EDUCATIONAL BIOLOGY

THE CONTRIBUTIONS OF BIOLOGY TO EDUCATION

A Textbook for Teachers' Colleges and University Schools and Colleges of Education

BY

JOHN C. JOHNSON, Ph. D.

PROFESSOR OF BIOLOGY AND HEAD OF SCIENCE DEPARTMENT, STATE TEACHERS' COLLEGE, WEST CHESTER, PENNSYLVANIA

New York
THE MACMILLAN COMPANY
1930

Copyright, 1930, By THE MACMILLAN COMPANY

Published February, 1930.

ALL RIGHTS RESERVED, INCLUDING THE RIGHT OF REPRODUCTION IN WHOLE OR IN PART IN ANY FORM.

SET UP, ELECTROTYPED AND PRINTED BY T. MOREY & SON
IN THE UNITED STATES OF AMERICA

PREFACE

This book is the outgrowth of a course called Educational Biology, given fifty-two times by the writer during the past eighteen years at the State Teachers' College at West Chester, Pennsylvania, at the Western State College of Colorado (a state teachers' college), at Gunnison, and at the State Teachers' College of Colorado at Greeley. Indeed, since 1911, in both of the latter institutions educational biology has been required as a "core subject" for all students graduating from the two-year curriculum with the teacher's life certificate and also for those graduating from the four-year curriculum with the bachelor's degree which carried with it the teacher's life certificate for the secondary schools of Colorado. Since 1926, a similar course has been required in the Pennsylvania state teachers' colleges.

It has long been recognized by educators and biologists that certain well-established biological facts, principles, and laws may serve as a background for the understanding of the child and as a basis for the solution of many teaching problems. Until very recently, however, no one has attempted to collect, select, interpret, and organize these facts and laws in book form.

It is the hope of the writer that this book will influence other teachers' colleges and schools or colleges of education to put into their curricula a course (or courses) in educational biology. This course should be placed early in the curriculum of the prospective teacher, preferably in the first year of study. It should serve as a basis for the intelligent study of principles of education, educational psychology, educational sociology, philosophy of education, and similar courses. It should also form a substantial basis for the more specific courses in nature study, elementary science, and health education.

The book is intended as a text for one semester or quarter of work. It is not intended as a laboratory course, although demonstrations should accompany the recitations and lectures whenever possible. Since there are few instructors highly trained in both education and biology, it is hoped that this work may serve as a convenient text for teachers whose major training has been in either field, until such time as a sufficient number of specialists in educational biology are available.

Because the subject-matter for this course has been drawn from many different divisions of biology, it is obvious that certain imperfections may occur. To avoid these as far as possible, care has been taken to have each chapter read critically by a specialist in the field which it concerns. It is hoped that in each field both the latest knowledge on the factual side and the best judgment on the side of hypothesis and interpretation will be adequately presented.

The writer takes upon himself full responsibility for all errors that may occur, and invites further criticism from specialists in any of the fields treated.

It is almost presumptuous to attempt to cull from the many divisions of biology the facts that have the most important bearing on education. The writer dares to do so only because he has been attempting this very thing in teacher-training institutions for nearly eighteen years. In this connection it may be permissible for him to say that he holds degrees in the fields of both biology and education. To apply biological facts and principles to education, wherever possible, has been a chief interest for many years.

J. C. J.

STATE TEACHERS' COLLEGE, WEST CHESTER, PENNSYLVANIA, January, 1930.

EDITORS' INTRODUCTION

An acquaintance with the basic principles of biology may be regarded as an indispensable background for an adequate understanding of the larger problems of education. Indeed, modern educational theory rests at basis upon the distinction between organic evolution and social evolution. To appreciate the significance of this distinction and to appreciate the place of education as a primary factor of social evolution, one must know something of the laws that govern organic life as a whole and something of the forces that brought mankind to the plane of physical development from which the distinctively human advances have been made.

The study of biology should serve, too, as a preparation and background for the study of psychology. Modern psychology, like modern educational theory, makes large use of biological principles and postulates. For example, a chapter of educational psychology that has come sharply into the foreground during the past twenty years is that which deals with individual differences, their significance and their measurement; and individual differences hark back to fundamental biological laws.

