

高职高专职业英语立体化系列教材

# Advanced Career English

## 高级职业英语 听说教程

*Listening and Speaking*

# 11



高等教育出版社  
Higher Education Press

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《高级职业英语》系列教材编写组 编



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# 前言

《高级职业英语》(Advanced Career English)是一套专门针对高职高专学生实际的公共英语系列教材。其编写历经两年之久,经过了大型调查研究,获得了大量客观可靠的数据和访谈笔录,并在此基础上进行了科学的定量和定性分析。其编写理念是在对用人单位、毕业生、在校教师和教师及教学管理部门进行调查的基础上,采取“能力倒推”的方法,即根据调查统计结果筛选出毕业生实际工作岗位所涉及的岗位英语技能点,再根据目标工作岗位群的特征,将这些技能点按照语言教学的客观规律进行科学的编排和语言精加工,整合成具有共性特征的技能模块,从而形成教材的主要架构。

本系列教材依据教育部颁布的《关于全面提高高等职业教育教学质量的若干意见》,遵循“面向社会,针对岗位,强化能力,促进发展”的宗旨,坚持“能力本位、任务驱动、行动导向、教学做一体化”的教学模式和以岗位技能为主线,以职场活动为情景的编写原则,构建“基于工作过程的项目导向”的内容体系,紧扣岗位需求,做到“学中做,做中学”,以“学以致用”、“学以管用”、突出技能训练、全面提高学生完成岗位工作能力为目的。

本教材形式新颖,按照听说模块、读写模块和拓展模块分项编写,内容贴近岗位需求,具有独到的针对性和实用性,为学生通过本教材的学习,掌握职场生存和发展必需的英语基本技能提供了可靠的保障。

本系列教材借鉴国内外优秀教材的编写经验,由外籍语言专家审定把关,是一套专为高职高专院校非英语专业公共英语教学量身打造的综合英语系列教材。

《高级职业英语》系列教材共三级,每级由《听说教程》、《读写教程》、《拓展教程》以及《教师参考书》组成,同时增加了《预备教程》可供入学水平较低的使用者选用。本系列教材每单元围绕同一职业岗位技能展开训练,每个教程既相对独立,又相互联系和互为补充,从而形成一个有机的整体。

## 《听说教程1》(Listening and Speaking 1) 共由3个部分组成:

Section 1 Before-class Activities: Getting Things Ready (课前活动:做好准备) 供学生课前预习使用,目的有两个:一是为课堂训练做好必要的准备,二是培养学生自主学习能力。包括3个学习活动:Activity 1 Listen and Look (看图练听),其内容为与本单元岗位技能训练相关的8-10个关键性单词和词语,让学生一边听录音,一边看图做匹配或填空练习。Activity 2 Listen and Repeat (听与跟读),其内容为本单元岗位技能训练相关的10个核心句子,让学生在课前反复跟读直至能脱口而出。Activity 3 Speak Out (开口讲),内容是一个精心设计的帮助学生开口说英语的活动。

**Section 2 In-class Activities: Things to Do (课上活动：需要完成的任务)** 以多种方式训练学生完成本单元岗位技能的听说能力，是各单元的主要内容，供课堂训练用。包含3个学习活动：**Activity 1 Task Check-up (任务检查)** 供教师在课堂上检查学生课前任务完成情况，为下面互动交流起到热身作用。**Activity 2 Interactions (互动交流)** 包括5个训练任务，重点训练学生口头表达能力。**Activity 3 Listen Out (精听)** 有4个训练任务，从短对话、长对话到短篇三个语篇层面着重训练学生的听力。

**Section 3 After-class Activities: Listen for Fun (课后活动：歌曲欣赏)** 是课后训练，通过让学生课后听精心选取的英文歌曲来学习英语，一方面陶冶情趣，另一方面帮助增强语感。

《高级职业英语》系列教材由广东警官学院向前进教授担任总主编。《听说教程1》由广东行政职业学院余培英担任主编，张苑红担任副主编，参加编写的有刘冬、杨旭、余艳娟、李俊、吴秀、李娜、申伟、赖毅生、邓玉梅。

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承蒙Prof. Christian Zimmermann对教材的认真审阅，在此致以诚挚的谢意！

本系列教材是我国全日制高校教材编写史上的一次大胆尝试和创新，缺点和不足在所难免，诚恳希望使用本教材的广大师生批评指正。

编者  
2009年6月



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# Unit 1



## Adapting to New Environments

### Career Skill Description

 In this unit you will learn:

1. about the differences between high school life and college life;
2. how to make adjustment to college life;
3. how to make a study plan.

