it for you. Can I have your name, please?

**Martin:** Kemp: K, e, m, p.

**Agent:** Initial?

**Martin:** M. M for Martin.

**Agent:** How do you want to pay?

**Martin:** Oh, I'll pay by Eurocheque.

**Agent:** It's six thousand three hundred and twenty Belgian francs.

**Martin:** Hold on. Sorry. How much is it?

**Agent:** Six thousand three hundred and twenty.

**Martin:** Six, three, two, zero. Yes, thank you.

天。呃，十号。

**工作人员:** 十号。我看看是不是可以给您预定。请告诉我你的名字。

**马丁:** 肯普, K, E, M, P。

**工作人员:** 首字母是?

**马丁:** M。马丁的 M。

**工作人员:** 采用什么付款方式?

**马丁:** 哦, 欧洲支票。

**工作人员:** 一共是六千三百二十比利时法郎。

**马丁:** 停一停。对不起。多少?

**工作人员:** 六千三百二十。

**马丁:** 六、三、二、零。好, 谢谢。



#### Step Four 第四步

### Exercise 1

### Comprehension Test 理解测试

Check your comprehension by answering the following questions.  
对下列问题做出回答, 检测自己的理解程度。

- In this dialogue, which word can be used instead of "air plane"?  
A. air  
B. airline  
C. aerotrack