

*There Is No Royal Road to Learning*



# 周计划： 拿下英语考试 Week Plan Ace the English Test

主 编◎杨黎霞 副主编◎韩 颖 李 飒

## 英语专业四级考试 高分指南

*A Guide to TEM-4*



ZHEJIANG UNIVERSITY PRESS  
浙江大学出版社

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英语专业四级考试：高分指南

杨黎霞 主编

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丛书策划 张 琛  
责任编辑 张 琛 (zerozc@zju.edu.cn)  
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# 前言

## Preface

在对英语专业学生进行专业四级考试辅导的过程中，我们越来越感觉到教师和学生迫切需要一本实用性强、系统性强且又符合最新专业四级考试命题趋势的辅导书。本书由多年从事基础课教学实践及教学理论研究的一线教师根据多年教学经验和心血积累而成，本书提供的所有模拟试题均已在备考教学中使用，希望能为广大考生顺利通过英语专业四级考试提供帮助。

本书由以下五部分构成：①备考指导；②八套完整的全真模拟试题；③听写和听力理解录音文字材料；④模拟题答案及题解，包括写作范文；⑤新闻常用词汇。

本书有以下主要特点：

1. 本书紧扣最新《教学大纲》和《英语专业四级考试大纲》，实用性、针对性强。
2. 本书配备各个单项技能提高的方法和应试技巧的详细分析和指导。这些试卷分项解读对英语专业四级考试的各大题的考试要求和形式进行了详细分析，并对近十年的真题进行分类分析；对学生在答题中的常见错误、答题的步骤和技巧逐一进行了阐述，而且对主观题的评分细则也进行了详细说明。
3. 本书以周计划的形式进行编排，每周安排两套模拟试卷，每套试卷前配有一部分试卷分项解读，使考生在备考的过程中将复习和训练有机地相结合，通过四周的复习和练习提高专业考试成绩。
4. 本书在对解题技巧详细阐述的同时，注意培养考生的语言能力，并向考生介绍正确的学习方法。
5. 本书模拟试题严格按照最新英语专业四级考试的模式，在选题上把握难易度，阅读选材涵盖面广，内容新颖。
6. 本书的听写和听力理解部分附有 MP3 音频文件，请在浙江大学出版社网站上（[www.zjupress.com](http://www.zjupress.com)）下载。该音频由美国文教专家 Courtney Cruzan 和 Jason Cruzan 夫妇录制。新闻部分材料全部选自近期的 VOA 或 BBC。
7. 本书配有常用新闻词汇，以便考生克服新闻听力的困难。

本书可供英语专业学生自测，准备英语专业四级考试，同时又是大专院校教师指导学





## 周计划：拿下英语考试

生进行英语专业四级考试强化训练的理想教材。

本书由杨黎霞副教授担任主编，韩颖、李飒担任副主编，蔡亮、陈黎峰、蒋阳芬、李军（按汉语拼音排序）参与编写。

本书在出版过程中，一直得到了庞继贤教授的关心和支持，在此深表感谢。

杨黎霞

浙江大学宁波理工学院 随园

2012年2月



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# 第一章

## 试卷分项解读及模拟试卷





*Week One*

第一周







## 英语专业四级考试简介

全国高校英语专业四级考试(Test for English Majors [Grade Four], 简称 TEM-4)是为检测本科英语专业基础阶段教学大纲执行情况而进行的本科教学考试。国家教育委员会《高等学校英语专业基础阶段英语教学大纲》规定,高等学校英语专业基础阶段的教学任务和目的是:“传授英语基础知识,对学生进行全面的、严格的基本技能训练,培养学生实际运用语言的能力,培养学生良好的学习作风和正确的学习方法,培养学生逻辑思维能力和独立工作能力,丰富学生社会文化知识,增强学生对文化差异的敏感性,为学生升入高年级打好扎实的基础。”

### 一、考试目的

本考试的目的是全面检查已学完英语专业四级课程的学生是否达到教学大纲所规定的各项要求,考查学生运用各项基本技能的能力以及学生对语法结构和词语用法的掌握程度,既测试学生的综合能力,也测试学生的单项技能。同时,也是评估教学质量,推动校际交流和学习的一种手段。

