

■ 根据最新《英语课程标准》编写
全国通用的英语专项辅导书，配套各种教材版本

◎ 总策划/主 编：蔡章兵



中学英语

第二 实用阅读

Topic Reading 精选 120 篇



YZLI0890142903

一网打尽

话题解读	+	话题锦囊	+	话题演练
生词注释	+	难句点睛	+	答案详解

- ▲ 科学实用的策划体例
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- ▲ 专业权威的编写队伍
- ▲ 丰富新颖的题型设置

七年级

● Topic Reading

中学英语第一实用阅读

阅读精选 120 篇

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前言

《中学英语第一实用阅读 阅读精选120篇》系列是由全国近百位中学英语特高级教师倾力打造的,以方便中学考生学习使用和切实提高英语阅读理解能力为原则,以契合新课程标准的要求为准则,以适用于任何教材版本为方向,以24个话题功能为主线进行策划编写,是中国第一套实用阅读专项辅导书。

本书以遵循历年中高考阅读理解题的特点,提倡从话题的信息点入手全面提升阅读理解能力,提倡循序渐进、步步提升、重点突破的学习方法。本书的编写充分体现了以下优势:

◎最实用的编写体例,最高效的练习模式

本书涵盖了“话题解读”、“话题锦囊”、“典题示例”、“话题演练”、“生词注释”、“难句点睛”、“答案详解”等板块,内容丰富全面,它将帮助你将阅读与英语各方面能力的提高充分结合起来,培养由此及彼、融会贯通的能力,达到事半功倍的效果。

每个话题涵盖五篇文章,主要体现了英语阅读练习的三个阶段,即基础能力的巩固,考试能力的培养,拓展能力的提升,这是在英语学习中必须遵循的规律和学习方法!

◎最前沿的阅读材料,最全面的考试题型

精选国内外最新时文,全面跟踪时代热点、英语考点和难点,保证了时新性和典型性,力争使每一篇文章都适合精读,真正突出“精选”的概念。大量的阅读让你更加关注和熟悉目前阅读文章的类型和趋势,比如日本地震、环保、网络购物等话题的文章。同时对文章的详细解析,帮助考生把握练习重点,做到有的放矢。

◎最强大的编写队伍,最专业的仿真试题

本书的编写者涵盖了全国多位具有丰富经验的一线特级老师,充分考虑您在英语阅读中经常遇到的问题和当前主要的考试题材和题型,以话题为线索编写了这套具有真题水平和特色的《中学英语第一实用阅读 阅读精选120篇》系列。这样的练习针对性强,一语中的,你的备考也会更有成效。

“时文选材,名师命题,循序渐进,导练结合”是本书最大特色和亮点。

《中学英语第一实用阅读 阅读精选120篇》一定是您英语学习中不可多得的宝典,我们相信,这本书对您学习方法的完善一定会有所裨益;我们也坚信,用完此书一定会让您迅速有效地提高阅读能力,更重要的是助你轻松地实现考试阅读高分!

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Topic 1

Personal Information

(个人情况)

话题解读

本单元以个人情况为话题,通过本单元的学习,不仅让学生了解如何用英语介绍自己的生活、学习情况,而且通过短文的介绍能让学生从他人身上学到一些做人、做事的道理,并可以以他们为榜样,在自己的生活、学习中加以借鉴。

话题锦囊

培养正确的阅读习惯,掌握正确的阅读技巧。

比较好的阅读理解方法是:初读文章→看题目→查读文章找依据→初定答案→三看文章找细节→推敲答案→四读文章→终定答案。在第一遍阅读时,可用略读或跳读的方式阅读全文,不必注意细节或具体事实,只求对文章有一个总体印象,了解中心思想和作者的基本观点,记住文中的信息方位。接着,浏览题目再读文章,可以带着题目有的放矢地在文中圈圈划划、做标记,查找解答题目的依据,避免毫无目的地通读文章,许多局部性题目都可以通过原文中的一两句话直接找到答案。第三、第四次阅读主要是定度答案。

典题示例

I like playing basketball with my classmates. After two classes every afternoon, I play with them. At weekend, I often read and write some short stories at home. I like music, too, but I don't have much time to learn and play. I go to music club after school on Monday and Wednesday. I can learn and play the piano and guitar there. I want to be a scientist, a basketball player and a musician. I want to do everything well and I am trying my best now.

