

顾口国 主编 Gu Yueguo(chief editor)

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Help Yourself to Advanced English

高级英语自学系列教程

Help Yourself to Advanced English is a series specially designed for those self-study learners who want to upgrade their English from intermediate to advanced levels. It is thematically structured and five-skill integrated on activity/task basis. It consists of two modules: English Language Communication Module and Professional Training Module. Module 1 caters for general learners of English, and Module 2 provides up-to-date professional training for teachers of English.

English Language Communication Module:

A Guide to Success 1: Orientation English in Daily Life English at Leisure English at Work English in Current Affairs A Guide to Success 2: Learning Strategies English for Studying Cross-cultural Communication English in a Changing World English Through Literature

Professional Training Module:

A Guide to Success 3: Professionalism Language and Applied Linguistics: A Workbook English Language Teaching Methodology (1) English Language Teaching Methodology (2) Practical Project Design

Print materials are supplemented with both audio and video cassettes.

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The Second Year Pack

Checklist

Materials Provided:

Version available for Autumn Semester

- ♦ A Guide to Success 2: Learning Strategies
- English for Studying with 1 audio cassette
- Cross-cultural Communication with 2 audio cassettes

Version available for Spring Semester

- English in a Changing World with 4 audio cassettes
- ♦ English Through Literature with 1 audio cassette

Materials Students Should Provide Themselves:

- ♦ 2 assignment notebooks (standard A4 size recommended)
- ♦ 1 rough notebook
- ♦ 1 self-assessment record notebook
- 2 blank cassettes for speaking practice
- a tape recorder

How to Study This Course

Welcome to Cross-cultural Communication! Probably you have also come across another term intercultural. It is an American way of saying cross-cultural. So the two mean more or less the same thing. But what is this same thing, viz. cross-cultural communication? The answer is simple: When you and a foreigner talk with each other, you two are engaged in cross-cultural communication. As you may have already realised, cross-cultural communication is an extremely complicated process, and can be quite painful at times. Nowadays, as the globalisation of world economy gathers its pace faster than ever before, with the internet tearing down national boundaries, cross-cultural communication is part of our everyday life. It is so important that the study of it has yielded an independent discipline, and loads of books have been written on it.

What can this coursebook offer you? Well, let me, first of all, tell you what this book is not. It is not a book a hundred percent on cross-cultural communication. As part of *Help Yourself to Advanced English* series, it has dual functions to fulfill: It has to help you enhance your English proficiency before it takes you to the world of cross-cultural communication. Roughly speaking, it is 40% on English language proficiency, with 60% on cross-cultural communication. This explains why some tasks are only indirectly related to communication, and why some cross-cultural issues are missing in the text.

Resource Checklist

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First things first. Let's make sure that you have everything you need.

The Materials You Should Have

Have You Got Them?

- There are two audio cassettes accompanying the book.
 They are for listening tasks. And all the listening tasks are integrated with other tasks of the book. It is therefore absolutely essential that you have them.
- There are also some video programmes accompanying the book. They show some authentic clips of `cross-cultural activities. You are not expected to buy them, of course, but you should watch them in the tutorial centre.
- You should have at least one notebook.

You have the resources now. They will remain wasted if you fail to use them wisely.

The Structure of the Book

There are 8 units. Unit 1, Language and Culture in Communication, introduces some general concepts and models of communication. It starts from communication in general, and narrows down to cross-cultural communication in particular. Unit 2, Culture Shock, is concerned with the psychological problems one experiences in the first contact with a foreign culture. Unit 3, What's in a Name?, deals with the very first thing we do when meeting someone either from the same culture or from a different culture — addressing someone by his or her name. It is shown that naming seems simple but actually is extremely culturally sensitive. Unit 4, Social Interaction, examines the cultural differences in such activities as entertaining guests, offering compliments, making gifts, and turning down requests. Unit 5, Roles and Relations, looks at two most important relations we have in our life: family relations and the role differences between man and woman. Unit 6 is about non-verbal communication. We talk not only with our mouth, but also with our body. Sometimes, body language is

Cross-cultural Communication

more decisive and impressive than words. Unit 7 sharpens your cultural awareness by examining the cultural differences coded in idioms, proverbs, slang expressions, taboos, and euphemisms. Finally, Unit 8 takes you back into history, inviting you to reflect upon how man has extended his limbs and senses by using new technologies. Nowadays, the technologies are so advanced that communication over long distance can be done in a split of a second. People all over the world are living, quite literally, in a global village! Thus cross-cultural communication has become more important than ever.

An 8-week Planner

I know you are very busy, like everybody else. It is essential that you prioritise your time very well. It takes 8 weeks to finish this course. The first step, therefore, is to draw an 8-week planner. Your planner may look like this:

Course	Study Week	Calendar Week	Task	Tutorial	Hours p.w.
yr 20	1	- ,	U1	de soft	12
W == J=0.75	2		U2	5. 000	power so
Cross-cultural	3		U3		
Communication	4		U4	Sin to Ta Prin	
g a	5	ar . The same	U5	- 4	
	6		U6		
20 av	7		U7		
0.5	8 1 22	ar to have we	. U8******	988 ° °	-
Semester Exam					20,

A Weekly Planner

The next thing you should do is to draw a weekly planner. Your planner may look like

this.

