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# The Foundations of Cybernetics



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The Foundations of Cybernetics

# **Preface**

In this book I have tried to summarise the principal features of cybernetics as I see them. As far as detail is concerned, I have tried to concentrate on examples which seem to illustrate the points made in each branch of the subject. There has of course been, as is inevitable, a time gap between the completion of the text and of the writing of this preface and a further gap which must occur prior to publication. This matters less in a book of this kind, which is concerned with examining and describing basic principles which are slow-changing and illustrating them with selected detail, than it would in a description of a new theory or a detailed analysis which aims to be wholly contemporary. The reader must still though make allowance for such time delays.

My own view of cybernetics is of a discipline with its "pure" and "applied" side. This book is mainly concerned with the "pure" side, and this means it is to a great extent concerned with what is called artificial intelligence (sometimes called machine intelligence). But the overlap with psychology, physiology and education are clearcut, and we have, in the text, discussed these overlapping fields in some measure. The overlap of cybernetics with sociology, business and economics on the other hand — which is perhaps one stage further removed into the applied field — we have not discussed at all. These do seem to merit separate texts.

One report that has appeared in recent years — the so-called Lighthill report — sheds some light on our subject, and we should at least mention it. It divides the field of artificial intelligence into two main branches which are essentially neurobiological (including behavioural studies) and automation (mainly special purpose automatic control systems). It accepts progress in these fields, but views it as disappointing, and regards the bridge between the two as virtually non-existent. It is this bridge category (in the terminology of the Lighthill report) that this book is largely concerned with.

The Lighthill report contributes positively in drawing attention to:

- 1) The difficulties encountered in a very complicated field, and reminds us in effect that all sciences go through periods where the extent of things-still-to-bedone weighs heavily or appears to against what has already been achieved.
- 2) The viewpoint adopted to what has been written in cybernetics, comes from an outside authority an established scientist in his own fairly closely allied field, and such a view is of value to us who are perhaps too close to the subject to see it critically enough.

But against this, the report is inevitably superficial, and in particular:

- 1) It fails to appreciate the importance of heuristics. They are not of course second best in any sense, but represent the best possible methods used for many high level processes such as occur in thinking, planning and problem solving.
- 2) It talks in terms of the "combinatorial explosion" relative to the control systems needed for artificially intelligence purposes. If this, admittedly complicated, problem were insuperable then human beings themselves would not exist.
- 3) It fails altogether to appreciate the breadth and depth of the subject, principally because of a lack of familiarity with the literature. Such reports however especially coming as this did from outside the subject are of value to us within the subject if only because they allow us to analyse and evaluate the the development of cybernetics.

I have omitted to mention in this book much work of considerable cybernetic merit", such as that published by the Edinburgh group in their series of excellent books entitled "Machine Intelligence", and many articles that have appeared in the journal "Artificial Intelligence". Other work of special interest includes that of Dr. Feigenbaum on "Heuristic Dendril", and the work of Dr. Winograd in his book "Natural Language Programming" (Edinburgh University Press, 1972), a very exciting book by Russell Ackoff and M. E. Emery "On Purposefulness Systems" (Tavistock Publications, 1961) and Stafford Beer's "Platform for Change" (Wiley, 1975), and we could list many more which are not though referred to in the text.

These references have been omitted either because the work came too late to be assimilated by me or it seemed either too advanced or insufficiently central to my theme to illustrate the basic principles of the subject as I see them. The interested reader should follow up the above clues if they are interested in the broadening and deepening of their knowledge of the subject.

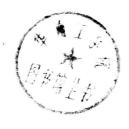
Finally let it be said that I hope this book will be found to be useful to many students of cybernetics at all levels, but rather especially it should give an adequate and broad account of its development as of this time to undergraduates and post-graduates in this or allied subjects.

