

全国普通高等学校优秀教材一等奖 第一版



“十二五”普通高等教育本科国家级规划教材

Listen

(Student's Book)

5

This Way

(学生用书)

英语听力教程

第三版

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高等教育出版社

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修订说明

本教材自出版以来得到了许多高校师生和社会上广大英语学习者的支持和厚爱。为进一步适应时代发展和学习者的需要，在对本套教材进行第二次修订时，我们根据听力教材的内容特点确定了以更新部分素材为主的工作原则，对部分练习进行了调整，同时结合教学实践中的反馈信息，增加了视听拓展训练。就全套教材而言，本次修订的幅度在30%以上，主要反映在以下四个方面：

1. 更新和充实了新闻、科技等领域的内容，较好地保持了教学内容的发展性和新鲜性。
2. 调整了部分教学和练习内容的编排顺序，使整个教学体系在容量和难度上更加平衡，也更符合教学实际。
3. 改进了部分教学内容的录音，提高了有声语言的教学效果。
4. 新增了视听练习，以满足多样化的教学需求。

全书视频内容请到中国外语网（www.cflo.com.cn）的教师资源模块下载使用。音频内容可在高等教育出版社的Abook学习卡资源服务网络中获取（<http://abook.hep.com.cn>），具体方法可参见郑重声明页中的“Abook学习卡资源服务网络使用说明”。

修订工作得到了华东师范大学和高等教育出版社的大力协助，在此致以诚挚的谢意。

编者
2015年10月

第一版前言

“听”是语言交际的一个重要方面。在对外交往中，听力水平的高低直接影响着人们相互理解的程度和工作效率。随着国际交流日渐频繁和电信技术迅猛发展，提高英语听的能力显得尤为重要。本教材正是为了适应时代的发展和英语教学的需要而编写的。在编写中，我们努力借鉴国内外近年英语听力教学的研究成果，在总结几十年教学经验的基础上，遵循本课程的教学理论和原则，针对中国学生英语听力学习的特点，进行了新的尝试。本教材可供高等学校英语专业一至三年级的学生使用，同时适合师范专科、教育学院、广播电视大学、成人高校英语专业的学生及社会上的广大英语自学者使用。

本教材在编写中努力体现以下两点：

1. 以培养听力技能为主线。通过系统的听力技能的单项训练及综合训练，培养学生的快速反应、准确辨别、分析推理、归纳总结、信息处理及记录和记忆等能力。

2. 力求听力材料的语言真实性、典型性和实际应用性。听力理解与学习者的知识水平，特别是与他们的语言和社会文化知识的水平密切相关，本教材注重在不同阶段选择既与技能训练匹配又与学生求知兴趣相称的素材。

全套教材共分6册。每册配有教师用书和6盒录音带。前4册以单项技能训练为主，配有一定量的综合训练，题材接近生活和工作实际，由近及远，涉及的面较宽；后两册以综合技能训练为主，同时针对中国学生在英语听力学习中的难点、重点进行反复训练，题材以反映社会、科技领域的新发展为主。教师用书的内容包括教学提示、练习答案和全部录音带内容的文字材料。

“标”“本”兼治，以“标”求“本”是本教材的努力方向和目标。这里的“标”指的是教材及录音带中的全部教学内容与练习；这里的“本”指的是完成全部教学内容与练习之后留存于学生的内在智慧与能力。

本书为第五册，共包括12个单元，内容主要反映当今时代人们紧张、丰富的工作与生活方式以及他们对待某些社会现象的观点与态度。材料多数为正常语速的真实报道或录音。听能训练侧重检测学生在听的方面的综合应用能力。第五册的篇章结构与前四册有所不同，目的是突出其终结性的目标与要求。每个单元由4部分组成：

第一部分为准备性练习，列出了每个单元中生词较多的典型语句，以帮助学生在语境中猜测词义和听力材料的内容，从而使学生进入积极思维和听的状态；

第二部分和第三部分为每个单元的重点部分。其中第二部分称为Fast track（快行道），以提示学生主动应对更具挑战性的听力材料，通过刻苦训练和自我检测，达到较高水准，从而获得成功的喜悦。第三部分称为Independent listening（独立听），以引导学生大胆而富有信心地进行独立学习，逐步发展自己的英语听力技能。

