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Advanced English Reading

(修订版)

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前言

众所周知,输入是语言习得过程中的一个关键环节,而阅读又是众多输入方式中极其重要的一种。然而,面对市场上琳琅满目的阅读材料,学生却常常苦于无书可读。究其原因,林林总总。其一,有些传统材料不仅知识陈旧,信息贫乏,而且缺少时代感、文化内涵和思想深意。其二,非语言障碍,如文化背景知识方面的匮乏,使得学生难以领会文章内在的精髓。其三,现代英语测试中,阅读材料篇幅长、难度大,特别是判断、推理题有所增加,对学生阅读的准确性、有效性要求更高,而学生现有的阅读材料既无趣味性又无针对性。基于以上三点,为了满足英语程度达到四级以上的学生及高级英语学习者的需求,我们编写了这本阅读教材。本教材从多方面、多角度精选了英美著名报刊上的时文、新论,内容丰富,行文流畅,练习形式多样。具体而言,本书有以下三大特点。

一、题材广泛,内容时尚

本书选材主题涵盖: 异域风情、环境家园、经济视野、医药健康、体育世界、文学欣赏、历史管窥、风云人物、考古寻秘等。文章内容集知识性和趣味性于一体。学生通过阅读这些精选的报刊原文,可以拓宽视野,改善思维,提高素质,同时进一步增进对欧美国家文化的了解,最终达到最大限度地提高英语阅读能力的目的。

二、编排独特,难度适中

本书共十六个单元,每个单元四篇文章。作为大学英语后续课程使用时,第一篇可作为精读,后三篇作为泛读讲授。

本书选材难度适中,为使学生乐于阅读,易于阅读,疑难词汇在文章每页均有注释,这样就避免了学生边阅读边查看生词表的麻烦,使学生能够全神贯注,一鼓作气地完成阅读。此外,为方便学生理解文章,我们在一些文章后附有背景简介,学生可以更加全面深入地理解文章的思想深意及文化内涵,体验语言的魅力。

三、练习设置别具一格

本书的目的在于培养学生在最短时间内通过最少的线索获取最大限度的信息的能力。 为此,本书的练习分为两大类:一类侧重于具体语言点的练习;一类侧重于阅读理解能力提 高的练习,从词汇、句子、段落到篇章,各个层面的练习一应俱全。例如猜词练习,先给出范

例,然后要求学生在文章中选出的句子中,根据上下文词的构成、语法知识及题中给出的包含被猜单词的同语境例句,写出它们的同义词或英语解释;或是给出一些英语解释,让学生从上下文中找出相应的单词或短语。再如理解练习,包括判断正误、简答、评判阅读讨论。评判阅读练习部分的设置旨在鼓励学生边读边记下当时的感受和想法,并加以诠释和评判。据此,学生可以检测自己的英语语言是否能够达到独立的"放飞",并力争逐渐达到同运用本族语一样去了解大千世界的英语水平。此外,我们还设置了与阅读内容相关的写作练习,以巩固学习成果,学以致用。

为了进一步体现本书的阅读价值,我们在原书的基础上对部分内容作了修改和补充,相信对读者的阅读兴趣、阅读能力和水平的提高会大有裨益。

因水平和时间所限,难免有错误和疏漏之处,敬请广大读者及同行专家批评指正。

编者 2009年6月于青岛

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Unit One Foreign Culture 异域风情