() In the music club, Tony can _____ the piano and guitar.

- A. play
- B. learn
- C. learn and play
- D. see and play

【思路点拨】读文章中的I go to music club after school on Monday and Wednesday. I can learn and play the piano and guitar there. 可知Tony在星期一和星期三去音乐俱乐部,在那里他可以学习钢琴和吉他知识,也可以弹奏钢琴和吉他。再结合题目对照文章即可得出答案为C。

Part A

Passage 1

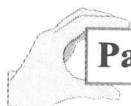
题材	体裁	难度系数	字数	题数	阅读时间	正确率
自我介绍	记叙文	★	134	5	3'15"	

My name is Li Ling. I live in Shijiazhuang. I am a middle school student. I am in Grade Seven this year. I get up at six in the morning. Then I have breakfast at home. I go to school at seven. My school is very near to my home, so I walk to school every day. In the morning, I have four classes. After class, I have lunch at school, but on Saturdays and Sundays I have lunch at home with my family. In the afternoon, I only have two classes. Then I play games with my friends. After I get home, I help my mother with supper. After supper I do my homework. I watch TV only on Saturday and Sunday evenings. I go to bed at about nine in the evening.



根据短文内容选择正确答案。

- () 1. Li Ling comes from _____.
 A. Henan B. Beijing C. Hebei D. Shandong
- () 2. What does Li Ling do at seven in the morning?
 A. Gets up. B. Has breakfast.
 C. Goes home. D. Goes to school.
- () 3. How many lessons does Li Ling have every day?
 A. Five. B. Six. C. Seven. D. Eight.
- () 4. Li Ling often _____ after class in the afternoon.
 A. plays games B. watches TV
 C. does her homework D. cooks supper
- () 5. How many times does Li Ling watch TV every week?
 A. Once. B. Twice. C. Three times. D. Four times.



Passage 2

题材	体裁	难度系数	字数	题数	阅读时间	正确率
个人生活	记叙文	★★	132	5	3'15"	



My name is Tony. I live in London, England. I am twelve years old. I am a junior middle school student now. I study hard and I do well in my lessons. Of all my lessons, science is my favourite. It is very interesting.

I like playing basketball with my classmates. After two classes every afternoon, I play with them. At weekend, I often read and write some short stories at home. I like music, too, but I don't have much time to learn and play. I go to music club after school on Monday and Wednesday. I can learn and play the piano and guitar there. I want to be a scientist, a basketball player and a musician. I want to do everything well and I am trying my best now.

根据短文内容选择正确答案。

- () 1. Tony comes from _____.
 A. the U.S. B. France
 C. the U.K. D. Canada
- () 2. What is Tony's favourite lesson?
 A. Math. B. Music.
 C. P.E. D. Science.
- () 3. Where does Tony play basketball with his classmates?
 A. At home. B. At school.
 C. In the club. D. In the classroom.
- () 4. In the music club, Tony can _____ the piano and guitar.
 A. play B. learn
 C. learn and play D. see and play
- () 5. What is the meaning of the underlined word "scientist"?
 A. 科学家 B. 艺术家
 C. 音乐家 D. 教育家



Passage 3

题材	体裁	难度系数	字数	题数	阅读时间	正确率
我的生活	记叙文	★★	149	5	3'30"	

I am an American girl. My name is Emily. Now I live in Shanghai with my friends. My work is to teach English in a middle school. On weekdays, I usually get up at six thirty, and have breakfast half an hour later. Then I take a bus to school. I get to school on time every day. I don't like to be late.

Classes begin at eight o'clock, and lunch at twelve. There are no classes after three in the afternoon. So I often play with my friends. I like volleyball and swimming very much. On Saturday, I like to listen to music at home. On Sunday, I don't get up early. In the afternoon, I go shopping with my friends, and then in the evening we eat dinner together. But I go to bed early on Sunday because I have to go to work the next day.



