



辛笛应用钢琴简易教程

弹儿歌 学钢琴

(第二册)

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上海音乐学院出版社
SHANGHAI CONSERVATORY OF MUSIC PRESS

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前 言

该书是辛笛应用钢琴教学法系列教学丛书之一，有快乐学钢琴、兴趣学钢琴、速成学钢琴和创造学钢琴四个教学特点，该书编写注重课程流程整体布局与教学设计，每节课都有新的知识点，模式化的教学方法与内容能让学习者在学钢琴的入门阶段感到简单、轻松和愉快。

1. **快乐学钢琴**：结合人的生理特点，该书第一册编写的第一至四课儿歌，都局限在1—3手指的指法练习上，固定音高，固定指法，固定左右手指位置，这种上手快、容易弹奏的入门教学方法可以让学习者快乐学钢琴。

2. **兴趣学钢琴**：按照教材的编排顺序，作者把收集的两百多首耳熟能详的儿童歌曲编入教材，学习者在学钢琴基础的同时，能迅速完整地弹奏大家喜爱的儿童歌曲，激发学习者的学习兴趣，建立起学习者的自信心和成就感。

3. **速成学钢琴**：教材使用了简易式分解和弦伴奏音型与简易式半分解和弦伴奏音型，掌握两种模式化的伴奏音型，学习者就可以把注意力放在右手的旋律运动上，达到速成的学习效果，也可以为学习者建立起右手弹旋律，左手弹伴奏的基本弹奏概念。

4. **创造学钢琴**：虽然教材使用的是双行谱形式排版，学习者可以在老师的指导下，完成原谱的同时，把两种简易式伴奏音型进行替换，也就是说可以使用简易式半分解和弦伴奏音型弹奏所显示的简易式分解和弦伴奏音型的曲子等，这种“一曲多弹”的学习模式体现了“辛笛应用钢琴教学法”创造学钢琴的教学思想，传递给学习者音乐是活的，是可以变化的。

5. **课程流程布局合理**：教材编写注重新知识点的导入，如第一册第一课学习左右手三个手指在钢琴上运动，第二课直接进入左手简易式（I—V7）半分解和弦伴奏音型的学习，右手使用一至三手指弹奏全音符、这样学习者就可以把注意力放在左手伴奏音型的学习中，第三课开始，右手声部逐渐加入二分音符、四分音符、八分音符、附点音符等节奏训练，右手的弹奏音域也从小字一组c到g慢慢进行扩展和流动。以此类推，每节课都有新的知识点，学生在循序渐进的教学流程中，不会对所学的知识感觉困难。

6. **右手弹奏指法固定化**：对于应用钢琴学习者来说，右手养成良好的指法习惯是很重要的，指法提示也可以让初学者方便、快捷地掌握学习内容，能起到双手协调能力的初级训练作用。

7. 罗马数字和弦标记：该教材使用的是罗马数字和弦标记，此种方法有利于培养学生的和弦识别与弹奏能力，为学习“辛笛应用钢琴教学法”教学体系的其他系列教材或今后专业钢琴学习打下良好基础。

该书除了适合作为幼儿学习钢琴的第一本入门教材外，还可以作为钢琴基础教材用于数码钢琴集体课，它可以把传统钢琴教学中单一枯燥无味的手指训练变得趣味化、综合化、音乐化。希望它能满足广大读者的需要，成为初学者的良师益友和钢琴教师的好帮手。

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第一课 低音谱号

1. 这只小猪去集市

传统歌曲

The first system of music consists of two staves. The upper staff is in treble clef with a common time signature (C). It contains three measures of music. The first measure is marked with a '1' above the staff and a 'I' below it. The second measure is marked with a '1' above the staff and a 'I' below it. The third measure is marked with a '2' above the staff and a 'V7' below it. The lower staff is in bass clef with a common time signature (C). It contains three measures of music, each with a bass line consisting of quarter notes and chords.

The second system of music consists of two staves. The upper staff is in treble clef with a common time signature (C). It contains three measures of music. The first measure is marked with a 'V7' below the staff. The second measure is marked with a '3' above the staff and a 'I' below it. The third measure is marked with a '1' above the staff and a 'I' below it. The lower staff is in bass clef with a common time signature (C). It contains three measures of music, each with a bass line consisting of quarter notes and chords.