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# Contents



Preface	٠	٠	. xiii
The fundamentals of cybernetics	•		. 1
Argument I			
1.1 Overview 1			
1.2 The viewpoint 2			
1.3 Current research 11			
1.4 Summary 13			
The notion of feedback and closed-loop system  Argument 14	18 .		. 14
2.1 In general 14			
2.2 Servosystems 16			
2.3 In particular 19			
2.4 Self-adapting systems 20			
2.5 Growth and pre-wired systems 21			
2.6 Simulation and synthesis 22			
2.7 The biological sciences 23			
2.8 Current research 26			
2.9 Summary 27			
Models in hardware	٠		. 28
Argument			
	The fundamentals of cybernetics  Argument 1  1.1 Overview 1 1.2 The viewpoint 2 1.3 Current research 11 1.4 Summary 13  The notion of feedback and closed-loop system Argument 14  2.1 In general 14 2.2 Servosystems 16 2.3 In particular 19 2.4 Self-adapting systems 20 2.5 Growth and pre-wired systems 21 2.6 Simulation and synthesis 22 2.7 The biological sciences 23 2.8 Current research 26 2.9 Summary 27  Models in hardware	The fundamentals of cybernetics  Argument 1  1.1 Overview 1 1.2 The viewpoint 2 1.3 Current research 11 1.4 Summary 13  The notion of feedback and closed-loop systems  Argument 14  2.1 In general 14 2.2 Servosystems 16 2.3 In particular 19 2.4 Self-adapting systems 20 2.5 Growth and pre-wired systems 21 2.6 Simulation and synthesis 22 2.7 The biological sciences 23 2.8 Current research 26 2.9 Summary 27  Models in hardware	The fundamentals of cybernetics  Argument 1  1.1 Overview 1 1.2 The viewpoint 2 1.3 Current research 11 1.4 Summary 13  The notion of feedback and closed-loop systems  Argument 14  2.1 In general 14 2.2 Servosystems 16 2.3 In particular 19 2.4 Self-adapting systems 20 2.5 Growth and pre-wired systems 21 2.6 Simulation and synthesis 22 2.7 The biological sciences 23 2.8 Current research 26 2.9 Summary 27  Models in hardware

	3.1	Servosystem models 30
	3.2	Grey Walter's models 30
	3.3	Uttley's models 31
	3.4	Ashby's model 34
	3.5	Pask's models 35
	3.6	Maze running models 36
	3.7	Chapman's self-organising system 37
	3.8	Stewart's models 38
	3.9	George's models 39
	3.10	O Goldacre and Bean's model 40
	3.1	l In general 41
	3.12	2 Summary 42
Chapter 4	U	Logic 44 Symbolic logic and Euler-Venn diagrams 49 The propositional calculus 52 4.3.1 The symbols, 53 4.3.2 The rules, 53 4.3.3 Dot convention, 53 4.3.4 Axioms, 54 4.3.5 Rules of inference, 55
		4.3.6 Definitions, 55
		4.3.7 Polish type notation, 56
		4.3.8 Theorem, 56
	4.4	Other formal languages 58

	4.5	Quantification 59
	4.6	Combinatory logic 60
	4.7	The calculus of relations $(R)$ 61
	4.8	Semantics and pragmatics 63
	4.9	Summary 64
		a automata
Chapter 5		e automata
	Argu	ment 65
	5.1	Introduction 65
	5.2	Automata theory 66
	5.3	Some results in automata theory 71
	5.4	Current research in automata theory 73
		75
Chapter 6	Infin	ite automata and mathematics
	Argu	iment 75
	6.1	Metamathematics 75
	6.2	Turing Machines 76
	6.3	Turing Machines function 78
	6.4	Universal Turing Machines 81
	6.5	Recursive functions 81
	6.6	Gödel's incompleteness theorem 82
	6.7	Summary 84
Chapter 7	Neu	ral nets
	Argu	ument 85
	7.1	Neural nets 86
	7.2	Properties of neural nets 90

	7.3	Regular events 92
	7.4	Equivalence 95
	7.5	Nets and cybernetics 95
	7.6	Matrix representation of neural nets 98
	7.7	Current research in neural nets 100
	7.8	Summary 101
Chapter 8	The	digital computer in cybernetics
	Arg	ument 102
	8.1	Types of computers 103
	8.2	Computer languages 107
	8.3	List processing 111
	8.4	Learning programs 113
	8.5	Heuristic programming 115
	8.6	Computers and automata theory 116
	8.7	Computer programming and mathematical logic 118
	8.8	Summary 118
Chapter 9	Info	rmation theory
	Argu	iment 119
	9.1	Language analysis 124
	9.2	Stochastic processes 125
	9.3	Information theory models in cybernetics 131
	9.4	Semantic information 133
	9.5	Information theory and automata 134
	9.6	Summary 134

Chapter 10	Human and animal behavio	ur	. 135			
	Argument 135					
	10.1 Psychology as a scie	ence 135				
	10.2 Psychological theor	ies 138				
	10.3 Automata and psyc	hology 141				
	10.4 Perception 143					
	10.5 Perceptual models	145				
	10.6 Perceptrons 14	6				
	10.7 Thinking, problem	solving and memory 149				
	10.8 Recent advances	151				
	10.9 Summary 151					
Chapter 11	1 Physiological models					
	Argument 152					
	11.1 Bio-cybernetics and	neuro-cybernetics 152				
	11.2 Cortical localisation	160				
	11.3 Recent advances	162				
	11.4 A brain model	163				
	11.5 Summary 167					
Chapter 12	Programmed learning and o	ybernetics	. 168			
	Argument 168					
	12.1 Teaching machines	169				
	12.2 Programmed teaching	ng machines 172				
	12.3 The development of	f computer assisted instruction	174			
	12.4 Group teaching made	chines 174				

