

海外英语

Overseas English

2011年上半年精华本

附赠:

精选文章MP3光盘一张

杨斯毅 等 编著

THE STORY OF
THE NATIVE AMERICAN INDIANS.
北美原著印第安人的故事

SUPERHEROES WHICH ONE
DO YOU LIKE?
超级英雄 你喜欢哪一个?

FUNCTIONAL LANGUAGE:
PERSUASION
劝说之道

PATH IDIOMS
短语自有“道”

Lady Gaga

Everyone's "gaga" for Lady Gaga.

《海外英语》海外顾问杨斯毅与钢琴王子的“对话”

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APETINE
时代出版

时代出版传媒股份有限公司
安徽科学技术出版社

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2011年第1期

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- 7 **Reading** Ben Stiller

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2011年第2期

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D Advanced

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2011年第 4 期

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A Pre-Intermediate

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- 13 **Reading** Rent or Buy?
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- 15 **Reading** Story Time
- 16 **Vocabulary** Useful Vocabulary: In the Bathroom
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- 19 **Reading** April Fools' Day
- 20 **Speaking** Making Conversation

B Intermediate

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- 23 **Reading** Castle Capers!
- 24 **Reading** Retirement Dream
- 25 **Reading** British Test
- 26 **Reading** Native Americans
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- 29 **Reading** Thank You for Being There for Me
- 30 **Reading** Musical Trends
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C Upper-Intermediate

- 32 **Speaking** “冲击波英语”之成功口语训练策略(5)
- 34 **Reading** Sponsorship Slog
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C Upper-Intermediate

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小编寄语 Words from the Editor



Dear Readers,

Hey, everyone, this is Helen. I'm glad to introduce the first issue of the New Year 2011.

新年新气象,《海外英语》迎来了自己的第11个年头,也迎来了和 Hot English Magazine 的正式“联姻”——从奇闻怪事到主题口语讨论,从实景听力练习到英美酒吧聊天,从神秘消失的鬼船到机器人电影中的明星,以及即将上映的新片《拜见岳父3》,各种各样有趣的话题,时尚而新鲜——相信您能在我们各色的 Oxygen Bar 中找到所需的英语乐趣。

英语,是一种语言文化,需要循序渐进。我们的读者常常会提问:我该怎么提高英语呢?我相信这个问题是令绝大多数在校大学生头疼的一个问题,而想要回答它,并不是那么容易的事情。我们需要的是从内心真正喜欢这门学科,从兴趣出发去学习,那样语言的习得会变得轻松自如,学好也只是时间问题。因此,本期 Sim Yang 的“冲击波英语”口语策略会讲到课堂上如何用英语思维提问,如何做英语 speech,如何全方位提高对英语的兴趣等,配合 Sim 全新上线的在线培训模式,让我们来共同培养对英语的兴趣吧!

值得一提的是,我们的 QQ 群每天都有很多人申请加入,加入到我们热烈的主题讨论和学习中,还有读者主动担当起各讨论小组的组长,现在的官方群里大家已经能自发有序地学习讨论。但遗憾的是 QQ 群最多容纳的成员是 200 名,因此我们近期又设立了三个学习群,它们分别是学习 1 群 16360111、学习 2 群 90671315、学习 3 群 111643183,欢迎同学们加入。更多、更精彩、更有趣的学习活动等着您哦!

Happy New Year and Good Luck with You all year!

Yours, Helen

P.S. 本期的听力原文放在网站 <http://youth.overseas-english.com> 的听力下载中。也欢迎同学们去我们网站观看学习视频,要知道,讨论出真知哦!

海外英语
Overseas English

杂志之心 MP3 免费下载
<http://youth.overseas-english.com>

GHOST SHIPS
Mystery at sea.

HOW TO LEARN PHRASAL VERBS...
6 top tips!

ROBOT REVOLUTION
Robots in films. Robots in real life.

WATCH & LEARN!
Watch videos related to the topics in the magazine!

USEFUL VERBS & EXPRESSIONS
DIY / Home repairs

WANDERING SOULS
A look at Britain's nomadic people.

HOW MUCH CO. DO YOU PRODUCE?
Calculate your carbon footprint!

ENVIRONMENTAL CHAMPION!
Learn about Prince Charles' green ideas.

JAMIE OLIVER
Top chef. Top guy. Top dad.

04

Little Fockers
The latest film in the *Fockers* series.

07

Ben Stiller
America's very own Mr. Comedy.

09

Shopping Regrets
Things we buy that we really hate.

29

Robot Fame
A look at some of the most famous robots that have appeared in films.

35

Ghost Ships
Mystery on the high seas: ships and crew members who disappear!

42

Jamie Oliver
Top chef. Top guy. Top dad.

海外英语

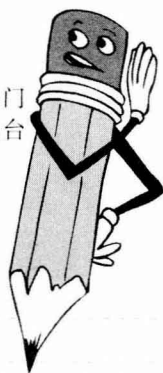
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Cover Story【封面故事】热门影片抢先看、精彩剧照、人物点拨、台前幕后,应有尽有!

