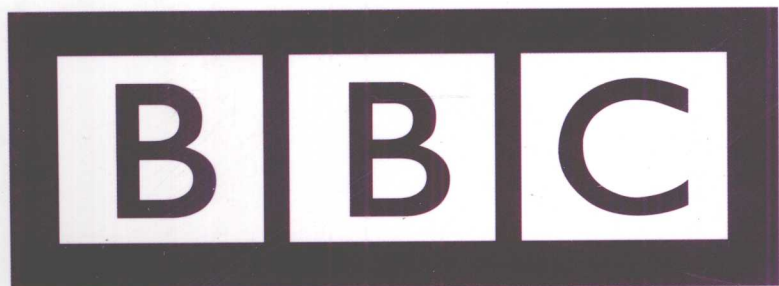


# 听BBC 攻破雅思听说

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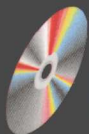
学术研究  
分册

江涛◎主编

## 成就雅思听说 从BBC开始!



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## B B C

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# 前言

## Foreword

生命的梦想需要很多努力去实现。为追求自我发展，跨出国门求学和工作日益成为一个高频率的选择和众多人追求的方向。而雅思考试便因此成为踏出国门的敲门砖。来自英国使馆文化教育处的最新消息称：考生低龄化是雅思考试的一大趋势，这一现象与整个留学市场低龄化的趋势相吻合。随着18岁以下出国人员数量剧增，注重交流性的雅思考试能够帮助这个年轻的群体提升自己的英语技能，同时更加顺利地完成语言和文化的过渡。

然而，雅思考生低龄化以及报考随意化的趋势也为雅思教学带来了新的问题：

- ◆ **崇尚美国文化。**年轻一代受美国文化影响，对美式发音和美式口语比较熟悉，而对英式发音和英式表达法普遍生疏。比如美音中/t/出现在两个元音之间且处于非重读位置的时候，发音近似/d/，而不是完全等同。pretty 美式发音/'prɪdi/，英式发音/'prɪti/；再如clerk这个单词，美式发音/klɜːrk/，英式发音/klɑːk/。除在词汇层面上英式英语和美式英语有发音的不同外，还有语调上的差别。因此造成了误听，误拼。
- ◆ **拼写能力低。**拼写能力差，会听不会写，或是写不准确。导致考完的时候，沾沾自喜，觉得好像都听懂了，查分的时候，傻眼了，写对的非常有限。
- ◆ **对听力的题材不熟悉。**听力中Section1和Section2关于校园和生活的题材还凑凑活活，到了Section3和Section4，题材稍微学术化，就非常吃力，经常瞎蒙乱填，笑话百出。
- ◆ **容易产生听觉疲劳。**对两个人的对话还能跟得上节奏，但是对一个人的大段独白，经常跟不上节奏，也无从预测，经常眼睛看着第3题，却不知道录音已经说到第10题了。
- ◆ **对听力题型缺乏了解。**对听力题型不熟悉，没有套路化的解题技巧，导致预测无效或预测失效，经常鸡飞蛋打。

目前市场上的雅思听说教材整体数量比较少，同质化严重；偏讲解的多，练习少，经常很多考生抱怨，怀屠龙之术，却无龙可屠。有些教材也编入一些练习，但又不够贴



近雅思考试。正是针对目前雅思考生和雅思听说教材的种种现状，我们在不断总结、借鉴最新资料的基础上，为广大的雅思考生推出此套书。

本套书具备以下几大特点：

- ◆ **材料原汁原味，与雅思听力题源相同。**本套书中每一篇听力材料都从以BBC为主要来源的众多英国媒体中选材，与雅思听力选材宗旨相同。并按题材分为5册：校园生活、学术研究、历史文化、新闻观点和社会经济，均为雅思常考题材。
- ◆ **英式语音播报。**全英式的发音和众多英国媒体选材，让考生熟悉英式语音和英式表达法。
- ◆ **听力练习的题型仿真雅思听力题型，针对性强。**选取题材时根据雅思考试特点，充分考虑对话、多人对话和单人独白结合。且每一篇听力材料长度都与雅思听力考试一个Section的长度相符，练习也是精心模拟雅思听力的出题方式和方法而设置，紧贴雅思考试。既有提高基本拼写能力的预热练习，又有十大雅思题型，充分地考虑了出题节奏，出题点，同义转换及干扰选项设置。
- ◆ **听说练习结合，且口语练习大多源于全真题库。**既可深化对相关听力材料的理解，又可将听力中的信息转化为考生口语表达时的可说之词，一箭双雕。每一篇听力练习的后面都附有几个与听力材料的题材相关的口语话题，且这些话题有80%来源于雅思口语考试的题库（斜体话题为非真题）。话题之后更附上开拓思路的关键词。

