

# Level 5

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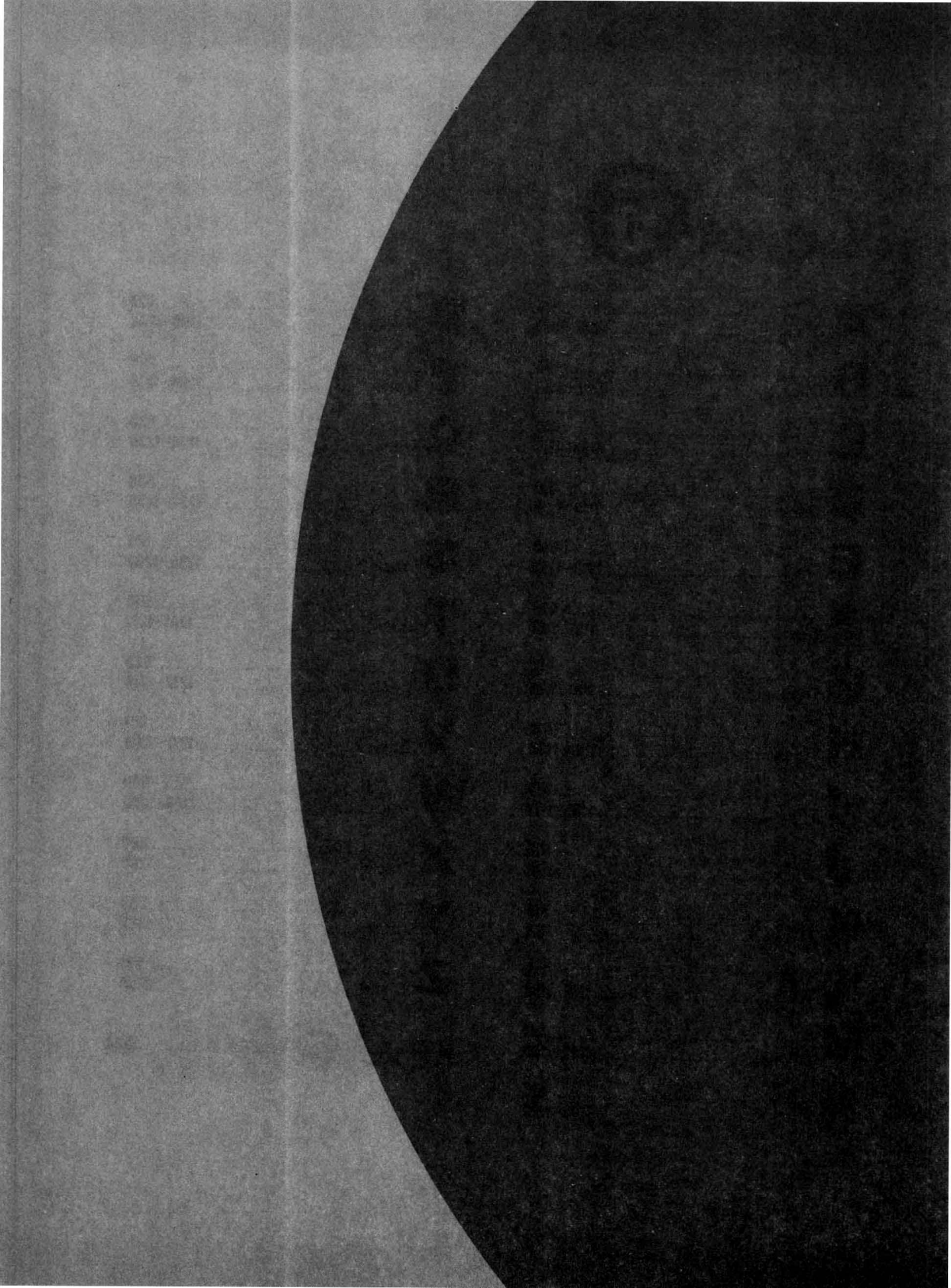
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Level 5 单词通关测验 ..... 471



- air** [ɛr]..... 四级 1-24 **英英** the gases which surrounds the Earth and provide people, animal or any living creature to survive  
**名** 空气、气氛  
**同** atmosphere 气氛 4-86 **延伸短语** put on airs 摆架子
- airmail** ['ɛr.mel].. 英中 六级 1-25 **英英** to send letters or parcels by aircraft  
**名** 航空邮件 **延伸短语** by airmail 用航空邮寄  
**名词复数** airmails

MP3 Track 0006

- airplane / plane**  
 ['ɛr.plen] / [plen]..... 四级 1-26 **英英** a vehicle designed for air travel, flying through the air, which has wings and engines  
**名** 飞机 **延伸短语** take an airplane / a plane 搭飞机  
**名词复数** airplanes / planes
- airport** ['ɛr.port]..... 四级 1-27 **英英** place where aircraft, such as an airplane or helicopter regularly take off and land  
**名** 机场 **延伸短语** at the airport 在机场  
**名词复数** airports
- all** [ɔl]..... 四级 1-28 **英英** containing all of things or numbers; the whole  
**形** 所有的、全部的 **副** 全部、全然 **延伸短语** after all 毕竟  
**名** 全部  
**同** whole 全部 1-994
- allow** [ə'laʊ]..... 四级 1-29 **英英** to give permission to something and make it possible for someone to do something  
**动** 允许、准许 **延伸短语** allow sb. to do sth. 允许某人做某事  
**同** permit 允许 3-680 **动词变化** allowed, allowed, allows
- almost** ['ɔlmɒst]..... 四级 1-30 **英英** nearly, not much different  
**副** 几乎、差不多  
**同** nearly 几乎、差不多 2-615

MP3 Track 0007

- alone** [ə'lon]..... 四级 1-31 **英英** without company or other people  
**形** 单独的 **副** 单独地 **延伸短语** leave sb. alone 别管某人、让某人独处  
**同** lonely 单独的 2-546
- along** [ə'lon]..... 四级 1-32 **英英** next to something; from one part of a street to another; keep moving forward  
**副** 向前 **介** 沿着 **延伸短语** get along with sb. 与某人和睦相处  
**同** forward 向前 2-391
- already** [ɔl'redi]..... 四级 1-33 **英英** before now; earlier than the time people expected; by this time  
**副** 已经  
**反** yet 还没 1-1026
- also** ['ɔlso]..... 四级 1-34 **英英** too or in addition  
**副** 也 **延伸短语** not only... but also... 不仅...而且...  
**同** too 也 1-925
- always** ['ɔlweɪz]..... 四级 1-35 **英英** every time, more frequently, keep doing something all the time  
**副** 总是  
**反** seldom 不常、很少 3-840