- 4 **Reading** LITTLE FOCKERS
- 6 **Reading** Robert De Niro
- 7 **Reading** Ben Stiller



A Pre-Intermediate【初级】该水平的文章难度较浅,算是个 warm-up,在接触大量阅读之前,先来热热身,试试自己的水平吧!(2星难度)

- 8 **Reading** Bikes, Beer & Bananas
- 9 **Reading** Shopping Regrets
- 11 **Reading** THE NAME GAME
- 11 **Reading** Story Time
- 12 **Vocabulary** Useful Vocabulary: DIY/Home Repairs
- 14 **Writing** Holiday Hell
- 15 **Speaking** Let's Talk about: Cooking in the Kitchen
- 16 **Speaking** Functional Language: Making request
- 17 **Writing** Dr Fingers' Error Correction Clinic
- 17 **Listening** Sport Special

B Intermediate【中级】看过初级的文章,进入中级的阶段,恭喜您!从这里起,你会接触到更多的词汇,以及稍微复杂的句子,在有题目的地方,千万别先看答案,按照题目指导一步一步来吧!(3星难度)

- 18 **Reading** What a story
- 19 **Listening** DIY Disaster
- 20 **Reading** The Last of the Mohicans
- 21 **Reading** Accent Attack
- 23 **Reading** How to Learn Phrasal Verbs
- 24 **Reading** World Facts 2010
- 25 **Vocabulary** The Top Ten Words That Come from "Mother"
- 26 **Reading** Wandering Souls

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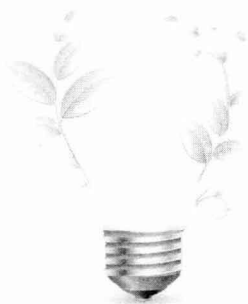
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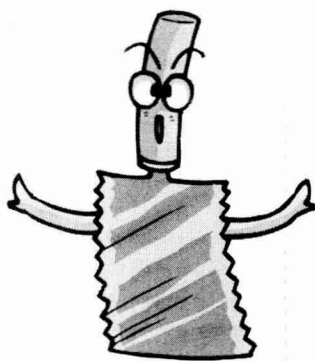
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俗话说,“清官难断家务事”。生活中不可或缺的就是家庭矛盾,弟弟和姐姐吵,父母和孩子吵,叔叔和婶婶吵,姑姑和侄子吵……妯娌之间、亲家之间,就更是难以理清了。不过,偶尔闹闹小矛盾也未必是坏事,当中还能产生不少笑话,权当生活的调味品啦。Focker 系列电影就是这样……

《拜见岳父大人》系列电影围绕 Greg Focker 和他的岳父 Jack Byrnes 展开。该片于 2000 年开始上映,第一部讲述了 Greg 婚前见未来岳父的故事,第二部是关于双方父母见面的情形,而在即将上映的第三部里, Greg 和妻子 Pam 已经有了一对 5 岁的双胞胎。两家人准备一起过圣诞节,面对这么一大家子, Greg 能轻松应对吗?

The Focker films revolve around the struggle between Gaylord “Greg” Focker (Ben Stiller) and his father-in-law, Jack Byrnes (Robert De Niro). We first met Greg in the 2000 movie *Meet The Parents*. In that film, Greg and Pamela (Pam) are engaged, but before the wedding, Greg has to meet her parents: Jack and Dina Byrnes. The sequel to the film was *Meet the Fockers*, in which Pam’s parents meet Greg’s parents (played by Dustin Hoffman and Barbra Streisand). In the latest film, *Little Fockers*, Greg and Pam have five-year-old twin children. And the in-laws are getting together for Christmas. Will Greg be able to cope?

All the familiar faces are back for this film. Robert De Niro plays Jack Byrnes, Ben Stiller is Greg, Barbra Streisand is back as Roz (Greg’s mum), Dustin Hoffman returns



as Greg’s father Bernie, and Owen Wilson makes an appearance as Pam’s lovesick ex-fiancé. But there are lots of new characters too, such as the twins’ headmistress (played by Laura Dern).

The latest film centres on Greg and his attempts to be recognized as the head of the family. In one scene, he tries to force his son to eat his lasagne, even though his son says he isn’t feeling too well. “I am

your father and I am requesting that you eat your lasagne”, Greg orders. His son promptly throws up all over him. In another scene, Greg attempts to carve the Christmas turkey at the dinner table but ends up cutting his finger. And in another hilarious scene, Greg has to inject Jack in the groin after Jack takes some untested impotency drugs. Then, just at the worst possible moment, Greg’s son walks in (as Greg is giving Jack the injection). “I’d like a few moments alone with him just to erase what he saw from his memory,” Jack tells Greg. “No. You’re not going to erase my son’s memory!” Greg replies.

The battle between Greg and Jack ends up in a pool of multi-coloured plastic balls at a playpark. Guaranteed entertainment for the holiday season!

MEET THE PARENTS 拜见岳父大人 1

Gaylord “Greg” Focker (Stiller) is in love with Pam Byrnes (Teri Polo). When Pam invites him to spend the weekend at her parents’ home, Greg decides that this would be the perfect place to propose to Pam. Unfortunately for Greg, Jack takes an immediate disliking to Greg. Time after time, Greg struggles to prove himself to Jack, but things always seem to go wrong. Finally after a series of mishaps and a tense airport interrogation, Jack gives his blessing: Greg can marry Pam!

MEET THE FOCKERS 拜见岳父大人 2

The second movie continues where the first left off. Now that Greg has met Pam’s parents, got their approval, and popped the question, all that’s left is for the Byrnes family to meet Greg’s parents. But Greg is nervous about introducing his eccentric parents to the traditional Byrnes family. Greg’s father, Bernie (Dustin Hoffman), is a Capoeira-dancing, human rights activist. Bernie was once a lawyer, but went on paternity leave when Greg was born and never returned to work. Greg’s mother, Roz (Barbra Streisand), is a sex therapist for the elderly. The contrast between Greg’s liberal parents and Pam’s conservative parents makes for a lot of uncomfortable moments... and some great comedy!



