

# CET 4

## 大学英语四级 **听力** 终极挑战

主 编/杨 洋  
副主编/王延菊

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# 大学英语四级听力终极挑战

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· 北京 ·

## 内 容 简 介

本书收录了大学英语四级考试中传统纸考版的10套听力试题和最新的机考版的10套听力试题,以方便学习者在这两种类型的考试形式上有个良好的过渡,同时也能得到充分地练习。本书练习丰富多样,实用性强,可有效帮助读者提高听力水平。

本书适合参加大学英语四级考试的学习者,也适合于普通英语学习者阅读,提高听力能力。

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# 前 言

## 一、出版本书的意义

大学英语四、六级考试(College English Test, 简称 CET)是由国家教育部高等教育司主办的全国性英语考试。大学英语新四级机考 CBT(Computer Based Test)是国家教育部对大学英语四、六级考试改革的又一次重大变革。2009 年 6 月 21 日全国试点高校已经扩大到 180 所,四级机考已是大势所趋(据悉,2009 年参加机考的考生均可重复参加纸笔考试)。所以,广大高校的莘莘学子,要学会因时而动,顺应形势,先人一步,重新审视自己学习英语的心态和方法,把学习重心从考试技巧和规律的掌握转移到英语实力的提升上来,从形式上到实质上提前为即将到来的机考做好最充分的准备。

本书的编者为从事英语教学多年的,颇有教学建树,并在教学工作中取得突出成绩的优秀青年教师。在多年的教学过程中,我们深刻体会到“工欲善其事,必先利其器”的道理。即想要在英语教学的过程中取得圆满的成绩,好的教师只是起到了引导作用,而教材则有着了至关重要的影响。如果将整个英语学习比喻成战争的话,那么,一套编写合理、能适应学生真正学习要求的教材则是我们战斗的必备良器。

## 二、本书的特点

本书旨在为英语学习者提供一个良好的学习平台,借助多媒体手段达到对听、说能力的综合提高。要知道,在英语学习的过程中,听、说是两个不可分割的环节。即在学习中,听说能力应该得到平衡的提高。而我国的英语学习现状却是学生的英语听力水准单边发展,这就与教育部提出的英语教育改革理念相悖。本书的目的就是整合资源,改变现在我们英语学习者听、说能力不能平衡发展的现象。

在编写过程中我们吸取同类书的优秀经验,本着实用性强的原则

对内容进行合理规划。在选材上注意体裁的多样性,练习编配上既注意到与我国现行英语四级考试的形式挂钩,又大胆推陈出新,为学习者提供了很好的范本。为了让学习者在这两种类型的考试形式上有个良好的过渡,本书收录了大学英语四级考试中传统纸考版的10套听力试题和最新的机考版的10套听力试题,让学习者得到非常充分的练习。其中,机考版听力练习正是编者集多年的教学积累与最新的来自于英、美主流媒体的音、视频资料于一体的精编版。

### 三、关于 CBT 的形式

#### 1. 形式的变化

四级 CBT(Computer Based Test)相比传统的 PBT(Paper Based Test)在题型设置、考察重心和出题角度方面已经发生了面目全非的变革。与传统笔试相比,四级机试的最明显差别就是考试的媒介由白纸黑字变成了电脑。考生从头到尾要面对计算机屏幕听音频,看视频和阅读文章,还要敲击键盘完成写作。这对于不熟悉电脑操作,听力不好,不习惯在屏幕上进行阅读和打字速度不快的同学来说,可谓挑战空前,压力重重。

机试的每个部分都有严格的时间限制,时间一到就自动切换到下一部分。每一个选择题平均给15秒钟作答,先听录音,再看题目;只要录音放完,屏幕右上角立刻开始倒计时,15秒内必须选择答案,时间一到就进入下一题,考生只能按顺序做题,无法跳跃答题或对前一题答案进行检查和修改。这和美国 TOEFL(托福网考)考试很相似,如此快节奏、高强度的考试形式需要考生的注意力、判断力和反应速度大大提高。

