



★本书适用于高二各版本教材★

# 新课标英语

## 阅读理解周计划

新课标

高二

聂守祥 杨培欣  
主编

科幻故事  
时事热点

娱乐新闻  
名人轶事

异域风情  
风景名胜

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高二

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# To Readers 致读者

伴随着《英语课程标准》的颁布和新一轮课程改革的启动,广大师生正迫切需要一套能真正体现新课程标准理念、促进学生全面发展的教辅图书。新课程标准大体包含这样几个理念:一是课程要面向全体学生,二是学生是学习的主体,三是学习要以探究为核心,四是要面向社会,五是要具有开放性。这些教学理念的变化必然会带来教辅读物的变化,教辅读物应肩负辅导教师、学生教与学的使命,以新课程标准为依据的新生代教辅还要具备让学生更准确、更全面、更系统、更高效学习的品质。为此我们特调动全国范围内的特、高级英语教师,经过长期的探讨与研发,出版了光明金榜英语系列丛书。

光明金榜英语系列丛书是众多教育工作者集体智慧与辛勤付出的结晶,是一套真正具有实践性、探索性的学习辅导材料。本丛书力求引导学生由被动学习转变为主动学习,培养学生搜集和处理信息的能力、获取新知识的能力、分析解决问题的能力。本丛书主要具有如下特色:

一、有强烈的时代感,具有国际性、跨文化交际性。书中所选材料密切关注社会热点,题材覆盖面广,涉及天文地理、风土人情、中外历史、现代科技、社会时尚等各个方面;且大部分文章来源于国外最新的报刊,其内容新颖生动,提供了大量跨文化差异的信息,既能激发学生的学习兴趣又能拓展课外知识。

二、注重内容趣味性,强调具体方法的引导。新课程标准所倡导的新的学习方式,是自主学习、合作学习与探究学习,实现这种学习方式的转变,首先要培养学生学习的兴趣与动力,因此趣味性与新颖性是丛书选材及题目设计的重要标准;学习的捷径来源于科学的学习方法,无论是教学还是学习用书的编写,引导学习方法比传授知识更为重要,这一理念在本套丛书中得以最极致的体现。

三、应试教育与素质教育完美结合。目前我国正处于从应试教育向素质教育的转折时期,在这个过程中,好的学习辅导材料不能放弃前者,也不能脱离后者,需将二者有机地结合起来。本丛书一方面注重培养学生身心的全面发展,良好的思想道德品质,实际的知识运用能力,另一方面注重书中难点考点的把握,应试技巧的点拨,以求学生在各项英语测试中立于不败之地。

经过众多教育专家与骨干教师的不懈努力,光明金榜英语系列丛书终于与读者见面了。通过这套丛书,我们希望将全新的教育理念与科学的学习模式奉献给广大师生,并祝愿大家在英语学习的道路上留下最美好的回忆!

王华庆

# Preface

## 前

## 言

英语学习的最终目的是在实践中运用英语,随着国内外英语测试方法的改革与发展,阅读占据了越来越重要的地位。已成为全国各省市中高考试题中分值最高的题型。新课程标准对中学生“读”的能力提出了更高的要求,学生仅仅靠阅读教材上的文章是远远不够的,课外还需要进行大量的阅读训练;又因为阅读能力的培养是一个循序渐进的过程,是日积月累地加强阅读训练而形成的。为此,我们组织了长期工作在教学第一线、有着丰富写作经验的知名教师和中高考命题专家精心编写了《新课标英语·阅读理解周计划》系列丛书。

本书体现了新课标理念,各板块的设计科学合理,具有如下亮点和特色:

### (一) 化整为零,循序渐进,逐步提高

阅读理解能力的培养不是一蹴而就的,更不可能靠考前临阵磨枪来解决,它的训练必须贯穿于平时的学习之中,点滴积累,逐渐形成。因此我们把全书 150 篇短文划分为 15 个周的学习任务,每周 10 篇,周一至周五各两篇。在选材时我们既考虑到题材和体裁方面的专题性,又考虑到其难易程度,每周和整本书中的短文难度都呈梯度上升,循序渐进,在不知不觉中使读者的阅读能力得到提升。

