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の超級生活集語で

施孝昌 编著



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前言

自然英语学习法

学好英语的不二法门,除了勤学苦练之外,环境当然也 很重要。

大家一定听过,只要到了美国,在一个完全说英语的环境中生活,自然就能学会一口流利的英语。

为什么会这样呢?因为语言的学习本来就是模仿、衍生、创造的过程。

每个人学习语言都是从模仿开始的,然后我们的大脑就自然会把这些句型和词汇融合、衍生,再根据各种不同的场合,组合创造出应该说或是想要说的话。

但是,不是每个人都有机会可以生活在英语环境中,天 天听着、跟着美国人说英语,然后练出一口流利的英语。本 书针对人类自然学习语言的本能,创造出模拟的美语生活环境;您只要跟着本书的英语对话,一句一句跟着读,就好像生 活在美国家庭中,天天听着美国人说英语一般,您的英语就 会一点一滴地在脑中累积、生根、发展,自然成为可以应用自 如的语言。

除了模拟实况对话外,本书另有句型练习和单词短语两部分:句型练习列出更多的生活句型,可以丰富您的英语表达,避免言语乏味,一成不变;单词短语部分,详列实况对话和句型练习中的生词和短语,并注明音标和中文解释,省去翻查词典的麻烦,增加便利性与实用性。

本书特别邀请美国语言教学专家精心录制 MP3。请您每个句子读两遍,一快一慢:一方面训练听力;一方面可以跟着复诵,达到英语自然学习法的最佳效果。

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Unit 3 In the Evening 晚上

Unit 4 Before Going to Bed 就寝之前

Unit 5 Meals at Home 在家吃饭



Unit 1

In the Morning 早晨



Situation 1

In the Bedroom 在卧室





0 0 0 0

- A: Wake up! 起床啦!
- **3**: Do I have to get up now? 我一定得现在起来吗?
- ◆ "Wake up."是祈使句,以动词原形开头,主语"You"省略。

对话



- A: You'd better get up or you're going to be late.
 - 你再不起来就要迟到了。
- B: What are you talking about? 你说什么呀?

The alarm hasn't even gone off yet!

- 闹钟都还没响呢!
- A: Yes, it has. It went off 15 minutes ago. 响了,15 分钟前就响了。
- **3**: I must have slept right through it. 我一定是睡过头了。
- ◆ go off 是动词短语,指"闹钟响"。过去式为"went off";现在完成式为"have/has gone off"。



- A: Rise and shine, sleepyhead. 起来洗脸,你这贪睡鬼。
- B: Just let me sleep 10 more minutes! 让我再多睡 10 分钟嘛!
- ◆ Rise and shine. 是一句美国人常用在叫人起床时的口语。



- 1. Yeah, there's no school today. I can sleep late. 太好了,今天不用上学,我可以睡晚一点。
- 2. Oh, no, my alarm clock didn't go off this morning. 哎呀!糟了,我的闹钟今早没响。
- **3**. No breakfast for me today. I'm running late. 我不吃早饭了。我快要迟到了。
- **4.** It's already 8:00. I'm going to be late today. 已经 8 点了。我今天要迟到了。
- **5**. You'd better get up or you'll be late. 你再不起来就要迟到了。



单词短语

- had better
- get up
- go off
- alarm [əˈlɑːm]
- rise [raɪz]
- shine [fain]

最好

起床

(闹钟)响

闹钟

起来

照耀

Unit 1

In the Morning 早晨



Situation 2

In the Bathroom 在盥洗室



- A: Are you almost finished? I need in there, too. 你快好了吗? 我也等着进去呢。
- B: I'll be out in just a second. 我马上就出来了。
- ◆ there 可以作名词,是"在那里"的意思,作介词 in 的宾语。



A: What takes you so long in the bathroom? 你为什么在浴室待那么久?

- **B**: I have to take a shower, then put on my make-up and fix my hair.
 - 我得冲澡、化牧,还得梳头。
- A: Then you should let me go first.
 那么你应该让我先用。
 I just have to go to the bathroom and shave.
 我只需要上厕所和刮胡子。
- B: You men have got it lucky, all right. 好吧,你们男人比较幸运。



A: Please hurry up in there. 请你在里面快一点。

You're going to make me late for work. 你要害我上班迟到了。

B. Don't rush me.

不要催我。

I'm getting ready as fast as I can.

我尽可能在快了。



- 1. Don't take too long in there. 不要在里面待太久。
- **2**. How long are you going to be in the bathroom? 你会在浴室待多久?
- **3**. Let me in there first. I have to use the bathroom. 先让我,我急着上厕所。
- **4.** Are you going to take a shower now? 你现在要冲澡吗?
- **5**. We need two bathrooms. 我们需要两间浴室。



shower ['∫aʊə]

make-up

shave [∫eɪv]

ullet rush $[r_{\Lambda}]$

淋浴

化妆品

刮胡子

催促

Unit 1

In the Morning 早晨



Situation 3

Breakfast Time 早餐时间



- A: Are you having breakfast here this morning? 你要在这儿吃早餐吗?
- B: No, I'll pick something up on the way to work. 不了,我会在上班的路上买点东西吃。
 - ◆ "Are you having"是用现在进行式,表示即将要做的动作。



- A: What do you want for breakfast today? 你早餐要吃什么?
- **3**: I'd like eggs and toast. 我想吃蛋和吐司面包。



- A: Do we have any orange juice, mom? 妈,有没有橘子汁?
- B: Yes, I made some orange juice. 有的,我刚做好了。