

中国顶尖的四级老师——



考天下名师团 编

格林 主编

大学英语1500题 四级考试

1500 Vocabulary Exercises
for Passing CET-4

词汇过关训练

一线名师担纲主编，高频核心词汇一个不漏

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前言

目前大学英语教学中不同程度地存在着重知识轻能力的现象,一些学校教学模式单一,教学多以教师讲解课文、词汇和语法知识为主,语言输入量偏小,听说方面的训练不足。学生的阅读能力有所提高,但许多学生听说能力提高不大,离社会的需求还有一定的距离。再加上一些其他的原因,很多学生厌恶英语学习。英语是一种语言,语言学习的关键是使用。在用中学习,在学习中巩固,英语就会变得容易。

“定位”是背单词的首要选择。现如今英语单词记忆的方法各种各样,比如逻辑记忆、联想记忆、分类记忆、循环记忆、卡片记忆、感官记忆、软件记忆、构词记忆、图表记忆、游戏记忆、歌曲记忆、阅读记忆、同义记忆、反义记忆、词典记忆、商标记忆、比较记忆、理解记忆、联系记忆、综合记忆等,面对这些各式各样的记忆方法,以及林林总总的单词书籍,我们该如何取舍呢?毋庸置疑,无论哪种方法都不能完全适用于所有单词的记忆!换句话说,不同类型的英语单词应该用不同的方法去记忆;不同功用的单词也要用不同的方法去记忆。在英语考试中,无论是哪种题型,其核心都是考查学生对重点单词、语法的理解和掌握程度。考试就是对知识的抽查!聪明的学生一定会领悟这一道理,他们往往把主要精力放在经常考到的内容上,有重点地进行复习!

本书以最新大纲为依据,共收录词汇 1000 多个,所有词汇科学地按照词频分为 45 天,每天约 20 至 30 个单词,形式包括选择题、填空、配对。本书涵盖历年四级全真试题,补充历年考研试题中所含四级词汇的全真题,以及大量仿真题。对书中的每一道全真题,我们都逐项分析、释义,以便读者掌握。对考察同义词和反义词的试题,我们对选项进行了分析和比较,以便读者区分。

本书的选题、分析、释义,重点皆放在英语的基础知识上,力求避免“猜题”的盲目性,对读者阅读理解和写作水平的提高亦有裨益。

找到合适的背单词方法对于同学们应对四级考试非常的重要,一旦掌握了相当的词汇量,那么你学习英语的迷茫将在某种程度上得到很大的解决。无论你曾经的起点是什么,基础有多差,从今天开始的 45 天内,只要认真学习此书,那么单词将不再成为你英语四级考试的障碍。

编者

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学习目标

provide ⁶¹	product ⁵⁹	consumer ⁴⁸	likely ⁴⁶
merit ⁴²	sign ⁴¹	result ⁴⁰	section ⁴⁰
customer ³⁷	stress ³⁶	tend ³⁵	behavior ³³
claim ³³	financial ³¹	global ³¹	employee ³⁰
economic ²⁸	involve ²⁸	organization/-isation ²⁸	community ²⁶
influence ²⁶	issue ²⁶	technology ²⁶	academic ²³
adopt ²³	comprehension ²³	contact ²³	

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学习目标

immigrant ⁶	impress ⁶	item ⁶	judg(e)ment ⁶
launch ⁶	manufacturer ⁶	military ⁶	minimum ⁶
neglect ⁶	pension ⁶	politician ⁶	pollute ⁶
principle ⁶	recover ⁶	reduction ⁶	reflect ⁶
gardless ⁶	release ⁶	release ⁶	reliable ⁶
rely ⁶	remark ⁶	routine ⁶	scale ⁶

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学习目标

legislation ³	liable ³	loan ³	location ³
mainstream ³	manufacture ³	mature ³	mechanic ³
mechanical ⁶	mere ⁶	moreover ⁶	muscle ³
mysterious ³	naturally ³	occupy ³	offend ³
oppose ³	origin ³	parallel ³	participate ³
peculiar ³	peer ³	prohibit ³	recession ³

