



普通高等教育“十五”国家级规划教材

新世纪高等院校英语专业本科生系列教材

总主编 戴炜栋

阅读教程

Reading to Develop Your Ideas

第三册

Book 3

主 编 蒋静仪

副主编 杨 瑛

Wang Suchen

Radhika Jaidev



学生用书

Student's Book

上海外语教育出版社 外教社
SHANGHAI FOREIGN LANGUAGE EDUCATION PRESS



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总序

普通高等教育“十五”国家级规划教材

新世纪高等院校英语专业本科生系列教材

随着改革开放的日趋深入,社会各界对外语人才的需求持续增长,我国英语专业的招生规模逐年扩大,教学质量不断提高。英语专业本科生教育的改革、学科建设及教材的出版亦取得了巨大的成绩,先后出版了一系列在全国有影响的精品教材。21 世纪的到来对英语人才的培养提出了更高的标准,同时也为学科建设和教材编写提出了新的要求。随着中国加入世界贸易组织,社会需要的不是仅仅懂英语的毕业生,而是思维科学、心理健康、知识面广博、综合能力强,并能熟练运用英语的高素质的专门人才。由于中学新的课程标准的颁布,中学生英语水平逐年提升,英语专业本科生入学时的基础和综合素质也相应提高。此外,大学英语(公外)教育的迅猛发展,学生英语能力的提高,也为英语专业学生的培养提出了严峻的挑战和更新更高的要求。这就规定了 21 世纪的英语教学不是单纯的英语培训,而是英语教育,是以英语为主体,全面培养高素质的复合型人才。教材的编写和出版也应顺随这种潮流。

为了迎接时代的挑战,作为我国最大的外语教材和图书出版基地之一的上海外语教育出版社(外教社)理应成为外语教材出版的领头羊。在充分调研的基础上,外教社及时抓住机遇,于新世纪之初约请了全国 25 所主要外语院校和教育部重点综合大学英语院系的 50 多位英语教育家,在上海召开了“全国高等院校英语专业本科生系列教材编写委员会会议”。代表们一致认同了编写面向新世纪教材的必要性、可行性和紧迫性,并对编写思想、教材构建、编写程序等提出了建议和要求。而后,外教社又多次召开全国和上海地区的专家、学者会议,撰写编写大纲、确定教材类别、选定教材项目、讨论审核样稿。经过一年多的努力,终于迎来了第一批书稿。

这套系列教材共分语言知识和语言技能、语言学与文学、语言与文化、人文科学、测试与教学法等几个板块,总数将超过 150 余种,可以说几乎涵盖了当前我国高校英语专业所开设的全部课程。编写内容深入浅出,反映了各个学科领域的最新研究成果;编写体例采用国家最新有关标准,力求科学、严谨,满足各门课程的具体要求;编写思想上,除了帮助学生打下扎实的语言基本功外,还着力培养学生分析问题、解决问题的能力,提高学生的人文、科学素养,培养健康向上的人生观,使学生真正成为我国 21 世纪所需要的外语专门人才。

本套教材编写委员会由我国英语界的知名人士组成,其中多数是在各个领域颇有建树的专家,不少是高等学校外语专业教学指导委员会的委员。教材作者均由编

写委员会的专家在仔细审阅校稿后商定,有的是从数名候选人中遴选,总体上代表了中国英语教育的发展方向和水平。

鉴于该套教材编写理念新颖、特色明显、体系宏大、作者权威,国家教育部已经将其列入了“十五”重点教材规划项目。我们相信,继“高等院校英语语言文学专业研究生系列教材”之后,外教社该套教材的编写和出版,不仅会满足 21 世纪英语人才的培养需要,其前瞻性、先进性和创新性也将为外语乃至其他学科教材的编写开辟一条新的思路,拓展一片新的视野。

戴炜栋

上海外国语大学校长

前言

这是一套为全国英语专业本科一二年级学生编写的英语泛读教材。全套共分为四册,供第一、第二学年计四个学期使用。

什么是泛读?应用语言学家的定义是:泛读就是大量阅读,阅读者对所读的材料不必面面俱到。泛读旨在培养学习者良好的阅读习惯,学习者通过阅读不断积累词汇和语言结构知识,提高对阅读的兴趣(Richards et al, 1985)。

诚然,泛读的基本意义就是多读,以增加对目的语的语感,这一点对初级和初中级语言水平的学习者十分重要。对中、高级语言水平的学习者而言,通过阅读来积累目的语的语言知识依然十分重要,但是他们要学会在一个更高的层次上来习得目的语,要学会总结、归纳文章作者的观点和思想并与自己的思想和观点融合在一起,也就是说要学会通过阅读来总结和发展自己的观点,只有这样学习者才能更好、更有效地习得目的语。

