

原生态生活口语自信表达 365天造就生活英语达人

365天

日常英语
语料库

主编◎浩瀚 齐齐

审订◎【美】Eve Bower

朗读【美】William Valencia (男)

【美】Dajid Jordan Dibona (男)

【美】Sarah Miller (女)

【美】Camilla Zanzanaini (女)



日常英语口语大全

超值附赠

700分钟Mp3
光盘一张



365个生活场景 300多个主题对话

3000多个分类单词 3000个高频日常句型

助您成功应对多话题、深层次的日常交流，随心所欲！

石油工业出版社

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图书在版编目(CIP)数据

365 天日常英语口语大全/浩瀚, 齐齐主编.
北京:石油工业出版社, 2009. 10
ISBN 978-7-5021-7398-2

- I. 3...
- II. 浩...
- III. 英语-口语
- IV. H319.9

中国版本图书馆 CIP 数据核字(2009)第 168596 号

365 天日常英语口语大全
浩瀚 齐齐 主编

出版发行:石油工业出版社

(北京安定门外安华里 2 区 1 号 100011)

网 址:www.petropub.com.cn

编辑部:(010)64523646 发行部:(010)64523604

经 销:全国新华书店

印 刷:北京晨旭印刷厂

2010 年 1 月第 1 版 2010 年 1 月第 1 次印刷

710 × 1000 毫米 开本:1/16 印张:23

字数:510 千字

定价:39.80 元(附赠超长 700 分钟 MP3 光盘)

(如出现印装质量问题,我社发行部负责调换)

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Preface o Series **丛书序**

Do you become speechless when you chatting with a foreigner?

Daring not to speak is not an excuse.

Can't understand what the foreigners say. Chinese often can not understand what the foreigners are saying.

Poor vocabulary is not an excuse.

The set of the "365 Days of English" will make you more confident in English. It will also give you the confidence to meet and hang out with foreigners.

Learning English is difficult. Many people can only write and read, but neglect to listen and speak. Many students learn a lot of words and phrases, and also know a lot about grammar, but can not understand and speak English in practice. And their spoken English is not appropriate nor spoken in a standard passion. To learn spoken English well, the most basic thing is to have a good English tutorial. This tutorial must contain three basic elements—covering practical knowledge, teaching the correct way of learning, and shaping the authentic way of thinking in English. In order to create a truly practical oral English encyclopedia, we invited a number of senior experts to participate in writing, editing and revising a set of four books. The books cover every aspect of our daily activities, so you can truly master everyday "live" English.

Each book within the series not only has its special characteristic but is also interrelated. They will help learners systematically and comprehensively master English language speaking skills and strategy. This book set is suitable for Chinese people to learn English.

This set of books provides the foundations needed to achieve proficiency in English. I believe anyone who follows its guidelines will be successful. English communicative competence can not be trained overnight. This series is intended to be used, at the leisure of the learner, at least once daily over the period at one year. After a years time, your English proficiency will go leaps and bounds.

Good luck on your learning endeavor.

想跟老外聊天,看到外国人就“失声”?

不敢开口说——不是借口。

听英语不明白,外国人讲英语“听不懂”?

单词背太少——不是借口。

《365 天英语大全》系列丛书让你少了借口,多了信心;

《365 天英语大全》系列丛书让你轻松用英语和外国人 hang out.

想要学好英语口语,最基本的就是要有一套好的英语教程。这套教程必须包含 3 个基本要素——涵盖实用的口语知识,教授正确的学习方法,塑造地道的英语思维。为了给广大英语学习者打造一套真正实用的口语大全,我们耗时一年零七个月,诚邀多位中外籍资深英语教学专家参与撰写、编辑、审校等工作,最终打造了这套《365 天英语大全》系列丛书。全套 4 册,包括《365 天急用句、短对话口语大全》、《365 天商务英语口语大全》、《365 天日常英语口语大全》、《365 天英语听说互动大全》。几乎囊括了与我们日常生活、工作息息相关的全部话题,让你真正掌握外国人每天都在使用的“活”英语,有效应对不同交际场合的口语交流。