根据短文内容选择正确答案。

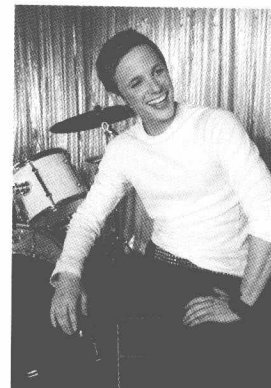
- () 1. What does Emily do?
 - A. She is a student.
 - B. She is a teacher.
 - C. She is a worker.
 - D. She is a doctor.
- () 2. On weekdays, Emily has breakfast at _____ in the morning.
 - A. six
 - B. five
 - C. eight
 - D. seven
- () 3. In the afternoon, Emily can play with her friends _____.
 - A. before three o'clock
 - B. at three o'clock
 - C. after three o'clock
 - D. after lunch
- () 4. What does Emily often do on Saturday?
 - A. Listens to music at home.
 - B. Watches TV at home.
 - C. Plays games at home.
 - D. Does some housework at home.
- () 5. Why does Emily go to bed early on Sunday?
 - A. Because she has to go shopping the next day.
 - B. Because she has to go to work the next day.
 - C. Because she has to cook breakfast the next day.
 - D. Because she has to practice English the next morning.

Passage 4

题材	体裁	难度系数	字数	题数	阅读时间	正确率
工作情况	记叙文	★★★	137	5	3'20"	

I am Robin. I am a worker and I work in a big bike factory in Boston in the U.S. My job is to paint the bikes in the factory. And I work very hard every day. My factory is too far from my home, so I have to get up very early in the morning. After a quick breakfast, I go to work on my bike.

I work four hours in the morning. Then I have lunch in the factory. After three hours' work, I go back home in the afternoon. But today I have to walk to the factory because my bike is broken. I don't want to be late for work, so I get up earlier than ever. I leave home at seven. And I get to the factory earlier than the other workers.



根据短文内容判断正误, 正确的填T, 错误的填F。

- () 1. Robin's job is to repair bicycles in the factory.
- () 2. His home isn't near the factory.
- () 3. Robin goes to work by bike after breakfast.
- () 4. Robin works six hours every day.
- () 5. From the passage we know Robin is a good and careful worker.

Passage 5

题材	体裁	难度系数	字数	题数	阅读时间	正确率
我的生活	记叙文	★★★	137	5	3'20"	



I am a Chinese girl. My name is Yan Ling. I have an English name. It is Linda. And I am a hardworking student. I live near school. I get up early in the morning. Then I read English for half an hour. After that I cook breakfast for my family. I have breakfast at seven. Then I go to school at seven thirty. I'm never late for school.

I have seven classes every day, four in the morning and three in the afternoon. I don't go home for my lunch. I have it at school. After school I do my homework and then play ping-pong with other students.

In the evening, I have supper with my parents at home. After supper we usually

read newspapers or watch TV. At about ten, we go to bed together.

根据短文内容选择正确答案。

- () 1. Linda _____.
A. comes from England
B. is an English girl
C. is Yan Ling's English name
D. is living in England
- () 2. How long does it take Yan Ling to read English every day?
A. Ten minutes.
B. Fifteen minutes.
C. Thirty minutes.
D. An hour.
- () 3. Where does Yan Ling have lunch on weekdays?
A. At school.
B. At home.
C. In the restaurant.
D. In a hotel.
- () 4. Yan Ling _____ with other students after school.
A. does her homework and play basketball
B. does some housework and play ping-pong
C. does some housework and play basketball
D. does her homework and play ping-pong
- () 5. _____ usually read newspapers or watch TV after supper.
A. Yan Ling
B. Yan Ling's father
C. Yan Ling's mother
D. Yan Ling and her parents

