

# 简明神经麻醉 与重症监护

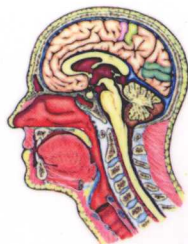
## Essentials of **NEUROANESTHESIA AND NEUROINTENSIVE CARE**

原 著 Arun K. Gupta  
Adrian W. Gelb

主 译 岳 云  
黄宇光



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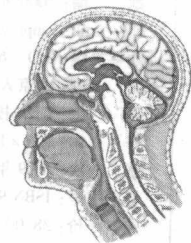
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Arun K. Gupta, et al.

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美国加州大学旧金山分校 (UCSF) Adrian Gelb 教授是国内麻醉学界的老朋友。他与剑桥大学 Gupta 教授合著的《简明神经麻醉与重症监护》一出版就受到国外广大麻醉科住院医师的喜爱。美国一些著名的医学院麻醉科已将本书作为住院医师的口袋书。

《简明神经麻醉与重症监护》的特点是紧密结合临床所需,提供所必需的基础知识和基本原理,突出要点,又不失全面。是指导麻醉科和其他相关学科住院医师和专科医师临床实践的好教材。

本书由北京协和医院和北京朝阳医院麻醉科合作译出。感谢 Adrian Gelb 教授多年来对中国麻醉学界的大力帮助,也为读者提供一本有助于临床实践的专科手册。

岳云 黄宇光

# 前 言

世界各地的许多医疗中心都已建立了神经麻醉和神经重症监护专科。我们对于神经科学的理解也在相应地不断增长,从而带来对于以往关于神经麻醉学、重症监护学和神经外科操作知识的更新及改变。尽管基础知识体系庞杂并在迅速扩增,我们希望所有医护人员能够牢固掌握生理、药理和中枢神经系统解剖学知识。撰写《简明神经麻醉与重症监护》旨在为读者提供理解特定专题所必需的基础知识,使他们在将这些知识应用于临床实践之前能够理解其基本原理。本书以基础知识为主,可在短时间内轻松阅读。因此,这本书对于住院医师、正在进行神经麻醉学或神经重症监护学培训的受训医生以及已完成培训和(或)可能已进入临床的神经麻醉专科医师最为有用,并且对其他需要接触神经专科患者的专业医师也会有所帮助。

在许多医疗中心,非神经麻醉医师的医护工作者负责着神经重症监护工作。认识到这一点,我们将本书分为神经麻醉学和神经重症监护学等部分,另有独立章节介绍监测技术。我们试图通过对照的方式将各章节间的重叠减少到最小。但是,特定原则和实例需要在不同背景下进行反复强调,我们认为这样的重复是必要的。“要点”部分旨在使读者快速回忆各专题的主要内容,“推荐读物”部分则列举了为数不多的重要文章或书籍,读者可从其中深入地了解更多的信息。大西洋彼岸的编辑和写作团队让我们认识到我们在实际工作中的差异,从而综合双方的观点,总结出目前最佳的工作方式。

我们要感谢所有为此书做出贡献的同事,特别感谢 Ken Probst 为本书所作的插图。

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