

“十三五”职业教育规划教材

New Vision
Vocational College English

新视界 高职英语

于春荣 苏进德◎主编



1

综合教程



上海交通大学出版社
SHANGHAI JIAO TONG UNIVERSITY PRESS

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新视界高职英语

主 编 于春荣 苏进德

副主编 邹庆玲 石荣海 何秀芝

参 编 (排名不分先后)

郭永卫 于永华 杜 伟 徐献玲 魏玉琴

吕凤华 赵 芸 高英哲 马增美 魏淑华

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张永红 张永红 张永红 副主编

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主 编: 于春荣 苏进德

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编写说明

《新视界高职英语》系列教材是依据教育部《高等职业教育英语课程教学要求(试行)》和《高等学校英语应用能力考试大纲》要求,结合一线教学实践编写而成。本系列教材坚持实用为主、够用为度的原则,强调语言的灵活性和思想性,选题新颖,内容丰富。本系列教材分为两级,每级包括《综合教程》、《应用能力训练》及配套光盘,为教师和学生提供全方位的教学资源。

本教材为《综合教程》第1册,共八个单元,每个单元的听、说、读、写围绕着同一主题展开。所选的主题均贴近学生生活,关注时代热点,反映时代节奏,包括新生入学、英语学习、运动、健康、网络、爱情、节日庆祝和兼职。每个单元无论是对话还是课文,语言均地道、规范。练习部分包括词汇、语法、翻译、写作等,既注重各项能力训练之间的衔接和互补,也贯彻了听、说、读、写、译并重的原则。每个单元包含以下内容:

Explore the Topic 话题导入和探索,激发学生学习兴趣,引导学生积极参与话题讨论。

Section I Enjoy Listening and Speaking 分为三部分: Listen and Repeat是语音的学习,从最基本的语音音素开始,旨在纠正高职学生普遍存在的发音问题; Listen and Practice 包含对话或者短文,要求学生听录音完成文后练习; Role Play 给出与本单元主题相关的两个对话,要求学生进行情境模拟演练,并按照给出的情境创作对话,进而提高学生的口语表达能力。

Section II Enjoy Reading 包含两篇经典选文,第一篇课文为精读,第二篇为泛读。文章内容紧扣主题,对于课文中出现的较难理解的句子,文后的Notes都做了解释。课文后配有相关练习,包括课文理解、词汇、短语、句子翻译等。每单元的泛读课文前都有阅读技巧的讲解,旨在帮助学生提高快速阅读能力和理解能力。两篇课文之后,是语法的巩固,对学过的重点语法进行提炼总结,并配有少量习题,可根据情况自行学习。

Section III Enjoy Writing 实用写作部分,内容包括填写信息表,书写名片、贺卡,制作简历、海报等,目的在于培养学生阅读、翻译和写作应用文的能力。

Section IV Enjoy Yourself 本部分的内容包括与主题相关的英文歌曲、名人名言、幽默

故事或者是相关文化介绍等,既拓展了知识,又可以使学生在轻松愉悦的氛围中体验英语学习的乐趣。

本教材由于春荣和苏进德任主编,邹庆玲、石荣海和何秀芝任副主编。另外,郭永卫、徐献玲等老师也为本书的编写做了大量的辅助工作,在此向编写组的成员表示衷心感谢,对上海交大出版社的支持表示感谢。由于时间和水平所限,不足之处在所难免,敬请提出宝贵意见,日臻完善,为大家提供更完善的教材是我们共同的追求!

