

青春阅读

Easy  
Reading (I)

(英语版)

轻松阅读世界  
(上)

在阅读理解的结合中体会自然天地的动人美丽，  
于思考练习的贯穿里感受英语的无限魅力。

孙忠杰 编

远方出版社





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# 前 言

随着科学技术的进步,越来越多的视听手段被用于外语教学与学习,然而对于广大学生来说,书本的阅读仍然是接触外语最主要的渠道。除了课本之外,相应的阅读材料对于学生拓宽视野和提高阅读能力也是必不可少的。

学习语言的目的在于运用,而阅读能力的高低是语言运用能力的一项很重要指标。读书多了,阅读能力才会逐渐提高。频繁接触,不断摄入,由熟悉到模仿,再由模仿到创造,语言的表达能力也就提高了,这是语言学习的必经之路。

如何阅读,是一个非常个性化的问题。这里涉及读者的水平、文章的深浅、篇幅的长短、内容的重要性以及趣味性等等,不能笼统而言。遇到生词一一查阅词汇表或辞书固不可取,但只读而不求甚解,浮光掠影一晃而过也不可取。至少有一点必须明确,那就是读了就要求读懂,否则就等于没有读过,这里的“懂”首先是了解大意,包括每一段的要领。从学习的要求来看,还应该力求理解每一个句子。为了确切理解,有

时根据上下文猜测一下,或是停下来查阅一下参考书都是无可厚非的。关键是摸索出行之有效的阅读方法,让自己受益。

为此,我们编写了《青春阅读》丛书。本丛书取材广泛得当,具有鲜明的时代特色,可读性强,可使读者增强对现代英语的感受,增长国外社会与文化方面的知识。本丛书符合中学生的英语水平,便于中学生阅读,从中受益。

本丛书材料选编涉及面广,限于时间及编写水平,有误之处在所难免,欢迎广大读者朋友们批评指正,以便今后完善。

编 者



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## Unit 1 Good Friends

### 先通读,后细读

阅读一篇文章,最好采用先通读、再细读的策略。首先要快速浏览全文,这一点非常重要。因为一篇文章是一个整体,是围绕一个中心思想组织的。如果我们了解了文章大体讲的是什么,有了整个篇章的结构模式,就有利于我们理顺句子或段落间的关系,准确地把握文章的主旨,同时也有利于我们在解题过程中有重点地细读部分内容。

一篇文章无论长短,要做到一口气读下来。对于

生词,只要不妨碍我们理解主要内容,可暂时放下不管。如果我们读读停停,左顾右盼,往往会把文章完整的体系读破了,有碍于对文章整体的理解。在掌握了文章的大体内容后,我们再根据需要解答的问题逐句细读,认真分析词义及句子结构,从而更准确地把握文章的具体内容。



## 阅读理解

### Passage A

An old friend from California called from the airport to tell me that he had arrived. I was not able to leave the office, but I had made plans for his arrival. After explaining (解释) where my new house was, I told him that I had left the key under the doormat (门垫). Since I knew it would be pretty late before I could get home, I suggested that he make himself at home and help himself to anything that was in the refrigerator (电冰箱).<sup>①</sup>

Two hours later my friend phoned me from the house. At the moment, he said, he was listening to some of my records after having had a delicious meal.

Now, he said, he was drinking a glass of orange juice. When I asked him if he had had any difficulty finding the house, he answered that the only problem was that he had not been able to find the key under the door-mat, but luckily, the living-room window by the apple tree had been left open and he had climbed in through the window. I listened to all this in great surprise.<sup>②</sup> There is no apple tree outside my window, but there is one by the living-room window of my next-door neighbors house!

根据文章内容,选择正确答案:

1. An old friend of mine called \_\_\_\_\_.
  - A. to tell me to meet him at the airport
  - B. to tell me about his arrival
  - C. to ask me to leave the office
  - D. to ask me to make plans for his arrival
2. My friend climbed into the room because \_\_\_\_\_.

- A. there was an apple tree outside
  - B. the living room window was left open
  - C. he had difficulty opening the door
  - D. he hadn't found the key
3. My friend telephoned me two hours later

- \_\_\_\_\_ .
- A. from my home
  - B. at the airport
  - C. in his office
  - D. from my neighbors house

译 注

① I suggested that he make himself at home and help himself to anything that was in the refrigerator.