智者千虑必有一失。因时间的仓促，书中难免有不足与不当之处，恳请各位读者及同行予以批评指正。

驾驭命运的舵是奋斗。不抱有一丝幻想，不放弃一点机会，不停止一日努力。

最后，谨祝所有“烤鸭”都能早日突破雅思听说大关，圆自己的出国深造之梦！



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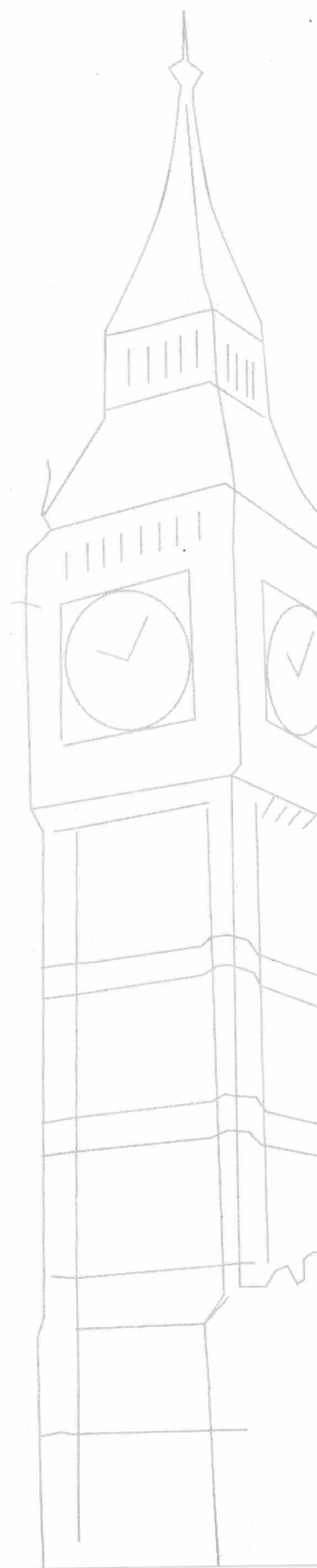


# CHAPTER

# 1

## Academics 学术前沿篇

- Practice 1 Human Evolution 人类进化
- Practice 2 Genetic Secrets 基因的奥秘
- Practice 3 Genetically Modified Foods 转基因食品
- Practice 4 Galaxy 银河
- Practice 5 Diet for Pregnant Women 孕妇饮食
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- Practice 20 Omega-3 不饱和脂肪酸





# Practice 1

## Human Evolution 人类进化

### Warming up Exercise

Choose the right words to fill in the blanks.

zoologist/distinct/purchase/trait/retrogress(退化)/punctuality/literature/reversion/  
natural selection/anthropology/survival/sexually/naturalist/digest/undergone

- ① Evolution may occur when there is variation of inherited \_\_\_\_\_ within a population.
- ② Human races in different parts of the world are becoming more genetically \_\_\_\_\_.
- ③ Researchers found that at least 7% of human genes have \_\_\_\_\_ recent evolution.
- ④ If the natural selection of fitter traits is no longer driven by \_\_\_\_\_, perhaps it owes to differences in women's fertility(繁殖力).
- ⑤ Technology, medicine and a wide variety of non-toxic dietary options can shelter us from the brutal force of \_\_\_\_\_.

### Listening Practice

In this part, you will hear a report. The report will be spoken only once. After hearing the report, you are required to do the following exercises.

Now listen to Tape 1 and answer Questions 1-5.

Complete the sentences below.

Write **NO MORE THAN TWO WORDS** for each answer.