Passage 1

The Oldest City on Earth

Kevin Rashby

- Many cities claim to be the oldest inhabited site on Earth, but if Yemeni legends are to be believed, there is no doubt who holds the title.
- As legend has it, San'a' was founded by Shem, son of Noah², after a bird led him to the spot. Looking down on the modern city from the surrounding mountains, that area of ancient settlement is now just a central suburb within the city, where the buildings are closer together and the earthy colors are laced with zigzags of whitewash.
- The Old City has almost certainly existed since the birth of Christ, a time when the incense trade was still making fortunes for the city's Sabean³ rulers.
- Although little remains of that period, the distinctive stone tower houses (roughly 14,000 of them) and minarets that are seen today date back to the middle ages and form one of the most beautiful and architecturally complete ancient Islamic cities in the world.
- For most of the population, however, the reality of San'a is the dusty streets of breeze block and concrete that radiate out from the Old City's ancient gates. Many of these people are the estimated 600,000 to two million Yemeni expatriates that were expelled from Saudi Arabia and the Gulf States following the Gulf War⁴. Many of them were drawn to the Republic of Yemen⁵'s capital, either to be absorbed into the network of extended families or to new neighborhoods that sprang up on the edges of the city.
- Yemeni ['jeməni] adj. of or relating to Yemen 也 门的
- zigzag ['zigzæg] n. an angular shape characterized by sharp turns in alternating directions Z 字形,锯齿形
- whitewash ['(h)waitwoʃ] n. wash consisting of lime and size in water; used for whitening walls and other surfaces 石灰水, 白色涂料
- incense [in'sens] n. a substance that produces a fragrant odor when burned 香料
- minaret ['minəret] n. slender tower with balconies 尖塔
- Islamic [iz'læmik] adj. of or relating to or supporting Islamism 伊斯兰教的
- breeze block phr. 煤渣块
- expatriate [eks'pætrieit] n. a person who is voluntarily absent from home or country 亡命国外者

The pace of growth in San'a is staggering. Even as recently as the mid-1970s, visitors could stand outside the main Old City gate of Bab al-Yemen and see nothing but sheep and stony desert. Today, an entire modern city has replaced this wilderness. And the city center, which was once considered to be the area around the Bab al-Yemen, has shifted west towards the modern shops and hotels with their air-conditioned interiors and displays of western consumer goods.

The decline in the economic importance of the Old City has been matched by a decline in its desirability as a residential area. In the 1980s, when electrical appliances first arrived it was quickly realized that fridges, washing machines and cars did not fit easily into the cramped alleyways and traditional tower houses. Early attempts to modernize had been the sole prerogative of the Imams⁶, the royal rulers until 1962, but with mixed results. Early this century, one European visitor reported how the marvel of modern baths had been introduced to the royal residence. When one person finished, he noted, the dirty water flooded up into the bath next door!

Early attempts to bring piped water into the city after the 1960s were equally chaotic. The lack of waste pipes caused seeping groundwater to weaken the shallow foundations of the eight and nine-storey houses. Residents began to move to the modern suburbs where having a bath did not bring the house down.

Fortunately, a survival plan was drawn up by the Yemeni government and UNESCO in 1984. As a result, a proper sewerage system has been installed, roads paved and individual buildings saved. The result is an altered Old City, but one that is viable.

The layout of old San'a has changed little since the first Ottoman occupation⁷ in the 16th century. Each quarter has a mosque with a bathhouse, or *hammam*, a mosque garden and a ring of tower houses. These houses are often eight or nine stories high. The first and second floors are

stone built, while the subsequent floors tend to be brick. Every few years, each house is repainted with the traditional zigzag patterns.

The traditional tower house is a masterpiece of design and economy. The single large wooden door entrance is opened using the ingenious *majar*, a rope that snakes up through the whole building, allowing anyone on any floor to open it without coming down. The lower floor was originally where the animals were kept, although these rooms are now generally unused.

The focus of the house is the *masfraj*, which is always on the top floor. Cushions are spread along its four walls, there are oriental rugs and sometimes a hookah pipe in the middle and the walls are decorated with family pictures and Koranic⁸ texts. Windows are, wherever

alleyway ['æliwei] n. a narrow street with walls on both sides 小巷,窄街

prerogative [pri'rɔgətiv] n. a right reserved exclusively by a particular person or group 特权 seep [si:p] v. pass gradually or leak through or as if through small openings 渗漏

UNESCO abbr. United Nations Educational, Scientific, and Cultural Organization 联合国教科 文组织

sewerage ['sjuəridʒ] n. system of sewers; drainage 排水设备

mosque [mosk] n. (Islam) a Muslim place of worship 清真寺

hookah (pipe) ['hukə] n. an oriental tobacco pipe with a long flexible tube connected to a container where the smoke is cooled by passing through water 水烟浆

possible, south-facing and decorated with halfmoon-shaped colored glass. As the sun moves, these cast a slow moving pattern of color across the white walls. In the afternoons, the men sit here and chew qat, the leaf that dominates Yemeni culture.