## Section 1 Before-class Activities: Getting Things Ready

### Activity 1 Listen and Look

**Task 1 Listen and match.** Listen and write down the letters that represent the right places on the map. Then listen and repeat.

**a** Laboratory Building 实验楼

**b** Gymnasia /dʒɪm'neɪzɪə/ n. 体育馆

**c** Teaching Building 教学楼

**d** Library /'laɪbrəri/ n. 图书馆

**e** Sports Ground 运动场

**f** Dormitory Building 宿舍楼

**g** Dining Hall 食堂

**h** Office Building 办公楼

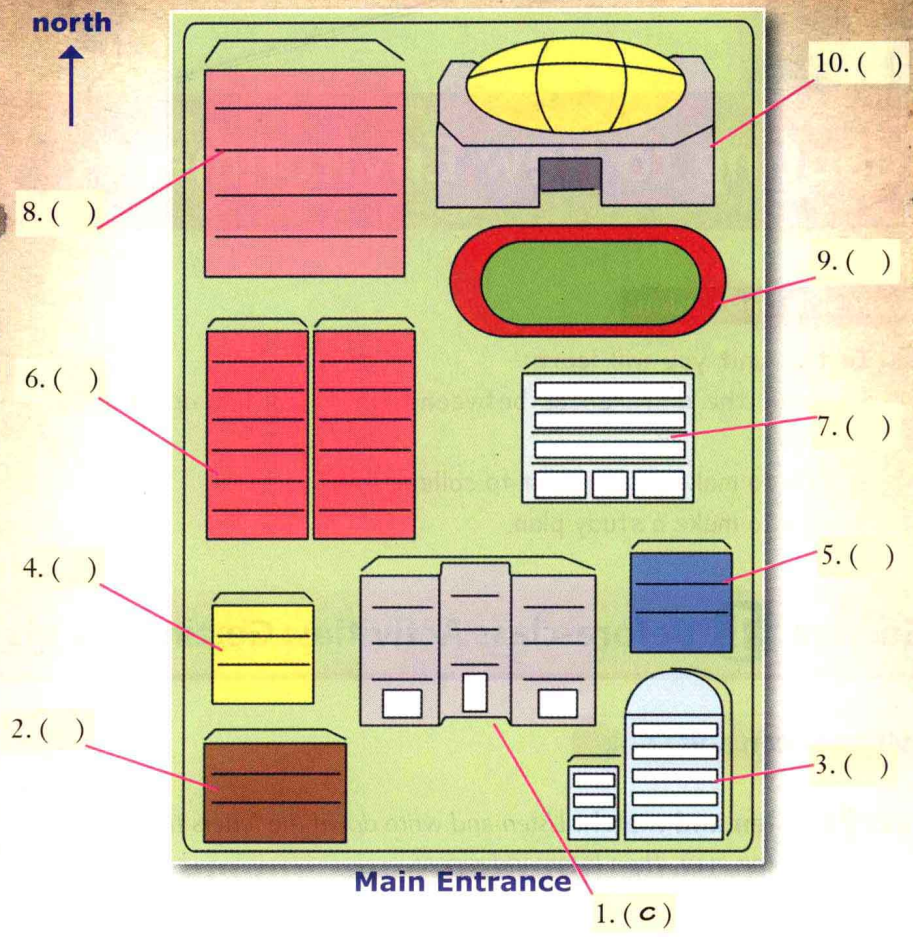
**i** Mechanical Engineering School 机械工程学院

**j** International Trade School 国际贸易学院





### Map of the Campus



### Task 2 Listen and write.

1 _____	2 _____
3 _____	4 _____
5 _____	6 _____
7 _____	8 _____
9 _____	10 _____

**Activity 2 Listen and Repeat**

1. I'm a freshman majoring in computer science.
2. It's hard for me to adjust to college life soon.
3. When does the dining hall serve meals?
4. How many people are there in your dorm?
5. My roommates are all very kind to me.
6. How can I balance my studies and social life?
7. Everything at college is new and so different from that of high school.
8. Don't worry. It takes time to adapt ourselves to a new environment.
9. I'll need to make a good plan for my studies.
10. There are many differences between high school life and college life.