LITTLE FOCKERS

拜见岳父大人3

The Characters 影片人物链



Jack Byrnes Greg 的岳父
(Robert De Niro) is a retired CIA agent and father of Pamela.



Dina Byrnes Greg 的岳母
(Blythe Danner) is Pam’s mother and Jack’s wife.



Gaylord “Greg” Focker 主演 Greg
(Ben Stiller) is the main character of the film. He’s a nurse and is married to Pam.



Pamela Martha “Pam” Byrnes-Focker Greg 的妻子
(Teri Polo) is Greg’s wife.



Kevin Rawley Pam 的前未婚夫
(Owen Wilson) was once Pam’s fiancé.



Rosalind “Roz” Focker Greg 的母亲
(Barbra Streisand) is Greg’s mother and a sex therapist for elderly people.



Bernard “Bernie” Focker Greg 的父亲
(Dustin Hoffman) is Greg’s father and Roz’s husband. He’s a former lawyer who became a stay-at-home father.

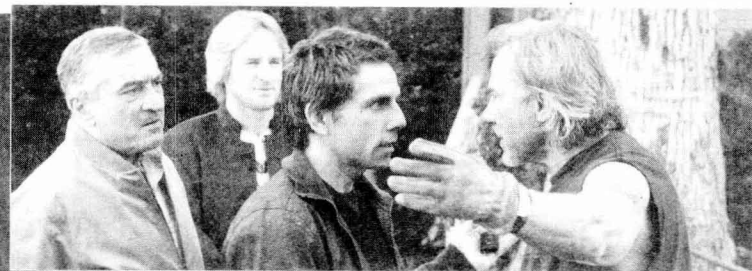


Henry Focker Greg 的儿子
(Colin Hanks) is Greg’s son, and twin brother of Samantha Focker.



Samantha Focker Greg 的女儿
(Daisy Tahan) is Greg’s daughter, and twin sister of Henry Focker.

FOCKERS



Dustin Hoffman

For a while, it appeared that Hoffman wasn't going to be in the film. So, the part of Bernie Focker was written out of the script. However, later, Hoffman (73) agreed to participate, and certain scenes had to be shot again.



GLOSSARY

to revolve around *phr vb*

if A "revolves around" B, A is all about B 以.....为主要内容;以.....为中心

a struggle ['strʌgl] *n*

a fight / battle 斗争;搏斗

a father-in-law *n*

your "father-in-law" is the father of your wife or husband 岳父;公公

engaged [m'geɪdʒd] *adj*

if you are "engaged" to someone, you are going to marry that person 订婚

a twin [twɪn] *n*

two brothers or sisters born at the same time from the same mother 双胞胎

to cope [kəʊp] *vb*

if you "cope" with something, you can do it and it isn't a problem 成功地应付;解决

lovesick ['lʌvsɪk] *adj*

if someone is "lovesick", they are in a bad way mentally because they love someone very much and that other person doesn't love them 相思病的

a fiancé [fi'ænseɪ] *n*

a man who you are going to marry 未婚夫

to throw up *phr vb*

to vomit; to eject liquid from your mouth because you are sick 呕吐

to carve [kɑ:v] *vb*

if you "carve" a turkey (a large bird commonly eaten at Christmas), you cut it into pieces 切碎

to inject [m'dʒekt] *vb*

to introduce a chemical into somebody's blood with a needle (a long, thin metal object) and a syringe (a plastic object containing the chemical) 注射(药物等)

a groin [ɡrɒn] *n*

an area of the body that is between the legs 腹股沟

untested [ʌn'testɪd] *adj*

if something is "untested", there have been no experiments to see if it works 未经测试的

impotency drugs *n*

medication/drugs to help men who have sexual problems 壮阳药

to erase someone's memory *exp*

if you "erase someone's memory", you completely remove all the information from that person's mind 抹去记忆

a play-park *n*

a place where children can play (小孩子的)游乐场

to propose to *exp*

if you "propose to" someone, you ask them to marry you 求婚

to take an immediate disliking *exp*

if you "take an immediate disliking" to someone, you don't like them from the moment you meet them 见第一面时就不喜欢

to struggle *vb*

to have difficulty with 挣扎

a mishap ['mɪʃəp] *n*

a "mishap" is something that has gone wrong 轻微事故;小意外

to give your blessing *exp*

if you "give your blessing" to someone, they have your permission to do something 祝福某人;给某人应许

paternity leave *exp*

if a father is on "paternity leave", he has a "holiday" in order to spend time with his new baby (丈夫为陪伴待分娩的妻子而获取的)陪产假

a stay-at-home father *n*

a father who takes care of the baby while the mother goes to work 居家老爸

to write out of a script *exp*

if a character is "written out of a script", the writer changes the story so the character is not in the script (the text for the film) 改写剧本以去掉某角色

to waste on *phr vb*

if a joke is "wasted on" someone, there is no point in telling them the joke because they won't think it's funny 浪费(时间、金钱等)

a legacy ['legəsi] *n*

someone's legacy is what they leave behind after they die: memories, money, children, property, etc. 遗产;遗物

a circle ['sɑ:kəl] *n*

your "circle" is an exclusive group of people you spend the most time with: family, friends, colleagues, etc. (具有共同兴趣、利益的人形成的)圈子

a chain ['tʃeɪn] *n*

a series of things that are all connected. Literally, a "chain" is a series of metal rings that are connected in a line 链;锁链

a chink [tʃɪnk] *n*

a small weakness in something 裂缝;弱点

competitive drive *n*

motivation to be more successful than other people 好胜之心

Quotes from the *Focker* films

俗话说,“不是冤家不对头”,瞧瞧这一家子“冤家”。

Jack: I'll be watching you.

