

慎小嶷

十天突破 雅思口语



附赠光盘

慎小嶷®编著

A flawed perfection strategy
Blended with a realistic goal
The chaos theory will come in handy
If you try to figure out how ideas were conceived
Rather than how they were presented

环球雅思金牌讲师多年教学经验提炼
数万学生考场实战检验

A Ten-Day Step-by-Step Guide to the
IELTS Speaking Test
(Revised & Updated)

第2版

新英语十日谈丛书

New English Ten-Day Series



To use English freely in the IELTS speaking test has been an aspiration for all of you, but how to fulfill this dream probably is a puzzle for many. In my estimation, overall the Chinese candidates' poor performance has been due to their "overpreparation" or "mispreparation", so to speak, for the IELTS speaking test than to the lack of lexical resources to draw on. The intense cramming and the chunky, indigestible masses that are brutally crammed into their brains render the entire preparation process a strategic failure. And the accompanying psychological insecurity and resistance further aggravate everything...

A Message from the Author

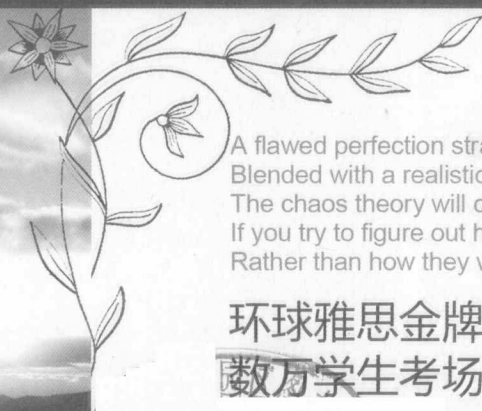
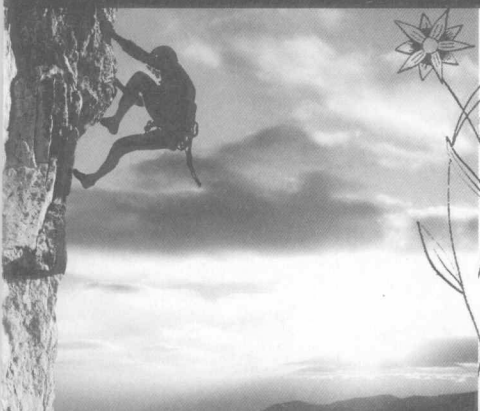


机械工业出版社
CHINA MACHINE PRESS

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本书是雅思口语应试技巧大全，包括三个部分：正文、附赠手册和光盘。

本次修订，正文部分依然按照天数划分，在十天内分别讲述雅思口语测试要点和应试策略。并结合《剑7》体现出来的雅思口语新思路对全书进行了全面调整。根据不同的测试内容，提供了素材库等多种应试工具。考生可以根据自己的实际情况，有选择性地使用，不仅方便，而且突出个性。

在讲解真题时，作者总结了历届雅思口语话题，进行了归纳讲解，尽量减少考生的复习量。

在附赠手册部分，汇集了口语常用表达法的精华，考生可以随身携带。

光盘部分的录音紧随教材和附赠手册，英音朗读，便于考生学习和训练。

本书作者系环球雅思学校金牌写作、口语主讲，培训经验丰富，著有《十天突破雅思写作》。

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风起云扬

(写给《十天突破雅思口语》剑7版)

这些天因为赶上了《十天突破雅思口语》和《十天突破雅思写作》的剑7版同时改版，大家已经忙得不能再忙了。

剑桥系列是雅思最权威的测试题，而《剑7》的出版从另一个角度证明了“十天系列”的成功。因为“十天口语”和“十天写作”都提前覆盖了《剑7》的内容。

对新版“十天”而言，深入透析《剑7》是一项重要的工作。慎小嶷老师已经在雅思前线奋战了五年，是环球雅思学校最富盛名的口语和写作老师。整理题库，分析“剑桥”，是他教学工作的重中之重。所以在“十天（剑7版）”的修订过程中，他充分考虑了学生的反馈意见，敏锐地抓住了剑桥在出题和评判上的细微变化，让“十天（剑7版）”具有更强的实战性和权威性。

事实上，雅思口语考试考查的不仅仅是语言水平，还有沟通能力。雅思考试经过这么多年的发展，不仅话题已经非常成熟，评判人也能在细微处敏锐地判断出考生的真实沟通能力。因此不论是语音还是词汇，也不管是表情还是思维，都必须尽可能接近考官。这让自幼在国外接受教育，常年在国内外教育间不断转换的慎小嶷老师感到得心应手，毕竟他跟考官在思路是一种零距离的感应。所以，“十天（剑7版）”才能达到一种新的高度。比如这本《十天突破雅思口语》（剑7版）。

