

 世纪实用研究生英语系列教程



# 专业学位 硕士研究生英语 视听说教程

主编 田禾

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21世纪实用研究生英语系列教程


# 专业学位硕士研究生 英语听说教程

北京市高等教育学会研究生英语教学研究分会

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根据 2010 年教育部颁布的《硕士、博士专业学位研究生教育发展总体方案》，我国将逐步实现研究生教育从以培养学术型人才为主向以培养应用型人才为主的战略性转变，加大专业学位人才培养力度，扩大培养规模。为适应这一形势，我们特编写了《专业学位硕士研究生英语视听说教程》。

本书的编写参照了《研究生英语教学大纲》以及教育部各专业分学科教学指导委员会对于专业硕士研究生英语教学的要求，强调对学习者的语言运用能力的培养。在题材的选择上注重趣味性、知识性、实用性与时效性相结合。在教材的编排上力求做到信息量大同时难度适中。

本书配有教师用书。为方便教师授课及学生自学，教师用书除提供录音原文、视频资料原文、练习答案以外，还有详尽的教学目的、教学步骤、文化背景知识介绍及语言点解析。本书既适用于高等院校非英语专业硕士、博士研究生视听说课堂教学，也可作为中等英语水平学生及其他英语爱好者的自学材料。本套教材配有视频、音频光盘，使用非常方便。

## ◎教材内容及使用建议

本书共 12 个单元，每个单元由 5 部分构成（Warm-up Activities, Listening Activities, Watching Activities, Speaking Activities, Fun Time），每个单元的听说活动围绕同一个主题展开。

### 1. 准备活动（Warm-up Activities）

此部分有三项活动，包括与主题相关的背景知识讨论、常用词汇学习及图片描述。背景知识问题可作为学生课前预习内容，也可在课堂上展开讨论。常用词汇部分有外教录音，可帮助学生掌握相关词汇的正确发音，扩大词汇量，并提高学生对主题思想的表达能力。图片描述可作为课堂或课下小组活动。

## 2. 听力活动 (Listening Activities)

包括四项听力任务。练习形式从易到难，有填空、完成句子、单选、回答问题。可作为课堂内容或课下补充练习。

## 3. 视听活动 (Watching Activities)

为学生提供两个与本单元主题相关的视频片段。可通过视听、讨论、回答问题和填空等形式提高学生英语听力理解与口头表达能力。

## 4. 口语活动 (Speaking Activities)

包括与单元主题相关的常用功能口语词组与句型，并附有音频，学生可以通过语音语调模仿掌握常用语言模块，提高语言流利度。此部分还包括三段口语训练，供课堂练习。

## 5. 娱乐活动 (Fun Time)

每单元的最后一部分是英语经典歌曲、著名诗歌或绕口令，以提高学生英美文化素养。

本书及配套教师用书由中国科学院研究生院的 11 位教师共同编写。彭工、郭建、田禾经认真讨论最终确定了本书各单元主题及编写体系。彭工负责全书内容及文稿的审定。向俊、杨莉、田禾、艾海洋、张红晖、郭建、韩诚忠、彭宇、陈玮、胡江波分别负责编写第一至第十二章，其中第三、第五、第十二章由田禾完成。美籍专家 Tom Kelly 认真审阅了全书。加拿大专家 Don Sturge 对本书的编写提出了许多有益的建议。中国人民大学出版社外语分社为本书编辑出版付出了极大的努力。在此谨致以衷心的感谢。

在本书的编写过程中，我们从国外电影、电台及互联网上选取了部分语言素材，由于篇幅所限不一列出，在此对有关作者表示诚挚的谢意。

编者  
2011 年 6 月

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# Travel



## Learning Objectives



The students will learn to describe different travel experiences, ranging from daily travel to backpacking to business trips, develop the ability to arrange personal or business trips, and deal with various problems along the way, and make further comments on the experience itself and possible impacts of travel.



## Warm-up Activities

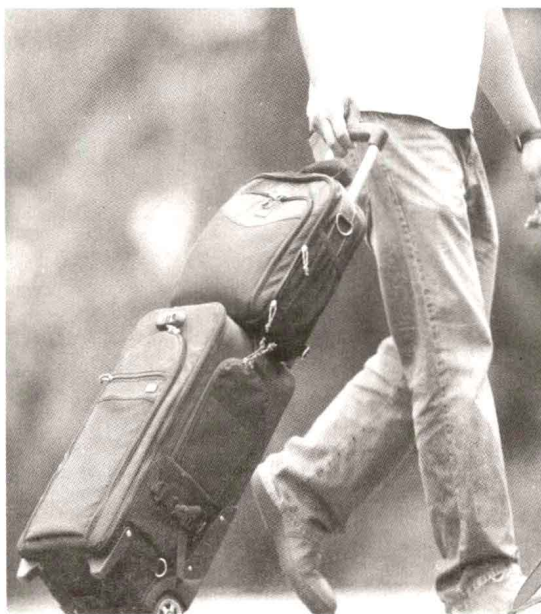
### Questions for discussion:

1. What comes to mind when you hear the word “travel”?
2. Do you like traveling? How do you usually travel? Which do you prefer, by air or by train? Why?
3. What’s the best place you’ve ever visited? Why?
4. What are the pros and cons of backpacking?
5. What would make you wiser—traveling around the world or reading a lot of books?