Jack: I mean, can you really trust another human being, Greg?

Greg: Yeah, I think so.

Jack: No. The answer is you cannot.

Jack: Pam told me she let you in on a little secret of mine last night.

Greg: [Nervously] Yes. Yes, she did.

Jack: Well, as long as you keep your mouth shut for the rest of your life, you're in no immediate danger.

Pam: Take it easy on the sarcasm. Humour is entirely wasted on my parents.

Greg: What are they... Amish?

Jack: Greg, a man reaches a certain age when he realizes what's truly important. Do you know what that is?

Greg: Love, friendship... just love, I think.

Jack: His legacy.

Greg: That, too.

Jack: If your family's circle joins in my family's circle, they'll form a chain. I can't have a chink in my chain.

Bernie: It's not about winning or losing. It's about passion. You know what I mean, Jack.

Jack: Not really, Bernard. I think personal competitive drive is the essential key that makes America what it is today.

Bernie: Well, whatever works.

Pam: This weekend is going to be fun, and your parents are great.

Greg: They're great in small doses.

Jack: I'm watching you.

Greg: I have eyes too, so I'll be watching you... watching me!



Hollywood's hard man does some comedy.
By Molly Sloan

Robert De Niro

Emma:

奥斯卡影帝罗伯特·德尼罗, 凭借 1973 年的影片 *Mean Streets* (《穷街陋巷》) 一举成名。他既擅长扮演心狠手辣的黑帮分子, 又有着惊人的喜剧天赋。2003 年, 美国电影学会授予罗伯特·德尼罗终生成就奖, 以表彰他对电影事业的杰出贡献。德尼罗最经典的一句台词是 *Taxi Driver* (《出租车司机》) 中的“你在跟我讲话?”

Robert De Niro is most famous for playing aggressive, violent and troubled characters, but he's great at comedy, too, as he's shown in the Focker series of films. And now he's back as Jack Byrnes in the latest instalment: *Little Fockers*.

De Niro was born and raised in New York City in 1943. His parents (Robert Sr and Virginia), were both artists. After they divorced, De Niro was raised by his mother in Manhattan, where he

attended the famous Stella Adler Conservatory, and Lee Strasberg's Actor's Studio.

De Niro got his first roles in the late 1960s and early 1970s in films such as *Bang the Drum*

Slowly (1973) and *Mean Streets* (1973). However, his breakthrough role was in Francis Ford Coppola's *The Godfather: Part II* (1974). For his portrayal of a young Vito Corleone in the film, De Niro won an Oscar for Best Actor in a Supporting Role. Actor Marlon

Brando (who played Vito Corleone in *The Godfather*, 1972) also received an Oscar for his role, which meant that both De Niro and Brando are the only actors to win an Oscar for playing the same character.

But things didn't stop there. Later, De Niro got Oscar nominations for *Taxi Driver* (1976) and *The Deer Hunter* (1979), and actually won the prestigious award for a second time for his portrayal of the boxer Jake LaMotta in *Raging Bull* (1980). De Niro is most famous for his portrayal of gangsters and crooks. He took on the role of Al Capone in *The Untouchables* (1987), a mobster in *Goodfellas* (1990), and a hardened criminal in *Cape Fear* (1991).

So, his character in the *Focker* films trilogy is a real treat as we get to see him play tough ex-CIA agent Jack Byrnes in a comedy role. Aren't we lucky!

Robert De Niro

Full Name: Robert Mario De Niro, Jr.
Renowned American actor, producer, and director who has won two Oscars.

Born: 17th August 1943.

Famous films include:

The Godfather: Part II, *The Deer Hunter* and *Taxi Driver*.



Trivia:

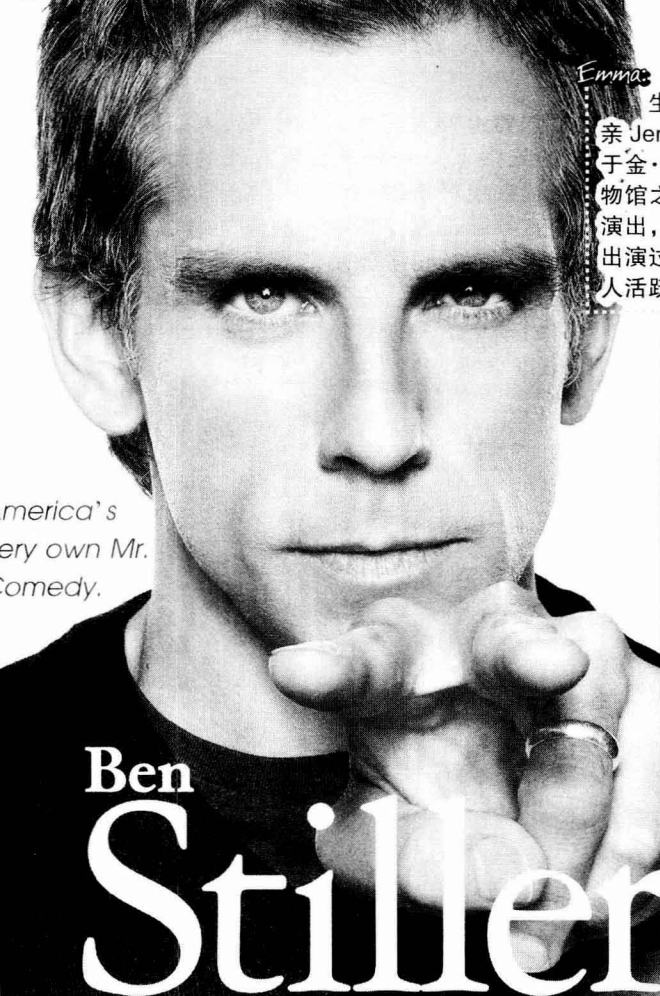
- De Niro dropped out of high school.
- He once said that Meryl Streep is his favorite actress to work with.
- One of his first acting roles was as the lion in a local production of *The Wizard of Oz*.
- De Niro is mentioned in ZZ Top's song "Gun Love", and rapper Jay-Z and Alicia Keys's song "Empire State of Mind".
- De Niro put on about 30 kilos for his role in *Raging Bull*.
- He studied a Sicilian dialect for four months before playing the part of Vito Corleone in *The Godfather: Part II*.
- De Niro is a very private person and rarely gives interviews.



