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# THE UNDERWATER HANDBOOK

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A Guide to Physiology and  
Performance for the Engineer

Edited by

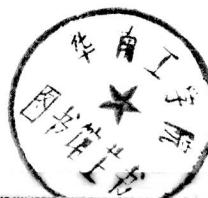
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E7961460

PLENUM PRESS • NEW YORK AND LONDON

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Library of Congress Cataloging in Publication Data

Main entry under title:

The Underwater handbook.

Includes bibliographies and index.

1. Underwater physiology. 2. Submarine medicine. 3. Diving, Submarine. 4. Oceanography. I. Shilling, Charles Wesley, 1901- II. Werts, Margaret F. III. Schandlmeier, Nancy R.

RC1015.U5  
ISBN 0-306-30843-6

616.9'8022

76-7433

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The preparation of this handbook was supported jointly by the Research and Development Command of the Bureau of Medicine and Surgery, and the Office of Naval Research, United States Department of the Navy, under ONR Contract N00014-67-A-0214-0013 with the Science Communication Division, Department of Medical and Public Affairs, Medical Center, The George Washington University, Washington, D.C.

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A Division of Plenum Publishing Corporation  
227 West 17th Street, New York, N.Y. 10011

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A Guide to Physiology and  
Performance for the Engineer

# Contributors and Reviewers

Because of the extensive and almost continual reorganization of the various sections of this handbook, it is exceedingly difficult to match authors and reviewers with the final version of each chapter. For this reason, all individuals who contributed or reviewed material are listed alphabetically as follows:

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# Foreword

This handbook attempts to translate data on various parameters of man's capability in underwater and hyperbaric environments for those without a background in the life sciences.

Accomplishing any multifaceted task requires team work, and effective team work depends on facile communication among all participants. To communicate properly, all parties must understand each other's problems and be able to speak a similar language. To this end we believe that this publication will go a long way in furthering the understanding and communication necessary for maximum achievement.

The U. S. Navy has a fundamental interest in all types of activities connected with the ocean and is especially interested in the growing field of manned underwater and hyperbaric activities. Thus, the manuscript for this comprehensive book was developed under Office of Naval Research contract N00014-67-A-0214-0013 with The George Washington University. We acknowledge with appreciation the financial support and technical guidance for this undertaking by the Naval Medical Research and Development Command of the Bureau of Medicine and Surgery as well as by the Engineering Psychology Program and the Physiology Program of the Office of Naval Research.

JOSEPH P. POLLARD  
*Director*  
*Biological and Medical*  
*Sciences Division*  
*Office of Naval Research*

# Preface

A need was felt for a book that would document the relationship of the human being to the underwater hyperbaric environment in such a way that the individual unfamiliar with the psychological or biomedical jargon could still understand and appreciate the information.

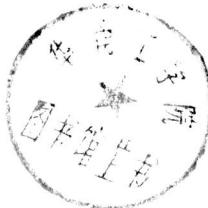
This book is not meant to be a medical text. It was designed to meet the technical and scientific needs of the engineer, the manager of underwater activity, and the interested layman.

This book was prepared under support by the Department of the Navy, Contract No. N00014-67-A-0214-0013, issued by the Office of Naval Research. However, the content does not necessarily reflect the position or the policy of the Department of the Navy or the Government, and no official endorsement should be inferred.

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C. W. SHILLING

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