编 者

2016年3月

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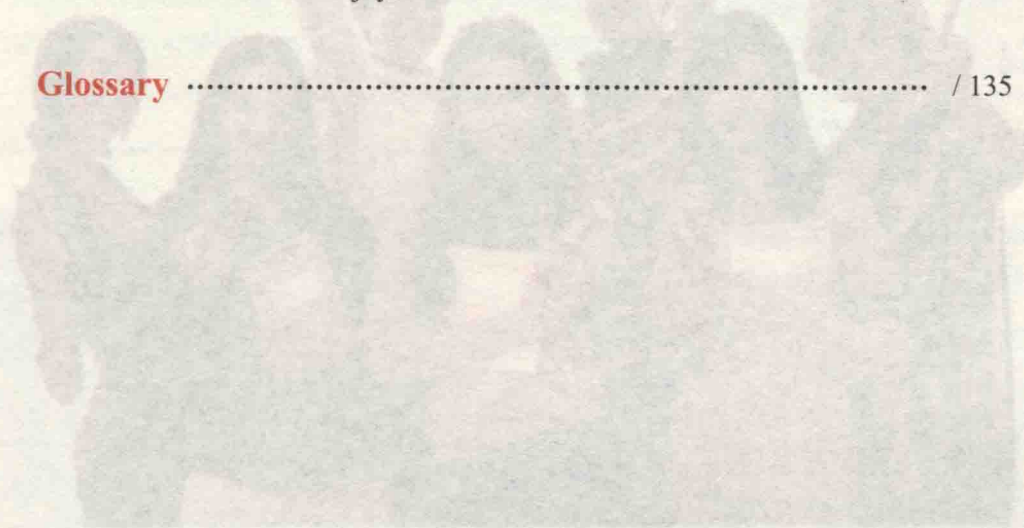
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Explore the Topic

- College is a place where young people are looking for answers to their life questions.
- Are you ready for the college life?
- Can you imagine what college life will be like?
- What are you going to do in college?
- Make a plan and list some important things you'd like to do in college.

Unit 1

Hi, I'm a Freshman!



? Explore the Topic

- College is a place many young people are longing for. Entering college is a big moment in one's life.
- Are you ready for the college life?
- Can you imagine what college life will be like?
- What are you going to do in college?
- Make a plan and list some important things you'd like to do in college.


Section I

Enjoy Listening and Speaking

A. Listen and Repeat

 **Task 1** Listen and repeat the following words and sentences, bearing the pronunciation skills in mind.

Words	/i:/ & /ɪ/	sheep-ship	leave-live	peak-pick	deed-did
	/e/ & /æ/	guess-gas	pen-pan	dead-dad	end-and
	/ʊ/ & /ɔ:/	spot-sport	fox-forks	for-four	shot-short
Sentences	A friend in need is a friend indeed.				
	A fact is a fact.				
	Pride goes before a fall.				

 **Task 2** Listen to the following 10 sentences related to the unit topic and try to memorize them.

1	Glad/Nice/Pleased to meet you.	见到你很高兴。
2	May I introduce myself?	我可以介绍一下自己吗?
3	I'd like to introduce Tom to you.	我想给你介绍一下汤姆。
4	Hi, I am a freshman.	你好, 我是大一新生。
5	I come from Qingdao. I'm in the Department of Education.	我来自青岛, 是教育系的。
6	It's a small world. What a pleasant surprise!	世界太小了, 太惊喜了!
7	I major in accounting.	我是会计专业的。
8	Which department are you in?	你是哪个系的?
9	College is a new and different experience for me.	对我来说, 上大学是新奇特别的经历。
10	College is like a fountain of knowledge.	大学犹如知识的源泉。

B. Listen and Practice

 **Task 1** Listen to the following short passage twice and fill in the blanks with the missing words.

New Words and Expressions

impression *n.* 印象

campus *n.* 校园


scenery *n.* 风景; 景色

colorful *adj.* 多姿多彩的

curious *adj.* 好奇的

My first day in college was a new and different experience for me. The _____ changed my thoughts towards life. The first _____ of this **campus** was the beautiful **scenery**. Green trees and **colorful** flowers could be seen everywhere. Everything around me seemed so _____. The buildings were so tall, and the people were so _____. I was very excited the first day. “Excited”, “happy” and “_____” are the words to describe my first day in college. I hope every day can be as nice as that day in the future.



 **Task 2** Listen to the dialogue twice and decide whether the following statements are True (T) or False (F).

New Words and Expressions

take it easy 不着急, 放轻松

fortunately *adv.* 幸运地

including *prep.* 包含, 包括

unnecessary *adj.* 没必要的

- () 1. The boy is a freshman.
- () 2. The girl gets lost on campus.
- () 3. It is the first day of attending class in college for the girl.
- () 4. The boy means freshmen seldom get lost on campus.
- () 5. The boy strongly advises the girl to buy a map.



