

# 研究生英语

# 视听说教程

王建平 主编

**POSTGRADUATE ENGLISH**  
VIEWING, LISTENING, SPEAKING



湘潭大学出版社

# 研究生英语视听说教程

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## **研究生英语视听说教程**

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# 前 言

《研究生英语视听说教程》,根据研究生英语教学大纲的听说要求编写。该教程内容丰富多采,题材广泛新颖,情景生动逼真;循序渐进,布局精巧,注重实用,是一套适合我国非英语专业硕士研究生英语学习的现状和特点的视听说教程。本书注重视、听、说相结合的个性化、自主化和交流互动的听说教学模式,通过调动学生视觉、听觉和思维来培养提高他们的英语听力理解和在理解基础上的口语表达能力。教材围绕社会生活中方方面面分主题编写,主要由18个单元组成。各单元体列包括主题介绍、听力训练、口语训练、视频、诗歌和与主题内容相关的谚语等。练习形式多样,有常见的听力选择题、判断题、填空题和简答题,还有完成视听任务之后的思考与讨论。本书供非英语专业研究生使用。

本书编写特点:

《研究生英语视听说教程》有一定前瞻性,从技能、知识、情感、策略和文化五方面同时切入,重视学习策略培养。教程展示的语言生动规范,幽默、地道、真实,语体、体裁多样,编写思路清晰,体例新颖,练习设计有一定的开放性。教程的语言话题和功能基本属循环扩展型,内容逐步扩展加深,螺旋上升。教程还渗透了艺术、美术、自然科学、人文及音乐等学科,涉及面广且分布自然均匀。教程安排联系生活的话题、活动和听说及视听说任务,在引导学生学习语言的同时,在认识观念上跟上时代发展潮流。教程互动性比较强,既有教师与学生之间的互动,也根据不同英语水平层次学生的特点,设计了在教师启发引导下学生之间的交流互动。本教程提供的大量视、听、说材料和练习以及其中提出的一些引人深思的问题,便于在引导学生训练增强英语听说能力的同时,扩大他们的知识视野,培养提高他们观察、分析、探讨问题的思辨能力和言之有物、言之有理的英语口头表达能力。

本书如有疏漏、不妥之处,祈望使用者不吝赐教。

编者

2009年7月9日

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# Unit 1 Surfing the Internet

## Objectives

- Learn about the origination and development of the Internet.
- Ponder over why we are increasingly dependent on the Internet.
- Talk about the Internet security and personal privacy protection.
- Have free discussions concerning how to make the best of the Internet.
- Survey all the possible uses we can make of the Internet so far.



## I . Introductory Questions

1. Is it convenient for you to gain access to the Internet on the campus?
2. What do you usually do once you turn on your computer and get linked to the Internet?
3. Why are some teen-agers so hopelessly addicted to the electronic games on line in your opinion?
4. What do you think are the positive and negative impacts the Internet has on us students?
5. As university students, how can we possibly make the best of the Internet?

## II . Introductory Remarks

With the coming of the information era and the popularizing of computers, a great invention has come into being and has greatly revolutionized the way people communicate, search for information, do their routine work and lead their everyday life. This great invention is the Internet, also known as the information superhighway.

Indeed, nowadays, access to the Internet has become the basis for personal, economic, and political advancement. Whether you want to find the latest financial news, browse through library catalogs, exchange information with colleagues, go shopping or join in a lively debate about a current issue, the Internet is the vehicle that will take you beyond telephones, faxes, and isolated computers to a burgeoning networked information frontier.

As the English saying goes, every coin has two sides. While providing us with convenience and comfort, the Internet has also brought us trouble, worry and crises. The insecurity of personal privacy, teenagers' addiction to electronic games on line and computerized high-tech crimes have a great deal to do with the Internet. How to make the best of the Internet with the least possible side-effect has become a hot issue of common concern to the world's people today. In this unit, we will try to address this issue to a certain extent.

(word count: 212)

### III. Task-Oriented Listening Practice

#### Task 1 Learn about the origination and development of the Internet

##### Step 1

**Directions:** Listen attentively to a talk about the origination and development of the Internet and try to complete some sentences taken from the talk by filling in each blank with some appropriate words.