MP3 Track 0008

- am** [æm]..... 四级 1-36 **英英** form of be, usually used in the first person  
**动** 是 **延伸短语** I am from... 我来自...  
**动词变化** was, been, being, am
- among** [ə'mʌŋ]..... 四级 1-37 **英英** mixed or in the middle of other things, surrounded by other things  
**介** 在...之中 **延伸短语** among others 尤其  
**同** amid 在...之间 4-43

## Cc

- cage** [kedʒ]..... 四级 1-145 **英英** a space surrounded by bars or wires to keep animals or birds  
**名** 笼子、兽笼、鸟笼 **延伸短语** in the cage 在笼子里  
**名词复数** cages **bird cage** 鸟笼  
**动** 关入笼中 **动词变化** caged, caged, caging, cages

## MP3 Track 0030

- cake** [kek]..... 四级 1-146 **英英** a small mass of dough baked, which is sweet and soft with sugar and fat

- 名** 蛋糕 **延伸短语** a piece of cake 一块蛋糕、轻而易举的事  
**名词复数** cakes **eat one's cake and have it** 同时做两件不相容的事而双收其利

- call** [kɔl]..... 四级 1-147 **英英** to telephone someone; to name someone or give someone a name

- 名** 呼叫、打电话 **动** 呼叫、打电话 **延伸短语** make a call 打电话  
**名词复数** calls **call at** 访问  
**同** yell 吼叫 3-1075 **give sb. a call / call sb.** 打电话给某人  
**动词变化** called, called, calling, calls

- camel** ['kæmɪl]..... 四级 1-148 **英英** an animal with a long neck and big size, that lives in the desert and with one or two humps on its backs

- 名** 骆驼 **延伸短语** on the camel 骑骆驼  
**名词复数** camels

- camera** ['kæməɾə]..... 四级 1-149 **英英** a device for taking pictures or making films or television programmes

- 名** 照相机 **延伸短语** in camera 私下的、不公开的  
**名词复数** cameras

- camp** [kæmp]..... 四级 1-150 **英英** an activity in which people stay in tents for temporary stay

- 名** 露营 **延伸短语** go camping 去露营  
**名词复数** camps **camp out** 野营  
**动** 露营、扎营 **动词变化** camped, camped, camping, camps

## MP3 Track 0031

- can** [kæn]..... 四级 1-151 **英英** to put something into a can; a closed metal container, usually made with cylindrical, in which some types of drink and food are sold

- 动** 装罐 **助** 能、可以 **延伸短语** canned food 罐头食品  
**名** 罐头 **a can of...** 一罐...  
**名词复数** cans **as possible as you can** 尽可能地  
**动词变化** canned, canned, canning, cans

## can·dy / sweet

- ['kændri] / [swit]..... 四级 1-152 **英英** sweet food made from sugar or chocolate with different shape

- 名** 糖果 **延伸短语** sweet fruit 新鲜的水果  
**名词复数** candies **sweet flowers** 芳香的花  
**同** sugar 糖 1-866

- cap** [kæp]..... 四级 1-153 **英英** a soft, flat hat without a brim which has a curved part sticking out at the front; to cover with a cap

- 名** 帽子、盖子 **延伸短语** a baseball cap 棒球帽  
**名词复数** caps **cap in hand** 谦卑的、谦恭的  
**动** 给...戴帽、覆盖于...的顶端 **动词变化** capped, capped, capping, caps  
**同** hat 帽子 1-394

- car** [kɑr]..... 四级 1-154 **英英** a powered road vehicle with an engine and four wheels for carrying a small number of people

- 名** 汽车 **延伸短语** by car 坐车  
**名词复数** cars  
**同** automobile 汽车 3-53

## Ee

- each** [i:t]..... 四级 1-258 **英英** every piece of object, every thing or every person, etc., usually in a group of two or even more, considered separately  
**形** 各、每 **代** 每个、各自  
**副** 各、每个  
**延伸短语** each other 互相
- ea·gle** ['i:gl]..... 四级 1-259 **英英** a large bird with a curved beak which eats meat and has excellent eyesight  
**名** 鹰  
**名词复数** eagles  
**延伸短语** bald eagle 秃鹰
- ear** [iə]..... 四级 1-260 **英英** either of the two organs, one on each side of the head, for people or animals to hear sounds  
**名** 耳朵  
**名词复数** ears  
**延伸短语** have a good ear for sth. 对...有鉴赏力  
 be all ears 洗耳恭听
- MP3 Track 0053**
- early** [ɜ:li]..... 四级 1-261 **英英** at the beginning of time, or before the expected or planned time  
**形** 早的、早期的、及早的  
**副** 早、在初期  
**反** late 晚的 1-480  
**延伸短语** in the early morning 在清早  
 early bird 早起者、抢先者
- earth** [ɜ:θ]..... 四级 1-262 **英英** the world we're living on, the planet between Venus and Mars, the third in order of distance from the Sun  
**名** 地球、陆地、地面  
**名词复数** earths  
**同** globe 地球 4-494  
**延伸短语** on the earth 地球上  
 on earth 到底、究竟
- ease** [i:z]..... 四级 1-263 **英英** become less serious or severe, make more comfortable  
**动** 缓和、减轻、使...舒适  
**名** 容易、舒适、悠闲  
**同** relieve 缓和、减轻 4-889  
**延伸短语** at ease 舒适、自在  
 take one's ease 安心、放心  
 with ease 轻松地  
**动词变化** eased, eased, easing, eases
- east** [i:st]..... 四级 1-264 **英英** the direction where the sun rises at the equinoxes, on the back side of a person facing west  
**形** 东方的 **副** 向东方  
**名** 东、东方  
**反** west 西方 1-985  
**延伸短语** in the east 在东方  
 east wind 东风
- easy** ['i:zi]..... 四级 1-265 **英英** achieving something without great effort or strength  
**形** 容易的、不费力的  
**反** difficult 困难的 1-232  
**延伸短语** be easy to do sth. 容易做某事  
 take it easy 慢慢来、不急  
 an easy life 安逸的生活
- MP3 Track 0054**
- eat** [i:t]..... 四级 1-266 **英英** put food or fruit into the mouth and chew and swallow it  
**动** 吃  
**同** dine 用餐 3-261  
**延伸短语** eat one's breakfast 吃早餐  
 eat up 吃光  
 eat one's words 收回说过的话  
**动词变化** ate, eaten, eating, eats
- edge** [edʒ]..... 四级 1-267 **英英** the outside limit of a place, area or object  
**名** 边、边缘  
**名词复数** edges  
**同** border 边缘 3-98  
**延伸短语** on the edge of 在...边缘  
 edge in 插嘴  
 have an edge on sb. 胜过某人
- egg** [eg]..... 四级 1-268 **英英** an oval or round object laid by a fish or female bird, with an ovum which if fertilized can develop into a new organism  
**名** 蛋  
**名词复数** eggs  
**延伸短语** boiled egg 水煮蛋  
 a basket of eggs 一篮子鸡蛋  
 lay an egg 下蛋、产卵
- eight** [et]..... 四级 1-269 **英英** one more than seven, one less than nine  
**名** 八  
**延伸短语** figure of eight (打结、溜冰、舞步等的)八字形