除了考试形式的改变,机考的最大变革就是题型的设计和题材的选择。听力部分的比重达到了惊人的70%,其中包括25%的听力理解和45%的综合听力,综合听力又包含单项选择、听写、跟读、结构以及写作五大题型。对考生听说读写综合应用能力的考察,已经被提到了一个前所未有的高度。

#### 2. 题型的变化

##### 一、Section A 包含三个音频短篇、一个音频中篇和一个视频选择题

1. 现在进行的是 Section A 的第一个音频短篇,您将听到一段音频,并完成一道选择题,然后有15秒的答题时间。重新播放音频,并完成第二道选择题,然后

有 15 秒的答题时间。

2. 音频播放第二遍,完成第 2 题。
3. 第一篇音频短篇结束,进入第二篇音频短篇。听第一遍,完成第 3 题。
4. 音频短篇第二遍,完成第 4 题。
5. 第三篇音频短篇,播放第一遍完成第 5 题。
6. 第三个音频短篇播放第二遍,完成第 6 题。
7. 当前题型为音频中篇,音频播放第一遍,完成第 7—8 题,答题时间 30 秒。
8. 音频中篇播放第二遍,完成第 9—12 题,答题时间 60 秒。
9. 当前题型为视频选择题,视频播放第一遍,完成第 13—14 题,答题时间 30 秒。
10. 视频播放第二遍,完成第 15—18 题,答题时间 60 秒。

## 二、Section B 包含一个音频填空题、一个语法结构题、一个跟读题和一个听力写作题。

1. 视频填空题,系统将会播放一段视频,请根据视频内容完成填空。视频播放两遍。可以一边听,一边答题。两遍播放完后有 30 秒的答题时间。完成第 19-28 题。

2. 题型为语法结构题,本题型不播放音视频,答题时间为 5 分钟,完成第 29-38 题。

3. 跟读题(第 39-48 题)共有 10 个小题,每个小题将会播放两遍,然后开始跟读。跟读需要在 12 秒以内完成。播放两遍,中间有 2 秒钟的停顿,两遍播完后出现一个“开始录音”按钮,点击才开始录音。只有在系统显示正在录音和进度条后,才可以开始录音,否则将被视为抢读。

4. 听力写作题(第 49 题),根据听到的音频内容,依据题目要求写一篇短文。答题时间为 30 分钟。

## 三、Section 包含 2 个 Task,仔细阅读和快速阅读。

1. 仔细阅读题,包含两篇文章。每篇文章 5 道选择题。答题时间 20 分钟。(Questions 50-59)

2. 快速阅读题,文章较长,共 13 个小题,答题时间 15 分钟。(Questions 60-69)  
试题各部分的题量、考试时间如下所示:

Section A Listening Comprehension(Questions 1-18,25-30minutes)

Section B Listening -based integrated Tasks(Questions 19-49,45-50minutes)

Task1 listening and dictation(Questions 19-28)

Task2 use of grammar and structure (Questions 29-38)

Task3 listening and repeating (Questions 39-48)

Task4 listening and writing(Questions 49)

**Section C Reading Comprehension (Questions 1-18, 25-30minutes)**

**Task1 In-depth Reading (Questions 50-59)**

**Task2 Skimming and Scanning(Questions 60-69)**

机考做为四六级考试的一种新兴的考试形式是先进的,有着强劲的生命力。但是由于受到我国英语教育发展水平的现状、硬件设施落后和软件开发等诸多原因的影响,要废止笔试,全面推行大学英语四级机考还须等待时日。但是,机考给所有的大学生一个很明确的方向,那就是希望大学生能更多地注重听、说,尤其是听力。

**编 者**

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## 传统纸考版

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# Lesson 1

## Exercise A CET Model Listening Test

### Part I Conversations

Directions: *In this section, you will hear 8 short conversations and 2 long conversations. At the end of each conversation, one or more questions will be asked about what was said. Both the conversation and the questions will be spoken only once. After each question there will be a pause. During the pause, you must read the four choices marked A), B), C) and D), and decide which is the best answer.*

#### Section A Short Conversations

1. A) Get some change from Jane.  
B) Use the woman's phone.  
C) Go to look for a pay phone.  
D) Pay for the phone call.
2. A) At a bookstore.  
B) In a workshop.  
C) At an art gallery.  
D) In a department store.
3. A) The man blamed the woman for being careless.  
B) The man misunderstood the woman's apology.  
C) The woman offered to pay for the man's coffee.  
D) The woman spilt coffee on the man's jacket.
4. A) Extremely tedious.