##### Relevant Lexical Items

the US. Department of Defense

美国国防部

ARPNET

阿帕网(因特网的前身)

repository

宝库

the Unix operating system

一种多用户的操作系统

Telnet (a remote terminal connection)

远程连接;远程登录

FTP (File Transfer Protocol)

文件传输协议

1. The Internet was initially started in \_\_\_\_\_ in the year \_\_\_\_\_.
2. The original idea to establish a nationwide network of computers was to increase \_\_\_\_\_ that could be shared by users in many locations and to find out \_\_\_\_\_ for computer networks to survive \_\_\_\_\_ or other disaster by providing multiple paths between users.
3. People on the ARPNET (as the nationwide network was originally called) quickly discovered that they could \_\_\_\_\_ and conduct electronic "conferences" with distant colleagues for purposes that had nothing to do with the \_\_\_\_\_.
4. Over the years, \_\_\_\_\_ joined which \_\_\_\_\_ more and more computers. Today, thousands of networks and millions of computers \_\_\_\_\_ the Internet.
5. The Internet is the largest repository of information which can provide very, very large network resources, which can be divided into network \_\_\_\_\_ and network \_\_\_\_\_.

6. Some of the services that the Internet can provide are: Mail, \_\_\_\_\_, File Transfer, News, and \_\_\_\_\_.

## Step 2

**Directions:** *Listen to the second part of the talk attentively and try to catch some key information for use to answer a few questions raised on it.*

### Relevant Lexical Items

PC (personal computer)	个人电脑
LAN (local area network)	局域网
Modem	调制解调器
Gopher	一种因特网资源检索工具
WWW (World Wide Web)	万维网
Netscape	Netscape 公司的因特网浏览器
a networked hypertext protocol	超文本协议
user interface	用户界面
trigger	触发
hot-linked	热链接的
FAQ (frequently asked questions)	常见问题

1. How can a user with an account on any Internet machine establish a live connection to any other machine on the Net from the terminal in his own office or laboratory?
2. What must you do before you can use the Internet?
3. What will you most likely use in order to talk on the Internet?
4. Aside from where the information is, what should the users also know in using the Internet?
5. Why is it said that the Internet is your PC's window to the rest of the world?

## Task 2 Learn something about teenage bloggers

### Step 1

**Directions:** *Listen to a talk about teenage bloggers attentively, and then try to complete the following statements by filling each blank with the right missing word.*

### Relevant Lexical Items

blog (a short way of saying Web log)	博客(网络日志之简称)
blogger	写博客者;博主
Facebook	美国专门对高校学生开放的网站,它严格限制注册,需要在指定大学的 IP 地址范围内上网才能注册 facebook.com 帐号



MySpace

是近来非常火的一个网站,已经成为了美国年轻人最大的交友平台

expel

开除

arrest

逮捕

1. Many popular Web sites now offer \_\_\_\_\_, \_\_\_\_\_ to create personal Web pages and fill them with \_\_\_\_\_ and \_\_\_\_\_.
2. Many young adults use their blogs to write about \_\_\_\_\_ and \_\_\_\_\_ in their lives. They also provide a place for people to write their \_\_\_\_\_ and \_\_\_\_\_ and react to the ideas of others.
3. Blogs offer young people a place to show their writings and other \_\_\_\_\_ of \_\_\_\_\_. Blogs can also be helpful to \_\_\_\_\_ young people with larger \_\_\_\_\_.
4. Recent studies show that young people often provide their \_\_\_\_\_, \_\_\_\_\_ and \_\_\_\_\_. This personal information puts them at risk of being sought out by \_\_\_\_\_ people who want to harm them.
5. In several American \_\_\_\_\_, students have been expelled from their schools or even \_\_\_\_\_ after their blogs were found to \_\_\_\_\_ other students or teachers.

## Step 2

**Directions:** Listen to the talk again and try to complete the statements about the advantages and disadvantages of blogs mentioned by the speaker.