**good** [gʊd]..... 四级 1-366 **英英** enjoyable, pleasant, interesting, to be desired or approved of  
**形** 好的、优良的 **名** 善、善行  
**同** fine 好的 1-317  
**延伸短语** ▶ as good as one's word 说到做到  
 be good at... 擅长做某事  
 be good for... 对...有益

**good-bye / goodbye / good-by / good-by / bye-bye / bye**  
 [gʊdˈbaɪ] / [gʊdˈbaɪ] / [gʊdˈbaɪ] /  
 [gʊdˈbaɪ] / [ˈbaɪbaɪ] / [baɪ]  
 ..... 四级 1-367  
**名** 再见  
**英英** used to express good wishes or polite words when parting or ending a conversation  
**延伸短语** ▶ say goodbye 道别  
 visit to say goodbye 话别

**goose** [ɡʊs]..... 四级 1-368 **英英** a large water bird similar to a duck  
**名** 鹅  
**延伸短语** ▶ as silly as a goose 很蠢  
**名词复数** geese

**grand** [ɡrænd]..... 四级 1-369 **英英** large, special, ambitious, or impressive in scale  
**形** 宏伟的、大的、豪华的  
**延伸短语** ▶ a grand palace 雄伟的宫殿  
**同** large 大的 1-478

**grandchild** [ˈɡrændtʃaɪld]  
 ..... 四级 1-370 **英英** a child of one's son or daughter  
**延伸短语** ▶ have grandchild 抱孙子  
**名** 孙子  
**名词复数** grandchildren

**granddaughter**  
 [ˈɡrændɔːtər]..... 四级 1-371  
**名** 孙女、外孙女  
**英英** a daughter of one's son or daughter  
**名词复数** granddaughters

**grandfather / grandpa**  
 [ˈɡrændfɑːðər] / [ˈɡrændpɑː]  
 ..... 四级 1-372  
**名** 祖父、外祖父  
**英英** the father of one's father or mother  
**名词复数** grandfathers

**grandmother / grandma**  
 [ˈɡrændmʌðər] /  
 [ˈɡrændmɑː]..... 四级 1-373  
**名** 祖母、外祖母  
**英英** the mother of one's father or mother  
**名词复数** grandmothers

**grandson** [ˈɡrændsʌn]  
 ..... 四级 1-374  
**名** 孙子、外孙  
**英英** the son of one's son or daughter  
**名词复数** grandsons

**grass** [ɡræs]..... 四级 1-375 **英英** a common plant of narrow green leaves grown at ground level, growing wild or cultivated on lawns and pasture  
**名** 草  
**延伸短语** ▶ in the grass 在草丛中  
**名词复数** grasses  
**同** lawn 草坪 3-518  
 green grass 绿草

**gray / grey** [ɡreɪ] / [ɡreɪ]  
 ..... 四级 1-376 **英英** the color of rain clouds; of the color that is between the colors of black and white  
**名** 灰色 **形** 灰色的、阴沉的  
**延伸短语** ▶ gray / grey hair 白发

- half** [hæf]..... 四级 1-388 **英英** when something is divided into two equal or corresponding parts  
**形** 一半的 **副** 一半地  
**名** 半、一半  
**名词复数** halves
- ham** [hæm]..... 四级 1-389 **英英** meat from the back or upper part of a pig's leg salted and dried or smoked  
**名** 火腿  
**名词复数** hams  
**延伸短语** a slice of ham 一片火腿
- hand** [hænd]..... 四级 1-390 **英英** the end part of the arm extending from the wrist; to give to  
**名** 手 **动** 递交  
**名词复数** hands  
**反** foot 脚 1-33  
**延伸短语** hand in hand 手牵手  
**at hand** 手头的、手边的  
**动词变化** handed, handed, handing, hands

MP3 Track 0079

- happen** ['hæpən]..... 四级 1-391 **英英** take place; occur, when a situation exists  
**动** 发生、碰巧  
**同** occur 发生 2-637  
**延伸短语** happen to... 发生在...身上、碰巧  
**动词变化** happened, happened, happening, happens

- happy** ['hæpi]..... 四级 1-392 **英英** feeling or showing pleasure or contentment  
**形** 快乐的、幸福的  
**反** sad 悲伤的 1-733  
**延伸短语** happy birthday 生日快乐  
**be happy about / at** 因...感到开心  
**be happy to do sth.** 喜欢做某事

- hard** [hɑ:d]..... 四级 1-393 **英英** solid, firm, and stiff not easily broken, bent, or pierced  
**形** 硬的、难的 **副** 努力地  
**同** stiff 硬的 3-917  
**延伸短语** work hard 努力工作  
**hard times** 艰难时期

- hat** [hæt]..... 四级 1-394 **英英** a shaped covering for the head, typically with a brim and a crown, used for fashion, or protection from the sun and natural elements  
**名** 帽子  
**名词复数** hats  
**同** cap 帽子 1-153  
**延伸短语** wear a hat 戴着一顶帽子

- hate** [het]..... 四级 1-395 **英英** feel intense dislike for or a strong aversion towards something or someone  
**名** 憎恨、厌恶 **动** 憎恨、不喜欢  
**反** love 爱、爱情 1-516  
**延伸短语** hate to do sth. / hate doing sth. 讨厌做某事  
**hate sb.** 讨厌某人  
**动词变化** hated, hated, hating, hates

MP3 Track 0080

- have** [hæv]..... 四级 1-396 **英英** possession of something  
**助** 已经 **动** 吃、有  
**延伸短语** have to go 不得不走  
**had better** 最好  
**have sth. back** 要回某物  
**动词变化** had, had, having, has

- he** [hi]..... 四级 1-397 **英英** used as the subject of the verb when referring to someone male who has been previously mentioned  
**代** 他  
**反** she 她 1-774