### (二) 理论指导与实践训练相结合

在每一周的前面我们都设计了一个名为“读有奇招”的小板块,内容是总结归纳一些有关英语阅读理解方面的规律性的知识和解题技巧,接下来的选文都与这一部分的讲解有关。使用本书时建议读者一定要先仔细阅读这个板块,在掌握一定学习策略的基础上再有针对性地进行实践练习,练完之后再回头对照理论讲解部分总结归纳一下,这样会收到“事半功倍”的效果。

### (三) 阅读技能训练与语言知识积累相结合

这是本书的特色之一。我们在选取阅读文章的时候,没有仅仅把它编成习题汇编的形式,而是在每一天的阅读内容之后,对该天的两篇短文中

# Preface

前

言

出现的重点语言知识进行精要的讲解和举例,目的是帮助同学们进一步巩固课内所学的基础知识,拓宽知识面,为进一步提高语言运用能力奠定坚实的基础。

#### (四) 精读与泛读相结合,注重情感态度的养成

这是本书的又一大特色。每周六的阅读文章我们选取的是一些语言优美,内容积极向上,对同学们的思想情感具有一定的感染和教化作用的精美短文。阅读这些短文不仅可以提高阅读能力,而且还会给我们干渴的心灵提供一杯营养丰富的“鸡汤”,有助于我们形成良好的情感态度,以更加健康向上的心态去面对人生,实现自我的全面发展。

#### (五) 寓教于乐,变“苦学”为“乐学”

每周日的内容我们安排的是一些语言生动地道,内容短小精悍,极具讽刺幽默效果的短文,让同学们读后忍俊不禁,哈哈大笑。这样不但可以解除一周以来的疲劳,而且可以在笑后有所回味和反思,得到语言学习之外的一些东西。

#### (六) 答案解析详尽,注重思路点拨,侧重培养学习策略

本书最后一个板块是“答案详解与思路点拨”。该部分不但提供了参考答案,而且对每道题都进行了细致、深入的分析 and 讲解,对阅读理解命题中带有规律性的东西进行了归纳总结,对该类题型的解题技巧进行了指导点拨,对同学们做题过程中可能出现的失误进行了排除。其讲解语言规范、表述准确,真正切合同学们的实际需要。

现在就请跟随我们一起,开始这次“阅读之旅”吧。祝你旅途愉快,学有所成!

编者



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## 附录: 答案详解与思路点拨

## Week One

## 第一周



## 读有奇招



### 高考英语阅读理解的选材与命题特点

阅读理解是高考英语试卷中的“重头戏”，所占篇幅最长，难度最大，而且分值也最重。长期以来，一直有“得阅读者得天下”的说法。英语阅读理解主要考查考生理解主旨要义、理解文中具体信息、根据上下文推断词义、根据短文判断和推理、理解文章的基本结构以及理解作者的意图与态度等方面的能力。纵观近几年的高考英语试题，其选材和命题呈现出以下特点：

#### （一）重点检测考生对阅读材料语篇的领悟能力

高考英语阅读理解着重检测考生对语篇的整体把握能力、根据所提供的语境进行语篇分析的能力以及综合利用有效信息解决实际问题的能力。在近几年的高考中，尽管涉及较低层次要求的事实性和细节性考题的比例有上升的趋势，但词义猜测、推理判断和主旨概括等深层次试题仍然占有很大比重，而且考查的深度和灵活性都有所增强。

#### （二）选材更趋向于多样化、现代化和生活化，突显语言与文化相结合的特点

从阅读理解选材的话题范围来看，包括日常生活、人物介绍、国外风情、故事传说、社会文化、政治经济、史地体育、科普知识等；从体裁上看，包括记叙文、说明文、议论文、新闻报道、书信通知和广告说明等。内容丰富多样，特别关注当今世界的热点话题，如教育、环境、情感、科技发展、环境保护等等，显示了较强的时代性和人文性，体现了“语言是文化的载体”这一重要理念。