全书对各章节进行了大幅调整。改版之后，全书既是按照天数划分，也是按照英语的学习规律和雅思口语的评判内容划分。由词到句，由句及段逐步推进。而且这本书不仅正文部分精彩，附录也同样不容错过。里面那些地道的语言文化常识，恰似高手对弈时备有奇招以应变化。

《十天突破雅思口语》（剑7版）是慎小嶷老师带给广大雅思考生的一份厚礼，感谢慎小嶷老师为雅思培训行业所做的最新贡献。愿所有的考生取得令人满意的成绩。

吕蕾

Preface

To use English freely in the IELTS speaking test has been an aspiration for all of you, but how to fulfill this dream probably is a puzzle for many.

This book has been conceptualized and devised as a self-study aid, intended for learners who will take the IELTS test within a couple of weeks.

In all honesty, this target audience is best characterized by their taxing anxiety, or even desperation, and the frantic all-nighters when note cards are splayed all over the floor in messy piles. They are so worked up because they are afraid they will end up being unprepared or underprepared for the test. Eventually, most of them step into the test room with their brains jam-packed with rigid templates and corny bromides, many of which are antiquated English. Then, when actually striking up a conversation with the examiner, they find themselves hopelessly tongue-tied and dumbfounded.

Mean band score by most frequent countries or regions of origin (Academic)

Source: www.ielts.org

NATIONALITY	SPEAKING
Bangladesh	5.59
China	5.26
Germany	7.20
China's Hong Kong	5.99
India	5.93
Indonesia	5.82
Iran	6.21
Japan	5.76
Malaysia	6.43
Nepal	5.74
Pakistan	5.72
Philippines	6.76
Russia	6.69
Saudi Arabia	5.89
South Korea	5.61
Sri Lanka	6.31

China's Taiwan	5.64
Thailand	5.66
United Arab Emirates	5.42
Vietnam	5.64

In my estimation, overall the Chinese candidates' poor performance has been due to their "overpreparation" or "mispreparation", if you will, for the IELTS speaking test than to the lack of lexical resources to draw on. The intense cramming and the chunky, indigestible masses that are brutally crammed into their brains render the entire preparation process a strategic failure. And the accompanying psychological insecurity and resistance further aggravate everything.

My four years of experience as an IELTS teacher in China informs me students get most amazing results when they learn with a happy mood. Learning with fun has been a firmly-entrenched pedagogical principle in many Western countries, just as indiscriminate rote learning has been institutionalized in a host of Chinese schools. Now that the readers of this book are about to be tested in a Western language by a Westerner with typically Western thought, it only makes sense the author's best bet would be to shun the awe-inspiring words, the formidably intricate sentences and the baffling grammatical points and just settle for something more approachable, accessible and easier to be transferred to long-term memory.

You must be frowning. Yes, I contradict myself with all the high-sounding, stilted stuff in this foreword. As a matter of fact, no matter who you are and where you are from, one thing's for sure: You are not taking the IELTS test anytime soon. Candidates-to-be don't have time for this particular segment of any publications in the first place. Even if they didn't leap right to the first chapter, they couldn't possibly have trudged this far in this section, for it is swamped with words that are unfamiliar to them. Only goes to show how essential it is for me to come up with something less intimidating in the main body of this book.

Given the painstaking efforts Chinese candidates make prior to the IELTS speaking test, on average their scores are deplorably low. I am convinced this far-from-satisfying situation can be largely attributed to the general misunderstanding, or "myth" that only pompous and well-regurgitated wording and phrasing can guarantee good scores in the test. This assumption is dubious on two accounts:

☆ What is a good score anyway? (My understanding of this is the best possible score a candidate can potentially get, so it has more to do with realistic potential than with arbitrary conjecture.)

☆ Do students have to get the examiner completely daunted to get a satisfactory score in a test specifically devised for non-native English speakers? I just wonder.

English-as-a-second-language tests, by definition, do not require the candidates to to speak “perfect” English. The ability to express themselves comfortably and to get their messages across effectively are much more desirable than showy bravura. And considering the time constraints candidates are confronted with before the test, principled compromises in expectations would be very much in order.

This book gives its readers access to a wealth of words, phrases, sentences, paragraphs and passages organized by commonly-tested topics. Still, it is advised readers focus more on how the author uses these elements to construct ideas. The primary purpose of this book is not to drill the readers in reciting memorized pieces verbatim, but to coax the readers into orally producing their own ideas about recurrent topics in the IELTS speaking test. With this book, readers will come to the realization speaking English isn't so hard , after all, and they can talk in English too. The conventional wisdom of “Don't speak just to hear yourself talk.” doesn't apply here. I will constantly conjoin my readers into “just talking” or even rambling a bit with their flawed but far more laid-back and effectual English. Also, the author will share with you many carefully-crafted, tried-and-true techniques for you to ace this test. Additionally, every now and then, you'll stumble across a variety of things about the English-speaking cultures.