第 4 天	34
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学习目标

browse ¹	certificate ¹	characteristic ¹	characterize ¹
childlike ¹	circular ¹	collision ¹	combination ¹
commission ¹	commute ¹	compensation ¹	component ¹

compress ¹	condemn ¹	confine ¹	conscience ¹
consent ¹	consequently ¹	consultant ¹	contradiction ¹
conviction ¹	creature ¹	cripple ¹	crude ¹

第 5 天 38

学习目标

harden ¹	haste ¹	haul ¹	headquarters ¹
healthcare ¹	hearing ¹	heave ¹	heir ¹
heroism ¹	hinder ¹	holy ¹	horror ¹
hound ¹	hourly ¹	housing ¹	humorous ¹
impartial ¹	imperial ¹	implicit ¹	impulse ¹
inadequate ¹	index ¹	infect ¹	injection ¹

第 6 天 41

学习目标

a valid	abandoned	ability	above all
absent	absolutely	absorbed	abuse
academic	accelerated	access	accommodation
accomplished	accommodation	accordance	account
accumulated	accurate	accused	acknowledgement
acquainted	acquires	across	acute

第 7 天 45

学习目标

adapt	adapted	added	added up to
adequate	adhere	adjusted	adopt
advocates	affected	afford	after all
against	aggressive	agreed upon	all in all
allowances	altering	ambition	answer for
ambitious	amid	amount	amounts
an emergency	an only	an order	annually

第 8 天 49

学习目标

anticipate	anticipated	anticipating	anticipation
apart	appeal	appliances	applications
apply	appreciated	appreciation	appropriate
approximately	arbitrary	arisen	artificial

as	as a result of	assembled	assessed
associated	association	assume	assumed
assured	at ease	at heart	at intervals

第 9 天 53

学习目标

at large	at length	at stake	attached
attained	attempt	attraction	attributed
available	average	avoid	awake
awarded	aware	away with	awkward
back down	bag and baggage	balance	bare
bargain	bargains	barrier	be thankful for
beamed			

第 10 天 57

学习目标

before	being buried	bends	beneficial
bet	between	beyond	bitterly
blank	bold	bored	bothered
bound	bound to	breeding	bring down
broke away	broke down	broke out	broke up
brought about	budget	burst	but
but for			

第 11 天 61

学习目标

by	by far	by no means	by occupation
call forth	called off	calls for	came off
came to	cancel	candidates	capability
capacity	carried away	carries	carry through
case	casually	catch on	cautious
ceased	cement	challenged	charge

第 12 天 65

学习目标

charging	cheating	cheerful	cited
civilized	cleared up	climate	clue
code	collapsed	combines	come across
come round	come up	come up with	coming across
commitment	committed	company	competent at

competitive	composed of	concealed	concede
concerned	condemn	condense	conduct
confident	confines		

第 13 天 69

学习目标

confirmed	conflicts	confronting	conquest
consenting	conservative	considerable	considerate
consideration	considerations	considered	consistent
consists	consists of	constant	constitutes
constructed	consultant	consume	contemporary
content	contested	continually	continuous
contracts	contrary to	contrast	contribute to
contributed			

第 14 天 73

学习目标

controversy	convenient	conventional	convert
convey	conviction	convincingly	cope with
corresponds to	costly	counsel	count on
crashed	created	crew	crucial
crude	cruising	current	cut down
cut him short	cut off	damage	

第 15 天 77

学习目标

decay	deceived	decent	decline
declined	decorate	defect	defending
definite	delegates	delete	delicate
delivered	denied	densely	density
dependent	depositing	depressed	deputy
derive	descend	deserve	desperation
despite	details		

第 16 天 81

学习目标

died away	died down	digests	dimmed
discharged	discounted	disharmony	dismissed
displayed	disposal	dispose of	disputed
distinct	distinction	distinguishes	distributed

disturbed	do away with	doing away	dominate
done up	doubt	drafted	drag
draw	drift	driving at	dropped out
dropping off			