The highlight of the Old City is the Suq 13 since the Holy Roman Emperor9 banned their use in 325 A.D. Today, silversmiths, perfumers and dagger-makers fill the market.

Perhaps the busiest section of the market, 14 however, is the section that is reserved for gat.

al Milh, a series of interconnected markets. Frankincense and myrrh would have been the main goods traded here. Although these are still sold in the market, business has slackened off

For a few hours before lunchtime, a narrow lane of cupboard-sized shops becomes a cheerfully

qat [ka:t] n. the leaves of the shrub Catha edulis which are chewed like tobacco or used to make tea 阿拉伯茶叶

frankincense ['fræŋkin,sens] n. an aromatic gum resin obtained from various Arabian or East African trees 乳香

myrrh [məi] n. aromatic resin that is burned as incense and used in perfume 没药

Muslim ['muzlim] n. a believer in or follower of Islam 穆斯林

cathedral [kə'θi:drəl] n. a church that is the official seat of a diocesan bishop 大教堂

alabaster ['æləba:stə] n. a compact fine-textured, usually white gypsum used for carving 雪花石膏 trove [trauv] n. treasure of unknown ownership found hidden (usually in the earth) 有价值的发掘

chaotic mass of buyers intent on securing the best bundles of leaves for their afternoon session. Traditionally it was the samsara—a building for each market trade with its own warehouse 15 and sometimes accommodation—that was central to the economy of the Old City. The market's chief samsara was looted in 1948 by tribes people for some reason. There are plans to restore the main samsara into a bank. However, other samsaras are still in use. Two have been restored with

overseas funds; one has been turned into an art gallery, the other a handicrafts center. Unfortunately, neither sells anything remotely interesting to locals and so they have become isolated from the narrow alleys outside.

On one side of the market stands the Great Mosque. Although non-Muslims are not allowed 16 inside, the architecture of this large stone-walled building is interesting. Many of the stones and columns originally formed part of the Qalis, a sixth century cathedral, which was said to be held together with nails of gold. Other material is thought to have come from San'a's great palace, the Gham-dan, a 20-storey marvel with alabaster roof and brass lions that roared when the wind blew. In the early 1970's repairs to a ceiling in the mosque revealed a treasure trove of Islamic manuscripts, which experts are still working on.

Today, the Old City is thriving. Some of the old tower houses have been converted into 17 simple tourist hotels, giving outsiders a chance to sample life within the walls of this unique city. So far, the inroads made by tourism are minimal, and the real attraction of the city is that it is a living, vibrant community, not a museum.

(1,123 words)

Notes

- 1. San'a: (也门首都)萨那 Capital of Yemen with 1.85 million inhabitants (2005 estimate). San'a is situated in the inland, 100km from the coast of the Red Sea, on a plateau at an elevation of more than 2,000 metres above sea level. San'a has a very distinct architecture, and is one of the world's most beautiful cities. Hence, it is high on international organizations preservation list.
- 2. **Noah:** 诺亚 Noah was, according to the Bible, the tenth and last of the antediluvian Patriarchs (大洪水前的族长); and a prophet according to the Qur'an (古兰经). Narratives that include Noah's Ark (诺亚方舟) are found in the Hebrew Bible and the Qur'an.
- 3. Sabean: 塞巴人 The Sabaeans were an ancient people speaking an Old South Arabian language who lived in what is today Yemen, in southwest Arabian Peninsula.
- 4. **the Gulf War:** 海湾战争 The Gulf War (2 August 1990—28 February 1991) was a United Nations-authorized military conflict between Iraq and a coalition force from 34 nations commissioned with expelling Iraqi forces from Kuwait after Iraq's occupation and annexation of Kuwait in August 1990.
- 5. **the Republic of Yemen:** 也门共和国 The Republic of Yemen is a country located on the Arabian Peninsula in Southwest Asia. Yemen is the only republic on the Arabian Peninsula.
- 6. **Imam:** [i'mɑːm] 伊斯兰教阿訇 (Islam) the man who leads prayers in a mosque. For Shiites (伊斯兰什叶派) an imam is a recognized authority on Islamic theology and law and a spiritual guide.
- 7. Ottoman occupation: 奥斯曼统治 The Ottoman Empire or Ottoman State, also known by its contemporaries as the Turkish Empire or Turkey, was an empire that lasted from 1299 to November 1,1922. It was succeeded by the Republic of Turkey, which was officially proclaimed on October 29, 1923.
- 8. **Koranic:** (伊斯兰教)古兰经的 The Qur'an (古兰经) is the central religious text of Islam. Muslims believe the Qur'an to be the book of divine guidance and direction for mankind, and consider the original Arabic text to be the final revelation of God.
- 9. Holy Roman Emperor: 神圣罗马帝国皇帝 The Holy Roman Empire was a union of territories in Central Europe during the Middle Ages and the Early Modern period under a Holy Roman Emperor. The first Holy Roman Emperor was Otto I in 962 AD. The last was Francis II, who abdicated and dissolved the Empire in 1806 during the Napoleonic Wars. The Empire's territorial extent varied over its history. For much of its history the Empire consisted of hundreds of smaller sub-units, principalities, duchies, counties, Free Imperial Cities, as well as other domains. Despite its name, for much of its history the Empire did not include Rome within its borders.