第四部分对本单元的生词和词组进行归纳，以帮助学生复习巩固，克服听力教学中由于强

调瞬间记忆而忽视词汇积累和语言应用的倾向。教师可围绕本部分内容适当进行一些读、写、听、说的综合练习。

本教材主要供课内精听使用,每单元约需3学时。但是提高听力仅靠精听是远远不够的。希望教师针对各自学生的实际情况,有计划地指导并组织好课外泛听及其他相关的学习活动。只有精与泛、质与量的科学结合才可望实现英语听力水平的飞跃。

本教材的编写得到了教育部有关司处及许多兄弟院校的热情关心和指导。华东师范大学外语学院和英语系给予了经常性的支持和帮助。黄源深教授和虞苏美教授就本教材的编写提出了宝贵意见。美籍教师 Glen Chesnut 审阅了第五册全部书稿。参加录音的朋友有 Kristian Jansen Jaech、Sarah Lauer、Gillian Kitrick、Rachel Scepanski、Tim Hildgebrandt、Christina Ghanbarpour、Adam Davis 等。录音合成由赵金土和刘申完成。在编写过程中,我们还参阅过国内外一些有关书籍和教材,参阅书目详见 Acknowledgments。

编者谨向一切关心和帮助过本教材编写的同事和朋友致以衷心的感谢,并感谢高等教育出版社在整套教材的编写、插图、版式设计等方面所提出的宝贵意见和所做的大量工作。

由于水平有限,时间匆促,疏漏和不妥之处,敬请指正。

编者

1998年5月

CONTENTS

Unit 1	Treasure Pleasure	1
	Part I Getting ready	1
	Part II Fast track	2
	Part III Independent listening	9
	Part IV Reminder of key points in this unit	10
	Part V Watch and enjoy	11
Unit 2	What's On?	13
	Part I Getting ready	13
	Part II Fast track	14
	Part III Independent listening	19
	Part IV Reminder of key points in this unit	20
	Part V Watch and enjoy	21
Unit 3	Why the Sport?	22
	Part I Getting ready	22
	Part II Fast track	23
	Part III Independent listening	30
	Part IV Reminder of key points in this unit	31
	Part V Watch and enjoy	33
Unit 4	Buckle Up for Safety	34
	Part I Getting ready	34

Part II	Fast track	35
Part III	Independent listening	40
Part IV	Reminder of key points in this unit	41
Part V	Watch and enjoy	42

Unit 5 Advice on Survival 43

Part I	Getting ready	43
Part II	Fast track	44
Part III	Independent listening	47
Part IV	Reminder of key points in this unit	48
Part V	Watch and enjoy	49

Unit 6 What Do You Gain from Slowing Down? 50

Part I	Getting ready	50
Part II	Fast track	51
Part III	Independent listening	56
Part IV	Reminder of key points in this unit	57
Part V	Watch and enjoy	58

Unit 7 Changing Lifestyle 59

Part I	Getting ready	59
Part II	Fast track	60
Part III	Independent listening	64
Part IV	Reminder of key points in this unit	65
Part V	Watch and enjoy	66

Unit 8 The Green Image 68

Part I	Getting ready	68
Part II	Fast track	69
Part III	Independent listening	74

	Part IV	Reminder of key points in this unit	75
	Part V	Watch and enjoy	76
Unit 9	Saving Energy		78
	Part I	Getting ready	78
	Part II	Fast track	79
	Part III	Independent listening	83
	Part IV	Reminder of key points in this unit	84
	Part V	Watch and enjoy	85
Unit 10	Fighting Against Drugs		87
	Part I	Getting ready	87
	Part II	Fast track	88
	Part III	Independent listening	93
	Part IV	Reminder of key points in this unit	94
	Part V	Watch and enjoy	95
Unit 11	Review		96
	Activity 1	News items	96
	Activity 2	The rise of the Greens	97
	Activity 3	The misfortune of the wildlife	98
	Activity 4	Sports psychology	99
	Activity 5	Climbing the walls to have a good time	99
	Activity 6	A boat race	101
	Activity 7	Greenhouse movement	102
	Activity 8	Watch and enjoy	103
Videoscript			105

Unit 1



Treasure Pleasure

Part I Getting ready

The following sentences will appear in this unit. Listen carefully and pay special attention to the italicized parts.