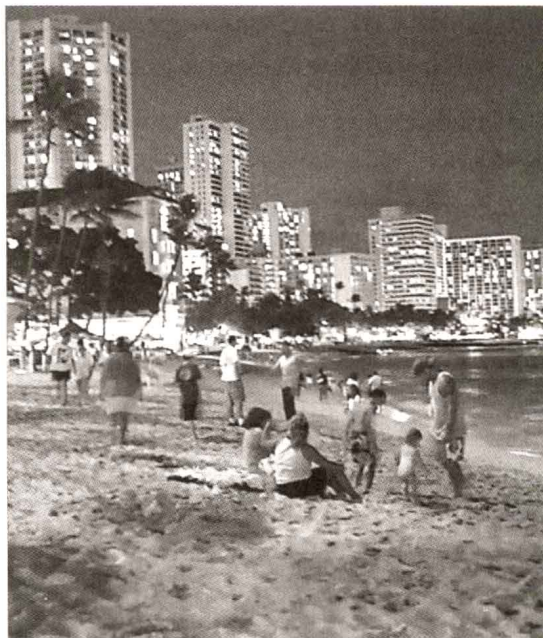
Make a conversation or a story based on what you see in the following pictures.

### Expressions related to travel:

vacation, travel agency, travel insurance, budget, passport, air/train/car travel, take off, land, return journey, package tour, independent traveler, airport, baggage claim, luggage, reservations, jet lag, destination, route, backpacker, flashpacker, travel sickness, hotel, motel, hostel, accommodation, bed and breakfast, check-in/out, reception desk, receptionist, room service, double room, single room, suite, itinerary, scenery, holiday resort, camp, excursion, self-catering holiday, sightseeing, hitch-hike







## Listening Activities

LISTENING  
ACTIVITIES



### I. Listen to the passage about commuting, and fill in the missing words while you are listening.

Commuting is 1 between one's place of residence and place of work or full-time study. Before the 19th century most workers lived less than 2 from their work. Today, many people travel daily to work a long way from their own towns, cities and villages—especially in 3 that can use modes of travel such as automobiles, trains, buses and bicycles—sometimes by choice, sometimes when forced to do so by the high cost of housing in city centers or because of 4.

Many large cities are surrounded by commuter belts, also known as 5. In these places, people who work in the city live but do not work there. Most commuters travel at the same time of day, causing the morning and evening 6, with congestion on roads and public transport systems not designed or maintained well enough to cope with the 7.

**II. Listen to the passage about flashpackers, and then complete the following sentences according to what you hear.**

1. Flashpacking is backpacking with a lot of \_\_\_\_\_.
2. Younger flashpackers can't afford \_\_\_\_\_.
3. A considerable part of the stuff a flashpacker brings along is \_\_\_\_\_.
4. Camera cords are brought with for \_\_\_\_\_ to share during the trip.
5. To meet flashpackers' needs, some hostels have been making changes, \_\_\_\_\_, offering free Wi-Fi.

**III. Listen to the conversation about a business trip, and choose the best answer to the following questions.**

1. What is the purpose of this business trip?
 

A. To go to the West Coast.	B. To attend a marketing seminar.
C. To cure his itches.	D. To get a corporate card.
2. Which of the following needs to be done by Tom himself?
 

A. Contact the travel agency.	B. Arrange the hotel.
C. Buy air tickets.	D. Fill in a form.
3. What will Tom use the corporate card for?
 

A. Transportation.	B. Accommodation.
C. Food.	D. Personal items.
4. What will Tom do with his receipts?
 

A. Keep them covered.	B. Save them for a refund.
C. Give them back to Alice.	D. Make a list of them in his trip account.
5. What does Alice mean by saying "living out of a suitcase"?
 

A. Living in a small hotel room.	B. Living out of an office cubicle.
C. Living on the stuff in a suitcase.	D. Living a routine life.

**IV. Listen to the passage and answer the following questions based on what you hear.**

1. What causes the brain to send mixed messages?
2. Will children who are prone to travel sickness remain so when they grow up?
3. Which part of the ship moves least?

4. What should people do if they're highly likely to be sick on a plane?
5. What is the best time to take anti-sickness medicines?