《365 天急用句、短对话口语大全》真实再现了大量英语对话场景,同时收录了大量例句,深入分析日常交流时常用、典型的表达方法,帮助读者从根本上掌握口语表达,继而将其灵活运用于日常生活、社会交往和工作等实际场合中。

《365 天商务英语口语大全》堪称目前市场上最完善、最全面的商务英语口语大全。包含 700 多个实用对话表达,300 多个商务文化背景知识,2000 多个高频商务句型,是一本能够任你畅游其中,又不乏乐趣的商务英语口语百科全书。

《365 天日常英语口语大全》围绕每天的主题学习 2 个句型,6 个精彩语句,1 个对话,以及 8 个相关词汇。内容涉及日常生活、人际交往、社会服务等方方面面,是深度掌握生活英语的最佳选择。

《365 天英语听说互动大全》解决广大读者“哑巴英语”的难题。一天练听,一天练说,听说互动。每月再安排 1~2 个自我检测,让读者置身于纷杂的大千世界不再会欲听不懂,欲说无语。同时,全书共有 100 多个“听力小技巧”,帮助读者更加快捷地提高听力水平。

本套丛书有以下特色：

1. 美籍与中方老师合作编撰，内容兼顾美式流行用语与中国人学习习惯。不会出现啼笑皆非的“中式英语”教学，也不会有与中国文化脱节的学习内容，是真正适合中国人的英语学习教材。

2. 套书的每个单本既各有特色，又相互关联，符合语言学习规律。有助于学习者系统、全面地学习并掌握英语口语技能。同时，套书使用的单词基本上都是日常生活、商务交往中的常用单词，合理的词汇容量使英语基础薄弱的读者也可以轻松使用这套书。

3. 英语口语的听、说练习，绝对少不了语音的配合。本套丛书随书附赠英语学习光盘（MP3 格式），让你不论坐公车、地铁、逛街散步……都能利用零碎时间有效地学好英语会话。标准的美式发音，让你的口语更加地道！

4. 套书设计独具匠心。每本书以日期为线索，按月份共分为十二部分，每个月所安排的内容，都围绕一到两个特定话题，每天再分述这一话题的不同方面。每个月的开始，先对该月学习的内容作一个简单的介绍，让读者朋友在开始学习的同时做到心中有数；法定节假日（元旦、春节、清明节、五一劳动节、端午节、中秋节、国庆节）则只安排一篇关于这一节日的轻松小短文，让读者朋友养精蓄锐，为下一轮的冲锋休养生息。

不积跬步无以至千里，不积小流无以成江海。英语交际能力的培养不是朝夕可就的。愿这套《365 天英语大全》丛书帮助读者朋友利用每天的闲暇时间修炼英语。经过一年的千锤百炼，英语水平实现质的飞跃。

亲爱的读者朋友，请记住：只要功夫深，铁杵磨成针！



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- | | | | | | |
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| Aug. 1 st | Health 健康状况 | (205) | Aug. 11 th | At the Orthopaedic Department
在骨科 | (215) |
| Aug. 2 nd | Being Ill 生病 | (206) | Aug. 12 th | At the Dermatological
在皮肤科 | (216) |
| Aug. 3 rd | Registration 挂号登记 | (207) | Aug. 13 th | At the Ophthalmic Department
在眼科 | (217) |
| Aug. 4 th | Statements 陈述症状 | (208) | Aug. 14 th | At the Stomatological Department
在口腔科 | (218) |
| Aug. 5 th | Examining and Diagnosing
检查诊断 | (209) | Aug. 15 th | At the Digestive Department
在消化科 | (219) |
| Aug. 6 th | Giving Prescription
开药方 | (210) | Aug. 16 th | At the Respiratory Department
在呼吸科 | (220) |
| Aug. 7 th | Hospitalization 住院 | (211) | Aug. 17 th | At the Urology Department
在泌尿科 | (221) |
| Aug. 8 th | Seeing the Patient
看望病人 | (212) | Aug. 18 th | At the Neurologic and Psychiatric | |
| Aug. 9 th | At the Internal Medical
在内科 | (213) | | | |
| Aug. 10 th | At the Surgical Department
在外科 | (214) | | | |

