联想 英语

第二册 练习册

Making Connections ②

WorkBook

(美) Jean Bernard-Johnston 著
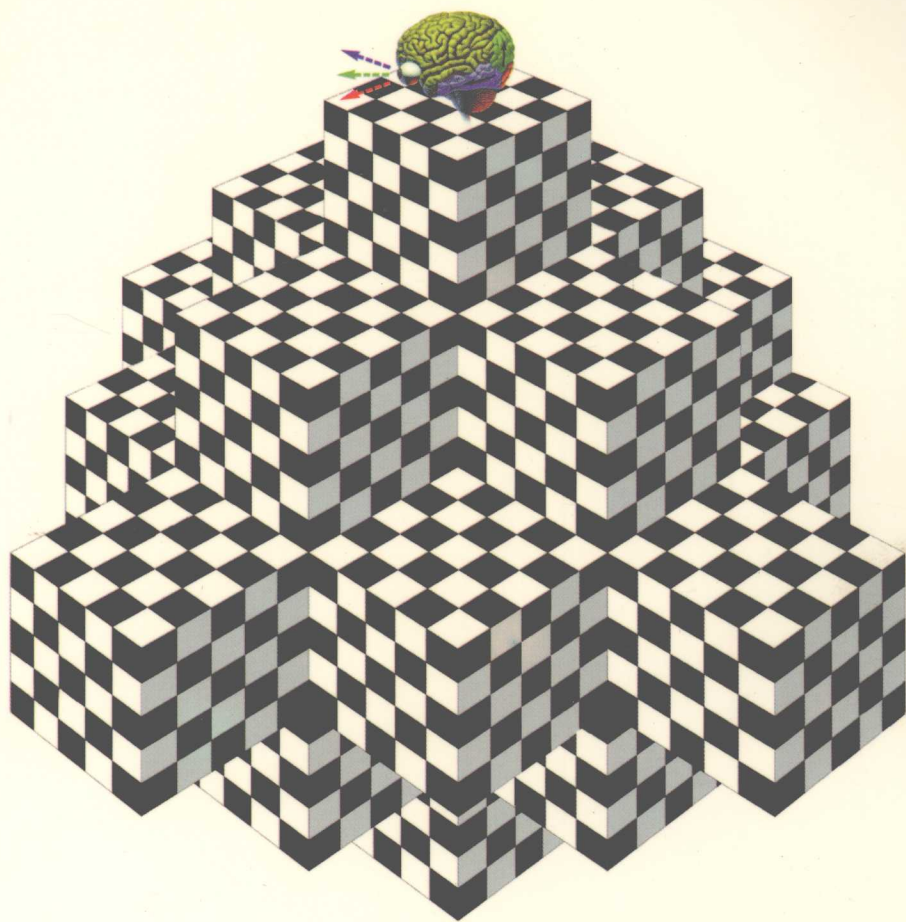
Making Connections 2

WorkBook

联想英语

第二册　练习册

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CONTENTS

Choosing Foods

1

I'M HUNGRY
(Text page 3, Activity 2)

"I like tacos"

A **Make a list of the things you like.**
列出你喜欢的食物。

ice cream

_____

_____

_____

_____

"I don't like hot dogs."

Make a list of the things you don't like.
列出你不喜欢的食物。

ham

_____

_____

_____

_____

B **Write sentences about the foods in your lists. Use the words in the box.**
用方框里的词，根据上面所列的食物造句。