### 二、考试性质

本考试属于尺度参照性标准化考试。考试的范围包括基础阶段教学大纲所规定的一至四级除读和说的技能以外的全部内容。由于目前尚未具备口试的条件,暂且只进行笔试。

### 三、考试形式

为了较好地考查学生运用各项基本技能的能力,既照顾到科学性、客观性和可行性,又能全面体现基础阶段英语水平测试的特点,同时为确保试卷的可信度,本考试除写作及听写部分为主观试题外,其余都采取多项选择题形式。主观试题部分旨在较好地测试学生灵活运用语言的能力,从而提高试卷的效度。

### 四、考试时间

考试时间为每年四月份的第三个周六。2010 年的考试时间为 4 月 17 日,2011 年的考试时间为 4 月 16 日,而 2012 年的考试时间为 4 月 21 日。

### 五、考试内容

卷别	序号	题号	各部分名称	题型	题数	考试时间(分钟)
	I		听写	主观题	1	15
	II	1—30	听力理解			20
			A 对话	客观题	10	
			B 陈述	客观题	10	
			C 新闻	客观题	10	
	III	31—50	完形填空	客观题	20	15
	IV	51—80	语法及词汇	客观题	30	15
	V	81—100	阅读理解	客观题	20	25
	VI		写作			
			A 作文	主观题	1	35
			B 写便条	主观题	1	10
合计						135



六、考试要求

听写	(a)要求学生全面理解所听内容的基础上逐字逐句写出全篇短文; (b)拼写和标点符号正确无误, 错误率不超过 8%; (c)考试时间为 15 分钟。
听力理解	(a)要求能听懂英语国家人士关于日常生活、社会生活的讲演或交谈等材料, 其难度相当于 TOEFL 中的 minitalk 等中等难度听力材料, 理解中心大意, 抓住主要论点或情节, 能根据所听材料进行推理和分析; (b)能听懂 VOA 或 BBC 国际新闻的主要内容; (c)考试时间约为 20 分钟。
完形填空	要求考生在全面理解所给短文内容的基础上选择一个最佳答案使短文的意思和结构恢复完整。考试时间为 15 分钟。
语法及词汇	(a)能灵活正确运用教学大纲语法结构表一级至四级的全部内容; (b)熟练掌握教学大纲词汇表对一级至四级规定的 5000—6000 个认识词汇中的 2000—2500 个词汇及其最基本的搭配; (c)考试时间为 15 分钟。
阅读理解	(a)能读懂英美国家出版的中等难度的文章和材料, 掌握所读材料的主旨和大意; (b)了解说明主旨和大意的事实和细节; (c)既理解字面的意思, 也能根据所读材料进行一定的判断和推论; (d)既理解个别句子的意义, 也理解上下文的逻辑关系; (e)考试时间为 25 分钟。
写作	(a)要求根据所出的题目和所列的写作提纲或图表、数字统计表等(也附有写作提纲)写一篇 200 词左右的短文。要求做到内容切题、完整、条理清楚, 文章结构严谨, 语法正确, 语言通顺恰当。考试时间为 35 分钟; (b)要求根据提示写 50—60 词的通知、便条、请帖等。要求格式正确, 语言得体。考试时间为 10 分钟。



## MODEL TEST ONE

TEST FOR ENGLISH MAJORS  
GRADE FOUR

TIME LIMIT: 135 MIN.

### PART I DICTATION

[15 MIN.]

*Listen to the following passage. Altogether the passage will be read to you four times. During the first reading, which will be read at normal speed, listen and try to understand the meaning. For the second and third readings the passage will be read sentence by sentence, or phrase by phrase with intervals of 15 seconds. The last reading will be done at normal speed again and during this time you should check your work. You will then be given 2 minutes to check through your work once more.*

*Please write the whole passage.*

### PART II LISTENING COMPREHENSION

[20 MIN.]