1. *A caterpillar spins a cocoon* and stays inside until it comes out as a butterfly or *moth*.
2. Restaurants and food stores offer *a wide range of take-out food* and *convenience food*.
3. *Two-income families* often lack the time to cook, but they have the money to pay for take-out food.
4. Facilities include swimming pools, *skating rinks*, *tennis courts*, and *gymnasiums*.
5. In the future, Klaus and Taylor want to install *video-conferencing equipment*.
6. Where else can you *surf the Net* and enjoy *a cup of cappuccino* with friends?
7. As a pianist, bandleader and arranger, he produced more than two thousand pieces of music, from popular songs and *jazz suites* to *theatrical works* and *motion picture scores*.
8. Earlier this year, Ellington was *posthumously awarded a Pulitzer Prize*, in recognition of his musical genius and *enduring contribution* to art and culture.

9. However, unlike magazines, whose fortunes *ebb and flow*, these thinner and *less glossy 'zines* can be *desk-top published* at a greatly reduced cost.
10. 'Zines are rather like *comics*, except that they also contain intelligent and often *controversial articles* on topics that interest today's highly educated youth.

Part II Fast track

A Weekend fair

You are going to hear an advertisement for a pleasure fair. While listening, focus on the major points and fill in the notice below with the missing information.

Notice

Location: Glen Helen _____

The _____ Annual _____ Pleasure Fair

Duration: _____

What to enjoy? _____

Want to take part in it? Please contact: _____

B Cocooning

Now listen to a short passage about in-home entertainment. Then complete the following chart in note form.

The meaning of the word "cocoon":

original meaning: _____

figurative meaning: _____

Activities and entertainments preferred by cocooning families:

Services and products for these activities and entertainments:

Two factors in the popularity of cocooning:

time: _____

money: _____

C Living in a community

In this section you are going to hear a passage talking about community life. Before listening, think about the pre-listening questions below. While listening, focus on the major points and do not forget to take notes. Then complete the following summary.

Pre-listening questions:

1. Do you know your neighbors well?
2. Do you think it is harder to get to know your neighbors today than it used to be?
3. What are some of the good ways to communicate with the people living in your neighborhood?

Notes

_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

Summary

Services and facilities in Canadian communities are either run by the local government or organized by the people themselves. Government-run ones include libraries, _____, swimming pools, skating rinks, _____, gymnasiums, _____, etc. On the other hand, people may help organize clubs and _____ including singing clubs, _____.

Taking part in community activities can help people (a) meet other people, (b) _____, (c) and make their communities _____ to live.