**Activity 3 Speak Out**

**Task 1** Talk to two students and complete the table below.

	New here?	Grade?	Feeling?	Which dormitory?	Any problem?	Need any help?
Example	Yes	freshman	confused	Room 206, Building 6	not familiar with the new environment	want to find the nearest shop
Student 1						
Student 2						

**Task 2** Prepare a short speech to be presented in class by filling in the blanks with the information from the table above.

I'm a freshman majoring in \_\_\_\_\_. It is the first time for me to enter college and everything is new and so different from high school. The first day I came here I got totally confused. I didn't know where the \_\_\_\_\_ is, so it took me a lot of



time to find it. I'm still not familiar with the new environment up to now. I live in \_\_\_\_\_. There are \_\_\_\_\_ roommates in my dorm and \_\_\_\_\_ students in my class. They are all \_\_\_\_\_ to me. The campus is \_\_\_\_\_. But I still need time to adapt myself to everything. Although it's hard for me to adjust to college life soon, I believe I will begin to enjoy my college life in the near future.

## Section 2 In-class Activities: Things to Do

### Activity 1 Task Check-up

Task 1 Listen and write.

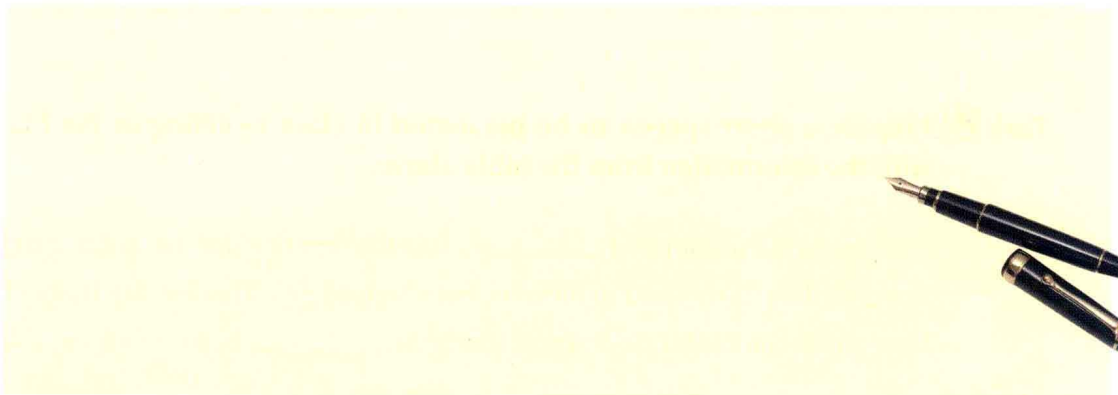
Mark: \_\_\_\_\_

1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_ 4. \_\_\_\_\_ 5. \_\_\_\_\_

6. \_\_\_\_\_

7. \_\_\_\_\_

Task 2 **Make a presentation.** Listen and take notes. Then report the information you get to your class.





**Task 3** Answer questions. Listen to the questions and complete the answers with your own information.

1. Yes, \_\_\_\_\_.
2. I feel \_\_\_\_\_.
3. Yes, \_\_\_\_\_.
4. I live in \_\_\_\_\_.
5. There are \_\_\_\_\_.
6. It is \_\_\_\_\_.
7. It is \_\_\_\_\_.
8. At \_\_\_\_\_.