uns.	
Monday	Thursday
6.30 get up	6.30 get up
7.00-7.30 breakfast	7.00-7.30 breakfast
8.00-12.00	8.00-12.00
12.00-2.00 lunch break	12.00-2.00 lunch break
2.00-6.00	2.00-6.00
6.00-7.30 dinner	6.00-7.30 dinner
7.30-10.00	7.30-10.00
10.30 bed time	10.30 bed time
An hour a day on distance learning	An hour a day on distance learning
Tuesday	Friday
6.30 get up	6.30 get up
7.00-7.30 breakfast	7.00-7.30 breakfast
8.00-12.00	8.00-12.00
12.00-2.00 lunch break	12.00-2.00 lunch break
2.00-6.00	2.00-6.00
6.00-7.30 dinner	6.00-7.30 dinner
7.30-10.00	7.30-10.00
10.30 bed time	10.30 bed time
An hour a day on distance learning	An hour a day on distance learning
Wednesday	Saturday
Wednesday 6.30 get up	Saturday 6.30 get up
Wednesday 6.30 get up 7.00-7.30 breakfast	Saturday 6.30 get up 7.00-7.30 breakfast
6.30 get up	6.30 get up
6.30 get up 7.00-7.30 breakfast	6.30 get up 7.00-7.30 breakfast
6.30 get up 7.00-7.30 breakfast 8.00-12.00	6.30 get up 7.00-7.30 breakfast 8.00-12.00
6.30 get up 7.00-7.30 breakfast 8.00-12.00 12.00-2.00 lunch break	6.30 get up 7.00-7.30 breakfast 8.00-12.00 12.00-2.00 lunch break
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6.30 get up 7.00-7.30 breakfast 8.00-12.00 12.00-2.00 lunch break 2.00-6.00 6.00-7.30 dinner 7.30-10.00 10.30 bed time	6.30 get up 7.00-7.30 breakfast 8.00-12.00 12.00-2.00 lunch break 2.00-6.00 6.00-7.30 dinner 7.30-10.00 10.30 bed time A distance learning day!!!
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6.30 get up 7.00-7.30 breakfast 8.00-12.00 12.00-2.00 lunch break 2.00-6.00 6.00-7.30 dinner 7.30-10.00 10.30 bed time	6.30 get up 7.00-7.30 breakfast 8.00-12.00 12.00-2.00 lunch break 2.00-6.00 6.00-7.30 dinner 7.30-10.00 10.30 bed time A distance learning day!!! Sunday 6.30 get up
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6.30 get up 7.00-7.30 breakfast 8.00-12.00 12.00-2.00 lunch break 2.00-6.00 6.00-7.30 dinner 7.30-10.00 10.30 bed time	6.30 get up 7.00-7.30 breakfast 8.00-12.00 12.00-2.00 lunch break 2.00-6.00 6.00-7.30 dinner 7.30-10.00 10.30 bed time A distance learning day!!! Sunday 6.30 get up 7.00-7.30 breakfast 8.00-12.00 12.00-2.00 lunch break 2.00-6.00
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Monitoring Your Own Learning Process

By now I think you are getting used to the idea of monitoring your own learning process. It is essential that you, as an independent learner, keep close watch over your own progress, and over the way you manage your learning. I never feel tired of reminding you that you should have a progress record sheet, with all the activities and tasks on it. (Please go to A Guide to Success 2: Learning Strategies for ideas if you still don't know how to do it.)

There are altogether 41 activities comprising 197 tasks. Suppose that you spend 12 hours a week. Thus you have 96 hours for 197 tasks. The average time per task is 29.24 minutes. Since the course lasts 56 days, the average daily work is 3.52 tasks. So in terms of time, if you manage to spare 102.92 minutes per day on the course, you will do very well in the end.

Hope you'll enjoy this course. Good luck!

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Unit 1 Language and Culture in Communication





Guide to Unit 1 Language and Culture in Communication



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Unit 1

Language and Pulture in Communication

By the end of this unit you will be able to:

| distinguish types of communication |
| understand the basics of communication |
| design a model for cross-cultural communication |
| understand a variety of meanings in communication |
| be aware of mutual monitoring process in a social situation |
| be aware of different definitions of a social situation |
| be aware of situational schema |
| be aware of different values in communication |
| be aware of non-verbal signals in communication |
| oreflect on conditions of effective speaker and listener in communication |

Warm up

Life and Communication

Communication is something we do every day. It takes place so naturally that we simply fail to notice it until it hiccups or breaks down. Though it is commonplace, it is no exaggeration to say that communication is life and life is communication. If you are not convinced of this yet, listen to the following two dialogues.

Do not look at the transcripts unless you find the dialogues too difficult for you.

The two dialogues are part of our daily life, aren't they? In each there are two cases of communication. Spell out the details by supplying the missing information in Tables 1 and 2. The first one has been done for you as an example.

Table 1

Dialogue 1

	Communication 1	Communication 2
Who communicates with whom?	A doctor with a sick baby's mum, Mrs. Smith.	
Who attempts to communicate with whom?	v	
Is communication successful or unsuccessful?		
Do you think that communication will be helpful to communicators?		

Table 2

Dialogue 2

	Communication 1	Communication 2
Who communicates with whom?		
Who should have communicated with whom?		
Is communication successful or unsuccessful?		
Do you think that communication between Mrs. Slaven and her husband will improve their relation?		