- Aug. 19th Department 在神经精神科 … (222)
At the E. N. T. Department
在耳鼻喉科 … (223)
- Aug. 20th At the Gynecologic and Obstetric
Department 在妇产科 … (224)
- Aug. 21st At the Paediatric Department
在儿科 … (225)
- Aug. 22nd At the Radiographical Depart-
ment 在放射科 … (226)
- Aug. 23rd About Common Ductless Glands
内分泌系统疾病 … (227)
- Aug. 24th Common Cardiovascular Diseases
常见心血管疾病 … (228)
- Aug. 25th Diseases of Hematopoietic System
造血系统疾病 … (229)
- Aug. 26th Common Infectious Disease
常见传染病 … (230)
- Aug. 27th Venereal Diseases
性病 … (231)
- Aug. 28th Common Tumours
常见肿瘤疾病 … (232)
- Aug. 29th Operation 手术 … (233)
- Aug. 30th Nursing 护理 … (234)
- Aug. 31st Traditional Chinese Medicine
中医 … (235)

September



Campus Life 校园生活



- Sep. 1st Registration 注册 … (237)
- Sep. 2nd Choosing Courses 选课 … (238)
- Sep. 3rd Scholarship 奖学金 … (239)
- Sep. 4th Military Training 军训 … (240)
- Sep. 5th Class Begins 开始上课 … (241)
- Sep. 6th Being Late and Absent
迟到和缺席 … (242)
- Sep. 7th Explaining the Text
讲解课文 … (243)
- Sep. 8th Discussing in the Class
课堂讨论 … (244)
- Sep. 9th Rules in Class 课堂纪律 … (245)
- Sep. 10th Language Studying
语言学习 … (246)
- Sep. 11th Helping Classmates
同学互助 … (247)
- Sep. 12th Reviewing Lessons
复习功课 … (248)
- Sep. 13th Examinations 考试 … (249)
- Sep. 14th In the Lab 在实验室 … (250)
- Sep. 15th Attending a Lecture
听讲座 … (251)
- Sep. 16th In the English Corner
在英语角 … (252)
- Sep. 17th In the Library
在图书馆 … (253)
- Sep. 18th Speech Contest
演讲比赛 … (254)
- Sep. 19th Part-time Jobs
兼职工作 … (255)
- Sep. 20th In the Dormitory
在宿舍 … (256)
- Sep. 21st Vacation 假期 … (257)
- Sep. 22nd The Mid-Autumn Day
中秋节 … (258)
- Sep. 25th Talking about Teachers
谈论老师 … (259)
- Sep. 26th Graduation Thesis
毕业论文 … (260)
- Sep. 27th Study Abroad

Sep. 28 th	出国留学 (261)	Further Education
	继续深造 (262)	
Sep. 29 th	Talking about Working	

Sep. 30 th	谈论就业 (263)	Graduation Ceremony
	毕业典礼 (264)	

October

Career and Interviewing 职场面试

Oct. 1 st	National Day 国庆节 (265)	薪资福利 (276)	
Oct. 8 th	Personal Information 个人信息 (266)	Oct. 19 th	Any Questions 有关问题 (277)
Oct. 9 th	Educational Background 教育背景 (267)	Oct. 20 th	Going to Work 报到上班 (278)
Oct. 10 th	Abilities and Skills 技能特长 (268)	Oct. 21 st	Daily Affairs 日常事务 (279)
Oct. 11 th	Reason for Application 求职原因 (269)	Oct. 22 nd	On the Job Orientation 新人培训 (280)
Oct. 12 th	Work Experience 工作经验 (270)	Oct. 23 rd	Being Late 上班迟到 (281)
Oct. 13 th	Strengths and Weaknesses 优缺点 (271)	Oct. 24 th	Asking for Leave 因事请假 (282)
Oct. 14 th	Hobbies 业余爱好 (272)	Oct. 25 th	Work Shift 换班 (283)
Oct. 15 th	About the Company 公司状况 (273)	Oct. 26 th	Working Overtime 加班 (284)
Oct. 16 th	Ambitions and Aspirations 理想抱负 (274)	Oct. 27 th	Boss 上司老板 (285)
Oct. 17 th	About Travelling 关于出差 (275)	Oct. 28 th	Making Mistakes 工作失误 (286)
Oct. 18 th	Salary and Benefits	Oct. 29 th	Talking about Job 评价工作 (287)
		Oct. 30 th	Promotion 晋升 (288)
		Oct. 31 st	Work Pressure 工作压力 (289)