| love | like | don't like | can't stand | hate |

I love ice cream

_____

_____

_____

▲▲▲

2

WHAT DO THEY LIKE?
(Text pages 4–5, Activities 3, 5)
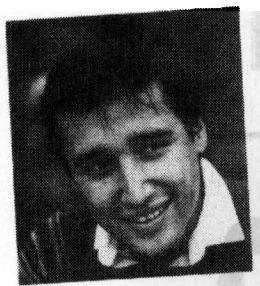
"I love tacos"
"I love pizza"
"I really like pretzels"
"I don't like soda"
"I can't stand hot dogs"
"I hate ice cream"
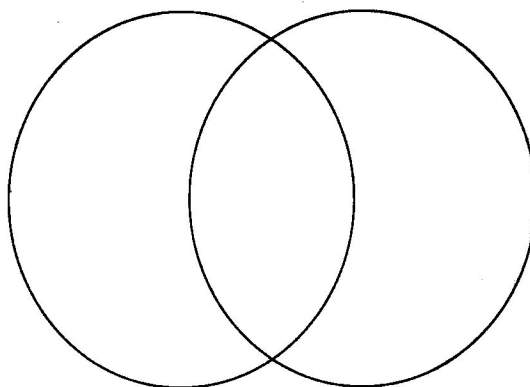
Alfredo   Kim

"I like noodles"
"I love pretzels"
"I really like soda"
"I don't like pizza"
"I can't stand ice cream"
"I hate lemonade"

A **Write short answers in the Venn diagram.**
把答案写在双圆相交图中。

What foods does Alfredo like?
What foods does Kim like?
What do both Alfredo and Kim like?

I You We	like hate can't stand	ice cream noodles hot dogs
He She	likes hates can't stand	tacos pretzels lemonade

B **Use the information under the pictures and in the Venn diagram to complete this paragraph. Write as many words as you need in each space.**
用上面的双圆相交图和下面图片中的资料，完成下面的短文。字数不限。

Alfredo and Kim are good friends, but they do not agree about everything. Alfredo

likes _____, but Kim does not. Kim likes soda, but _____. Both of

them like _____, and both of them _____. Right now they are

shopping for a party. They will probably buy _____

_____.

▲▲▲

3

ODD ONE OUT
(Vocabulary Review)
(词汇复习)

Which figure does not belong in the group? Why?

A Foods can be grouped in different ways. Look at these examples, and add one more to each group.
食品有多种分类方法。看下面的例子并给每组补充一个词。

THINGS TO EAT	THINGS TO DRINK
rice	juice
eggs	milk
pizza	tea
_____	_____

FRUIT	VEGETABLES
apple	carrot
pear	spinach
orange	cucumber
_____	_____

B Circle the item that does not belong in each group. Explain why it does not fit.
圈出每组词中不属于同一类的食物，并解释原因。

1. potatoes, fish, bread, (juice)
   Juice is something to drink

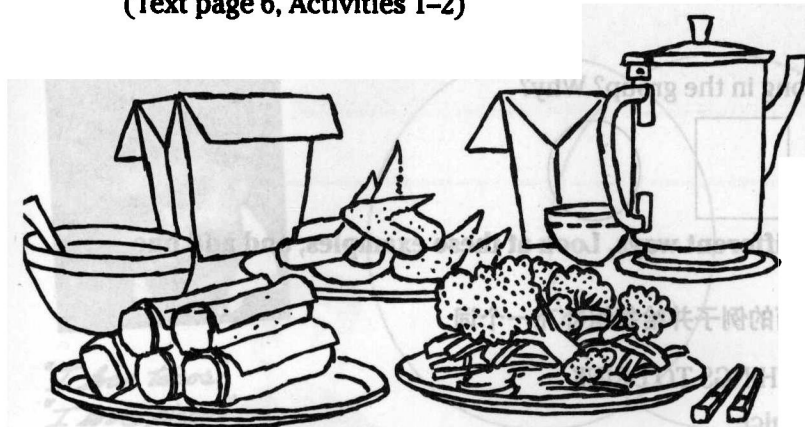2. juice, soda, milk, pretzels
   _____

3. egg, apple, pear, grape
   _____

4. fish, spinach, chicken, ham
   _____

5. cucumber, lettuce, carrot, ham
   _____

LARGE, MEDIUM, OR SMALL?
(Text page 6, Activities 1–2)

Chicken wings 3.50
Egg roll 1.25
Chinese noodle soup 3.95
Beef with broccoli 3.95
Sweet and sour pork 4.25
Tofu with vegetables 3.50

DOUBLE HAPPINESS
COMBINATION LUNCH
chicken wings, egg roll,
fried rice 4.75

Chinese tea....... .75
soda (large 1.10, medium .90
small .75)

Use the menu to make your order. Complete the conversation.
用上面的菜单练习点菜，完成下列对话。

A: May I take your order?

