

LITERARY THEORY

An Introduction

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Preface

If one wanted to put a date on the beginnings of the transformation which has overtaken literary theory in this century, one could do worse than settle on 1917, the year in which the young Russian Formalist Viktor Shklovsky published his pioneering essay 'Art as Device'. Since then, and especially over the past two decades, there has been a striking proliferation of literary theory: the very meaning of 'literature', 'reading' and 'criticism' has undergone deep alteration. But not much of this theoretical revolution has yet spread beyond a circle of specialists and enthusiasts: it has still to make its full impact on the student of literature and the general reader.

This book sets out to provide a reasonably comprehensive account of modern literary theory for those with little or no previous knowledge of the topic. Though such a project obviously involves omissions and oversimplifications, I have tried to popularize, rather than vulgarize, the subject. Since there is in my opinion no 'neutral', value-free way of presenting it, I have argued throughout a particular *case*, which I hope adds to the book's interest.

The economist J. M. Keynes once remarked that those economists who disliked theory, or claimed to get along better without it, were simply in the grip of an older theory. This is also true of literary students and critics. There are some who complain that literary theory is impossibly esoteric – who suspect it as an arcane, elitist enclave somewhat akin to nuclear physics. It is true that a 'literary education' does not exactly encourage analytical thought; but literary theory is in fact no more difficult than many theoretical enquiries, and a good deal easier than some. I hope the book may help to demystify those who fear that

the subject is beyond their reach. Some students and critics also protest that literary theory 'gets in between the reader and the work'. The simple response to this is that without some kind of theory, however unreflective and implicit, we would not know what a 'literary work' was in the first place, or how we were to read it. Hostility to theory usually means an opposition to other people's theories and an oblivion of one's own. One purpose of this book is to lift that repression and allow us to remember.

T. E.

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1

Introduction: What is Literature?

If there is such a thing as literary theory, then it would seem obvious that there is something called literature which it is the theory of. We can begin, then, by raising the question: what is literature?

There have been various attempts to define literature. You can define it, for example, as 'imaginative' writing in the sense of fiction — writing which is not literally true. But even the briefest reflection on what people commonly include under the heading of literature suggests that this will not do. Seventeenth-century English literature includes Shakespeare, Webster, Marvell and Milton; but it also stretches to the essays of Francis Bacon, the sermons of John Donne, Bunyan's spiritual autobiography and whatever it was that Sir Thomas Browne wrote. It might even at a pinch be taken to encompass Hobbes's *Leviathan* or Clarendon's *History of the Rebellion*.⁶ French seventeenth-century literature contains, along with Corneille and Racine, La Rochefoucauld's maxims, Bossuet's funeral speeches, Boileau's treatise on poetry, Madame de Sévigné's letters to her daughter and the philosophy of Descartes and Pascal. Nineteenth-century English literature usually includes Lamb (though not Bentham), Macaulay (but not Marx), Mill (but not Darwin or Herbert Spencer).

A distinction between 'fact' and 'fiction', then, seems unlikely to get us very far, not least because the distinction itself is often a questionable one. It has been argued, for instance, that our own opposition between 'historical' and 'artistic' truth does not apply at all to the early Icelandic sagas.¹ In the English late sixteenth and early seventeenth centuries, the word 'novel' seems to have been used about both true and fictional events, and even news

reports were hardly to be considered factual. Novels and news reports were neither clearly factual nor clearly fictional: our own sharp discriminations between these categories simply did not apply.² Gibbon no doubt thought that he was writing the historical truth, and so perhaps did the authors of Genesis, but they are now read as 'fact' by some and 'fiction' by others; Newman certainly thought his theological meditations were true but they are now for many readers 'literature'. Moreover, if 'literature' includes much 'factual' writing, it also excludes quite a lot of fiction. *Superman* comic and Mills and Boon novels are fictional but not generally regarded as literature, and certainly not as Literature. If literature is 'creative' or 'imaginative' writing, does this imply that history, philosophy and natural science are uncreative and unimaginative?

Perhaps one needs a different kind of approach altogether. Perhaps literature is definable not according to whether it is fictional or 'imaginative', but because it uses language in peculiar ways. On this theory, literature is a kind of writing which, in the words of the Russian critic Roman Jakobson, represents an 'organized violence committed on ordinary speech'. Literature transforms and intensifies ordinary language, deviates systematically from everyday speech. If you approach me at a bus stop and murmur 'Thou still unravished bride of quietness', then I am instantly aware that I am in the presence of the literary. I know this because the texture, rhythm and resonance of your words are in excess of their abstractable meaning – or, as the linguists might more technically put it, there is a disproportion between the signifiers and the signifieds. Your language draws attention to itself, flaunts its material being, as statements like 'Don't you know the drivers are on strike?' do not.