November

Daily Communication 日常交际

Nov. 1 st	Greeting 问候 (291)	寻找话题 (296)	
Nov. 2 nd	Introduction 介绍 (292)	Nov. 7 th	Interrupting and Cutting In 搭话与插话 (297)
Nov. 3 rd	Invitation 邀请 (293)	Nov. 8 th	Concluding a Conversation 结束谈话 (298)
Nov. 4 th	Parting 告别 (294)		
Nov. 5 th	Appointment 约会 (295)		
Nov. 6 th	Finding out the Topic		

Nov. 9 th	Talking about the Weather 谈论天气	(299)
Nov. 10 th	Social Topics 谈论社会	(300)
Nov. 11 th	Making and Receiving Calls 拨打电话	(301)
Nov. 12 th	Leaving a Message 电话留言	(302)
Nov. 13 th	Hanging Up 挂断电话	(303)
Nov. 14 th	Present-giving 赠送礼物	(304)
Nov. 15 th	Congratulations 祝贺	(305)
Nov. 16 th	Compliments 赞美	(306)
Nov. 17 th	Suggestions 建议	(307)
Nov. 18 th	Requests 请求	(308)

Nov. 19 th	Agreement 赞成	(309)
Nov. 20 th	Disagreement 反对	(310)
Nov. 21 st	Thanks 感谢	(311)
Nov. 22 nd	Apologies 道歉	(312)
Nov. 23 rd	Encouragement 鼓励	(313)
Nov. 24 th	Comfort 安慰	(314)
Nov. 25 th	Sympathy 同情	(315)
Nov. 26 th	Inquiries 询问	(316)
Nov. 27 th	Reminding 提醒	(317)
Nov. 28 th	Complaints 抱怨	(318)
Nov. 29 th	Reproach 责备	(319)
Nov. 30 th	Warning 警告	(320)

December

Emotions 情感世界

8

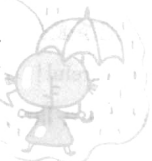
Dec. 1 st	Talking about Opposite Sex 谈论异性	(322)
Dec. 2 nd	Infatuated with the Chase 追求	(323)
Dec. 3 rd	Speak Out 表白	(324)
Dec. 4 th	Date 约会	(325)
Dec. 5 th	Quarrel 争吵	(326)
Dec. 6 th	Insist on Staying 执意挽留	(327)
Dec. 7 th	Break Up 分手	(328)
Dec. 8 th	Make an Offer of Marriage 求婚	(329)
Dec. 9 th	Getting Married 结婚	(330)
Dec. 10 th	Between Couple 夫妻之间	(331)
Dec. 11 th	Divorce 离婚	(332)
Dec. 12 th	Parents and Children 两代之间	(333)
Dec. 13 th	Between Family Members	

家人之间	(334)	
Dec. 14 th	Friendship 友谊	(335)
Dec. 15 th	Happy 高兴	(336)
Dec. 16 th	Upset 沮丧	(337)
Dec. 17 th	Sadness 悲伤	(338)
Dec. 18 th	Likes 喜欢	(339)
Dec. 19 th	Dislikes 厌恶	(340)
Dec. 20 th	Optimism 乐观	(341)
Dec. 21 st	Pessimism 悲观	(342)
Dec. 22 nd	Anger 愤怒	(343)
Dec. 23 rd	Surprise 惊讶	(344)
Dec. 24 th	Fright 害怕	(345)
Dec. 25 th	Worry 担心	(346)
Dec. 26 th	Regret 遗憾	(347)
Dec. 27 th	Disappointment 失望	(348)
Dec. 28 th	Certainty 肯定	(349)
Dec. 29 th	Uncertainty 怀疑	(350)
Dec. 30 th	Hesitation 犹豫	(351)
Dec. 31 st	Indifferent 冷漠	(352)