The third system of music consists of two staves. The upper staff is in treble clef with a common time signature (C). It contains three measures of music. The first measure is marked with a '3' above the staff and a 'IV' below it. The second measure is marked with a '3' above the staff and a 'IV' below it. The third measure is marked with a '4' above the staff and a 'I' below it. The lower staff is in bass clef with a common time signature (C). It contains three measures of music, each with a bass line consisting of quarter notes and chords.

The fourth system of music consists of two staves. The upper staff is in treble clef with a common time signature (C). It contains three measures of music. The first measure is marked with a '1' above the staff and a 'IV' below it. The second measure is marked with a '5' above the staff and a 'I' below it. The third measure is marked with a '5' above the staff and a 'V7' below it. The lower staff is in bass clef with a common time signature (C). It contains three measures of music, each with a bass line consisting of quarter notes and chords.

2.六只小鸭子

传统歌曲

The first system of music consists of two staves. The upper staff is in treble clef with a common time signature (C). It contains three measures of music. The first measure has a finger number '5' above the first note and '1' above the second note. The second measure has a chord symbol 'V7' below the staff. The third measure has finger numbers '5', '1', and '4' above the first, second, and third notes respectively. The lower staff is in bass clef and contains three measures of accompaniment, primarily using chords.

The second system of music consists of two staves. The upper staff has three measures. The first measure has finger numbers '4' and '3' above the first and second notes. The second measure has finger numbers '3', '4', '5', and '1' above the first, second, third, and fourth notes. The third measure has a chord symbol 'V7' below the staff. The lower staff has three measures of accompaniment.

The third system of music consists of two staves. The upper staff has three measures. The first measure has finger numbers '4', '4', '5', '4', and '3' above the first five notes. The second measure has finger numbers '2' and '1' above the first and second notes. The third measure has finger numbers '5' and '1' above the first and second notes. The lower staff has three measures of accompaniment, with chord symbols 'V7', 'I', and 'V7' appearing in the first, second, and third measures respectively.

The fourth system of music consists of two staves. The upper staff has three measures. The first measure has finger numbers '3' and '1' above the first and second notes. The second measure has finger numbers '4', '4', '5', '4', and '3' above the first five notes. The third measure has finger numbers '2' and '1' above the first and second notes. The lower staff has three measures of accompaniment, with chord symbols 'I', 'V7', and 'I' appearing in the first, second, and third measures respectively.

3. 保尔的母鸡

挪威民歌

The first system of musical notation consists of a treble clef staff with a melody and a bass clef staff with a piano accompaniment. The melody is marked with fingerings: 1, 2, 4, 2, 5, 3, 4, 4, 3, 1, 4, 2, 3. The piano accompaniment features chords labeled I, I, IV, I, V7, I, V7, and I.

The second system of musical notation is identical to the first system, featuring the same melody with fingerings and piano accompaniment with chords I, I, IV, I, V7, I, V7, and I.

The third system of musical notation features a melody with fingerings: 5., 1, 2, 5, 4, 3, 1, 5., 1, 2, 5, 4, 3. The piano accompaniment features chords labeled I, I, V7, V7/II, I, I, V7, and V7/II.

The fourth system of musical notation is identical to the second system, featuring the same melody with fingerings and piano accompaniment with chords I, I, IV, I, V7, I, V7, and I.

4. 故乡的亲人

Moderato

福斯特 曲

3 2 1 1 5 3 5 5 3 1 2

I I IV IV I I V7

The first system of musical notation for 'Home, Sweet Home' in C major, 3/4 time. It consists of two staves: a treble staff with a melody and a bass staff with a bass line. Fingerings are indicated above the treble staff notes. Chord symbols (I, IV, V7) are placed below the treble staff. The melody begins with a half note G4, followed by quarter notes A4, B4, C5, B4, A4, G4, and a final half note G4.

I I IV IV I V7 I I

The second system of musical notation. The melody continues with quarter notes G4, A4, B4, C5, B4, A4, G4, and a final half note G4. Chord symbols (I, IV, V7) are placed below the treble staff. The bass line consists of a steady eighth-note accompaniment.

3 5 1 2 5

V7/II V7 I I IV IV V7 V7

The third system of musical notation. The melody continues with quarter notes G4, A4, B4, C5, B4, A4, G4, and a final half note G4. Chord symbols (V7/II, V7, I, IV, V7) are placed below the treble staff. The bass line continues with eighth notes.

I I IV IV I V7 I I

The fourth system of musical notation, which is a repeat of the second system. The melody and chord symbols are identical to the second system. The bass line continues with eighth notes.