# x Contents

	12.5	Computer assisted instruction (C.A.I.) 175
	12.6	Summary 182
Chapter 13	The p	roblem of artificial intelligence 183
	Argun	nent 183
	13.1	The processing of verbal information 185
	13.2	Artificial intelligence 186
	13.3	Methods used in programming for artificial intelligence 188
	13.4	In general 190
	13.5	Recent advances 191
	13.6	Summary 192
Chapter 14	Inferen	nce making on computers
	14.1	Deductive logic 193
	14.2	Theorem proving 195
	14.3	Logic and language 197
	14.4	Probabilistic logic 197
	14.5	Induction 198
	14.6	Inductive logic 199
	14.7	Methods of generalising 203
	14.8	Current research 205
	14.9	Summary 206
Chapter 15	Natura Argum	al language programming

	15.1	Pragmatics 209
	15.2	2 Semantics 210
	15.3	3 Syntax 211
	15.4	Grammar and syntactical analysis 212
		15.4.1 Dependency grammar, 215
		15.4.2 Immediate constituent grammars, 216
		15.4.3 Transformational grammars, 217
	15.5	
	15.6	Compiler languages 218
	15.7	Language translation 218
	15.8	Natural language programs 219
	15.9	Summary 228
Chapter 16	Patter Argui	rn recognition
	16.1	In general 229
	16.2	Pandemonium 229
	16.3	Other pattern recognition models 231
	16.4	Recognition 232
	16.5	Store contents and arrangement 238
	16.6	The store of $C_1$ 240
	16.7	Classification 241
	16.8	Recall 242
	16.9	Recent advances 243
	16.10	Summary 245

# xii Contents

Chapter 17	Statistical and probabilistic methods						. 246		
	Argun	nent 24	-6						
	17.1	Introducti	on 2	246					
	17.2	The calcul	us of pro	babilit	y 2	247			
	17.3	Ward Edw	ard's mo	del	249				
	17.4	Decision p	rocessing	g 2	50				
	17.5	Risk analy	sis 2	253					
	17.6	Venture a	nalysis	256					
	17.7	Theory of	games	257					
	17.8	Dynamic j	orogramr	ning	259				
	17.9	Recent ad	vances	259		ψ.			
Chapter 18	The ne	ext stages ir nent 26		etics		٠	٠	٠	. 261
	7116411	20	. 1						
	Refere	ences .			•	٠	•		. 267
	Subjec	ct index			٠	٠			. 277
	Autho	or index		i <b>a</b> k					. 000

# The fundamentals of cybernetics

# Argument

In this first chapter we discuss the fundamentals of cybernetics. We also discuss where this book fits into the cybernetic literature — especially its relation to the author's own previous books on the subject.

Cybernetics is a study of control and communication systems, both in hardware and theory. It studies its occurrence both in animals and men. In one sense, the basic question has been "could machines be made to think?" but in another sense this does not matter; what matters is that machines can be made to do many complicated things for us. The point being that we might on one hand want to know whether we can design a machine more intelligent than ourselves, or we might want merely to take advantage of whatever help is available in the field of automatic control systems.

### 1.1 OVERVIEW

In this first chapter, it is intended to give an overview of the whole book. To allow the reader to pick his way carefully among the points of contact of various so-called disciplines and see where they have a common overlap within cybernetics.

The choice of the word "cybernetics" as a name for the subject was Norbert Wiener's (1948), and it goes without saying that there are many different ways of regarding cybernetics. We might have thought of it as information science, or information technology or even automata theory; indeed there are a large number of possible titles which more or less suitably depict this new science.

The choice of titles still leaves doubts as to the viewpoint to be adopted. We shall be thinking primarily of mathematics, logic, automata and computing as methods, and the simulation and synthesis of organismic "mainly human" behaviour as the principal aims.