Nor do we lack more direct and specific applications of biology to the problems of teaching. Among the studies and activities of the elementary and secondary schools none transcend in importance those that are now commonly grouped under the general head, "health education." To teach the health studies well and to direct health activities successfully one should understand the fundamental laws of health and appreciate their significance. At basis these are biological laws.

Finally it is generally agreed that every teacher, whatever his own specialized field of instruction, should have at least a speaking acquaintance with all of the major fields of human knowledge. He should know the outstanding facts and principles and postulates of each of these fields; and he should know something of the methods through which the facts have been accumulated and the principles established; he should know something about the men and women who have made the most substantial contributions to human progress. The desideratum last named gives a peculiar significance to biology as a foundation course for teachers. For the inspiration of youth, the heroes of science may well be catalogued with heroes in other fields of human achievement and the development of the biological sciences has been a series of real adventures in which some very interesting men and women have played a dramatic part.

The term "Educational Biology" should not carry with it, then, a narrow interpretation. It simply means that the facts and principles of biology that are of greatest significance to the theory of education and the practice of teaching are given major attention. These facts and principles, however, certainly include those that are important from the broadest human point of view.

The editors are very fortunate in the fact that Dr. Johnson consented to prepare this text. For many years Dr. Johnson has conducted a course in educational biology for prospective teachers. He knows intimately the needs of such students. He is, too, a competent biologist. As evidence of his keen desire to make his book thoroughly trustworthy, he spent a sabbatical year in advanced study and in conferences with outstanding authorities in the various biological fields, and he has had each chapter read and criticized by one or more specialists in the field that the chapter represents.

J. A. H. K. W. C. B.

TABLE OF CONTENTS

HAPTER	PREFACE	PAGE
Ŧ		VII
	INTRODUCTION	1
11.	THE CHIEF SUBDIVISIONS OF BIOLOGY .	5
	Educational Biology in relation to these sub-	
	divisions.	a 55
III.	TWO BASIC LAWS OF BIOLOGY	11
	The tendency to vary (to be distinct from the	
	group—to be individualistic)—The tendency to be	
	like parents (to be like other members of the group	
	— to be socialistic)—The application of these two	
	laws to the teacher's problems.	.21.2
IV.	VARIATION	14
	The human being probably the most variable of	
4	all animals—This probably one of the chief reasons	
	why he is the leading animal—Quantitative, quali-	
	tative, meristic, and mutative variation—Inherited and non-inherited variations—What variation	
	and non-inherited variations—What variation should mean to the teacher.	
37		94
٧.	NATURE'S METHOD OF SELECTION	24
	Is success or failure of individuals and species the common rule in nature?—The struggle for a place	
	in nature (struggle for existence)—The survival of	
	the best (survival of the fittest)—Applications of	
	these laws to man—How these laws should be	
	modified in order to benefit mankind, particularly	
	children—The training of children to make them	
	fit to survive.	
VI.	MAN'S METHOD OF SELECTION	37
, 1.	The origin of domesticated and tamed species—	
	How man creates new varieties of plants and ani-	
	mals—Burbank and other breeders—Do all na-	
	tionalities and races of human beings belong to the	
	same species?—Is man the result of natural or ar-	
	•	

CHAPTER	PAGE
tificial selection?—Does domestication by man	
weaken or strengthen a species?	
VII. ADAPTATION	5 3
How adaptation to environment is usually	
brought about—Degrees of adaptation—What	
usually happens to highly specialized animals?—	
Human adaptations—To what degree does man,	
more particularly the child, adapt himself to his	
environment?—Adaptability of children as com-	
pared with adults.	
VIII. ISOLATION AND GEOGRAPHICAL DISTRIBU-	
TION	66
Why all species of plant and animal life are not	
found where they can best live—The effect of	
isolation on plants, on animals, and on man—Why	
remote oceanic island species often differ greatly	
from continental species—Various kinds of bar-	
riers—Jordan's law—Isolation as an aid to species	
formation—Isolation as the chief cause of the	
many races and nationalities of human beings—The	
effect of isolation on children.	
IX. COLOR AS EXPRESSED IN PLANTS, ANIMALS,	=0
AND MAN	79
Protective coloration, aggressive protective color-	
ation—Mimicry—Warning coloration—Sexual se-	
lection—Survival in spite of color—Color as a fac-	
tor in the survival of human races and species—	
Does the Caucasian race dominate because it has white skin?	
	0.2
X. CLASSIFICATION	93
The chief reasons for classifying all living things, including mankind—The methods and principles	
of classification of plants and animals—Classifica-	
tion according to habitat, function, structure—	
Man's position in the animal kingdom.	
	112
XI. THE PRIMATES	114
found in the apes?—Man's nearest relatives—	