Quotes:

- "I don't like to watch my own movies—I fall asleep in my own movies."
- "I only go to Los Angeles when I'm paid to."
- "There's a mixture of anarchy and discipline in the way I work."
- "Some people say that New York's a great place to visit, but I wouldn't want to live there."
- "I've never been one of those actors who's touted myself as a fascinating human being. I had to decide early on whether I was going to be an actor or a personality."
- "The talent is in the choices."
- "After my first movies, I gave interviews. Then I thought, what's so important about where I went to school and my hobbies? What does any of that have to do with acting with my own head?"
- "One of the things about acting is it allows you to live other people's lives without having to pay the price."





merica's
ery own Mr.
Comedy.

Ben Stiller

Ben Stiller is one of America's top comedians. And now he's back in the latest *Focker* film.

Ben Stiller was born and raised in New York City. His parents (Jerry Stiller and Anne Meara) are also famous comedians, and his sister Amy (who is two years older) is an actress, too. Stiller grew up during a period when his parents' careers were in full swing: they were regulars on the Ed Sullivan Show, and they were being given roles and receiving award nominations left, right and centre.

Stiller got his big break in the theatre play *The House of Blue Leaves* (by American playwright John Guare). After this, Stiller made a short film called *The Color of Money* (1987) with Blue Leaves co-star John Mahoney. The film was aired on an episode of the Saturday Night Live (SNL) show that year. Later, Stiller was invited to join the cast on the show for the 1988-1989 season. But unlike many of his SNL co-stars (who used the show as a springboard to fame), the programme wasn't good for Stiller and he left after a short time.

His next project proved to be more successful. His sketch comedy programme, *The Ben Stiller Show*, was shown on MTV from 1990-1991, and on FOX from 1992-1993. In 1993, Stiller won an Emmy Award for outstanding achievement in writing for the show, but ironically this came after the show had been cancelled.

But Stiller didn't let that deter him. He made his directorial debut in *Reality Bites* (1994), a romantic comedy starring himself, Winona Ryder and Ethan Hawke. And then starred in the film that was to catapult him into the world of Hollywood comedy: *There's Something About Mary* (1998), with co-stars Cameron Diaz and Matt Dillon. Since then, Stiller has starred in highly-successful comedies such as *Meet the Parents* (2000), *Zoolander* (2001), *Dodgeball* (2004), *Night at the Museum* (2006) and *Tropic Thunder* (2008).

Stiller is known for keeping himself busy. But as long as he keeps making us laugh, that's fine with us!

Emma

生长在喜剧之家的本·斯蒂勒继承了父亲 Jerry Stiller 的幽默细胞，现已成为仅次于金·凯瑞的美国顶级喜剧演员。他在《博物馆之夜》《马达加斯加》等剧集中的精彩演出，成了票房的保证。本·斯蒂勒不仅成功出演过多部电影，更是作为导演、编剧、制片人活跃在大屏幕背后。

Ben Stiller

Full Name: Benjamin

Edward Stiller

Well-known American actor, producer, director and writer, who's famous for his roles in comedies.

Born: 30 November, 1965

Famous films include: *Along Came Polly*, *Night at the Museum*, *There's Something about Mary*, *Meet the Parents* and *Meet the Fockers*.

Trivia:

- Stiller is married to actress Christine Taylor. They have two children together.
- His actor parents (Jerry Stiller and Anne Meara) often make cameo appearances in his films.
- Stiller won \$32,000 for charity as a contestant on *Who Wants To Be A Millionaire?*
- Stiller is a big fan of Tom Cruise. He has impersonated him for many years, and the two are now friends.
- Before Stiller chose acting as his career, he was a drummer in a band called Capital Punishment.
- Stiller is a member of the Frat Pack—a core group of actors who often star in films together.
- Members of the group include Jack Black, Will Ferrell, Vince Vaughn, Owen Wilson and Steve Carrell.



Quotes:

- "If my parents were, like, plumbers, who knows what I would be doing?"
- "There's an old saying in Hollywood: it's not the length of your film, it's how you use it."
- "I grew up wanting to make movies, and along the way I suddenly found that I had a career doing comedy."
- "I'm always willing to endure humiliation on behalf of my characters."
- "I have a lot of nervous energy. Work is my best way of channeling that into something productive, unless I want to wind up assaulting the postman or gardener."

