AN ASIAN AMERICAN WOMAN'S JOURNEY INTO POWER



WARROR LESSONS

PHOEBE ENG

WARRIOR LESSONS

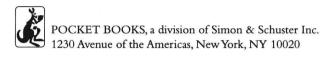
An Asian American Woman's

Journey Into Power



PHOEBE ENG

POCKET BOOKS
NEW YORK LONDON TORONTO SYDNEY



Copyright © 1999 by Phoebe Eng

Originally published in hardcover in 1999 by Pocket Books

All rights reserved, including the right to reproduce this book or portions thereof in any form whatsoever. For information address Pocket Books, 1230 Avenue of the Americas, New York, NY 10020

Library of Congress Cataloging-in-Publication Data

Eng, Phoebe.

Warrior lessons : an Asian American woman's journey into power / Phoebe Eng.

p. cm.

Includes bibliographical references.

ISBN 0-671-00958-3

1. Asian American women—Social conditions. 2. Asian American women—Social conditions—Case studies. 3. Asian American women—Conduct of life.

4. United States—Race relations. 5. Eng, Phoebe. I. Title.

E184.O6E54 1999

305.895073-dc21

99-11234

First Pocket Books trade paperback printing May 2000

10 9 8 7 6 5 4

POCKET and colophon are registered trademarks of Simon & Schuster Inc.

Front cover photo by Gasper Tringale Book design by Jessica Shatan

Printed in the U.S.A.

Praise for Phoebe Eng and WARRIOR LESSONS

"Phoebe Eng has used the knowledge and credentials of her legal training to battle the stereotype of the superfeminine, subservient Asian woman."

—The New York Times



"I recommend this book to all those interested in women's efforts to find their true selves."

—Mary Pipher, New York Times bestselling author of Reviving Ophelia



"Phoebe Eng lifts the silken veil of stereotype from the marginal world of Asian American women."

-Pasadena Star-News (CA)

"An important book for all women, WARRIOR LESSONS does more than remind us that to change the world, we must change ourselves; WARRIOR LESSONS shows us how."

—Helen Zia, contributing editor, Ms. magazine



"With unflinching clarity and heart, Phoebe Eng offers validation, hope, and a path for authenticity, transformation, and action for Asian American women. Beyond that, she gives all readers a soaring sense of possibility as she gently provokes us to become truth-tellers and troublemakers in the most exemplary and honorable ways."

—Harriet Lerner, Ph.D., author of *The Dance of Anger*



"In a clear and true voice, Phoebe Eng sings of the power that flows from self-knowledge. The universal lessons of *WARRIOR LESSONS* will awaken women and men alike; Asian Americans and all Americans."

—Eric Liu, author of The Accidental Asian "Unique. . . . In a natural, intelligent voice, Eng provides excellent advice while serving as a superb role model for younger Asian American women striving to come into their own."

-Publishers Weekly



"Exhilarating in its honesty, like those first acts of defiance against family and tradition. As Asian women, we need to thank Eng, master cartographer, for the map of our lives."

-Margaret Cho

For orders other than by individual consumers, Pocket Books grants a discount on the purchase of 10 or more copies of single titles for special markets or premium use. For further details, please write to the Vice President of Special Markets, Pocket Books, 1230 Avenue of the Americas, 9th Floor, New York, NY 10020-1586.

For information on how individual consumers can place orders, please write to Mail Order Department, Simon & Schuster Inc., 100 Front Street, Riverside, NJ 08075.

For my teachers,

MALLIKA DUTT

ELAINE KIM

HELEN ZIA

PEGGY SAIKA

SHARON HOM

and for my mother,
MEI-HUEI

and my father,
HARRY KUO-FEI

Acknowledgments

This book belongs to the hundreds of women that took the time to share their most intimate stories with me over the past three years. I am grateful to my editor, Nancy Miller, and assistant editor Kim Kanner, whose insights have molded this book and whose patience was tested regularly as I found I couldn't stop adding new ideas to its chapters. This book would also not be possible without the prompting of my close friend, Don Fehr, who first suggested many years ago that I consider taking on a book project. Geri Thoma, my most wonderful agent, guided me with humor and care through the process of a first book and through much more. President and publisher Gina Centrello and editorial director Emily Bestler at Pocket Books gave me their enthusiasm from the first day we discussed this book, as did Tina Bennett, Sandra Dijkstra, Janet Goldstein, Phil Friedman, Will Schwalbe, and Doris Cooper. Toko Serita, Phuong Do,