Role Play

Task 1 Read and recite the sample dialogues.

New Words and Expressions

newcomer *n.* 新来者

department *n.* 系; 部门

nursing *n.* 护理, 看护

major in 主修

roommate *n.* 室友

Dialogue 1

(Jack and Lucy are new students. They meet for the first time.)

Jack: Nice to meet you! My name is Jack Green. Just call me Jack.

Lucy: Nice to meet you too, Jack! I'm Lucy.

Jack: I am a **newcomer** to Education **Department**. Which department are you in?

Lucy: I'm in **Nursing Department**. I **major in** nursing.

Jack: That's a good choice. Where are you from?

Lucy: I am from New York.

Jack: Really? We are from the same place. It's a small world.

Lucy: What a pleasant surprise!

Dialogue 2

(Jack is on the way to the library. He meets Lucy again.)

Jack: Good morning. Long time no see. How is everything?

Lucy: Not bad, thanks.

Jack: Is this your new friend?

Lucy: Yes. I'd like to introduce my **roommate** Lily to you.

Lily: Glad to meet you!

Jack: Glad to meet you, too! I hope we can make good friends.

Lily: I hope so.

Lucy: Where are you going?

Jack: The library. Would you like to come with me?

Lucy: Why not? Let's go.

Task 2 Create and role play.

Imagine you are meeting your classmate for the first time. How will you greet each other? And when you meet again, what will you say? Work in pairs and create two dialogues according to the two situations.

Data bank for reference

Greetings	Responses
How do you do?	How do you do?
Where do you come from?	I come from ...
Nice to meet you.	Nice to meet you, too.
Hello, I'm a new student here.	Welcome to our school.
You must be Lily from Jinan.	Yeah.
Excuse me, are you ...?	Yes, I am. / No, I am not.
<ul style="list-style-type: none"> • May I introduce myself ? • Allow me to introduce myself, please. 	Yes, It's my honor to know you.
How are you?	Fine, thank you.
Hello. How are things with you?	So-so. / Just fine. / Quite well.

(Continued)

Data bank for reference	
Greetings	Responses
Haven't seen you for ages. What are you doing these days?	Nothing special.
Please keep in touch.	Sure.