第 17 天 85

学习目标

due	dumb	dust	economic
effective	efficient	elaborate	elbowed
elect	elegant	embarrassing	emergency
enable	enclose	encouragement	endure
enforced	enhance	ensure	entertained
entitled to	entitles	environment	equivalent
essentially	established on		

第 18 天 89

学习目标

estimate	even if	event	evident
exaggerated	exceedingly	except for	exception
excessive	exclaimed	excluded	exclusion
exclusive	exclusively	executed	exert
exhausted	exhibit	expenses	experimental
exploiting	explore	explored	exposed
exposure	extended	extensive	

第 19 天 93

学习目标

extent	external	extra	extremely
face	face up to	facilities	factor
faculty	fairly	faithfully	fall into
fall through	fallen out	fame	fatal
fatigue	fault	feature	fiction
figure	figure out	file	filter
finally	financial	flames	flash
flexible			

第 20 天 97

学习目标

fluent	for certain	for good	foreign
formerly	fortunes	fraction	fragments
frank	from	frowns	function

fundamentally	furnishes	further	gain
gap	gave way	geared	generate
generous	genuine	gesture	give away
give in	give up	given	given off
given rise to			

第 21 天 101

学习目标

glimpse	glowed	go in for	go into
go off	go over	go through	gone in for
got down	got over	got round to	got through
gradual	grip	gross	grounds
guarantee	guilt	gymnasium	hard on
handed down	handy	hang on	harboring

第 22 天 105

学习目标

harm	harmony	harsh	having been given
having told	heap praise upon	hearing	heavily
held	held up	hesitate	higher than the density
hinted	hold back	hold on	horizons
hostile	hurt	identical	identified
identify	idle	idleness	if I make
ignorant	ignores	ill humor	illustrate

第 23 天 109

学习目标

imaginary	immense	impact	imply
imposing	impressed	impressive	improve on
in	in accordance with	in addition to	in case
in contrast to	in good time	in honor of	in memory of
in no way	in other words	in private	in question
in regard to	in relation to	in response to	

第 24 天 113

学习目标

in return for	in spite of	in terms of	imply
in the way	in the way of	in time	in vain
in view of	inadequate	increasingly	incredible

indebted to	indifference	indispensable	individually
inevitably	infer	inferior	

第 25 天 117

学习目标

inferior	ingredients	injured	inquire
insights	inspection	inspired	inspires
install	instinct	institution	intellectual
intense	intensive	intensively	intentionally
interfere in	interference	interior	interpret
intervals	intimate	into	invented
investigate	involve	irrelevant	is bound to
isolated			

第 26 天 121

学习目标

it was not worth the effort doing the job			
jam	justify	keep off	keep up
keeping up with	killed off	knots	label
laid aside	laid down	laid off	late
latest	latter	lay off	lead to
lean	legal	let alone	let down
let him down	let off	let out	liable
linked with			

第 27 天 125

学习目标

live	loaf	locate	lodgers
look into	look on	loyalty	lump
luxurious	luxury	made for	made over
made up of	maintained	maintenance	make up
make up for	manners	manually	margin
massive	mates	matter	may as well
mean	mechanism	media	

第 28 天 129

学习目标

medium	mend	mending	minimum
misled	missing	mobile	moderate
monitored	mood	motive	mounted

multiply	navigation	nearly	necessity
needn't have interrupted		negative	neutral
none but	nonsense	notion	now that
nuisance	objects	objects to	obligation
obliged	obliged to		

第 29 天 133

学习目标

observe	occasionally	occasions	occupation
occupied	occurred to	of	of all
off	offend	offering	omit
on	on condition	on purpose	on the contrary
on the spot	opponent	optimistic	

第 30 天 137

学习目标

optimistically	optional	ordinary	origin
original	other than	out of	out of question
out of stock	outwardly	over	overall
owe	owing to	pains	paraded
partial	participation	pass through	passed out
passion	passive ... about	patience	patient
patterns	peas	peculiar	penalty