D Computer and coffee attract customers

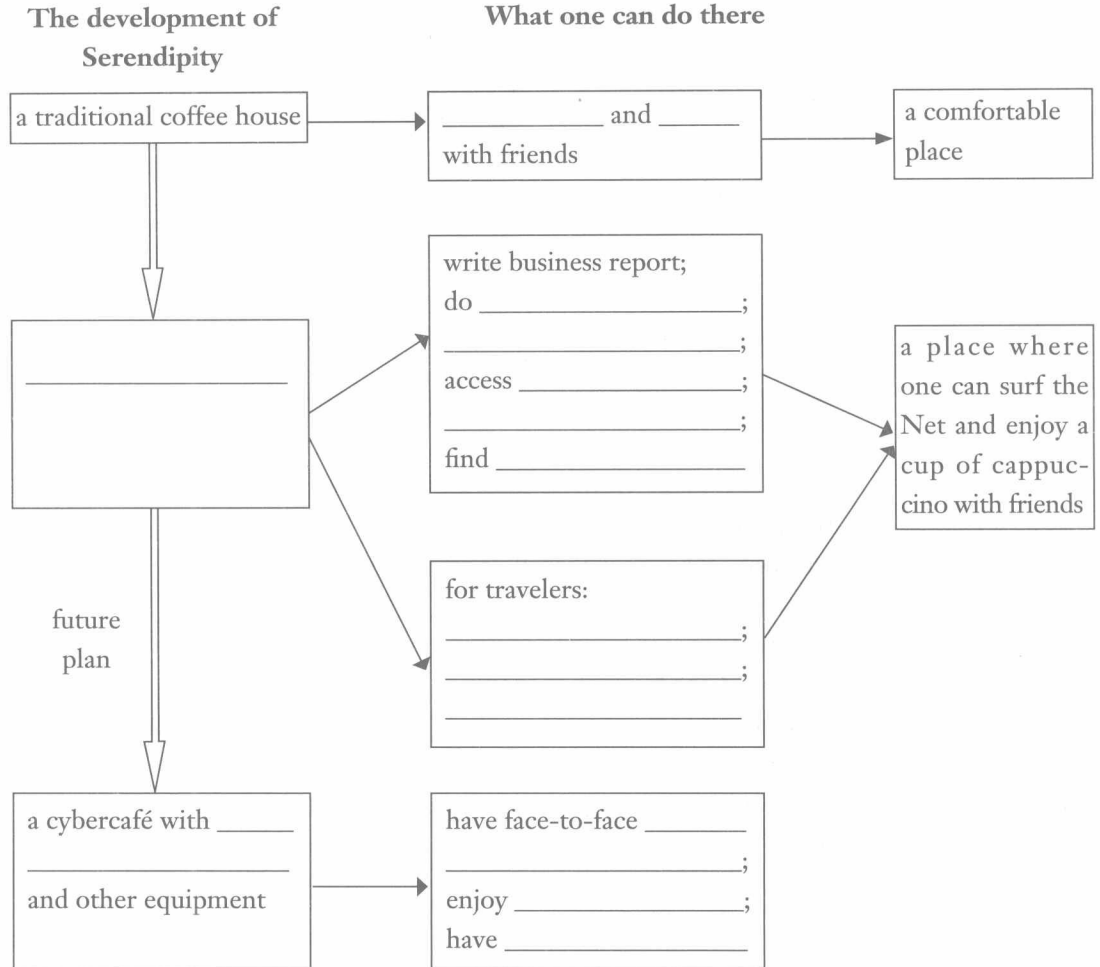
1. A cybercafé is a café or coffeehouse that has computers for its customers to use. Cybercafés are becoming popular in many cities around the world. The following short passage you are going to hear is about a cybercafé called Serendipity. Before listening, think about the pre-listening questions below. While listening, focus on the major points and do not forget to take notes. After that, complete the following diagram with appropriate information.

Pre-listening questions:

- (1) Do you enjoy using computers?
- (2) Are you fond of drinking coffee?
- (3) How do you think computers have helped or hurt our society?
- (4) Do you think coffee is good or bad for our health?
- (5) Have you ever been to a cybercafé?

Notes

_____	_____
_____	_____
_____	_____
_____	_____
_____	_____



2. Now listen to the passage again. After that, some statements will be read to you. Decide whether they are true or false. Write "T" or "F" in the brackets.

- (1) () (2) () (3) () (4) () (5) () (6) ()

E The Smithsonian Folklife Festival

1. In this section you are going to hear a passage about a popular yearly celebration of cultural traditions: the Smithsonian Folklife Festival in the United States. While listening, focus on the major points and do not forget to take notes. After that, fill in the blanks

with the missing information.

Notes

_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

General information about the festival

Name: the Smithsonian Folklife Festival

Location: the National Mall, Washington D.C.

Time: _____

Duration: _____

Theme of the festival: showing _____ — their
music and art, _____, things made for home
and to sell

Organizer: _____

History: _____

2. Now listen to the passage again and fill in the following chart with key words.

Museums			
<i>New Hampshire Part</i>	<i>Romanian Area</i>		
What one can see or watch: _____ / information about _____ _____ / _____ competition: _____ _____	Activities outside: musicians: _____ dancers: _____ cooks: _____		
Monument <table border="1" style="margin-left: auto; margin-right: auto;"> <tr> <td style="text-align: center;"> Activities inside: _____ square dance called a Virginia Reel </td> </tr> </table>	Activities inside: _____ square dance called a Virginia Reel	Capitol Building <table border="1" style="margin-left: auto; margin-right: auto;"> <tr> <td style="text-align: center;"> Activities inside: woman: _____ the young: _____ </td> </tr> </table>	Activities inside: woman: _____ the young: _____
Activities inside: _____ square dance called a Virginia Reel			
Activities inside: woman: _____ the young: _____			
<i>South African Area</i>			
objects shown: _____ _____: baskets / _____ large paintings: murals/help communicate			
<table border="1" style="margin-left: auto; margin-right: auto;"> <tr> <td style="text-align: center;">Smithsonian Institution</td> </tr> </table>		Smithsonian Institution	
Smithsonian Institution			