GLOSSARY

troubled [ˈtrʌblɪd] *adj*

if someone is "troubled", they have psychological problems 精神有问题的

born and raised *exp*

the place where you were "born and raised" is where you started your life and lived as a child 出生和成长的(地方)

breakthrough role *exp*

the part in a film or play that makes an actor famous 突破

a portrayal [pɔːˈtreɪl] *n*

an interpretation of a character 扮演; 饰演

a prestigious award *n*

a very highly-respected prize for an outstanding (very good) achievement 声誉很高的奖项

a crook [kruːk] *n*

a criminal 骗子; 小偷; 坏蛋

hardened [ˈhɑːdnɪd] *adj*

if a criminal is "hardened", they have become mentally strong after having had many experiences in crime 坚定的; 老练的

a treat [tri:t] *n*

something very nice that doesn't happen very often 乐事, 乐趣(尤指意想不到的或难得的)

tough [tʌʃ] *adj*

rough or violent 强硬的; 粗暴的

to drop out *phr vb*

if you "drop out" of school, you leave before you take any exams or finish the course 退学

to put on *phr vb*

if someone "puts on" weight, they become heavier/fatter 增加(体重)

to tout yourself as *exp*

if you "tout yourself as" X, you tell everyone that you are X 极力赞扬自己

to pay the price *exp*

if you "pay the price", you have to deal with the consequences of something bad that you have done 付出代价; 得到报应

in full swing *exp*

if something is "in full swing", it's at its best and most active moment 全力进行中; 活跃

left, right and centre *exp*

from lots of different people or places 到处

to air [eə] *vb*

if something is "aired" on TV or the radio, it is shown or played on TV / the radio, etc. 广播; 播送

a cast [kɑːst] *n*

the group of actors who appear in a film, play or TV show 演员阵容

a springboard [ˈsprɪŋbɔːrd] *n*

if A is a "springboard" for B, A makes B possible and helps launch B 跳板

ironically [aɪˈrɒnɪkəli] *adv*

strangely or unusually 具有讽刺意味地

to deter [dɪˈteɪ] *vb*

if something "deters" you from doing X, it makes you not want to do X 威吓住; 使断念

to make a directorial debut *exp*

if someone has "made their directorial debut", they have directed a film for the first time 首次执导

a cameo appearance *exp*

a very small part in a film or TV programme. The person appearing may be the director, a friend or a famous person. The appearance in the film is often a private joke 友情客串

to impersonate [ɪmˈpɜːnəteɪt] *vb*

to copy the way someone behaves or speaks, often using humour to make fun of that person 模仿; 扮演

a plumber [ˈplʌmɪ] *n*

a person who fixes toilets, repairs water pipes, mends bathrooms, etc. 管道工

to endure [mˈdjʊə] *vb*

if you "endure" a bad or painful situation, you are forced to experience it 忍受; 忍耐

humiliation [hjuːˈmɪliˈeɪʃən] *n*

the feeling you get when someone makes you feel stupid/embarrassed 羞辱; 丢脸

on behalf of *exp*

if you do something "on behalf of" someone else, you do it for them 代表

to wind up *phr vb*

if you "wind up" doing something, you do that thing in the end 结束

to assault [əˈsɔːlt] *vb*

to attack violently 攻击; 猛袭



BIKES,

OE149-1

BEER &

BANANAS

*How big is your carbon footprint?***1** Pre-reading

Which of the following produces the most carbon dioxide (CO₂)? Think. Then, discuss your choices with a partner. What goes into the production of these things? How could this affect the amount of CO₂ produced?

- a) A cycle ride
- b) A bottle of imported beer
- c) A pint of locally-brewed beer
- d) A rasher of bacon
- e) A traffic jam
- f) A 2-hour flight
- g) A banana
- h) A 2-hour car ride

**2** Reading I

Read the article once to check your answers from the Pre-reading activity.

3 Reading II

Read the article again and answer these questions.

- What's the name of Mike Berners-Lee's book?
- What produces more CO₂? A pint of locally-brewed beer or a bottle of imported beer?
- How much CO₂ would you produce if you had a banana before your bike ride?
- How much CO₂ would you produce if you had some bacon before your bike ride?
- How much more CO₂ do cars in traffic jams produce (compared to cars travelling at speed)?

4 Discussion

- How much CO₂ do you think you are responsible for producing?
- Are you trying to reduce the amount of CO₂ you produce? How?
- What can governments do to reduce our carbon footprints?

Angel: 随着世界工业经济的发展、人口的剧增、人类欲望的无限上升和生产生活方式的无节制,全球气候面临越来越严重的问题:二氧化碳排放量越来越大,地球臭氧层正遭受着前所未有的危机。低碳生活,就是把生活作息时间所耗用的能量尽可能减少,从而减低二氧化碳的排放量。在下面的文章里,看看《低碳典范:一只香蕉的碳足迹》的作者 Mike Berners-Lee 会告诉我们哪些低碳理念呢?

Bananas!



How often do you travel by plane? How much electricity do you use? These days everyone is worried about the size of their **carbon footprint**. In order to reduce **global warming** we need to make our carbon footprints smaller. But how much CO₂ are we responsible for?

A new book by Mike Berners-Lee (a leading expert in carbon footprinting) might be able to help. *How Bad Are Bananas? The Carbon Footprint of Everything* looks at the different things we do and buy, and calculates the amount of CO₂ they produce. For example, to calculate the footprint of a pint of beer, he investigated how much CO₂ all of the following created: the ingredients, the electricity used in the **brewery**, the equipment, the travel and **commuting** of the workers, the transport, the **fermentation** of the beer, and the **packaging**. It's amazing how many different things need to be included in each calculation. And it's frightening how much carbon dioxide everything produces.