- head** [hed]..... 四级 1-398 **英英** the upper part of the human body, attached to the neck, or the front or upper part of the body of an animal, containing the brain, mouth, and sensory organs; to lead  
**名** 头、领袖 **动** 率领、朝某方向行进  
**名词复数** heads  
**同** lead 引导 1-485  
**延伸短语** on the head 在头部  
**the head of...** ...的头、首领  
**a cool head** 冷静的头脑  
**动词变化** headed, headed, heading, heads

- health** [helθ]..... 四级 1-399 **英英** in the condition of being free from illness or injury  
**名** 健康  
**延伸短语** drink health to sb. 为某人的健康干杯  
**in good / bad health** 身体好 / 不好

**hear** [hɪr]..... 四级 1-400 **英英** to be aware of or perceive (a sound) with the ears

**动** 听到、听说

**同** listen 听 1-509

**延伸短语** hear of 听说

hear sb. do sth. 听见某人做了某事

hear sb. doing sth. 听见某人正在做某事

**动词变化** heard, heard, hearing, hears

MP3 Track 0081

**heart** [hɑ:t]..... 四级 1-401 **英英** a hollow muscular organ that pumps the blood to circulate the body

**名** 心、中心、核心

**名词复数** hearts

**同** nucleus 核心 5-619

**延伸短语** in the heart of 在...中心

heart disease 心脏病

lose heart 失去信心

**heat** [hit]..... 四级 1-402 **英英** the quality of being hot; high in temperature; to make hot

**名** 热、热度 **动** 加热

**名词复数** heats

**反** chill 寒气 3-161

**延伸短语** at a heat 一口气地

**动词变化** heated, heated, heating, heats

**heavy** ['hevi]..... 四级 1-403 **英英** of substantial weight; difficult to lift or move

**形** 重的、猛烈的、厚的

**反** light 轻的 1-501

**延伸短语** heavy with... 因...而沉重

heavy work 繁重的工作

heavy traffic 交通堵塞

**hello** [hə'lo]..... 四级 1-404 **英英** used as a greeting, a polite word to say, or to begin a telephone conversation

**意** 哈罗 (问候语)、喂 (电话应答语)

**延伸短语** say hello to sb. 向某人打招呼

**help** [help]..... 四级 1-405 **英英** to give assistance to, make it easier for (someone) to do something

**名** 帮助 **动** 帮助

**名词复数** helps

**同** aid 帮助 2-10

**延伸短语** can't help... 忍不住

help sb. to do sth. 帮某人做某事

help oneself to... 随意取食

**动词变化** helped, helped, helping, helps

MP3 Track 0082

**her** [hɜ:]..... 四级 1-406 **英英** the possessive form of she, which means that something belongs to a particular woman or girl

**代** 她的

**反** his 他的 1-412

**hers** [hɜ:z]..... 四级 1-407 **英英** used to indicate something or something belong to a female that has just been mentioned

**代** 她的东西

**反** his 他的东西 1-412

**here** [hɪr]..... 四级 1-408 **英英** in, at, or to the current place or position

**副** 在这里、到这里 **名** 这里

**反** there 那里 1-896

**延伸短语** here and there 到处

same here 彼此彼此、我也一样

**high** [haɪ]..... 四级 1-409 **英英** of great distance from top to bottom; of a specified height

**形** 高的 **副** 高度地

**反** low 低的 1-517

**延伸短语** high above the sky 高高在天上

fly high 飞得很高

**hill** [hɪl]..... 四级 1-410 **英英** a naturally raised area of land, of lesser height than a mountain

**名** 小山

**名词复数** hills

**同** mound 小丘 5-591

**延伸短语** distant hills 远山

up hill and down dale 翻山越岭、勇往直前、到处

MP3 Track 0083

**him** [hɪm]..... 四级 1-411 **英英** used after a verb or preposition referring to a previously mention male

**代** 他

**反** her 她 1-406

**his** [hɪz]..... 四级 1-412 **英英** things that relate to or belong to a previously mentioned male

**代** 他的、他的东西

**反** her 她的 1-406

**list** [lɪst].....四级 1-508 **英英** items or names written in consecutive order; to set forth in order  
**名** 清单、目录、列表 **动** 列表、编目 **延伸短语** on the list 在名单上  
**名词复数** lists be struck off the list 被除名  
**同** schedule 目录、列表 3-826 **动词变化** waited, listed, listing, lists

**listen** ['lɪsn].....四级 1-509 **英英** to give attention to a sound in order to hear it; make an effort to hear something  
**动** 听 **延伸短语** listen to 倾听、聆听  
**同** hear 听 1-400 listen for 等着听  
**动词变化** listened, listened, listening, listens listen in 收听(广播)

**little** ['lɪtl].....四级 1-510 **英英** small in size, amount, number or degree  
**形** 小的 **名** 少许、一点 **延伸短语** little by little 一点一点、渐渐  
**副** 很少地 make little of 不重视  
**反** large 大的 1-478 not a little 许多

MP3 Track 0103

**live** [laɪv] **形** / [lɪv] **动**.....四级 1-511 **英英** remain alive; be alive at a specified time; to make a place your home  
**形** 有生命的、活的 **延伸短语** live on sth. 以...为食  
**动** 活、生存、居住 live up to 实践  
**反** die 死 1-230 live with sb. 与某人同住  
**动词变化** lived, lived, living, lives

**long** [lɒŋ].....四级 1-512 **英英** of a great distance or duration; relatively great in extent; great in length  
**形** 长久的 **副** 长期地 **延伸短语** for long 长久  
**名** 长时间 **动** 渴望 long for 渴望  
**名词复数** longs long after 渴望  
**反** short 短的 1-783 **动词变化** longed, longed, longing, longs

**look** [lʊk].....四级 1-513 **英英** to direct your eyes toward certain areas in order to see  
**名** 看、样子、脸色 **动** 看、注视 **延伸短语** look at 看  
**名词复数** looks cast a look at 瞥了一眼  
**同** watch 看 1-970 look for 寻找  
**动词变化** looked, looked, looking, looks

**lot** [lɒt].....四级 1-514 **英英** a large number or amount; a great deal  
**名** 很多 **延伸短语** a lot of 许多  
**名词复数** lots see a lot of 经常看见  
**同** plenty 很多 3-692 think a lot of 对...热爱、评价高

**loud** [laʊd].....四级 1-515 **英英** producing or capable of making great noise  
**形** 大声的、响亮的 **延伸短语** loud-speaker 扬声器  
**反** silent 安静的 2-844 be loud in one's praises of sth. / sb. 盛赞某人、某物  
**动词变化** talk loud 大声说话