This, in effect, was the definition of the 'literary' advanced by the Russian formalists, who included in their ranks Viktor Shklovsky, Roman Jakobson, Osip Brik, Yury Tynyanov, Boris Eichenbaum and Boris Tomashevsky. The Formalists emerged in Russia in the years before the 1917 Bolshevik revolution, and flourished throughout the 1920s, until they were effectively silenced by Stalinism. A militant polemical group of critics, they rejected the quasi-mystical symbolist doctrines which had influenced literary criticism before them, and in a practical, scientific spirit shifted attention to the material reality of the

literary text itself. Criticism should dissociate art from mystery and concern itself with how literary texts actually worked: literature was not pseudo-religion or psychology or sociology but a particular organization of language. It had its own specific laws, structures and devices, which were to be studied in themselves rather than reduced to something else. The literary work was neither a vehicle for ideas, a reflection of social reality nor the incarnation of some transcendental truth: it was a material fact, whose functioning could be analysed rather as one could examine a machine. It was made of words, not of objects or feelings, and it was a mistake to see it as the expression of an author's mind. Pushkin's *Eugene Onegin*, Osip Brik once airily remarked, would have been written even if Pushkin had not lived.

Formalism was essentially the application of linguistics to the study of literature; and because the linguistics in question were of a formal kind, concerned with the structures of language rather than with what one might actually say, the Formalists passed over the analysis of literary 'content' (where one might always be tempted into psychology or sociology) for the study of literary form. Far from seeing form as the expression of content, they stood the relationship on its head: content was merely the 'motivation' of form, an occasion or convenience for a particular kind of formal exercise. *Don Quixote* is not 'about' the character of that name: the character is just a device for holding together different kinds of narrative technique. *Animal Farm* for the Formalists would not be an allegory of Stalinism; on the contrary, Stalinism would simply provide a useful opportunity for the construction of an allegory. It was this perverse insistence which won for the Formalists their derogatory name from their antagonists; and though they did not deny that art had a relation to social reality — indeed some of them were closely associated with the Bolsheviks — they provocatively claimed that this relation was not the critic's business.

The Formalists started out by seeing the literary work as a more or less arbitrary assemblage of 'devices', and only later came to see these devices as interrelated elements or 'functions' within a total textual system. 'Devices' included sound, imagery, rhythm, syntax, metre, rhyme, narrative techniques, in fact the whole stock of formal literary elements; and what all of these elements had in common was their 'estranging' or 'defamiliariz-

ing' effect. What was specific to literary language, what distinguished it from other forms of discourse, was that it 'deformed' ordinary language in various ways. Under the pressure of literary devices, ordinary language was intensified, condensed, twisted, telescoped, drawn out, turned on its head. It was language 'made strange'; and because of this estrangement, the everyday world was also suddenly made unfamiliar. In the routines of everyday speech, our perceptions of and responses to reality become stale, blunted, or, as the Formalists would say, 'automatized'. Literature, by forcing us into a dramatic awareness of language, refreshes these habitual responses and renders objects more 'perceptible'. By having to grapple with language in a more strenuous, self-conscious way than usual, the world which that language contains is vividly renewed. The poetry of Gerard Manley Hopkins might provide a particularly graphic example of this. Literary discourse estranges or alienates ordinary speech, but in doing so, paradoxically, brings us into a fuller, more intimate possession of experience. Most of the time we breathe in air without being conscious of it; like language, it is the very medium in which we move. But if the air is suddenly thickened or infected we are forced to attend to our breathing with new vigilance, and the effect of this may be a heightened experience of our bodily life. We read a scribbled note from a friend without paying much attention to its narrative structure; but if a story breaks off and begins again, switches constantly from one narrative level to another and delays its climax to keep us in suspense, we become freshly conscious of how it is constructed at the same time as our engagement with it may be intensified. The story, as the Formalists would argue, uses 'impeding' or 'retarding' devices to hold our attention; and in literary language, these devices are 'laid bare'. It was this which moved Viktor Shklovsky to remark mischievously of Laurence Sterne's *Tristram Shandy*, a novel which impedes its own story-line so much that it hardly gets off the ground, that it was 'the most typical novel in world literature'.