## Watching Activities



### I. Watch the movie clip and answer the following questions.

1. Why doesn't Ryan like Natalie's luggage?
2. Why does Ryan advise Natalie to line up after Asians?
3. What do Ryan and Natalie do?

### II. Watch the video clip and fill in the missing words.

Your dates are very important, and both selecting your   1   and also the activities that are   2   to you to do on your vacation. Budget is a big   3   on where you're actually being able to travel to. And then you also need to look at things: uh, are you a   4   that doesn't want to be around a lot of family? That's something you need to take into   5   when planning. Are you a family with, you know, several children? Because you're gonna want   6   activities for all your children.

## Speaking Activities



### I. Useful expressions of requesting and expressing opinions and impressions.

Participant 1	Participant 2
1. <i>What do you think</i> if I design dresses for you here at home? And make them here. Have the fittings here, too. And I could do the selling and the pricing at the boutique.	<i>That's what I was thinking about.</i>
2. <i>How do you like</i> living in Dallas?	It's a nice city. I like it here.
3. <i>I wonder if</i> a move would be a bad thing for her. And my job. I don't know if I can get a good job in Los Angeles. And what about our family?	Can I tell you what I think? I think that you're very successful and that you have a fantastic reputation in the toy industry. I think you can find a really good job in Los Angeles.

4. <b>Do you think</b> it is a good idea for boys and girls to go to school together?	<b>From my point of view, I think</b> it helps them to learn to get along with people of both genders.
5. <b>I think</b> the speech was a failure.	<b>Do you really think so? I don't think so.</b> It wasn't that bad of a speech at all. Didn't you hear the applause of the audience?
6. "Sweet Heart" is among the top ten on this week's top hits chart. I think it's much better than this week's No.1. <b>What do you think about</b> "Cold Wind"?	<b>I like it too, but I don't think it's as good as</b> "Sweet Heart".
7. The concert was <b>really great</b> . The singing group used to be very popular.	<b>I can't believe they played so great.</b>
8. <b>I don't think</b> the character development was that strong. Do you think that it had anything to do with the casting of the movie?	No, the casting was great and the actors were excellent. They just didn't have a lot of funny or meaningful dialogues. The writing was also a little weak.
9. <b>In your opinion</b> , what makes a happy marriage?	<b>I think</b> a good marriage is based on mutual respect and trust, with a lot of sharing, communicating, and giving.
10. Big stars like Brad Pitt and Angelina Jolie of course always have the camera lens on them wherever they are. <b>But is it too much?</b>	Well, the stars and the paparazzi, there seems a kind of an odd relationship, because they love them, and then they hate them.

## II. Read the following passages about travel and finish the following tasks with your partners.

### Passage One

Many of the popular tourist attractions have accumulated arrays of tourist businesses around them. Some of those businesses sell inferior merchandise at inflated prices. We call them "tourist traps". At any popular attraction, you will find gift shops, street vendors and restaurants surrounding it. Often, it is best to avoid such establishments including the restaurants and shops in most airports. When you visit a

tourist sight, it is usually wiser to buy your food and souvenirs a bit further away from the attraction.

**Questions for discussion:**

1. Do you have the same experience while traveling?
2. How do you usually budget your travel?
3. Is tourism all good to the destination and the local residents?

**Passage Two**

Whether you want to hit the open road to find yourself or lose yourself along the way, keep in mind a road trip is all about you. You decide when to start and stop, you decide where to eat and sleep, you decide what is worth a second glance. “You’re in charge, for better or worse.” Perhaps you’re sick of package tours and you want to see where the road less traveled will take you.

**Questions for discussion:**

1. Have you rented a car and taken a road trip? If you have, did you enjoy it? If not, do you plan to?
2. Have you ever thought about a green trip or a space trip?

**Passage Three**

Travel can put extra strain on a marriage. Being the same old couple in a new and different place is a disorienting experience. All too often, when people don’t know where they are, have jet lag, can’t speak the language, can’t figure out the local currency or maintain intestinal regularity, they get hostile. Because they don’t know anybody else in the strange place to take it out on, they take it out on each other. Because couples therapy is rarely available on vacation, it’s important to be aware in advance of the special challenges associated with traveling while married.

**Questions for discussion:**

1. What will you do when you feel frustrated while traveling in an unfamiliar place?
2. Contrary to what’s been described in the passage, there’s a common belief that an exotic experience may improve a relationship. What do you think of the impact travel brings to a relationship?

## Fun Time



Enjoy the following song.

**Down by the Salley Gardens**

*Down by the salley gardens, my love and I did meet,  
She passed the salley gardens, with little snow-white feet.  
She bid me take love easy, as the leaves grow on the tree,  
But I, being young and foolish, with her did not agree.*

*In a field by the river, my love and I did stand,  
And on my leaning shoulder, she laid her snow-white hand.  
She bid me take life easy, as the grass grows on the weirs,  
But I was young and foolish and now am full of tears.*

# Health



## Learning Objectives



The students will learn about health issues, enlarge their health-related vocabulary and how to use them when talking about these topics, make judgments about healthy and unhealthy habits and increase health awareness.

