



R155 M626.2

# MICROBIOLOGICALLY SAFE FOODS

#### **NORMA HEREDIA**

Facultad de Ciencias Biológicas Universidad Autónoma de Nuevo León Monterrey, N. L. México

#### **IRENE WESLEY**

National Animal Diseases Center U.S. Department of Agriculture Ames, Iowa

### **SANTOS GARCÍA**

Facultad de Ciencias Biológicas Universidad Autónoma de Nuevo León Monterrey, N. L. México







A JOHN WILEY & SONS, INC., PUBLICATION

Copyright © 2009 by John Wiley & Sons, Inc. All rights reserved.

Published by John Wiley & Sons, Inc., Hoboken, New Jersey. Published simultaneously in Canada.

No part of this publication may be reproduced, stored in a retrieval system, or transmitted in any form or by any means, electronic, mechanical, photocopying, recording, scanning, or otherwise, except as permitted under Section 107 or 108 of the 1976 United States Copyright Act, without either the prior written permission of the Publisher, or authorization through payment of the appropriate per-copy fee to the Copyright Clearance Center, Inc., 222 Rosewood Drive, Danvers, MA 01923, (978) 750-8400, fax (978) 750-4470, or on the web at www.copyright.com. Requests to the Publisher for permission should be addressed to the Permissions Department, John Wiley & Sons, Inc., 111 River Street, Hoboken, NJ 07030, (201) 748-6011, fax (201) 748-6008, or online at http://www.wiley.com/go/permission.

Limit of Liability/Disclaimer of Warranty: While the publisher and author have used their best efforts in preparing this book, they make no representations or warranties with respect to the accuracy or completeness of the contents of this book and specifically disclaim any implied warranties of merchantability or fitness for a particular purpose. No warranty may be created or extended by sales representatives or written sales materials. The advice and strategies contained herein may not be suitable for your situation. You should consult with a professional where appropriate. Neither the publisher nor author shall be liable for any loss of profit or any other commercial damages, including but not limited to special, incidental, consequential, or other damages.

For general information on our other products and services or for technical support, please contact our Customer Care Department within the United States at (800) 762-2974, outside the United States at (317) 572-3993 or fax (317) 572-4002.

Wiley also publishes its books in a variety of electronic formats. Some content that appears in print may not be available in electronic formats. For more information about Wiley products, visit our web site at www.wiley.com

#### Library of Congress Cataloging-in-Publication Data:

Microbiologically safe foods / edited by Norma Heredia, Irene Wesley, and Santos García.

p.; cm.

Includes bibliographical references and index.

ISBN 978-0-470-05333-1 (cloth)

- 1. Food-Preservation. 2. Food-Microbiology. 3. Food-Safety measures. I. Heredia, Norma.
- II. Wesley, Irene. III. García, Santos, 1961-

[DNLM: 1. Food Handling-standards. 2. Food Contamination-prevention & control. 3. Food Microbiology-standards. 4. Food, Genetically Modified. 5. Safety. WA 695 M626 2009] TP371.2M53 2009

664'.028-dc22

2008045639

Printed in the United States of America

10 9 8 7 6 5 4 3 2 1

# MICROBIOLOGICALLY SAFE FOODS

To our families

# **CONTRIBUTORS**

- JUDD AIKEN, Center for Prions and Protein Folding Diseases, 204 Environmental Engineering Bldg., University of Alberta, Edmonton, Alberta T6G 2M8, Canada
- ROBIN C. ANDERSON, U.S. Department of Agriculture, Agricultural Research Service, Southern Plains Agricultural Research Center, College Station, TX 77845
- FELIPE ASCENCIO-VALLE, Centro de Investigaciones Biológicas del Noroeste, S.C. La Paz, BCS 23090 México
- Peter K. Ben Embarek, Department of Food Safety, Zoonoses and Foodborne Diseases, World Health Organization, 20 Avenue Appia, CH-1211 Geneva 27, Switzerland
- DEANN L. BENESH, 3M Company, 3M Center, St. Paul, MN 55144-1000
- LARRY R. BEUCHAT, Center for Food Safety, Department of Food Science and Technology, University of Georgia, 1109 Experiment Street, Melton Building, Griffin, GA 30223-1797
- Andreia Bianchini, Department of Food Science and Technology, University of Nebraska Lincoln, Lincoln, NE 68583-0919
- GLEYN E. BLEDSOE, Food Science and Human Nutrition, Washington State University, P.O. Box 646376, Pullman, WA 99164-6376
- ROBERT L. BUCHANAN, FDA/CFSAN HFS-006, 5100 Paint Branch Parkway, College Park, MD 20740-3835
- MARTIN W. BUCKNAVAGE, Department of Food Science, Penn State University, 438 Food Science Building, University Park, PA 16802