*In Section A, B and C you will hear everything ONCE ONLY. Listen carefully and then answer the questions that follow. Mark the correct answer to each question.*

#### SECTION A CONVERSATION

*In this section you will hear several conversations. Listen to the conversation carefully and then answer the questions that follow.*

**Questions 1 to 4 are based on the following conversation. At the end of the conversation, you will be given 20 seconds to answer the questions. Now, listen to the conversation.**

1. Members of the club are required to \_\_\_\_\_.
  - A. register when they arrive
  - B. bring up to three guests
  - C. register their guests
  - D. show membership cards on arrival
2. Which of the following details about the changing rooms is NOT correct?
  - A. There is a charge for the use of the locker.
  - B. Showers are installed in the changing rooms.
  - C. Lockers are located in the changing rooms.
  - D. Lockers are used to store personal belongings.
3. According to the club's rules, members can play \_\_\_\_\_.
  - A. for 30 minutes only
  - B. for one hour only
  - C. within the booked time only
  - D. longer than the booked time
4. Which of the following details is NOT correct?
  - A. Players can eat in the club room.
  - B. Players have to leave the club by ten o'clock.
  - C. The courts are closed earlier than the club room.
  - D. Players can use both the club room and the courts.





Questions 5 to 7 are based on the following conversation. At the end of the conversation, you will be given 15 seconds to answer the questions. Now, listen to the conversation.

5. Why isn't Neal coming to the party?  
 A. He is going a brad.      B. He is going home.      C. He has to work.      D. He is training for a triathlon.
6. Which of the following sports is NOT included in the triathlon?  
 A. Biking.      B. Swimming.      C. Wrestling.      D. Running.
7. What is one of the reasons Neal decided to participate in the triathlon?  
 A. He is bored by his summer job.      B. He is representing his company.  
 C. He wants to impress his friends.      D. He wants to go to the Olympics.

Questions 8 to 10 are based on the following conversation. At the end of the conversation, you will be given 15 seconds to answer the questions. Now, listen to the conversation.

8. What is Tim usually doing when Greg comes home?  
 A. Practicing basketball.      B. Playing computer games.  
 C. Playing cops and robbers.      D. Watching TV.
9. How does Greg feel about his son's behavior?  
 A. He is very angry.      B. He doesn't care.  
 C. He actually admires Tim's mischief-making.      D. He thinks Tim has misbehaved, but not too seriously.
10. Why does Greg call his son's behavior "wonderful"?  
 A. He approves of it.      B. He thinks it is better than before.  
 C. He is being sarcastic.      D. He himself was mischievous when he was in school.

## SECTION B PASSAGE

In this section, you will hear several passages. Listen to the passages carefully and then answer the questions that follow.

Questions 11 to 13 are based on the following passage. At the end of the passage, you will be given 15 seconds to answer the questions. Now, listen to the passage.

11. What is the passage about?  
 A. Salt in the human body.      B. Salt in Africa.      C. Functions of kidney.      D. Causes of death.
12. Which of the following is NOT a way in which salt leaves human body?  
 A. In urine.      B. In sweat.      C. Through kidneys.      D. Through blood.
13. Which of the following is NOT the result of a lack of salt in the body?  
 A. The person dies of thirst.      B. The body dries up.  
 C. The body secretes more water.      D. The person gets fatter.

Questions 14 to 17 are based on the following passage. At the end of the passage, you will be given 20 seconds to answer the questions. Now, listen to the passage.

14. What is the main idea of the passage?  
 A. An insight into the cause of colds.      B. The type of virus that creates colds.  
 C. Information about cold symptoms and prevention.      D. The cold is simply an upper respiratory infection.
15. Which of the following does NOT describe a cold?  
 A. Slight illness cured easily.      B. A mystery for science.  
 C. A more serious problem for children.      D. It has three stages of development.
16. Which of the following is true according to the passage?

- A. A cold is one of the most dangerous diseases human being always has to put with.
  - B. Cold symptoms should be given prompt medical attention.
  - C. It is believed that colds are caused by low resistance.
  - D. The best way to prevent cold is to keep the body from the virus.
17. What can be done to help prevent a cold?
- A. Sleep a lot, eat a lot, and be happy.
  - B. Sleep and eat properly, dress right, and stay away from people with colds.
  - C. Sleep and rest, eat a balanced diet, and take pills to prevent it.
  - D. Rest and sleep, eat properly, have contact with people who have colds.