But all of this can help us decide which beer to drink. From Berners-Lee's calculations, it's clear that a pint (568 ml) of **locally-brewed** beer has a smaller carbon footprint than a bottle of **imported beer**. This is because the imported beer has been transported from far away, and it uses more packaging. The local beer only produces 300 g of CO₂—but the imported beer produces 900 g! So, one pint of local beer is better for the **environment** than three cans of cheap foreign lager from the



supermarket.

Berners-Lee has even calculated the carbon footprint of cycling to work. Nothing is more *environmentally-friendly* than riding a bike, surely? Well, it depends on what you've had to eat before. To ride a bike we need energy and for energy we need food. So, if we eat a banana and then ride a kilometre and a half, our footprint is 65 g of CO₂. However, if we eat bacon before the bike ride, it's 200 g. In fact, bananas are good in general because they don't need packaging, they can be transported by boat and they grow in natural sunlight.

So, does this mean that cycling is bad for the environment? Absolutely not. For a start, if you cycle, you don't use your car; and the fewer cars on the road, the fewer **traffic jams**. And cars in traffic jams produce three times more CO₂ than cars travelling at speed. Cycling also makes you healthy and less likely to go to a hospital. And hospitals have very big carbon footprints!

So, maybe it's time for us all to start making some changes. Pass me a banana and a pint of local beer, please.

Tip:

根据《How Bad are Bananas?》的作者 Mike Berners-Lee 所说,每只香蕉代表大约 80 g 的二氧化碳。如果用奇异果作为对比,也许更能说明问题。如果同样是生长在新西兰但却在欧洲食用,那么 1 kg 奇异果就代表着约 1740 g 二氧化碳,而 1 kg 香蕉仅仅是 480 g 二氧化碳。

那又是什么让香蕉产生如此低的碳?首先,它们的生长需要充沛的自然光,就意味着不需要温室来培育。其次,虽然往往消费者离香蕉的产地都很远,但是运送香蕉一般采用船运,每千克的二氧化碳排放量仅仅相当于空运的 1%。最后它们基本没有采用什么外包装。

Answers

1. How Bad are Bananas? The Carbon Footprint of Everything
2. A bottle of imported beer.
3. 65g.
4. 200g.
5. Three times more.

GLOSSARY

carbon footprint *n*

the amount of carbon that someone or an organisation is responsible for. Literally, your "footprint" is the mark you leave on the ground when you walk on it 碳足迹,碳排放量

global warming *n*

an increase in the average temperature of the earth's atmosphere. Many believe this is caused by human activity 全球变暖

CO₂ *n*

a gas formed during respiration and by the decomposition of organic substances 二氧化碳

brewery ['bruəri] *n*

a factory where beer (an alcoholic drink) is made 酿酒厂

commute [kə'mju:t] *vb*

to travel to and from work by bus/train/car, etc. 乘车上下班

fermentation

[fə'men'teɪʃn] *n*

the process of producing alcohol through chemical changes (often by using the substance yeast) 发酵

packaging ['pækɪdʒɪŋ] *n*

the paper / plastic, etc. that goes around a product to protect it 包装

locally-brewed *adj*

if beer is "locally-brewed", it is made in the area that you are referring to 本地制造

imported beer *exp*

beer that is brought into the country from another country 进口啤酒

environment

[ɪn'vaɪrənmənt] *n*

the natural world of land, sea, air, plants and animals 环境

environmentally-

friendly *adj*

that does not damage/hurt the land, sea, air, etc. 保护生态环境的

traffic jam *n*

a situation in which cars move slowly or can't move because there are too many cars on the road 交通拥挤

Shopping Regrets

OE149-2

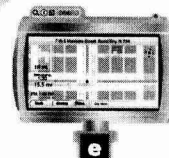
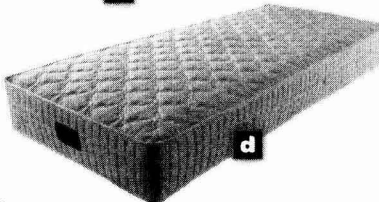
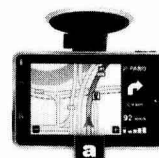
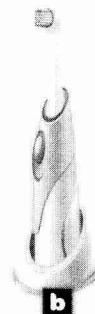
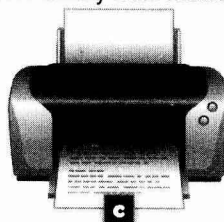
Things we buy that we really hate.

Angel: 事实上很多人都知道“冲动购物”是大忌,但控制自己的购物欲望却也是件不大不小的难事。你是不是也买过很多“留之无用,弃之可惜”的“鸡肋”? 你是如何处置它们的? 为了防止冲动购物,你又有什么高招呢?

1 Pre-reading

Match the names of the objects (1 to 5) to the pictures (a-e). Which ones do you have at home?

1. An electric toothbrush ☐
2. An ink-jet printer ☐
3. A SatNav ☐
4. A radar detector ☐
5. A memory foam mattress ☐



2 Reading I

Read the article once and compare your ideas from the Pre-reading activity.

3 Reading II

Read the article again. Then, write the names of the gadgets next to the sentences below (1 to 5).

The user of this gadget ...