- LLOYD B. BULLERMAN, Department of Food Science and Technology, University of Nebraska Lincoln, Lincoln, NE 68583-0919
- GENISIS IRIS DANCER, Research Development and Engineering, Ecolabs, 8300 Capital Dr., Greensboro, NC 27409
- JEAN-YVES D'AOUST, Division de la Recherche en Microbiologie, Centre de Recherches Sir F.G. Banting, Tunney' Pasture Santé Canada, Repre Postal: 22 04 A2, Ottawa, Ontario K1A 0L2, Canada
- James S. Dickson, Iowa State University, 215F Meat Laboratory, Ames, IA 50011-3150
- Peter Feng, U.S. Food and Drug Administration, DMS, HFS-516, 5100 Paint Branch Parkway, College Park, MD 20740-3835
- LUCIO GALAVIZ-SILVA, Facultad de Ciencias Biológicas, UANL, Laboratorio de Parasitología, Ciudad Universitaria, San Nicolás, N.L. 66451 México
- Santos Garcia, Facultad de Ciencias Biológicas, UANL, Apartado Postal 124-F, Ciudad Universitaria, San Nicolás, N.L. 66451 México
- GRACIA GÓMEZ-ANDURO, Centro de Investigaciones Biológicas del Noroeste, S.C., La Paz, BCS 23090 México
- Mansel W. Griffiths, Canadian Research Institute for Food Safety, University of Guelph, 43 McGilvray Street, Guelph, Ontario N1G 2W1, Canada
- FIDEL GUEVARA-LARA, Centro de Ciencias Básicas, Universidad Autónoma de Aguascalientes, Boulevard Universidad 940, Aguascalientes, Ags. 20100 México
- Jung (John) H. Han, Department of Food Science, Faculty of Agricultural and Food Sciences, 238 Ellis Building, University of Manitoba, Winnipeg, Manitoba R3T 2N2, Canada
- NORMA HEREDIA, Facultad de Ciencias Biológicas, UANL, Apartado Postal 124-F, Ciudad Universitaria, San Nicolás, N.L. 66451 México
- SHANE M. HORROCKS, U.S. Department of Agriculture, Agricultural Research Service, Southern Plains Agricultural Research Center, Food and Feed Safety Research Unit, College Station, TX 77845
- Keith A. Ito, Laboratory for Research in Food Preservation, University of California, 6665 Amador Plaza Road, Suite 207, Dublin, CA 94568
- Lee-Ann Jaykus, 339-A Schaub Hall, Department of Food, Bioprocessing and Nutrition Sciences, North Carolina State University, Raleigh, NC 27695
- MICHAEL G. JOHNSON, Center for Food Safety-IFSE, Department of Food Science, University of Arkansas, Fayetteville, AR 72704
- Dong-Hyun Kang, Department of Food Science and Human Nutrition, Washington State University, P.O. Box 646376, Pullman, WA 99164-6376

