

Alfred's Basic Piano Course

郑 艳 / 译

技巧 · 1B级

快乐钢琴基础教程



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郑 艳 译

快乐钢琴基础教程

Piano

技巧 · 1B 级

前 言

《快乐钢琴基础课程·技巧》系列与《课程》系列及《乐理》系列配合使用。本教程不仅强化了 1B 级中所遇到的一些新的学习要点，且不断地回顾之前所学过的内容，同时又为将要学习的内容做准备。

本教程共有 10 组练习，各包含 A、B、C、D 四首小练习，另外还附加了一组可以脱离钢琴的桌面技巧练习。每组练习前都附有演奏要求。当你开始每一组新的练习时，你可以先开始弹奏该组中的第一首练习，放掉前一组的第一首练习。这样每隔一天增加一首新的练习，放掉前一组中的另一首练习。用这种方法，你总是可以同时训练弹奏四首练习。

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第1组

第1组练习与《课程·1B级》第5页的《约翰兄弟》同步学习。

A. 闹铃电话

Wake-Up Calls

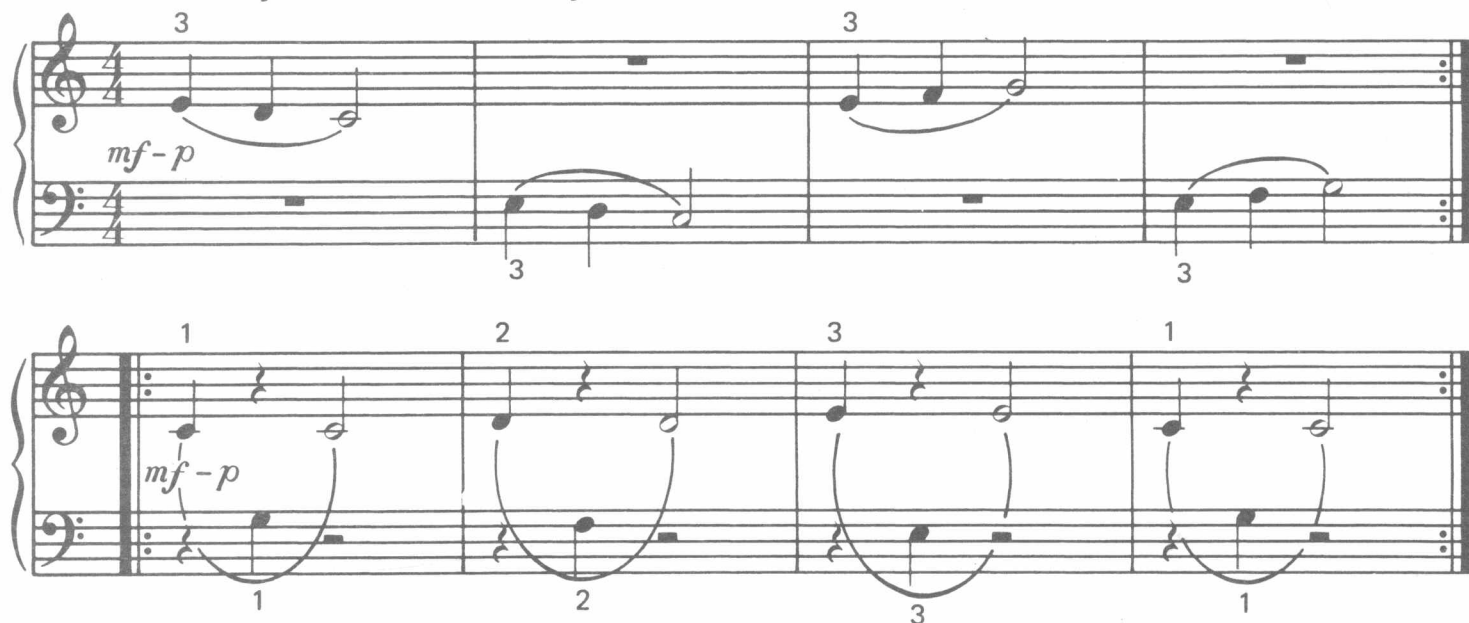
三个音符的连奏。

Moderately slow to Moderately fast表示先以一个合适的速度开始练习，掌握这个速度之后，可以再稍快一些弹奏。

*mf-p*表示第一遍以中强 (*mf*) 的力度演奏，第二遍以弱 (*p*) 的力度演奏。



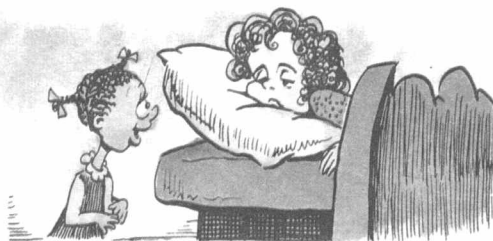
Moderately slow to Moderately fast



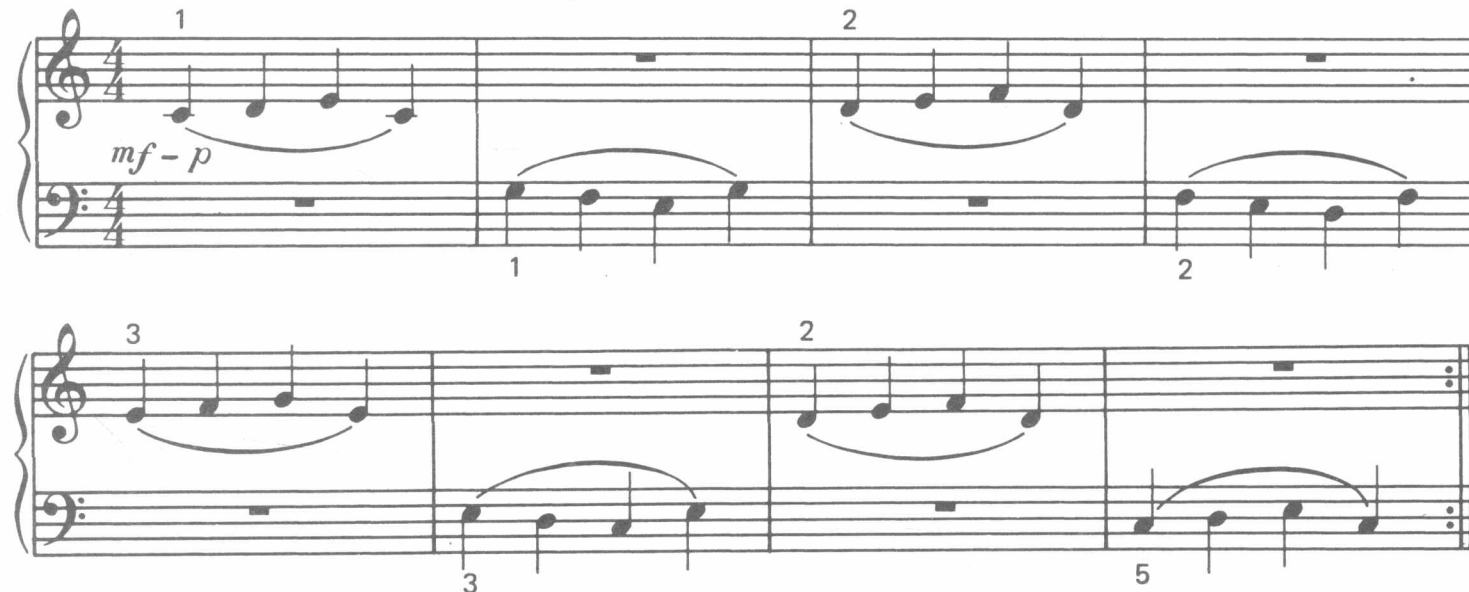
B. 你在睡觉吗?

Are You Sleeping?