CHAPTER	PAGE
Man's relationship to the apes and monkeys—Ex-	
tinct and primitive human species and races—	
Probable reasons for the extinction of races and	
the other human species—The child as a typical	
primate.	
XII. MAN AS AN ANIMAL	127
How he differs from other animals—How he is	1000000
similar—Bodily structures and functions of man	
which are inferior to similar traits in other animals	
—Structures and functions of man which are su-	
perior to similar traits in all other animals—Is man,	
in the main, a generalized or a highly specialized	
animal in his structures and functions?	
XIII. INSTINCTS IN THE LOWER ANIMALS AND IN	
MAN	130
Do animals have instincts?—Some fundamental	100
instincts or tendencies in the animals—Instincts or	
tendencies in children—The warping of human	
instincts—Should any of the instincts of children	
and adults be suppressed?	
XIV. DEGENERATION AND PARASITISM	145
Inactivity and parasitism as the chief causes for	140
degeneration in plants, in animals, and in man—	
The origin of parasites—Degrees of parasitism—	
Life cycles of several important parasites subsisting	
on man and Domesticated Species.	
XV. THE PALEONTOLOGICAL RECORD	164
The real ancient history of important types and	104
species of plant and animal life—Man's beginning	
and duration on the earth—Why some species are	
found in almost all strata of the earth's crust—	
Why man's fossil remains are found only in the	
upper strata—Child traits older than adult traits.	
XVI. THE CELL: THE UNIT OF LIFE	183
The one thing common to all plants, all animals,	100
and human beings—Its structure and functions—	
Cell division—How growth takes place in young	
plants, in young animals, and in children.	
plants, in young aimmais, and in official.	

CHAPTER	PAGE
XVII. ONE-CELLED VERSUS MANY-CELLED ANI-	
MALS	204
All animals, including the human species, begin	
life as one-celled organisms—Probable reasons for	
the origin of the many-celled animals—Advantages	
possessed by many-celled animals—The two chief	
kinds of reproduction, asexual and sexual—Male,	
female, and body cells—Human cells compared	
with those of other animals.	
XVIII. THE EMBRYOLOGICAL RECORD	213
The development of the egg before birth or hatch-	410
· 50	
ing—The method of formation of the three germ	
layers of the embryo from which all the organs and	
parts of the body are formed—The child's develop-	
ment before birth—Recapitulation theories of the	
past and present—What is true about mental re-	
capitulation?—Application of embryonic facts and	
laws to the teacher's problems.	
XIX. MATURATION OF THE REPRODUCTIVE CELLS	
AND FERTILIZATION	245
How to account for individual differences in	
children, even in the same family—How and when	
inheritable variation is accomplished—The advan-	
tage of having two separate sexes—Is the "gate	
of gifts" closed at the time of fertilization, at birth,	
or later in life?—How and why each child loses	
fifty per cent of the inheritable traits of each parent	
—Why he expresses only fifty per cent of the traits	
he inherits from his parents—Application of known	
facts to the teacher's problems.	
XX. THEORIES CONCERNING INHERITANCE BE-	
FORE THE YEAR 1900	256
Ancient theories and beliefs—Superstitions of	_~~
the past and present.	
XXI. MENDEL'S LAWS OF INHERITANCE	262
The original fundamental Mendelian concepts or	202
laws—Recent contributions to Mendel's laws—Do	
the maternal and paternal traits blend to form the	