### Advantages & Disadvantages of Blogs

Advantages	<ol style="list-style-type: none"><li>1. Blogs offer young people a place to show _____.</li><li>2. Blogs can also be helpful _____.</li></ol>
Disadvantages	<ol style="list-style-type: none"><li>1. Blogs can become dangerous to students _____.</li><li>2. Blogs with personal information exposed can _____.</li><li>3. Blogs with information seen as _____.</li></ol>

## Task 3 Learn More about Computer Technology

**Directions:** Listen to the recording of the short passage below attentively for 3 times and complete the passage by filling in the blanks with the information you hear.

From the invention of the first stone tools to today's complex computer, man has (1)

\_\_\_\_\_ the power to change the world around us. Computer (2) \_\_\_\_\_, in particular could be taking over our economic life.

In business, computers do the job of (3) \_\_\_\_\_ and secretaries. In minutes, office computers type out hundreds of letters and, by satellite (4) \_\_\_\_\_, send out bills to customers around the world. Business managers use computers to collect huge amounts of information and, in seconds, to do (5) \_\_\_\_\_ beyond the power of the human brain. In the future, the most important (6) \_\_\_\_\_ might be the computer, not the company (7) \_\_\_\_\_.

(8) \_\_\_\_\_. In the foreseeable future more and more jobs will be taken by computers. Because technology supplies the muscle power, workers are now free to use their brain power to make new discoveries. (9) \_\_\_\_\_

\_\_\_\_\_. The human brain has not changed in size in the past 10,000 years and won't be changed in the long future.

(10) \_\_\_\_\_. Generally, man will never stop using his brain to create "intelligent machines" to do his work for him.

#### IV. Watch, Listen & Talk

**Directions:** Listen to the audio sound accompaniment while watching a video about the Internet and get ready to answer the following questions.

##### Relevant Lexical Items

virtually	实际上
built-in	嵌入的
FOX report	电视栏目名
Molly Line	女记者名
hacker	黑客
protocol	协议; 议定书
blackmail	敲诈; 讹诈
Akamai	旨在消除 Internet 瓶颈和提高下载速度的新公司
patch method	(打)补丁的方法
be compatible with	跟……相容(兼容)
vulnerability	脆弱; 虚弱
start from scratch	从零开始
incrementally	渐进地; 增值地
the clean slate approach	洁净石板法
magic bullet	有魔力的子弹

1. What is this news report mainly about?

2. What kinds of crime are becoming more common online according to the reporter?
3. Who are the first responders fighting the hackers and worms?
4. Why Internet experts argue that all the quick fixes will just complicate the problem?
5. What does David Clark argue for as a possible solution to the Internet safety problem?

## V. Task-Oriented Speaking Practice

### 1. Model Dialogues

**Directions:** Look through the following script of two dialogues while listening to the recording and get ready for speaking practice about computer and the Internet.

#### 1

(Taylor is having a job interview. Johnson, the interviewer is asking Mr. Taylor some questions. )

- J: Okay, Mr. Taylor, let's go ahead and begin. First of all, tell me about your last job.
- T: Well, as stated on my resume, I have worked for five years at Hi Tech Computers.
- J: Okay. Hi Tech. And what do you know about computer networks and operating systems including DOS, Windows, Macintosh OS, and UNIX?
- T: Umm...well...I did come into contact with computers every night at my last job.
- J: Hum! And how about web site authoring skills? We are looking for someone to create and manage our company's web site which would include the development, configuration, and use of CGI scripts.
- T: Umm...uh, web page, I don't think I've read that book, and I'm afraid I've never used those CGI things.
- J: Huh?! And what about experience with Java or JavaScript?
- T: Well...I think I've tried Java at a foreign coffee shop one time, if that's what you mean.
- J: Okay, Mr. Taylor, I think I have all the information I need!
- T: Oh, and I really like computer games. I play them every day.
- J: Right, right. Thanks Mr. Taylor. We'll be in touch.
- T: OK. Have a good day!

( word count: 140 )

#### 2

(Mary and John, a young couple, are talking about something at home. )

- Mary: John! You're playing computer games again?
- John: Hi, darling. I'm just surfing the Net.
- Mary: Oh, my gosh! You're becoming a Net-addict!