第 31 天 141

学习目标

pensions	perceive	percentage	persisted
personnel	perspective	physician	pick up
pierced	piled on	pinch	planets
pledge	plentiful	plunged	popular
portion	position	potential	pouring
practically	predicted	preface	prescribing
present	preservation	pressed	pressure
presumably			

第 32 天 145

学习目标

previous	primary	primitive	principal
prior	prior to	priority	privilege
proceed to	proceeded	process	processed
profession	profit	profitable	program
prominent	promote	prompted	proof

prospect	protective	provided	provided that
provision			

第 33 天 149

学习目标

provoked	pulled up	pumped	purchasing
pursuing	put away	put forward	put me off
put off	put up	put up with	puzzled
qualify	race	raised	ran over
range	ranged	ranked	rather than
rather than hold	rather too	rational	

第 34 天 153

学习目标

raw	reach	reason	reacted
receipt	recession	refer to	refine
reflection	refreshed	refusal	regarded
regardless of	register	regrettably	reinforcing
rejected	relationship	release	released
relevant	relief	rely on	reputation
reservation	reserve		

第 35 天 157

学习目标

resigned	resolved	resort	resorted to
resources	respectable	responsible	restricted
result in	resume	resumed	retain
retreat	reveal	revenues	reverse
rewarding	rid themselves of	ripe	rise
rival	romantic	rope	rose

第 36 天 161

学习目标

rough	run out of	run over	running
sacrificed	sake	saw through him	scale
scanned	scarce	scenery	scholarship
scope	scrape	scratched	seated
secondary	secure	see to	seeing that
select	sense	sensitive	sentence
separating	sequence	session	

第 37 天 165

学习目标

set about	set aside	set back	sheer
shield	shifted	shortage	show off
show up	shrank	shrink	shrank
shrug	sight	signal	sketch
skimmed	slender	slicing	smashed
so selfish as to	sole	solemn	solution

第 38 天 169

学习目标

somewhat	span	species	spectacular
spot	sprays	stack	stain
stake	stand up to	standardized	status
stay	steer	steering	steps
stiff	stimulate	stove	strange
streams	strengthens	stretching	stuck to
stung	subject	subjected to	

第 39 天 173

学习目标

substance	substantial	substitute	succession
successive	sucked	sufficient	sum up
superficial	supply	supposed	surprised
surprisingly	survive	sustain	swell
swift	switched	symbol	sympathy
symptoms	synthetic	tackle	take in
take into account	take on	take to	

第 40 天 177

学习目标

take up	taken over	takes after	takes effect
talent	talk	tame	tedious
temper	tender	tension	term
the instant	their country having been invaded		thread
threatening	thrived	through	throughout
throwing	thus	tidying up	tired

第 41 天 181

 学习目标

to	to dealing	to live up to	tolerable
tolerance	tolerate	took to	transfer
transformation	transformed	transmission	transmitted
transmitting	trap	trembled	

第 42 天 185

 学习目标

trend	triumphantly	turn in	turn up
turned down	turned in to	turned out	turned to
turned up	under	undergoing	unexpected
unexpectedly	unique	unlike	urgent
vacant	vague	vapor	variation
variety	various	vary	venture

第 43 天 189

 学习目标

verify	very likely	vice	victim
view	vigorous	vigorously	violence
virtually	virtues	visible	visual
vivid	wait on	was to blame	went into
were prohibited		weren't supposed	
whereas	whichever	while	with

第 44 天 193

 学习目标

with reference to	withdraw	without	witnessed
work out	work up	working	worn off
worth	worth your while	worthy	wrecked
write off	yielded	worm	worn
worse	worsen	worst	worthwhile
worthy	wound	wrap	wreck
wrist	zoned		