MP3 Track 0104

**love** [lʌv].....四级 1-516 **英英** an intense feeling of deep affection or liking to friends or family; a deep romantic or sexual attachment to another adult  
**动** 爱、热爱 **名** 爱 **延伸短语** fall in love with... 爱上...  
**名词复数** loves love to do sth. 喜欢做某事  
**同** adore 热爱 5-16 **动词变化** loved, loved, loving, loves

**low** [lə].....四级 1-517 **英英** toward the bottom of something, or close to the ground or at ground-level  
**形** 低声的、低的 **副** 向下、在下面 **延伸短语** be low in... 缺乏  
**同** inferior 下方的 3-469 feel low 情绪低落  
**动词变化** bring low 使下跌、恶化

## MP3 Track 0113

**mouth** [mauθ]..... 四级 1-561 英英 the space between the lips in the body of most animals through which food is taken and sounds are emitted  
 名 嘴、口、口腔  
 名词复数 mouths

延伸短语  
 in the mouth of... 出于...之口  
 button up one's mouth 保持缄默  
 give mouth to sth. 吐露

**move** [muv]..... 四级 1-562 英英 go or cause to go in a certain direction or manner; change or cause to change position  
 动 移动、行动  
 反 stop 停 1-857

延伸短语  
 move on 继续进行  
 move in 搬入  
 move forward 前进  
 动词变化 moved, moved, moving, moves

**movement** ['mʌvmənt]..... 四级 1-563 英英 a change of place or position; the process of moving or the state of being moved

延伸短语  
 in the movement 跟着潮流  
 movement to do sth. 做...的行动

名 运动、活动、移动  
 名词复数 movements  
 同 motion 运动、活动 2-599

**movie / motion picture / film / cinema**  
 ['muvi] / ['moʊən 'pɪktʃə] / [film] / ['sɪnəmə]..... 四级 1-564 英英 a cinematic film  
 延伸短语 see / watch a movie 看电影  
 movie theater 电影院  
 movie fan 影迷  
 film test 试镜

名 (一部) 电影  
 名词复数 movies / motion pictures / films / cinemas

**Mr. / Mister** ['mɪstə]..... 四级 1-565 英英 an informal and often rude form of address for a man whose name you do not know

名 对男士的称呼、先生

## MP3 Track 0114

**Mrs.** ['mɪsɪz]..... 四级 1-566 英英 a title used a married woman before her family name or full name  
 名 夫人

**Ms.** [mɪz]..... 四级 1-567 英英 a title used before a woman's family name or full name, whether she is married or not  
 名 女士 (代替Miss或Mrs.的字、不指明对方的婚姻状况)

**much** [mʌtʃ]..... 四级 1-568 英英 a large amount of something, often more than wanted; indicating that someone or something is a poor specimen

名 许多 副 很、十分  
 形 许多的 (修饰不可数名词)  
 反 little 少、不多的 1-510

延伸短语  
 as much as 和...一样多  
 be too much 太过分了  
 how much 多少 (钱)

**mud** [mʌd]..... 四级 1-569 英英 a liquid soft, sticky mixture consisting of mixed soil and water

名 烂泥、稀泥  
 同 dirt 烂泥 3-263

延伸短语  
 as clear as mud 一点也不清楚  
 consider sb. as mud 视某人如粪土  
 stick in the mud 陷入泥潭、落后保守

**mug** [mʌg]..... 英中 六级 1-570 英英 a large cylindrical cup with a handle and straight sides usually used for hot drinks

名 带柄的大杯子、马克杯  
 名词复数 mugs

延伸短语  
 a mug of 一大杯  
 a mug's game 不易成功的事  
 mug sth. up 死记硬背

## MP3 Track 0115

**music** ['mju:zɪk]..... 四级 1-571 英英 the art of combining a pattern of sounds whether vocal or instrumental

名 音乐

延伸短语  
 play music 播放音乐  
 popular music 流行音乐  
 face the music 承担后果、面对现实

A  
B  
C  
D  
E  
F  
G  
H  
I  
J  
K  
L

M

N  
O  
P  
Q  
R  
S  
T  
U  
V  
W  
X  
Y  
Z

**north** [nɔ:θ]..... 四级 1-595 **英英** the direction in which a compass needle normally points, towards the horizon on the left-hand side of a person facing the rising sun  
**名** 北、北方 **形** 北方的  
**反** south 南方、南方的 1-836 **延伸短语** in the north 在北方  
on the north of 在北面

MP3 Track 0120

**nose** [no:z]..... 四级 1-596 **英英** the facial part above the mouth, with nostrils used in breathing and smelling  
**名** 鼻子  
**名词复数** noses  
**not** [nɒt]..... 四级 1-597 **英英** used to form a negative phrase or sentence; gives the next word or group of words a negative meaning  
**副** 不 (表示否定) **延伸短语** not at all 不用谢、根本不  
not..., but... 不是..., 而是...  
if not 如果不...的话

**note** [nɒt]..... 四级 1-598 **英英** a brief letter or words written to help you remember something  
**名** 笔记、便条 **动** 记录、注释 **延伸短语** take a note 做笔记  
take note of 注意到  
strike the right note 说或做得恰当  
**名词复数** notes **动词变化** noted, noted, noting, notes  
**同** write 写下 1-1018

**nothing** ['nʌθɪŋ]..... 四级 1-599 **英英** not anything; something of no importance, concern, or of value; a thing of no value, use, or importance; a nobody  
**副** 决不、毫不 **延伸短语** have nothing to do with... 与...无关  
come to nothing 毫无结果  
for nothing 免费、徒然  
**名** 无关紧要的人事物

**notice** ['nɒtɪs]..... 四级 1-600 **英英** attention; observation; awareness of something; advanced notification or warning  
**动** 注意 **名** 布告、公告、启事 **延伸短语** notice of 注意到  
catch sb.'s notice 引起某人注意  
be under notice 接到...通知  
**名词复数** notices **动词变化** noticed, noticed, noticing, notices  
**反** ignore 忽略 2-473

MP3 Track 0121

## November / Nov.

[noʊ'vembər]..... 四级 1-601 **英英** the eleventh month of the year  
**延伸短语** in November 在十一月  
**名** 十一月

**now** [naʊ]..... 四级 1-602 **英英** immediately or at the present time; at or from this precise moment  
**副** 现在、此刻 **名** 如今、目前 **延伸短语** right now 立刻  
from now on 从今以后  
now or never 立刻、勿失良机  
**反** then 那时、当时 1-895