本套教材本着这一编写宗旨,结合英语专业本科学生较高的目的语水平,在设计了常规的阅读理解、词汇等练习外,还设计了各种形式与主题相关的讨论题让学习者围绕文章拓展讨论,让他们将所阅读的文章与自己的观点融会在一起,从而更好地掌握所学内容,帮助习得目的语。

本套教材是在“主题为基础”、“协作性学习”的原则下编写的。每个阅读单元的主题就像一根绳索,将所有阅读文章有机地串联在一起。学习者通过阅读同一主题下各种体裁的文章,可从不同角度深化自己对每个相关主题的理解。“协作性学习”将学习者从传统的学习模式中解放出来,变被动为主动,提高学习兴趣。学习者通过协作性学习,达成知识共享,学会从多角度看待和理解问题,同时提出问题和解决问题的能力也得到了加强。

为体现本套教材编写的宗旨和原则,使用本教材时可遵循如下步骤:

1. “课前阅读”(Pre-reading):

“课前阅读”是每一单元的引子,从诠释名人名言切入,过渡到教材中设计的与本单元主题相关的问题,激活学习者的思维,为课中阅读作一个铺垫。

2. “课中阅读”(In-reading):

“课中阅读”每一主题下的四篇文章以不同的形式、从不同的角度描述或论证与主题相关的各种思想观点。为培养学习者的自主学习能力,学习者应在课堂讲解、讨论之前独立完成所有的阅读文章(快速阅读文章除外)。课堂教学以学习者为主,以教师指导、小组讨论、课堂辩论等为辅;教师对学习者就阅读中难以解决的问题提供支持,不必也不需要逐句的解释。要大力鼓励学习者参加协作性的小组和班级讨论,运用文章中的内容和语言知识表达自己的观点。

3. “课后阅读”(Post-reading):

“课后阅读”是本套教材的重要部分,也就是教材所要强调的:通过阅读来发展自己的观点。教材中设计的各种练习是为了促进学习者与文章、文章作者以及其他学习者之间的互动。所以这一部分设计的活动和任务学习者应逐一去完成,并要充分利用信息时代所提供的大量资源去进行更多的真实阅读,然后去总结、归纳所作的大量阅读,最终形成自己的观点,与同学

共享。

课堂教学时间非常有限,对泛读教学来讲更是如此。要让学生多读书、读好书,教师一定要从传统的教学模式中脱离出来,在课堂上要避免不停地讲解,利用有限的时间来启发、指导学生,增加有限课堂教学时间内教师与学生、学生与学生的互动。教师退出主导地位而以学习者为中心的教学模式在国外的第二语言教学中已得到充分认可,相信中国的学习者经过一定的训练后也会成为这种学习模式的受益者。

本套教材希望以一种较新颖的形式,将学习者置于整个学习过程的中心,通过教师提供必要的支持,使其更快、更好地习得目的语。

最后本套教材的编写者要就此机会向秦秀白教授表示衷心的感谢。可以这样讲,没有秦秀白教授的鼓励、支持和指导就没有这套教材。

由于时间仓促,加之编写者水平有限,书中错漏之处在所难免,还请各位专家及本书的使用者批评指正。

编 者

2005年3月

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UNIT ONE

FAMILY AND MARRIAGE

All happy families resemble one another; every unhappy family is unhappy in its own fashion.

Leo Tolstoy

Nobody who has not been in the interior of a family can say what the difficulties of any individual of that family may be.

Jane Austen

Marriage is the best of human statuses and the worst, and it will continue to be. And that is why, though its future in some form or other is as assured as anything can be, this future is as equivocal as its past. The demands that men and women make on marriage will never be fully met; they cannot be.

Jessie Bernard

SECTION ONE: Pre-reading

We always say families are the cells of a society. When a man meets a woman he loves, and marries her thereafter, together they start a family of their own, adding a new cell to the society. Every day we hear loving family stories; every day we hear bitter family stories. What is family? What is actually taking place in every family? Before we read articles about family and marriage, let's think of the following questions first.

1. What is your ideal picture of a family? Which family model do you prefer; one with a working dad, a stay-at-home mum, and a group of kids; one in which both dad and mum work and kids are put at a day-care center; or some other arrangements? Explain.
2. What is the role of the husband in a family, and that of the wife? Are they mutually in-

dependent or is the wife mostly dependent on the husband, especially when she is not working? Explain.