The Formalists, then, saw literary language as a set of deviations from a norm, a kind of linguistic violence: literature is a 'special' kind of language, in contrast to the 'ordinary' language we commonly use. But to spot a deviation implies being able to identify the norm from which it swerves. Though 'ordinary

language' is a concept beloved of some Oxford philosophers, the ordinary language of Oxford philosophers has little in common with the ordinary language of Glaswegian dockers. The language both social groups use to write love letters usually differs from the way they talk to the local vicar. The idea that there is a single 'normal' language, a common currency shared equally by all members of society, is an illusion. Any actual language consists of a highly complex range of discourses, differentiated according to class, region, gender, status and so on, which can by no means be neatly unified into a single homogeneous linguistic community. One person's norm may be another's deviation: 'ginnel' for 'alleyway' may be poetic in Brighton but ordinary language in Barnsley. Even the most 'prosaic' text of the fifteenth century may sound 'poetic' to us today because of its archaism. If we were to stumble across an isolated scrap of writing from some long-vanished civilization, we could not tell whether it was 'poetry' or not merely by inspecting it, since we might have no access to that society's 'ordinary' discourses; and even if further research were to reveal that it was 'deviatory', this would still not prove that it was poetry as not all linguistic deviations are poetic. Slang, for example. We would not be able to tell just by looking at it that it was not a piece of 'realist' literature, without much more information about the way it actually functioned as a piece of writing within the society in question.

It is not that the Russian Formalists did not realize all this. They recognized that norms and deviations shifted around from one social or historical context to another – that 'poetry' in this sense depends on where you happen to be standing at the time. The fact that a piece of language was 'estranging' did not guarantee that it was always and everywhere so: it was estranging only against a certain normative linguistic background, and if this altered then the writing might cease to be perceptible as literary. If everyone used phrases like 'unravished bride of quietness' in ordinary pub conversation, this kind of language might cease to be poetic. For the Formalists, in other words, 'literariness' was a function of the *differential* relations between one sort of discourse and another; it was not an eternally given property. They were not out to define 'literature', but 'literariness' – special uses of language, which could be found in 'literary' texts but also in many places outside them. Anyone

who believes that 'literature' can be defined by such special uses of language has to face the fact that there is more metaphor in Manchester than there is in Marvell. There is no 'literary' device – metonymy, synecdoche, litotes, chiasmus and so on – which is not quite intensively used in daily discourse.

Nevertheless, the Formalists still presumed that 'making strange' was the essence of the literary. It was just that they relativized this use of language, saw it as a matter of contrast between one type of speech and another. But what if I were to hear someone at the next pub table remark 'This is awfully squiggly handwriting!' Is this 'literary' or 'non-literary' language? As a matter of fact it is 'literary' language, because it comes from Knut Hamsun's novel *Hunger*. But how do I know that it is literary? It doesn't, after all, focus any particular attention on itself as a verbal performance. One answer to the question of how I know that this is literary is that it comes from Knut Hamsun's novel *Hunger*. It is part of a text which I read as 'fictional', which announces itself as a 'novel', which may be put on university literature syllabuses and so on. The *context* tells me that it is literary; but the language itself has no inherent properties or qualities which might distinguish it from other kinds of discourse, and someone might well say this in a pub without being admired for their literary dexterity. To think of literature as the Formalists do is really to think of all literature as *poetry*. Significantly, when the Formalists came to consider prose writing, they often simply extended to it the kinds of technique they had used with poetry. But literature is usually judged to contain much besides poetry – to include, for example, realist or naturalistic writing which is not linguistically self-conscious or self-exhibiting in any striking way. People sometimes call writing 'fine' precisely because it *doesn't* draw undue attention to itself: they admire its laconic plainness or low-keyed sobriety. And what about jokes, football chants and slogans, newspaper headlines, advertisements, which are often verbally flamboyant but not generally classified as literature?

Another problem with the 'estrangement' case is that there is no kind of writing which cannot, given sufficient ingenuity, be read as estranging. Consider a prosaic, quite unambiguous statement like the one sometimes seen in the London underground system: 'Dogs must be carried on the escalator.' This is not perhaps quite as unambiguous as it seems at first

sight: does it mean that you *must* carry a dog on the escalator? Are you likely to be banned from the escalator unless you can find some stray mongrel to clutch in your arms on the way up? Many apparently straightforward notices contain such ambiguities: 'Refuse to be put in this basket,' for instance, or the British road-sign 'Way Out' as read by a Californian. But even leaving such troubling ambiguities aside, it is surely obvious that the underground notice could be read as literature. One could let oneself be arrested by the abrupt, minatory *staccato* of the first ponderous monosyllables; find one's mind drifting, by the time it had reached the rich allusiveness of 'carried', to suggestive resonances of helping lame dogs through life; and perhaps even detect in the very lilt and inflection of the word 'escalator' a miming of the rolling, up-and-down motion of the thing itself. This may well be a fruitless sort of pursuit, but it is not significantly more fruitless than claiming to hear the cut and thrust of the rapiers in some poetic description of a duel, and it at least has the advantage of suggesting that 'literature' may be at least as much a question of what people do to writing as of what writing does to them.