**number** ['nʌmbər]..... 四级 1-603 **英英** a quantity or value used in a counting system expressed by a word, symbol, or figure  
**名** 数、数字 **延伸短语** a number of 许多  
have sb.'s number 对某人的 (能力、性格) 心中有数  
wrong number 错误号码  
**名词复数** numbers

**nurse** [nɜ:s]..... 四级 1-604 **英英** a person who is trained to care for the sick or injured people  
**名** 护士 **延伸短语** put out to nurse 托人管理  
at nurse 托管、照顾中  
**名词复数** nurses

# Oo

**O.K. / OK / okay** ['o'ke] **英英** to show that you agree with someone to do something

**四级** 1-605 **延伸短语** it's ok to do sth. 可以做某事

**名** 好、没问题

MP3 Track 0122

**ocean** ['oʃən] **四级** 1-606 **英英** a very large expanse of sea; one of the five main areas the sea is divided into

**名** 海洋

**名词复数** oceans

**同** sea 海洋 1-747

**延伸短语** an ocean of... 很多、大量  
a drop in the ocean 沧海一粟

**o'clock** [ə'klɒk] **四级** 1-607 **英英** used in specifying the hour when telling the time

**副** ...点钟

**延伸短语** 7 o'clock 七点钟

**October / Oct.** [ək'təbə] **英英** the tenth month of the year, comes after September

**四级** 1-608 **延伸短语** in October 在十月

**名** 十月

**of** [əv] **四级** 1-609 **英英** to show possession, belonging, relating, or origin

**介** 含有、由...制成、关于、从、来自

**延伸短语** it's so kind of sb. to do sth. 某人如此之好做了某事  
in front of 在...前面  
be afraid of 害怕

**off** [ɒf] **四级** 1-610 **英英** away from a place or position, especially the present place, position or time, not on something

**介** 从...下来、离开...、不在...之上

**副** 脱开、去掉

**延伸短语** keep off 让开、不要接近  
be well off 处境好  
off and on 不时地、断断续续地

MP3 Track 0123

**office** ['ɒfɪs] **四级** 1-611 **英英** a room, set of rooms, or building where people do non-manual work

**名** 办公室

**名词复数** offices

**延伸短语** an office building 办公大楼

**officer** ['ɒfɪsə] **四级** 1-612

**英英** a person in a position of authority, especially a member of the armed forces who holds a commission or a member of the police force

**名** 官员

**名词复数** officers

**同** official 官员 2-639

**延伸短语** a military officer 陆军军官

**often** ['ɒfən] **四级** 1-613 **英英** frequently, occurring many times; in many instances

**副** 常常、经常

**延伸短语** as often as 每当  
more often than not 往往、多次  
often and often 经常、屡次

**oil** [ɔɪl] **四级** 1-614 **英英** a thick liquid obtained from petroleum, used especially as a fuel or lubricant, or from plants and vegetables, used in cooking

**名** 油

**同** petroleum 石油 6-696

**延伸短语** add oil to the fire 火上加油  
oil and vinegar 截然不同的东西  
crude oil 原油

**old** [əld] **四级** 1-615 **英英** having lived or existed for a long time; no longer young; made or built long ago

**形** 年老的、旧的

**反** young 年轻的 1-1028

**延伸短语** old man 老人  
as of old 一如既往  
never too old to learn 学无止境

A  
B  
C  
D  
E  
F  
G  
H  
I  
J  
K  
L  
M  
N  
O  
P  
Q  
R  
S  
T  
U  
V  
W  
X  
Y  
Z

MP3 Track 0134

**po·lice·man / cop**

[pə'li:smən] / [kɒp] ..... 四级 1-666

名 警察

名词复数 policemen

**pond**

[pɒnd] ..... 四级 1-667

英英 a pool of water smaller than a lake, usually made artificially

延伸短语 in the pond 池塘中

名 池塘

名词复数 ponds

**pool**

[pu:l] ..... 四级 1-668

英英 a small body of water

延伸短语 swimming pool 游泳池

名 水池

名词复数 pools

**poor**

[pu:] ..... 四级 1-669

英英 lacking sufficient money or possessions to live at a comfortable or normal standard

形 贫穷的、可怜的、差的、坏的

反 rich 富有的 1-711

延伸短语 as poor as a rat 一贫如洗

**pop·corn**

['pɒp.kɔ:n] ..... 四级 1-670

英英 seeds of maize that burst open when heated becoming soft and light and are then eaten as a snack

名 爆米花

名词复数 popcorn (单复数同形)

MP3 Track 0135

**po·si·tion**

[pə'zi:ʃən] ..... 四级 1-671

英英 the appropriate place or location (of something or someone)

延伸短语 in the position of... 在...的位置

in position 进入适当的位置

out of position 不得其所

名 位置、工作职位、形势

名词复数 positions

同 location 位置 4-654

**pos·sible**

['pɒsəbl̩] ..... 四级 1-672

英英 able to exist, happen, or achieved

延伸短语 as soon as possible 尽快

if possible 如果可能的话

do one's possible 尽力

形 可能的

同 likely 可能的 1-503

**power**

['paʊə] ..... 四级 1-673

英英 the ability to control people or events, or act in a particular way

延伸短语 power off 关掉电源

come into power 掌权

have power over sb. 掌控某人

名 力量、权力、动力

名词复数 power (单复数同形)

同 strength 力量 3-925

**prac·tice**

['præktɪs] ..... 四级 1-674

英英 applying a plan, learned information, or method, as opposed to the theories relating to it; to do something to be proficient

延伸短语 in practice 实际上

put sth. into practice 付诸实践

out of practice 生疏的

动词变化 practiced, practiced, practicing, practices

名 实践、练习、熟练

名词复数 practices

动 练习

同 exercise 练习 2-338

**pre·pare**

['pri:peə] ..... 四级 1-675

英英 make ready for use or consideration; make or get ready to do or deal with something in the future

延伸短语 prepare for 为...做准备

prepare the ground for sth. 为某事准备条件

be prepared for sth. 为某事做好准备

动词变化 prepared, prepared, preparing, prepares

动 预备、准备

MP3 Track 0136

**pre·tty**

['prɪti] ..... 四级 1-676

英英 attractive in a delicate way without being truly beautiful, pleasant to look at

形 漂亮的、美好的

同 lovely 可爱的 2-550

延伸短语 pretty as a picture 非常漂亮

pretty much 差不多

pretty up 打扮

**rain·bow** ['ren.bə]

四级 1-696

名 彩虹

名词复数 rainbows

英英 an arch of colors of seven colors visible in the sky, caused by the sun shining through rain