### Activity 2 Interactions

**Task 1** Listen and repeat.

dorm /dɔ:m/ *n.* 宿舍 (=dormitory)  
 freshman /'freʃmən/ *n.* 大学一年级学生  
 frustrating /frʌ'streɪtɪŋ/ *a.* 使人沮丧的, 令人泄气的  
 detailed /'di:teɪld/ *a.* 详细的  
 brilliant /'brɪljənt/ *a.* 妙的, 好的  
 sophomore /'sɒfəməʊ/ *n.* 大学二年级学生  
 lonely /'ləʊnli/ *a.* 孤独的  
 helpless /'helpɪls/ *a.* 无助的

aspect /'æspekt/ *n.* 方面  
 lack /læk/ *v.* 缺乏, 没有  
 socialize /'səʊʃəlaɪz/ *v.* 参加社交活动; 使适应社会需求  
 at ease 安适, 自在  
 get used to 习惯于; 适应  
 spare time 空余时间  
 class master 班主任  
 student organization 学生组织



**Task 2 Listen and complete.**

**Dialogue One**

*Listen and complete the dialogue by choosing the best answers. Then listen and repeat.*

*(Meeting a freshman on campus.)*

A: Hey, Xiaohua! Nice to see you again! How's your new life on campus?

B: Hi, Dashan. Well, not bad. How about you? Have you 1) \_\_\_\_\_ everything?

A: I'm enjoying myself here very much. There are so many friendly people around to talk with. That's really wonderful, don't you think so?

B: Yes. My roommates and I have become close friends and we are living a 2) \_\_\_\_\_ dorm life.

A: That's great. But there is a problem which I find a bit frustrating. I don't know 3) \_\_\_\_\_ in my spare time. And there is so much spare time!

B: Me too. This is so different from high school. So my class master told us to make a 4) \_\_\_\_\_.

A: A study plan? Sounds interesting! How do you make one?

B: It's really simple. You see. I just 5) \_\_\_\_\_ the things I have to do every day. In this way, I know what to do at what time.

A: That's a brilliant idea! I'll try to do the same. Well, I have a lecture to attend now. See you!

B: See you!

- a. happy and colourful
- b. what to do
- c. detailed study plan
- d. got used to
- e. make a list of



**Dialogue Two**

*Listen and supply the missing words. Then listen and repeat.*

*(Li Lei, a freshman, is talking with a sophomore.)*

A: Hey, Li Lei! How is everything going?

B: Just so-so. I feel 1) \_\_\_\_\_ without my parents and friends around. I don't know what to do.

A: Well, I can fully understand your feeling. However, you should know that the sooner you adapt to your new environment, the more 2) \_\_\_\_\_ you'll be.

B: I know, but I lack confidence in myself in this totally

new environment.

- A: I think you should talk to your roommates and classmates and share ideas with them. They may have the same problems.
- B: Good idea! Thank you.
- A: You are welcome. And you can join some 3) \_\_\_\_\_.  
I'm sure you can make new friends there.
- B: Well, I'm afraid it will take me too much time to 4) \_\_\_\_\_ their activities.
- A: I can't agree with you there. We are not here to study only. We need to develop ourselves in all aspects, including 5) \_\_\_\_\_.
- B: Oh, I get it. Thank you very much for your suggestions.
- A: It's my pleasure. If you have any questions, don't hesitate to ask me.
- B: OK. Thanks again.



**Task 3** Have a try: Role-play the dialogues.

Work in pairs or groups. Each plays a part. Read the dialogues loudly until you can learn them by heart. Then act them out.



**Task 4** Just do it: Make up your own dialogue.

Make up a similar dialogue with your partner and present it to the class. Use the following as clues.

**Situation 1:**

You meet another freshman in the library and start a conversation.

For your reference:

1. Hi! Aren't you... ?
2. Are you in the same class with me?
3. It seems that the library is not new to you any more.
4. How did you do that?
5. It took me a lot of time to adjust to the college life.
6. I have been too busy with my studies recently to look around.
7. I think adapting to the new environment is as important as attending lectures to freshmen.





- I'll try my best to adjust myself to the new environment as soon as possible.

**Situation 2 :**

Two roommates are talking about the club activities on campus, where various clubs and societies are recruiting freshmen as new members.