- ① There is no doubt that humans are \_\_\_\_\_ in the creature world.
- ② Humans could skin the polar bear and use the pelt as clothing to \_\_\_\_\_.
- ③ Skin colour is the most \_\_\_\_\_ way humans have evolved apart.
- ④ In the past, it was clear that our technology and \_\_\_\_\_ didn't stop us evolving.
- ⑤ Professor Jones says that \_\_\_\_\_ has at least slowed down.



Listen to Tape 2 and answer Questions 6-10.

Complete the summary below.

Write **NO MORE THAN TWO WORDS** for each answer.

Evolutionary biologist Stephen Stearns has conducted a long-term 6. \_\_\_\_\_ of a small town in Massachusetts, called Framingham. He has found that people in Framingham are still evolving and in a 7. \_\_\_\_\_ direction. Stearns believes that the changes that we've made to the world may actually be 8. \_\_\_\_\_ our evolution. The study shows that we are continuing to evolve and biology is going to change with the 9. \_\_\_\_\_. We can't see it because we're right in the middle of the process. The direction of our future evolution may be more 10. \_\_\_\_\_ on our growing ability to change the world.



## Oral Practice

In this part, you are supposed to listen to the 2 tapes once again, and answer the following questions orally.

① Who published *On the Origin of Species*?

.....

② How many percent of South East Asia people are lactose tolerant?

.....

③ According to Prof. Stearns, when will we see rapid evolution?

.....

Now you are supposed to brainstorm about some objects and then choose one to describe.

Here are some topics of IELTS:

Describe a ceremonial event that you either watched or attended.

Tell me about an ethnic minority in your country.

Describe one great progress human being has made in its history.

Tell me something about ancient people.

Describe what human beings would be like in the future.



### Brainstorming Clues

What the event/progress is  
 Process of the event/progress  
 The importance/reasons of the event/progress  
 Living habits/environment of people at that time  
 Influence of it  
 How I/people feel about it

## Practice 2 Genetic Secrets 基因的奥秘

### Warming up Exercise

Choose the right words to fill in the blanks.

origin/Homo sapiens/characteristic/DNA/common/self-replicating/variation/thrive/  
 colonist/divide/clone/heritage/adaptability/multimedia/cellular/entire/originate/  
 modern culture

- ① Genetic diversity means the total number of genetic \_\_\_\_\_ in the genetic makeup of a species.
- ② Two individuals have a genetic relationship if one is the ancestor of the other, or if they share a \_\_\_\_\_ ancestor.
- ③ Genetic diversity plays a very important role in survival and \_\_\_\_\_ of a species.
- ④ The study of human genetic \_\_\_\_\_ can help scientists understand ancient human population migrations.
- ⑤ Genes hold the information to build and maintain an organism's cells and pass genetic traits to offspring, although some organelles are \_\_\_\_\_ and are not coded for by the organism's DNA.





## Listening Practice

In this part, you will hear a piece of news. The news will be spoken only once. After hearing the news, you are required to do the following exercises.

Now listen to Tape 1 and answer Questions 1-7.

Complete the table below.

Write **ONE WORD/NUMBER ONLY** for each answer.

The Largest African Genetic Study	
Duration	1. _____ years
Study Objects	genetic material from 2. _____ African populations
Study Process	collected over 3000 3. _____ identified 14 ancestral population 4. _____ looked at individual ancestry, or genetic 5. _____ in those samples
Goal of the Study	to do research that will 6. _____ Africans and set the stage for future genomics research and 7. _____ research there

Listen to Tape 2 and answer Questions 8-10.

Which description is in accordance with the following populations?

- A. They have changed traditional language and pastoral lifestyle.
- B. Their African ancestry was mostly pinned down to West Africa.
- C. They have the oldest genetic lineages.
- D. They mixed a lot with populations from Ethiopia.
- E. They discovered that the level of diversity was broadly what we would expect.

Write the correct letter, A-E, next to Questions 8-10.