延伸短语 all the colors of the rainbow 五颜六色

**raise** [rez] 四级 1-697

动 举起、抬起、提高、养育

反 lower 下降 2-552

英英 to lift or move to a higher position or level; increase in amount or level

延伸短语 raise up 举起

raise one's head 抬头

raise funds 筹集资金

动词变化 raised, raised, raising, raises

**rat** [ræt] 四级 1-698

名 老鼠

名词复数 rats

同 mouse 老鼠 1-560

英英 a rodent is large, and long-tailed, typically considered a serious pest

延伸短语 like a drowned rat 像个落汤鸡

**reach** [ritʃ] 四级 1-699

动 伸手拿东西、到达

同 approach 接近 3-37

英英 stretch out an arm to take, touch, or grasp something

延伸短语 out of reach 拿不到

within sb.'s reach 在某人力所能及的范围内

reach out 伸手拿

动词变化 reached, reached, reaching, reaches

**read** [rid] 四级 1-700

动 读、看(书、报等)、朗读

英英 look at and understand the meaning of words (written or printed matter)

延伸短语 read for 攻读

read through 通读、全部看一遍

read aloud 朗读

动词变化 read, read, reading, reads

**ready** ['redi] 四级 1-701

形 作好准备的

英英 prepared for an activity, situation, or doing something; made suitable and available for immediate use

延伸短语 be ready to do sth. 准备做某事

at the ready 瞄准目标准备射击

get ready 使...准备好

**real** ['riəl] 四级 1-702

形 真的、真实的 副 真正地

同 actual 真的、真正的 3-9

英英 actually existing or factual; not imagined or supposed

延伸短语 real estate 不动产

for real 认真严肃地

real silk 真丝

**reason** ['ri:zn] 四级 1-703

名 理由

名词复数 reasons

同 cause 理由、原因 1-162

英英 a cause, explanation, justification, facts about why something happens, or why someone does something; good or obvious cause of doing something

延伸短语 by reason of... 由于...原因

have reason 有道理

there is reason in... 某事有道理

**receive** [ri'si:v] 四级 1-704

动 收到

反 send 发送、寄 1-758

英英 be given, presented with, or paid; to accept or take delivery of something that has been given to you

延伸短语 receive from sb. 收到某人的来信

receive sb. 欢迎某人

动词变化 received, received, receiving, receives

**red** [red] 四级 1-705

名 红色

名词复数 reds

形 红色的

英英 of a color at the end of the spectrum next to orange and opposite violet, as of blood, fire, or rubies

延伸短语 be in the red 亏损

red wine 红葡萄酒

in red (穿)红色的衣服

**river** ['rɪvə].....四级 1-716 英英 a large natural and wide flow of water travelling across the land into the sea, a lake, or joining another river  
 名 江、河  
 名词复数 rivers  
 同 stream 小河 2-901  
 延伸短语 in the river 在河中  
 sell sb. down the river 出卖某人

**road** [rɒd].....四级 1-717 英英 a long hard surface made for traveling on between places, especially for use by vehicles  
 名 路、道路、街道、路线  
 名词复数 roads  
 同 path 路、道路 2-672  
 延伸短语 on the road 在路上  
 by road 经由公路  
 get out of the road 让路

**robot** ['rɒbət].....四级 1-718 英英 a machine controlled by computers capable of carrying out a complex series of actions automatically  
 名 机器人  
 名词复数 robots  
 延伸短语 robot bomb 无人飞机、自动导航飞弹

**rock** [rɒk].....四级 1-719 英英 to move backward and forward; the hard mineral material of the earth's crust; the dry solid part of the earth's surface  
 动 摇晃 名 岩石  
 名词复数 rocks  
 同 stone 石头 1-856  
 延伸短语 as firm as a rock 坚如磐石  
 off one's rocker 精神失常  
 动词变化 rocked, rocked, rocking, rocks

**roll** [rɒl].....四级 1-720 英英 to move by turning over and over on an axis, or from side to side; move forward on wheels or with a smooth, undulating motion; a list or register  
 动 滚动、卷 名 名册、卷  
 名词复数 rolls  
 同 wheel 滚动、打滚 2-1035  
 延伸短语 rock and roll 摇滚乐  
 call the roll 点名  
 roll back 卷起  
 动词变化 rolled, rolled, rolling, rolls

**roof** [ruːf].....四级 1-721 英英 a structure which is the upper covering of a building or vehicle  
 名 屋顶、车顶  
 名词复数 roofs  
 反 floor 地板 1-324  
 延伸短语 hit the roof 勃然大怒  
 live under the same roof 住在一起

**room** [ruːm].....四级 1-722 英英 space viewed in terms of its capacity to accommodate one's needs  
 名 房间、室  
 名词复数 rooms  
 同 chamber 房间 4-148  
 延伸短语 room for sb. / sth. 有空间  
 give room 腾出空间  
 room with... 和...住一起

**rooster** ['ruːstə].....英英 an adult male domestic fowl; a cocky or vain person

.....六级 1-723  
 名 雄鸡、好斗者  
 名词复数 roosters  
 同 cock 公鸡 2-179

**root** [ruːt].....四级 1-724 英英 a part of a plant normally below ground, which is the plant's support and collects water and nourishment; to plant and fix in the earth  
 名 根源、根 动 生根  
 名词复数 roots  
 同 origin 起源 3-639  
 延伸短语 root and branch 彻底  
 root in 起因于...、起源于...  
 动词变化 rooted, rooted, rooting, roots

✓ **rope** [rəʊp].....四级 1-725 英英 a length of stout cord made by twisting long threads together; to fasten with a rope  
 名 绳、索 动 用绳拴住  
 名词复数 ropes  
 同 cord 绳索 4-245  
 延伸短语 rope in 用绳子围起来  
 fight back to the ropes 苦战到底  
 give sb. rope 放任某人  
 动词变化 roped, roped, roping, rope