1. ... admits they're cheap to buy, but they're expensive to use.
2. ... can't understand why everything has to be electric.
3. ... got a bad back from it.
4. ... got lost anyway.
5. ... thinks driving within the speed limit is cheaper.

4 Discussion

1. What was the last thing that you regretted buying? -
2. What's the best thing you've ever bought?
3. Do you compare prices before buying something? Why? Why not?

Next >>>

Have you ever bought anything then **regretted** it afterwards? A recent survey looks at some of those things we wish we'd never bought.

Top of the list was the electric **toothbrush**^①. "I can't believe I **wasted** my money on one of those!" said Valerie Spooker, a 32-year-old architect. "My dentist told me to get one, and I did. But now it's just another one of those **gadgets** that never gets used." "Why do they try to make everything electric? It's a simple thing to **brush your teeth** and you don't need a machine to do it for you," she added.

Next on the list was the ink-jet **printer**^②. "If there's one thing I **can't stand**, it's my ink-jet printer," said Mark Hughes, a 29-year-old sales assistant, who also took part in the survey. "OK, so the printers are cheap, but the **ink cartridges** are really expensive. And the thing is, if you use the printer regularly, you need to buy lots of cartridges; and if you don't use it, the ink **dries up** and you need to buy some more anyway. It's a **loss-loss situation** with these printers."

Another thing on the list was the **SatNav**^③. "I got one for Christmas last year and used it a couple of times," explained Harriet Harvey, a 28-year-old lawyer. "But it's a complete waste of money. I spent loads of time **fiddling with** it and trying to key in the correct addresses, but in the end I got lost anyway. And that irritating voice that keeps telling you to turn left, when you know it's a right turn! I'm going to **stick to** paper maps from now on."

Also on the list was the **radar detector**^④. "My boyfriend got me one for my birthday," explained Abigail Winters, a 31-year-old engineer. "It's supposed to tell you where the **speed cameras** are, but it's a complete waste of money. How about driving within speed limits? That doesn't cost a penny, and it's completely stress-free!"

Also on the list was the Memory Foam **Mattress**^⑤. "We bought one of these just after getting married," explained Harvey Jones, a 33-year-old chef. "But I hate it. You sort of **sink into** it and then it **moulds around** your body. I often woke up the next day with a bad back. I'm back on my cheap-but-comfortable foam mattress and I'm sleeping like a baby."

Do you have any unwanted objects at home?

Culture Tips:

- ① electric toothbrush 电动牙刷。通过快速旋转,使刷头产生高频振动,瞬间将牙膏分解成细微泡沫,深入清洁牙缝。
- ② ink-jet printer 喷墨打印机。喷墨打印机按工作原理可分为固体喷墨和液体喷墨两种。
- ③ SatNav 卫星导航。是瑞典科学家发明的一种车内卫星导航系统,可为驾车人计算出能使二氧化碳排放量降到最低限度的行驶路线。
- ④ radar detector 雷达探测器,俗称“电子狗”。是一种车载装置,提前提醒车主电子眼或测速雷达的存在,可防止因为超速或违规而被罚款和扣分。
- ⑤ Memory Foam Mattress 记忆棉床垫。通过特有的感温记忆粒子感知人体体温,提供舒适的支撑硬度;同时能够感知,记忆人体曲线,依照人体起伏完美塑形,服帖保护颈、腰、臀、腿部的自然弯曲。

Answers

1. An ink-jet printer.
2. An electric toothbrush.
3. A memory foam mattress.
4. A SatNav.
5. A radar detector.

GLOSSARY

to regret [rɪˈɡret] *vb*

if you "regret" something, you feel bad about it after doing it 懊悔

a toothbrush [ˈtuːðbrʌʃ] *n*

a plastic object with bristles (thin pieces of plastic) for cleaning your teeth 牙刷

to waste [weɪst] *vb*

if you "waste" your money on something, you buy something that is not good or not needed 浪费

a gadget [ˈɡædʒɪt] *n*

a small machine that does something useful 小玩意、小配件

to brush your teeth *exp*

to clean your teeth with a toothbrush 刷牙

a printer [ˈprɪntə] *n*

a machine that can be connected to a computer and that makes copies of documents on paper 打印机

can't stand *exp*

if you "can't stand" something, you hate that thing 讨厌、不堪重负

ink [ɪŋk] *n*

a chemical liquid (usually black, blue or red) that is used for writing / printing 墨水

a cartridge [ˈkɑːtrɪdʒ] *n*

a part of a machine that can be taken out and replaced when it is empty 墨盒

to dry up *phr vb*

if something "dries up", all the liquid from it disappears 使干燥、弄干

a loss-loss situation *n*

a situation that is bad in both circumstances, or that is bad whichever way you look at it "双败"局面

to fiddle with *phr vb*

if you "fiddle with" something, you keep touching it with your fingers 乱动

irritating [ˈɪrɪteɪŋ] *adj*

annoying; that makes you angry 使愤怒的,气人的

to stick to *exp*

if you "stick to" something, you continue using that thing rather than changing 坚持到底

a radar detector *n*

a machine that tells you whether your speed is being monitored by the authorities 雷达探测器,俗称“电子狗”

a speed camera *n*

a machine that registers how fast a car is moving 路旁超速摄像机

a mattress [ˈmætrɪs] *n*

a large flat piece of soft material that you put on a bed to make it more comfortable 床垫

to sink into *phr vb*

if you "sink into" something, you fall into it slowly 沉到……里(陷进)

to mould around *phr vb*

if a substance "moulds around" your body, it forms around the shape of your body 塑形