- KEVIN KEENER, Department of Food Science, Purdue University, 745 Agriculture Mall Drive, West Lafayette, IN 47907-2009
- TATIANA KOUTCHMA, Food Process Engineering, Agriculture and Agri-Food Canada/Agriculture et Agroalimentaire Canada, 93 Stone Road West, Guelph, Ontario NIG 5C9, Canada
- RONALD G. LABBÉ, Food Science Department, University of Massachusetts, Amherst, MA 01003
- Juan S. León, Hubert Department of Global Health, Rollins School of Public Health, Emory University, 1518 Clifton Road, NE 7th Floor, Atlanta, GA 30322
- BWALYA LUNGU, Center for Food Safety-IFSE, Department of Food Science, University of Arkansas, Fayetteville, AR 72704
- Debbie McKenzie, Center for Prions and Protein Folding Diseases, 204 Environmental Engineering Bldg., University of Alberta, Edmonton, Alberta T6G 2M8, Canada
- MARIANNE D. MILIOTIS, FDA/CFSAN HFS-006, 5100 Paint Branch Parkway, College Park, MD 20740-3835
- GAY Y. MILLER, College of Veterinary Medicine, University of Illinois at Urbana–Champaign, 2001 South Lincoln, Room 2635, Urbana, IL 61802
- CHRISTINE L. MOE, Hubert Department of Global Health, Emory University, 1518 Clifton Road, NE 7th floor, Atlanta, GA 30322
- ZINNIA J. MOLINA-GARZA, Facultad de Ciencias Biológicas, UANL, Laboratorio de Parasitología. Ciudad Universitaria, San Nicolás, N.L. 66451 México
- CATHERINE NETTLES CUTTER, Department of Food Science, Pennsylvania State University, 202 Food Science Building, University Park, PA 16802
- DAVID J. NISBET, U.S. Department of Agriculture, Agricultural Research Service, Southern Plains Agricultural Research Center, Food and Feed Safety Research Unit, College Station, TX 77845
- LINDA L. NOLAN, Food Science Department, University of Massachusetts, Amherst, MA 01003
- CHRISTY OLIVER, Department of Animal and Range Sciences, North Dakota State University, Fargo, ND 58105
- OLGA I. PADILLA-ZAKOUR, Department of Food Science and Technology, New York State Agricultural Experiment Station, 630 West North Street, Geneva, NY 14456
- MICKEY E. PARISH, Nutrition and Food Science, 0112 Skinner Building, University of Maryland, College Park, MD 20742-7521
- NINA G. PARKINSON, 684 Willow Creek Terrace, Brentwood, CA 94513

- BARBARA A. RASCO, Food Science and Human Nutrition, Washington State University, P.O. Box 646376, Pullman, WA 99164-6376
- STEVEN C. RICKE, Center for Food Safety–IFSE, Department of Food Science, University of Arkansas, Fayetteville, AR 72704
- EDUARDO SÁNCHEZ-GARCIA, Facultad de Ciencias Biológicas, UANL, Apartado Postal 124-F, Ciudad Universitaria, San Nicolás, N.L. 66451 México
- James Mark Simmerman, Influenza Surveillance and Control, World Health Organization, 63 Tran Hung Dao Street, Hoan Kiem District, Ha Noi, Viet Nam
- JOHN N. SOFOS, Center for Meat Safety and Quality, Food Safety Cluster of Infectious Diseases Supercluster, Department of Animal Sciences, Colorado State University, 1171 Campus Delivery, Fort Collins, CO 80523-1171
- LUISA Y. SOLÍS-SOTO, Facultad de Ciencias Biológicas, UANL, Apartado Postal 124-F, Ciudad Universitaria, San Nicolás, N.L. 66451 México
- MARK L. TAMPLIN, Australian Food Safety Centre of Excellence, Sandy Bay, Tasmania 7005, Australia
- IRENE V. WESLEY, National Animal Diseases Center, USDA, 2300 Dayton Road, Ames, IA 50010