The author has previously written a number of books and papers on cybernetics and allied topics, and there is therefore some need to distinguish this book from the previous ones and also to try to give some justification for the fact that this book has been written. The first book "Automation, Cybernetics and Society" (1959) was written as a semi-popular introduction to the subject from a somewhat "applied" point of view. "The Brain as a Computer" (1961 Edition II, 1973) was intended to be a detailed research orientated approach to

the biological and behavioural applications of cybernetics. "Cybernetics and Biology" (1965) was an outline account of biological applications of cybernetics intended for biologists only. Finally, "Models of Thinking", which was published early in 1970, is a research monograph for postgraduates and research workers in the field of cognition. None of these books provides an introduction to cybernetics from an "all-round" viewpoint aimed primarily at the undergraduate. This book aims to provide just such an introductory text.

Cybernetics has background roots in mathematics, philosophy, psychology, physiology, philosophy of science and logic, at the very least. These subjects are themselves interrelated in a fairly complicated manner. We cannot, for example, discuss in *detail* the mathematical side of the subject; some of the subject matter of set theory, recursive functions, mathematical logic, meta-mathematics, etc.. must though be mentioned. All we can hope to do is to supply an outline account of the relation of these fields to automata and automata theory, and clarify the reason for studying automata within cybernetics.

We can make up for the above omission by giving a fairly lengthy list of references for each such related set of topics. With this set of references we can and shall indicate the manner in which these closely allied topics might be followed up in depth. It is rather as if our treatise is on "ball games" and we cannot sensibly give a detailed account of baseball or cricket, but we can summarize them and their development, and provide detailed references, with notes, to allow for the follow-up for those who are interested in the detail.

With this agreement as to how we are going to treat the relation of cybernetics to its forebears, we may proceed to our main purpose. Before each chapter we shall state the theme with which the chapter is concerned, and after each chapter we shall try and summarize the actual findings. The theme is intended to be abstract and the findings are intended to be relatively concrete.

For the person to whom cybernetics is peripheral, to read the abstract of each chapter, and the summary, will give him a fair idea as to the nature of the subject. We shall also in each chapter try to bring the reader up to date, with a brief summary of current progress in that aspect of cybernetics.

### 1.2 THE VIEWPOINT

The word "cybernetics" itself was, as we have already mentioned, first suggested by Norbert Wiener (1948) as the name for the new science of control and communication both in animals and man and indeed, of course, machines. He felt that there was a need to separate out, and study in their own right, the problems common to control and communication, which had their original background in physics, electrical engineering, computer engineering, philosophy, mathematics, physiology, psychology, psychiatry, sociology, and other sciences.

In spite of their varied origins, these subjects were all thought by Norbert Wiener to have some common features and it is these which we refer to collectively as cybernetics, and therefore the associated problems we shall call cybernetic problems.

Cybernetics therefore has a subject matter of great breadth — although the subject is primarily concerned with certain specific features of control and communication, especially those that synthesise (copy in terms of ends rather than means) or simulate (copy in terms of both ends and means) organismic behaviour. The first and most important point about cybernetics is that for many purposes it intentionally overlooks the distinction that is usually made between "living" and "non-living" systems. It is felt that scientific methods, especially mathematics, can be applied as effectively to biological and social systems as to inanimate systems; these are mainly physical and chemical systems. Secondly, cybernetics includes the concept of negative feedback and also feed-forward as central themes. It is from these concepts that the notions of adaptive systems and selectively reinforced systems arise; these are systems that modify their behaviour in the light of a changing environment and it is from these features that our simulation of organismic behaviour is derived.

Behaviour which is modified as a result of experience we call "adaptive". This includes simple adaptation from negative feedback and more complete adaptation through learning. Learning itself, in the more advanced sense, depends directly on what we call "selective reinforcement". This is the process of positively reinforcing satisfying and successful acts and negatively reinforcing unsatisfying or unsuccessful acts; more simply, it is a matter of having knowledge for future use. If we are right in an action, we must know we are right, and if we are wrong, we must know we are wrong; and in each case it is preferable to know why we were right or wrong.

Cybernetics is, in another sense, the search for precision. Precision may be achieved in part by introducing mathematics or logic into a subject. In cybernetics this has been done, but it is not always a mathematical model that we seek; we seek sometimes to have hardware models and sometimes verbal models which may still carry the required precision. In any case, the model must be *effective* and we shall be returning frequently to this question of effectiveness since this, perhaps more than any other single feature, is the key to cybernetics and to cybernetic thinking.

The philosophical problem of artificial intelligence is something that should also be considered, since some people feel there are basic philosophical problems concerned with our search to simulate human behaviour.

The question which is sometimes asked is: "Can (or could) machines be made to think?". This question has practical importance, since there still exists a body of opinion which regards *machines* as fundamentally different from *organisms*. Initially, we must notice that our question of machines thinking is difficult to