## MP3 Track 0150

- school** [skul]..... 四级 1-746 英英 an institution in which children are educated; a day's work at school; lessons  
 名 学校  
 名词复数 schools  
 延伸短语 go to school 上学
- sea** [si]..... 四级 1-747 英英 the large area of salt water that covers most of the earth's surface and surrounds its land masses  
 名 海  
 同 ocean 海洋 1-747  
 延伸短语 on the sea 在海上  
 by sea 由海路  
 go to the sea 到海边去
- season** [ˈsi:zn]..... 四级 1-748 英英 each of the four periods of the year (spring, summer, autumn, and winter) marked by particular weather patterns and daylight hours  
 名 季节  
 名词复数 seasons  
 延伸短语 in season 在旺季  
 at all seasons 一年四季
- seat** [sit]..... 四级 1-749 英英 a thing made or used for sitting on; the horizontal or flat part of a chair; to fit well on its seat  
 名 座位  
 名词复数 seats  
 动 坐下  
 同 chair 椅子 1-166  
 延伸短语 have a seat 请坐  
 win a seat 获得议席  
 seat oneself 就座  
 动词变化 seated, seated, seating, seats
- second** [ˈsekənd]..... 四级 1-750 英英 constituting number two in a sequence; coming immediately after the first; the 60th part of a minute  
 形 第二的 名 秒  
 名词复数 seconds  
 延伸短语 in a second 马上  
 second to none 最好的

## MP3 Track 0151

- see** [si]..... 四级 1-751 英英 to notice or perceive people and things with the eyes  
 动 看、理解  
 同 watch 看 1-970  
 延伸短语 see sb. to do sth. 看见某人做某事  
 see sb. doing sth. 看见某人正在做某事  
 see you later 再见  
 动词变化 saw, seen, seeing, sees
- ✓ **seed** [sid]..... 四级 1-752 英英 a flowering plant's unit of reproduction; a round object in which other plants can grow out from; to sprinkle with seed  
 名 种子  
 名词复数 seeds  
 动 播种于  
 同 scatter 散播 3-825  
 延伸短语 go to seed 结籽、衰老  
 plant seeds 播种  
 动词变化 seeded, seeded, seeding, seeds
- seem** [sim]..... 四级 1-753 英英 appear to be a particular thing, or give the impression of being; appear to be unable to do, despite having tried  
 动 似乎  
 延伸短语 seem to be... 看起来是...  
 动词变化 seemed, seemed, seeming, seems
- ✓ **see-saw** [ˈsi:so]..... 四级 1-754 英英 a long board that children play on by pushing off the ground with their feet to make the board up  
 名 跷跷板  
 名词复数 seesaws
- self** [self]..... 六级 1-755 英英 the set of someone's characteristics including personality, abilities, etc.  
 名 自己、自我  
 名词复数 selves  
 延伸短语 by one's self 单独

## MP3 Track 0152

- selfish** [ˈselfi]..... 四级 1-756 英英 mainly concerned with one's own personal benefit, profit or pleasure without consideration for others  
 形 自私的、不顾别人的  
 延伸短语 a selfish person 自私的人
- sell** [sel]..... 四级 1-757 英英 hand over something in exchange for money; make a monetary deal in (goods or property); (of goods) attain sales  
 动 卖、出售、销售  
 反 buy 买 1-143  
 延伸短语 sell out 售完  
 动词变化 sold, sold, selling, sells

**shore** [ʃɔːr]..... 四级 1-782 **英英** the land lining the edge of a sea, wide river, lake, etc.

**名** 岸、滨

**同** bank 岸 1-72

**延伸短语** off shore 离海岸不远

on shore 在岸上

**short** [ʃɔːt]..... 四级 1-783 **英英** of a small length, distance, height, or duration; relatively small in extent; suddenly

**形** 短的、不足的 **副** 突然地

**反** long 长的、远的 1-512

**延伸短语** be short of sth. 某物短缺

**shot** [ʃɒt]..... 六级 1-784 **英英** the firing of a gun or cannon

**名** 子弹、射击

**名词复数** shots

**同** bullet 子弹 3-120

**延伸短语** shot hole... 弹孔...

a shot in the dark 瞎猜

shot put 铅球

**shoulder** [ˈʃəʊldə].....

四级 1-785

**英英** the joint between the upper arm or forelimb at each side of the neck, and the main part of the body

**名** 肩、肩膀

**名词复数** shoulders

**延伸短语** shoulder by shoulder 肩并肩

**MP3 Track 0158**

**shout** [ʃaʊt]..... 四级 1-786 **英英** speak or call out very loudly, usually as loud as possible to be heard over a lot of noise

**动** 呼喊、喊叫

**名** 叫喊、呼喊

**名词复数** shouts

**同** yell 叫喊 3-1075

**延伸短语** shout at... 向...大喊

shout out 大声叫

**动词变化** shouted, shouted, shouting, shouts

**show** [ʃəʊ]..... 四级 1-787 **英英** to make something visible; exhibit or produce for inspection or viewing

**动** 出示、表明 **名** 展览、表演

**名词复数** shows

**同** display 陈列、展出 2-276

**延伸短语** show its true color 露出庐山真面目

show off 卖弄

**动词变化** showed, shown, showing, shows

**shut** [ʃʌt]..... 四级 1-788 **英英** move into position to block an opening; to close something

**动** 关上、闭上

**延伸短语** shut up 闭嘴

shut down 关闭

**动词变化** shut, shut, shutting, shuts

**shy** [ʃaɪ]..... 四级 1-789 **英英** nervous, uncomfortable, or timid in the company of other people

**形** 害羞的、腼腆的

**反** bold 大胆的 3-96

**sick** [sɪk]..... 四级 1-790 **英英** not physically or mentally well; feeling nauseous and needing to vomit

**形** 有病的、患病的、想吐的、厌倦的

**延伸短语** be sick of... 对...感到厌恶

**MP3 Track 0159**

**side** [saɪd]..... 四级 1-791 **英英** the position to the left or right of something, place, or central point

**名** 边、旁边、侧面

**名词复数** sides

**形** 旁边的、侧面的

**同** ill 生病的 2-474

**延伸短语** on the other side 在另一边

bright side 好的一面

**sight** [saɪt]..... 四级 1-792 **英英** having the ability or power of seeing

**名** 视力、情景、景象

**名词复数** sights

**延伸短语** at the sight of... 一看见...就...

at first sight 初次见面

**silly** [ˈsɪli]..... 四级 1-793 **英英** showing a lack of common sense or judgment; foolish

**形** 傻的、愚蠢的

**同** foolish 愚蠢的 2-384

**延伸短语** be silly 傻的

**silver** [ˈsɪlvə]..... 四级 1-794 **英英** a grayish-white metallic chemical element used in making jewelry, utensils, etc.; a shiny grey-white color or appearance like that of silver

**名** 银 **形** 银色的

**simple** [ˈsɪmpl]..... 四级 1-795 **英英** easily understood or done; not difficult; plain and uncomplicated

**形** 简单的、简易的

**反** complex 复杂的 3-193

**延伸短语** simple life 简朴的生活