Exercises

Reading Comprehension

I.	Directions: Read the passage and decide on the best choice to the following questions or					
	unfinished statements.					
	1. The Old City of San'a					
	A. was built on mountain tops	S	B. was first est	ablished by N	oah	
	C. retains its original scale ev	en today	D. is only a pa	rt of the mode	rn San'a	
	2. According to the passage, the	. According to the passage, the pace of San'a's development is				
	A. shocking B. destruc	tive	C. unstable	D. s	slow	
	3. In the 1980s, why did many re	esidents move	out of the Old C	City?		
	A. Because the Old City would	d be closed for	r reservation.			
	B. Because the Old City was a	no longer comf	fortable residen	ce.		
	C. Because the modern subur	bs were sparse	ly populated.			
	D. Because no renovation we	re carried out i	n the Old City.			
	4. What's the result of the survi	val plan drawn	up by the Yem	eni governmen	nt and UNESCO?	
	A. The Old City is reserved as	s a world herita	age.			
	B. The Old City is completely	renovated and	d modernized.			
	C. The Old City is maintained	l as its original	form.			
	D. The Old City is transforme	ed in a feasible	way.			
	5. Which of the following states	nents is NOT t	rue about the ar	chitectural fea	atures of old San'a?	
	A. The layout of old San'a ur	nderwent slight	changes since	the 16th centu	ry.	
	B. Every few years, the house	s of old San'a	are repainted w	ith newly-coi	ned patterns.	
	C. The traditional tower hous	e embodies gre	eat skill in desig	n and econom	y.	
	D. Windows are usually deco	rated with half	moon-shaped co	olored glass.		
	6. According to the passage, san	nsara is	aran Taranan			
	A. a series of interconnected in	markets				
	B. a section reserved for qat is	n the market				
	C. an art gallery and handicra	fts center				
	D. a building with warehouse	and accommo	dation			
	7. Which of the following states	nents is TRUE	about the Grea	t Mosque?		
	A. It is a large stone-walled b	uilding.				
	B. The columns are made out	of gold.				
	C. It boasts its alabaster roof a	and brass lions				
	D. A treasure trove is hidden	under its base.				
	8. According to the author, the r	eal appeal of the	he Old City of S	San'a today lie	es in .	
	A. its thriving business	- 101	dernization			
	C. its vitality	D. its mu	seum			

- II. Directions: Answer the following questions briefly based on the passage.
 - 1. According to the legend, who was the founder of the oldest city on Earth?
 - 2. In the first paragraph, the author says, "... if Yemeni legends are to be believed, there is no doubt who holds the title." What does the expression "hold the title" probably mean?
 - 3. What are the striking features of the city in terms of architecture?
 - 4. Who made early attempts to modernize the city but in vain?
 - 5. Why is the traditional tower house thought to be a masterpiece of design and economy?
 - 6. What are the main goods traded on the Suq al Milh?
 - 7. Why do shops in the Old City become chaotic and crowded before lunchtime?
 - 8. Why did the two restored samsaras become isolated form the narrow alleys outside?