## **FOREWORD**

Food safety has become a worldwide concern that affects international trade and relations due to its impact on human health and economics, especially in recent years when the number and complexity of food safety issues has increased substantially. This is evidenced by the large number of new, emerging, reemerging, or evolving pathogenic microorganisms (e.g., Escherichia coli O157:H7 and other Shiga toxinproducing E. coli serotypes, Salmonella serotypes Enteritidis and Typhimurium DT 104, Campylobacter jejuni/coli, Yersinia enterocolitica, Listeria monocytogenes, and Enterobacter sakazakii, parasitic agents such a Cryptosporidium and Cyclospora, Noroviruses) which have become food safety concerns after the 1970s, 1980s, and even 1990s. Another alarming development is the increasing number of types of foods being involved in outbreaks, including products not usually associated with confirmed foodborne illness episodes in the past (e.g., fruit juices, lettuce, spinach, other produce, mayonnaise, various berries, sautéed onions, clam chowder, ice cream). Simultaneously, controlling bacterial pathogens, which are the most important food safety concern relative to number of deaths and economic losses, has become more complicated as accumulating evidence indicates development of resistance to antibiotics and potential adaptation and cross-resistance or cross-protection to traditional food preservation barriers, such as acidity, thermal processing, cold temperature storage, dry or low-water-activity environments, and chemical additives. In addition, evidence indicates the existence of pathogenic strains with enhanced ability for survival in their hosts, lower infectious doses, and increased virulence.

Modern food safety issues and concerns appear to multiply and become more significant when considered in association with societal changes and our transformation as consumers. Our societies have become more urbanized, populations continue to increase dramatically, human life expectancy increases, and as lifestyles are changing,

consumer food preferences and expectations related to food characteristics are different than they were just a few decades ago. As aging populations increase, they include more immunosuppressed and chronically ill persons who are more sensitive to foodborne illnesses and their consequences. Modern advances in medical treatments improve human survival rates from various illnesses but are also associated with increasing numbers of people with reduced immunity to infection. As a consequence, it is logical that food safety risks become even greater and more acute for consumers who are more sensitive to microbial infection. Thus, ongoing microbial evolution, coupled with societal changes including consumer food preferences, lack of adequate food-handling education, increases in at-risk human populations, complex food distribution patterns, increased international trade, and better methods of testing for microbial detection, bring microbial food safety to the forefront of our societal concerns. These developments have certainly increased interest in food safety among scientists, regulatory officials, industry, and public health agencies at the national and international level, especially as they become of more interest to news-reporting media and public-interest groups. This increased publicity leads to public awareness, concern, and more interest in food safety issues worldwide. The result is increased pressure on the private and public sectors to accelerate efforts that may lead to enhanced microbial food safety.

Initiatives undertaken by regulatory and public health agencies, industry, and research organizations in recent years have targeted microbial food safety as a worldwide public health issue. Important developments include establishment of new regulations, based on the concept and principles of hazard analysis of critical control points (HACCP) for the inspection of meat, poultry, seafood, and fruit juiceprocessing operations in the United States, as well as similar efforts undertaken by countries in various parts of the world. Furthermore, efforts are undertaken to improve international collaboration, coordination, and harmonization of food safety assurance programs. Parallel efforts and accomplishments include scientific research and development for better control of pathogens in order to reduce risks. The knowledge base generated by research is necessary for regulatory decision making, development of industry approaches for solutions to food safety problems, worker training, and public education in food safety. These scientific efforts have contributed not only significant new knowledge in pathogen ecology, detection, and control, but have also generated new approaches for development of novel control strategies based on microbial predictive modeling and risk assessments. These new avenues of thinking and addressing food safety issues should facilitate adoption of evolving concepts such as food safety objectives and associated process and product criteria needed for assurance of desired levels of food protection.

In light of these concerns and related developments, a book providing comprehensive coverage to all microbial food safety issues is very timely and needed. *Microbiologically Safe Foods* is a comprehensive book of worldwide interest written by an impressive group of international experts. It addresses all aspects of microbial food safety that are of interest to scientists, regulators, public health officials, and industry worldwide. The strength of this book is its comprehensive nature and the excellent expertise of the authors. It is a book that I have always considered as needed

because it deals with all aspects of microbial food safety: bacterial, fungal, parasitic, and viral, including various emerging concerns. It is comprehensive because it covers all known foodborne pathogens, including those that usually receive little or no coverage in most available books on food microbiology because they may not be of major concern in certain developed countries. The other unique feature that makes this book extremely valuable is that in addition to covering a long list of pathogens and other modern food safety issues, it includes specific chapters on food safety problems associated with all types of food commodities or groups of food products. Additional topics of current interest covered by the book include microbiological risk assessment, various programs for pathogen control, HACCP, novel pathogen control technologies, traditional and modern microbial detection approaches, laboratory accreditation, bioterrorism, genetically modified organisms, and predictive microbiology. Overall, this book should be extremely valuable to all those interested in food safety, as a single comprehensive source covering modern microbial food safety concerns of international interest.