四个音符的连奏。

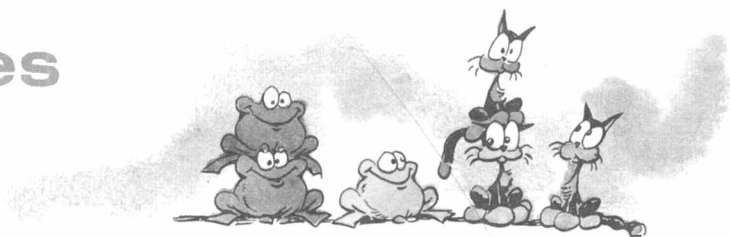


Moderately slow to Moderately fast



C. 双音与单音 Doubles & Singles

两个音符的连奏，以和声音程开始。

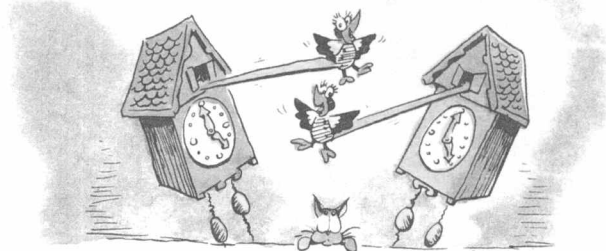


Moderately slow to Moderately fast

mf-p

D. 双胞胎布谷鸟 Twin Cuckoos

长短不一乐句的连奏。



Moderately slow to Moderately fast

mf-p

第2组

第2组练习与《课程·1B级》第8页的《金钱不是万能的!》同步学习。

A. 钢琴大师!

Virtuoso!

钢琴大师是一位技巧非常好的演奏者。这个练习将会帮助你成为一个钢琴大师。先分手弹奏，再双手合奏。

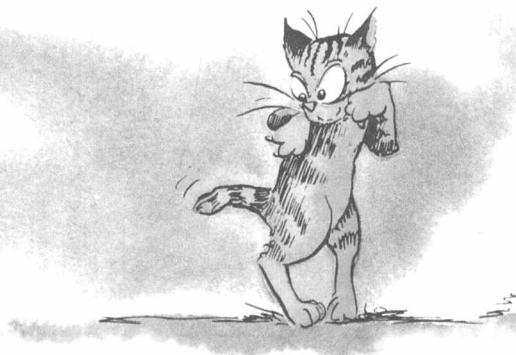


Moderately slow to fast



B. 摇尾巴的猫

Bob-Tail Cat



Moderately slow to Moderately fast

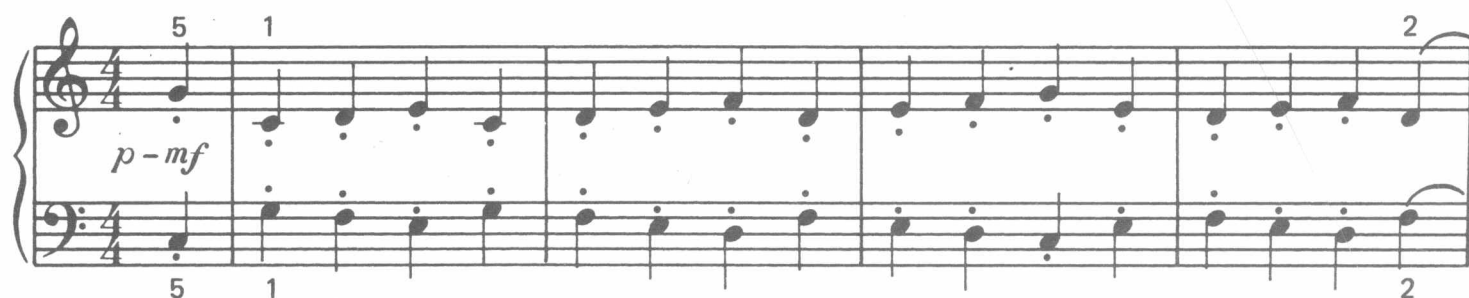


C. 疯狂的闹钟!

Crazy Clock!