3. Should one stay in a marriage once he/she gets married, or should he/she walk away from the marriage once he/she gets unhappy about it?
4. The divorce rate in China has been increasing. It is suggested that this is the by-product of the market economy because people are moving around a lot and family ties are loosening. What is your interpretation of this social phenomenon?

SECTION TWO: In-reading

READING ONE

What is a happy marriage? What is an unhappy marriage? Nobody has the exact answer except those who are in the commitment, as the following text reveals. A somewhat odd union in the eyes of others may actually be one full of love and passion in its own way.

The Wink

1 Not so very long ago, my husband of thirteen years admitted he'd had second thoughts about marrying me. The afternoon before our wedding, he stopped by the hall where our reception was to be held to drop something off. My parents were already there. Mom, **renowned** for her talents in the kitchen, had taken it upon herself to prepare a simple, but delicious meal for no less than 150 guests. When my soon-to-be husband went in, he found my father **placidly** sitting by the door to the kitchen and my mother **ranting** and **raving** at the poor man. Dad sat there as Mom **ticked off** her list of **grievances** against him. Everything from being short of a jar of pickles to the ham having been sliced too thin. It was all his fault.

2 Those acquainted with my parents would probably testify to the fact that they had a somewhat odd marriage. And in all honesty, most would classify Mom as **harpy**

and Dad as **henpecked**.

3 As an only child, and labeled a "change-of-life baby" by my parents, I grew up witnessing their peculiar relationship. At the time of my birth, they had already been married twenty-plus years. I remember wondering if other parents conducted their marriages this way as well. As the years passed, I grew older and began to study the interaction between other couples. The more I studied other relationships, the more I wondered why on earth my parents had married each other, let alone stayed together when divorce is as common as changing the oil in your car.

4 When I was sixteen, Mom, a **diabetic**, became seriously ill and was hospitalized for nearly ten days. I came home from my part-time job one afternoon and found Dad sitting at the kitchen table, playing game after game of **solitaire**. Every few minutes he'd glance at the clock. He

hadn't eaten dinner yet, probably because making coffee was the extent of his skills in the kitchen. I made him a hot meal, and he resumed his solitaire. The phone rang, and I answered in the living room.

5 "Hello, dear."

6 "Hi, Mom. I hope you're feeling better than this morning when I was up there."

7 "Lots better. Is your dad still home or has he left?"

8 "Nope, he's still here."

9 "Did he stop and get something to eat? I sent him home. He needs to get some rest. He looks so tired. I told him to stop and pick up a hamburger or something. The food in this hospital is awful. Your father shouldn't have to eat this stuff. It's bad enough I have to. I told him not to come back until after six."

10 "No, I don't think he picked anything up, but I just cooked him dinner."

11 "Thanks, sweetie. I've gotta go. They want to take some blood. See you in the morning."

12 I went back into the kitchen to finish cleaning up.

13 "That was Mom. I told her you'd eaten."

14 He checked the clock again: six o'clock on the dot. "Thanks for dinner, honey. That was just as good as if Mom had made it. I've got to get back to the hospital."

15 He gathered his deck of cards, put them in their box and left.

16 I remember the events of that day long ago. Not because I noted anything special at the time, but because of my mother's illness and the glowing compliment to my cooking from my father.

17 As I look back, I realize a great deal

about my parents' relationship was demonstrated by their actions during those trying days: my mother's concern for my father even though she herself was seriously ill and my father counting the minutes until he could return to her side. Both acts spoke volumes. These two people shared much more than the world could ever know.

18 The insight I've gained is priceless. No two relationships are alike. It would be like comparing two leaves from the same tree. On the surface, they both appear the same, but it's the tiny, indefinable differences that make the two unique.

19 What might seem like an odd union to you or me is perfectly ordinary to the couple involved. Relationships are about what you put in and what you take out. And the only people who can judge the worth of what they receive are the people in the commitment. Mostly I believe love is a personal thing; it can best be valued by the person you give it to.

20 My husband told me that on that long-ago day, the day before our wedding when he wondered what on earth he was getting himself into and nearly backed out, one thing stopped him. When he stooped up from behind the bar, he glanced at my poor, beleaguered, browbeaten father, my mother's haranguing echoing across the hall, and my father winked at him and smiled.

21 After nearly fifty years of marriage, Dad very suddenly passed away ten years ago. Mom suffered a massive stroke that left her wheelchair-bound only two months after Dad left us. Mom continued on for another six years. She stayed and greeted both of her grandchildren before she left to be with Dad.