5. 珍重再见

美国歌曲

First system of musical notation. The treble clef staff contains a melody with fingerings 1, 3, 5, 4, 3, 1, 2, 4. The bass clef staff contains a bass line with a whole rest in the first measure and a steady eighth-note accompaniment in the following measures. Chord symbols 'I' are placed below the bass line in measures 2, 3, 4, and 5.

Second system of musical notation. The treble clef staff contains a melody with fingerings 3, 5, 1, 3. The bass clef staff contains a bass line with a steady eighth-note accompaniment. Chord symbols 'V7' are placed below the bass line in measures 1, 2, 3, and 4.

Third system of musical notation. The treble clef staff contains a melody with fingerings 5, 3, 1, 2, 3, 2. The bass clef staff contains a bass line with a steady eighth-note accompaniment. Chord symbols 'I' are placed below the bass line in measures 1, 2, 3, and 4.

Fourth system of musical notation. The treble clef staff contains a melody with fingerings 4, 3, 5, 4, 2. The bass clef staff contains a bass line with a steady eighth-note accompaniment. Chord symbols 'IV', 'V7/II', and 'I' are placed below the bass line in measures 1, 2, 3, and 4.

1 2 5 2 1 2 4 2

IV IV I I

This system contains a four-measure phrase. The first measure has a half note G4 with fingering 1. The second measure has a half note A4 with fingering 2. The third measure has a half note B4 with fingering 5. The fourth measure has a half note C5 with fingering 2. The fifth measure has a half note B4 with fingering 1. The sixth measure has a half note A4 with fingering 2. The seventh measure has a half note G4 with fingering 4. The eighth measure has a half note F4 with fingering 2. The bass line consists of a steady eighth-note pattern: G3, A3, B3, C4, D4, E4, F4, G4.

1 2 1 2 3 5 4 2 2

V7/II V7 I I

This system contains a four-measure phrase. The first measure has a half note G4 with fingering 1. The second measure has a quarter note A4 with fingering 2, followed by a quarter note B4 with fingering 1, and a quarter note C5 with fingering 2. The third measure has a half note D5 with fingering 3, followed by a half note E5 with fingering 5. The fourth measure has a half note F5 with fingering 4. The fifth measure has a half note G4 with fingering 2. The sixth measure has a half note F4 with fingering 2. The seventh measure has a half note E4 with a fermata. The eighth measure has a half note D4 with a fermata. The bass line consists of a steady eighth-note pattern: G3, A3, B3, C4, D4, E4, F4, G4.

1 2 5 2 1 3 5 3

IV IV I I

This system contains a four-measure phrase. The first measure has a half note G4 with fingering 1. The second measure has a half note A4 with fingering 2. The third measure has a half note B4 with fingering 5. The fourth measure has a half note C5 with fingering 2. The fifth measure has a half note B4 with fingering 1. The sixth measure has a half note A4 with fingering 3. The seventh measure has a half note G4 with fingering 5. The eighth measure has a half note F4 with fingering 3. The bass line consists of a steady eighth-note pattern: G3, A3, B3, C4, D4, E4, F4, G4.

2

V7/II V7 I I

This system contains a four-measure phrase. The first measure has a half note G4 with fingering 2. The second measure has a half note A4. The third measure has a half note B4. The fourth measure has a half note C5. The fifth measure has a half note B4. The sixth measure has a half note A4. The seventh measure has a half note G4. The eighth measure has a half note F4. The bass line consists of a steady eighth-note pattern: G3, A3, B3, C4, D4, E4, F4, G4.

6. 老黑奴

福斯特 曲

First system of musical notation for 'Old Black Man'. It consists of a treble and bass staff. The treble staff has a melody with fingerings 1, 2, 3, 4, 2, 3, 5, 1, 2, 4. The bass staff has a simple accompaniment. Chords are indicated as I, I, IV, I, I, I.

Second system of musical notation. The treble staff continues the melody with fingerings 5, 4, 3, 2, 1, 4. The bass staff continues the accompaniment. Chords are indicated as IV, V7, I, I, IV, I.

Third system of musical notation. The treble staff has a more complex melody with fingerings 3, 4, 5, 3, 4, 2, 1, 5, 3, 2, 1. The bass staff continues the accompaniment. Chords are indicated as V7/II, I, V7, I, I, I.

Fourth system of musical notation, the final system on this page. The treble staff continues the melody. The bass staff continues the accompaniment. Chords are indicated as IV, I, V7/II, I, V7, I.