Vocabulary from Context

Directions: For each item in this exercise, a sentence from the passage containing an				
underlined word is quoted and followed by an additional sentence using the word in th				
same sense. Explain the underlined word in English according to the two sentences.				
1. Many cities claim to be the oldest inhabited site on Earth, but if Yemeni legends are to be				
believed, there is no doubt who holds the title.				
The people who originally inhabited America were Indians.				
Inhabit means				
2. Many of these people are the estimated 600,000 to two million Yemeni expatriates that wer				
expelled from Saudi Arabia and the Gulf States following the Gulf War.				
They expelled the journalist from their country.				
Expel means				
3. And the city center, which was once considered to be the area around the Bab al-Yemen, ha				
shifted west towards the modern shops and hotels with their air-conditioned interiors and				
displays of western consumer goods.				
The architect laid out the interior of the building.				
Interior means				
4. In the 1980s, when electrical appliances first arrived it was quickly realized that fridges				
washing machines and cars did not fit easily into the cramped alleyways and traditional				
tower houses.				
In later years, he lived in a rather cramped little flat in Bristol.				
Cramped means				
5. Early attempts to bring piped water into the city after the 1960s were equally chaotic.				
With no one to keep order the situation in the classroom was chaotic.				
Chaoic means				
6. The traditional tower house is a masterpiece of design and economy.				
The Old Man and the Sea is considered to be Earnest Hemingway's masterpiece.				
Masterpiece means				

7.	The single large wooden door entrance is opened using the <u>ingenious</u> majar, a rope that snakes up through the whole building, allowing anyone on any floor to open it without			
	coming down.			
	The telephone is a truly <u>ingenious</u> invention for sure.			
	Ingenious means			
8.	Although these are still sold in the market, business has slackened off since the Holy Roman			
	Emperor banned their use in 325 A. D.			
	Determined, the Conservative Government will not slacken the pace of radical reform.			
	Slacken means			
9.	9. Today, the Old City is thriving. Some of the old tower houses have been converted into simple			
	tourist hotels, giving outsiders a chance to sample life within the walls of this unique city.			
	The old barn we bought to convert into flats was practically tumbling down.			
	Convert means			
10.	. So far, the inroads made by tourism are minimal, and the real attraction of the city is that it is			
	a living, vibrant community, not a museum.			
	One aim of these reforms is effective defense with minimal expenditure.			
	Minimal means			
п. і	Directions: Find words in the passage according to the following explanations.			
1	in Paragraph 5 means to extend or spread outward from a center.			
2	in Paragraph 7 means wonderful or surprising thing.			
	in Paragraph 9 means to set up for use.			
4	in Paragraph 9 means capable of being done with means at hand or practical.			
5	in Paragraph 12 means of, relating to, or situated in Asia.			
6	in Paragraph 13 means to prohibit especially by legal means.			
7	in Paragraph 13 means a person who makes things out of silver.			
8	in Paragraph 15 means to steal things during a battle, riot, or other			
	disturbance.			
9	in Paragraph 17 means to taste or experience.			
10	in Paragraph 17 means vigorous and animated.			

Respond in Writing

Directions: The essay demonstrates the history, development, and changes of the oldest city on Earth, especially attracting our attention to its architecture and layout. Write a paragraph in no less than 120 words describing a city concerning its history, layout, development, economy, or culture. Just choose one or more aspects listed above to give us a brief introduction to a city you are familiar with.

Passage 2

Christmas in New Zealand

In New Zealand Christmas Day itself is observed much the same way as it is in the United States and Europe. There are some concessions to the reversed seasons, however, for Christmas "down under" comes in midsummer. On the New Zealand Christmas dinner menu, for instance, "plum pudding" is almost invariably flanked by fruit salad, ice cream, and fresh summer fruits such as strawberries.