B: *Yes, please I'd like*...
_____

_____

A: What would you like to drink?

B: _____

A: What size?

B: _____

A: Will that be for here or to go?

B: _____

A: Anything else?

B: _____

Now make a list of the things you ordered and the price of each one. Add up the total price.
把所点的菜和价格列一个单子，然后算出总价。

_____	$ _____
_____	_____
_____	_____
_____	_____
TOTAL	$ _____

▲▲▲

5

IMAGINE

(Text page 7, Activity 3)
Use your imagination
and answer these
questions.
发挥想象，回答
下列问题。
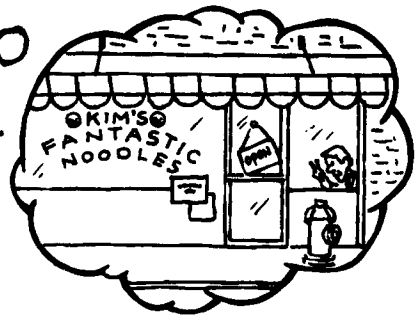
1. **Imagine that you are going to open a restaurant of your own. What will it look like? What will you call it? Where will it be? What kind of food will you serve? Will it be expensive or cheap? Draw a picture of what it will look like.**
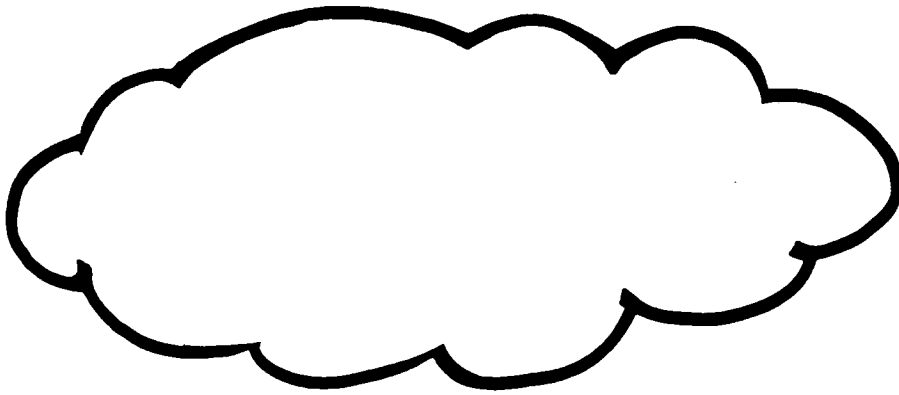
2. **Write information about your restaurant in the spaces.**

Name _____

Type of food _____

Location _____

3. **Now write a sample lunch menu, including the price for each item.**

Menu

6

A HEALTHY DIET
(Text pages 8–9, Activities 1–3)

use sparingly

2–3 servings

2–3 servings

3–5 servings

2–4 servings

6–11 servings

The USDA (United States Department of Agriculture) Food Guide Pyramid classifies foods into six groups. It also shows how much of the foods from each group people need to stay healthy.

A **Use the Food Guide Pyramid to get information. Write a short answer to each question:**
利用上图中食物金字塔的信息，回答下列问题。

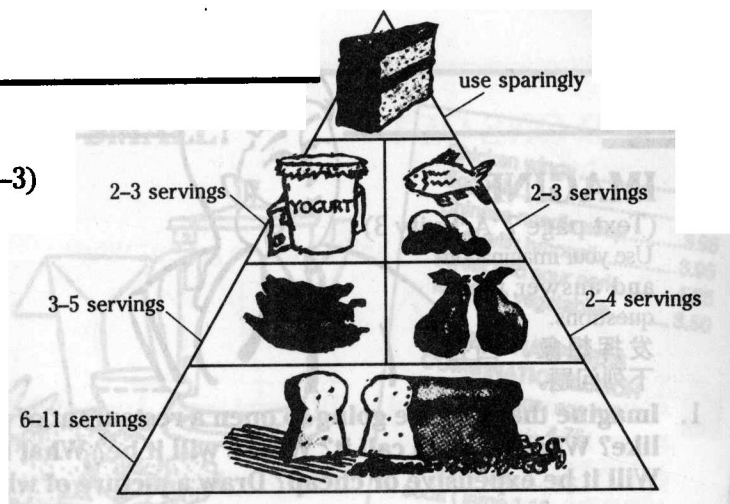1. What group of foods should people eat the most of?