- B) Hard to understand.
  - C) Lacking a good plot.
  - D) Not worth seeing twice.
5. A) She's bought the man a pair of glasses today.  
B) She will help the man to catch up.  
C) She is worried about the man's health.  
D) She has bought the man an up-to-date map.
6. A) He is going to give a talk on fishing.  
B) He thinks fishing is a good way to kill time.  
C) He has the same hobby as Susan's father.  
D) He is eager to meet Susan's parents.
7. A) Attending every lecture.  
B) Doing lots of homework.  
C) Reading very extensively.  
D) Using test-taking strategies.
8. A) The digital TV system will offer different programs.  
B) He is eager to see what the new system is like.  
C) He thinks it unrealistic to have 500 channels.  
D) The new TV system may not provide anything better.

### **Section B Long Conversations**

*Questions 9 to 12 are based on the conversation you have just heard.*

9. A) A notice by the electricity board.  
B) Ads promoting electric appliances.  
C) The description of a thief-in.  
D) A new policy on pensioners' welfare.
10. A) Speaking with a proper accent.  
B) Wearing an official uniform.  
C) Making friends with them.  
D) Showing them his ID.
11. A) To be on the alert when being followed.  
B) Not to leave senior citizens alone at home.

- C) Not to let anyone in without an appointment.  
D) To watch out for those from the electricity board.
12. A) She was robbed near the parking lot.  
B) All her money in the bank disappeared.  
C) The pension she had just drawn was stolen.  
D) She was knocked down in the post office.
- Questions 13 to 15 are based on the conversation you have just heard.*
13. A) Marketing consultancy.  
B) Professional accountancy.  
C) Luxury hotel management.  
D) Business conference organization.
14. A) Having a good knowledge of its customs.  
B) Knowing some key people in tourism.  
C) Having been to the country before.  
D) Being able to speak Japanese.
15. A) It will bring her potential into full play.  
B) It will involve lots of train travel.  
C) It will enable her to improve her Chinese.  
D) It will give her more chances to visit Japan.

## **Part II Passages**

*Directions: In this section, you will hear 3 short passages. At the end of each passage, you will hear some questions. Both the passage and the questions will be spoken only once. After you hear a question, you must choose the best answer from the four choices marked A), B), C) and D).*

### **Passage One**

*Questions 16 to 18 are based on the passage you have just heard.*

16. A) They liked traveling.  
B) They wanted to find a better place to live in.  
C) They were driven out of their homes.

- D) The reasons are unknown.
17. A) They try to put up with Gypsies.  
B) They are envious of Gypsies.  
C) They are unfriendly to Gypsies.  
D) They admire the musical talent of the Gypsies.
18. A) Special schools have been set up for them.  
B) Permanent homes have been built for them.  
C) They are now taught in their own language.  
D) They are now allowed to attend local schools.

### **Passage Two**

*Questions 19 to 21 are based on the passage you have just heard.*

19. A) Family violence.  
B) His children's efforts.  
C) Her father's disloyalty.  
D) His second wife's positive influence.
20. A) His advanced age.  
B) His children's efforts.  
C) His improved financial condition.  
D) His second wife's positive influence.
21. A) Love is blind.  
B) Love breeds love.  
C) Divorce often has disastrous consequences.  
D) Happiness is hard to find in blended families.

### **Passage Three**

*Questions 22 to 25 are based on the passage you have just heard.*

22. A) The causes are obvious.  
B) The causes are very complicated.  
C) The causes are familiar.  
D) The causes are not well understood.
23. A) Regular driver training.  
B) Improved highway design.

- C) Stricter traffic regulations.
  - D) Better public transportation.
24. A) Highway crime.
- B) Poor traffic control.
  - C) Confusing road signs.
  - D) Drivers' errors.
25. A) Designing better cars.
- B) Building more highways.
  - C) Increasing people's awareness of traffic problems.
  - D) Enhancing drivers' sense of responsibility.