一月 January

Eating and Drinking

饮食



从今天开始我们将一起学习日常生活英语。俗话说：“民以食为天”，这个月咱们就先学习和饮食有关的内容吧！主要包括烹饪、点菜、中餐、西餐、各种饮料等。另外还介绍了饮食文化以及节食等相关内容。大家平时是不是对这些其实和我们生活联系很紧密的东西并不很在意呢？那这个月可要好好的学习啦！学完这个月的内容，以后大家去外国餐厅吃饭和 waiter 说话时就不犯怵啦！

这个月的一号是阳历新年，也就是通常所说的元旦。下面我们来看一段关于元旦的小短文，在元旦这三天假期中，让我们放松身心，为今后的学习积蓄力量。

Jan. 1st New Years Day 元旦

Like many people all over the world, Americans enjoy celebrating the arrival of each new year. Almost everyone makes an occasion of New Year's Eve in order to see the old year out and welcome the new one. In New York, a favorite gathering place on December 31st is New York City's Times Square. Thousands of Americans and international tourists crowd this famous spot (at the intersection of Broadway and Seventh Avenue) and crane their necks to watch for Happy New Year to flash across the electronically controlled sign that moves around. When the moment arrives bedlam breaks forth. Bells ring, whistles blow, people cheer with their happy excitement.

元旦三天假期后，大家就要正式开始学习了哦。准备好了吗？Let's go!

Jan. 4th Kitchen 厨房

Section A

每天2句型

Be careful! 小心!

A: Oh! I nearly broke the teapot into pieces. 哦! 我差点把茶壶打碎了。

B: Be careful! 小心!

Maybe a little too expensive. 可能有点太贵了。

A: Can you buy me this bread machine? 你可以买这个面包机给我吗?

B: Maybe a little too expensive. I can't afford to pay so much for it. 可能有点太贵了, 我没有那么多钱。

careful 是“小心”; careless 是“不小心”; Be care 经常用来提醒人要小心; Handle with care. 是“小心易碎物品”的意思。

如果用 Maybe a little too expensive. 感觉上比较委婉些。I can't afford it. 意思也差不多。如果说 Too expensive. 略显直接, 不如说 Maybe a little too expensive.

Section B

每天6金句

1. The kitchen is nice and big. 厨房既漂亮又大。

2. The knives and forks are in the kitchen drawer next to refrigerator. 刀叉放在冰箱旁的抽屉里。

3. You've got a very advanced cooking system. 你们的烹饪系统真先进。

4. We've got the stove with an oven. 我们有一个带烤箱的炉子。

5. The kitchen is bright. 厨房很亮。

6. Where are the sauces and seasonings for cooking? 酱汁、调料等东西在哪儿?

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Section C

每天1对话

A: Martha, how do you do it? Your plates are always spotless.

B: I use "Sunshine" dishwashing liquid. It gets my plates super clean everytime.

A: Where did you put all the pots and pans?

B: They're in the cabinet next to the sink.

A: Where do you keep the dishes, Martha?

B: They're in the cabinet above the dishwasher.

A: Where are the forks and spoons?

B: They're in that drawer.

A: 玛莎, 你是怎么弄的? 你的碟子总是一尘不染。

B: 我用“阳光”牌洗碗液, 使我的碟子每次都非常干净。

A: 你把所有的煮锅和平底锅都放在哪里?

B: 在洗涤槽旁边的橱柜里。

A: 玛莎, 你把碟子放在哪里?

B: 在洗碗机上面的橱柜里。

A: 叉子和汤匙放在哪里呢?

B: 在那个抽屉里。

Section D

每天8词汇

chopper 菜刀

dinner set 餐具

spatula 炒莱勺

chinaware 瓷器

pan 平底锅

table knife 餐刀

ventilator 抽油烟机

ladle 大汤勺