and my sister, Donna Eng, entrusted so much of their lives to me, and their influences are felt throughout these pages, as are the voices of the women from the National Asian Pacific American Women's Forum and National Asian Pacific American Women's Leadership Institute. Sabrina Silverberg, Mallika Dutt, Scott Wolfman, Wayne Marquez, and Karen Cole have always been there to lift my spirits in the worst bouts of writer's block. My thanks go to The Writers Room, which provided the quiet space I needed to finish this project, and to Hope Edelman for first suggesting it to me. Warren Scott, Martha Glessing, and Les Edwards, all mentors from past parts of my life, were also very important in my writing of this book, as were those whose writing and teachings have had a lasting and eclectic influence on the way I see the world: Cornel West, Gloria Steinem, Alice Walker, Michael Eric Dyson, Thich Nhat Hanh, Clarissa Pinkola-Estes, Edward Said, Susan Taylor, Derrick Bell, Sherman Alexie, Naomi Wolf, Joseph Campbell, Shawn Wong, Maxine Hong Kingston, and the love of my life, my husband, Zubin Shroff. I hope that the ideas in this book live up to all of their visions of healing and hope.

Contents

Introduction: The Need for a Compass • 1

PART I: INNER WORK

Lesson One: She Casts Off Expectations • 15

Lesson Two: She Brings the Family Forward • 33

Lesson Three: She Learns to Shout • 53

Lesson Four: She Questions Her Power • 81

PART II: OURSELVES WITH OTHERS

Lesson Five: She Takes Back Desire • 115

Lesson Six: She Knows Why She Loves • 143

Lesson Seven: She Bridges Distance • 171

PART III: SURVIVAL SKILLS

Lesson Eight: She Becomes a Wiser Fighter • 197

Lesson Nine: She Finds Her Teachers • 233

xii · Contents

PART IV: THROUGH THE FIRE

Lesson Ten: She Takes Risks • 255

Lesson Eleven: She Mourns Her Losses • 287

Lesson Twelve: She Moves Her World • 317

Epilogue: How Deeply Women Promise • 341

Notes • 345

Introduction

THE NEED FOR A COMPASS

Over the last few years, as I made my way across the country as a lecturer and writer, I have met many hundreds of Asian American women who have shared with me their stories how they see their lives, whether they feel in control of their destinies, and, if not, what they needed to get there. Whether they were American-born, recent immigrants, professionals, students, or workers, and regardless of where in Asia their families originated, it became clear that they often shared common yearnings for connection to each other and advice as to how to take a middle path between family expectations and realizing their own hopes and dreams. They talked of being strong and knowing their worth, yet still they felt misunderstood and sometimes isolated. Often, especially if they were the American-raised daughters of immigrants, they were trying hard to resolve their feelings of "being in limbo" or "falling through the cracks" of the often divergent

cultures of East and West. What they asked for most was a compass or a road map to guide them into a more powerful, more grounded view of themselves.

Perhaps that need comes from what Filipina American writer Karin Aguilar-San Juan referred to recently as "the complicated relationship [that we have] to the idea of 'home,'" which to each of us can mean so many things. Where is "home" when our extended families span multiple generations and many continents with intricate social bonds? And, as Aguilar-San Juan suggests, is America truly "home" when even those of us who claim four and five generations born in America can still be perceived as foreigners? I look at my own extended family as an example. In America, the Engs are teachers, we are merchants, some of us have worked in sweatshops, and some of us own them. Among us there are artists, ad executives, waiters, and millionaires. Some speak stilted English; some can't read a word of Chinese. Yet as different as we might be from one another, "home" for each of us is fluid and multiple in its definition. Comfortable enough in America, Chinatown, and even Hong Kong or Taiwan, we seem to belong everywhere. And because of this, we might also belong nowhere. "Home," it seems, ends up being a mixed-up notion that must be redefined if it is to have meaning for many of us. No wonder we need compasses. Without knowing where we stake our ground, it is difficult for us to know where we're going.

With a knowledge of our past that is often shaky at best, and a cultural future that remains uncharted, we have had to figure out by ourselves what it means to live with confidence as Asian American women. How do we learn how to stand up for ourselves? How do we learn to accept ourselves, our weaknesses, doubts, as well as our strengths, and know that we are still worthy? When do we let perfection-

ism and expectation fall away so that we can finally live truer, more powerful lives? Without road maps and compasses, we have grown accustomed to defining our experiences and our validity individually, through blind trial and error, often without mentors, often without hearing the stories of others that might help us understand our own lives. In my life, I have often found myself swinging back and forth, alone and searching for a stabilizing center.