#### （三）阅读材料语言地道，更趋于“原汁原味”

阅读理解部分几乎所有的阅读材料都直接来自国外的报刊杂志、各类丛书、网站、宣传材料等媒体，其作者一般是母语为英语的人所写的反映外国生活的文章，很少涉及国内题材。短文基本保留了其原有的语言风格，文章的展开不再是平铺直叙，而是兼有倒叙、插叙等多种方式；一词多义、熟词生义、多种时态的混用、结构复杂的长句、省略句以及插入语等语言现象比较常见。阅读材料的文化含量加大，文章的行文风格更具英语语言的特点，文章的遣词造句也更加地道，有些材料考生通常要反复阅读几遍才能读懂。

#### （四）设问方式更加灵活，考查层次更加深入

阅读理解测试题中，干扰项都具有一定的模糊性，它不仅能检测学生理解、概括、推断等逻辑思维的精确性、深刻性，而且对学生的心理品质也是一种检测。它既考查学生对文章中心思想、主旨大意、作者的写作意图的掌握，又考查学生对短文的关键词句、某个段落、某个细节、乃至人物性格、事物特征等的理解。某些答案可以通过略读全文或细读文章的某个特定部分，从而获得所需信息，属客观理解题；有的答案则需要透过文章的表面文字信息，进行分析、归纳、综合、推理、想象，对作者的写作意图、人物性格特征、动机目的、事件的前因后果、故事发展的走向、文章的中心思想等做出合理判断，从而对文章的潜在含义做出深层次理解，属主观理解题。



# Monday

## A

难度: 中      字数: 365 words      标准用时: 6 mins      实际用时: \_\_\_\_\_

### Mother's donkeywork

#### 母亲的苦役

I wonder about my Momma sometimes, and all the other Negro mothers who got up at 6 a. m. to go to the white man's house with sacks over their shoes because it was so wet and cold. I wonder how they made it. They worked very hard for the man, they made his breakfast and they scrubbed his floors and they took care of his babies. They didn't have too much time for us.

I wonder about my Momma, who walked out of a white woman's clean house at midnight and came back to her own where the lights had been out for three months, and the pipes were frozen and the wind came in through the holes in the wall. She'd have to make deals with the rats: leave some food out for them so they wouldn't gnaw(啃) on the doors or bite the babies. The roaches, they were just like part of the family.

I wonder how she felt telling those white kids she took care of to brush their teeth after they ate, to wash their hands after they peed(小便). She could never tell her own kids because there wasn't soap or water back home.

I wonder how my Momma felt when we came home from school with a list of vitamins and pills and cod liver oil the school nurse said we had to have. Momma would cry all night, and then go out and spend most of the rent money for pills. A week later, the white man would come for his eighteen dollars rent and Momma would plead with him to wait until tomorrow<sup>①</sup>. She had lost her pocketbook. The relief check was coming. The white folk had some money for her. Tomorrow I'd be hiding in the coal closet because there was only supposed to be two kids in the flat, and I could hear the rent man curse my Momma and call her a liar<sup>②</sup>. And when he finally went away, Momma put the sacks on her shoes and went off to the rich white folks' house to dress the rich white kids so their mother could take them to a special baby doctor.

- ( ) 1. Mother got up at 6 a. m. every day, because \_\_\_\_\_.  
 A. she had to cook breakfast for her children  
 B. she had to catch the first bus to the factory  
 C. she had to work in the white man's house  
 D. she had to go to see a special baby doctor
- ( ) 2. Mother never told us to brush our teeth or to wash our hands because \_\_\_\_\_.  
 A. she thought we didn't need to      B. we didn't like washing hands  
 C. we had done everything very well      D. there was no soap or water in our home



- ( ) 3. Why did the writer hide in a closet when the landowner came for rent?
- A. The closet could only hold two kids.  
B. Only two kids were allowed to live in the house.  
C. They should pay more rent for two kids.  
D. There was only one bedroom for the two kids.
- ( ) 4. What does the writer mainly tell us?
- A. Black people lead a miserable life.      B. Black people don't have enough rent money.  
C. White people lead an expensive life.      D. White people have special baby doctors.