Colorado State University Fort Collins, Colorado JOHN N. SOFOS

## **PREFACE**

The seed for this book was planted, germinated, and nurtured in Monterrey, Mexico, during the International Conference of Food Safety hosted in this city. The goal was to compile a "mini" encyclopedia of microbial food safety to span the proverbial farm-to-fork continuum. With the advent of NAFTA and the global commerce of food, it was only natural that the book would acquire an international flavor. This publication surveys foodborne pathogens and food safety issues, including those that usually receive little or no coverage in most books because they may be of local concern. However, with the global exchange of commodities, these are now of interest worldwide.

The book addresses the contamination of foods in the production chain and presents approaches and state-of-the-art technologies to harvest microbiologically safe foods for our global dinner table. Each chapter summarizes and updates scientific advances of importance to professionals involved in all aspects of food science, especially pre- and post-harvest food safety, processing, quality control, and regulatory matters.

Production processes of a variety of foods, including dairy, eggs, beef, and poultry, and the recognition of fruits and vegetables as major vehicles of the transmission of human foodborne diseases are surveyed. The growing market in processed foods, as well as interventions, including innovative food packaging and high technologies to inhibit spoilage organisms and prolong shelf life, is addressed. Recent foodborne outbreaks and recalls involving a particular product and incriminated microbial hazards are summarized.

Other current issues that broaden readership are the role of genetically modified organisms in food safety, predictive microbiology, emerging foodborne pathogens, and good manufacturing practices. The emergence of bioterrorism is tracked. Novel

#### xxviii PREFACE

approaches to pre-harvest food safety, such as the potential of competitive exclusion cultures in livestock and poultry, are examined. The impact of HACCP strategies on enhancing the microbial quality of foods is chronicled. The critical issue of microbiological laboratory accreditation to assure compliance with performance standards is described. The applications of molecular biology, encompassing rapid methods to detect, characterize, and enumerate pathogens, abound throughout.

Authors were selected on the basis of their scientific stature, their presentations at international conferences, and the recommendations of commodity groups. Some were active participants in the Monterrey conferences, shared our dream of compiling this book, and urged us on to publication. The coeditors added, revised topics, and updated chapters in response to the prevailing trends in the food safety community. Hence, we included a chapter on avian influenza because of its potential implications for food safety. It was during the final editing of the 31 chapters that we realized the enormity (and significance!) of the undertaking.

Although the task of selecting topics and authors was daunting, we are indebted to the participants of the international conferences held in Mexico, whose interest was a catalyst in the final selection of authors and chapter topics. We thank Wiley for their encouragement along the way and for realizing the publication of this book.

We encourage the reader to suggest topics and offer improvements for future editions of this international collaboration.

Monterrey, Mexico

Ames, Iowa

Norma Heredia Irene Wesley Santos García

# **CONTENTS**

F	DRE	RIBUTORS WORD ACE	xix xxii xxvi
I	MIC	CROBIAL FOOD HAZARDS	1
1	PUBLIC HEALTH IMPACT OF FOODBORNE ILLNESS: IMPETUS FOR THE INTERNATIONAL FOOD SAFETY EFFORT Irene V. Wesley		
	1.3 1.4 1.5	Introduction / 3 Statistical Estimates / 3 Impact of Representative Foodborne Pathogens / 5 National Microbial Baseline Surveys / 10 Global Marketplace / 10 erences / 11	
2	<i>San</i> 2.1	DDBORNE PATHOGENS AND TOXINS: AN OVERVIEW tos García and Norma Heredia  Introduction / 15  Aeromonas / 15  Arcobacter / 17	15