   Bread, cereal, rice, and pasta group.

2. What group of foods should people eat the least of?

   _____

3. How many different food groups were included in your lunch today?

   _____

B **What food groups are included in a Superburger?**
在 "Super burger" 中包含了哪些食物组?

bun   tomato   onion   pickle   cheese   ground beef   bun
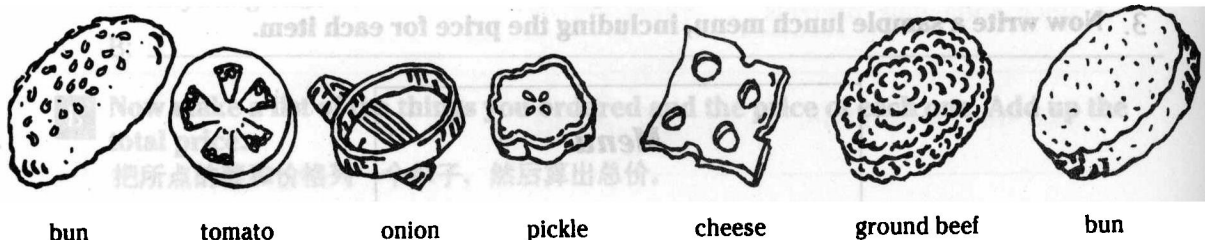
This Superburger contains foods from the following groups: _____

_____

Is a Superburger healthy? Why or why not?

_____

▲▲▲

7

WHAT DID YOU HAVE?
(Text pages 10–12, Activities 5–7)

I You We She, He Carla They	had	rice for dinner

These pictures show everything that Carla ate and drank yesterday.
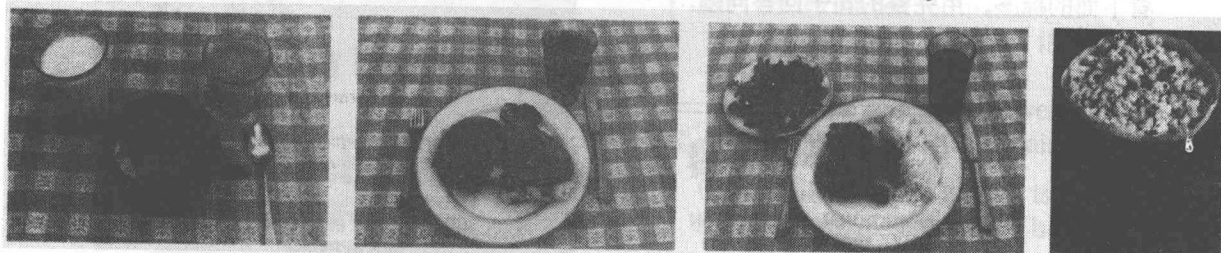
cereal, milk, orange juice   sandwich, apple juice   chicken, rice, salad, soda   popcorn

A **Use the information in the pictures to write answers to these questions.**
用图片中给出的信息回答下列问题。

What did Carla have for breakfast yesterday?

She had orange juice, cereal, and milk

What did she have for lunch?

_____

What did she have for a snack?

_____

What did she have for dinner?

_____

B **Think about each question. Then write your answers on the lines. Put your sentences together to make a story.**
思考每个问题，并在下面的横线上写出你的答案，根据你的答案编出一个小故事。

What time did you get up this morning?
What did you have for breakfast?
Did you like it?
What did you do then?

I	got up had went	at 6:30. eggs and toast. to school.

I got up...

_____

_____

_____

_____

▲▲▲

WHAT'S IN IT FOR YOU?
(Text page 12, Activity 1)

Read these labels . Then write complete answers to the questions.