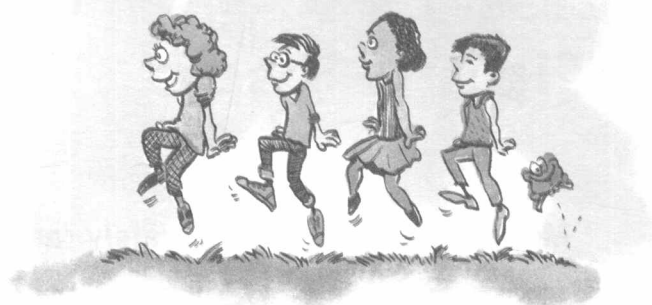
Moderately slow to Moderately fast



D. 跟着领队走!

Follow the Leader

右手是主奏，左手跟随其后，模仿它的声音。



Moderately slow to Moderately fast



第3组

第3组练习与《课程·1B级》第13页的《来取乐》同步学习。

A. 吸入—呼出

Inhale—Exhale!



Moderately slow to Moderately fast

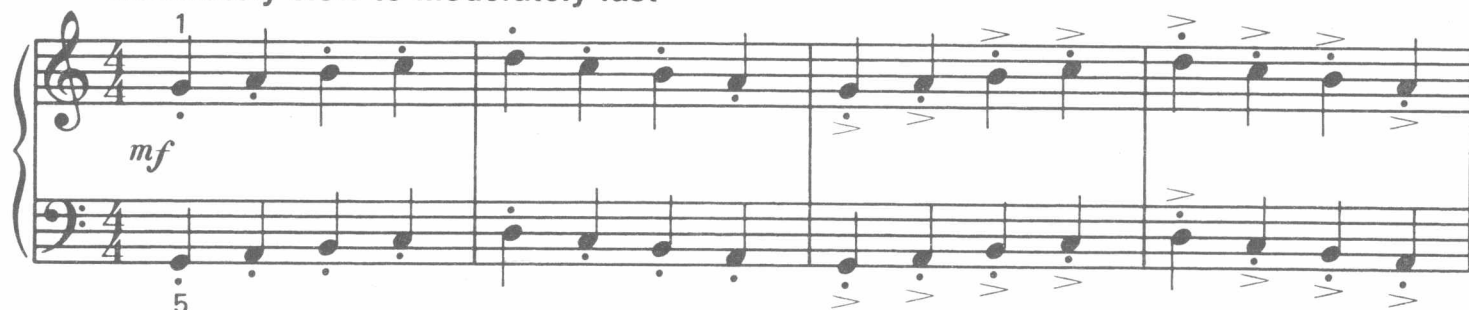


B. 脚尖与脚掌

Tips & Taps



Moderately slow to Moderately fast



C. 哑剧表演

Pantomimes



Moderately slow to Moderately fast

Handwritten musical score for Pantomimes, 4/4 time signature. The score consists of two systems of piano accompaniment.

System 1: The first measure has a piano (*p*) dynamic marking. The melody in the right hand starts on a whole note G4, followed by a half note A4, and a quarter note B4. The bass line starts on a whole note G3, followed by a half note A3, and a quarter note B3. The second measure continues the melody with a half note C5 and a quarter note B4. The bass line continues with a half note A3 and a quarter note B3. Fingering numbers 1 and 5 are indicated above the first notes of the right and left hands respectively.

System 2: The first measure has a piano (*p*) dynamic marking. The melody in the right hand starts on a whole note G4, followed by a half note A4, and a quarter note B4. The bass line starts on a whole note G3, followed by a half note A3, and a quarter note B3. The second measure continues the melody with a half note C5 and a quarter note B4. The bass line continues with a half note A3 and a quarter note B3. Fingering numbers 1, 3, and 5 are indicated above the first notes of the right and left hands respectively.

D. 翻转的小丑

Clowning Around



Moderately slow to Moderately fast

Handwritten musical score for Clowning Around, 4/4 time signature. The score consists of two systems of piano accompaniment.