In New Zealand, Christmas is preeminently the season for reaffirming goodwill and friendship for the gathering and reunion of friends and families. For several weeks before December 25th, New Zealanders crowd the shops and department stores looking for presents for their families and close friends, and greeting cards for less intimate acquaintances. The big stores, each have a professional Santa Claus, white-bearded, red-mantled, black-booted, presiding over a "Magic Cave" or a "Toyland", and solemnly noting the Christmas Eve requirements of hundreds of excited children.

Christmas Eve is much the same in New Zealand as it is in other countries. At last feverish flurry of shopping is made possible by a special late night in the stores, and then families and friends may foregather for a Christmas Eve party at home. There are few homes in which children do not carefully hang up their stockings for Santa Claus to fill with toys and candies. There are midnight services at the churches, for those bear in mind the original significance of Christmas, and special broadcasts of Christmas programs on the radio network. Christmas caroling has also been inherited from the Old World, and in some towns on Christmas Eve, "Carols by Candlelight" are held in suitable settings outdoors.

4 Christmas carols often usher in Christmas Day in New Zealand. Perhaps the most popular and most regular carolers are members of the Salvation Army, whose melodious rendering of the well-loved old Christmas hymns wakens many New Zealanders to the Feast of the Nativity.

New Zealanders spend their Christmas Day with friendly greetings, gifts—and especially toys for the children—and the sumptuous family dinner which is the center-piece of this day over

the world. Christmas dinner in New Zealand usually includes poultry of some sort—turkey, chicken, duck or goose—meat joints such as lamb, pork, beef, or mutton, new season's peas and potatoes, and other vegetables, mince pies, plum pudding, and the rest of traditional fare inherited from New Zealand's British ancestry. But in most homes dishes more suitable to summer weather are added to or substituted on

flank [flæŋk] vt. 装点
preeminently [pri'eminentli] adv. 卓越地;杰出地
mantle ['mæntl] n. 斗篷;披风
flurry ['flʌri] n. 慌张;混乱
Salvation Army phr. 救世军
hymn [him] n. 赞美诗
Nativity [nə'tiviti] n. 耶稣诞辰
sumptuous ['sʌmptjuəs] adj. 奢侈的
mince [mins] n. 碎肉
fare [fɛə] n. 食物

the menu. There are salads, cold poultry, fresh fruit and cold sweet dishes.

In the northern hemisphere, Christmas, coming in midwinter, is a comparatively brief

tramp [trœmp] vi. 步行;长途跋涉 revere [ri'viə] vt. 敬畏, 崇敬 train days phr. 很多天

break in the year. Where Christmas comes in summer, however, as in New Zealand, it is vacation time, and it makes a logical interval between the end of one year and the beginning of the next. Particularly in recent years, New Zealanders have become great travelers within their own country. Theirs is a country well known for its rich and varied scenic attractions, which spread through the length and breadth of the land. In both the North and the South Islands there are beautiful rivers, lakes and mountains, unparalleled thermal wonders, pleasant bathing beaches and outstanding scenery of all types. As a result, no matter where a person lives in New Zealand, there is always something worthwhile for him to see in another part of the country.

Throughout the summer, the ranks of tourists from other countries are increased too, by thousands of New Zealanders traveling by train, ship and plane, as well as on bicycles and on foot, to see more of their own country. From Christmas Day through New Year, and well on into January and February, New Zealand is a nation on holiday. Most people take their two to three weeks' vacation at some time during this period, though essential industries and services, particularly transport, "stagger" their holiday periods to interfere as little as possible with public needs.

Schools go into recess for six or seven weeks, starting about a week before Christmas Day, and universities complete their examinations by about the first week in December, resuming lectures in the first week of the following March. Shops, factories and businesses close down at least for Christmas Day and the two following days, and then for New Year's Day and January 2nd. Many firms and professional men take their long vacation at this time, closing down altogether for two to three weeks, from Christmas Day onwards.

Since individuals and families take advantage of New Zealand's summertime Christmas, many organizations—academic, professional, sporting, business, religious, and cultural—arrange annual conventions, summer schools, tramping parties, music or health resorts during this period.

10 In.New Zealand, the Christmas-NewYear period—the "weekend" of the year—occurs at the logical time for rest and relaxation. The Feast is revered for its message of Christianity, but it brings in its train days of sunshine and recreation, in which the people may renew their strength for the coming year.

(836 words)