As it turns out, this book is more than a survival kit for IELTS-takers. It winds up more like an escape fiction book more concerned with a distinct escapism from the pedagogical tyranny and archaisms that are dominating the IELTS speaking preparation in China. Such a book will deserve a corner on the market, I'm positive, not just because it's unique, but because of its substantial utility as an alternative genre. The reader will discover his/her own worth and potential and walk away with what the author has put in this publication — self-assurance and strength.

Dai
Jun 2009

From the Author to the Reader

本书的策划

本书的策划从这本书的姐妹篇《十天突破雅思写作》第一版完稿时就开始了。也许是因为那本写作书真的太畅销了吧，这一年里，我承受着来自读者、学生和出版公司的巨大压力。当然，他们/她们是希望我把压力转化成动力。They just breathed down my neck, hoping the relentless coercion will turn into motivation. Fair enough.

关于口语书唯一没有给我施加压力的是我的家人。父母跟我通电话的时候，说得最多的一句话是“一定别累着，课多的时候就别写书了。”Hmm, I guess giving reassurance in times of trouble is what parents are for. Chinese parents are totally incredible!

本书的特色

本书紧密结合《剑7》对于口语能力的要求，对口语考试的三个sections分别给出了针对每部分的不同解决方法。《剑7》的口语题目都是过去的考题，本身并不具备对未来考试的预测性。但是它们对于我们研究雅思口试的深层结构和各部分的特殊要求却是权威的指导意义的。本书紧紧围绕《剑7》对口语不同部分的要求，力争在用词、语气、句式等方面给出最合适该部分风格的答案，而不是mix them up。

① 对于Part 1，本书打破了以往的一问一答式教学法，而是编写了覆盖全部常见topics的素材百宝箱。目的是迫使学生打破长期以来一个答案准备一个题目的备考模式，灵活地运用手头的素材，避免过重的背诵痕迹。

② 对于Part 2，本书给出的是口语化的答案并且密切联系西方文化背景。在美国，youth culture已经成为一股不可忽视的社会力量，所以在编写Part 2话题解决方法的时候，我强迫自己回到21岁，设想一个位于平均年龄的雅思考生会给出什么样的答案。要强调的是，西方人虽然长得比较成熟，但是心理年龄却相对年轻，所以即使您是一位32岁的读者，也请放心掌握本书中模仿21岁读者的心态想出的素材吧。而“口语十大弱智卡片”(Ten Cue Card Answers for the Dummies)这一部分，更是凸现了口语备考心态年轻化的重要性。

③ 本书的Part 3, 强调的是逻辑关系 (logical reasoning), 这恰恰是很多同学在回答Part 3这样的深入讨论话题时没有能够体现出的能力。

④ 本书对正确口语风格的不懈追求 (a relentless pursuit) 还集中体现在很多章节中出现的口语和书面语对比内容。很多考生的失败原因是该说口语词汇的时候却背出了超难的写作大词, 导致心理承受能力差的考官经受“电击”。还有些考生正好相反, wanna, gonna, dude这样连普通美国人都不会整天说的词说一大堆, 缺乏对有一定难度的口语实词的积累。本书的内容就是要好好搞一个口语的“整风运动”, 让大家了解什么时候该“板”(stuffy), 什么时候该“痞”(funky)。

⑤ 本书的内容虽然会很有诱惑力 (tempting), 但我要求各位, “对本书全部的内容请你只掌握50%”。听起来不可理喻 (senseless), 但是说口语真的不应该那么天衣无缝 (flawless) 不是吗? 即使用自己的母语说话, 难道可以做到每句话都不用思考?

(Do all the answers just roll off your tongue?) 难道可以做到每个问题都有长篇大论? (Do you feel at home with all the possible topics?) 事实上, 不仅仅是本书, 我要求各位读者一定要用轻松的心态来看待任何一本口语书中的内容, 请牢记: 100%地掌握一本口语书和从没看过任何口语书的人得分可能会是一样的!

如何使用本书收效最大

IELTS口试是一个时间非常短的考试。Keep in mind that the average duration of this test is 12'.