System 1: The first measure has a mezzo-forte (*mf*) dynamic marking. The melody in the right hand starts on a whole note G4, followed by a half note A4, and a quarter note B4. The bass line starts on a whole note G3, followed by a half note A3, and a quarter note B3. The second measure continues the melody with a half note C5 and a quarter note B4. The bass line continues with a half note A3 and a quarter note B3. Fingering numbers 1 and 2 are indicated above the first notes of the right and left hands respectively.

System 2: The first measure has a mezzo-forte (*mf*) dynamic marking. The melody in the right hand starts on a whole note G4, followed by a half note A4, and a quarter note B4. The bass line starts on a whole note G3, followed by a half note A3, and a quarter note B3. The second measure continues the melody with a half note C5 and a quarter note B4. The bass line continues with a half note A3 and a quarter note B3. Fingering numbers 1 and 2 are indicated above the first notes of the right and left hands respectively.

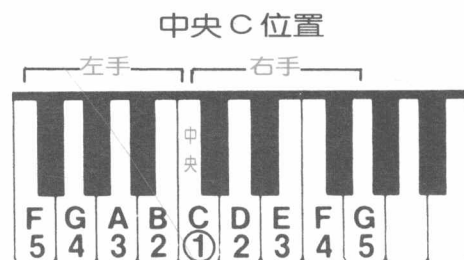
第4组

第4组练习与《课程·1B级》第17页的《华尔兹时光》同步学习。

A. 左手主奏

Leading with the Left

轻轻地弹奏右手的和声音程，要始终能够听到左手的旋律。



双手大拇指都放在中央C上!

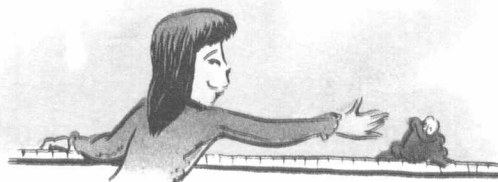


Andante to Moderato

B. 右手主奏

Leading with the Right

轻轻地弹奏左手的和声音程，要始终能够听到右手的旋律。



Andante to Moderato

C. 保持住!

Hold On!



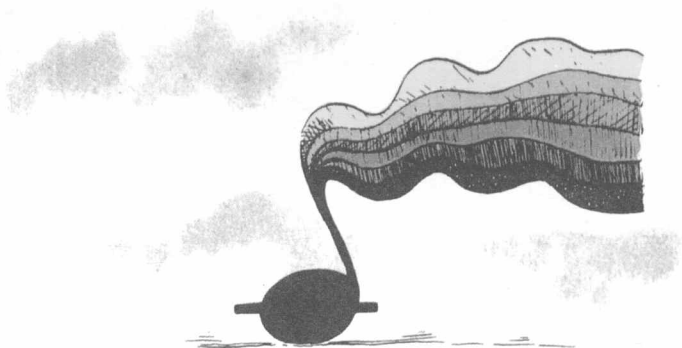
Adagio to Andante

 Musical score for 'Hold On!' (Part 1). It consists of two staves (treble and bass clef) in 4/4 time. The tempo is marked 'Adagio to Andante'. The score includes a piano (*p*) dynamic marking and a fermata over the first measure. The first measure is marked with a '4' below the bass staff. The second measure is marked with a '1' above the treble staff and a '3' below the bass staff. The third measure is marked with a '1' above the treble staff and a '4' above the bass staff. The fourth measure is marked with a '2' above the treble staff and a '4' above the bass staff.

 Musical score for 'Hold On!' (Part 2). It consists of two staves (treble and bass clef) in 4/4 time. The tempo is marked 'Adagio to Andante'. The score includes a piano (*p*) dynamic marking and a fermata over the first measure. The first measure is marked with a '4' below the bass staff. The second measure is marked with a '1' above the treble staff and a '3' below the bass staff. The third measure is marked with a '1' above the treble staff and a '4' above the bass staff. The fourth measure is marked with a '2' above the treble staff and a '4' above the bass staff.