22 There's no doubt in my mind that as soon as Mom passed through the **pearly** gates and saw Dad, she probably scolded him because he needed a haircut, or his pants pressed. And I'm sure Dad glanced over at Saint Peter, winked and smiled.

(From *Chicken Soup for the Couple's Soul*. By Jack Canfield, Mark Victor Hansen et al. Health Communications, Inc. 1999.)

(905 words)

Words in Focus

renowned *adj.*

A person who is renowned for something, usually something good, is well-known because of it.

placidly *adv.*

Someone who is placid is calm and does not easily become excited, angry, or upset. "Placidly" is the adverb form.

rant *v.*

You can say someone rants when he talks in a loud, excited and angry way.

rave *v.*

If someone raves, he talks in an excited and uncontrolled way because he is very angry. Note that "rant and rave" often go together in a sentence.

tick off

If you tick off a list of something, you go through each item at a time.

grievance *n.*

A grievance is a complaint that you make or have about something which you feel is unfair.

harpy *n.*

A harpy is an insulting word for a woman who nags all the time and may be nasty.

henpecked *adj.*

A man who is henpecked is always told what to do by his wife, and is afraid to disagree with her.

diabetic *n.*

A diabetic is a person who suffers from diabetes, an illness in which one's body is unable to control the level of sugar in his blood.

solitaire *n.*

Solitaire is a game of cards played by one person.

nope *adv.*

"Nope" is used in spoken English meaning "no" when you answer someone.

glowing *adj.*

A glowing description of someone or something means you praise them very highly.

beleaguered *adj.*

A beleaguered person is experiencing a lot of difficulties, opposition, or criticism.

browbeaten *adj.*

If you browbeat someone, you bully him and try to force him to do what you want.

"Browbeaten" is the adjective form.

harangue *v.*

When you harangue, you make a loud speech that criticizes or blames someone or tries to persuade people of something.

pearly *adj.*

Something that is pearly has a soft, smooth, shiny appearance, like a pearl.

Check Your Comprehension

Read the following statements and then decide whether each of them is true or false, based on the information in the text. Write T for true or F for false in the space provided.

- _____ 1. The marriage of the author's parents was a harmonious one though it did not look great to outsiders.
- _____ 2. The author's husband was unwilling to marry her right before their ceremony.
- _____ 3. The author's mother was a sharp-tongued but kind-hearted woman.
- _____ 4. The author always knew that her parents' marriage was a good one.
- _____ 5. The author's mother called from the hospital to check if her husband had eaten.
- _____ 6. The author's father played solitaire that day because he enjoyed playing this game very much.
- _____ 7. The author must agree with Leo Tolstoy in that all happy families resemble one another; every unhappy family is unhappy in its own fashion.

Check Your Vocabulary A

The following sentences contain key words and phrases from the text. Paraphrase each sentence with a special focus on the italicized parts to show that you understand their meanings.

1. Mom, renowned for her talents in the kitchen, *had taken it upon herself* to prepare a simple, but delicious meal for no less than 150 guests. (Para. 1)

2. Dad sat there as Mom *ticked off her list of grievances* against him. (Para. 1)

3. He hadn't eaten dinner yet, probably because making coffee was *the extent of his skills in the kitchen*. (Para. 4)

4. Both acts *spoke volumes*. (Para. 17)

5. ... he wondered what on earth *he was getting himself into* and *nearly backed out*. (Para. 20)

Check Your Vocabulary B

Find a word from the list of words provided below to complete each sentence. There are more words than you need to fill in all the sentences. Change word forms where necessary.

renowned	placid	rant	rave
grievance	glowing	pearly	beleaguered
harangue	browbeaten	placidly	solitaire

- Her supervisor gave her a _____ reference for her years of hard work and great achievement.
- Smith _____ his fellow students and persuaded them to walk out.
- I see the tabloids are all _____ and _____ about Fergie's skiing trip.
- The locals are _____ for their hospitality.
- He has a _____ nature, well-suited to teaching.
- Anyone who has a legitimate _____ against the company can take it to the committee.
- The _____ prime minister explained the difficult situation to an angry crowd.
- The witness was being _____ under cross-examination.

Group Discussion

Get yourselves into groups and discuss each of the following questions based on the information from the text and also your own knowledge, experiences, and beliefs.

- Do you think the author's parents had a good marriage? Explain.
- Like the author's husband, some people do become hesitant on the eve of marriage. What are some possible reasons behind this phenomenon? Are those reasons valid ones?
- What is your picture of an ideal marriage? Explain.
- What are the potential influences of a happy marriage on children? And an unhappy one? Explain.