	2.4	Bacillus cereus / 18		
	2.5	Brucella / 19		
	2.6	Campylobacter / 20		
	2.7	Clostridium botulinum / 22		
	2.8	Clostridium perfringens / 24		
	2.9	Escherichia coli / 25		
	2.10	Listeria / 28		
	2.11	Plesiomonas shigelloides / 30		
	2.12	Salmonella / 30		
	2.13	Shigella / 32		
	2.14	Staphylococcus aureus / 33		
	2.15	Vibrio / 34		
	2.16	Yersinia / 36		
	2.17	Mycotoxins and Fungi / 37		
	2.18	Cryptosporidium / 40		
	2.19	Cyclospora / 41		
	2.20	Entamoeba / 41		
	2.21	Giardia / 42		
	2.22	Anisakis simplex / 43		
	2.23	Ascaris / 44		
	2.24	Diphyllobothrium latum / 45		
	2.25	Taenia / 45		
	2.26	Trichinella spiralis / 46		
	2.27	Hepatitis A and E Viruses / 46		
	2.28	Norovirus / 48		
	Refer	ences / 49		
п	- N 4 F	TROING ICCLIFE	EO	
П		ERGING ISSUES	53	
3	CRONOBACTER GEN. NOV. (ENTEROBACTER) SAKAZAKII:			
	CURRENT KNOWLEDGE AND FUTURE CONSIDERATIONS			
	Genisis Iris Dancer and Dong-Hyun Kang			
	3.1	Introduction / 55		
	3.2	History of Illness Caused by (E). sakazakii / 56		
	3.3	Infant Susceptibility / 57		
	3.4	Novel Prevention Strategies / 59		
	3.5	Infant Formula Processing / 59		
	3.6	Biochemical Characterization and Taxonomy / 60		
	5.0	Distribution Characterization and Taxonomy / 00		

	3.7	Environmental Sources of (E). sakazakii / 62			
	3.8	Resistance and Virulence Factors of (E). sakazakii / 63			
	3.9	Current Isolation and Detection Techniques / 71			
	References / 74				
4	DDI	ON DISEASES	81		
4		oie McKenzie and Judd Aiken	0.		
	4.1	Introduction / 81			
	4.2	Transmissible Spongiform Encephalopathies / 82			
	4.3	Nature of the Illness Caused / 86			
	4.4	Pathogenesis / 86			
	4.5	Characteristics of the Agent / 87			
	4.6	Epidemiology / 91			
	4.7	PrPSc Detection / 92			
	4.8	Physical Means of Destruction of the Organism / 94			
	4.9	Prevention and Control Measures / 95			
	Refe	rences / 96			
5	A\/I.	AN INFLUENZA A (H5N1): POTENTIAL THREAT TO			
5		DD SAFETY	99		
		es Mark Simmerman and Peter K. Ben Embarek			
	5.1	Introduction / 99			
	5.2	Emergence of H5N1 Avian Influenza / 100			
	5.3	Epidemiology of Human H5N1 Infection / 101			
	5.4	Clinical Presentation and Laboratory Diagnosis / 102			
	5.5	Food Safety Considerations / 104			
	5.6	Global Response / 106			
		prences / 107			
	Roic	Teneds   101			
Ш	FC	OOD SAFETY ISSUES AND THE			
		CROBIOLOGY OF SPECIFIC COMMODITIES	113		
6	FO	OD SAFETY ISSUES AND THE MICHORIOLOGY OF REFE	115		
0	6 FOOD SAFETY ISSUES AND THE MICROBIOLOGY OF BEEF Robin C. Anderson, Steven C. Ricke, Bwalya Lungu, Michael G. Johnso Christy Oliver, Shane M. Horrocks, and David J. Nisbet				
	6.1	Introduction / 115			
	6.2	Enterohemorrhagic Escherichia coli O157:H7 in Beef / 115			
	6.3	Salmonella in Beef / 120			