D. 彩虹的音调

Rainbow Tones



Adagio to Andante

 Musical score for 'Rainbow Tones' (Part 1). It consists of two staves (treble and bass clef) in 3/4 time. The tempo is marked 'Adagio to Andante'. The score includes a mezzo-forte (*mf*) dynamic marking and a fermata over the first measure. The first measure is marked with a '1' above the treble staff and a '5' below the bass staff. The second measure is marked with a '4' above the treble staff and a '4' below the bass staff. The third measure is marked with a '3' above the treble staff and a '3' below the bass staff. The fourth measure is marked with a '2' above the treble staff and a '2' below the bass staff.

 Musical score for 'Rainbow Tones' (Part 2). It consists of two staves (treble and bass clef) in 3/4 time. The tempo is marked 'Adagio to Andante'. The score includes a mezzo-forte (*mf*) dynamic marking and a fermata over the first measure. The first measure is marked with a '5' above the treble staff and a '1' below the bass staff. The second measure is marked with a '4' above the treble staff and a '4' below the bass staff. The third measure is marked with a '3' above the treble staff and a '3' below the bass staff. The fourth measure is marked with a '2' above the treble staff and a '2' below the bass staff. The fifth measure is marked with a 'p' dynamic marking and a fermata over the first measure.

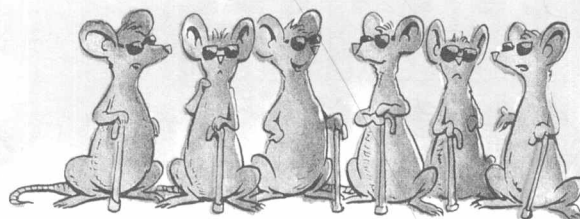
第5组

第5组练习与《课程·1B级》第21页的《祝你生日快乐!》同步学习。

A. 三只瞎老鼠 (再加三只!)

Three Blind Mice

(Plus Three More!)



Moderato to Allegro

Three blind mice, three blind mice. See how they run! See how they run!

mf

1

瞎老鼠,

瞎老鼠,

看逃跑了!

看逃跑了!

Three more mice, three more mice. See how they run! See how they run!

mf

3 5

瞎老鼠,

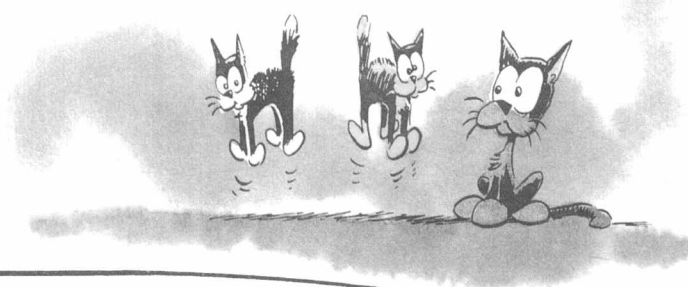
瞎老鼠,

看逃跑了!

看逃跑了!