CHAPTER	PAGE
offspring or are separate small units inherited un-	
blended from each parent?—Apparent exceptions	
to Mendel's laws.	
XXII. HUMAN INHERITANCE	279
Inheritance of eye color, hair color, feeble-	
mindedness, insanity, epilepsy, deafness, genius,	*
normal-mindedness-Known facts and well-sub-	
stantiated theories of inheritance.	
XXIII. THE IMPROVEMENT OF THE HUMAN SPECIES	294
Eugenics versus euthenics—Reasonable require-	
ments and expectations for the near future.	
	302
Lamarck's ideas—Weismann's contributions—	002
Recent experiments on the inheritance of acquired	
characters—The present status concerning the in-	
heritance of acquired characters—The teacher's	
attitude toward the question of the inheritance of	
acquired characters.	
XXV. CIVIC BIOLOGY	316
의 이 전 가 되다 중 과 당	910
Important contributions of biology to civic wel-	
fare—Bacteriology and the control of disease—	
Biology as a main factor in the lengthening of	
human life—Hookworm, malaria, yellow fever,	
trichina, Texas fever, house fly, mosquito, and	
other pests conquered or controlled as the result	
of biological investigation—The important part	
played by biology in the digging of the Panama	
Canal—The æsthetic side of biology.	
XXVI. OUTSTANDING EPOCHS IN THE HISTORY OF	
BIOLOGY	322
A brief account of six outstanding epochs and	
six leading men of biology, beginning with Aristotle.	
XXVII. THE BRAIN	335
The master tissue—Its evolution from lower	
forms of life to man—The increase in size, texture,	
and importance of the cerebrum.	
BIBLIOGRAPHY	353
INDEX	355

LIST OF ILLUSTRATIONS

FIGUR		PAGE
1.	Three foundational courses for educational theory and	
	practice	2
2.	Important subdivisions of biology	6
3.	Diagram to illustrate the two opposing forces controlling	
	the moon's movement. Somewhat analogous are the oppos-	
	ing forces controlling all life, the tendency to vary and the	
	tendency to be like parents	12
4.	Diagrammatic drawing of a typical curve illustrating height	1,000,000
	variation in one hundred men	16
5.	Mutation in evening primrose	20
	Horticultural varieties of the wild cabbage	22
	Varieties of cultivated pigeons	43
	Improved varieties of domesticated animals	49
	Improvement in geranium	50
	Diagrammatic drawing of a plant species "adapting" itself	
4355	to higher and higher elevations in the mountains by means	
	of an increasing amount of "hair" or "fuzz" on stems and	
	leaves	57
11.	Specialization in the legs of birds	61
	Specialization in the beaks of birds	63
	Some chipmunks of California, showing distinct species pro-	
	duced through isolation	71
14	The twig or walking stick insect, Diapheromera femorata .	81
	The dead-leaf butterfly	83
	The monarch butterfly, Anosia plexippus (above), distaste-	
10.	ful to birds, and the viceroy, Basilarchia archippus (below),	
	which mimics it	85
17	Diagrammatic drawing showing structural relationship be-	00
	tween a number of plants, animals, extinct and modern man.	97
18	Diagrammatic drawing illustrating the evolution of the	01
10.	Primates	109
10	Phyletic tree—anthropoid apes and mankind	116
	Gibbon, Hylobates lar, southeastern Asia	118
	6 M	119
	Orang-utan, Simia satyrus, Sumatra and Borneo	
44.	Chimpanzee, Pan pygmæus, western and central equatorial	120
	Africa	120

FIGUR	E	PAGE
23.	Gorilla, Gorilla gorilla	121
24.	Skeleton of man and gorilla	123
25.	Skeleton of Neanderthal man, A, Homo neanderthalensis,	
	compared with that of a living native Australian; B, Homo	
	sapiens, the latter the lowest existing race	124
26.	Restoration of prehistoric men	125
27.	Homology in hind legs of vertebrates	129
28.	Anterior limbs of vertebrates	130
29.	Homologies in the skeletons of vertebrates	131
30.	Homologies in the bones of the hind leg	133
31.	Stages in the life cycle of the tapeworm of the genus Tænia	149
32.	Life history of hookworm	152
3 3.	Trichinella spiralis, the cause of the disease trichinosis in	
	human beings, pigs, and rats	154
34.	Diagram illustrating the life history of the malarial fever	ž,
	parasite	156
	Mosquito life histories	158
	Sacculina attached to the abdomen of a crab	159
37.	A, European dodder twining about a hop stem. B, germina-	
	tion of same	160
38.	Upper teeth of Eohippus	171
39.	Restoration of four-toed horse, Orohippus	172
40.	Three-toed horse, front and back	173
41.	Restoration of the Miocene prairie horse, Merychippus .	175
	Phylogeny of the horses	176
	Skeleton of the sauropod dinosaur, Diplodocus carnegiei.	178
44.	Diagram of the evolution of the horse's head, fore foot, hind	
	foot, and teeth	180
45.	Restoration of the American mastodon	181
46.	The earliest known picture of cells	184
47.	The four types of bacterial cells	185
4 8.	One type of asexual reproduction. Various types of budding	
	of yeast cells	185
	Integrations between bacteria and protozoa	186
50.	To illustrate the fact that organs of motion and motility	
	are not exclusive animal characteristics	187
51.	. Amæba proteus \cdot	187
52	. Paramecium caudatum	188
53.	. Not differentiated sufficiently to be called either plant or	
	animal	189
54	. There are about 250,000 known living species of plants and	
	about 500,000 known species of animals	191