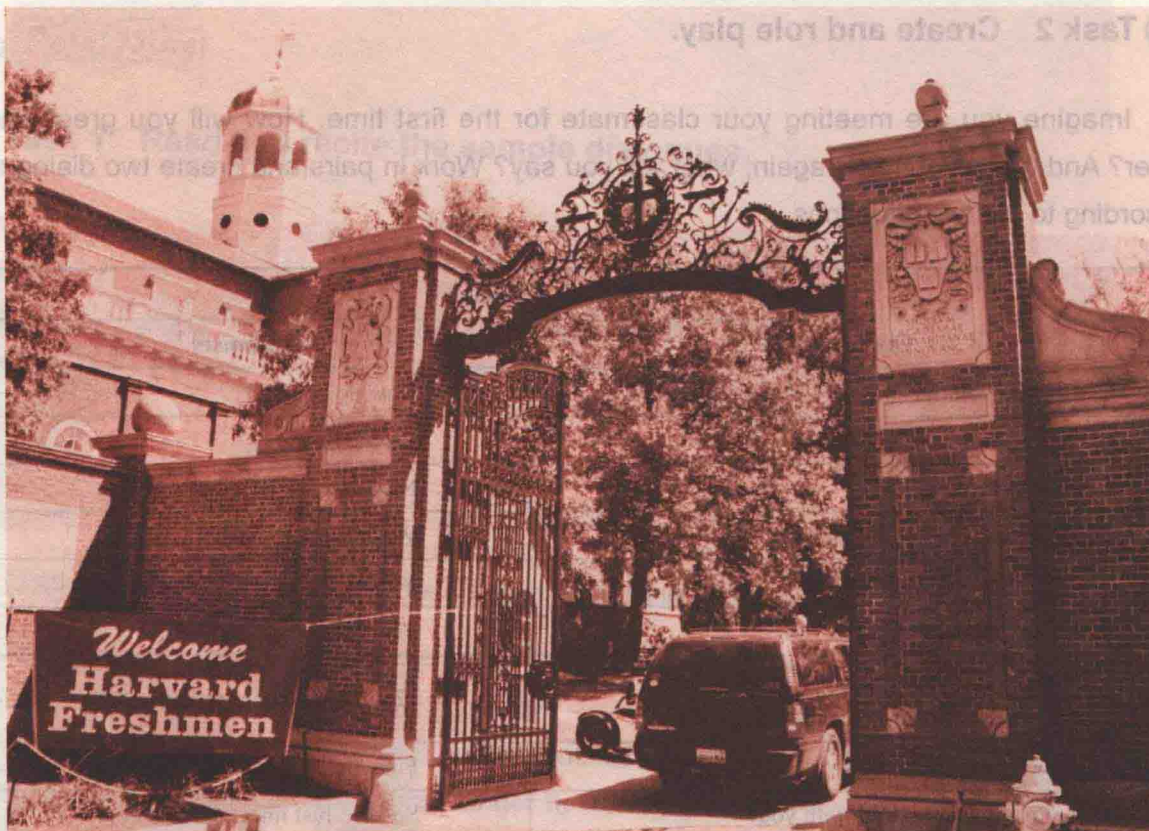
Section II Enjoy Reading

A. Intensive Reading



Pre-Reading

Do you have any ideas of successfully spending your college life? Share your opinions with your classmates.





Passage Reading

How to Survive Your Freshman Year

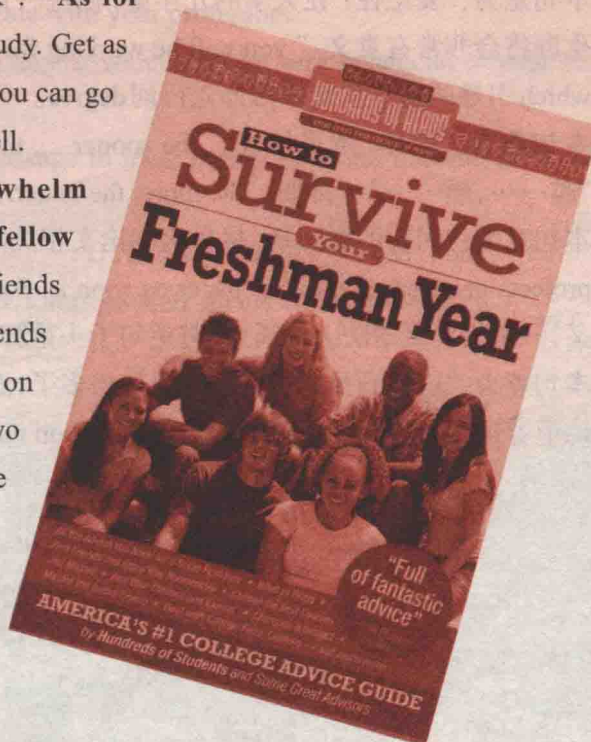
Going off to college is a **major** decision. There are many great activities you can **get involved with**, but there are just as many bad things you can be a part of. The key to succeeding in college is to find a balance between academics and your social life.^[1]

Unlike high school, college is more difficult to just **barely get by**. The professors are stricter and expect much more than your high school teachers did. You should set goals for yourself **when it comes to academics** and make sure you are not spending too much time on the “social life”. Just remember, during these few years at college you will be working for a degree which will be very **beneficial** to your future and your career.^[2]

Getting into a habit is very important, especially when it comes to studying or doing homework. Set a **schedule** when you are going to **dedicate** time to doing your work. Remember, the sooner, the better.^[3] So if your class ends at 5 p.m., take a break after class to eat or just relax. Then maybe after one to two hours, start working on your **assignment**. It will be a pain at first, but trust me, when you manage it, you will be satisfied.

The projects and research papers in college usually require a large amount of preparation and research. It would be very **smart** to start projects or research on your paper as soon as possible.^[4] It will be much easier in the end and you will **definitely** want to “pat yourself on the back”.^[5] As for tests, always remember to study, study, and study. Get as familiar with the test material as possible, so you can go in the test with confidence, and you will do well.