- John: Come on, Anne. I find the Internet very useful — I can find out anything. Want me to search for the number of Net-addicts in America?
- Mary: John, you spend more time on the Net than with me. It's kind of unhealthy!
- John: Unhealthy? Here, just feel my muscles. I'm like Atlas — I can lift the world with the Net.
- Mary: Stop joking, John. You spend hours closed up in your room, with just your computer for company, like a recluse. It is as if you lived in a computer!
- John: Not really. I am in touch with the world through the Web.
- Mary: But it is not the same. You need to interact with people, play real games, and enjoy nature. Some escaping form could be used in the real world, don't you think? Your virtual world is a form of...of...escapism.
- John: The real world could use some escaping form, don't you think?
- Mary: You know, John, it is not just you; most young people — even children — spend so much time on the Net that it is not only affecting their eyesight but also their personalities. They are becoming unsociable...
- John: Anyway, look at the positive side: the amount of useful information available on the Web is amazing.
- Mary: I know that. As long as the Internet is only a virtual girlfriend, I won't have to worry about it.

( word count: 242 )

## 2. Monologue

**Directions:** *Read a monologue about computer network attentively while listening to the recording. Then follow the example and try to have a further discussion on computer network.*

Computer network has been playing an increasingly important role in our daily life. It has brought us a lot of benefits but it can also create some serious problems. Computer network has enabled us to do a lot of things more quickly and easily. For example, we can communicate freely by electronic mails with people from all over the world. It takes only a few seconds to get a message across with the cost substantially lower than that of regular mail. Also, an enormous amount of information can be accessible through the Internet. A fantastic new world will be open to us just by double-clicking the mouse.

However, if not managed properly, computer network can create many problems too. Sometimes we spend too much time sorting out the junk mail jammed in our mailbox instead of doing meaningful things. Furthermore, computer net-works have become so indispensable for personal contacts and public services that once the routine functioning of the system is disrupted or infected by virus, valuable information may be revealed or lost to the detriment of individuals and social institutions. Therefore, the safety of network has become a growing public concern.

All in all, we can't live without computer network now. There's no limit to things comput-

er network can do. But at the same time we must try to find out new ways to cope with the problems that will arise as computer networks become a natural part of our lives.

( word count : 243 )

## Now Your Turn

1. Watch a short video program titled *Save the Internet* and then make a dialogue about what Net neutrality is and how to save the Internet.
2. Listen to an English rap while watching a video titled *The Internet People* and make a monologue on your own about those people in our country who have got famous because of the Internet.

## Useful Sentence Patterns and Expressions

- How ( What ) about...
- Not really
- But it is not the same.
- Don't you think?
- As far as I'm concerned,...
- To tell the truth,...
- I'd like to add something here,
- Let me put it another way,
- Don't you agree that...?

### Expressions about Advantages of the Internet

- The Internet plays an important role in our life.
- When you surf the Net, the world seems smaller than ever, and countries far away seem no farther than your hometown.
- Every hour, thousands of people, including young children, university students, scientists, businessmen, seek various information through the Internet.
- You can discuss international affairs, football games, or your viewpoint on love and marriage with known or unknown people online.
- In this way, you may make some friends, who share common views with you.
- And what's more, various meetings can also be held on the Net.
- Many magazines are now on-line.
- E-commerce has continued its powerful momentum into the new millennium.

### Expressions about Disadvantages of the Internet

- The Internet is not flawless.
- First, there are too much rubbish on the net. Some people are just over-enthusiastic to offer valueless information.
- This, in turn, has made it more and more difficult to find what you want.

- Second, officials also find it hard to prevent the Internet from the invasion of criminals.
- To some extent, the Net actually makes it more convenient to commit certain crimes.
- And sometimes the cost is so prohibiting to many Chinese.
- So we can see just like most other inventions, the Internet has its own problems.

### ◆ Famous Sayings & Pithy Remarks

1. As a general rule, the most successful man in life is the man who has the best information.  
—Benjamin Disraeli, British Statesman
2. Don't wait for ideal circumstances, they will never come, nor for the best opportunities.  
—Janet Erskine Stuart, British Poet
3. If one desires to succeed everything, he must pay the price.  
—R. Emerson, American thinker and writer
4. Computers are useless. They can only give you answers.  
—Pablo Picasso
5. Computers make it easier to do a lot of things, but most of the things they make it easier to do don't need to be done.  
—Andy Rooney

# Unit 2 Emotional Intelligence

## Objectives

- Get to know some basic components of emotional intelligence.
- Realize the important roles emotional intelligence plays in one's life and career.
- Learn how to develop emotional intelligence in children as well as in adults.
- Have speaking practice concerning the importance of emotional intelligence.