看下面的标签，用完整的句子回答问题。

<table>
<tr><td>
New Day
Whole Wheat Flakes

NUTRITIONAL INFORMATION
PER SERVING

SERVING SIZE..............1 CUP
SERVINGS PER
   CONTAINER.............11.25
CALORIES.........................100
PROTEIN............................2 g.
CARBOHYDRATES.........23 g.
FAT.....................................1g,

INGREDIENTS : WHOLE GRAIN
WHEAT, SUGAR, SALT,
VEGETABLE OIL
</td><td>
Good Life
Whole Kernel Corn

NUTRITIONAL INFORMATION
PER SERVING

SERVING SIZE...........1/2 CUP
SERVINGS PER
   CONTAINER........................4
CALORIES.........................100
PROTEIN............................2 g.
CARBOHYDRATES.........25 g.
FAT.....................................1g,

INGREDIENTS: CORN, WATER,
SUGAR, SALT
</td></tr>
</table>

For Your Information

g. = gram
mg. = milligram
1 gram = 1000 milligrams

1. How many servings are there in the can of corn?

There are four servings in the can of corn.

2. How many cups of cereal are there in the whole box?

_____

3. How many grams of protein does each serving of cereal contain?

_____

4. Which product has more carbohydrates per serving—the corn or the cereal?

_____

5. What two ingredients do both products contain?

_____

▲▲▲

TAKE A SURVEY
(Text pages 12, 17–18, Activities 1, 5–6)

Make a survey

调查

For Your Information

oz. = ounces (a measure of
     weight, 16 oz. = 1 lb.)
lb. = pound
net wt. = net weight (the weight
     without the container)

On most labels, net weight is mea-
sured in ounces, grams, or both.

Example: Net Wt. 12 1/4 oz. 347 g.

1. **Go to a supermarket and find two kinds of a product. Examples: cans of tuna fish, two boxes of cereal, or two bags of potato chips. For each product, read the label and find the following information.**

	Brand A	Brand B
Brand Name		
Description		
Net Weight		
Serving Size		
Servings per Container		
Ingredients		
Price		

2. **Based on the information you found, which of the two products would you buy? Explain your choice.**

I would buy... _____

_____

_____

10

EATING TO WIN
(Reading Practice)

Read the story below and answer the questions.

阅读下面的短文，并回答问题。

1. **What do you need to eat to become a good athlete? Read Gloria's story and find out.**

   To become a good athlete, you need to do two things. First, you have to·follow a healthy diet so you can get plenty of nutrients. Gloria is a runner. Her diet includes a lot of proteins and carbohydrates. The proteins help make her strong and the carbohydrates give her the energy she needs to compete. She also needs a lot of vitamins and minerals in her diet, so she eats fruit and raw vegetables for snacks instead of potato chips and candy.

   The second thing you need to do is to exercise, exercise, exercise. For most of the year, Gloria exercises for at least 30 minutes every day. During track season, she works out with the team for about 2 hours every afternoon. All year long, she eats a lot of healthy foods to help keep her body healthy and strong.

   What two things help make Gloria a winning athlete?

   _____

2. **List some of the foods you think Gloria eats every day to get:**

   Protein: _eggs, nuts,_ _____

   Carbohydrates: _bread,_ _____

   Vitamins and Minerals: _____

3. **List some of the foods she probably eats only sparingly (once in a while) because they contain a lot of fats:**

   _____

   _____

▲▲▲

11

HOW MUCH, HOW LITTLE?
(Text pages 16–17, Activities 4–5)

Answer the questions below according to the instructions.

根据提示，完成下列各题。

1. **Use the information in the chart to make three bar graphs. Label the parts of each graph, and write a title at the top.**

	1 banana	1/4 cup tuna in water	10 french fries
Protein	1 g.	12 g.	2 g.
Carbohydrate	26 g.	0 g.	17 g.
Fat	0	1 g.	5.1 g.