B. 闲荡

Doodles



Moderato to Allegro

3

mf

1

3

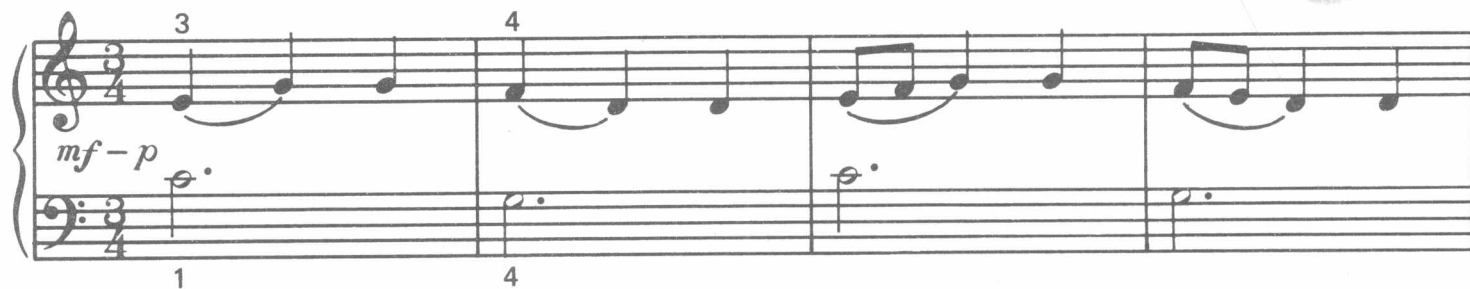
1

C. 山顶奔跑

Mill on the Hill



Andante to Moderato



D. 下山

Down the Mill Hill



Andante to Moderato



第6组

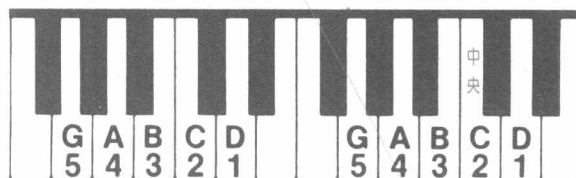
第6组练习与《课程·1B级》第25页的《新的G位置》同步学习。

A. 举起“G”音

“G” Gets a Lift!

左手
低的G位置

右手
高的G位置



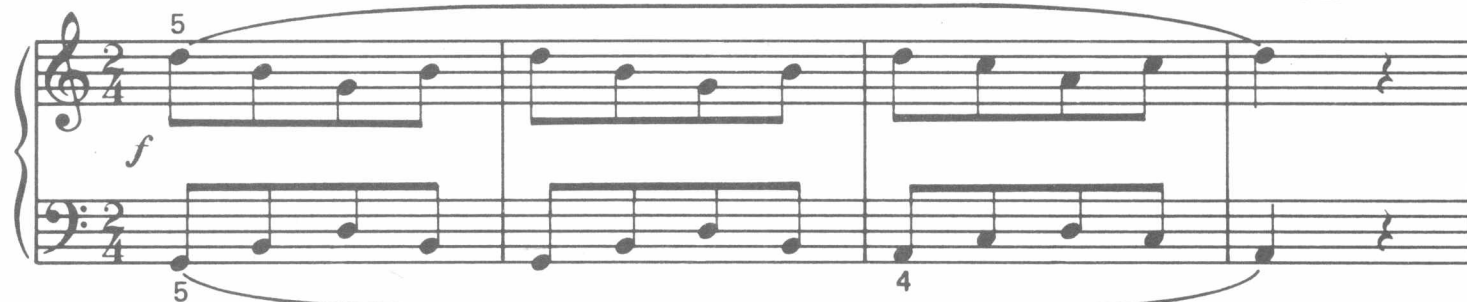
Moderato to Allegro



B. 高低不同的平面

Split-Level

Moderato to Allegro



C. 助跑！落下

Run Up! Float Down

两行中左手都在高的 G 位置。



Andante to Allegro moderato

p

5

1

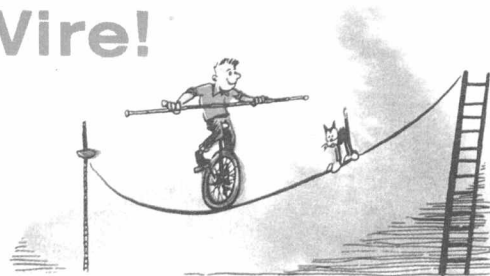
5

D. 在高空钢丝绳上踩踏板！

Pedaling on the High Wire!