But even if someone were to read the notice in this way, it would still be a matter of reading it as *poetry*, which is only part of what is usually included in literature. Let us therefore consider another way of 'misreading' the sign which might move us a little beyond this. Imagine a late-night drunk doubled over the escalator handrail who reads the notice with laborious attentiveness for several minutes and then mutters to himself 'How true!' What kind of mistake is occurring here? What the drunk is doing, in fact, is taking the sign as some statement of general, even cosmic significance. By applying certain conventions of reading to its words, he prises them loose from their immediate context and generalizes them beyond their pragmatic purpose to something of wider and probably deeper import. This would certainly seem to be one operation involved in what people call literature. When the poet tells us that his love is like a red rose, we know by the very fact that he puts this statement in metre that we are not supposed to ask whether he actually had a lover who for some bizarre reason seemed to him to resemble a rose. He is telling us something about women and love in general. Literature, then, we might say, is 'non-pragmatic' discourse: unlike biology textbooks and notes to the milkman it serves no

immediate practical purpose, but is to be taken as referring to a general state of affairs. Sometimes, though not always, it may employ peculiar language as though to make this fact obvious -- to signal that what is at stake is a *way of talking* about a woman, rather than any particular real-life woman. This focusing on the way of talking, rather than on the reality of what is talked about, is sometimes taken to indicate that we mean by literature a kind of *self-referential* language, a language which talks about itself.

There are, however, problems with this way of defining literature too. For one thing, it would probably have come as a surprise to George Orwell to hear that his essays were to be read as though the topics he discussed were less important than the way he discussed them. In much that is classified as literature, the truth-value and practical relevance of what is said is considered important to the overall effect. But even if treating discourse 'non-pragmatically' is part of what is meant by 'literature', then it follows from this 'definition' that literature cannot in fact be 'objectively' defined. It leaves the definition of literature up to how somebody decides to *read*, not to the nature of what is written. There are certain kinds of writing -- poems, plays, novels -- which are fairly obviously intended to be 'non-pragmatic' in this sense, but this does not guarantee that they will actually be read in this way. I might well read Gibbon's account of the Roman empire not because I am misguided enough to believe that it will be reliably informative about ancient Rome but because I enjoy Gibbon's prose style, or revel in images of human corruption whatever their historical source. But I might read Robert Burns's poem because it is not clear to me, as a Japanese horticulturalist, whether or not the red rose flourished in eighteenth-century Britain. This, it will be said, is not reading it 'as literature'; but am I reading Orwell's essays as literature only if I generalize what he says about the Spanish civil war to some cosmic utterance about human life? It is true that many of the works studied as literature in academic institutions were 'constructed' to be read as literature, but it is also true that many of them were not. A piece of writing may start off life as history or philosophy and then come to be ranked as literature; or it may start off as literature and then come to be valued for its archaeological significance. Some texts are born literary, some achieve literariness, and some have literariness thrust upon

them. Breeding in this respect may count for a good deal more than birth. What matters may not be where you came from but how people treat you. If they decide that you are literature then it seems that you are, irrespective of what you thought you were.

In this sense, one can think of literature less as some inherent quality or set of qualities displayed by certain kinds of writing all the way from *Beowulf* to Virginia Woolf, than as a number of ways in which people *relate themselves* to writing. It would not be easy to isolate, from all that has been variously called 'literature', some constant set of inherent features. In fact it would be as impossible as trying to identify the single distinguishing feature which all games have in common. There is no 'essence' of literature whatsoever. Any bit of writing may be read 'non-pragmatically', if that is what reading a text as literature means, just as any writing may be read 'poetically'. If I pore over the railway timetable not to discover a train connection but to stimulate in myself general reflections on the speed and complexity of modern existence, then I might be said to be reading it as literature. John M. Ellis has argued that the term 'literature' operates rather like the word 'weed': weeds are not particular kinds of plant, but just any kind of plant which for some reason or another a gardener does not want around.³ Perhaps 'literature' means something like the opposite: any kind of writing which for some reason or another somebody values highly. As the philosophers might say, 'literature' and 'weed' are *functional* rather than *ontological* terms: they tell us about what we do, not about the fixed being of things. They tell us about the role of a text or a thistle in a social context, its relations with and differences from its surroundings, the ways it behaves, the purposes it may be put to and the human practices clustered around it. 'Literature' is in this sense a purely formal, empty sort of definition. Even if we claim that it is a non-pragmatic treatment of language, we have still not arrived at an 'essence' of literature because this is also so of other linguistic practices such as jokes. In any case, it is far from clear that we can discriminate neatly between 'practical' and 'non-practical' ways of relating ourselves to language. Reading a novel for pleasure obviously differs from reading a road sign for information, but how about reading a biology textbook to improve your mind? Is that a 'pragmatic' treatment of language or not? In many societies, 'literature' has served highly practical functions such as religious