Call it a blessing or a curse. I was the first of two daughters born in America to the Eng family, in the Chinese Year of the Tiger, a year, it is said, that yields girls who grow up to be trouble. Like tigers, the Chinese horoscope says, such girls are too unruly to control, too confident in their own power, too dangerously unpredictable and rebellious. And so, with kicking and fighting in my stars, it was my uncanny good fortune to have been born outside of China, in Philadelphia, home of the Liberty Bell. In America, where rugged rebellion is sought-after and rewarded, I was raised true to my tiger calling. Within one generation of stepping off a steamship onto Ellis Island, the Eng family of my father (a lineage of hardworking Cantonese railroad workers and laundrymen) and the Liu family of my mother (Presbyterian evangelicals from Taiwan) had an American-born daughter who grew to embody the fruits of their hard work. A lawyer in the family! And one who spoke such good English!

By the late 1980s I had become a young international attorney, a Chinese American yuppie (aka "chuppie") in training. The Pacific Rim was booming, and I was to be stationed at the center of it all in Hong Kong. Finally, I thought, my hyphenated Asian-Americanness, which had

always been a cross to bear in my younger years, might give me some advantage. What I didn't understand then was that in Hong Kong, as an American woman with an Asian face, with one foot planted in America and only my pinky toe planted in the land of my distant ancestry, I would have even less advantage, even less a sense of belonging than I did in the States. In a Hong Kong law office, I would learn the hard way about the complicated intersections of gender, class, and nationality in Asia. I would learn how reluctant the older Chinese secretaries would be to work for me, a young Chinese American neophyte lawyer. I would learn that when Asian clients retain an American law firm, they prefer their counsel to be the tall, blond, blue-eyed men that happened to speak better Chinese than I. I would learn that our Asian clients, as traditional Chinese, Japanese, and Korean men, were even more apt than American clients to presume my subservience, asking me to whip out my steno pad and take dictation. The difference was that, unlike at the Park Avenue law firm where I was often the coffee girl, in Hong Kong, I served the tea.

My American roots would earn me the dubious label of *jook-sing*, a foreign-born, literally a bamboo hollow brain (which, by the way, is *not* a Chinese compliment). With a faltering, American tongue that tried in vain to sound truly Chinese, and a western swagger that hardly fit within the rules of how a good Chinese woman ought to walk, I fell through the crack of an East-West divide. In fact, it was more like a vast, gaping crevasse. I didn't belong in Asia, so I came back to America, resolved to accept it as home.

But back in America, I found that being an Asian American woman means living hidden behind layers of imagery—that of dutiful daughters and mothers, straight-A students and diligent workers, silent and exotic seductresses,

tragic and self-sacrificing Madame Butterflies. With these images of marginality, Asian American women as a group have, until now, been excluded from the core of most American dialogues. Even within a women's movement that is striving to be inclusive, we are an afterthought, an embellishment, if we exist at all. We struggle with our invisibility and we share desires to be treated seriously, past stereotype.

I decided to try to do my part. I left the law and joined a team of like-minded souls in creating a magazine that aimed to reflect more realistically the experience of Asians in America. A. Magazine served as a voice for people like myself, caught in that East-West divide and eager to articulate a new future of our own. And now in Warrior Lessons, I want to etch out a message of hope and power for Asian American women, continuing the path of one of my personal heroines, the writer Maxine Hong Kingston.

In 1976, Kingston's The Woman Warrior: Memoirs of a Girlhood Among Ghosts was published, a book that is considered the cornerstone of every young Asian woman's coming of age in America. The story was about a young girl like me, with a family like mine, who evoked and experimented with the stories of her past in order to create a viable future. In The Woman Warrior, Kingston talks about her cultural confusion and offers beautifully poetic stories that left us with a starting point from which to venture out into the world. To complement those stories, she told tales of the mythic heroine Fa Mu Lan, a woman who took her father's place in battle in order to save her family's honor. In an interview with Bill Moyers, Kingston tells the rest of that story, which she had chosen not to include in her manuscript. After returning victorious, Fa Mu Lan was able to relinquish her armor and resume her life at home, without internalizing the brutality of war. As Kingston explained to Moyers, "She was not dehu-