Don't let all the school work **overwhelm** you. Get out and explore your college and **fellow** students. College is far easier if you have friends to share the experiences with you. These friends can also be study partners to keep you both on task. Join an organization or club; these are two great ways to meet new people and become involved in your college. Communication with your professors and **staff** about your academic path will **better** you for the future. (384 words)



New Words

survive /sə'vaɪv/ *v.* 幸存; 活下来

major /'meɪdʒə/ *adj.* 主要的; 重要的

barely /'beəli/ *adv.* 仅仅, 几乎不

academics /ækə'demɪks/ *n.* 学术水平; 学术知识

beneficial /,benɪ'fɪʃəl/ *adj.* 有益的, 有利的

schedule /'ʃedʒu:l/ *n.* 时间表; 计划表, 计划

dedicate /'dedɪkeɪt/ *v.* (把时间和精力) 用在……上

assignment /ə'saɪnmənt/ *n.* 作业; 分配的任务

smart /smɑ:t/ *adj.* 聪明的; 巧妙的; 潇洒的

definitely /'defɪnɪtli/ *adv.* 毫无疑问; 肯定地

overwhelm /əʊvə'welɪn/ *v.* 淹没; 压倒

fellow /'feləʊ/ *n.* 家伙; 朋友; 同事 *adj.* 同伴的; 同道的

staff /stɑ:f/ *n.* 员工; 全体职员

better /'betə/ *v.* 变得较好

Phrases and Expressions

get involved with 卷入, 参与

get by 过得去; 勉强应付

when it comes to ... 当提到, 就……而论

as for 至于; 关于

Notes

1. 本句意为: “要成功度过大学时期, 最关键的是平衡你的学业与社交生活。” key to sth. 意为“……的关键”, to 为介词, 其后跟 v-ing 形式。例如: The key to improving your oral English is practice.
2. 本句意为: “要记住: 在大学的几年里, 你将一直为一个学位而奋斗, 而学位对你的将来和职业生涯将会非常有意义。” you will be working for 是将来进行时态, 表示将来一直处于某种状态。which 引导的定语从句来修饰先行词 degree。
3. 本句意为: “记住, 越早越好。” the sooner ..., the better, 是“比较级+比较级”的结构, 意思是“越……, 越……”。再如: The more, the better. (越多越好)。
4. 本句意为: “明智的做法是, 尽早启动论文相关的项目或研究。”此句中的 it 是形式主语, to start projects or research on your paper as soon as possible 是真正的主语。形式主语的 it 并无实际语义, 只是为满足语法上的需要, 避免句子头重脚轻, 它代替的是句子真正的逻辑主语。
5. 本句意为: “这样到最后你就会觉得轻松多了, 而且你肯定会想要奖励一下自己。”much 可以修饰形容词比较级, 此句修饰 easier。pat sb. on the back 意为“鼓励、表扬某人”。



Post-Reading

I. Choose the best answer for each question according to the text.

- Which is the key to succeeding in college?
 - To find a balance between academics and social life.
 - To spend more time on social life.
 - To focus more attention on academics.
 - To make more friends in college.
- What should you do when it comes to academics?
 - Spending too much time in the "social life".
 - Setting goals for yourself.
 - Doing your homework with your classmates.
 - Taking part in more school activities.
- What does "pat oneself on the back" mean?
 - Become happy.
 - Get disappointed.
 - Touch somebody gently with hands.
 - Praise someone for doing something well.
- According to the text, which one of the following is true?
 - Getting in a habit is important when it comes to doing physical exercises.
 - You have to always learn by yourself in college.
 - Joining a club will help you communicate with your professors.
 - At college, you will be working for a degree which will be very beneficial to your future and career.
- How many ways are mentioned in the passage to meet new people and become involved in college?
 - One.
 - Two.
 - Three.
 - Four.

II. Fill in the blanks with the words given below. Change their forms where necessary.

barely

survive

staff

beneficial

dedicate

smart

definitely

better

- To _____ your English, you should practice more after class.
- We could _____ see the road in the fog.
- Exercising regularly is _____ for your health.
- The teaching _____ of this college are excellent.
- He was extremely fortunate to _____.