**B**

难度: 中      字数: 333 words      标准用时: 5.5 mins      实际用时: \_\_\_\_\_

**An unusual hobby**

**非同一般的爱好**

The class teacher thought that hobbies were very important for every child. She encouraged all her pupils to have one, and sometimes arranged for their parents to come and see the work they had done as a result.

One Friday morning the teacher told the class that those who had a hobby could have a holiday that afternoon to get the things they had made as parts of their hobbies ready for their parents to see the following afternoon.

So on Friday afternoon, while those of the pupils who had nothing to show did their usual lessons, the lucky ones who had made something were allowed to go home, on condition that they returned before five o'clock to bring what they were going to show, and to arranged them.

When the afternoon lessons began, the teacher was surprised to see that Tommy was not there. He was the laziest boy in the class, and the teacher found it difficult to believe that he had a hobby. However, at a quarter to five, Tommy arrived with a beautiful collection of butterflies in glass cases. After his teacher had admired them and helped him to arrange them on a table in the classroom, she was surprised to see Tommy pick them up again and begin to leave.

"What are you doing, Tommy?" She asked. "Those things must remain here until tomorrow afternoon. That's when the parents are coming to see them."

"I know they are coming then," answered Tommy, "and I will bring them back tomorrow; but my big brother doesn't want them to be out of our house at night in case they are stolen<sup>①</sup>."

"But what has it got to do with your big brother?" asked the teacher. "Aren't the butterflies yours?"

"No," answered Tommy. "They belong to him."

"But Tommy, you are supposed to show your own hobby here, not somebody else's!" said the teacher.

"I know that," answered Tommy. "My hobby is watching my brother collecting butterflies."

- ( ) 1. What's the best title for this passage?  
A. Important Hobbies B. Tommy's Hobby  
C. Different Hobbies D. Hobby of Collecting Butterflies
- ( ) 2. The teacher \_\_\_\_\_.  
A. asked the pupils who were in her class to bring something they had made  
B. was certain that her pupils were good at making things, so she wanted to show them to the parents.  
C. invited the parents to come and see what the pupils had made  
D. allowed the pupils who had hobbies not to go to class that Friday afternoon
- ( ) 3. The teacher was surprised to see that Tommy was not in the class that afternoon because \_\_\_\_\_.  
A. Tommy had never been absent from class  
B. Tommy was seriously ill and had been home  
C. the teacher thought Tommy couldn't have a hobby  
D. the teacher didn't like Tommy at all
- ( ) 4. After reading the passage the readers will laugh. Why?  
A. Because Tommy was so lazy a boy.  
B. Because the teacher knew so little about Tommy.  
C. Because Tommy had made nothing at all.  
D. Because Tommy had a strange idea about hobby.



### 语言知识小背诵



1. A week later, the white man would come for his eighteen dollars rent and Momma would plead with him to wait until tomorrow. 一周之后,那位白人就会到家里来收取 18 美元的租金,妈妈会请求他宽延到第二天。  
plead with “向……恳求”。如:

She pleaded with him not to go. 她恳求他不要离开。

2. Tomorrow I'd be hiding in the coal closet because there was only supposed to be two kids in the flat. 明天我将藏在壁橱里面,因为只能有两个孩子住在公寓里面。

be supposed to do/be sth. 意为“(按规定、习惯、安排等)应当,应该,须”。如:

You are supposed to buy a ticket, but not many people do. 按说应当买票,但是买的人不多。

You were supposed to be here an hour ago. 你本该一个小时以前就到这儿。

3. ...my big brother doesn't want them to be out of our house at night in case they are stolen. 我哥哥不想让这些蝴蝶标本晚上在外过夜,以免被人偷走。

in case “以防;万一;倘若”。如:

Take a hat with you in case the sun is very hot. 倘若太阳很厉害,你就把帽子戴上。

In case of rain they can't go. 万一下雨,他们就不能去了。