## I . Introductory Questions

1. What do you think is the most essential personal factor that affects whether or not one can succeed in his (her) career?
2. Did you know that we have emotional intelligence apart from intellectual intelligence?
3. What difference does it make whether a person has enough emotional intelligence or not?
4. Which do you believe is true, a person is endowed with high emotional intelligence by nature or by nurture?
5. How should we develop emotional intelligence in our everyday life and studies?

## II . Introductory Remarks

In recent years, more and more research work has been done to reveal the relationship between people's emotions and their mood, health and achievements in their work, studies and everyday life. It has been proved that the most essential personal factor affecting one's success in his career is not his intelligence, or diligence, or something else, but his EIQ. Do you know

what EIQ stands for? It stands for emotional intelligence quotient, known as“情商”in Chinese. Studies show that one’s emotional intelligence gives him a competitive edge. Even at Bell Labs, where everyone is smart, the most valued and productive engineers are those with the traits of emotional intelligence — not necessarily those with the highest IQ.

We can say that it is one’s EIQ (EQ for short) that really counts in one’s life. Admittedly, IQ is valuable indeed but EQ is worth even more. High IQ can only help you get high scores in school and gain success in your academic studies while your high EQ not only helps you to get high scores but also enables you to become highly competent so as to win success in your career. So, however bright we are in the classroom, when it comes to life’s stickier moments, we need other kinds of resourcefulness — most especially emotional intelligence, a different way of being smart.

( word count: 225 )

### III. Task-Oriented Listening Practice

#### Task 1 Get to know some basic components of emotional intelligence

##### Step 1

**Directions:** *Listen attentively to the recording of a special video program about investigating EQ and try to get some specific information for use to answer the following questions.*

##### Relevant Lexical Items

tremendous	巨大的
incorporate...into...	将……纳(并)入……
scholarly	学术的; 学究的
theoretical	理论的
Biz Casual	专题电视节目名
anchor	电视或电台讨论栏目主持人
Dave	David 之昵称
field reporter	实地采访记者
Gabe (Garrett)	人名
interfer with	干涉; 干扰
Turner	人名
perceive	理解; 看待
empathy	善解人意
multiple	多方面的

1. Is Emotional Intelligence, or EQ, a new concept? How long has it been the subject of scientific study?
2. Why has the study of EQ been slow in growth?



3. What results have many companies got from the recognition of EQ on their top performers?
4. What is the essential difference between traditional intelligence, or IQ, and EQ, according to Professor Turner?
5. How many components of EQ are mentioned in the video interview and what are they?

## Step 2

**Directions:** Listen attentively to the recording once again and try to match each of the six basic components of emotional intelligence listed in the table with the right definition by filling each term below into the corresponding blank square.

**Six Basic Components of Emotional Intelligence**

1		the ability to understand your own feelings or see how you are perceived by others
2		the ability for an individual to manage what he says or does in an appropriate environment
3		the way (how) individuals handle themselves in a personal situation
4		the way (how) somebody applies themselves in life.
5		the ability to read the emotional needs of others and then respond in a way that's most appropriate
6		the ability to handle all levels of stress possibly coming from the multiple sources at the same time without losing productivity and effectiveness

stress tolerance, motivation, self-awareness, empathy, self-control, social skill

## Task 2 Learn about how emotional Intelligence relates to the world of work

### Step 1

**Directions:** Listen to a talk about how emotional intelligence relates to the world of work. While listening, try to note down in the chart below the job performance of the two CEOs mentioned in the talk and the result of their performance.

### Relevant Lexical Items

CEO (chief executive officer)

首席执行官

personal touch

人际关系; 人情味

put...in the black

使……赢利

a handsome bonus

数目可观的奖金

embitter sb.

使某人痛苦难受; 害苦了某人

duel to a draw

打个平局; 斗个平手

probe

彻底调查; 探索