- ⑧ The San communities \_\_\_\_\_
- ⑨ The Masai people in Kenya \_\_\_\_\_
- ⑩ African American populations \_\_\_\_\_





## Oral Practice

*In this part, you are supposed to listen to the 2 tapes once again, and answer the following questions orally.*

- ① Where do all modern humans originate from?  
.....
- ② How did the research team look at individual ancestry, or genetic similarities in their samples?  
.....
- ③ What did Dr. Tishoff's team show?  
.....

*Now you are supposed to brainstorm about some objects and then choose one to describe.*

*Here are some topics of IELTS:*

Describe a science lesson.

Describe features that can show you and your father are alike.

Tell me about your opinion on cloning technology.

Describe a person who has genetic diseases.



### Brainstorming Clues

What it is

Who else has the same feature

Whether I like it or not

Why I like/dislike it

My/Other people's remarks on it

How it will affect us



# Practice 3

## Genetically Modified Foods 转基因食品

### Warming up Exercise

Choose the right words to fill in the blanks.

cell wall/create/germinate/impact/bacterium/generation/consumer/plant  
breeding/mutagenesis/biotechnology/cultivate/pest-resistant

- ① Scientists at Michigan State University have developed two lines of \_\_\_\_\_ soybeans, which promise healthier harvests for growers.
- ② One of the important goals of \_\_\_\_\_ is maintaining genetic diversity.
- ③ Genetic engineering can \_\_\_\_\_ plants with the exact desired trait very rapidly and with great accuracy.
- ④ In the U.S., approximately 54% of all soybeans \_\_\_\_\_ in 2000 were genetically modified, up from 42% in 1998 and only 7% in 1996.
- ⑤ There is a growing concern that introducing foreign genes into food plants may have an unexpected and negative \_\_\_\_\_ on human health.

### Listening Practice

In this part, you will hear a dialogue. The dialogue will be spoken only once. After hearing the dialogue, you are required to do the following exercises.

Now listen to Tape 1 and answer Questions 1-3.

Answer the questions below.

Write **NO MORE THAN THREE WORDS** for each answer.

- ① What kind of plants does the GM glasshouse contain?  
\_\_\_\_\_
- ② If the seeds start to sprout before harvest, which qualities of the plant will be ruined?  
\_\_\_\_\_



- ③ What does the wheat engineered with a gene that will prevent pre-harvest sprouting look like?
- 

*Listen to Tape 2 and answer Questions 4-10.*

*Complete the notes below.*

*Write NO MORE THAN TWO WORDS for each answer.*

GM Technology
<p><b>Advantage:</b></p> <p>Compared with conventional breeding, GM is much more 4. _____.</p>
<p><b>Processes of GM:</b></p> <p>a. take the gene we are 5. _____ out of pack of candidate genes</p> <p>b. cut it out from its genome</p> <p>c. 6. _____ it exactly from the start to the end into the new variety to avoid linkage drag</p>
<p><b>Application of the Technology:</b></p> <p>◆ Scientists have 7. _____ GM plants to do different things. They are interested in understanding gene 8. _____, so they use GM as a 9. _____ to do that.</p> <p>◆ Companies use it to make new varieties. Some of those genes will have important 10. _____ in making new varieties.</p>

## Oral Practice

*In this part, you are supposed to listen to the 2 tapes once again, and answer the following questions orally.*

- ① Where is the government funded Rothamsted Research center?  
.....
- ② What is conventional breeding like?  
.....
- ③ Name some features of plants that can be changed by GM technology.  
.....



*Now you are supposed to brainstorm about some objects and then choose one to describe.*

*Here are some topics of IELTS:*

Describe a special meal you had recently.

Describe a foreign food from other country.

Describe a kind of foreign food you'd like to try.

Tell me about a kind of Genetically Modified Food you have ever tasted.

Describe a special kind of food in modern society.

### Brainstorming Clues

What it is

Where/When/With whom I ate it

Why it is so special/controversial

How it tastes/is produced/is cultivated

My own feeling of it/Other people's remarks on it

## Practice 4 Galaxy 银河

### Warming up Exercise

*Choose the right words to fill in the blanks.*

supernova/star/solar system/light year/sound/ruined/Globe/law/Halley's comet/  
result from/Milky Way galaxy/motion/form/observable universe

- ① The \_\_\_\_\_ is located in the Milky Way galaxy(银河系) halfway out from the center.