	LIST OF ILLUSTRATIONS	XIX
IGUR	E	PAGE
55.	Giant redwood trees, Sequoia gigantea	192
	A giant sulphur-bottom whale	193
	The human tuberculosis germ	194
	Diagram of a typical cell	194
	Diagrams illustrating mitosis	195
	A simple sponge	197
	A longitudinal section of hydra	199
32.	Various kinds of animal cells	200
63.	Grafts, types of asexual reproduction	202
	Bridge grafting	210
	Sperm cells of animals	214
	Cleavage of the frog's egg	216
	Early stages in the development of the frog	217
	Stages common to all metazoa	219
	Cleavage of Synapta digitata	221
	Sections through the blastula of the frog	222
	Median saggital sections through a series of gastrulæ of the	
	frog	22
72.	Antlers of stag, showing ontogenetic increase in complexity	22
	Antlers of deer, phylogenetic series	228
	Diagrammatic drawing illustrating the possibility of one	
	species to recapitulate another species	22
75 .	An infant three months old supporting its weight for over	
	two minutes	23
76.	Vermiform appendix of (A) kangaroo and (B) human embryo	23
	The human eye showing nictitating membrane, or vestigial	
	eyelid	23
78.	Part of the skeleton of a boa constrictor	23
	Series of vertebrate embryos at three comparable and pro-	
	gressive stages of development	23
80.	Series of vertebrate embryos (cont'd)	23
	Head of a five-months human embryo showing embryonic	
	hair covering	23
82.	Later stages in development of human embryo	24
	Successive stages in the early development of the human	
	embryo	24
84.	Diagram illustrating oögenesis	24
	Diagram illustrating the stages of spermatogenesis	25
	Diagram illustrating the maturation, fertilization, and	
	cleavage of an egg	25
87	Company of students grouped according to height	26
	Scheme to illustrate Galton's "Law of Regression".	26
00.	POLICITIO DO LITUROLO CONTOLLO TAMA OL TROSTORIOLI .	_

FIGURI	3									PAGE
89.	Galton's "Law of Inhe	erita	nce"	•	•	•	•	•	•	264
90.	Diagram of TT X dd	•		ų.		•		•	•	267
91.	Diagram of Td X Td	and	TT>	$\langle TT \rangle$		•	· • ·		•	267
92.	Diagram of dd X dd	•			3				7	268
93.	Diagram of TTRR X	ddw	vw	•		•	٠	•		270
94.	Diagram of dihybrid o	hart	, .	•	*	•	•	٠	•	271
95.	Diagram of red X wh	ite f	our o'	clocks	S	÷	•	ě		273
96.	Diagram of black X v	vhite	chic	kens	. • ::		.*:	•		274
97.	Color inheritance in the	ne B	lue A	ndalu	sian f	owl,	${ m etc.}$			275
98.	Diagram of "complem	enta	ary fa	ctor"		18.	¥	•	•	276
99.	Diagram of "crossing	over	'' hy	pothe	ses	•				277
100.	Diagram of BB X bb		•	•	1.	•	•	•		282
101.	Diagram of DD X ll		ě		:•:		1.00			283
102.	Diagram of CC X ss		1.0			•			0	284
103.	Diagram of NN X ff	i • 1		:					6	286
	Lamarck								5	303
105.	August Weismann		•	•			•	*:	1	305
	Aristotle			ě	•	•		•	o	323
107.	Van Leeuwenhoek	;		:•:					•	325
108.	Linnæus at sixty	•	•	(•):					45	326
109.	Charles Darwin .	* :		10.0		•				328
110.	Gregor Mendel .			(*)			*			329
111.	Louis Pasteur .			**		•		•		330
112.	Brains of lower inver	rtebi	ates	comp	ared	with	the	hum	an	
	brain	((.★)/				336
113.	Brains of mammals	(*)		(* €		7 . 0		·•		337
114	A. Brains of apes .							•		338
	B. Human brain .			(e)	¥					339
	Micro-dissection of E	uplo	tes pa	tella	•					341
	Longitudinal vertical	_			h the	ante	erior	porti	on	
	of earthworm .									343
117	. An adult specimen of				anceo	latus				343
	. Petromyzon merimis.									345
	. Brain of a dogfish sha	-	•	i am an	ement.	2	: :	31 2		345
	. Brain of a frog .						4.			346
	. Side view of brain of					ì				348
	. The brain of the pige		(41)(42)	iew) - 1				3	348
	. Side view of brain of				·•1	* <u>*</u>	•:		•	349
120	. Dido vion of brain of	ULIU .	LUNDI	•					•	010