左手位于高的 G 位置。

可在更高的位置进行练习，反复时双手移高八度！



Moderato to Allegro

第二遍双手 8va

mf

5

1

p

5

mf

4

2

p

第二遍 *ritardando*

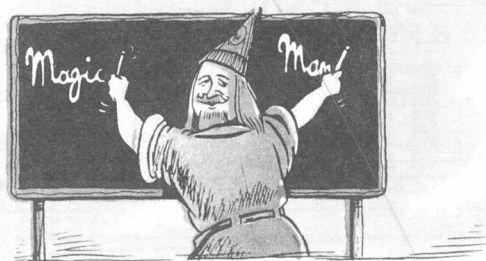
第7组

第7组练习与《课程·1B级》第32页的《魔术师》同步学习。

A. 巧手人

Ambidextrous

像这个魔术师一样,我们把两手技巧都很好的人称为巧手人。这首练习曲有助于你成为一个双手灵巧的人。



Andante to Allegro moderato

B. 触键技巧

Touch Tricks



Andante to Allegro moderato

C. 踏板技巧

Pedal Tricks



Andante to Allegro moderato

第二遍双手 8va - - - - -



第二遍双手 8va - - - - -



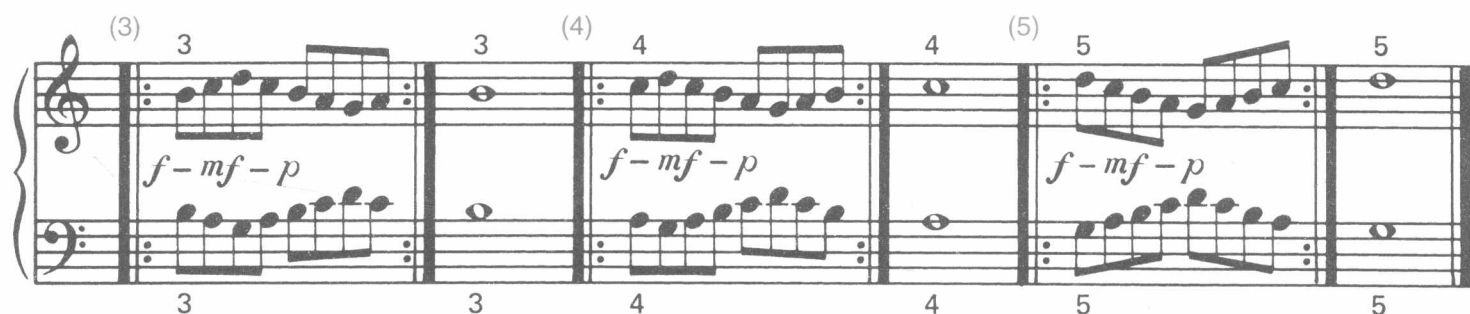
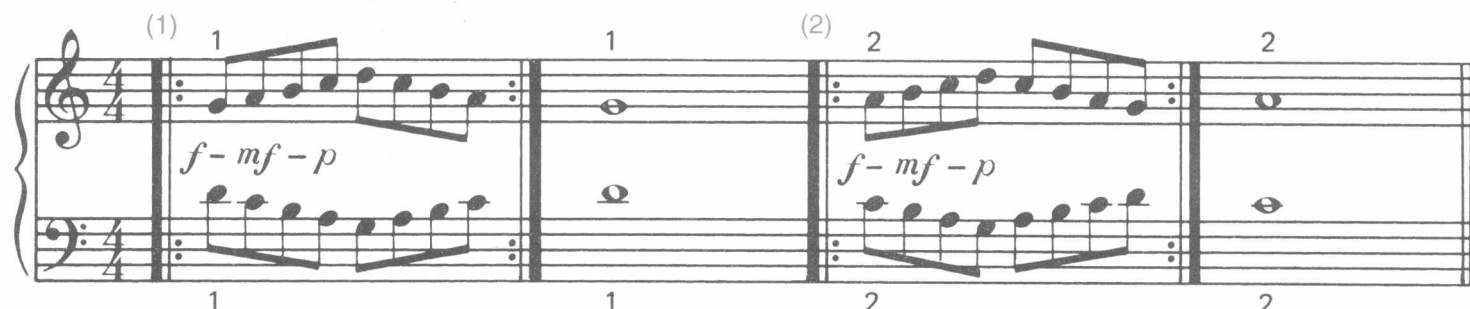
D. 魔力手指

Magic Fingers

该练习有五个部分，每个部分弹奏三遍。



Moderato to Allegro



第 8 组

第 8 组练习 A 和 B 与《课程·1B 级》第 34 页的《超级精彩秀!》同步学习。

A. 歌唱的高声部

Singing Treble



双手大指都放在中央 D 的位置上!

Andante to Allegro moderato

B. 歌唱的低声部

Singing Bass



Andante to Allegro moderato