Part B

【生词注释】

Passage 1 family *n.* 家人

help v. 帮助

Passage 2 club *n.* 俱乐部

scientist *n.* 科学家

musician *n.* 音乐家

Passage 3 later *adv.* 后来, 以后

together *adv.* 一起, 一同

Passage 4 paint v. 油漆, 涂色

earlier *adv.* 更早

Passage 5 hardworking *adj.* 勤奋的

【难句点睛】

Passage 1

1. My school is very near to my home, so I walk to school every day. 我的学校离家很近, 所以我每天步行

去上学。

短语walk to...意思是“步行去……”，与go to...on foot同义。

2. After I get home, I help my mother with supper. 我到家后，我帮我妈妈做晚饭。

句式help somebody with something意为“在某方面帮助某人”。

Passage 2

1. I study hard and I do well in my lessons. 我学习努力并且功课学得不错。

短语do well in意为“在……方面做得好”，与be good at同义。

2. I want to do everything well and I am trying my best now. 我想要把所有事情做好并且我现在正在尽我最大的努力去做。

句式try one's best 与 do one's best 同义，意思为“尽最大努力”。

Passage 3

1. My work is to teach English in a middle school. 我的工作是在一所中学教英语。

To teach English in a middle school是动词不定式短语用在系词后作表语。

2. But I go to bed early on Sunday because I have to go to work the next day. 但我在星期天睡觉很早，因为第二天我还要上班。

have to 意为“不得不”，带有客观含义；而must 表示“必须”，带有主观含义。

Passage 4

1. My job is to paint the bikes in the factory. 我的工作是在工厂油漆自行车。

句中的to paint the bikes in the factory是动词不定式短语用在系词后作表语。

2. I don't want to be late for work, so I get up earlier than ever. 我不想上班迟到，所以我比以前起得更早。

短语be late for意为“迟于做某事”。

Passage 5

1. I don't go home for my lunch. 我不回家吃午饭。

介词for在这里表示目的，与不定式to have 同义。

2. After school I do my homework and then play ping-pong with other students. 放学后我做作业，然后和其他学生打乒乓球。

【答案详解】

Passage 1

【文章大意】本文为记叙文。文章讲述了Li Ling一天的生活起居。文章告诉我们，学习知识很重要，但在家里也要帮助父母做些力所能及的事。

1. C 细节理解题。根据文中的I live in Shijiazhuang. 可知Li Ling来自河北石家庄。故选C。
2. D 细节理解题。文中的I go to school at seven. 告诉我们 Li Ling在七点钟去上学。故选D。
3. B 计算推理题。根据短文中的In the morning, I have four classes. 和 In the afternoon, I only have two classes. 可知 Li Ling每天上六节课。
4. A 细节理解题。根据文中的In the afternoon, I only have two classes. Then I play games with my friends. 可知Li Ling在下午上完两节课后和她的朋友们做游戏。

5. B 推理判断题。由文中的I watch TV only on Saturday and Sunday evenings. 可知 Li Ling只是在周六和周日看电视, 由此推断出她每周看两次电视。

Passage 2

【文章大意】本文为记叙文。文章以第一人称的口气讲述了Tony的学习情况。文章告诉我们作为中学生, 既要学好各门文化知识, 也要有个人爱好, 让自己的学习生活丰富多彩。

1. C 细节理解题。根据第一段中的I live in London, England. 可知Tony来自英国。英国的简称为the U.K., 故选C。
2. D 句意理解题。第一段中的Of all my lessons, science is my favourite. 告诉我们Tony最喜欢的课程是科学。
3. B 推理判断题。根据第二段前两句话可知Tony每天下午两节课后和同学们一起打篮球, 所以推断出他们应该是在学校打篮球。故选B。
4. C 细节理解题。根据文章第二段中的I go to music club after school on Monday and Wednesday. I can learn and play the piano and guitar there. 可知Tony在星期一和星期三去音乐俱乐部, 在那里他可以学习钢琴和吉他知识, 也可以弹奏钢琴和吉他。故选C。
5. A 词义猜测题。第一段中有名词science, 意为“科学”, scientist是它的派生词, 而这句话说的是Tony想成为……, 故可猜测scientist 是“科学家”的意思。