EDUCATIONAL BIOLOGY

CHAPTER I

INTRODUCTION

"It is necessary for us as teachers to take the biological point of view in all our thinking and to seek our educational philosophy in the laws of growth."—Lewis M. Terman.

The science of education had scarcely made a beginning before psychology was called upon to offer its contributions and to solve some of the many problems arising, with the result that at least one course in educational psychology or in general psychology, is now "required" by practically every teachertraining institution in the United States. This is as it should be, since only the psychologist is sufficiently well informed to give accurate and expert advice in certain important fields of education.

Likewise it has been recognized that sociology has important contributions to make to the science of education, and there are few professional schools for teachers that do not offer a course in educational sociology or in general sociology. Almost every educational problem is social as well as individual in nature and the social aspects of education are being increasingly emphasized.

For at least a generation many students of education and many students of biology have believed that biology has much to contribute to the growing science of education and to the art of teaching. In fact, many professional schools for teachers have had at one time or another a course devoted in part, at least, to some of the biological aspects of education. These courses have been called by a variety of names and often com-

bined with subject-matter other than biology. Perhaps the most common names for such courses have been: "Biological aspects of education," "Biology as applied to education," "Bionomics," and "Educational biology." The last name seems the best, since it is a brief and accurate description of the content and purpose of the course, and is in keeping with recent developments in the fields of psychology and sociology as applied to education.

Just as educational psychology and educational sociology are not new kinds of psychology and sociology but only the significant parts of their respective fields that contribute most to education, so educational biology is not a new kind of biology but rather a selection of the important facts, principles, and laws of biology that have a bearing on education.

Wherever possible, applications both direct and indirect will be made to the science of education and to the practical work of teaching. However, many facts and laws must necessarily be stated and demonstrated before the proper foundation is laid for the establishment of a principle in the field of education or in the art and science of teaching. This course is in-

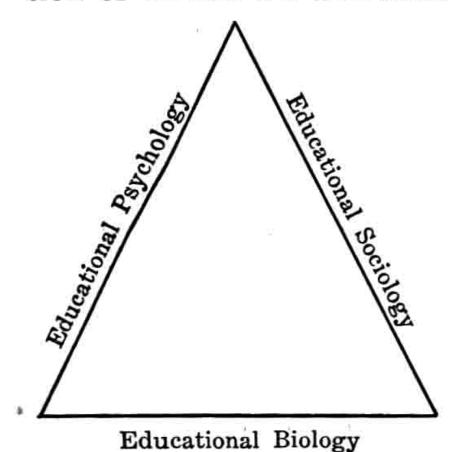


Fig. 1.—Three foundational courses for educational theory and practice.

tended neither as a "methods" course nor as an "academic" course; rather it seeks to provide a general biological basis for the better understanding of the child and of the various problems involved in the teacher's work.

It is the writer's belief that an adequate background for the work of teaching and the science of education must include an understanding of educational biology, educational psychology, and educational sociology. Upon this

threefold basis sound educational thinking may be developed and a correct educational philosophy projected. With such a