## Part II Compound Dictation

Directions: *In this section, you will hear a passage three times. When the passage is read for the first time, you should listen carefully for its general idea. When the passage is read for the second time, you are required to fill in the blanks numbered from 26 to 33 with the exact words you have just heard. For the blanks from 34 to 36, you can either use the exact words you have just heard or write down the main points in your own words. Finally, when the passage is read for the third time, you should check what you have written.*

We're now witnessing the emergence of an advanced economy based on information and knowledge. Physical 26) \_\_\_\_\_, raw materials, and capital are no longer the key 27) \_\_\_\_\_ in the creation of wealth. Now, the 28) \_\_\_\_\_ raw material in our economy is knowledge. Tomorrow's wealth depends on the development and exchange of knowledge. And 29) \_\_\_\_\_ entering the workforce offer their knowledge, not their muscles. Knowledge workers get paid for their education and their ability to learn. Knowledge workers 30) \_\_\_\_\_ in mind work. They deal with symbols; words, 31) \_\_\_\_\_ and data.

What does all this mean for you? As a future knowledge worker,

you can expect to be 32) \_\_\_\_\_, processing, as well as exchanging information. 33) \_\_\_\_\_, three out of four jobs involve some form of mind work, and that number will increase sharply in the future. Management and employees alike 34) \_\_\_\_\_. In the new world of work, you can look forward to being in constant training 35) \_\_\_\_\_. You can also expect to be taking greater control of your career. Gone are the nine-to-five jobs, lifetime security, predictable promotions, and even the conventional workplace, as you are familiar with. 36) \_\_\_\_\_, and don't wait for someone to "empower" you. You have to empower yourself.

## Exercise B News Dictation

Directions: *You are going to hear a VOA special English report, and fill in the blanks 1-11 according to what you hear.*

In 2006, the United States had lower 1) \_\_\_\_\_ in 2) \_\_\_\_\_ than 23 of the other 29 OECD countries. 16 countries did better in 3) \_\_\_\_\_.

The Race to the Top competition will look for states and local school 4) \_\_\_\_\_ with effective 5) \_\_\_\_\_ in four areas. One area is meeting 6) \_\_\_\_\_ standards for preparing students for college and jobs. Another is 7) \_\_\_\_\_ better ways to 8) \_\_\_\_\_, keep and reward effective teachers and school leaders. A 3rd area is building data systems 9) \_\_\_\_\_. President Obama supports linking teacher pay to student performance. 10) \_\_\_\_\_. States that want to take Part in the Race to the Top cannot have rules that bar performance-based pay for teachers. That requirement could make it difficult for several states to receive money from the fund. Among them are California and New York. Finally, to win grants, 11) \_\_\_\_\_. The Education Department will award the first grants early next year. States will get 2 chances to win. Also, the department plans to



award almost \$6,000,000,000 through other federal programs in the coming months to support reform efforts.

## Exercise C Understanding Passages

Directions: *Listen to the following Passages and choose the best answer to each question.*

### Passage One

- \_\_\_\_\_ can have a bad effect on health.  
A) Hot and wet weather                      B) Good weather  
C) Warm weather                              D) High intelligence
- People may have more intelligence when \_\_\_\_\_ comes.  
A) a rain    B) very hot weather  
C) a strong wind                              D) low air pressure
- Low air pressure may make people \_\_\_\_\_.  
A) forgetful      B) sad                      C) angry                      D) tired
- In "good weather" of 18°C, \_\_\_\_\_.  
A) people are very forgetful  
B) people can't do their work well  
C) thin people feel cold  
D) people are in better health
- The writer wants to tell us that \_\_\_\_\_.  
A) hot and cold weather influences all people in the same way  
B) weather influences people's lives  
C) IQ never changes during weather changes  
D) there is a good kind of weather for people's work and health

### Passage Two

- What is the passage mainly about?  
A) What does EQ mean?  
B) How to get a high EQ?  
C) The importance of EQ to success.