2. **Write five true sentences about the information in your graphs.**

Example: _A serving of tuna has one gram of fat._

1) _____

2) _____

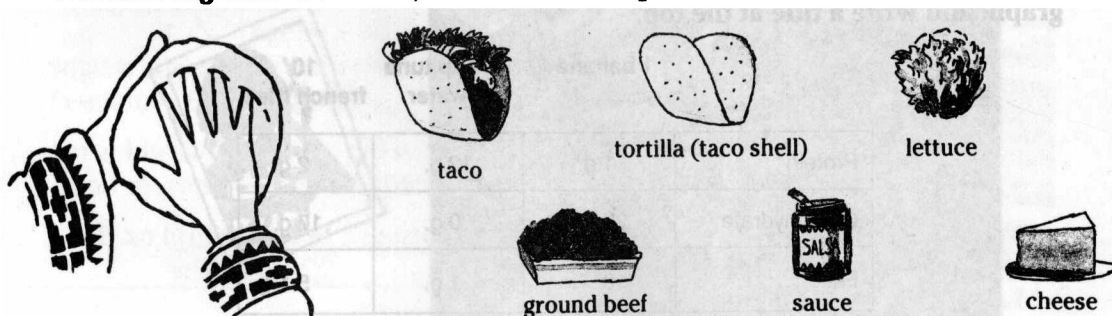3) _____

4) _____

5) _____

12

WHAT'S IN A TACO?
(Reading Practice)

Read the information below and answer the following questions.

阅读下面的短文，回答下列问题。

1. **All of the ingredients in the picture are used to make tacos. Read about tortillas, the main ingredient of tacos, and answer the questions below.**

taco

tortilla (taco shell)

lettuce

ground beef

sauce

cheese

A tortilla (pronounced tor-tee-ya) is a kind of flat bread made from corn. For thousands of years, the peoples of Mexico and Central America made torillas from the corn that they grew. First, the corn was boiled with calcium, an important mineral, to make it soft. Then the grains were ground on a large stone and made into dough. The dough was patted by hand into small, thin disks and baked. In Mexico, people eat tortillas in many ways. To make tacos, they fill the tortilla with meat or beans, cheese, lettuce, and a spicy sauce.

1) What is the main purpose of this paragraph?
   a. to explain how tacos are made
   b. to explain what a tortilla is and where it comes from
   c. to explain how tortillas are made now

2) Corn is a kind of grain. What are some other kinds of grains that can be made into dough?

_____

3) How do you think tortillas are made now?

_____

2. **Give the name of another traditional food from your country or culture. Tell where it comes from, and explain how it is made.**

_____

_____

_____

_____

▲▲▲

13

FIND THE NUTRIENTS
(Vocabulary Review)

A **Circle the six words in the puzzle that spell the names of nutrients. The words are located in vertical (|) horizontal (—), and diagonal (\) lines.**

在下面字迷中，找出6种营养品的名称。单词可能垂直、水平或斜排。

```
C F E D C B Y L Q F K V A
A A W W I Y M L X Z A X V
L D R D Q S B M S A T T O
C F W B C X F S I T U K S
I Q P R O T E I N S A J U
U Z Y G Q H G O W O T Z M
M G H R I B Y N B V U N I
P P H G X G X D T J T M N
S S E E P P H O R A V Y E
A I Q R Q S A A Q A J S R
C Z F C P X P W X Z T O A
R O D G I J P H O N M E L
B T R F B V I T A M I N S
```

B **Write the name of each of the nutrients you found in the sentence that best describes it.**

写出下列各句中所描述的营养品名称。

1. _*Calcium*_ is a kind of mineral that helps build bones and teeth.

2. _____ give you quick energy that your body needs to move, grow, and keep warm. Good sources of these nutrients are bread, rice, corn, and some vegetables.

3. _____ give you energy. Your body can store these nutrients and use them later for energy.

4. _____ help your body work and grow properly. Some examples of these are iron, calcium, and potassium.

5. _____ help your body grow and repair itself. Fish, eggs, beans, and nuts are good sources of these nutrients.

6. _____ also help your body work and grow well. For example, one of them helps your eyes see at night. Fresh fruits and vegetables are an excellent source of these nutrients.

▲▲▲