我建议他不要客气,随意吃冰箱里的东西。

② I listened to all this in great surprise.

我很吃惊地听着这一切。

in surprise 意为“吃惊地”。

## Passage B

If you know me well, you know I don't like birthday parties. At least, I don't like birthday parties given for me.<sup>①</sup> I enjoy them when they're for other people, but when they're for me, I just don't like them.

I remember one birthday party some friends of mine had for me when I was a student at the university. Of course, I had told my best friend Henry that I didn't want a party and I made him promise he wouldn't do anything. He agreed. I should have known better than to believe him.<sup>②</sup>

On the day of my birthday, we got home from school at about, oh, I don't know, three or half past three. We went inside and as usual I went into the bathroom and started to close the door when suddenly from behind the shower curtain (浴帘), a kind of strange female (女) voice started singing, "Happy

birthday to you, happy birthday to you.”

And then from all over the room, people joined in. There were about fifteen people hiding everywhere in the room.

They had got my roommate's key and got in earlier. They had all planned to come out of the hiding place just at the same time while singing. I guess I really upset their plans by going in just to wash my hands. ③

根据文章内容,选择正确答案:

1. Which of the following sentences is NOT true?

A. I got home from school at 3 or 3:30 on the day of my birthday.

B. I dislike birthday parties held for me.

C. Henry agreed that he would not do anything on my birthday.

D. I knew there were some of my friends hiding in my room.

2. I usually went into the \_\_\_\_\_ when I got home

from school.

- A. living-room                      B. bedroom  
C. bathroom                        D. dining-room

3. What did my friends plan to do?

A. They planned to leave the room as soon as possible.

B. They planned to sing as loudly as they could.

C. They planned to eat in the bathroom.

D. They had planned to come out of hiding places together.

### 译 注

① At least, I don't like birthday parties given for me.

至少我不喜欢为我开的生日晚会。

② I should have known better than to believe him.

我本应知道他做什么而不该相信他的。

should have known 是虚拟语气,意为“本应知道而未知”。

③ I really upset their plans by going in...

我进去只是洗一下手,却真的打乱了他们的计划。

by doing sth. 通过做某事的方式。

### Passage C

In choosing a friend, one should be very careful. A good friend can help you study. You can have fun together and make each other happy. Sometimes you will meet fair-weather friends.<sup>①</sup> They will be with you as long as you have money or luck, but when you are down, they will run away. How do I know when I have found a good friend? I look for certain qualities (品质) of character, especially understanding, honesty and reliability (可靠).

Above all else, I look for understanding in a friend. A good friend tries to understand how another person is feeling. He is not quick to judge. Instead, he tries to learn from others. He puts himself in the other person's place, and he tries to think of ways to be help-

ful. He is also a good listener.

At the same time, however, a good friend is honest. He does not look for faults (过错) in others. He notices their good points. In short, a friend will try to understand me and accept me.<sup>②</sup>

Another quality of a friend is reliability. I can always depend on (信赖) a good friend. If he tells me he will meet me somewhere at a certain time, I can be sure that he will be there. If I need a favor, he will do his best to help me. If I am in trouble, he will not run away from me.

There is a fourth quality that makes a friend special. A special friend is someone with whom we can have fun.<sup>③</sup> We should enjoy our lives, and we would enjoy our friendship. That is why I especially like friends who are fun to be with. A good friend likes the same things I like. We share experience (经验) and learn from each other. A good friend has a good sense of humor (幽默), too. He likes to laugh with me. That



is how we share in the joy of being friends. And I know that he is looking for the same quality in me.

When I meet someone who is reliable, honest, humor and understanding, I know I've found a friend!

根据文章内容,选择正确答案:

1. Which of the following qualities the writer thinks is the most important in choosing a friend?

- A. Understanding.      B. Honesty.  
C. Reliability.      D. A sense of humor.

2. If you have fair-weather friends, \_\_\_\_\_.

A. they will give you all that they have when you need help

B. you will be refused when you get into trouble

C. you will become rich

D. you can be sure that you get real friends

3. Good friends need to \_\_\_\_\_.

A. always point out each others mistakes

B. be helped with money