考前如果背诵的东西太多, 结果是所有的答案在人的头脑中处在一种平均分布的平面状态, 没有所谓的重点, 也没有所谓的次要, 每个词、每个句子都是亮点 (highlights), 也就都是盲点 (blind spots)。

特别建议大家把这本书读三遍, 这样的收效将会非常明显:

第一遍: Get your feet wet. 试试水有多深。读第一遍的时候你的心态可以是很放松的。先很快地用1~2个小时把本书从头至尾browse一遍, 主要是看三个部分考题的topics分类, 体会雅思口语用词造句的风格, 并且大致确定出本书中的哪些部分是自己下一阶段需要重点花时间精读的。

第二遍: Get a handle on it. 全面了解your mission。这一步我们不再阅读, 而是“听读”。请专门拿出一个整天的时间, 中间设计4~5个休息时段, 认真地把CD中的内容全部听一遍。中间会有很多生词听不懂, 没关系。需要注意的是: 你的心态绝不能像听Eminem的Superman那样放松, 也不能在公车上很酷地听, 同时摆出各种

pose。咱们这是在学习，听的时候就集中精力，iPhone, blackberry, PSP全关掉，尽量去模仿CD里的音调，并且努力去多听懂一些。

第三遍：Get it down pat. 注意这个pat是小写的，这是个idiom，意思是去准确了解重点内容。口语考试中大家都背相同的答案是可怕的。我在编写参考答案的时候，自己给自己设定了一个挑战：力争让本书的每个答案都把内容铺得开一些，给读者想象的空间，并且尽可能多地覆盖同类话题的常见词汇和句型。这样，各位读者掌握的时候，只要从参考答案中挑出一部分适合自己水平的词句，就已经可以编出有一定深度并且适合自己的答案了。

另外，在读书和“听书”的同时，拜托各位还要经常练习。最好的练习素材，就是口语预测题。毕竟这是一本应试的书，要是能帮你把雅思口试过了比什么都强。每个月考前的预测题我都会在自己的博客blog.sina.com.cn/ieltsfguru中贴出来，每次考试后我也会把自己的学生们考试归来收集到的最新真题汇报给大家。就当是模拟考试，并且用digital recorder或者MP3 player给自己录音，再对比本书CD里面讲发音的两个“中场休息”的内容，这样你的发音在考试之前至少能达到reasonably good的程度。

如果还有什么客套话要说，我想，就是鼓励朋友们不要紧张吧。雅思口语考试真的是一个超短的考试。It's over before you know it. 😊

致谢

本书在编写过程中，吕蕾、张岳、方韡(凉月)、江源、张红磊、卢峭梅、张靖娴、蒋庆华、吴建华、严冰香、张伟用、江南、程旭、赵萌、单雯雯、王琳、杨阳、周振华、刘畅、李静、杨妍妍、朱燕林、袁毅、林君凤、贾玉梅、贾明、赵敏、王朝晖、杨志、武晓斌、贾新颖、吴立川、闫小双、陈婧婧、段利学、余照、余团林、朱谨谨、李彩婷、李雷、符小蕾、张凯、牛振芳、程芸芸、李杰、朱卡亚、李玉亚、周晓辉、史飙、秦通、康兰、杨建平、王贞、侯红霞、李诗琴、李惠、王磊、刘镇江、叶俊辉、王笑晗也参与了资料收集及部分编写工作，在此一并感谢。

Deepest appreciation goes to my parents and my sister, without whom I would not have embarked upon this "cottage industry". Your loving support definitely means a lot to me.

Special kudos goes to Ms. Lu Lei and Ms. Meng Yuqin, the co-editors of this book, whose hard work, intelligence and resourcefulness make a real difference in the creation of this book.

And most of all, I wish to dedicate this book to the students who have made up my classes in the Global IELTS Institute (Beijing). Their example has continually spurred me to keep working on this book. I hope it will be a nice reminder of our delightful time together.

Dr
Jim Oates

Shoot for the sky,

'cause even if you miss,

// you'll still land among the stars.

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结束语

Day 1

The little cracks they escalated
And before we knew it was too late
For making circles and telling lies

最真实的谎言

True Lies

长期困扰中国口语考生的10个问题

- ☆ 口语考试是不是只能回答“积极”的答案？是不是一定要回答“新颖”的答案？
- ☆ 口语考试是每个月的最后一场最简单吗？口语2:00考和5:00考有没有区别？周六考和周日或者周一考有没有区别？
- ☆ 考官打分到底依据什么？
- ☆ 口语用词是越难越拿分吗？
- ☆ 口语要准备模板吗？
- ☆ 发音在口语评分中到底有多重要？
- ☆ 如何选择口语考点？
- ☆ 看口语机经有用吗？
- ☆ 口语考试要不要“套磁”？
- ☆ 口试问题没有听懂怎么办？