ones; distinguishing sharply between 'practical' and 'non-practical' may only be possible in a society like ours, where literature has ceased to have much practical function at all. We may be offering as a general definition a sense of the 'literary' which is in fact historically specific.

We have still not discovered the secret, then, of why Lamb, Macaulay and Mill are literature but not, generally speaking, Bentham, Marx and Darwin. Perhaps the simple answer is that the first three are examples of 'fine writing', whereas the last three are not. This answer has the disadvantage of being largely untrue, at least in my judgement, but it has the advantage of suggesting that by and large people term 'literature' writing which they think is *good*. An obvious objection to this is that if it were entirely true there would be no such thing as 'bad literature'. I may consider Lamb and Macaulay overrated, but that does not necessarily mean that I stop regarding them as literature. You may consider Raymond Chandler 'good of his kind', but not exactly literature. On the other hand, if Macaulay were a *really* bad writer — if he had no grasp at all of grammar and seemed interested in nothing but white mice — then people might well not call his work literature at all, even bad literature. Value-judgements would certainly seem to have a lot to do with what is judged literature and what isn't — not necessarily in the sense that writing has to be 'fine' to be literary, but that it has to be *of the kind* that is judged fine: it may be an inferior example of a generally valued mode. Nobody would bother to say that a bus ticket was an example of inferior literature, but someone might well say that the poetry of Ernest Dowson was. The term 'fine writing', or *belles lettres*, is in this sense ambiguous: it denotes a sort of writing which is generally highly regarded, while not necessarily committing you to the opinion that a particular specimen of it is 'good'.

With this reservation, the suggestion that 'literature' is a highly valued kind of writing is an illuminating one. But it has one fairly devastating consequence. It means that we can drop once and for all the illusion that the category 'literature' is 'objective', in the sense of being eternally given and immutable. Anything can be literature, and anything which is regarded as unalterably and unquestionably literature — Shakespeare, for example — can cease to be literature. Any belief that the study of literature is the study of a stable, well-definable entity, as en-

tomology is the study of insects, can be abandoned as a chimera. Some kinds of fiction are literature and some are not; some literature is fictional and some is not; some literature is verbally self-regarding, while some highly-wrought rhetoric is not literature. Literature, in the sense of a set of works of assured and unalterable value, distinguished by certain shared inherent properties, does not exist. When I use the words 'literary' and 'literature' from here on in this book, then, I place them under an invisible crossing-out mark, to indicate that these terms will not really do but that we have no better ones at the moment.

The reason why it follows from the definition of literature as highly valued writing that it is not a stable entity is that value-judgements are notoriously variable. 'Times change, values don't,' announces an advertisement for a daily newspaper, as though we still believed in killing off infirm infants or putting the mentally ill on public show. Just as people may treat a work as philosophy in one century and as literature in the next, or vice versa, so they may change their minds about what writing they consider valuable. They may even change their minds about the grounds they use for judging what is valuable and what is not. This, as I have suggested, does not necessarily mean that they will refuse the title of literature to a work which they have come to deem inferior: they may still call it literature, meaning roughly that it belongs to the *type* of writing which they generally value. But it does mean that the so-called 'literary canon', the unquestioned 'great tradition' of the 'national literature', has to be recognized as a *construct*, fashioned by particular people for particular reasons at a certain time. There is no such thing as a literary work or tradition which is valuable *in itself*, regardless of what anyone might have said or come to say about it. 'Value' is a transitive term: it means whatever is valued by certain people in specific situations, according to particular criteria and in the light of given purposes. It is thus quite possible that, given a deep enough transformation of our history, we may in the future produce a society which is unable to get anything at all out of Shakespeare. His works might simply seem desperately alien, full of styles of thought and feeling which such a society found limited or irrelevant. In such a situation, Shakespeare would be no more valuable than much present-day graffiti. And though many people would consider such a social condition tragically impoverished, it seems to me dogmatic not to entertain the