For your reference:

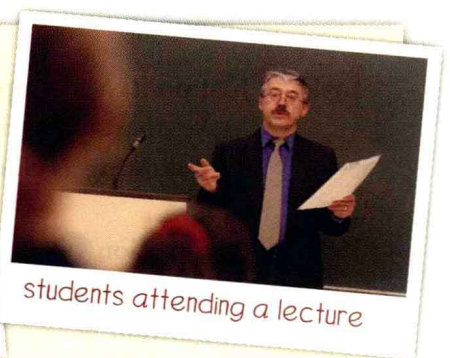
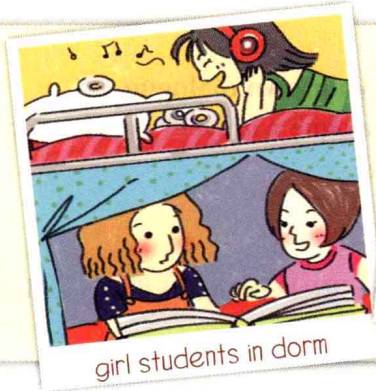
- Did you notice that... ?
- Many clubs are recruiting new members these days.
- Joining clubs may affect your studies.
- To tell the truth, it's not easy to balance studies and social activities.
- For example?
- You'll make some new friends, learn new skills, and feel more connected to your school.
- It can help you cope with homesickness and adapt to the new environment soon.
- I'll go to consult some upperclassmen for their advice.

**Task 5 Challenge yourself: Ask questions.**

Look at the pictures and ask each other questions about them with your partner. Use the words as clues. They may be used as answers to your questions.

**A**

college students' daily life  
get used to  
colourful dormitory life  
various lectures to attend



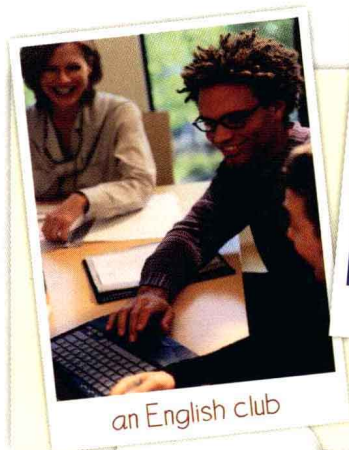
How many questions did you ask your partner?

- 1    2    3    4    5

How many questions did you answer?

- 1    2    3    4    5





an English club



a club meeting

B

- join a club on campus
- practise speaking English
- recruit new members
- collect some ideas
- make college life more colourful and meaningful

How many questions did you ask your partner?

1    2    3    4    5

How many questions did you answer?

1    2    3    4    5



### Activity 3 Listen Out

#### Task 1 Listen and repeat.

- apartment /ə'pɑ:tmənt/ *n.* 一套房间
- balance /'bæləns/ *v.* 平衡
- confused /kən'fju:zd/ *a.* 困惑的
- social activities 社会活动
- deal with 处理, 对付
- phone booth 电话亭
- fill out 填写

**Task 2 Listen and judge.** Listen to the 5 short conversations and tell whether the statements are true or false. Write T for true and F for false.

1. The freshman knows where his dormitory is. ( )
2. Zhang Lei lives with four roommates. ( )
3. Wang Hao is a freshman. ( )
4. Xiao Yu knows her surroundings very well. ( )
5. It's a good idea to make a study plan. ( )



**Task 3 Listen and decide.** Listen to the dialogues and choose the best answers.

**Dialogue One**

- 1
- A. They live in the same dorm.
  - B. They knew each other before.
  - C. They feel confused about the big campus.
  - D. They are in Building 7.

- 2
- A. It's behind Building 7.
  - B. It's not far from their dorm.
  - C. It's in front of the phone booth.
  - D. It's near the teaching building.

**Dialogue Two**

- 3
- A. It's actually the same as high school.
  - B. There is no big difference between college and high school.
  - C. It differs from high school in many ways.
  - D. There is only one difference between college and high school.

- 4
- A. There is more homework to do in college.
  - B. College teachers make their students work hard.
  - C. College students need to be more independent.
  - D. There are more social activities at college.

- 5
- A. Spending more time on studies.
  - B. Finding an ideal place to study.
  - C. Making a good study plan.
  - D. Getting used to the college life quickly.

**Task 4 Listen and complete.** Listen to the passage and fill in the blanks.



It is known that the first few weeks in college are extremely important for all freshmen. It is 1) \_\_\_\_\_ that you make critical decisions which will influence the rest of your life. You will need to 2) \_\_\_\_\_ many things, which might be difficult and takes a long time. A roommate can keep you company (陪伴) and help you adjust to 3) \_\_\_\_\_. Once in college, you are considered 4) \_\_\_\_\_ in