**Questions 18 to 20 are based on the following passage. At the end of the passage, you will be given 15 seconds to answer the questions. Now, listen to the passage.**

18. What is the main purpose of the talk?
- A. To explain why recycling is important.
  - B. To describe the recycling program.
  - C. To discuss whether or not recycling should be mandatory.
  - D. To explain how to find the recycling facilities.
19. According to the speaker, why do most recycling programs fail?
- A. Because all the trash cans are of the same color.
  - B. Because not enough people volunteer to collect the trash.
  - C. Because most people don't like to sort their trash.
  - D. Because collections are not made on a regular basis.
20. What will be the primary responsibilities of volunteers?
- A. To paint the trash cans.
  - B. To pick up and sort the trash.
  - C. To pick up and deliver the trash.
  - D. To work in the recycling center.

### SECTION C NEWS BROADCAST

*In this section, you will hear several news items. Listen to them carefully and then answer the questions that follow.*

**Questions 21 and 22 are based on the following news. At the end of the news item, you will be given 10 seconds to answer the questions. Now, listen to the news.**

21. The only site in Europe selected as the new Seven Wonders of the World was \_\_\_\_\_.
- A. Eiffel Tower in Paris
  - B. Kremlin in Russia
  - C. the Estadio da Luz in Lisbon
  - D. Colosseum in Rome
22. How many other nominated landmarks did the seven winners beat?
- A. 13.
  - B. 15.
  - C. 14.
  - D. 16.

**Questions 23 and 24 are based on the following news. At the end of the news item, you will be given 10 seconds to answer the questions. Now, listen to the news.**

23. What is the main idea of the new item?
- A. Italy decided to increase anti-terrorism measures.
  - B. Italy would prohibit training people to use explosives for terrorism purpose.
  - C. The deadly bombings in London earlier shocked Italian government.
  - D. Some Italians participated the terrorist bombings in London.
24. What is the attitude of the Italian Prime Minister towards the measures?
- A. Supportive.
  - B. Neutral.
  - C. Unclear.
  - D. Opponent.



Questions 25 and 26 are based on the following news. At the end of the news item, you will be given 10 seconds to answer the questions. Now, listen to the news.

25. What is the purpose of Hillary's trip to Angola?

- A. To establish bilateral relations.                      B. To provide economic assistance.  
C. To help people there out of poverty.                      D. To call for democratic systems there.

26. The president of Angola is criticized for \_\_\_\_\_.

- A. refusing the help from the US                      B. putting off the presidential election  
C. refusing to cooperate with other nations                      D. failing to help the people out of poverty

Questions 27 and 28 are based on the following news. At the end of the news item, you will be given 10 seconds to answer the questions. Now, listen to the news.

27. Where will the will-be managers of McDonald be trained?

- A. In Beijing.                      B. In Shanghai.                      C. In New York.                      D. In Hong Kong and Shanghai.

28. What will the will-be manager learn in the McDonald University?

- A. To learn how to make hamburgers.                      B. To learn how to manage an outlet.  
C. To learn how to train the workers.                      D. To learn how to promote the sales.

Questions 29 and 30 are based on the following news. At the end of the news item, you will be given 10 seconds to answer the questions. Now, listen to the news.

29. How many people on the Russian submarine survived the accident?

- A. 20.                      B. 21.                      C. 167.                      D. 208.

30. What were the crew of the submarine doing when the accidental happened?

- A. On the way to visit another country.                      B. On the way to finish some task.  
C. Doing some exercises.                      D. Doing some experiment.

### PART III CLOZE 15 MIN.]

Decide which of the choices given below would correctly complete the passage if inserted in the corresponding blanks. Mark the best choice for each blank.

Fifty years ago, on May 25, 1961, US President John F. Kennedy 31 a grand challenge that changed the world 32 humankind knew it—33 a man to the Moon and bring him home again, and to do it by the end of the decade.

It is one of the most 34 images of all time—an Earthling 35 foot upon the Moon for the first time. The moment was immortalized by astronaut Neil Armstrong. "One small step for a man, one giant 36 for mankind," said Armstrong.