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大学英语四级词汇背诵方法介绍

一、四级词汇总量分析

大学英语四级考试对词汇的要求是记忆 4200 个单词以及由这些词构成的常用词组。根据研究分析大学英语四级考试历次真题,我们将四级词汇分为核心词汇和非核心词汇。核心词汇四级考试试题中出现频率较高的词和词汇考查重点,以及本身带有词组较多的词和多与其他词类搭配的词,有特殊用法的词,考生可能不太熟悉的词。非核心词汇包括中学阶段可能已经掌握的词,只有一个意思,且仅表示某一名称的词和专有名词,因为这些词除非在阅读理解中外,一般不会被设计成词汇试题。大纲要求的常用词组(查看词组和搭配)经过统计,共有 1617 条,这些词组往往是考查的重点,它们要么出现在词汇试题中,要么出现在完形填空中,应该是记忆的重点。

二、词汇背诵方法介绍

1. 构词记忆法

利用构词法记忆单词,可以记忆成串,以一带十,同时更便于辨别词性,在造句时不易产生错误。下面介绍三种构词的主要形式:

(1) 派生法

有的单词加上前缀或后缀,会形成一个新的单词,只要牢牢记住词根,再记准要加的前缀、后缀的意思,一个或几个新词便记住了。类似的词根有很多。在这里我们仅举几例,以便帮助读者快速、牢记单词。

advan = forward 在前,向前; add = to put to 加上; aer = air, space 空气,天空,太空; ag = to do, to move, to conduct 做,搅动,引导; alter = to change 改变; ampl = large, spacious 宽,大; ann, enn = year 年; art = skill 技艺; cur(e), sur(e) = care 操心,关注,安全,照看,医治; dic, dit = to speak 讲,说; form, forma = format = shape, figure 形成,模式。

除了词根以外,英语单词当中还有很多词缀(包括前缀,后缀),这些前缀和后缀在单词当中出现得非常频繁。记住了这些单词的前缀和后缀再加上词根的帮助,记忆单词就不是一件无序的事情,而是一件有众多规律可循的事情。派生法特点是充分利用单词的构词规律,通过掌握一组单词的共同词根或词缀,达到成串记忆单词的目的。比如知道 able, abil 的意思是 capable 能,就可以知道 able, enable, unable,

ability, capable 等都是和能力、才干有关系的; 如果知道 $act = to\ do, to\ drive$ 做, 干, 驱动, 那么记忆 $act, action, actor, actress, active, activity, activate, actual, exact, reactor, interact, transaction$ 等就非常简单了。知道了 $part = to\ separate$ 的意思是分离, 分开, 更可以记住一长串单词: $parcel, park, partly, partial, partner, party, participate, participant, particle, particular, apart, apartment, department, compartment, depart, part, partion$ 。下面举些例子仅供参考。

A) 前缀记忆法

所谓前缀记忆法, 就是把前缀同其后面的词(不是词根)分开, 达到记一个词就等于记住两个词的目的。

$il-$ 表示“不, 非”

$illicit$ 违法的

$licit$ 合法的

$mal-$ 表示“不, 非”

$maladroit$ 笨拙的

$adroit$ 灵活的

B) 后缀记忆法

所谓后缀记忆法, 就是把后缀同其前面的词(不是词根)分开, 达到记一个词就等于记住两个词的目的。

$defend$ 维护

$defendant$ 被告

$assist$ 援助

$assistant$ 助手

这种记忆方法的优点是, 可以充分利用单词之间的形式和意义联系, 对大量的词汇进行模糊记忆, 这里的模糊是指, 只要知道某个单词中包含有某个认识的词根或词缀, 就可以大致知道该词的大致意义或词性, 从而大大提高阅读理解能力。相应地, 在做词汇题或阅读理解中的上下文中词汇题时, 也能根据词根、词缀做出正确的判断。

(2) 合成法

两个或更多的词合在一起组成一个合成词, 该合成词的意思可根据构成它的几个词的意思推想出来, 因此积累、整理出一些合成法则, 对阅读、理解、翻译和记忆单词均大为有益。

(3) 转化法

有些单词, 词形不变, 词性却可由一种转化为另一种。如: $empty$ ($adj.$ 空的) $empty$ ($vt.$ 倒空), $face$ ($n.$ 脸) $face$ ($vt.$ 对面)。