## Warm-up Activities



### Questions for discussion:

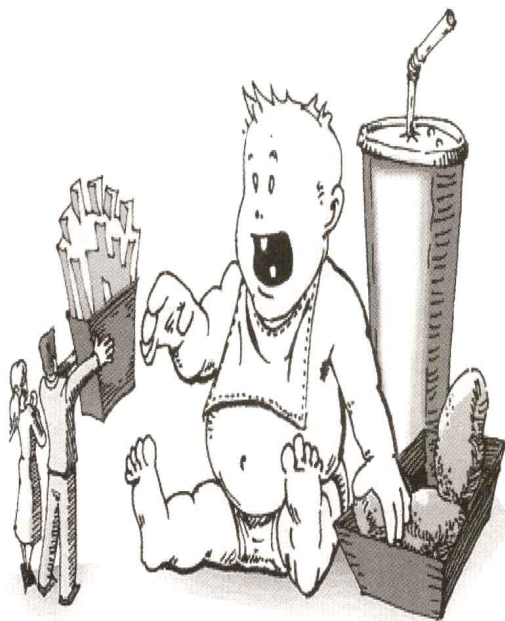
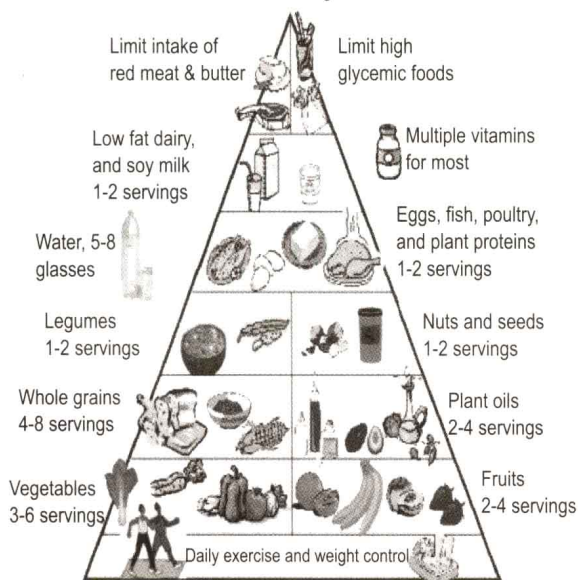
1. What does health mean?
2. What health problems do you suffer from?
3. What do you usually do to keep fit?
4. What health issues do you think concern young (old) people the most?
5. How are physical and mental health related?

### Describe the following pictures.

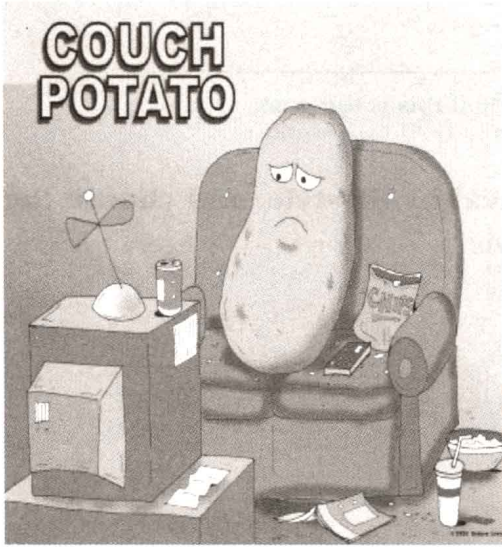
#### Expressions related to health:

healthy/balanced diet, calorie, protein, vitamin, mineral, low in fat, free of cholesterol, legume, fast/junk food, couch potato, sedentary lifestyle, physically active/inactive, excess weight, obese, insomnia, tiredness, fatigue, outdoor activity, cycling

### New Food Pyramid







## Listening Activities

LISTENING  
ACTIVITIES

### I. Listen to the passage about healthy eating, and fill in the missing words while you are listening.

1. Healthy eating is not about \_\_\_\_\_, \_\_\_\_\_, or \_\_\_\_\_ yourself of the foods you love.
2. Health can be achieved by learning some \_\_\_\_\_ and \_\_\_\_\_ them in a way that works for you.
3. Expand your range of healthy choices to include \_\_\_\_\_ of delicious foods.
4. Here are some \_\_\_\_\_ for how to choose foods for you.
5. Eat plenty of \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_, and legumes.

### II. Listen to the passage about sports and health, and then complete the following sentences according to what you hear.

1. In China, there are increasing health problems because of \_\_\_\_\_.
2. Children shouldn't eat plenty of fast food or snacks because \_\_\_\_\_.