Passage 3

【文章大意】本文为记叙文。作者介绍了自己在中国的生活情况。文章告诉我们作为在中国工作的外国人, 她要适应中国的生活。作为中国人, 我们也应该尽量帮助他们。

1. B 推理判断题。根据第一段中的My work is to teach English in a middle school. 可推断出Emily是一位英语教师。故选B。
2. D 计算推理题。第一段中的On weekdays, I usually get up at six thirty, and has supper half an hour later. 告诉我们Emily六点半起床, 半个小时后吃早饭, 所以吃早饭的时间应该是在七点钟。
3. C 细节理解题。第二段二、三句话告诉我们学校在下午三点钟就不上课了, 所以Emily在三点后就经常和朋友们玩。故选C。
4. A 句意理解题。根据第二段On Saturday, I like to listen to music at home. 可知Emily星期六在家里听音乐。
5. B 细节理解题。根据短文最后一句可知Emily在星期天睡觉早是因为第二天她要上班。

Passage 4

【文章大意】本文为记叙文。作者介绍了他本人的工作情况。文章告诉我们对待工作应该有认真负责的态度, 这样才能做好每件事。

1. F 细节理解题。根据第一段中My job is to paint the bikes in the factory. 可知Robin的工作是油漆自行车, 而不是维修自行车。
2. T 细节理解题。第一段中的My factory is too far from my home, so I have to get up very early in the morning. 告诉我们Robin家离工厂很远。
3. T 细节理解题。根据第一段最后一句可知这句话是正确的。
4. F 计算推理题。第二段前两句话告诉我们Robin上午工作四个小时, 下午工作三个小时, 每天共工作七

个小时,而不是六个小时。

5. T 总结归纳题。通过对全文的阅读可知Robin是一位认真的好工人。

Passage 5

【文章大意】本文为记叙文。作者介绍了自己的生活和学习情况。文章告诉我们作为现代中学生既要学习好、又要锻炼好身体,并要帮家人做力所能及的家务。

1. B 细节理解题。根据第一段前四句可知Linda是Yan Ling的英文名字。故选B。
2. C 细节理解题。第一段中的Then I read English for half an hour. 告诉我们Yan Ling每天早晨读半个小时的英语。
3. A 句意理解题。根据第二段中的I don't go home for my lunch. I have it at school. 可知Yan Ling在学校吃午饭。
4. D 细节理解题。根据第二段最后一句话可知Yan Ling放学后和其他同学一起做作业和打乒乓球。
5. D 细节理解题。第三段中的I have supper with my parents at home. After supper we usually read newspapers or watch TV. 先说Yan Ling和她的父母在家吃晚饭,后面句子中的we指代Yan Ling和她的父母。故本题选D。

Topic 2

Family, Friends and People Around

(家庭、朋友与周围的人)

话题解读

本单元以家庭、朋友和周围的人为话题,通过本单元的学习,能让学生了解用英语介绍自己的家庭和朋友的情况,而且通过短文的介绍能让学生懂得父母的爱和感受家庭的温暖;通过对朋友的介绍可以让学生们了解更多更好的学习、生活方式。

话题锦囊

以人物特点为主线,结合所给题目理解文章。

人物介绍类文章一般会描述人的相貌、爱好等,然后以点缀的方式给出作者的意见或者提出问题留给读者思考。一般来说要读懂这种文章没有多大的困难,而且因为是叙事性质,题目设置方面也相对简单。由于文章主线和题目是相关联的,所以人物介绍类文章在做题目的时候可以采取一边看一边做的方法,比较节省时间。这类文章经常会在结尾部分加上一点点的感悟,或者提出一些疑问,从这最后一段就可以看得出来作者写作意图和写作的倾向性。

典题示例

My father's name is Wang Jun. He is forty-five years old, but he looks very young. He teaches Chinese in a school, but he knows English very well. His students think he is a good teacher. He loves me and I love him, too. I think he is a very good father.

My mother's name is Zhang Ling. She is forty-two years old. She is a worker. Sometimes she works until late into the night. I think she is a very good worker and mother.

() Wang Juan's father is _____
_____ in a school.

- A. a Chinese teacher
- B. an English teacher
- C. a P.E. teacher
- D. a math teachery

【思路点拨】根据文中的He teaches Chinese in a school, but he knows English very well. 可知作者的父亲虽然懂英语,但他在学校里教汉语,所以他应该是一位汉语老师。故答案为A。