The challenge to put a man on the Moon had been issued on May 25, 1961, by newly elected President John F. Kennedy in a bold speech before Congress. "First, I believe that this nation 37 commit itself to 38 the goal, before this decade is out, 39 landing a man on the Moon and returning him safely to the earth. No 40 space project in this period will be more 41 to mankind, or more important in the long-range exploration of space; and none will be so difficult or expensive to accomplish..." said President Kennedy.

To set the stage for this speech, here is a bit of history: In 1957, the Soviet Union 42 *Sputnik*—the first 43 object 44 placed into orbit around Earth. And only one month before Kennedy's speech, the Soviets sent the first man into space, Yuri Gagarin. Three weeks later an American 45 suit—Alan Shepard,





who admired the view from his *Freedom Seven Mercury* space capsule. "On the periscope—what a beautiful view," said Shepard. "Cloud cover over Florida."

The Space Race was well 46. The *Apollo Eleven* 47 was the first manned mission to land on the Moon. It was the fifth human spaceflight of Project Apollo and the third human 48 to the Moon. It was also the second all-veteran crew in manned spaceflight history. Launched on July 16, 1969, it carried Mission Commander Neil Alden Armstrong, Command Module Pilot Michael Collins and Lunar Module Pilot Edwin Eugene "Buzz" Aldrin, Jr. On July 20, Armstrong and Aldrin became the first 49 to land on the Moon, while Collins orbited above.

The mission fulfilled President John F. Kennedy's goal of reaching the moon 50 the end of the 1960s.

- |                     |                |                  |                   |
|---------------------|----------------|------------------|-------------------|
| 31. A. issued       | B. published   | C. faced         | D. rose to        |
| 32. A. like         | B. as          | C. just like     | D. when           |
| 33. A. sent         | B. sending     | C. to send       | D. having sent    |
| 34. A. crucial      | B. fundamental | C. indispensable | D. enduring       |
| 35. A. to put       | B. putting     | C. to set        | D. setting        |
| 36. A. improvement  | B. progress    | C. leap          | D. accomplishment |
| 37. A. have to      | B. should      | C. is likely to  | D. is inclined to |
| 38. A. achieving    | B. achieve     | C. creating      | D. create         |
| 39. A. of           | B. to          | C. by            | D. through        |
| 40. A. single       | B. individual  | C. personal      | D. singular       |
| 41. A. expensive    | B. impressive  | C. expressive    | D. explosive      |
| 42. A. established  | B. developed   | C. launched      | D. emerged        |
| 43. A. artificial   | B. fake        | C. superficial   | D. synthetic      |
| 44. A. nevertheless | B. never       | C. however       | D. ever           |
| 45. A. exemplified  | B. took        | C. followed      | D. imitated       |
| 46. A. underway     | B. underground | C. undergo       | D. undertake      |
| 47. A. task         | B. mission     | C. assignment    | D. homework       |
| 48. A. travel       | B. excursion   | C. voyage        | D. trip           |
| 49. A. ones         | B. human       | C. one           | D. humans         |
| 50. A. by           | B. to          | C. at            | D. out            |

#### PART IV GRAMMAR & VOCABULARY [15 MIN.]

There are thirty sentences in this section. Beneath each sentence there are four words or phrases marked A, B, C and D. Choose one word or phrase that best completes the sentence.

51. That \_\_\_\_\_ the case, we have to make the final decision on leaving the Union.  
A. is                      B. was                      C. being                      D. has been
52. No matter what I weighed, though, I was not satisfied with the way I looked. The word *though* means \_\_\_\_\_.  
A. although              B. in spite of              C. whatever              D. however
53. Mary could be a very attractive girl but she \_\_\_\_\_ about her clothes.  
A. cares little              B. cared little              C. had cared little              D. would care little
54. The residents, *all of whose homes had been damaged by the flood*, were given help by the government. The italicized part in the sentence is \_\_\_\_\_.  
A. a parenthesis              B. an appositive clause  
C. a non-restrictive attributive clause              D. an adverbial clause